# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

## EXTENSION ACTIVITIES

OF

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Govt. College for Women Gandhi Nagar, Jammu IQAC

# GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

# EXTENSION ACTIVITIES

## OF

## NAAC CRITERION-III

# RESEARCH INNOVATIONS AND EXTENSION

2018-19

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GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
Constituent College of Cluster University of Jammu
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# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## MEETING NOTICE

Date: 21-06-2018

It is to inform that a meeting of NCC Units will be held on 22-06-2018 in the chamber of worthy Principal at 11.00am regarding the arrangements of Rally for International Day against drugs and illicit trafficking in adjoining areas outside college. All are requested to attend the same on scheduled date and time.

ANO

Lt. Dr. Reevika Arora

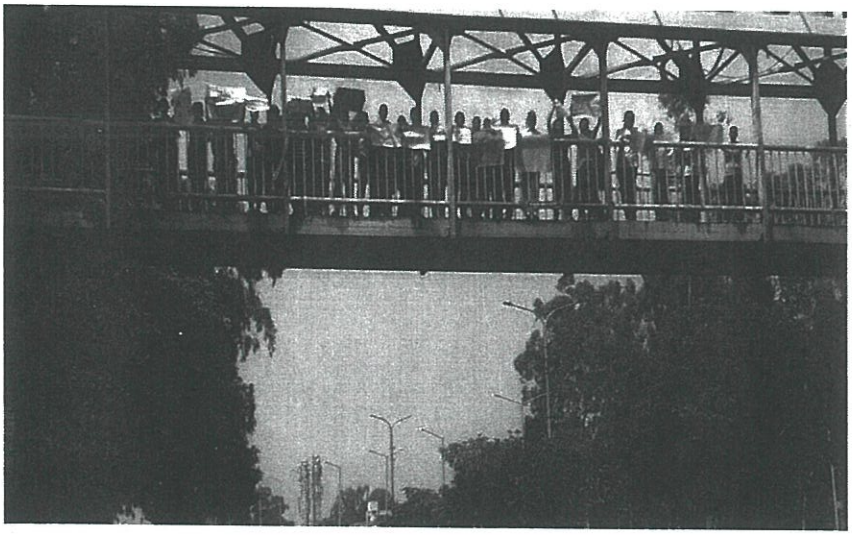
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

**ACTIVITY REPORT- International Day Against Drug Abuse and illicit Trafickking. 2018, No. of cadets 40**

**A rally was flagged off by Principal of the college with the theme – Say No to drugs. The cadets enchanted various slogans inside college premises and outside college. They followed the route; College- Gole Market- Overhead bridge- back to college. The rally was carried out under the supervision of Lt. Dr. Revika Aroa and S.Lt. Dr. Neelima. G.**






Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

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1 J&K Girls Bn NCC

S.Lt. Neelima
ANO
GCW Gandhi Na
Jammu

# GOVERNMENT COLLEGE FOR WOMEN GANDHINAGAR,JAMMU

## ACTIVITY REPORT- Van Mahotsav 2018

The cadets participated actively in Van Mahotsav,and planted various plants in college. The event was initiated by Ch. Lal Singh ji, Minister of Forest, Environment and Ecology. Numerous plants were planted in college premises.

No. of cadets 50



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NCC Cadets and NSS volunteers of Govt. P.G. College for Women Gandhi Nagar Jammu participated in tree plantation drive on the occasion of 6th Van Mahotsava. The event was initiated by Ch. Lal Singh ji Minister of Forest, Environment and Ecology, J&K. The event was coordinated by J&K Forest Department in collaboration with Govt. P.G College for Women Gandhi Nagar Jammu under the able guidance of Dr. Kaushal Smotra, Principal of the College. The cadets also presented a colourful gala event displaying the ethnic and vallore of Dogra culture and nature. The cultural programme was prepared by NCC ANOs and member of cultural committee. Dr. Revika Arora presented formal vote of thanks.

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ANO
NCC

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ANO
GCW Gandhi Nagar

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY REPORT – Run for Drug free India, No. of cadets 10

30 NCC Cadets took part actively in Run for drug free India, organised by Tawi Marathon powered by J&K Bank. Cadet Neha Sharma of 1 J&K Girls Bn was rewarded with 1st prize with a cash prize of Rs. 2100/- and a bicycle .




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# GOVERNMENT COLLEGE FOR WOMEN
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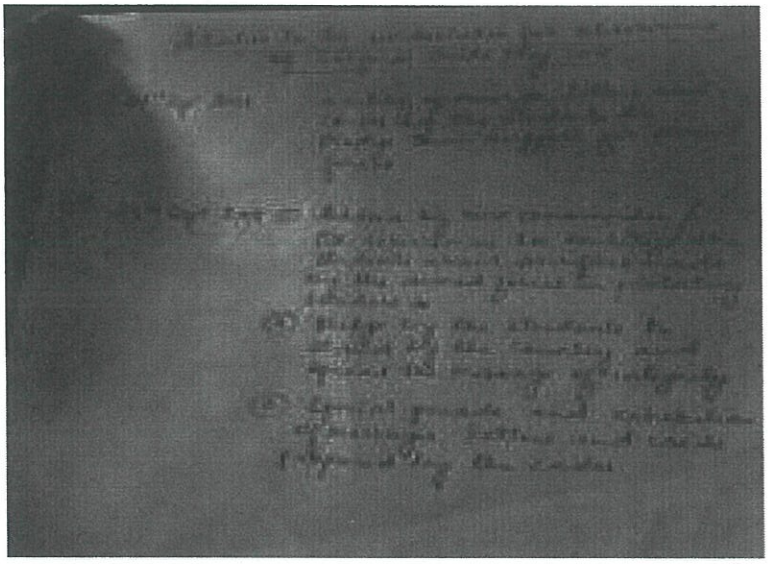
## ACTIVITY REPORT- Celebration of Surgical Strike

Celebration of Surgical Strike Day in presence of Ex Serviceman Col. Shiv Choudhary on 28th and 29th September, 2018 where cadets wrote messages, letters, and cards to pledge for armed forces. No. of cadets 35





NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

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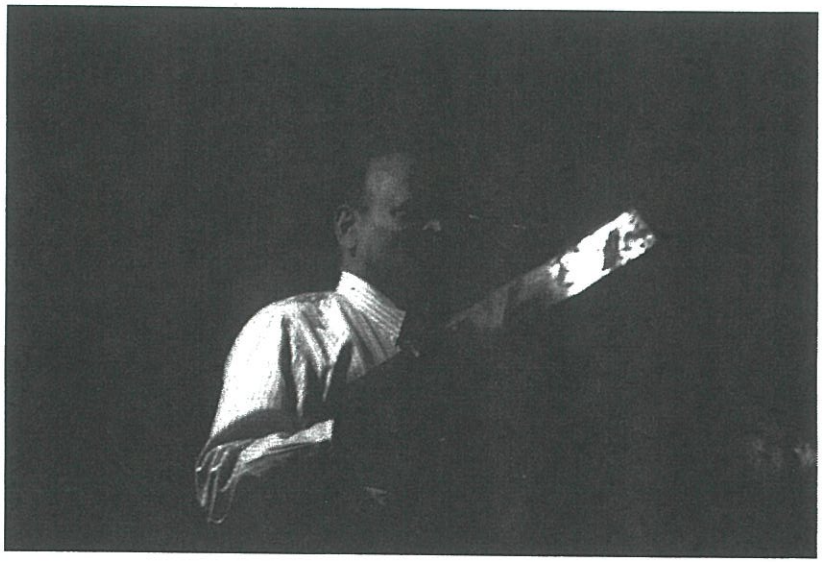

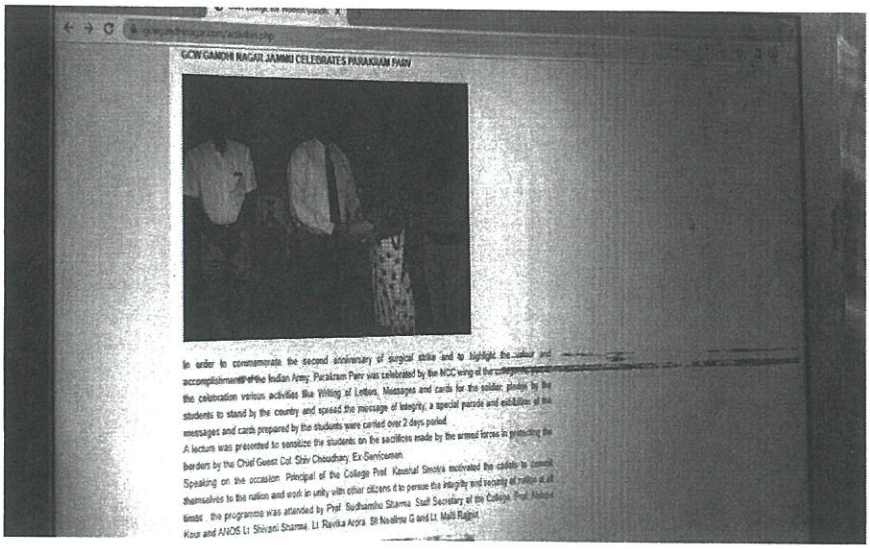


Ex Serviceman Col. Shiv Choudhary presented a wonderful and informative lecture on Surgical strike to the cadets. And the cadets also interacted with the resource person and inquired about the causes and need of surgical strike.

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GCW Gandhi Nagar
Jammu

# REPORT ON SWACHH BHARAT SUMMER INTERNSHIP

**BY**

**NCC CADETS**

**1 J&K GIRLS BN NCC**

**&**

**1 J&K NAVAL UNIT**

**GOVT. PG COLLEGE FOR WOMEN**

**GANDHI NAGAR**

**JAMMU**

**J&K**

**ADOPTED VILLAGE- SEHORA**

**W.E.F. 20TH JUNE 2018- 20TH JULY 2018**

**Lt. Dr. Revika Arora**

**SLT. Dr. Neelima G**

**NODAL OFFICERS SBSI**

Swacchta that is cleanliness is the abstract state of being clean and the habit of achieving and maintaining that state. Cleanliness may imply a moral quality, as indicated by the aphorism "cleanliness is next to godliness", and may be regarded as contributing to other ideals such as health and beauty. On 2nd October, 2014, Prime Minister of India launched a nationwide cleanliness campaign called Swachh Bharat Mission. It is India's largest ever cleanliness drive. The objectives of Swachh Bharat are to reduce or eliminate open defecation through construction of individual, cluster and community toilets. The concept of SBM is to provide sanitation facility to every family, including toilet, solid and liquid waste disposal system, village cleanliness and

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safe and adequate drinking water. The Ministry of Human Resource Development in association with the Ministry of Drinking Water and Sanitation has launched the '**Swachh Bharat Summer Internship – 100 Hours of Swachhata**' programme for the period from 1st May 2018 to 31st July 2018. This program involves the construction of bathrooms in public areas, promoting sanitation awareness in rural areas, cleaning streets, bringing behavioral changes to people, and converting India an ideal country before the world.

**Adopted Village and Methodology**

For Swachh Bharat Summer Internship, 2018, 87(66 cadets of army unit and 27 cadets of naval unit) cadets got enrolled under the supervision of Lt. Dr. Revika Arora, ANO, 1J&K Girls Bn, and S. Lt. Dr. Neelima. G., ANO, 1J&K Naval Unit, Govt. PG College for Women, Gandhi Nagar, Jammu. This programme was successful under the esteemed guidance of Dr. Koushal Smotra, Principal, GCW Gandhi Nagar and Col. A. K. Sharma, Commanding Officer, 1J&K Girls Bn. Jammu. Swachh Bharat Summer Internship programme was carried out in Sehora village in Jammu. Sehora village consists of nearly 5000 people , 08 mohallas, and 05 wards. Ward 1 and Ward 2 of Sehora village in Jammu was adopted to carry out various activities mentioned in swachh bharat summer internship. More than 100 hours were devoted for various activities in the village.

There were many problems while performing activities like hot sunny and sometimes rainy climate. Gathering the people was very difficult. But later on the villagers cooperated and they actively responded to activities like door to door campaign, cleanliness drive, short film, nukkad natak, street cleaning and drain cleaning etc.

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Jammu

**Details of Activities undertaken:**

| S. No. | Date | Activity/Venue | No. of Beneficiaries /Hours |
|---|---|---|---|
| 1 | 20th June 2018 | Interaction with Sarpanch S. Harminder Singh and Principal Spring Dales Public School Mr. Ravinder Langeh and knowing about Ward 1 and 2 of Sehora Village | All villagers/5 |
| 2 | 21st June 2018 | Door to Door campaign on Swachhta in Ward 1, Sehora | 150/5 |
| 3 | 22nd June 2018 | Door to Door campaign on Swachhta in Ward 2, Schora | 100/5 |
| 4 | 23rd June 2018 | Interaction with Women Folk on Health and Hygiene, Sehora | 300/5 |
| 5 | 24th June 2018 | Cleanliness drive at Ward 2, Sehora | 200/8 |
| 6 | 25th June 2018 | Wall Painting in Ward No. 2, Sehora with caption 'Sabhi Log Karein Shramdaan, Gandagi se Hoga sab ko Nuksaan' | All villagers/8 |
| 7 | 26th June 2018 | Door to Door campaign on Swachhta in ward no. 2, Sehora | 100/5 |
| 8 | 27th June 2018 | Interaction with people in Slum area of Sehora Village | 100/7 |
| 9 | 28th June 2018 | Rally on Swachhta and interaction with people & distribution of balloons & biscuits among children at Sehora village | All villagers/5 |
| 10 | 29th June 2018 | Wall Painting at ward No.1 with caption 'Ek Karye Karein Bhala, Swachh rakhe Gali Mohalla, Kachra sada Kudedaan mein hi Daalen' , Sehora | All villagers/8 |
| 11 | 30th June 2018 | Demonstration by NCC Cadets to use dustbin at Sehora village | 200/5 |
| 12 | 1st July | Segregation of solid waste into Biodegradable and non | 200/5 |

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| | | | |
|---|---|---|---|
| | 2018 | biodegradable waste at Sehora village | |
| 13 | 2nd July 2018 | Short film on Swachhta at Sehora village | 15-25/2 |
| 14 | 3rd July 2018 | Street Cleaning at ward No.1, Sehora | 100/5 |
| 15 | 4th July 2018 | Street Cleaning at ward no.2, Sehora | 100/4 |
| 16 | 5th July | Drain Cleaning at ward no. 2, Sehora | 200/4 |
| 17 | 6th July | Drain Cleaning at ward no. 1, Sehora | 150/5 |
| 18 | 7th July | Involvement of local children in poster making on swachhta | 100/3 |
| 19 | 8th July | Wall Painting on Swachhta | All villagers/9 |
| 20 | 9th July | Rally by local children with cadets on Swachhta | 200/2 |
| 21 | 10th July | Helping in construction of toilets | 20/8 |
| 22 | 11th July | Door to door campaign on Women's health and hygiene | 200/5 |
| 23 | 12th July | Awareness about the technicalities and benefits of Vermicompost, Sehora. | 300/7 |
| 24 | 13th July | Nukkad Natak on Swachhta | 250/2 |
| 25 | 14th July | Interaction with women folk on use of sanitary pads | 200/5 |
| 26 | 16th July | Rally on 'Say No to Drugs'. | 250/4 |
| 27 | 17th July 2018 | Cleanliness Drive at ward no. 1, Sehora | 100/6 |
| 28 | 18th July | Group Dance with Swachhta Theme | 100/1 |
| 29 | 19th July | Display of Charts by cadets showing the work done by them on Swachhta to local residents | 150/3 |
| 30 | 20th July | Valedictory Programme where local children were felicitated. | 300/3 |

**LIST OF CADETS ENROLLED UNDER SBSI**

**TEAM 1**

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1. **Team Leader – Parul Kashyap**
2. Manisha Kavitta
3. Manisha Rani
4. Neha Sharma
5. Reema Devi
6. Nona Bharti
7. Komal Devi
8. Neelam Kumari
9. Ripta Devi
10. Rekha Devi

**TEAM 2**

1. **Team Leader – Naina Gupta**
2. Sakshi Thakur
3. Shivani Chib
4. Jyoti Choudhary
5. Vaishali Sharma
6. Monika Choudhary
7. Razia Sultana
8. Muskan
9. Simran Choudhary
10. Kajal

**TEAM 3**

1. **TEAM LEADER – Isha Babbar**
2. Shweta Sharma
3. Bharti Thakur
4. Vishali Sharma
5. Shivani Gandotra
6. Simarjeet Kour
7. Anjali Satnami
8. Bindu Devi
9. Rabia Kosar
10. Anmol Jamwal

**TEAM 4**

1. **TEAM LEADER- Palvi**
2. Anshica Mahajan
3. Rasneet Kour

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4. Anubhuti Singh Jamwal
5. Akanksha
6. Shivani Bhau
7. Kajal Bhagat
8. Komal Singh Kotyal
9. Aarti Chib
10. Abhisha Khokhar

**TEAM 5**

1. **TEAM LEADER- Suresha Bharti**
2. Kajal Sharma
3. Disha
4. Jyoti Choudhary
5. Shivani Kumar
6. Radha Choudhary
7. Sonam Sharma

**TEAM 6**

1. **TEAM LEADER- Palvi Sharma**
2. Rimjhim Upadhyay
3. Bandhana Bhagat
4. Sudha Bhagat

**TEAM 7**

1. **TEAM LEADER- Mehak Gupta**
2. Hemani Sharma
3. Adarshi Sharma
4. Kajal Devi
5. Reema Devi
6. Ripta Chanotra
7. Surbhi Sharma
8. Shriya Baloria
9. Baby Kumari
10. Suneha Kumari

**1J&K NAVAL UNIT CADETS ENROLLED UNDER SBSI**

1. Sharmila
2. Babita
3. Neha Sharma

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4. Maanvi
5. Mansi Sharma
6. Neha Attri
7. Ishima
8. Dolma
9. Shivani Basu
10. Shivani Devi
11. Cheetra
12. Kajal
13. Zaheeda
14. Diksha,
15. Rajni,
16. komal,
17. Anjali,
18. Kanika,
19. Shazia,
20. Angmo
21. Poonam
22. Kalpana
23. Simran
24. Japneet
25. Mandeep
26. Vaishali
27. Vrinda

**Local village children were felicitated for their contribution in SBSI abhiyaan:**

1. **Mohit Sharma**
2. **Mohit Choudhary**
3. **Vikram Kumar**
4. **Pihu Sharma**
5. **Rakesh Kumar**
6. **Dikhsha Kumari**
7. **Sakshi Devi**
8. **Swarna Devi**
9. **Kapil**
10. **Sharda**

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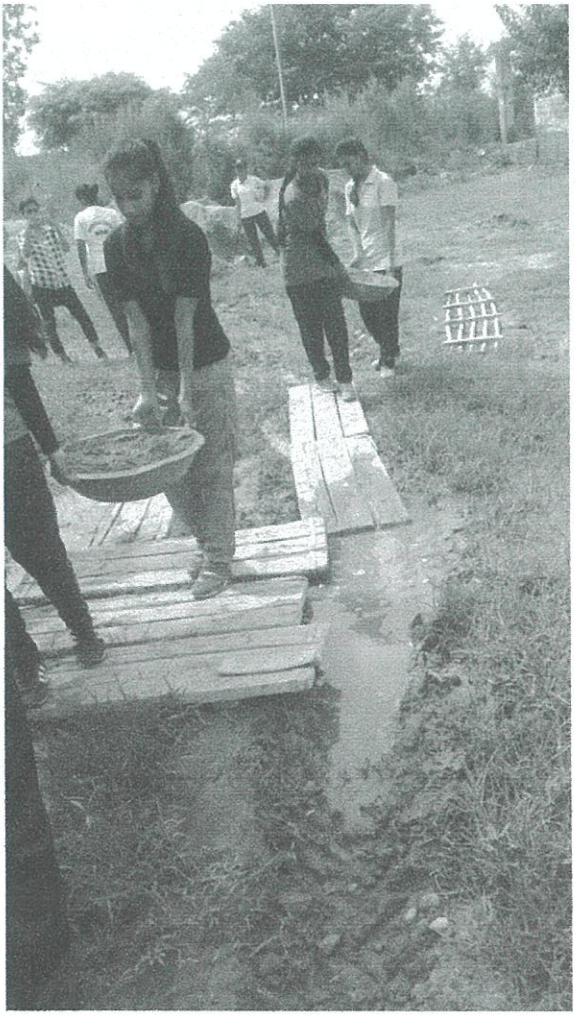
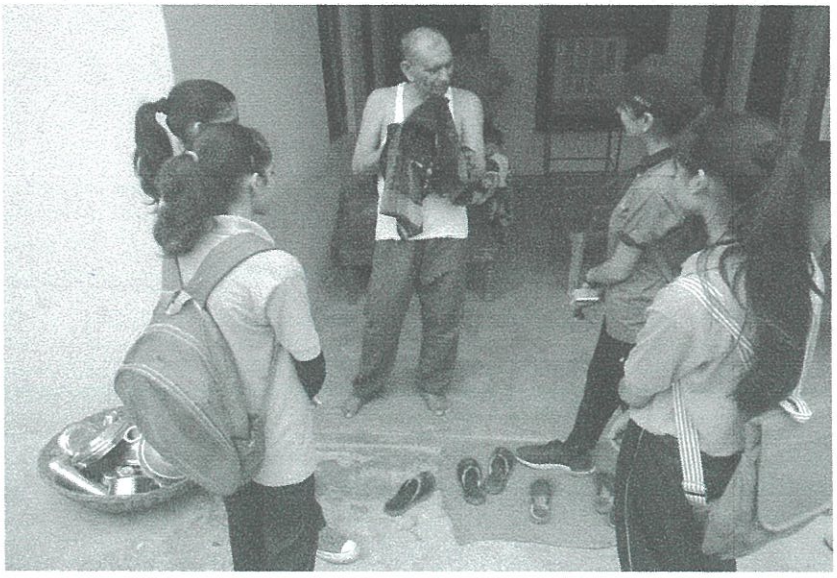
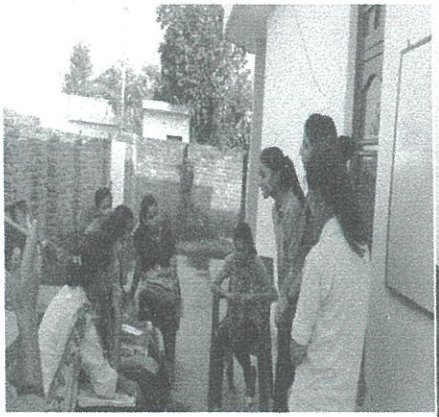
Jammu

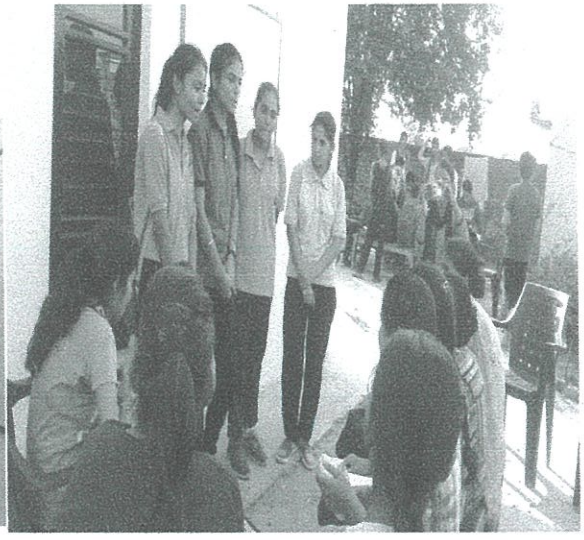




Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu





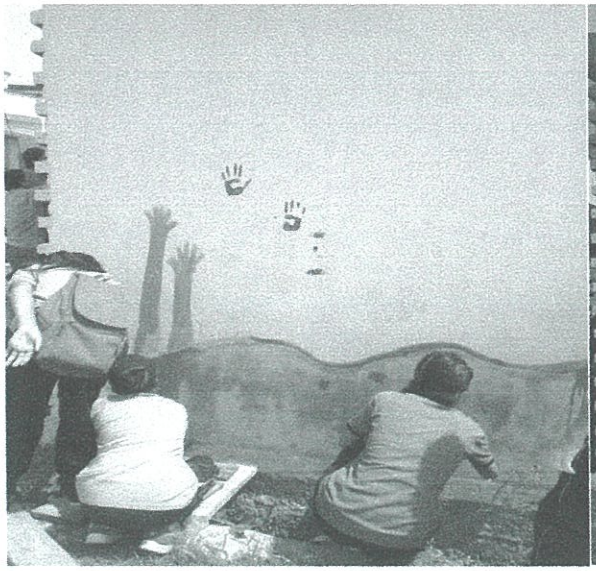


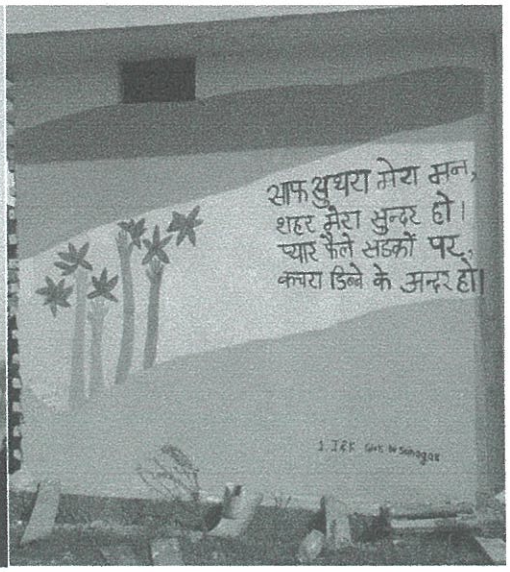
Lt. Neelima G
ANO
GCW Gandhi Nagar
Jammu










Lt. Dr. Ruchika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar





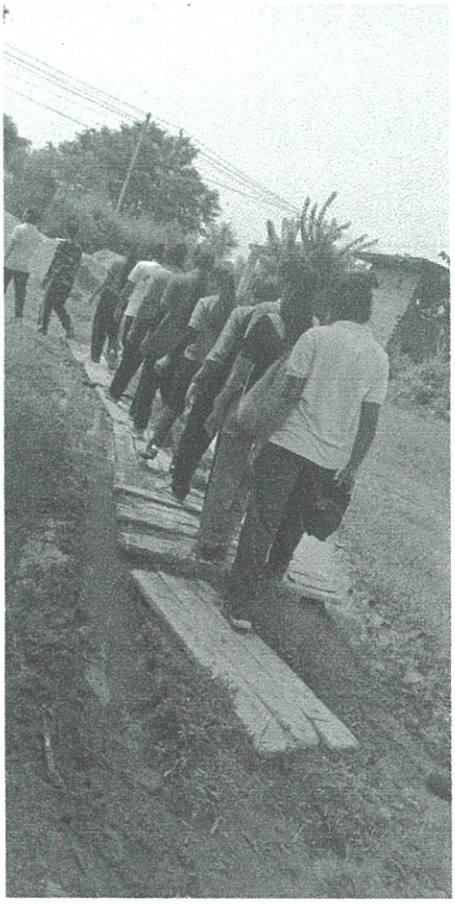



Sit. Neelima G
ANC
GCW Gandhi Nagar
Jammu



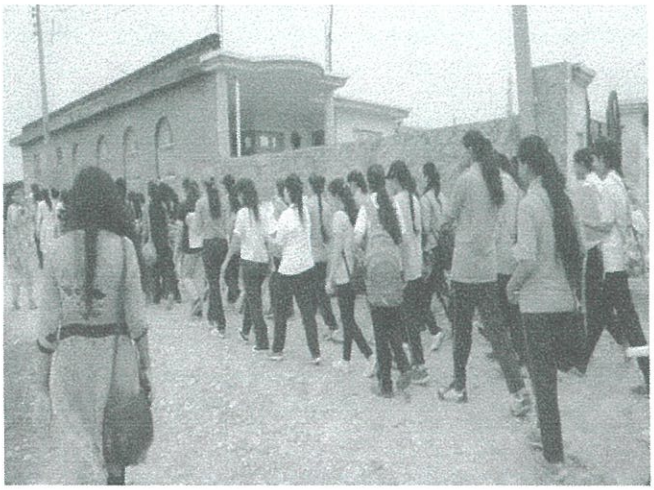



Sit. Neelima G
ANO
GCW Gandhi Nagar
Jammu





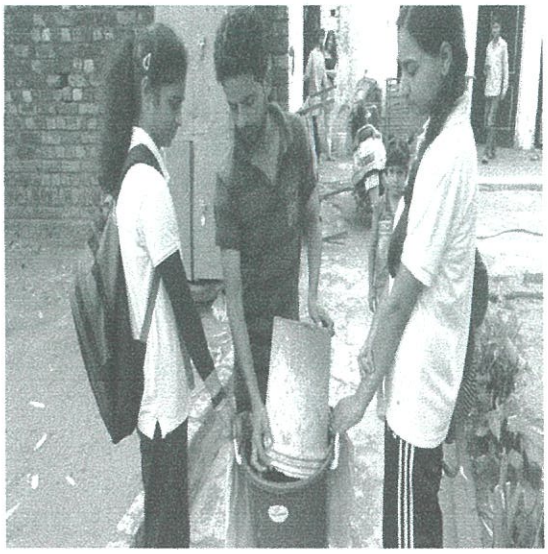
Sit. Neelima G
ANO
GCW Gandhi Nagar
Jammu

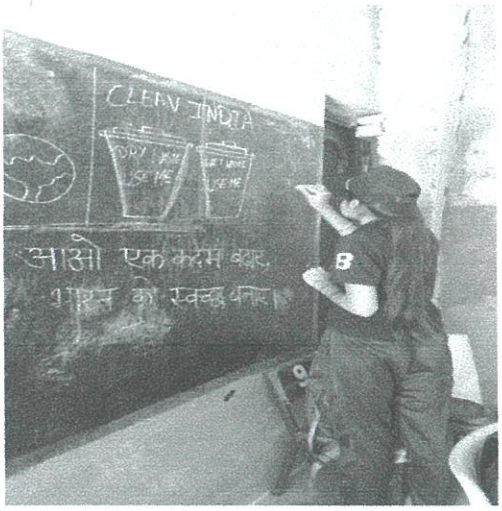







Smt. Neelima G
ANO
GCW Gandhi Nagar
Jammu








Dr. Salima G
PRINCIPAL
GCW Gandhi Nagar
Jammu

Smt. Nagina G
ANO
GCW Gandhi Nagar
Jammu







a G

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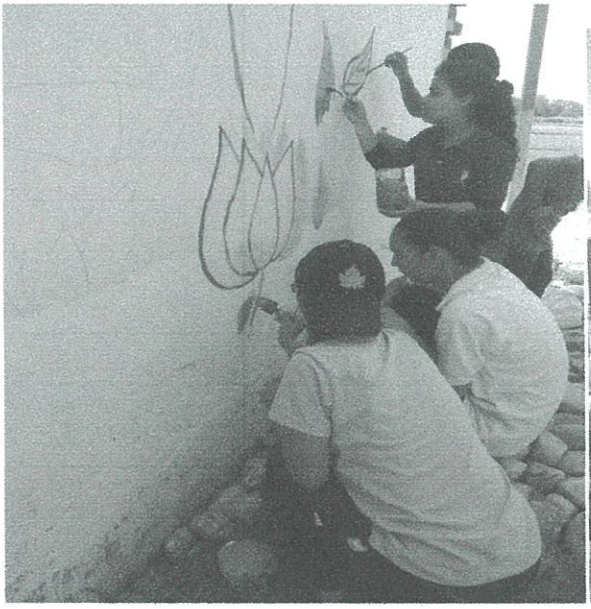
Jammu

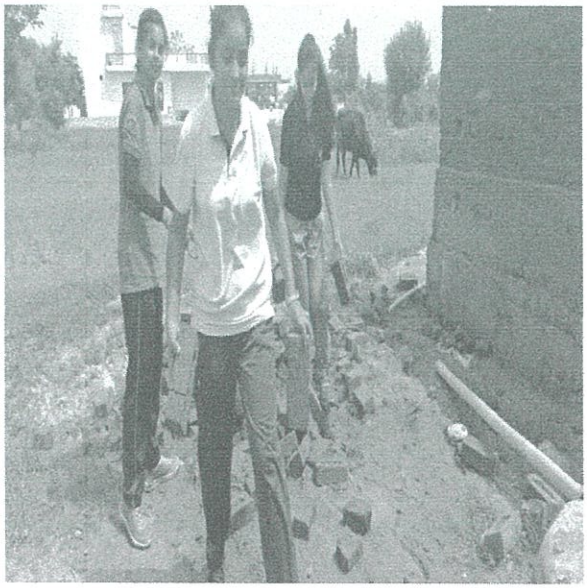









Smt. Nirmala G
ANO
GCW Gandhi Nagar
Jammu



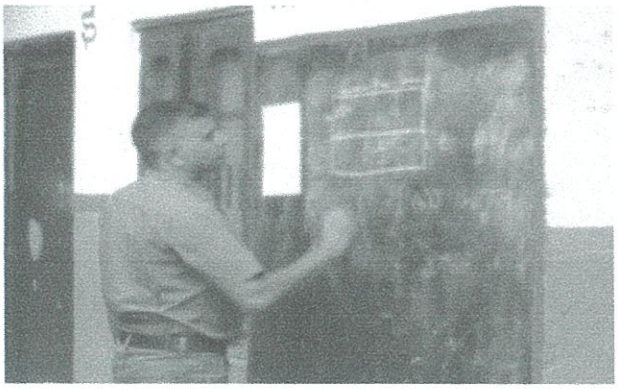


Dr. Nalima G
ANO
GCW Gandhi Nagar
Jammu









Smt. Nelima G
ANO
GCW Gandhi Nagar
Jammu





Dr. Padma G
ANO
GCW Gandhi Nagar
Jammu

GCW Gandhi Nagar
Jammu







Dr. Neelima G
PANO
GCW Gandhi Nagar
Jammu

**ACKNOWLEDGEMENT**

WE ARE THANKFUL TO

PRINCIPAL, GCW GANDHI NAGAR - DR. KOUSHAL SMOTRA

COMMANDING OFFICER, 1 J&K GIRLS BN. NCC - COL. A.K. SHARMA

COMMANDING OFFICER, 1J&K Naval Unit

SARPANCH, SEHORA VILLAGE - SARDAR HARMINDER SINGH

PRINCIPAL SPRING DALES PUBLIC SCHOOL, SEHORA- MR. RAVINDER LANGEH

LOCAL RESIDENTS OF SEHORA

PARENTS OF CADETS FOR SUPPORT

The mission of swachhta still continues.

Lt. Dr. Revika Arora

S. Lt.Dr. Neelima. G.

With NCC Cadets

1J&K Girls BN and 1 J&K Naval Unit

Govt. PG College for Women

Gandhi Nagar

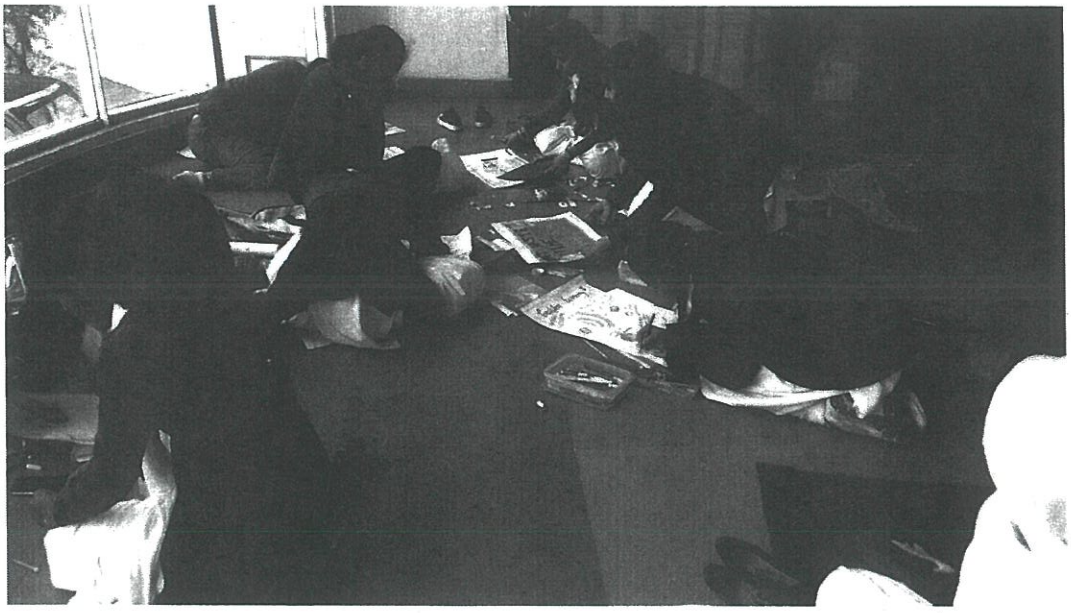
Jammu

Lt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVERNMENT COLLEGE FOR WOMEN GANDHINAGAR,JAMMU

## ACTIVITY REPORT- Swachhta Hi Seva 2018

**A week long activities were performed to commemorate birth annlversary of Mahatma Gandhiji under the campaign Swachhta Hi Seva. Various cadets of 1J&K Girls Bn, 1 J&K Naval unit and 2 J&K Girls Bn took active participation in different events.**



Day 1: Poster Making Competition, No. of cadets 15

Cadets prepared wonderful posters displaying message of cleanliness, swachhta , spreading the message of Gandhiji.

NCC/05310028
Lt. Dr. Pravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU



Day 2: Craft Making Competition' Best Out Of Waste', No. of cadets 10

It was really amazing to see various craft work made out of waste. The cadets prepared various useful things out of discarded waste.




Day 3: Rally on Swachhta Hi Seva, No. of cadets 24

The rally was flagged by Principal of the college. The cadets carried placards with messages of cleanliness and awareness, and later on conducted a cleanliness drive also.

NCC/053/2028
Lt. Dr. Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU



Day 4: Cleanliness Drive, No. of cadets 15

The cadets conducted cleanliness drive in college premises and surrounding areas, spreading the message of swachhta in people.



Day 5: Cultural Programme, No. of cadets 10

The cadets also performed fusion dance of Dogri and Kashmiri with the theme- Lets save our mother earth.

Lt. Dr. [illegible] Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU



Day 6: Commemoration of Birthday of Mahatma Gandhi, No. of cadets 20

Birth anniversary of Mahatma Gandhiji was celebrated with huge enthusiasm and great spirit. Cadets gave speech, shared thoughts and preachings of Mahatma Gandhi.

NCC 05310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Minutes of Meeting

## MINUTES OF THE MEETING

A meeting of NSS P.O's and Advisory Committee was held in the chamber of undersigned in regard with the upcoming Swachh Bharat Summer Internship programme on 31st May 2018 at 10:00 am.

The following members were present:

NSS POs
1. Prof. Amitpal Kour
2. Prof. Mala Bhasin
3. Prof. Neelam Thapa

ADVISORY COMMITTEE
1. Dr. Sudhanshu Sharma
2. Dr. Surinder Sharma
3. Prof. Ekta Gupta
4. Sh. Tarsem Gupta HA (Cashier)

The following decisions were unanimously taken:

1. It was decided that college bus shall be used for conveyance.
2. Refreshment of Rs. 45 per volunteer shall be given.
3. The required implements/tools shall be purchased (separate list of implements attached)
4. Flex Banner of Internship programme shall be made.
5. Around 25 NSS volunteers (team & Individual) along with 3 NSS POs will visit the villages Chak antara and kanal of block Bishnah for the above mentioned programme (Internship)
6. 200 certificate are to be printed for general activities of NSS.

NSS POs
Prof Amitpal Kour
Prof Mala Bhasin
Prof Neelam Thapa

ADVISORY COMMITTEE
Dr Sudhanshu Sharma
Dr Surinder Sharma
Prof Ekta Gupta
Sh Tarsem Gupta

Principal
Govt. P.G. College for Women
Gandhi Nagar, Jammu

Programme Officer
N S S
Govt. College for Women
Gandhi Nagar, Jammu.

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NSS POS

Prof Amitpal Kour
Prof Mala Bhasin
Prof Neelam Thapa

ADVISORY COMMITTEE

Dr. Sudhanshu Sharma
Dr. Surinder Sharma
Prof. Ekta Gupta
Sh. Tarsem Gupta

Approved and decided by the Committee

Principal
Govt. P.G. College for Women
Gandhi Nagar, Jammu

The
Principal
Govt. P.G. College for Women
Gandhi Nagar
Jammu.

Subject: Permission to avail bus facility of college along with driver for Summer Internship programme

Respected Madam,

This is for your kind intimation that NSS unit of the college is going to start the Internship programme with effect from ~~tomorrow i.e.~~ 6th June 201 to 15th June 2018 for ten days. Kindly provide us the bus facility along with driver for the above mentioned progran Kindly do the needful and oblige.

Thanking you

yours sincerely,

Amitpal Kour
Mala Bhasin
Neelam Thapa
(NSS P.O's)

Date: 05th June 2018.

# ACTIVITY REPORT

## Swachh Bharat Summer Internship-2018

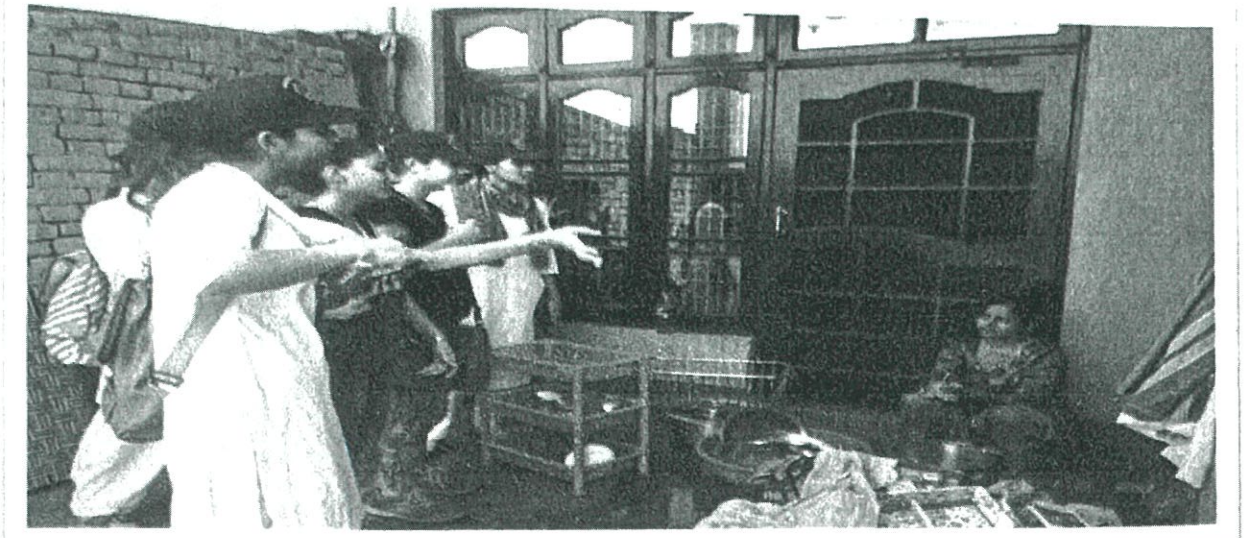
Swachh Bharat Summer Internship-2018was organised in adopted villages- Chak Avtara and Kanal of Block Bishnah from 6th – 15th of June, 2018 by 3 teams with 21 studentsand NSS PO's Prof. Amit Pal, Prof. Mala Bhasin and Prof. Neelam Thappa. This 100 hours programme comprised of many activities viz.,wall paintings,door to door awareness compaigns, nukkad nataks,swachhata rallies,movie screenings, development of compost pits, lectures on solid waste management,etc.




**Swachh Bharat Summer Internship- Flagged off by**

**Dr. Koushal Smotra, Principal, Govt.P.G. College for Women, Gandhi Nagar, Jammu.**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

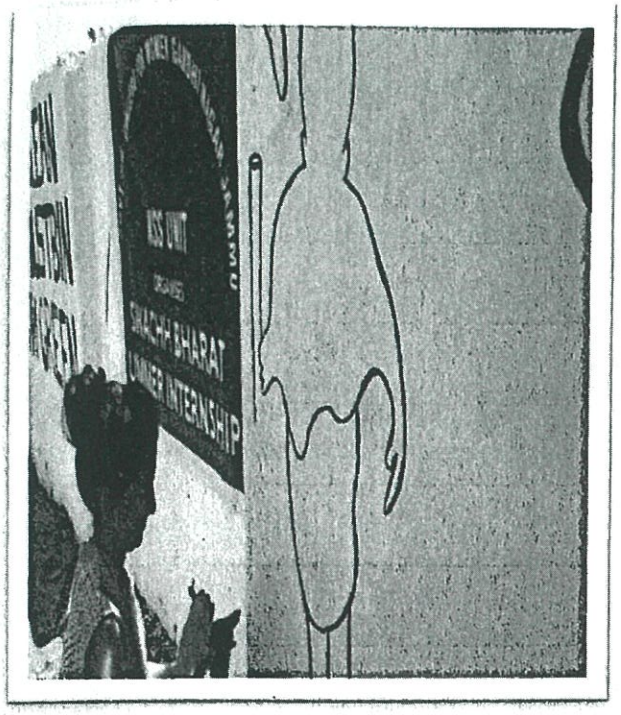


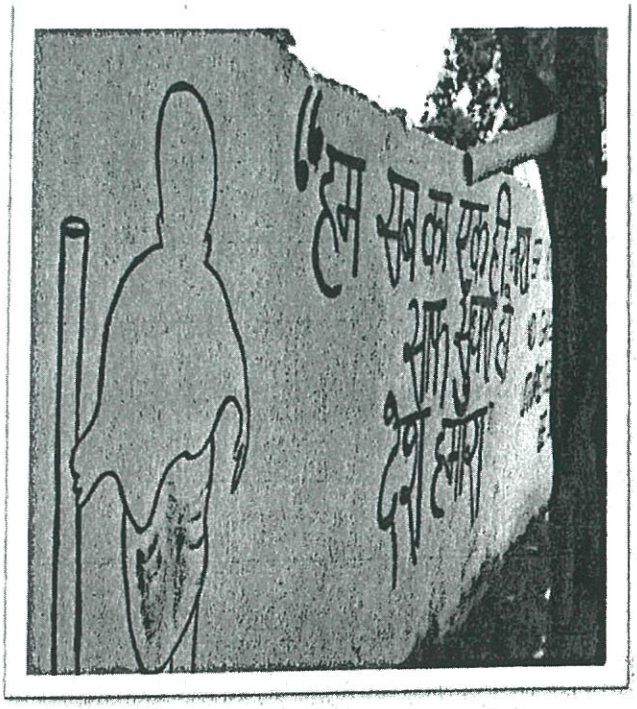


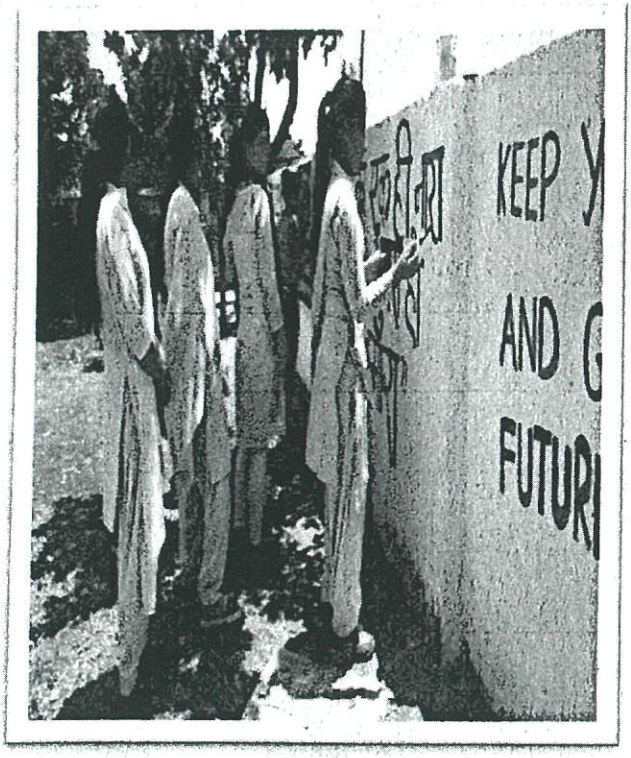


Program Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Door to door Swachhata Awareness compaign**



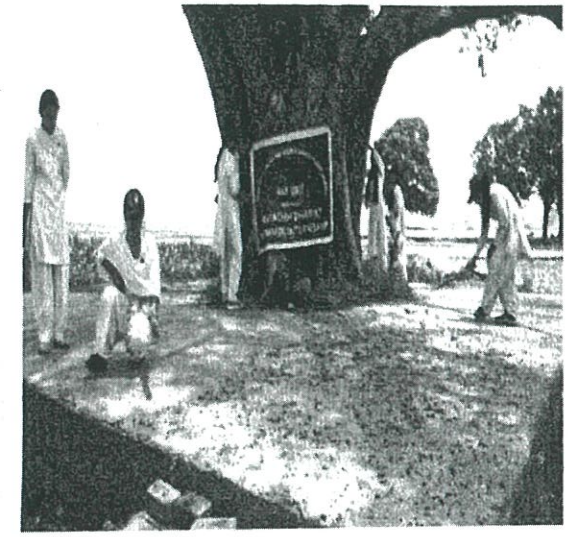


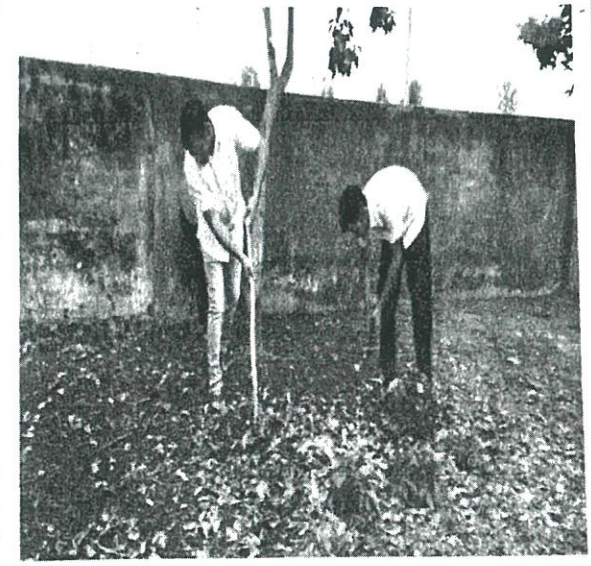


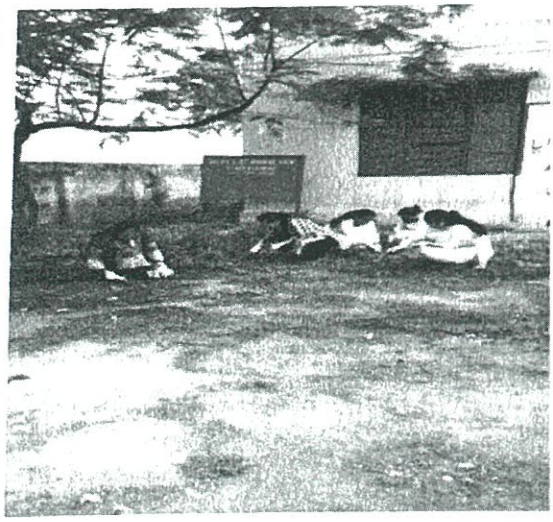

Programme Officer
N.S.S.
Govt. College for Women
Gandhi Nagar, Jammu.

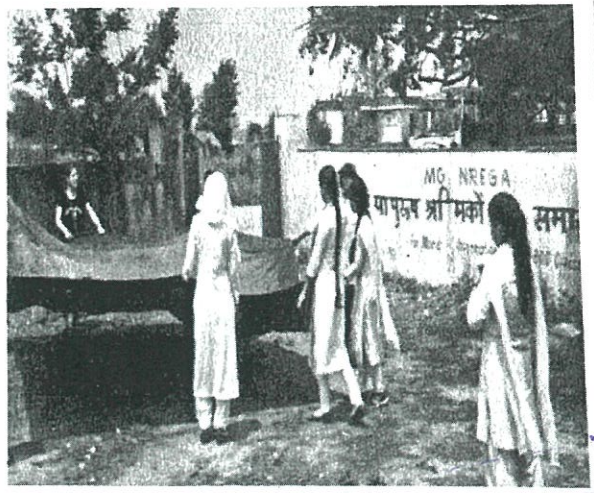
**Wall Painting/Slogan Writing at Panchyat Ghar, Chak Avtara**







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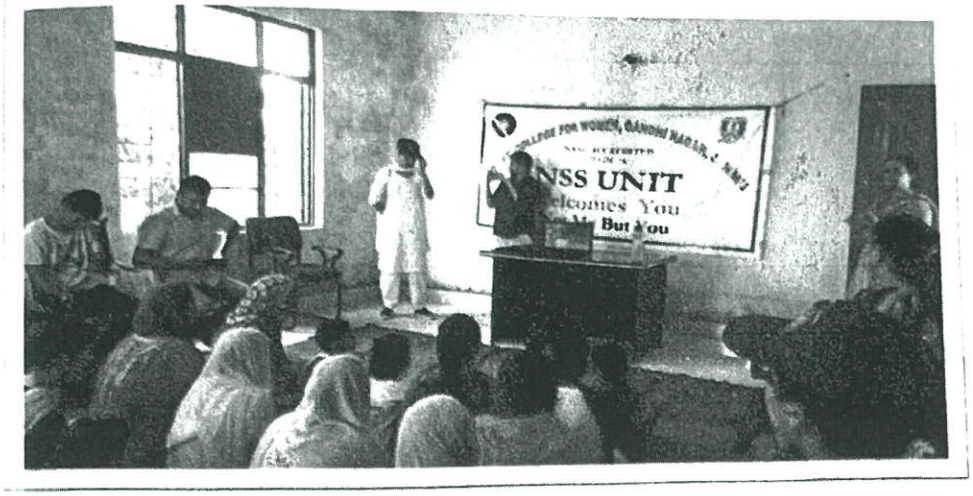
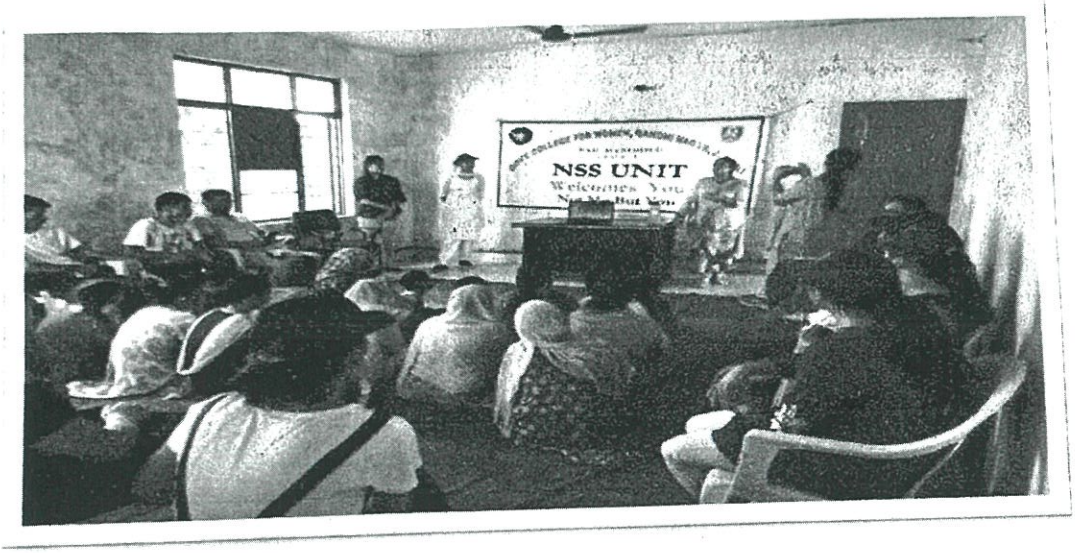
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Cleanliness drive by NSS Volunteers, NSS PO's and Surpanch of village Chak Avatara**

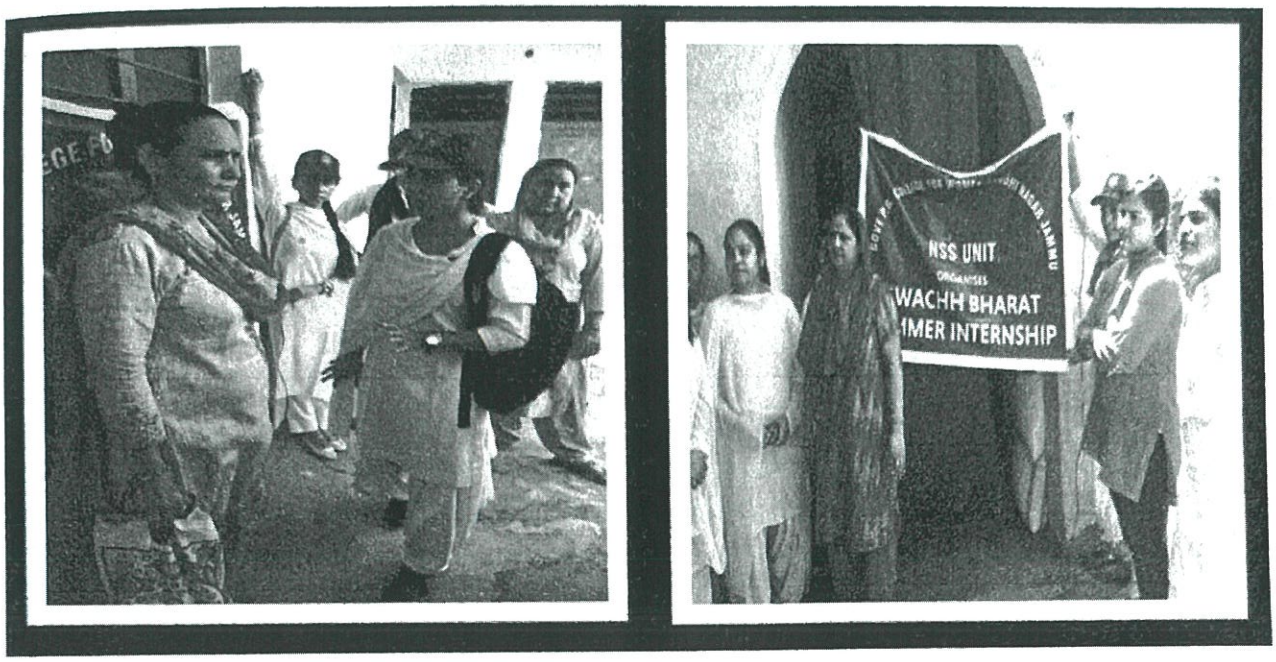





Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.

## Screening of Swachhata related movie clips






**Interaction with Women Folk of Village Kanhal**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.





Govt. Colle[illegible]men
Gandhi Nagar, Jammu.






**Nukkad Natak at Village ChakAvtara in the presence ofTehsildarand Naib Tehsildar of Bishnah.**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.









## Swachhata Awareness Rally by Volunteers & Villagers

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY OUTCOME

1. Facelift of Panchyat Gharof village Chak Avatara and Kanhal.

2. Five teams of Villagers (Each with 4 members)were involved for caring of Plants which were planted during the Programme.

3. Compost pits were formed by 16 villagers.

4. 32 Women were made aware about the personal hygiene.

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

Inbox
Starred
Snoozed
Sent
AD Planning

No recent chats
Start a new one

# Consideration of the interns under SBSI programme

noreply-aishe@nic.in via nic.in Tue, Aug 21, 8:33 PM (3 days ago)
to kksustata, aishe, sanjaygopalg, roopam.kothari, nadeem_ahmad, siteshkumarsinha, ashish_fms, registrar, v

Dear Sir/Madam,

Due to several problems in SBSI portal, the following decision was taken by Ministry of Drinking Water & Sanitation:

**"The Interns, who could not register themselves on SBSI portal but have done 100 Hours of SBS Internship will be eligible for Internship Completion Certificate, if the respective Nodal Officer certifies the same."**

It has been decided with the approval of the competent authority to communicate the above decision immediately to all the Colleges/Universities.
Secretary MHRD

Thank you for the information. Thanks a lot. Thanks for the mail.

DAA/D.S.W for follow up action

://mail.google.com/mail/u/0/#inbox/FMfcgxvxBiWSmHgJJNtZqHhrCTnhVcpn

CLUSTER UNIVERSITY OF JAMMU

Copy of the above forwarded to Principals of all Constituent Colleges for information & further necessary action.

No: Cluj/Acd/2018/3109-13
Dt: 31.8.2018

31/8/18
Asstt. Registrar (Acd.)
31/8

# Govt. College for Women Gandhi Nagar Jammu

**Minutes of Meeting**
**( 27.07.2018)**

A meeting of NSS advisiory and NSS Programme Officers was held in the Chamber of worthy Principal on 27.07.2018 at 1:00pm .
The agenda of the meeting was to discuss the activities for the Swachhta Pakhwada Celebrations from 1st -15th ofAugust,2018.

It was Unanimously decided that:

1. The activities like Cleanliness, Plantation, Awareness lectures,etc. shall be conducted in the college and adopted villages.
2. NSS Unit's will provide all the necessary arrangements as and when required to volunteers
3. Refreshment shall also be provided to the volunteers as per the rates prescribed.

The meeting ended with a vote of Thanks to the Chair

NSS Programme officer's

Advisiory committee

1.
2.
3.
4.

Hence, the minutes are submitted for approval

# ACTIVITY REPORT

## Swachhta Pakhwada Celebrations ( 1st -15th August,2018):

NSS Units organized various activities from 1st – 15th August, 2018 to celebrate Swachhata Pakhwada:

**1. Swachhta Shapath(1st,August,2018):** The activites started with NSS Song followed by Swachhta Shapath. A guest lecture on Solid Waste Management by Ms. Anuradha, Scientist, Pollution Control Board Jammu was also organized.The day ended with a Seminar on "Swachhta hi Jiwan" for NSS Volunteers. A total of 16 NSS volunteers participated under the supervision of NSS PO Prof. Mala bhasin and Prof. NeelamThapa.

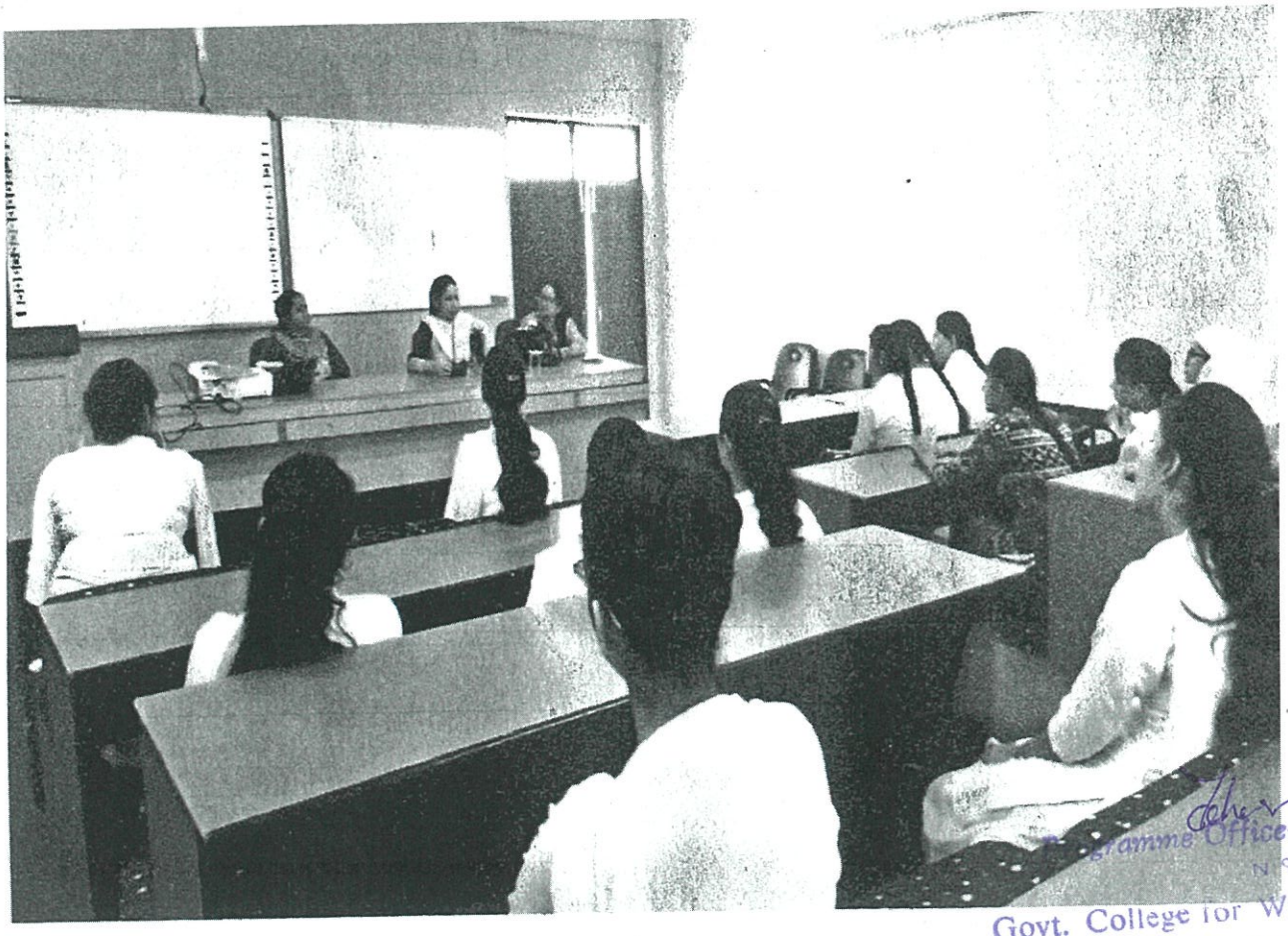


**Swachhta Shapath**

Programme Officer

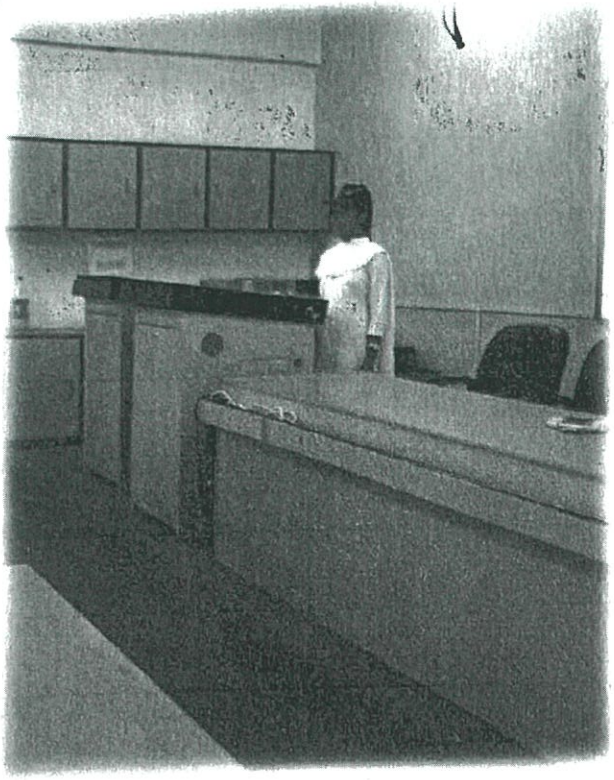
Govt. College for Women
Gandhi Nagar, Jammu.

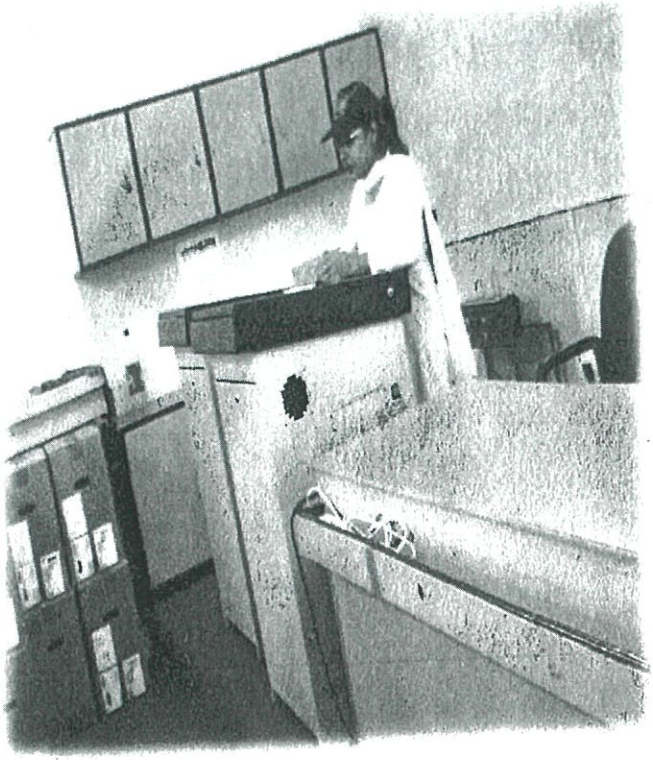


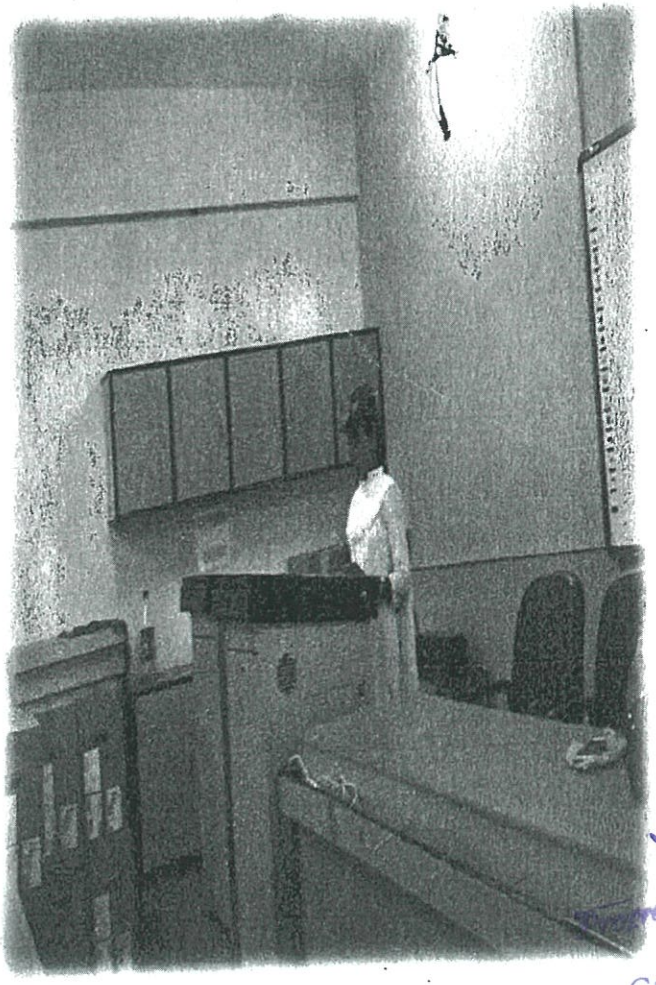



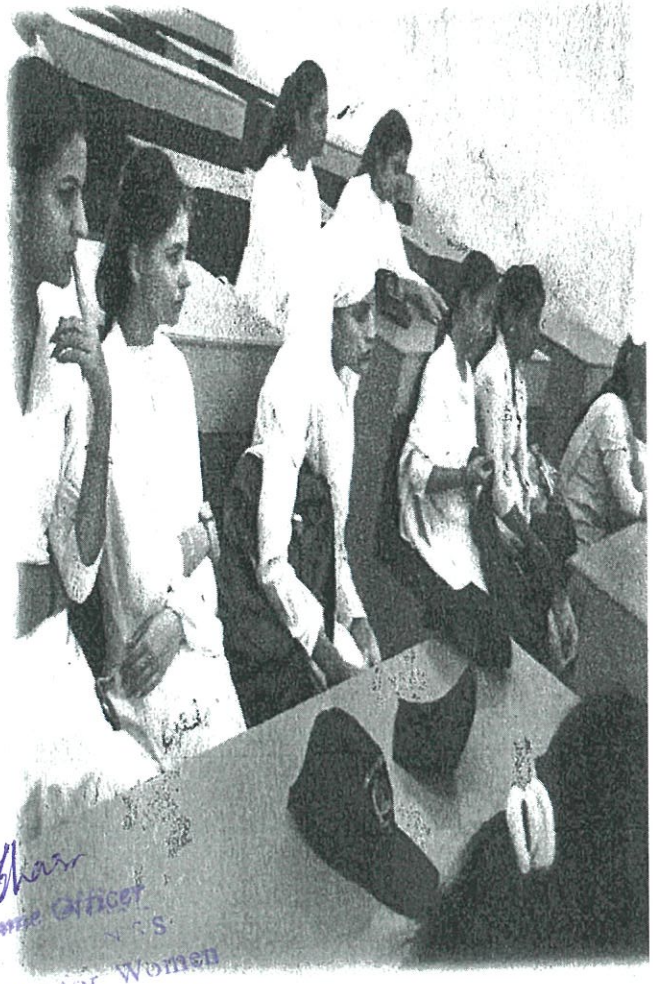
Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Ms. Anuradha interacting with NSS Volunteers**







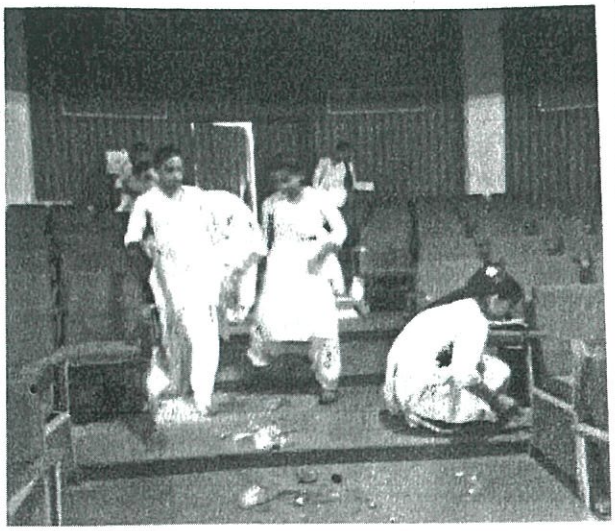


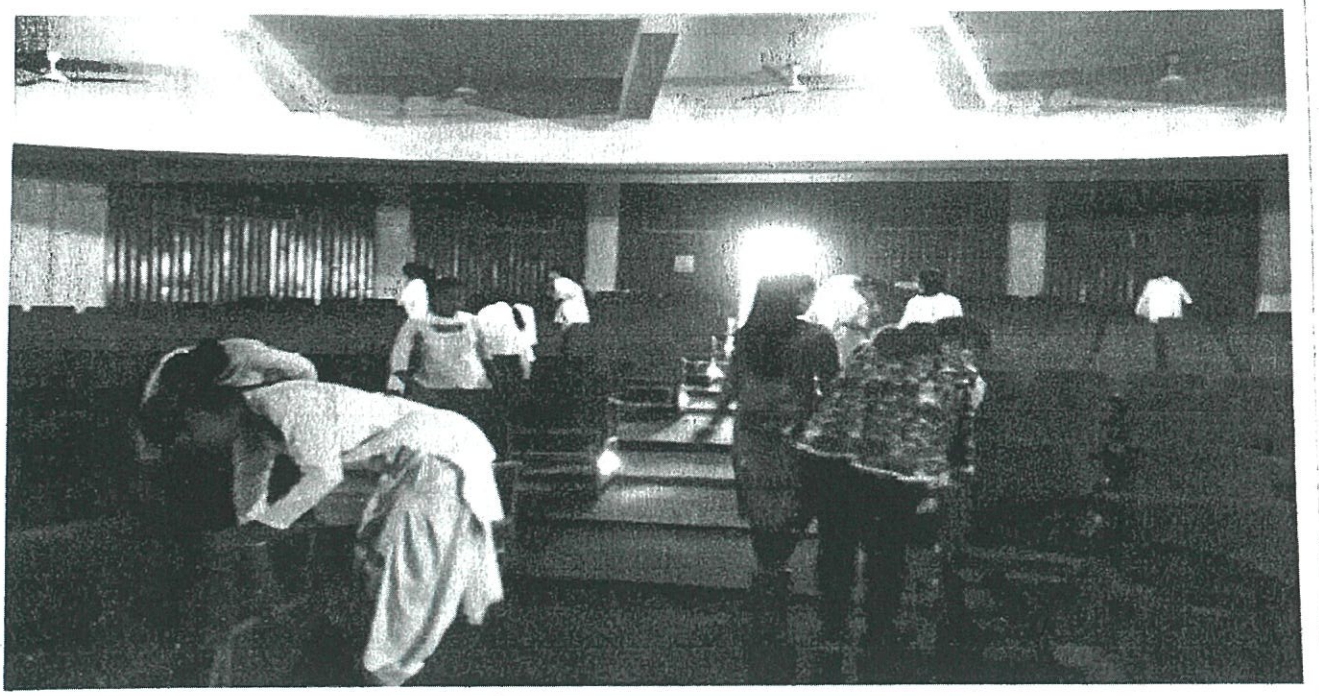
Programme Officer
N.S.S.
Govt. College for Women
Gandhi Nagar, Jammu.

# Seminar on the topic "Swachhta Hi Jeevan"

**2. Cleanliness Drive (2nd August,2018):** A cleanliness drive was conducted wherein 26 volunteers participated and cleaned College Auditorium, botanical Garden, NSS Garden and area adjoining auditorium.

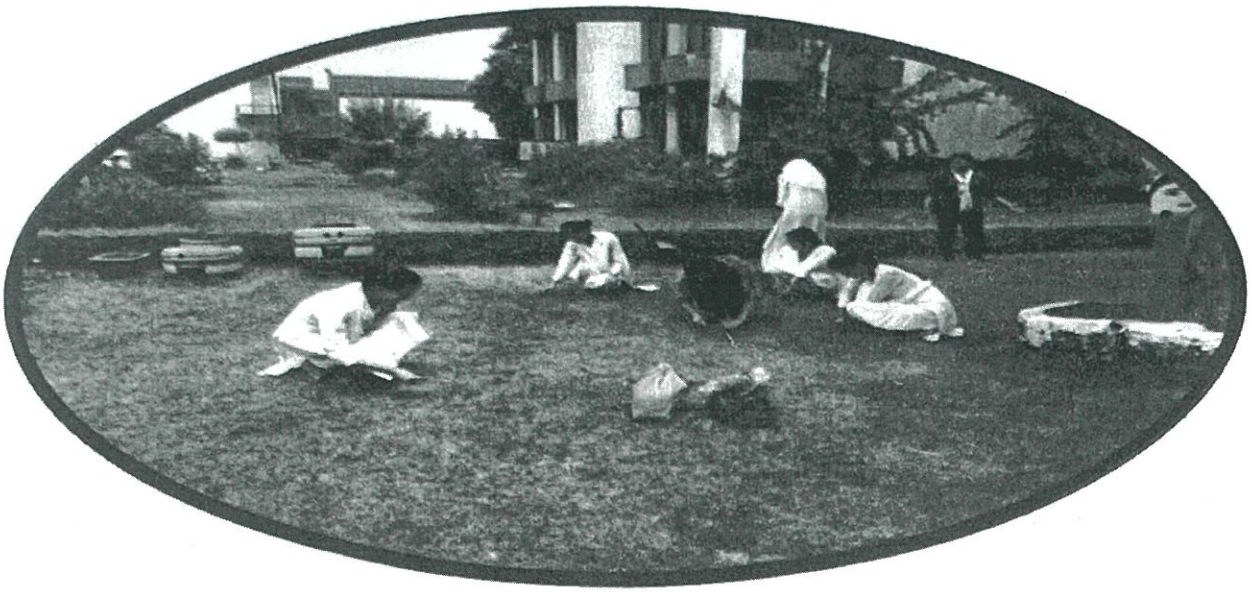


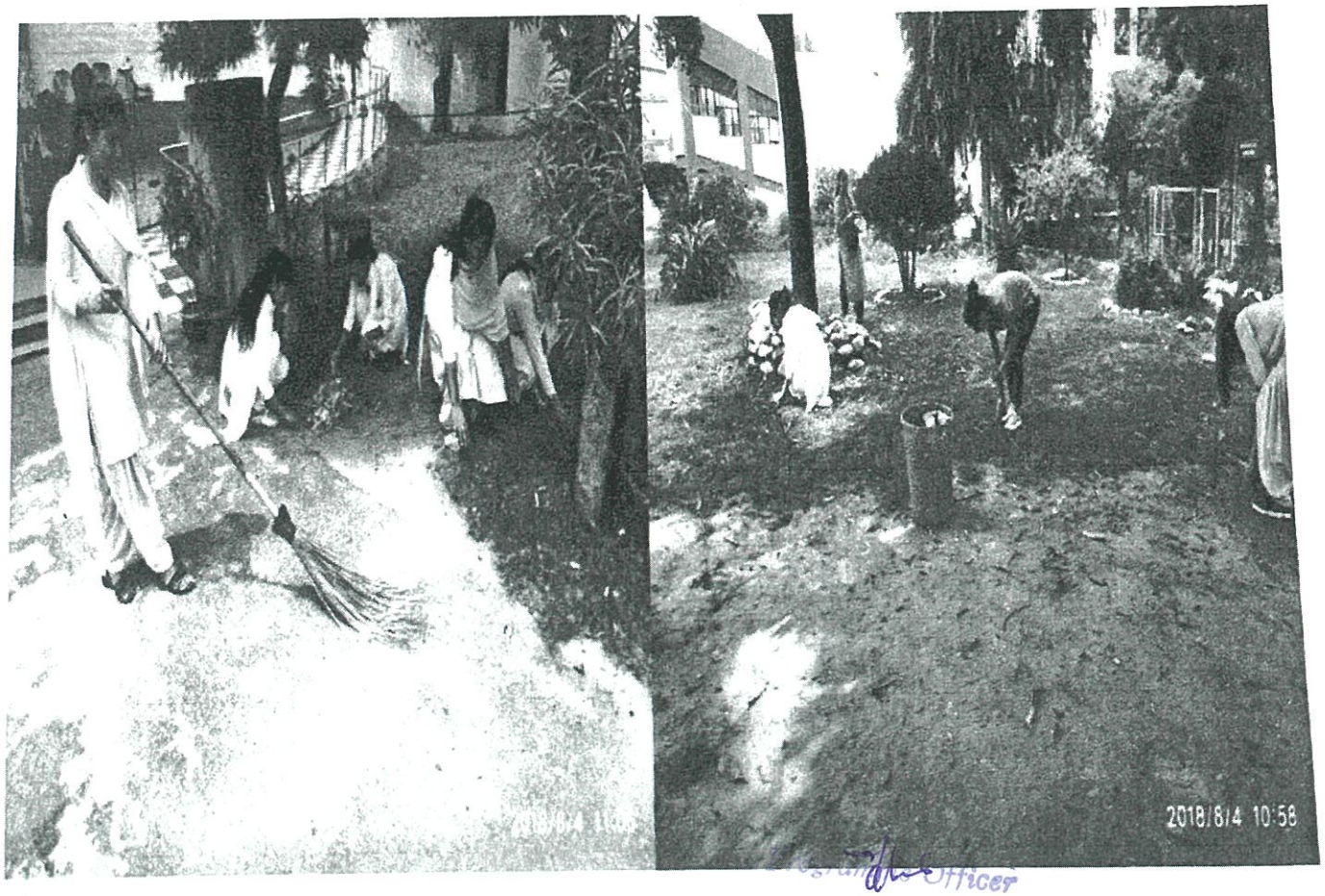




**Cleaning of College Auditoroum by NSS Volunteers**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.






Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Cleaning of College Campus**

## 4. Awareness Campaign at adopted village( 6th-8th August,2018):

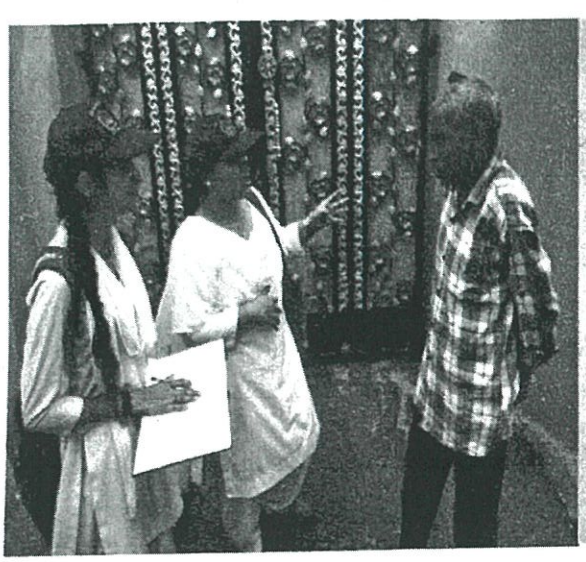
18 NSS Volunteers and NSSPO visited the adopted village Chak Avatara and interacted with the villagers regarding the issues of general cleanliness and hygiene.






Govt. College for Women
Gandhi Nagar, Jammu.









Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# Door to door Campaign

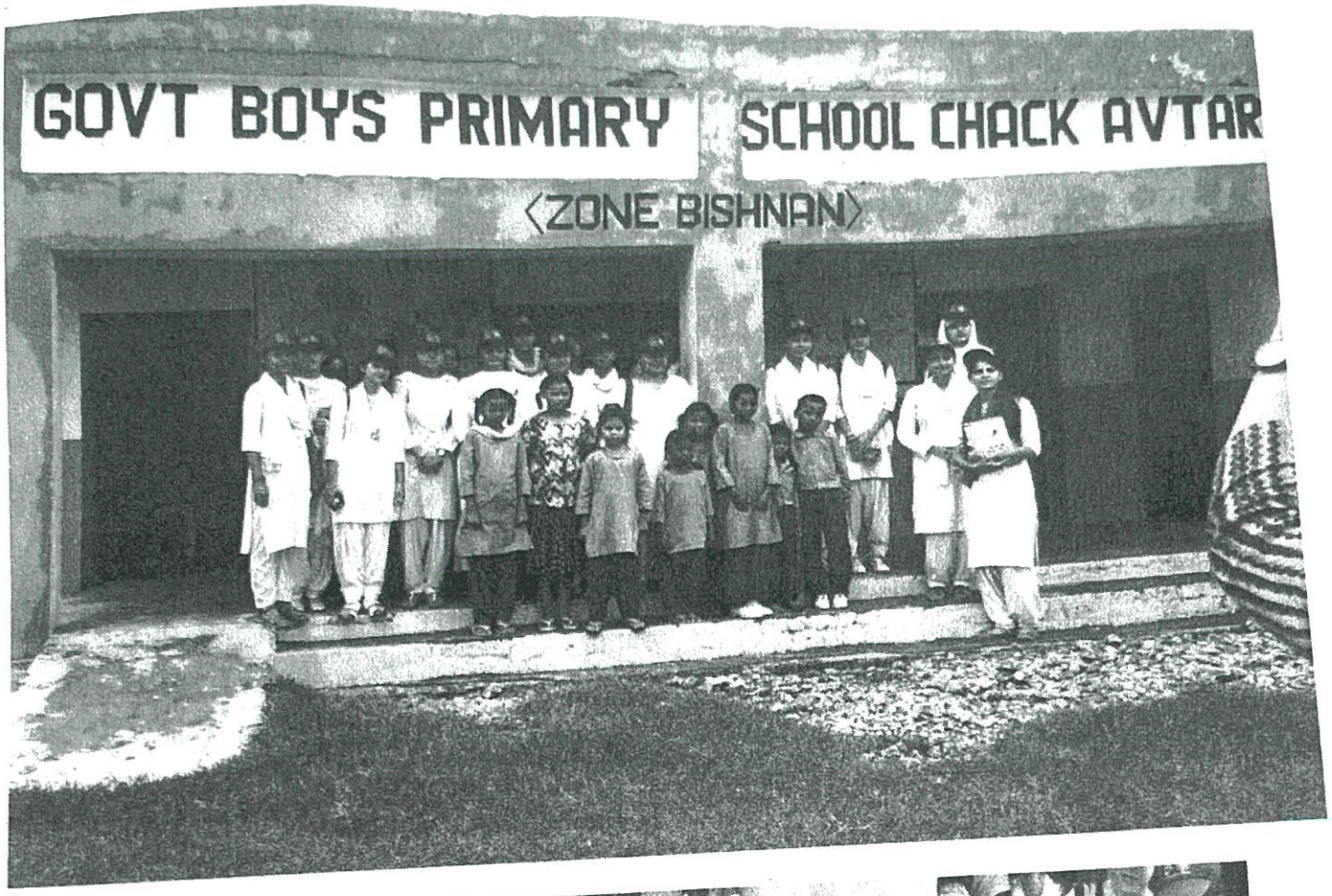


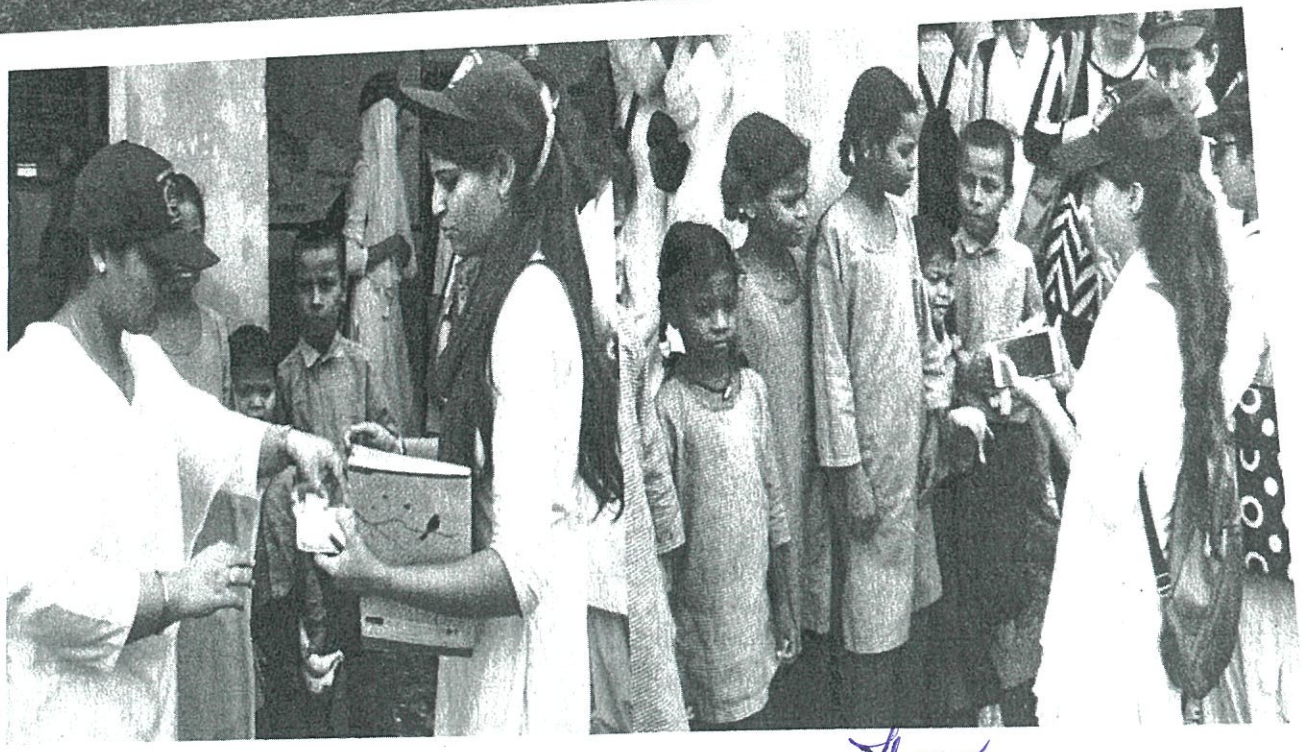
**NSS Volunteers at Panchyat Ghar**



Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Plantation at Govt. Primary School, Chak Avtara**



**Distribution of Sweets and Fruits to Students**

Govt. College for Women
Gandhi Nagar, Jammu.

## 5. Visit to old Age Home/orphanages(11th -13th August,2018):

NSS Volunteers visited the old age home and BalGhar. They cleaned their rooms, interacted with them and distributed fruits to them.





Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.



# NSS Volunteers at Old Age Home

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.





Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

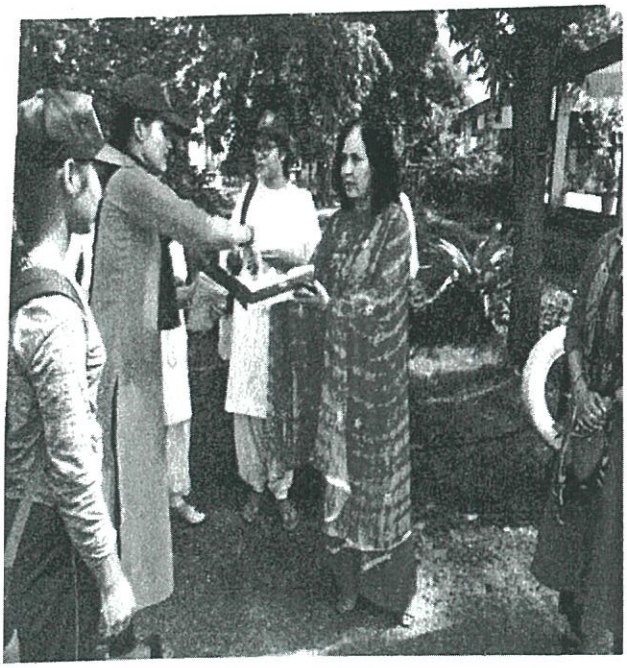
# NSS Volunteers at Bal Ghar

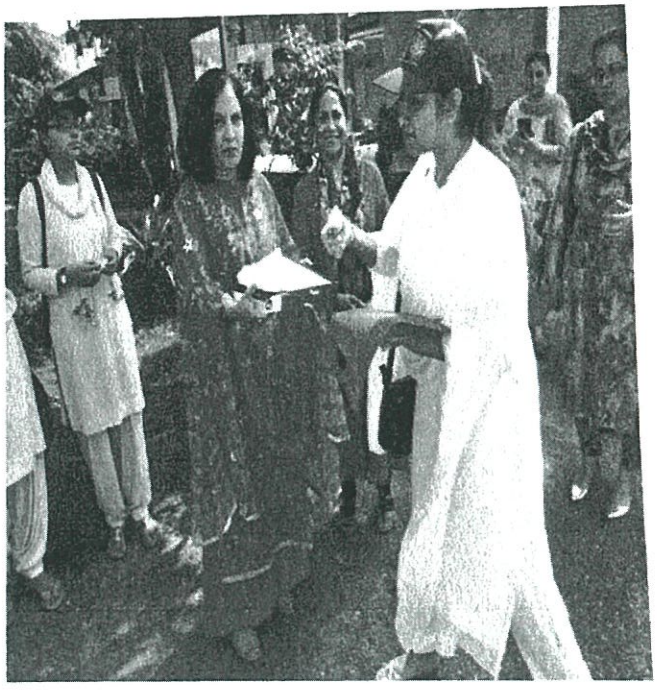
## 6. Independence Day Celebration (15th Aug.,2018):

Independence day was celebrated with great zeal, splendor, joy and respect. Saluting the nation and its freedom fighters, the Indian Tricolor was unfurled by Dr. KoushalSmotra, Principal of the college. NSS PO's and volunteers were also presents. With the distribution of sweets, the two week's programme- Swachhta Pakhwara culminated.







Programme Officer
N S S
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Awareness Lecture-cum-demonstration on Compost Management (20.10.2018):

An Awareness Lecture cum demonstration on Compost preparation from the waste of college premises was organised. More than 152 students, 14 faculty members of Department of Botany participated. The resource person of the event was Ms. Anuradha, Sr. Scientist and In charge of Municipal Solid Waste, Pollution Control Board, Jammu. She discussed and demonstrated the composting process step by step by using vegetable peels, fruit waste, plant twigs, fallen leaves, etc,. She said that the right balance of materials is essential for decomposition.

The aim of the activity was to sensitize the volunteers/ students and generate interest among them to prepare compost at their placesThe activity was coordinated successfully by Prof. Mala Bhasin NSSPO and Dr. Suman Bala HoD Botany.



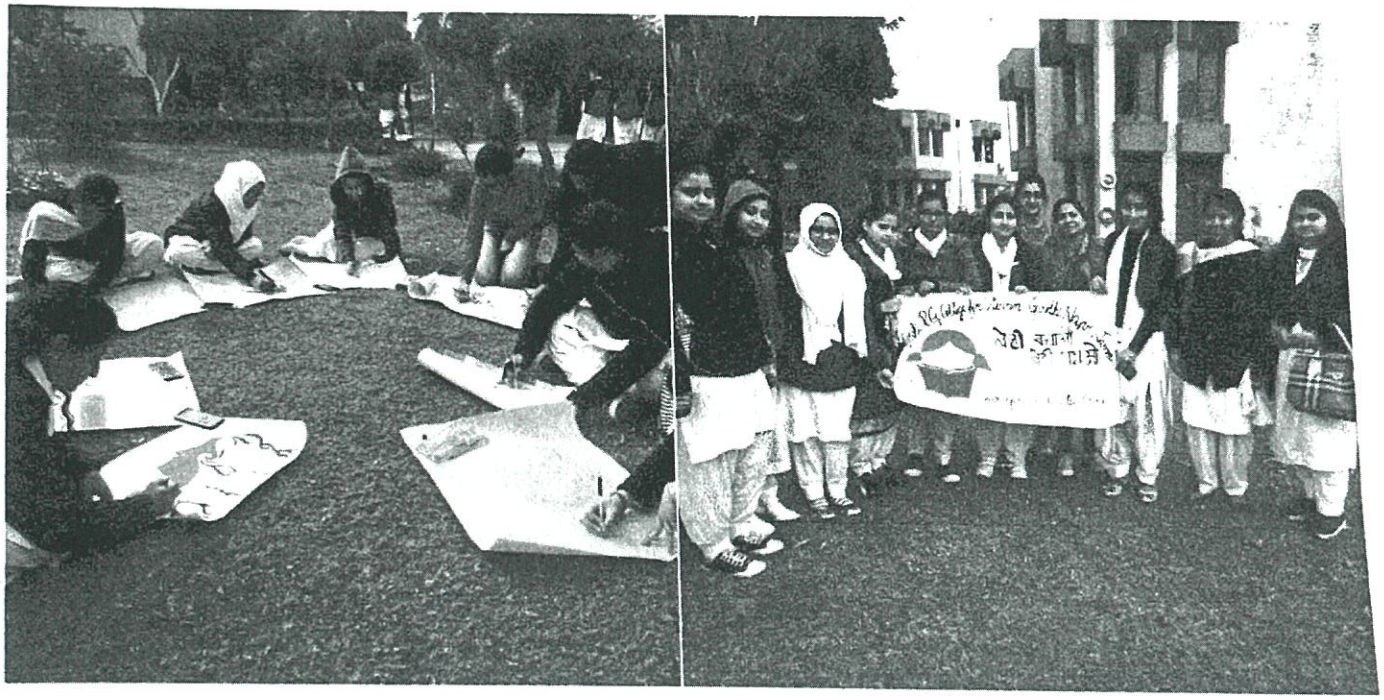


Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Beti Bachao Beti Padhao (25.01.2019)

A Poster Making event was organised on the topic- Beti Bachao- Beti Padhao in NSS Lawn of the college under the supervision of Prof. Mala Bhasin NSS programme Officer wherein 11 volunteers participated and showcased their creative talent. The Principal of the College, Dr. Koushal Samotra, Prof. Mala Bhasin( NSSPO), 7 Staff members and 86 Students/volunteers also took pledge to save and educate the girl child. This campaign aims at providing equal opportunities and rights for education to all the girls.



Bhasin
Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.



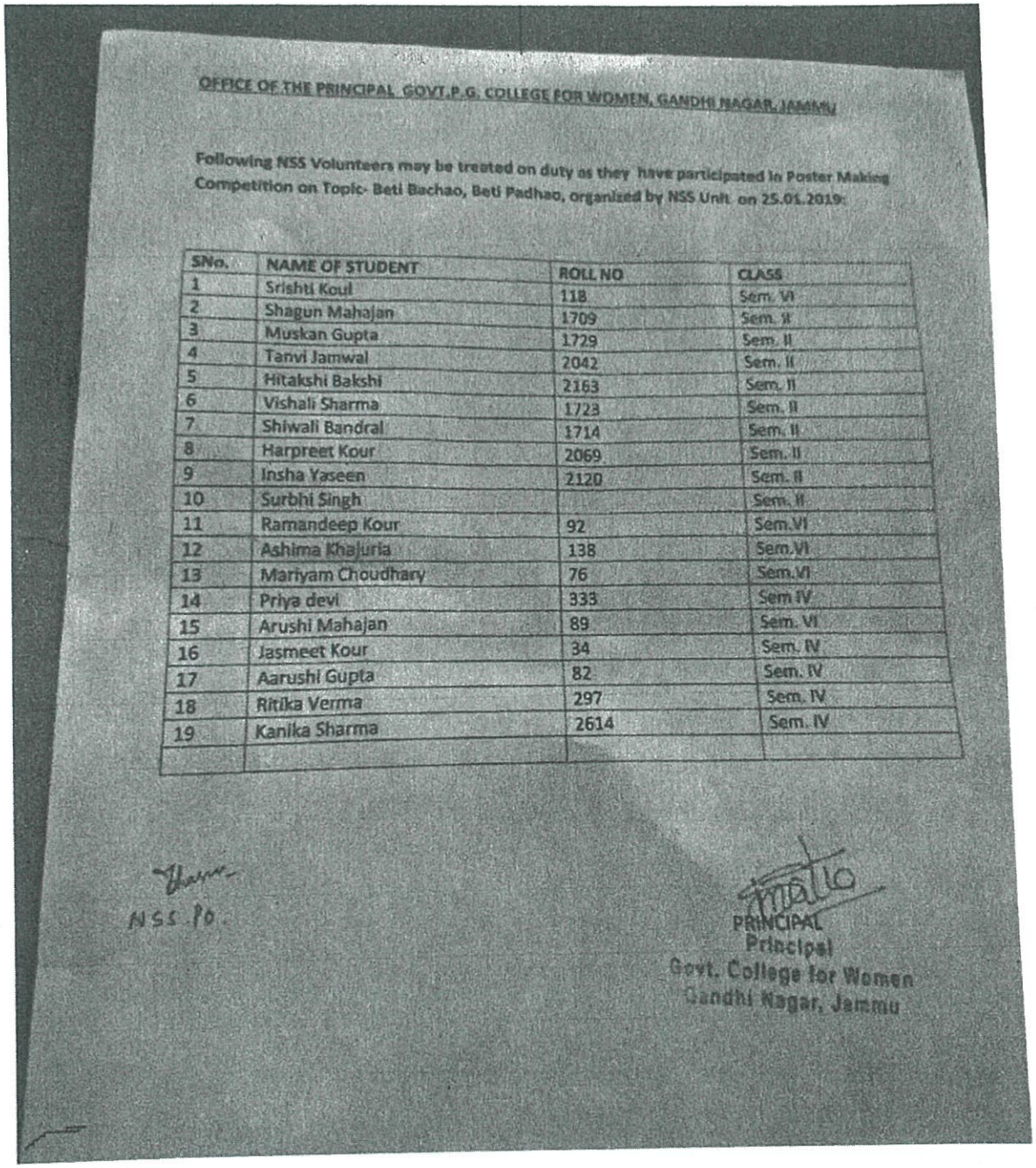



Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# Govt. College for Women Gandhi Nagar Jammu

## ATTENDANCE SHEET

**Event: BetiBachaoBetiPadao** **Date: 25th January, 2019**



OFFICE OF THE PRINCIPAL GOVT.P.G. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

Following NSS Volunteers may be treated on duty as they have participated in Poster Making Competition on Topic- Beti Bachao, Beti Padhao, organized by NSS Unit on 25.01.2019:

| SNo. | NAME OF STUDENT | ROLL NO | CLASS |
|---|---|---|---|
| 1 | Srishti Koul | 118 | Sem. VI |
| 2 | Shagun Mahajan | 1709 | Sem. II |
| 3 | Muskan Gupta | 1729 | Sem. II |
| 4 | Tanvi Jamwal | 2042 | Sem. II |
| 5 | Hitakshi Bakshi | 2163 | Sem. II |
| 6 | Vishali Sharma | 1723 | Sem. II |
| 7 | Shiwali Bandral | 1714 | Sem. II |
| 8 | Harpreet Kour | 2069 | Sem. II |
| 9 | Insha Yaseen | 2120 | Sem. II |
| 10 | Surbhi Singh | | Sem. II |
| 11 | Ramandeep Kour | 92 | Sem.VI |
| 12 | Ashima Khajuria | 138 | Sem.VI |
| 13 | Mariyam Choudhary | 76 | Sem.VI |
| 14 | Priya devi | 333 | Sem IV |
| 15 | Arushi Mahajan | 89 | Sem. VI |
| 16 | Jasmeet Kour | 34 | Sem. IV |
| 17 | Aarushi Gupta | 82 | Sem. IV |
| 18 | Ritika Verma | 297 | Sem. IV |
| 19 | Kanika Sharma | 2614 | Sem. IV |
| | | | |

NSS PO.

PRINCIPAL
Principal
Govt. College for Women
Gandhi Nagar, Jammu

**Report submitted by:** **Prof. Mala Bhasin ( NSS Programme officer )**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# Nature-Human Centric Peoples Movement, Jammu Region

Respected Chair, Principal,

Office of the Govt. College for women,

Jammu/ Gandhi Nagar

Sub:---**Request for paying serious heed toward 'ALARMING BELLS of scientists'**

Respected Sir,

1) 1992 Union of Concerned Scientists USA gave first warning to world human community during Earth Summit in Rio .# 2) A 2002-study of World Wildlife Funds has warned that our planet is going to expire within 50 years.# 3) 2014 NASA study warned that Industrial Civilisation would collapse in few decades # 4)WWF sensitised that earth has lost half of its wildlife in past forty years. # 5) 2015 Earth's Sixth Mass Extinction even under way, is too different. It will be the first to be caused by man, life on Earth will take millions of years to bounce back. # 6) 2017 Union of Concerned Scientists along with 15,000 scientists of the world noticed Second Warning to human community. #7) 2018 WHO surveyed more the hundred cities and observed 20 the worst polluted cities of which 14 are in India. #8) 2018 World Bank warned in coming years South Asian people have to bear with nearly 1000 Hotspots. #9) 2018 Earth heading toward irreversible hothouse state: study ( Australian Nation University and other scientists). #10) 2018 We're Going to Die in Record Number as Heat waves Bake The World, First Global Study Shows (sciencealert.com). #11) By 2025 1.8 billion people will live in area plagued by water scarcity, with two-thirds of the world's population living in water-stressed regions. #12) NASA led-study states: Of the world's major aquifers (gravel and sand filled underground reservoirs), 21 out of 37 are receding, from India and China to United States to France. #13) NASA warned that " the water table is dropping all over the world, there is not infinite supply of water". #14) French President commented during the conclusion of Paris Climate Change Summit that nothing has been left and nothing has been decided. #15) U N SG comment : 'We face a global emergency' over oceans: UN chief sounds the alarm at G7 Summit event. Global warming report, an 'ear-splitting wake-up call' warns UN chief.

**Direct existential threat' of climate change nears point of no return, warns UN chief.**

**I have asked you here to sound the alarm.**

**Scientists have been telling us for decades.**

**Over and over again.**

**Far too many leaders have refused to listen.**

This is a trailer of the attitude of politicians toward the grave challenge of existence of all bio-beings including human community

So keeping in view the serious challenge of LIFE or DEATH and uncertainty of our future generations your are humbly requested to spare some time and arrange an interaction regarding the deadly challenge of LIFE or DEATH due to climate change caused by ongoing dehumanised social system operated by inhuman agencies.

Yours Enviro-Humane

roop chand makhnotra

09/9/1969

NSS volunteers

(Note:-- **99.99 per cent Indians respond quickly to the FAKE and HOAXY- statements of politicians/ political parties But i feel myself in dark tunnel, when intellectuals do not respond to ALARMING BELLS of SCIENTISTS.)**

Lecture
n
Interaction On climate changes by
Mr. Desh bandhu of Nature-human Centric Peoples movement, Jammu, on 15.4.2019

# ACTIVITY REPORT

## Interaction on ' Climate Change" (15.04.2019)

An interaction was organised for NSS volunteers by NGO- Nature- Human Centric Peoples Movement, Jammu Region in collaboration with NSS Units under the supervision of Prof. Mala Bhasin wherein 102 NSS volunteers participated/ attended. Mr. Deshbandhu and Mr. Roop Chand Makhnotra interacted with volunteers regarding the deadly challenge of Life or Death due to climate change caused by ongoing dehumanized social system operated by inhuman agencies.




Chairman
Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# Office of the Principal

## Govt. P.G. College for women Gandhi Nagar, Jammu

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

---

No/GWC-G/936
Dtd 3/7/2018

## ORDER

A sports committee of the following staff members is hereby constituted for the session 2018-19.

1. Prof. Surinder Kumar, convenor
2. Prof. Balraj Kumar, member
3. Prof. Anju Bala, member
4. Prof. Indeevr, member
5. Prof. Sunil Dutt, member
6. Prof. Harmeet Kour, member
7. Prof. Revika Arora, member
8. Prof. Sanjay Kotwal, member
9. Prof. Mala Bhasin, member
10. Prof. Malti Rajput, member
11. Prof. Davinder Kour, member
12. Prof. Kiran Bala, member
13. Prof. Priyanka Sharma, member
14. Prof. Geetika Goswami, member
15. Dr. Vinod Bakshi, Physical Director
16. Mr. Amit Jamwal, Astt. Phy. Dir.
17. College Accountant

**Principal**

# OFFICE OF THE SPORTS COORDINATOR,

## CLUSTER UNIVERSITY OF JAMMU

The principal

_____

_____

No: PE/Co/05/18-19

Date: 05/09/18

**Sub:** Fixture for inter-collegiate tournament/competition 2018-19.

Sir/madam

Kindly find enclosed herewith a copy of the fixture for Inter-Collegiate tournaments/ competitions of Cluster University of Jammu 2018-19. Planned as per the Academic Calendar of the University duly approved by the Hon'ble Vice- Chancellor. This information may kindly be passed on to the Concerned officials for active participation by your college students in the Inter-collegiate programme of Games and Sports for current session 2018-19.

Thanking you

Sincerely Yours

**Dr.Vinod Bakshi**
**Sports Coordinator**
**Cluster University Of Jammu**

**Copy to:**

1. Principals of constituent colleges of Cluster University of Jammu for information.
2. The Dean Student Welfare, Cluster University of jammu for information.
3. S.S. to the V.C for kind information of the Hon'ble Vice-Chancellor please.
4. Physical Directors of constituent colleges of Cluster University of Jammu for information.
5. Dy. Director Youth Services and Sport , jammu Division for information.
6. F.A Cluster University Of Jammu for information.
7. The Sports Officer M.A. Stadium Jammu.
8. P.A. to the Registrar for information of the Registrar.
9. Office File.

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6. Most of the part of sports ground is uneven and is not being used for sports activities. A proposal may be sent to PWD or some other agency for detailed estimation for the levelling of sports ground.

7. Repairing of Basket Ball court and Badminton court is to be carried out immediately for the forthcoming events after observing the codal formalities.

8. Since some Gym equipments are not in working conditions, the sports committee will visit the Gym and identify the items to be repaired. The sports committee members namely Balraj Kumar Prof Sanjay Kotwal, and Prof. Sunil Dutt will first check the guarantee period of equipments and then go for estimate of the repair required from supplier/manufacturer.

9. One more asstt. PTI/sports bearer is required to be engaged for the smooth functioning of sports department and providing more opportunities to the girl students.

10. Sports items/track suits/sport uniforms should be purchased by inviting tenders and for purchasing mementoes for Declamation contest, Annual day function and other events, dasti quotations should be collected by physically seeing and comparing the rates and quality and are to be purchased from the sports fund..

11. To maintain the data of all the activities of Gym and sports department, the requisition of a computer, scanner and printer was put forward. It was decided that it may be procured from the College store.

12. In order to maintain cleaniness around sports complex, two big size dustbins are required.

13. Repairing of doors, repairing of Sofa sets and white washing of sports department is required immediately which can be done after observing the codal formalities.

14. Some Barsha, Kai, Ganti, Belcha and Axe are required to be repaired after observing codal formalities.

15. One water cooler and one air cooler are required for sports department.

16. Uniform to be issued permanently to each player of the team.

17. Since there is a transformer lying in the sports department. It should be installed for providing rated supply to the gym equipments and other electric gadgets. The accessories required like wire, sockets, extension board etc should be purchased after observing the codal formalities.

18. After getting the report of Physical verification committee the sports material which are repairable should be repaired and which are auctionable should be auctioned and which are beyond repair and auction should be destroyed through writeoff committee observing codal formalities.

19. For providing First Aid facility to the injured players medicine should be available in the Sports Department.

20. For the smooth functioning of sports activities, the members of the sports committee are given the charge of the following games.

Jamyal

| S.No | Event | Incharge |
|---|---|---|
| 1. | Athletics | Mr Sudesh Bhagat |
| 2. | Gymnastics | Prof. Surinder Kumar, Mr Sudesh Bhagat |
| 3. | Chess | Prof. Balraj Kumar |
| 4. | Judo | Prof. Harmeet Kaur. |
| 5. | Badminton | Prof. Anju Bala |
| 6. | Football | Prof. Sanjay Kotwal |
| 7. | Basket Ball | Prof. Naveen Anand, Prof. Malti Rajput |
| 8. | Kho-kho | Prof. Davinder Kour |
| 9. | Wrestling | Prof. Harmeet Kaur, Prof. Mala Bhasin |
| 10. | Hockey | Prof. Balraj Kumar, |
| 11. | Kabaddi | Prof. Kiran Bala, Prof. Geetika Goswami |
| 12. | Volley Ball | Prof. Sunil Dutt, Prof. Indeevar Chanyal - |
| 13. | Archery | Prof Revika Arora |
| 14. | Lawn Tennis | Prof. Surinder Kumar |
| 15. | Cricket | Prof. Surinder Kumar, Prof. Naveen Anand<br>Prof. Indeevar Chanyal |
| 16. | Handball | Prof. Malti Rajput |
| 17. | Swimming | Prof. Priyanka Sharma |
| 18. | Yoga | Prof. Revika Arora |
| 19. | Gatka | Prof. Davinder Kour |
| 20. | Table Tennis | Prof. Indeevar Chanyal |
| 21. | Speed Ball | Dr. Surinder Kumar, Mr. Sudesh Bhagat |

All the members agreed to the above mentioned points and the meeting ended with vote of thanks to the chair.

1. Prof. Surinder Kumar — Convenor
2. Prof. Balraj Kumar
3. Prof. Anju Bala
4. Prof. Indeevr
5. Prof. Sunil Dutt
6. Prof. Harmeet Kour
7. Prof. Revika Arora
8. Prof. Sanjay Kotwal
9. Prof. Mala Bhasin
10. Prof. Malti Rajput
11. Prof. Davinder Kour
12. Prof. Kiran Bala
13. Prof. Priyanka Sharma
14. Prof. Geetika Goswami
15. Mr. Sudesh Bhagat — PTI
16. College Accountant

Approved as proposed

Sports Committee

Principal
Govt. College for Women
Gandhi Nagar, Jammu.

# FIXTURE FOR INTER-COLLEGIATE TOURNAMENT/COMPETETION 2018-19

## Opening Ceremony of Inter-Collegiate Tournaments of Cluster University, Jammu.

**1. Name of the Event: Football (Men)**

**Venue: G.G.M Science College, Jammu.**
**Time: 10:00 AM.**
**Date: 19-OCT-2018- 20-OCT-2018.**

1. G.G.M Science College :----------(19-OCT-18)----------
2. Govt. M.A.M College :----------
3. Govt. College of Education:---------- (20-OCT-18)----------
4. Govt. SPMR College of Commerce: ----------

**Final (20-OCT-2018)**

*(NOTE: Tournament will be conducted as per AIU and Football Federation of India rules)*

Dr. Vinod Bakshi.
Mr. Ajaz Malik.
Mr. Mahesh Sharma
Dr. Mandeep Singh



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2. Name of the Event: Kabaddi (Men)

Venue: G.C.W Gandhi Nagar, Jammu.
Time: 10:00 AM.
Date: 23-OCT-2018- 24-OCT-2018.

1. Govt. M.A.M College :----------(23-OCT-18)----------
2. Govt. College of Education:----------
3. Govt. SPMR College of Commerce :-----(23-OCT-18)--------
4. G.G.M Science College: ----------

Final (24-OCT-2018)

**Kabaddi (WOMEN)**

1. Govt. SPMR College of Commerce:---(Bye)----- (24-OCT-18)----------
2. G.C.W Gandhi Nagar :----------
3. Govt. M.A.M College:---------- (23-OCT-18)----------
4. G.G.M Science College: ----Bye (23-OCT-18)----------
5. Govt. College of Education:---------- Bye ----------

Final (24-OCT-2018)

*NOTE: Tournament will be conducted as per AIU and Kabaddi Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Hardeep Singh
Dr. Santosh



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## ELIGIBLITY PERFORMA

Name of the Tournament: Kabaddi( women)

Manager: Dr. Rupali Salathia

Name of the college: G.C.W GANDHI NAGAR JAMMU.

His/Her status: Physical Director

session: 2018-19.

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | D.O.B | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Saleema Akhter | Alaf Din | Begum Johan | 04-05-2000 | Sem 4th/ 1781 | | 2017 |
| 2 | Isha Kumari | Sham Lal | Bishno Devi | 10-04-2001 | Sem 2nd /2731 | | 2018 |
| 3 | Taniya choudhary | Kewal Krishan | Kiran Choudhary | 27-06-1999 | Sem 4th /2183 | | 2017 |
| 4 | Shameen Akhtar | Mohammed ali | Rajiya Bibi | 03-03-2001 | Sem 2nd /2093 | | 2018 |
| 5 | Asiya Praveen | Manzoor Hussain | Sakina | 10-03-2000 | Sem 4th /2767 | | 2017 |
| 6 | Harsha Chib | Gulab Singh | Reena DEvi | 09-05-1999 | Sem 2nd /1804 | | 2018 |
| 7 | Shivani wazir | Jagdev singh | Santosh | 21-03-199 | Sem 4th /1925 | | 2017 |
| 8 | Sonia Kumari | Manhor lal | Shakuntla Devi | 28-12-1998 | Sem /2474 | | 2017 |
| 9 | Meenakshi Sharma | Darshan Lal | Sushma Devi | 03-03-2001 | Sem 2nd /2152 | | 2018 |
| 10 | Mannu SHARMA. | GOPAL SHARMA | BABLI SHARMA | 19-08-200 | Sem 4th /2393 | | 2017 |
| | PARIKSHA SANDYAL | DEEPRAJ | PUSHPA DEVI | 18-02-1999 | Sem 4th /1544 | | 2017 |

28/09/19

Physical Director
PHYSICAL DIRECTOR
Govt. College for Women
Gandhi Nagar.

PRINCIPAL
Principal
Govt. College for Women
Gandhi Nagar, Jammu.

(117)

# Inter-Collegiate Kabaddi tournament gets underway

21 Oct 2018

*Excelsior Sports Correspondent*

JAMMU, Oct 21: BLAZE Inter-Collegiate Kabaddi tournament started at GCW Gandhi Nagar, here.

The tournament was organised by the the Department of Dean Student Welfare Cluster University of Jammu.

Prof Bhopinder Singh Dean Engineering and Technology, Cluster University of Jammu graced the occasion.

In Men's Section the first match was played between MAM College and SPMR College of Commerce, Jammu in which MAM College won the match by 27-09.

In second match GGM Sc. College got walkover against Govt. college of Education and enters in the final. Tomorrow MAM College and GGM Sc. College will play the final match.

In Women's section first match was played between GCW Gandhi Nagar and SPMR College of Commerce, Jammu. GCW Gandhi Nagar beat SPMR College of Commerce by 46-05.

In second match GGM Sc College got walkover and enter in the final. Tomorrow GCW Gandhi Nagar and GGM Sc College will fight to lift the trophy.

The matches were played under the supervision of Dr Vinod Bakshi, Sports coordinator of Cluster University of Jammu and also physical Director GGM Sc. College Jammu.

Prof Surinder Sharma, Prof Rajesh Kumar Sharma, Aijaz Malik, Physical Director SPMR College of Commerce, Dr Roopali Salathia, Physical Director GCW Gandhi Nagar, Pawan Giri Assistant Physical Director GGM Science College Jammu and Anil Assistant Physical Director GCW Gandhi Nagar Jammu were present on the occasion.

The matches were officiated by Keshav Singh, Harpreet Singh, Amandeep Singh, Dheeraj Sharma, Akhil Kumar and Banty Kumar.

Aaman

3. Name of the Event: KHO-KHO (MEN)

Venue: G.C.W Gandhi Nagar, Jammu.
Time: 10:00 AM.
Date: 23-OCT-2018- 24-OCT-2018.

1. G.G.M Science College:----------(23-OCT-18)----------
2. Govt. M.A.M College:----------
3. Govt. College of Education:------ (23-OCT-18)----------
4. Govt. SPMR College of Commerce: ----------

Final (24-OCT-2018)

**KHO-KHO (WOMEN)**

1. Govt. SPMR College of Commerce:---(Bye)----- (24-OCT-18)----------
2. G.C.W Gandhi Nagar :----------
3. Govt. M.A.M College:---------- (23-OCT-18)----------
4. G.G.M Science College: ----Bye (23-OCT-18)----------
5. Govt. College of Education:---------- Bye ----------

Final (24-OCT-2018)

*(NOTE: Tournament will be conducted as per AIU and KHO-KHO Federation of India rules)*

Dr. Mohd Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Manjit Singh



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# Office Of the Physical Director Govt. P.G.College for Women, Gandhi Nagar , Jammu

ELIGIBLITY PERFORMA

Name of the Tournament: Kho-kho

Manager: Prof. Davinder kour

His/Her status : Professor

Name of the college: Govt.P.G. College for Women, Gandhi Nagar, Jammu.

Session: 2018-19

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Simran | Gopal Dass | Sushma Sharma | 23-10-1998 | Sem 5th 407 | | 2016 |
| 2 | Arti Katoch | Balbir Singh | Beena Devi | 12-02-1998 | Sem 5th 1242 | | 2016 |
| 3 | Samina Akthar | Sardar Ahmed | Saday Bibi | 07-12-1999 | Sem 5th 2939 | | 2016 |
| 4 | Shallu Devi | Darshan lal | Veena Devi | 13-05-1997 | Sem 5th 2139 | | 2016 |
| 5 | Krishma Jangral | Prem Chand | Radha Rani | 15-11-1998 | Sem 5th 1302 | | 2016 |
| 6 | Shivani Chib | Sardar Singh Chib | Raj Chib | 03-04-1999 | Sem 5th 1295 | | 2016 |
| 7 | Poonam Devi | Chamail Singh | Krishna Devi | 09-08-1998 | Sem 5th 511 | | 2016 |
| 8 | Neha Bhagat | Sobha Ram | Bimla Devi | 01-08-1998 | Sem 5th 1272 | | 2016 |
| 9 | Ashie Kumari | Tarseem Lal | Rajni Devi | 20-11-1997 | Sem 5th 2766 | | 2016 |
| 10 | Riya Saini | Jagdish Raj | Mohini Devi | !0-01-1999 | Sem 5th 401 | | 2016 |
| 11 | Shoba | Dharam Paul | Lalita Devi | 15-03-1999 | Sem 5th2356 | | 2016 |
| 12 | Deepshikha | Deepak Kumar Shan | Saki Devi | 24-03-1998 | Sem 5th 2457 | | 2016 |
| 13 | | | | | | | |

PHYSICAL DIRECTOR

Physical Director
Govt. College for Women
Gandhi Nagar.

PRINCIPAL

Principal
Govt. College for Women
Gandhi Nagar.

**FENCING (MEN/WOMEN)**

**Venue: Govt. College of Education.**
**Time: 10:00 AM.**
**Date: 25-OCT-2018.**

1. G.G.M Science College.
2. Govt. M.A.M College.
3. Govt. College of Education.
4. Govt. SPMR College of Commerce.
5. G.C.W Gandhi Nagar, Jammu.

*(NOTE: Tournament will be conducted as per AIU and Fencing Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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## 5. WRESTLING (MEN/WOMEN)

**Venue: G.G.M Science College, Jammu.**
**Time: 10:00 AM.**
**Date: 26-OCT-2018- 27-OCT-2018.**

**Weight Category (Men)**

1. 57 kgs.
2. 61 kgs.
3. 65 kgs.
4. 70 kgs.
5. 74 kgs.
6. 86 kgs.
7. 97 kgs.
8. 125 kgs.

**Weight Category (Women)**

1. 48 kgs.
2. 53 kgs.
3. 55 kgs.
4. 58 kgs.
5. 60 kgs.
6. 63 kgs.
7. 69 kgs.
8. 75 kgs.

*(NOTE: Tournament will be conducted as per AIU and Wrestling Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaj Malik.
Mr. Mahesh Sharma.
Dr. Hardeep Singh



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Office of the Principal Manager Govt. P.G.College for Women, Gandhi Nagar, Jammu

JAMMU

ELIGIBILITY PERFORMA

Name of the Tournament: Wrestling (Women)

Manager: Dr. Vinod Bahuta.

His/Her status: Physical Director

Name of the college: Govt.P.G. College for Women. GANDHI NAGAR ,JAMMU.

Session: 2018-19.

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Shallu Devi | Darshan Lal | Veena Devi | 18 MAY 1997 | BA 5th 2136 | | 2016 |
| 2 | Reetika Pandoh | Ajaku Pandoh | Pooja Pandoh | 14 JUN 1998 | 5th BA 1924 | | 2016 |
| 3 | Mahak | Vinod Kumar | Kanchan Sharma | 5 JUN 1998 | BA 5th Sem 1913 | | 2016 |
| 4 | Babita Kumari | Umesh Kumar | Manju Kumari | 21 JUN 1998 | 5th BA 1921 | | 2016 |
| 5 | Shoba Sharma | Dharam Paul | Lalita Devi | 15 MARCH 1999 | 5th BA 2356 | | 2016 |
| 6 | Vanka Chib | Joginder Singh | Sarita Ch.b | 22 SEP 1998 | BA 5th 1921 | | 2016 |
| 7 | Neha Devi | Kishan Singh | Anita | 8 DEC 1998 | BA 5th 1926 | | 2016 |
| 8 | | | | | | | |
| 9 | | | | | | | |
| 10 | | | | | | | |
| 11 | | | | | | | |
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| 13 | | | | | | | |

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PHYSICAL DIRECTOR

PRINCIPAL

6. YOGA (MEN/WOMEN)

**Venue: Govt. College of Education.**
**Time: 10:00 AM.**
**Date: 30-OCT-2018.**

1. G.G.M Science College.
2. Govt. M.A.M College.
3. Govt. College of Education.
4. Govt. SPMR College of Commerce.
5. G.C.W Gandhi Nagar, Jammu.

*(NOTE: Tournament will be conducted as per AIU and Yoga Federation of India rules)*

Dr Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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7. **Basket Ball (MEN)**

**Venue: M.A STADIUM, JAMMU**
**Time: 10:00 AM.**
**Date: 30-OCT-2018 to 31-OCT-2018.**

1. G.G.M Science College:----------(30-OCT-18)----------
2. Govt. M.A.M College:----------
3. Govt. College of Education:------ (30-OCT-18)----------
4. Govt. SPMR College of Commerce: ----------

**Final (31-OCT-2018)**

**Basket Ball (WOMEN)**

1. G.G.M Science College :---(Bye)----- (31-OCT-18)----------
2. Govt. SPMR College of Commerce :----------
3. Govt. M.A.M College:--------- (30-OCT-18)----------
4. G.C.W Gandhi Nagar: ----Bye (30-OCT-18)----------
5. Govt. College of Education:---------- Bye ----------

**Final (31-OCT-2018)**

*(NOTE: Tournament will be conducted as per AIU and BASKET BALL Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaj Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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# Office Of the Physical Director G.C.W Gandhi Nagar , Jammu

ELIGIBLITY PERFORMA

Name of the Tournament: Basketball (women)

manager: Dr Vinod Bakshi

Name of the college: G.C.W GANDHI NAGAR ,JAMMU.

Session: 2018-19

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Kiran Kour | Rajinder Singh | Babli Devi | 14-04-2000 | Sem 3rd 1190 | | 2017 |
| 2 | Muskan Sharma | Naresh Sharma | Shatrupa Sharma | 13-12-1998 | Sem 3rd 1206 | | 2017 |
| 3 | Danish Koul | Vinay Koul | Reeta Koul | 28-04-1999 | Sem 3rd 1174 | | 2017 |
| 4 | Kavita | Rajender singh | Babi | 10-10-2002 | Sem 1st 2805 | | 2018 |
| 5 | Priya Bharti | Bishan Dass | Kamlesh Kumari | 14-08-1999 | Sem 1st 2510 | | 2016 |
| 6 | Simran Choudhary | Sohan Singh | Parveen Choudhary | 29-12-1999 | Sem 3rd 2399 | | 2017 |
| 7 | Rishika Choudhary | Shamsher Singh | Anita Devi | 30-03-2001 | Sem 1st 2035 | | 2018 |
| 8. | Mithali Sharma | Darshan Kumar | Anuradha Sharma | 07-12-2000 | Sem 1st 430 | | 2018 |
| | | | | | | | |
| | | | | | | | |

Principal

Principal
Govt. College for Women
Gandhi Nagar, Jammu.

Physical Director

Physical Director
Govt. College for Women
Gandhi Nagar,

8. Badminton (MEN)

Venue: M.A.M COLLEGE, JAMMU
Time: 10:00 AM.
Date: 02-NOV-2018 to 03-NOV-2018.

1. Govt. SPMR College of Commerce :----(02-NOV-18)------
2. Govt. College of Education:----------
3. G.G.M Science College:----- (02-NOV-18)----------
4. Govt. M.A.M College: ----------

Final (03-NOV-2018)

**Badminton (WOMEN)**

1.G.G.M Science College :---(Bye)----- (03-NOV-18)----------
2.Govt. SPMR College of Commerce :----------
3.Govt. M.A.M College:--------- (02-NOV-18)----------
4.Govt. College of Education: ----Bye (02-NOV-18)----------
5.G.C.W Gandhi Nagar:---------- Bye ----------

Final (03-NOV-2018)

*(NOTE: Tournament will be conducted as per AIU and BADMINTON Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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# Office Of the Physical Director Govt. P.G.College for Women, Gandhi Nagar , Jammu

**ELIGIBLITY PERFORMA**

Name of the Tournament: Badminton (W)

Manager: Amit Jamwal

His/Her status: Asstt. Phy. Director.

Name of the college: Govt.P.G. College for Women, GANDHI NAGAR ,JAMMU.

Session: 2018-2019.

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Aanushi | Rakesh chander | Kiran kumari | 24.09.1999 | B.Sc-III 789 | 17020040231 | 2017 |
| 2 | urmila Palwal | Dalip kumar | Rajni | 15.04.1999 | B.A-III 2256 | 17020070839 | 2017 |
| 3 | Sakshi Thakur | Hem-Raj | Kalishna Thakur | 18.07.1999 | BA-III 1726 | 17020070319 | 2017 |
| 4 | Mehakpreet kour | Ranjeet Singh | Rameeth kour | 19.07.1999 | B.Sc (Hons) III, 205 | 17020510004 | 2017 |
| 5 | | | | | | | |
| 6 | | | | | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |
| 9 | | | | | | | |
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| 11 | | | | | | | |
| 12 | | | | | | | |
| 13 | | | | | | | |

PHYSICAL DIRECTOR

Physical Director
Govt. College for Women
Gandhi Nagar.

PRINCIPAL

Principal
Govt. College for Women
Gandhi Nagar, Jammu

9. CHESS (MEN)

**Venue: Govt. College of Education.**
**Time: 10:00 AM.**
**Date: 10-NOV-2018 to 11-NOV-2018.**

1. G.G.M Science College :----(10-NOV-18)----------
2. Govt. College of Education:----------
3. Govt. M.A.M College:---------- (10-NOV-18)----------
4. Govt. SPMR College of Commerce: ----------

**Final (11-NOV-2018)**

**CHESS (WOMEN)**

1. G.G.M Science College :---(Bye)----- (11-NOV-18)----------
2. Govt. SPMR College of Commerce :----------
3. Govt. College of Education:-------(10-NOV-18)---------
4. G.C.W Gandhi Nagar: ----Bye (10-NOV-18)----------
5. Govt. M.A.M College:---------- Bye ----------

**Final (11-NOV-2018)**

*(NOTE: Tournament will be conducted as per AIU and CHESS Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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# Office Of the Physical Director G.C.W Gandhi Nagar , Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: CHESS (WOMEN)

Game Incharge: Amit Jamwal (Asst Phy. Director

His/Her status: Asstant Physical Director

session: 2018-19

Name of the college: G.C.W GANDHI NAGAR ,JAMMU.

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1. | Anjali Sharma | Anil Kumar | Ritu Batkulia | 03.09.2000 | (Sem III) Bcom #1231 | 1231 | 2017 |
| 2. | Pariksha Sharma | Manoj Sharma | Daisysari Sharma | 16.08.2000 | Sem III #2168 | 2168 | 2017 |
| | | | | | | | |
| 3. | NIMARIKA | CHANDER MOHAN GUPTA | KAMLA GUPTA | 23-06-2000 | B.Sc III | | 2017 |
| | | | | | | | |
| 4. | Bhava BANGRUWA | JAI HIND | SAMITRA | 01-07-1999 | B.A III | | 2017 |
| | | | | | | | |

PHYSICAL DIRECTOR

PRINCIPAL

10. **TABLE TENNIS (MEN)**

**Venue: M.A.M COLLEGE, JAMMU**
**Time: 10:00 AM.**
**Date: 30-JAN-2019 to 31-JAN-2019.**

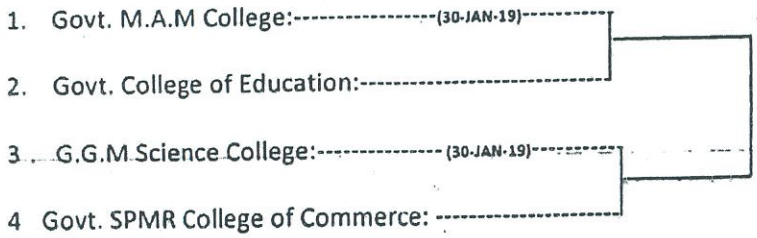
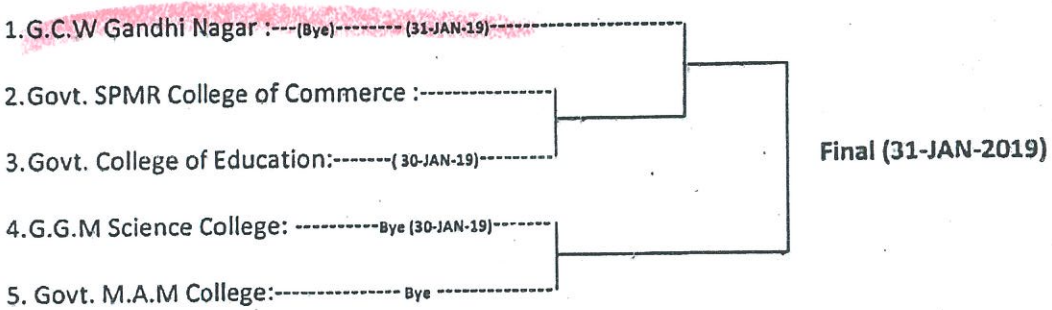



**TABLE TENNIS (WOMEN)**




*(NOTE: Tournament will be conducted as per AIU and TABLE TENNIS Federation of India rules)*

The Table –Tennis matches for (Men & Women) as per below given orders of matches.

| | | | |
|---|---|---|---|
| 1st Single | 1. AV/SX | 2nd Single | 2. BC/SY |
| | 3. CV/SZ | | 4. AV/SY |
| | 5. BC/SX | | |

The Result of the match however, can be declared when either of the team wins three matches.
The number of the players representing team shall not be less than three & more than five players. The latest rule laid by AIU will be adopted.

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh



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# Office Of the Physical Director G.C.W Gandhi Nagar , jammu

ELIGIBLITY PERFORMA

Name of the Tournament: Inter - college Table tennis  Game Incharge: _____

His/Her status: _____  session: 2018-19

Name of the college: G.C.W GANDHI NAGAR ,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Sakshi Dabgotra | Parveen Kumar | Veena Devi | 13-06-1999 | 1342/B.com Sem III | | 2017-18 |
| 2 | Ujjawal Khajuria | Naresh Khajuria | Anjali Khajuria | 24-2-98 | B.A 2611/Sem 4 | | 2015-18 |
| 3 | Muskan Kour | S.Vipan Singh | Rashpal Kour | 05-03-2000 | BA 2610/Sem IV | | 2016-17 |
| 4 | Kanika Sharma | TirathRam Sharma | Ruby Sharma | 10-04-2000 | B.A 9614/Sem 4 | | 2016-17 |
| 5 | Zulikha Firdous | Mohd. Jawad | Sakina Banoo | 10-08-1998 | B.Sc 10/Sem II | | 2016-17 |
| 6 | Nelofar Fatima | M. Kacho Mohmad Aki | Khatija Begum | 15-04-2000 | B.Sc 330/Sem II | | 2016-17. |
| 7 | | | | | | | |
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PHYSICAL DIRECTOR

Principal
Govt PRINCIPAL Women
Gandhi Nagar Jammu

11/2/19

**11. Volley Ball (MEN)**

**Venue: Govt. SPMR College of Commerce.**
**Time: 10:00 AM.**
**Date: 05-FEB-2019 to 06-FEB-2019.**

1. Govt. SPMR College of Commerce :----(05-FEB-19)---------
2. Govt. College of Education:----------
3. G.G.M Science College:---------- (05-FEB-19)----------
4. Govt. M.A.M College: ----------

**Final (06-FEB-2019)**

**Volley Ball (WOMEN)**

1.G.G.M Science College :---(Bye)----- (06-FEB-19)----------
2.Govt. M.A.M College:----------
3.Govt. College of Education:-------( 05-FEB-19)----------
4.Govt. SPMR College of Commerce : --Bye (05-FEB-19)----
5. G.C.W Gandhi Nagar :---------- Bye ----------

**Final (06-FEB-2019)**

*(NOTE: Tournament will be conducted as per AIU and VOLLEY BALL Federation of India rules)*

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Manbeer Singh



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# Office Of the Physical Director Govt. P.G.College for Women, Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: VOLLEY BALL

Manager: Prof. Dr. Vinod Bakshi

His/Her status: Physical Director

Name of the college: Govt.P.G. College for Women, GANDHI NAGAR JAMMU.

Session: 2018 – 2019.

Prof. Incharge: Prof. Sunil Dutt.

| S.NO | NAME OF THE PLAYER | FATHER'S NAME | MOTHER'S NAME | DATE OF BIRTH | CLASS& ROLL NO. | REG. NO. | YEAR OF PASSING 12th |
|---|---|---|---|---|---|---|---|
| 1 | Reya Jamwal | Jamez Singh | Anju Jamwal | 19-08-1998 | B.Sc 53 | 1105WDCGN16 | 2015-16 |
| 2 | Hridika Sharma | Yash Paul Sharma | Neelam Sharma | 14-09-1998 | B.Sc 628 | 1750WDCGN16 | 2015-16 |
| 3 | Manshi | Suvrn Singh | Anju devi | 31-08-1998 | B.Sc 596 | 1773WDCGN16 | 2015-16 |
| 4 | Eva Singh | Sukhdev Singh | Jyoti Charak | 30-04-1998 | B.Sc 699 | 1836WDCGN16 | 2015-16 |
| 5 | Neha Bhagat | Sabha Ram | Bimla Devi | 01-08-1998 | B.Com 1272 | 2274WDCGN16 | 2015-16 |
| 6 | Mehak Jamwal | Suvrn Singh | Aruna Devi | 05-03-1999 | B.A 1683 | 2423WDCGN16 | 2015-16 |
| 7 | Nandana Sharma | Satpal | Sunita Sharma | 04-07-1996 | B.A 2260 | 2399WDCGN16 | 2014-15 |
| 8 | | | | | | | |
| 9 | | | | | | | |
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| 11 | | | | | | | |
| 12 | | | | | | | |
| 13 | | | | | | | |

PHYSICAL DIRECTOR

PRINCIPAL

## 12. JUDO (MEN/WOMEN)

**Venue: Govt. College of Education.**
**Time: 10:00 AM.**
**Date: 08-FEB-2019 to 09-FEB-2019.**

### Weight Categories (Judo Men)

1. Up to & including 56 kgs.
2. Above 56 kgs upto including 60 kgs.
3. Above 60 kgs upto including 66 kgs.
4. Above 66 kgs upto including 73 kgs.
5. Above 73 kgs upto including 81 kgs.
6. Above 81 kgs upto including 90 kgs.
7. Above 90 kgs upto including 100 kgs.
8. Open Weight Category.

### Weight Categories (Judo WOMEN)

1. Up to & including 44 kgs.
2. Above 44 kgs upto including 48 kgs.
3. Above 48 kgs upto including 52 kgs.
4. Above 52 kgs upto including 57 kgs.
5. Above 57 kgs upto including 63 kgs.
6. Above 63 kgs upto including 70 kgs.
7. Above 70 kgs upto including 78 kgs.
8. Open Weight Category.

Note :- All the competitions will be conducted as per approved by the AIU New Delhi.
Contest Timing (Women) 4 minutes

Uniforms:- The players should be in proper kit.
OSAEKOMI TIME:-

| | | |
|---|---|---|
| 1. | IPPON | Total 30 Seconds |
| 2. | WAZARI | 25 seconds or more but less than 25 seconds |
| 3. | YUKO | 20 seconds or more but less than 20 seconds |
| 4. | KOKA | 10 seconds or more but less than 20 seconds |

As Osaekomi of less than 10 seconds will be conducted the same as attack.

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr.



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## 13. TAEKWONDO (MEN/WOMEN)

**Venue: Govt. College of Education.**
**Time: 10:00 AM.**
**Date: 11-FEB-2019.**

1. G.G.M Science College.
2. Govt. M.A.M College.
3. Govt. College of Education.
4. Govt. SPMR College of Commerce.
5. G.C.W Gandhi Nagar, Jammu.

*(NOTE: Tournament will be conducted as per AIU and Taekwondo Federation of India rules)*

Dr. Vinod Bakshi

Mr. Ajaz Malik.

Mr. Mahesh Sharma.

Dr. Mandeep Singh.



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## 15. CRICKET (MEN)

**Venue: G.G.M Science College, Jammu**
**Time: 10:00 AM.**
**Date: 12-FEB-2019 to 13-FEB-2019.**

1. G.G.M Science College. ----(12-Feb-2019)----------
2. Govt. SPMR College of Commerce.----------
3. Govt. College of Education.---(12-Feb-2019)---------
4. Govt. M.A.M College. ----------

**Final ( 13-Feb-2019)**

Rules:- i) The Inter-Collegiate T-20 (Men) Tournament will be organized as per rules adopted by the AIU. All the matches will be consisting of 20 overs.
ii) The 1st Match will start at 9.00 a.m. and 2nd Match will start 12.30 p.m. iii) In case of the super over comes into consideration.
iv) In case of Poor weather i.e. bad light, rain etc. condition the match will be decided on the basis of toss.
Note:- Colleges will provide their own balls of following quality, i) S.G. Club or above ii) S.G. ( Tournament).

Dr. Vinod Bakshi
Mr. Ajaz Malik.
Mr. Mahesh Sharma.
Dr. Mandeep Singh.



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16. ATHLETIC MEET:

(Note: Athletic meet tentatively in the month of March)

17. HANDBALL The date of
(NOTE:- HandBall shall be notified separately according to the date of Interuniversity)

Dr. Vinod Bakshi

Mr. Malik.

Mr. Mahesh Sharma.

Dr. Mandeep Singh.



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# OFFICE OF THE SPORTS COORDINATOR,
## CLUSTER UNIVERSITY OF JAMMU

**General instruction**

1. The competition team shall have to turn up half an hour before the start of match at the venue of competition/s.
2. One copy of typed complete Eligibility Performa of player duly filled and signed by the Physical Director/Incharge Sports and counter signed by Principal of the concerned colleges.
3. Decision of the Referee will be final and binding to all the teams, if there is any doubt regarding the decision of Umpire/ Referee the concerned Team Manager have to deposit protest fee of RS.1000/- alongwith the written protest after completion of the match.
4. The Organizing Committee reserve the right to change the Venue, Timing and Duration of the game, if required.
5. In Knock-out Tournament/s if the Tie occurs, the match shall be decided through the Tie-Breaker (Penalty stroke/ penalty shot/Super Over) especially in Hockey, football and Cricket.
6. Rules of the AIU and the concerned National Federation shall be applicable in the Inter-Collegiate Competitions.
7. No teams shall be allowed to take part in the Inter-Collegiate competition/s without complete Eligibility Performa , Sports kit/Uniform and Player without ID card.

**Eligibility for the year2018-19**

| | **Date Of birth** | **Year of passing Hr Sec.Examination** |
|---|---|---|
| 1. P.G Dept. | On or After 01-07-1994 | 2012 |
| 2. Colleges | On or After 01-07-1994 | 2015 |

**Dr. Vinod Bakshi**
**Sports Coordinator**
**Cluster University of jammu.**

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# OFFICE OF THE SPORTS COORDINATOR
# CLUSTER UNIVERSITY OF JAMMU

**LIST OF THE PLAYERS OF GCW GANDHI NAGAR JAMMU COLLEGE WHO REPRESENTED CLUSTER UNIVERSITY OF JAMMU IN ALL INDIA/NORTH ZONE INTER-UNIVESRITY COMPETITIONS DURING THE SESSION 2018-2019.**

**Name of the Tournament:- Kabaddi (Women)**

**Name of the Host University: MDU, Rohtak**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Taniya Choudhary | Kewal Krishan | KIRAN CHOUDHARY | GCW, Gandhi Nagar | BA sem III, 2183 |
| 2 | Harsha Chib | Gulab Singh | Reena Devi | GCW, Gandhi Nagar | BA Sem I, 1804 |
| 3 | Mannu Sharma | Gopal Sharma | Babli Sharma | GCW, Gandhi Nagar | BA, III-2393 |
| 4 | Isha Kumari | Sham lal | Bishno Devi | GCW, Gandhi Nagar | BA Sem I-2731 |
| 5 | Meenakshi Sharma | Darshan lal | Sushma Devi | GCW, Gandhi Nagar | BA I-2152 |
| 6 | Asiya Parveen | Manzoor Hussain | Sakina Bi | GCW, Gandhi Nagar | BA-2767 |
| 7 | Saleema Akhter | Altaf Din | Begum Johan | GCW, Gandhi Nagar | BA Sem III-1781 |

**Name of the Tournament:- Basketball (Women)**

**Name of the Host University: Amity University, Gurgaon HR**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Kiran Kour | Rajinder Singh | BABLI DEVI | GCW, Gandhi Nagar | Sem III-1190 |
| 2 | Muskan Sharma | Naresh Sharma | Shat Rupa Sharma | GCW, Gandhi Nagar | Sem III-1206 |
| 3 | Danish koul | Vinay Koul | Reeta Koul | GCW, Gandhi Nagar | Sem III-1174 |
| 4 | Priya Bharati | Bishan Dass | Kamlesh | GCW, Gandhi Nagar | Sem I-2510 |
| 5 | Mitali Sharma | Darshan Kumar | Anu Radha | GCW, Gandhi Nagar | Sem I-430 |

Name of the Tournament:- Kho-Kho (Women)

Name of the Host University: RMLA Univ. Faizabad

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Neeru Rani | Mohinder Lal | SANTOSH KUMARI | GCW, Gandhi Nagar | BA Sem-III 1840 |
| 2 | Kajal Sharma | Lal Chand | Sunay Lata | GCW, Gandhi Nagar | BA Sem III-2464 |
| 3 | Komal Singh | Rajdev Singh | Neetu Rani | GCW, Gandhi Nagar | BA Sem I-1924 |
| 4 | Tannu Sharma | Dhushan Kumar | Sushma Sharma | GCW, Gandhi Nagar | BA Sem I-1775 |
| 5 | Tasmeen Akhtar | Rashid Ahmed | Shamshad Bibi | GCW, Gandhi Nagar | BA III-2250 |
| 6 | Anjali Satnami | Dhanajay Satnami | Ravti Satnami | GCW, Gandhi Nagar | BA Sem –III 1895 |

Name of the Tournament:- Volleyball (Women)
Name of the Host University: RMLA Univ. Faizabad

| S. No | Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Rifat Choudary | Gulam Rasoon | NOORA BEGUM | GCW, Gandhi Nagar | BA Sem III-1548 |
| 2 | Meena Devi | Avtar Singh | Manjeet Kumari | GCW, Gandhi Nagar | BA Sem I-1952 |
| 3 | Manpreet Kour | Nishan Singh | Kulvinder Kour | GCW, Gandhi Nagar | BA Sem-I 1617 |
| 4 | Ishima Verma | Kuldeep Raj | Reva Devi | GCW, Gandhi Nagar | Sem I-608 |
| 5 | Aarushi | Rakesh Chander Khajuria | Kiran Kumari | GCW, Gandhi Nagar | Sem III-789 |
| 6 | Sakshi Thakur | Hem Raj | Krishna Thakur | GCW, Gandhi Nagar | BA sem III-1726 |
| 7 | Priyanka Devi | Joginder Paul | Neelam Devi | GCW, Gandhi Nagar | BA sem III-1842 |
| 8 | Rajni Malhotra | Rakesh Kumar | Shashi Bala | GCW, Gandhi Nagar | SEm I-602 |
| 9 | Urmila Palwal | Dalip Kumar | Rajni | GCW, Gandhi Nagar | BA Sem III-2256 |
| 10 | Savita Bagal | Shiv Puran Singh | Nishi Kumari | GCW, Gandhi Nagar | B.Sc Sem III-931 |

Name f the Tournament:- **Fencing (Women)**
Name of the Host University: Guru Nanak Dev Uni.,

| S. No | Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Mansi Sharma | Ravi Kumar | ANITA SHARMA | GCW, Gandhi Nagar | Sem III- 1976 |
| 2 | Jaspreet Kour | Janak Raj | Reetu Devi | GCW, Gandhi Nagar | Sem III—2092 |
| 3 | Riya Bakshi | Jagbushan Bakshi | Kiran Bakshi | GCW, Gandhi Nagar | Sem I-2009 |
| 4 | Sonali Choudhary | Balbir Singh | Sudesh Kumari | GCW, Gandhi Nagar | Sem I-2326 |
| 5 | Rishika Khajuria | Ashok Kumar Khajuria | Sneh Lata | GCW, Gandhi Nagar | Sem -2706 |
| 6 | Neetika Khajuria | Jagdish Raj Gupta | Anit Gupta | GCW, Gandhi Nagar | Sem III-1058 |

Name f the Tournament:- **Chess (Women)**
Name of the Host University: Amity University

| S.No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Niharika | Chander Mohan Gupta | KAMLA GUPTA | GCW, Gandhi Nagar | Sem III |
| 2 | Bhavna Bangruwa | Jai Hind | Samitra | GCW, Gandhi Nagar | Sem III |

Name f the Tournament:- **Badminton (Women)**
Name of the Host University: Amity University

| S.No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Aarushi | Rakesh Chander | KIRAN KUMAR | GCW, Gandhi Nagar | Sem III-789 |
| 2 | Urmila Palwal | Dalip Kumar | Rajni | GCW, Gandhi Nagar | Sem III-2256 |

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

Coordinator (Sports)
University of Jammu
Jammu

# Office of the Principal Govt. P.G. College for Women Gandhi Nagar, Jammu

## ORDER
## 22-03-2019

The following Staff members are hereby deputed for Subject Tour in Geography to MansarLake along with 214 students of Semester-II &IV to study physical and cultural landscape and conduct Instrumental Survey of the nearby area on 23-03-2019.

1. Prof. Kamlesh Salathia — Tour Party Incharge
2. Prof.Geetika Goswami
3. Dr.Tajinder Kour
4. Ms Babita Rajput
5. Ms Kavita
6. Ms Renu
7. Mr. Irshad Ahmed

Principal
Govt. College for Women
Gandhi Nagar, Jammu

# DEPARTMENT OF GEOGRAPHY

# GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## TOUR REPORT 2018-19

## MANSAR LAKE

On 23-03-2019 department of geography organized one-day educational trip for the students of 2nd and 4th semester to Mansar. The objective of the trip was to conduct a physical survey of the area amidst the Shivalik ranges, known for its picturesque lake with rich biodiversity and as a popular picnic spot. This tour report outlines the details of our journey and the experiences we had during our visit. The tour party comprising 214 students and7 staff members departed from college premises at 9.00 a.m in four comfortable buses. The journey to Mansar took approximately one and half hours and we enjoyed scenic views of the surrounding landscapes during the drive.

We reached Mansar around 10.30 a.m. The weather was pleasant, and we were greeted by the captivating beauty of the Shivalik ranges. We were excited to begin our survey and explore the unique features of this region. Splitting into smaller groups,students started conducting physical survey of the area. They observed the diverse flora and fauna present in the vicinity of the lake. The lake itself was a magnificent sight, reflecting the surrounding hills and creating a tranquil ambiance. Students were very keen to learn and noted down relevant information about the ecosystem, such as the types of trees, birds, aquatic life present,geological history of the lake,the surrounding hills etc. They also interacted with the local community residing near Mansar.After taking a round of the lake,we all gathered near guest house for delicious lunch which everyone had carried from home.In the evening with a sense of fulfillment, we boarded the bus for our return journey to the college.By 5.30 p.m party reached college premises from where we all dispersed for our homes with memorable experien

H O D. Geography
Govt. College for Women
Gandhi Nagar Jammu

# DEPARTMENT OF GEOGRAPHY

# GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## TOUR OUTCOME

The one-day trip to Mansar was an unforgettable experience for all the college students. They had the opportunity to conduct a physical survey of a place amidst the enchanting Shivalik ranges, which is renowned for its biodiverse lake and serves as a popular picnic spot. The trip allowed them to appreciate the beauty of nature, understand the significance of ecological preservation,visualize the uniqe landscape with evergreen coniferous natural vegetation and learned many things from the local community.Students returned with valuable insights, cherished memories, and a renewed commitment to protecting our environment.

Visiting a place in itself is a learning experience for anybody.Students of semester 2nd and 4th got an opportunity to have a person experience about the place of geographical significance and natural beauty too.It also enhanced their self confidence and self learning. While working together in groups ,students came to know each other and developed cooperative spirit.Afterwards, each student prepared a report of the study trip of Mansar supplemented with pictures .

**HOD**

**GEOGRAPHY**

H.O.D. Geography
Govt. College for Women
Gandhi Nagar Jammu

# DEPARTMENT OF GEOGRAPHY

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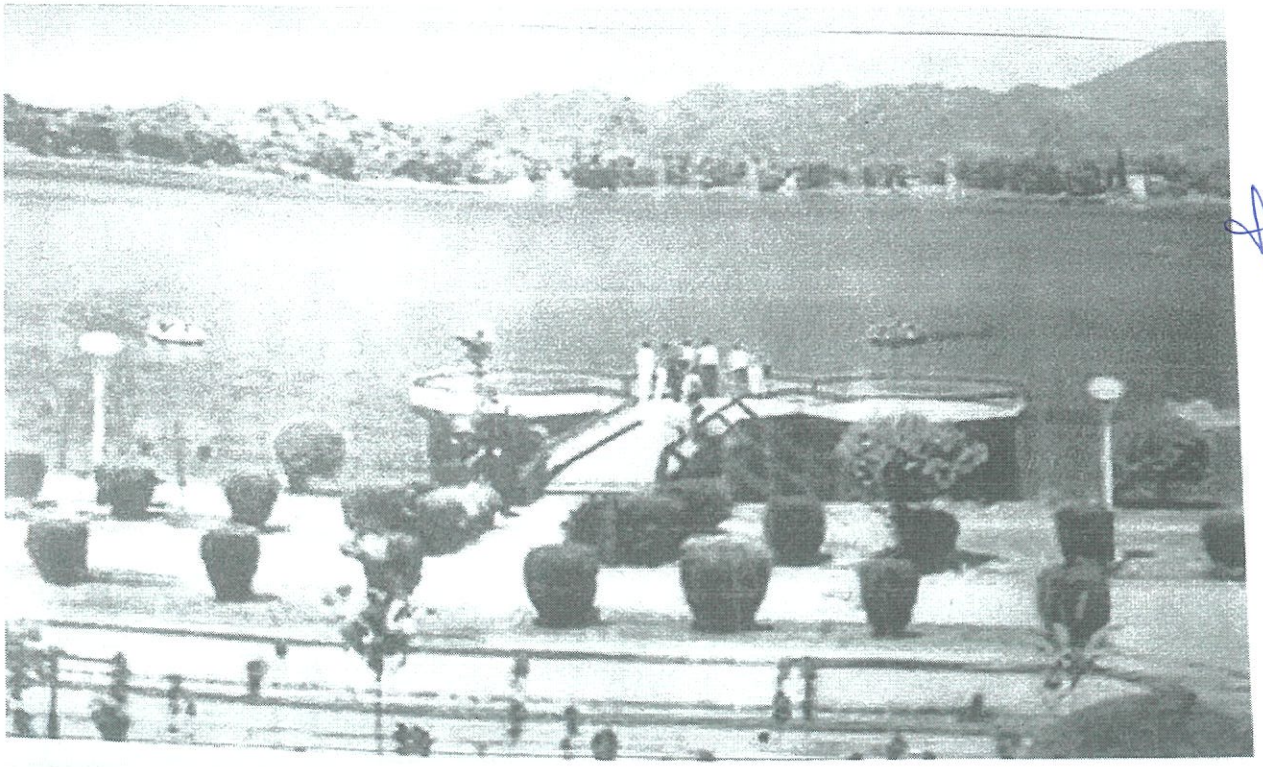
## GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU



WILD LIFE SANTUARY AT MANSAR



VIEW OF LAKE MANSAR

# Govt. College for Women Gandhi Nagar Jammu

## Activity Report

### Botanical trip to Krimchi (3rd Nov.2018)

The Department of Botany conducted a Botanical trip for the Students to Krimchi, Udhampur for collection of plant material. A total of 117 students along with Dr. Suman Bala, Head Department of Botany and faculty –Prof. Indeevar Chanyal, Prof. Harmeet Kour, Prof. Mala Bhasin, Dr. Harjeet Kour Sodhi and Dr. Rosy Bamba visited the spot.





# Report on Industrial Visit



**Activity** : In line with the ongoing Gandhi Jayanti Pakhwara, 2018, the COMMERCE DEPARTMENT of Bot. P.G. College for women G. ngr. Jammu organised a trip for the students to Gandhi Seva Sadan Centre, Hiranagar on 19th Sep. 2018

**Objective** The main objective of the visit was to create an entrepreneurial desire among the students so that they can think on lines of Wardha Scheme of education and acquire some earning skills.

**Group strength** A group of 36 girls of B.Com Sem V, 2018, were taken for the visit. Along with them were the faculty members of Commerce dept.

**Time** The visit was organised on 19th Sep 2018. The college bus carrying the group left the premises at 11.30 a.m.

**About the Apiculture Centre** : The Gandhi Seva Sadan Centre, Hiranagar which runs apiculture farming was set up in . Currently Mr. Deepak is working as manager of the centre with another two helpers. Mr. Baisakhiram, a retired army person, also helps the centre working occasionally on voluntary basis.

**Activity details** Mr. Deepak took the girls around the centre showed the Bee Cabins and explained the working of the farm to the fullest satisfaction of the students. The curious girls raised many questions which were logically answered by the centre manager. He told that in the flowering season, 8-10 kg of honey

is easily collected within a week's time. Also, he explained the strange ways of nature – how the Rani Makhi runs the community how the male partner helps – how the Samik Makhis go for collection. The students and the staff as well were simply mesmerised on the strange management of nature.

Mr. Deepak also shared the story of a Meerut Girl, Jyoti, an M.B.A., who left a corporate sector job and started her career in apiculture. He told the girls how Ms. Jyoti has become a success story in the start-up community.

Return Journey: On way back the college bus developed some mechanical defect near Vijaypur. The girls were then shifted to a long route bus of Pepsu transport coming from Punjab. The group reached college back by 4.00 p.m.

Conclusion: The visit created a desire to set up their entrepreneurial venture among the girls. They were quite excited and demanded that more such opportunities may be given to them which gives them the on ground reality picture. The faculty has decided to request madam principal to permit them to show the success story of Ms. Jyoti of Haryana and ~~[illegible]~~ such others in the college auditorium to create enthusiasm for entrepreneurship among the students.

Thanks You.

Assistant Professor
Govt. College of Commerce
Gandhi Nagar, Jammu

Gandhi

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■ STATE TIMES NEWS

JAMMU: Chamber of Commerce and Industries (JCCI) Jammu on Friday organised a farewell-cum-felicitation function to thank Arun Manhas, for his great services to the people of Jammu who has been transferred recently to Samba District.

On the occasion, S D Singh Jamwal, IGP Jammu was Chief Guest. Others present were Ramesh Kumar, Deputy Commissioner Jammu and Rakesh Gupta President JCCI along with his team and prominent businessmen.

Chamber President thanked Arun Manhas for the swift action under the directions of DC Samba Sushma Chouhan to make the site of proposed AIIMS encumbrance free.

Arun Manhas expressed thank for the cooperation of JCCI and also of the people of Jammu.

The other office bearers present in the meeting included Rajeev Gupta, Junior Vice President and Ashu Gupta, Treasurer.

# GCW G'Nagar organises trip to Gandhi Seva Sadan

■ STATE TIMES NEWS

JAMMU: In pursuance of the ongoing Gandhi Jayanti Pakhwara, the Commerce Department of PG College for Women, Gandhi Nagar, Jammu on Friday organised a trip for the students to Gandhi Seva Sadan, Hiranagar Centre with the objective to create an entrepreneurial desire among the students in line with Wardha Scheme of education.



*GCW Gandhi Nagar students posing with faculty members.*

A group of 36 girls of B-Com Sem-5, 2018 along with faculty members of Commerce Department attended an informative tour, coordinated by Deepak, the manager and other staff members of Gandhi Seva Sadan, Hiranagar which pioneers in the field of Apiculture farming and allied activities.

The students were taken around the centre to display the bee cabins and explained in detail the logistics of apiculture followed by professional handling of the students' queries.

The event concluded with the narration of success story of Jyoti of Haryana which ignited the entrepreneurial spark among the participants.

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Govt. College ... Gandhi Nagar ... Jammu

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## Press Release

**Commerce Department GCW Gandhi Nagar**

12 Oct 2018 ·

In persuance of the ongoing Gandhi Jayanti Pakhwara the Commerce department of Govt. P. G. College for Women, Gandhinagar, Jammu organised a trip for the students to Gandhi Sewa Sadan Hiranagar centre on 19th September, 2018 with the objective to create an entreprenurial desire among the students in line with Wartha scheme of education.

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#commercedepartment #commerce #gcwgandhinagar #celebration #gandhijayanti #trip #jammu



## Outcome of the Activity

Students were deeply moved by the impactful work being carried out by the Gandhi Sewa Sadan in the spirit of Mahatma Gandhi's principles. The serene atmosphere and the dedication of the staff created an environment of compassion, service, and harmony on the students. Students were greeted with warm smiles and a sense of hospitality that instantly made them feel at home. Student's witnessed the various activities and initiatives undertaken by Gandhi Sewa Sadan. Their primary focus on education, healthcare, and community development was evident in the programs they offered. The skill centre provided underprivileged children with access to quality educational skill, production of Honey, Namdhas, empowering them to break free from the cycle of poverty. Their commitment to social harmony and unity truly inspired the students. Leaving Gandhi Sewa Sadan, students felt a renewed sense of purpose and a deeper understanding of the importance of compassion and service in our society. The Gandhi Sewa Sadan's commitment to improving the lives of the marginalized and promoting peace and harmony serves as a beacon of hope in a world that often seems overwhelmed by division and strife. A visit to Gandhi Sewa Sadan was a transformative experience.

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

## REPORT ON VISIT TO RESEARCH LABS AT SMVDU, KATRA

Department of Food Science and Technology, GCW Gandhi Nagar, Jammu organized a one day visit to the Research Labs at Shri Mata Vaishno Devi University, Katra on 15th October , 2018. The students were taken to several Research Labs including Biotechnology, Plant tissue culture, Bio informatics Lab and Microbiology Lab at SMVDU Katra. It was a huge exposure for the PG students. They were provided with demonstration of various equipments in the labs. The students were trained with the handling and working of various instruments present in the labs. They were given an in-depth knowledge regarding all the techniques used in the lab. The students were enriched with a lot of valuable information. A total of 19 students went for the visit. The visit was organized under the able guidance of HOD of the department, Dr. Anuradha Gandotra and under the supervision of Dr. Shalini Sharma.

HOD FOOD SCIENCE

HOD
Deptt. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

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**one day visit to research lab at SMVDU, Katra.**






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# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

## REPORT ON VISIT TO IIIM FOR DEMONSTRATION OF HPLC, GC-MS, NMR, SEM & QUALITY CONTROL LAB.

**A one day visit was organised by Food Science department to IIIM, Canal road, Jammu on 29th October 2018. Demonstration cum training on working of various laboratory equipments like HPLC, GC-MD, NMR and SEM utilised in isolation, identification and analysis of various flavour components were provided to the PG students. Students were provided training to enhance their lab working and analysis skills. Faculty member of the department, Dr. Monika Hans and Dr. Manzoor accompanied students during the visit.**

**HOD FOOD SCIENCE**

P.G. Dept. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

To,

The Principal,
Govt. PG College for Women,
Gandhi Nagar, Jammu.

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Sub:- Permission to visit CSIR-IIIM, Canal Road, Jammu in college bus

Respected Madam,

Kindly allow PG students of Food Science and Technology Department to visit CSIR-IIIM Jammu, so that the students can visit their labs and have a first hand knowledge and experience about various analytical instruments like HPLC, GC, Electron microscope, NMR, etc The students will also interact with the staff and scholars for ongoing research in their departments on 29th of Oct. 2018. Moreover, it is requested to your goodself to arrange college bus for the visit.

Thanking you

Yours faithfully,

Dr Anuradha Gandotra
Head Dept. of Food Sci & Tech
GCW, Gandhi Nagar

Staff members accompany

1. Dr. Manzoor Ahmad Sh
2. Dr Monika Manhas

25/10/2018

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To

The Principal,
Govt. PG. College for women,
Gandhi Nagar Jammu

Respected Madam

This is to state that as per letter no./WCG/2433 dated 24-10-2018 we have requested Dr Ajai Prakash Gupta, Senior Technical officer, Quality control and Quality assurance, IIIM, Jammu to conduct 2 lectures on HPLC and GC-MS for PG. students of food science and technology on 31st of oct 2018

Kindly sanction an amount of Rs 1000/- (One thousand only) for renumeration of the guest faculty..

Thanking You

Yours faithfully

Date
25/10/2018

Dr Anuradha Gandotra
(Head PG Dept of food Science)
GCW Gandhi Nagar
Jammu.

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

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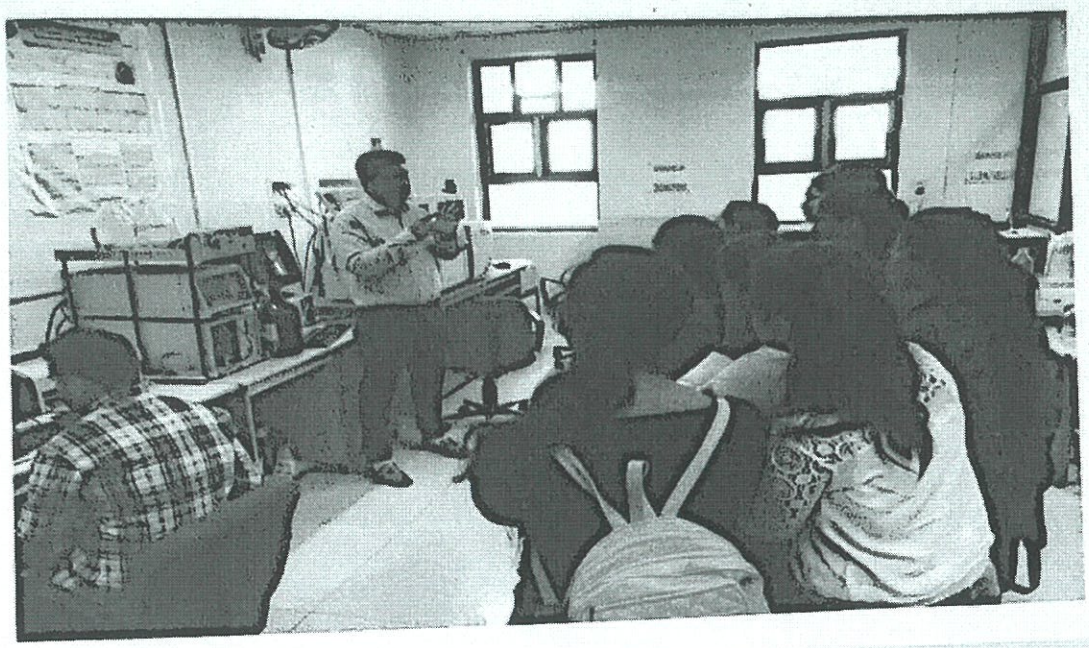
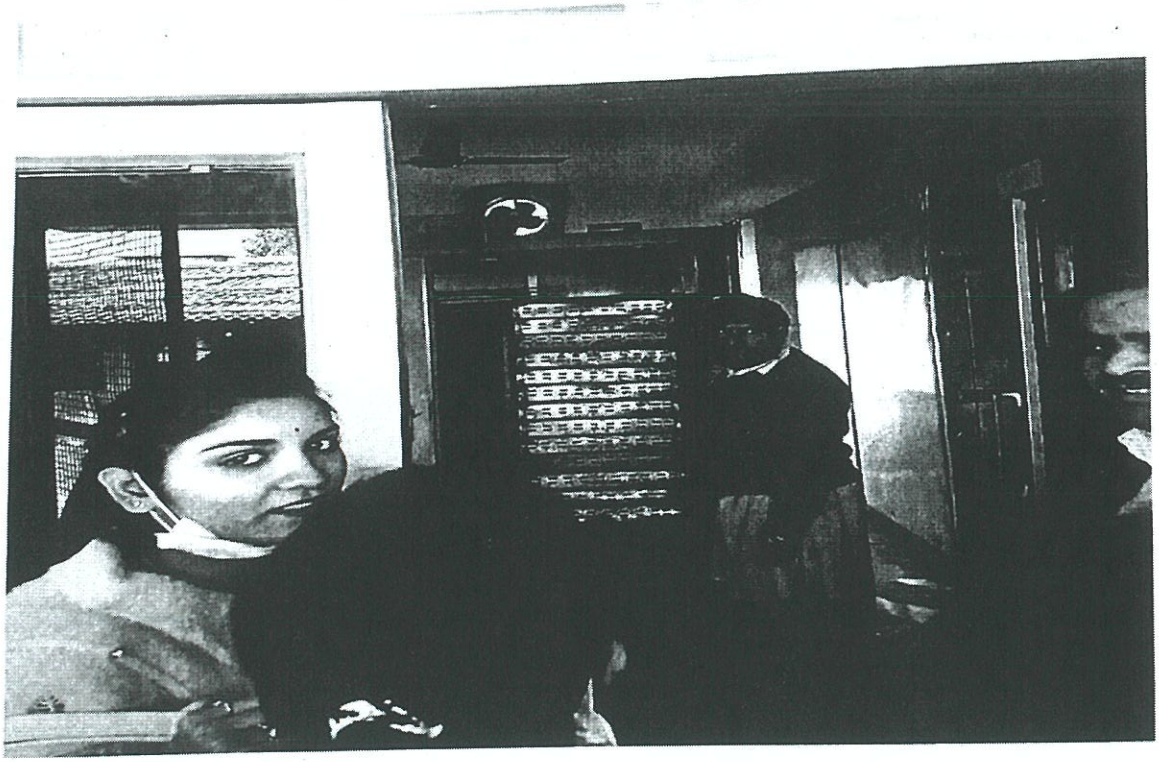
**visit to IIIM for demonstration of HPLC, GC-MS, NMR, SEM & Quality Control Lab.**





**one day visit to Govt. Poultry Farm Belicharana, Jammu for the demonstration on the Quality of Eggs and poultry handling methods** 1-12-2018



## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

## REPORT ON VISIT TO GOVERNMENT POULTRY FARMS

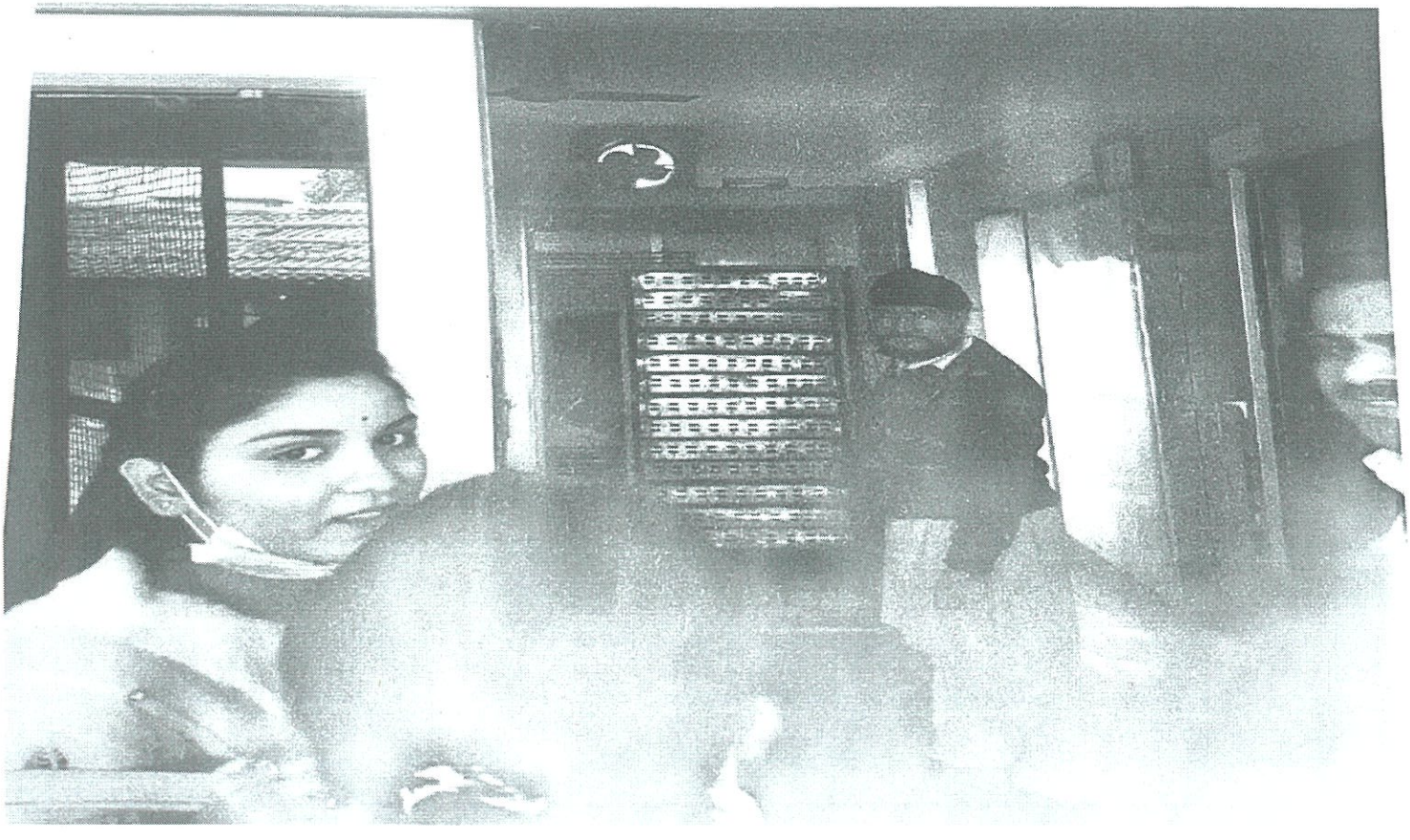
**Department of Food Science and Technology, GCW, Gandhinagar, Jammu organized a one day visit to Government Poultry Farm located in Belicharan, Jammu on 1st December, 2018. The students were taken to the farm for the demonstration on the Quality of Eggs and poultry handling methods.They were shown eggs depicting different quality parameters and also skilled and trained with the methods of handling poultry. Basic training for quality assessment of eggs and poultry was provided to the students. After the training the students were able to differentiate eggs on the basis of their quality. Students learned the proper guidelines to be adopted for handling of poultry. A total of 19 students went to the Government Poultry Farm. The visit was conducted under the guidance of Dr. Anuradha Gandotra, HOD of the department and under the supervision of Dr. Shalini Sharma, Dr. Monika Hans and Dr. Manzoor**

HOD FOOD SCIENCE
Govt. College for Women
Gandhi Nagar, Jammu

# DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

**one day visit to Govt. Poultry Farm Belicharana, Jammu for the demonstration on the Quality of Eggs and poultry handling methods**



# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

## REPORT ON VISIT TO KC FOODS

Department of Food Science and Technology, GCW Gandhinagar, Jammu organised a visit to KC Foods ( Bakery Industry) SIDCO Complex, Bari Brahma, Jammu on 16th March , 2019. A one day visit was conducted for the students of Bsc. Sem 4th, 6th and M.sc 2nd. The students were informed about the various guidelines to be followed in the industry and were also provided with head gears and shoe cover. The experts in the industry explained the students about different flavours of KC biscuit being developed in the industry. They displayed several products that were being manufactured. The functions of each part of the machinery involved in the manufacturing of bakery products were explained to the students. The visit allowed the students to learn about the technology used in the manufacturing of biscuits. The opportunity of being able to visit an industry also enhanced the practical knowledge of the students . A total of 45 students went to the industry. The visit was organised by Dr. Anuradha Gandotra, HOD of the department and was accompanied by Dr. Shalini Sharma and Dr. Monika Hans.

HOD FOOD SCIENCE

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Dept. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

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# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

## VISIT TO KC FOODS (BAKERY INDUSTRY) SIDCO COMPLEX, BARI BRAHMNA, JAMMU (16th March , 2019)







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# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: HUMAN DEVELOPMENT** **COURSECODE:1HSEPC0201**

**SESSION-2018-2019**

### FIELD VISIT REPORT

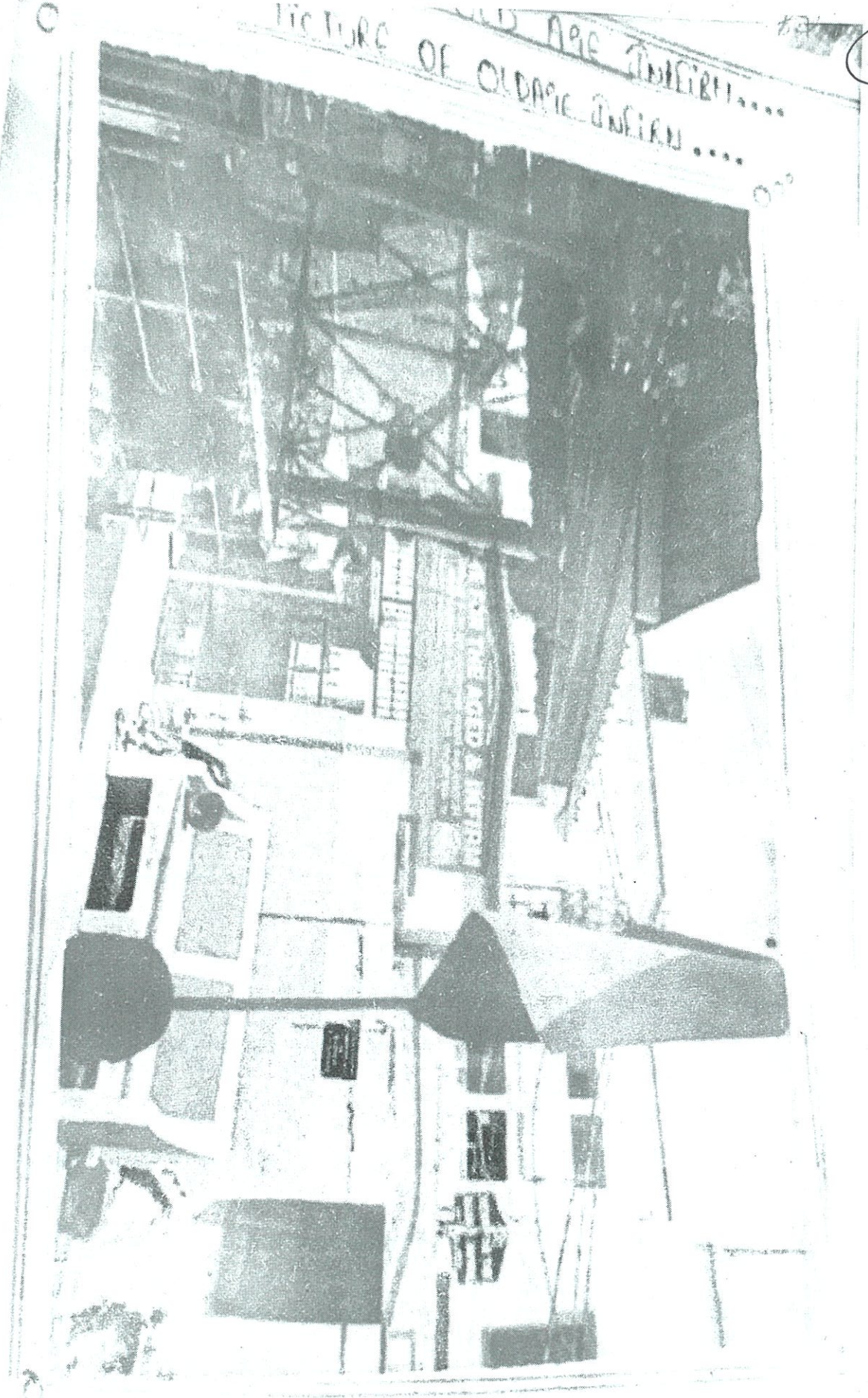
### Visit to Home for Aged and Infirm, Ambphalla, Jammu.

Home for Aged & Infirm Ambphalla is a well-established old age home in the Jammu region. The home has provided excellent services to poor, helpless, needy, aged and infirm members over the years. The home has two fledged multi-storied buildings and a premier centre of Jammu and Kashmir, with the capacity to accommodate about a hundred such persons needing someone to look after or take care. Home for Aged & Infirm Ambphalla provides quality and kind living for senior citizens.

The purpose of this report is to provide an overview of a visit to access the care and well being of senior citizen residing in an old age home. The Visit aimed to evaluate the quality of care provided, overall well being of the resident, and identify any area that requires improvement.

- **Physical Health-** Majority of the residents reported good overall physical health, with regular medical check-ups and medication management, being well implemented, however a significant number of residents faced mobility challenges, requiring additional support and accessibility improvements within the facility.
- **Mental Health-** The residents experienced symptoms of loneliness, depression and anxiety. There is a need to expand mental health support services and promote social engagement and address these concerns.
- **Social Interaction-** Residents expressed varying level of satisfaction with their social interaction within the senior citizen home, while some reported forming close friendship and others felt isolated and disconnected.

During the course of visit, the few areas that can be improved are expansion of mental health services to address loneliness, depression and anxiety among residents by conducting counseling sessions, support groups and volunteer programs to foster social connections.



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# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: PERSONAL FINANCE AND CONSUMER STUDIES**

**COURSECODE:1HSCPC0402** **SESSION-2018-2019**

### FIELD VISIT REPORT

### VISIT TO BANK TO STUDY TYPES OF SAVING & CREDITS

Students of Bsc semester 4th Department of Home Science visited different banks as part of their practicals. During the visit, the students actively participated in various activities that allowed them to engage with the banking environment. The following activities were undertaken:

5. **Orientation:** The visit began with an orientation session where the students were briefed about the objectives and expectations of the visit. They were also provided with an overview of the banking industry and its role in the economy.

6. **Bank Tours:** The students were divided into smaller groups and assigned to different banks. They toured the premises and observed the various departments, including the customer service area, cash counters, loan sections, and investment advisory units. This allowed them to gain an understanding of the physical infrastructure and layout of a bank.

7. **Interactions with Bank Officials:** The students had the opportunity to interact with bank officials, including branch managers, customer service representatives, and financial advisors. They engaged in discussions to clarify doubts, seek guidance, and learn about the day-to-day operations of banks.

8. **Demonstrations and Presentations:** The bank officials conducted demonstrations and presentations on various financial products and services offered by their respective banks. This included explanations of savings accounts, fixed deposits, loans, credit cards, and investment options. The students were able to understand the features, benefits, and procedures associated with these financial products.

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**Outcomes:**

The visit to the banks provided the students with several valuable outcomes, including:

**Practical Understanding:** The students gained practical insights into the functioning of banks and their role in the financial system. They developed a better understanding of how various banking operations and services are carried out.

**Knowledge of Financial Products:** Through interactions and presentations, the students learned about a wide range of financial products and their features. They acquired knowledge about different types of accounts, loans, and investment options available in banks.

**Money Management Skills:** The visit helped students enhance their money management skills by learning about budgeting, saving, and making informed financial decisions. They gained a deeper understanding of the importance of financial planning and responsible financial behavior.

**Application of Classroom Learning:** The practical exposure gained during the visit helped students bridge the gap between theory and practice. They could relate the concepts learned in the classroom to real-world scenarios, thereby strengthening their understanding of banking and financial management.

**HOD HOME SCIENCE**

H.O.D. Deptt. Home Science
Govt. College for Women
Gandhi Nagar, Jammu.

**TEACHER CONCERN**

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SBI
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INSURANCE

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

## 2018-2019

| Slno | Name of Camp & Place | Dates | Vacancies/ No. Of students | Level |
|---|---|---|---|---|
| 1 | ATC Nagrota | 21-30 July 2018 | 18 | State |
| 2 | EBSB Ahmedabad, Gujrat | 17-28th Sept. 2018 | 01 | National |
| 3 | Sailing Expedition Bilaspur | 14-23 Sept. 2018 | 07 | National |
| 4 | Pre NSC Mansar | 02-11 Oct 2018 | 07 | State |
| 5 | AINSC Karwar | 11-21 Oct 2018 | 02 | National |
| 6 | All India Yatching Regatta, Chilka | 11-18 Nov.2018 | 01 | National |
| 7 | Ajmer Trek | 15-22 Nov 2018 | 05 | National |
| 8 | RDC Delhi | 01-30 Jan 2019 | 03 | National |
| 9 | EBSB Gujarat | 09-20 Jan 2019 | 03 | National |
| 10 | CATC Nagrota | 30 Jan-08 Feb 2019 | 09 | State |
| 11 | CATC Nagrota | 18-27 March 2019 | 27 | State |

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# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 2.7.2018**

This is to inform that our college has received 18 vacancies for Annual Training Camp, Nagrota with effect from 21st to 30th July 2018 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 5th March 2018. The selction of final 18 cadets will be based on physical fitness and regularity of atendance.

SLT NEELIMA G
ANO

Slt Neelima G
ANO
GCW Gandhi Nagar
Jammu

(219)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Neha Sharma | JK17SW270052 |
| 2 | Dolma | JK16SW270029 |
| 3 | Kanika | JK16SW270024 |
| 4 | Zahida | JK16SW270023 |
| 5 | Komal | JK16SW270023 |
| 6 | Cheetra | JK17SW270051 |
| 7 | Anjali | JK17SW270037 |
| 8 | Shivani Devi | JK17SW270035 |
| 9 | Kajal | JK17SW270042 |
| 10 | Shivani | JK17SW270038 |
| 11 | Maanvi | JK17SW270049 |
| 12 | Sharmila | JK17SW270043 |
| 13 | Rajni | JK17SW270050 |
| 14 | Shazia Kouser | .JK16SW270015 |
| 15 | Diksha | JK17SW270045 |
| 16 | Neha Attri | JK17SW270041 |
| 17 | Tishu | JK17SW270039 |
| 18 | Jeevan | JKSW/15/85023 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

220

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

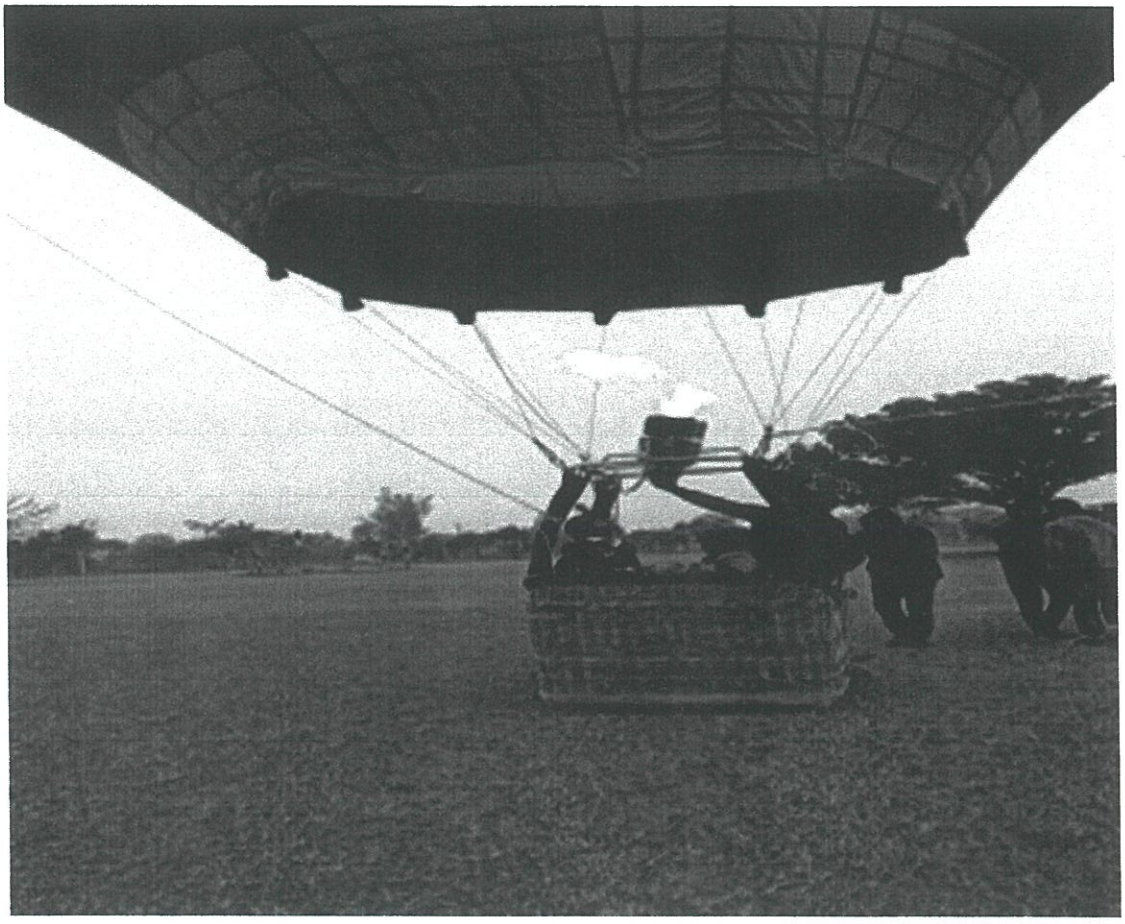
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: Annual Training Camp**

**Place: ATC, Nagrota**

**Date: 21st – 30th July 2018**



Hot Air Ballooning in camp

(221)

Telo: 0194-2311613

1 J&K Naval Unit NCC
Gogji Bagh
Srinagar

No: 033/G/EBSB/NCC/570

07 Sep 2018

The Principal
All Concerned Institutions

**ALLOTMENT OF VACS FOR EK BHARAT SHRESHTHA BHARAT (EBSB) 17 SEP TO 28 SEP 2018**

1. Ek Bharat Shreshtha Bharat (EBSB) is being conducted at Ahmedabad, Gujarat wef 17 Sep to 28 Sep 2018. The under mentioned vacancies are hereby allotted to your institution for utilization:-

| Ser | Institution | Vacancies Allotted Cadets | |
|---|---|---|---|
| | | SD | SW |
| (a) | GDC Doda | 01 | - |
| (b) | SPMR College Jammu | 01 | 01 |
| (c) | Govt Degree College Kathua | - | 02 |
| (d) | Govt Degree College Samba | 02 | 01 |
| (e) | MAM College Jammu | - | 01 |
| (f) | GCW Gandhi Nagar | 01 | 01 |
| | Total | 05 | 05 |

2. It is requested that ANO / CT of your institution may please be instructed to select the suitable / volunteer cadets for participation in the aforesaid camp and forward their nominal roll by **04 Sep 2018**.

3. While selecting the cadets following criteria should be borne in mind:

(a) Cadet must be enrolled in the institution.

(b) 2nd or 3rd year Cadet in case of Senior Division/Wing.

(c) All cadets should be **physically and mentally tough and self reliant**. They should be **medically fit** and **free from diseases**.

(d) It may be noted that the vacancies if not utilized may please be surrendered in time so that vacancies may be re-allotted to other institutions.

(Kapil K Singh)
Lt Cdr
Commanding Officer

5

222

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:10 9.2018**

This is to inform that Shazia Regt. No. JK17SW270015 of 1Jk Naval Unit Ncc has been selected for the Ek Bharat Shresta Bharat Camp(EBSB) at Ahmedabad, Gujrat with effect from 17th to 28th September 2018 .You are required to get the form filled duly signed by ANO and Principal of the college and be ready for attending the state camp.

SLT.NEELIMA
ANO

SA Neelima G
ANO
GCW Gandhi Nagar
Jammu

(223)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: National Integration Camp**

**Place: Ahmedabad, Gujarat**

**Date: 17-28 Sept. 2018**

Nominal roll

| Slno. | Name | Regimental no. | Year in NCC |
|---|---|---|---|
| 1 | Shazia | JK17SW270015 | 3rd |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

224

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 7.9.2018**

This is to inform that our college has received 07 vacancies for Sailing Expedition Camp at Bilaspur with effect from 14th to 23 September 2018 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 10th September 2018. The selction of final 07 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(225)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

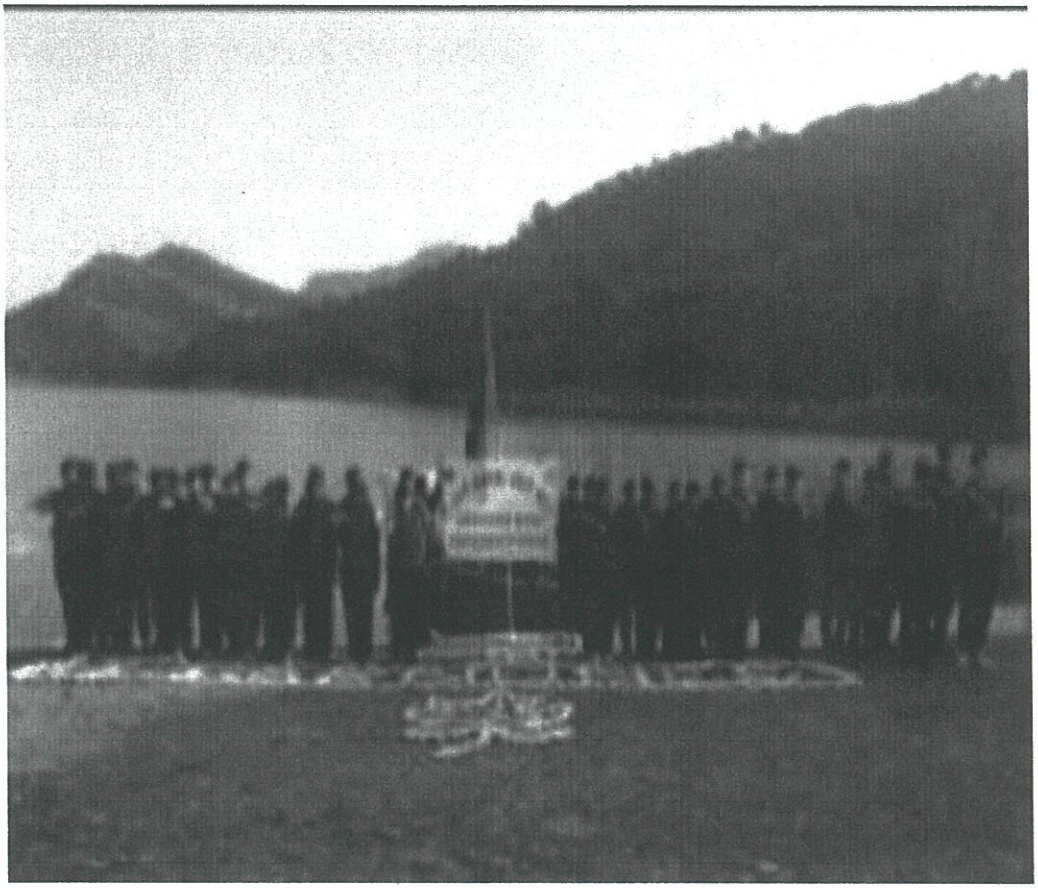
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:Sailing Expedition Camp**

**Place: BILASPUR, HIMACHAL PRADESH**

**Date: 14 September – 23rd September 2018**



(226)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Diksha | JK17SW270045 |
| 2 | Rajni | JK17SW270050 |
| 3 | Shivani | JK17SW270038 |
| 4 | Manvi | JK17SW270034 |
| 5 | Neha Sharma | JK17SW270041 |
| 6 | Sharmila | JK17SW270043 |
| 7 | Zahida | JK17SW270034 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(227)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 25.9.2018**

This is to inform that our college has received 07 vacancies for Pre Nau Sainik Camp at Mansar with effect from 2nd to 11th October 2018 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 27th September 2018 . The selction of final 7 cadets will be based on physical fitness and regularity of atendance.

SLT. NEELIMA
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:Pre Nau Sainik camp**

**Place: Mansar**

**Date: 2nd to 11th October 2018**



(229)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Diksha | JK17SW270045 | Sharmila Regt. No. JK17SW270043 and Shivani Basu Regt. No. JK17SW270035 selected for AINSC |
| 2 | Rajni | JK17SW270050 | |
| 3 | Shivani | JK17SW270035 | |
| 4 | Manvi | JK17SW270049 | |
| 5 | Neha Sharma | JK17SW270041 | |
| 6 | Sharmila | JK17SW270043 | |
| 7 | Zahida | JK17SW270034 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(230)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 10.10.2018**

This is to inform that 2 cadets from our college Sharmila Regt. No. JK17SW270043 and Shivani Basu Regt. No. JK17SW270035 have been selected for the prestigious All India Nau Sainik Camp (AINSC), Karwar with effect from 11th to 21st October 2018.The selected cadets are required to get their form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
ANO

Slt Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

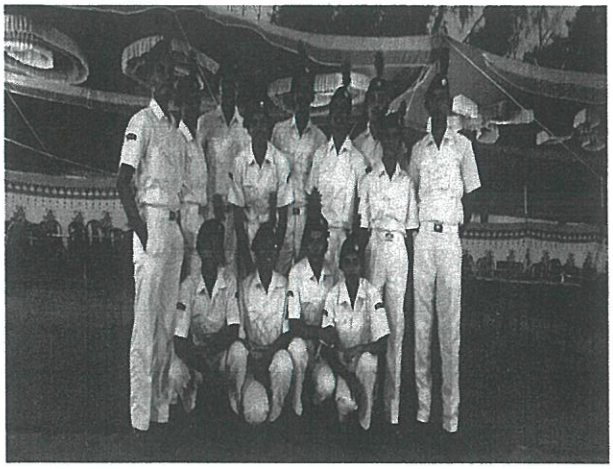
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

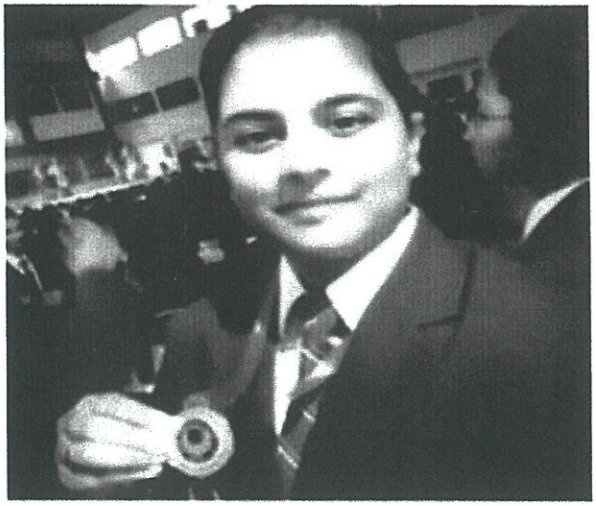
**Camp:AINSC Camp**

**Place: KARWAR, KARNATAKA**

**Date: 11-21 October 2018**







(232)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | acheivements |
|---|---|---|---|
| 1 | Sharmila | JK17SW270043 | 8th Rank/17 DTE Gold: Seamanship practical Shivani-Gold in Rigging |
| 2 | Shivani Basu | JK17SW270035 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 7.11.2018**

This is to inform that Rajni Sharma Regt. No. JK17SW270050 of 1 Jk Naval Unit Ncc has been selected for the All India Yatching Regatta, Chilka with effect from 11th to 18th November 2018 .You are required to get the form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(234)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Year in Ncc |
|---|---|---|---|
| 1 | Rajni Sharma | JK17SW270050 | 3rd Year |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(235)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:All India Yatching RegattaCamp**

**Place: KARWAR, KARNATAKA**

**Date: 11-21 October 2018**



Tele: 0194-2311613
Email: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House, Gogji Bagh
Srinagar

No: 003/G/COC/666

13 Sep 2018

The Principal
All Concerned
Institutions

## ALLOTMENT OF VACANCIES FOR AJMER TREK-I (Girls)
## 13 Nov to 20 Nov 2018

1. Ajmer Trek-I (Girls) is being conducted from 13 Nov to 20 Nov 2018. The under mentioned vacancies are hereby allotted to your institution for utilization:-

| S. No | Institution | Vacancies Allotted Cadets |
|---|---|---|
| **Senior Division** | | |
| a) | MAM PG College Jammu | 02 |
| b) | GCW Gandhi Nagar Jammu | 03 |
| c) | SPMR College Jammu | 02 |
| d) | Govt Degree College Kathua | 01 |
| e) | Govt Degree College Samba | 02 |
| | **Total** | **10 SW** |
| **Junior Division** | | |
| a) | Govt Hr Sec School Muthi Jmu | 01 |
| b) | Govt. High School Sarna Samba Jmu | 01 |
| c) | MHAC School Nagbani Jammu | 01 |
| d) | Banyan International School, Jammu | 01 |
| e) | Model Academy, B C Road Jammu | 01 |
| | **Total** | **05 JW** |

2. It is requested that ANO / CT of your institution may please be instructed to select the suitable / volunteer cadets for participation in the aforesaid camp and forward their nominal roll by **15 Sep 2018**. Failing the same will result in the cancellation of vacancy to your institution.

3. While selecting the cadets following critena should be borne in mind:-

(a) Cadet must be enrolled in the institution

(b) 2nd or 3rd year Cadet in case of Senior Division/wing and 2nd year cadet in case of Junior Division/wing.

(c) All cadets should be **physically and mentally tough and self reliant**. They should be **medically fit** and **free from diseases**.

Commanding Officer
1 J&K Naval Unit NCC
Srinagar

(237)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 7.11.2018**

This is to inform that our college has received 05 vacancies for Trekking Camp at Ajmer with effect from 15 to 22 November 2018 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 9th November 2018. The selction of final 05 cadets will be based on physical fitness and regularity of atendance.

Slt. SUNEELIMA G
ANO
GCW Gandhi Nagar
Jammu

(238)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: Trekking Camp**

**Place: Ajmer**

**Date: 15 November -22 November 2018**

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Maanvi, | JK17SW270049 |
| 2 | Angmo, | JK17SW270036 |
| 3 | Cheetra, | JK17SW270051 |
| 4 | Poonam, | JK17SW270047 |
| 5 | Lakshmi | JK17SW270030 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

239

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 28.12.2018**

This is to inform that 3 cadets from our college Sharmila Regt. No. JK17SW270043, Shivani Devi , Regt. No. JK17SW270038 and Shazia Kouser Regt. No. Jk16SW270015 have been selected to participate in the prestigious Republic Day Camp with effect from 1st to 30th January 2019 .The selected cadets are required to get their form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

Sd/- Neelima G
ANO
GCW Gandhi Nagar
Jammu

SLT NEELIMA
ANO

240

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Sharmila | JK17SW270043 | Shivani Devi- Commander At Rajpath |
| 2 | Shivani Devi | JK17SW270038 | |
| 3 | Shazia Kouser | JK16SW270015 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

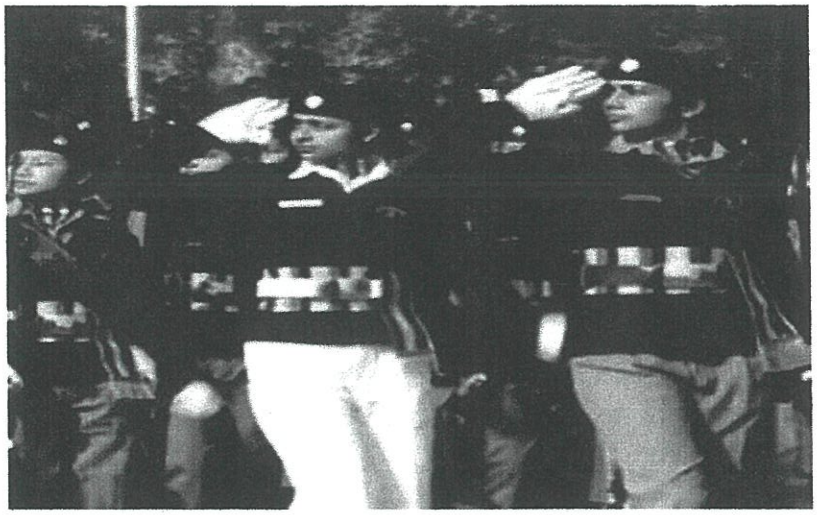
## 1JK Naval Unit NCC, Srinagar

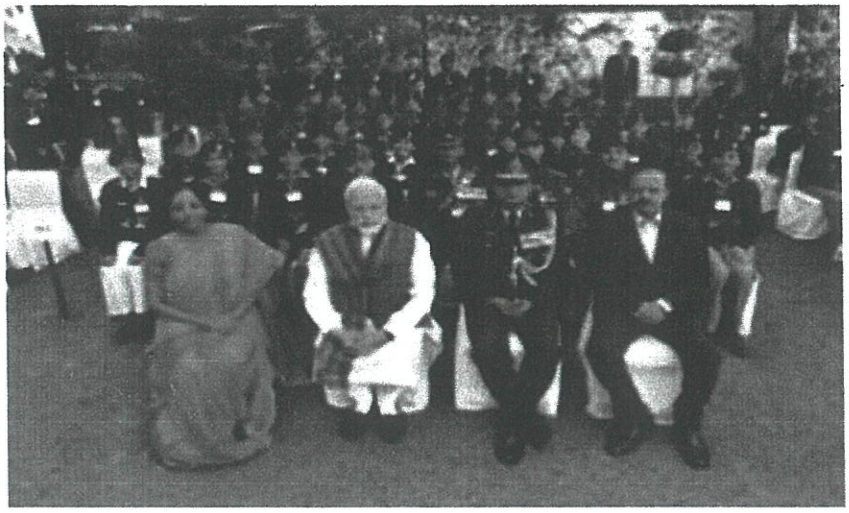
## CAMP DETAILS

**Camp: REPUBLIC DAY CAMP**

**Place: NEW DELHI**

**Date: 1- 30 JANUARY 2018**





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Tele: 0194-2311213
Email id:- enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
Gogji Bagh
Srinagar

No: 033/Trg/EBSB/NCC/

29 Oct 2018

The Principal
All Concerned
Institutions

**ALLOTMENT OF VACANCIES**
**"EK BHARAT SHRESHTHA BHARAT" (EBSB)- GUJARAT**
[redacted]

1. An EBSB camp is being conducted at Gujarat w.e.f 09 Jan to 20 Jan 2019. The under mentioned vacancies of Cadets are allotted to your institution for participation in the said camp:-

| Ser | Name of Institution | Vacancies Allotted | | Remarks |
|---|---|---|---|---|
| | | SD | SW | |
| Senior Division | | | | |
| a) | GDC Samba | 01 | 01 | |
| b) | GDC Kathua | 01 | 01 | |
| c) | MAM College Jammu | 01 | | |
| d) | SPMR College Jammu | 01 | 01 | |
| e) | GCW Gandhi Nagar Jammu | | 02 | |
| f) | GDC Doda | 01 | | |
| | Total | 05 | 05 | |

2. **Eligibility of Cadets**

   (a) Cadet must be enrolled in the institution

3. Ensure full utilization of vacancies.

Commanding Officer
1 J&K Naval Unit NCC
Srinagar

Copy to:-

NCC Group HQ, Srinagar - For info please

1 J&K NAVAL UNIT SRINAGAR

(244)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 2.1.2019**

This is to inform that our college has received 03 vacancies for EBSB Camp ,at Gujarat with effect from 9th to 20th January 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 5th January 2019. The selction of final 03 cadets will be based on physical fitness and regularity of atendance.

SLT NEELIMA
ANO

Slt Neelima G
ANO
GCW Gandhi Nagar
Jammu

(245)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: EBSB Camp**

**Place: Gujarat**

**Date: 09-20 January 2019**

## Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Vrinda | JK16SW270013 | - |
| 2 | Babita | JK16SW270001 | - |
| 3 | Neha | JK17SW270041 | Gold in quiz |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(246)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 23.1.2019**

This is to inform that our college has received 09 vacancies **for Combined Annual Training Camp, Nagrota** with effect from **30 January - 08 February 2019** from Naval Unit NCC.All interested cadets should give their names to the undersigned before 25th January 2019. The selction of final 09 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
SLT Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Renuka | JK18SWN270070 |
| 2 | Sonali | JK18SWN270064 |
| 3 | Alisha | JK18SWN270061 |
| 4 | Bhawana | JK18SWN270063 |
| 5 | surbhi | JK18SWN270065 |
| 6 | Ritika | JK18SWN270060 |
| 7 | Anjali | JK18SWN270079 |
| 8 | Shivani | JK17SW270035 |
| 9 | Ruchy | JK18SWN270068 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(248)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: NAGROTA**

**Date: 30 – 8th February 2019**



# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 5.3.2019**

This is to inform that our college has received 27 vacancies for Combined Annual Training Camp, Nagrota with effect from 18th to 27th March 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 10th March 2019. The selction of final 27 cadets will be based on physical fitness and regularity of atendance.

Slt. Nazima G
ANO
GCW Gandhi Nagar
Jammu

(250)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

# Nominal roll

CATC NAGROTA 2019

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Amandeep | JK18SWN270067 |
| 2 | Ishima | JK18SWN270055 |
| 3 | Megha | JK18SWN270072 |
| 4 | Zahida | JK17SW270034 |
| 5 | Renuka | JK18SWN270070 |
| 6 | Shivani Gorkha | JK18SWN270077 |
| 7 | Anjali | JK18SWN270079 |
| 8 | Shivani | JK17SW270035 |
| 9 | Alisha | JK18SWN270061 |
| 10 | Shivani Devi | JK17SW270038 |
| 11 | Manvi | JK17SW270049 |
| 12 | Sharmila | JK17SW270043 |
| 13 | Rajni | JK17SW270050 |
| 14 | Manu | JK18SWN270090 |
| 15 | Ruchy | JK18SWN270068 |
| 16 | Mandeep | JK18SWN270056 |
| 17 | Simran | JK18SWN270062 |
| 18 | Ritika | JK18SWN270060 |
| 19 | shallu | JK18SWN270066 |
| 20 | Meenakshi Bharti | JK18SWN270073 |
| 21 | Rajni Malhotra | JK18SWN270069 |
| 22 | Bhawna | JK18SWN270063 |
| 23 | Sonali | JK18SWN270064 |
| 24 | Pallvi | JK18SWN270081 |
| 25 | Meena, | JK18SWN270058 |
| 26 | Japneet, | JK18SWN27005 |
| 27 | Angmo | JK17SW270036 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(251)

# GOVERNMENT PG COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU

## NCC CAMPS FOR THE SESSION 2018-2019

| S NO | NAME OF THE CAMP AND PLACE | DATE | VACANCIES |
|---|---|---|---|
| 1 | CATC Nagrota | 16/06/2018 To 25/06/2018 | 13 |
| 2 | Tsc phase 1 | 26/08/2018 To 29/08/2018 | 15 |
| | phase 2 | 30/08/2018 To 08/09/2018 | 7 |
| | phase 3 | 09/09/2018 To 15/09/2018 | 4 |
| | TSC DELHI | 16/09/2018 To 29/09/2018 | |
| 3 | RPara basic camp Agra | 04/09/2018 To 26/09/2018 | 1 |
| 4 | ALC MalALDUT | 07/09/2018 To 18/09/2018 | 2 |
| 5 | EBSB Gujrat | 17/09/2018 To 28/09/2018 | 4 |
| 7 | ATC Srinagar | 13/09/2018 To 22/09/2018 | 75 |
| 8 | EBSB Nagrota | 20/10/2018 To 31/10/2018 | 10 |
| 9 | OTA Chennai | 22/10/2018 To 27/10/2018 | 1 |
| 10 | RDC phase 1 | 01/12/2018 To 10/12/2018 | 10 |
| | phase 2 | 11/12/2018 To 20/12/2018 | 6 |
| | phase 3 | 21/12/2018 To 28/12/2018 | 3 |
| | RDC DELHI | 01/01/2019 To 29/01/2019 | 3 |
| 11 | EBSB Gujrat | 09/01/2019 To 20/01/2019 | 10 |

ANO : Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

253

# 1J&K Girls BN NCC

## Govt. College for Women,

## Gandhi Nagar

## NOTICE

**Dated : 8th of May 2018**

This is hereby informed you all that there is a CATC camp going to be held at camping ground nagrota. The cadets interested to participate may submit their names by – 11th of May 2018. Please make sure that cadets once detailed are not changed at a later stage.

Note the following:

No. Of vacancies allotted:- 13

From :- 16th of June To 25th of June 2018

ANO

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# 1 J&K GIRLS BN NCC SRINAGAR

(259)

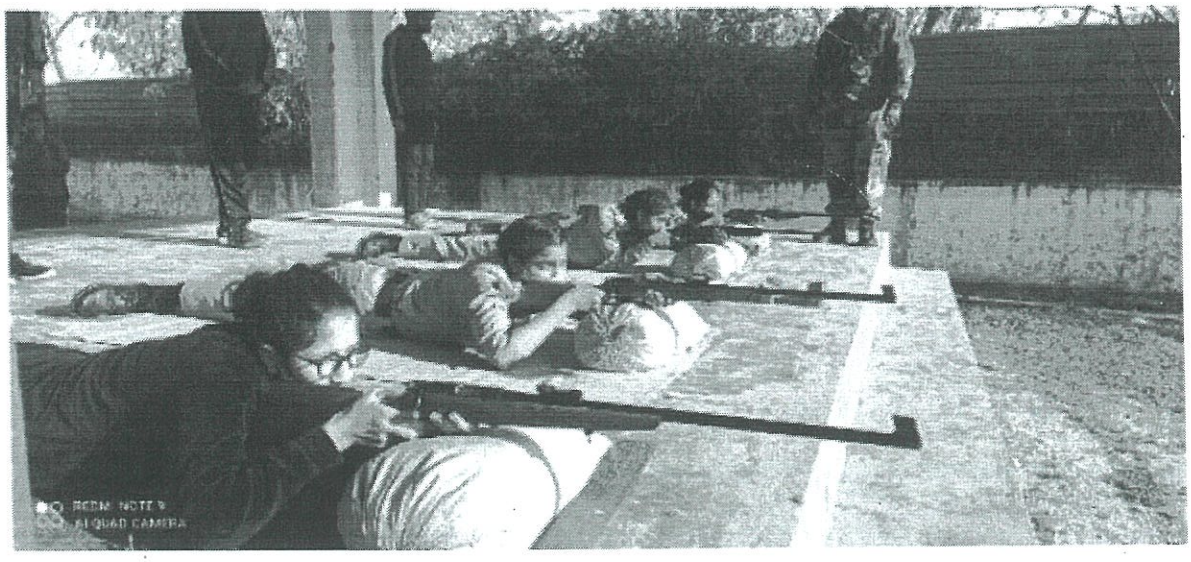
## NOMINAL ROLL OF CATC NAGROTA 16 JUNE - 25 JUNE 201

### GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| SNO | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | CADET | JKSW/16/180203 | Samanpreet Kour |
| 2. | CADET | JKSW/16/180205 | Sonam Bajwa |
| 3 | CADET | JKSW/16/180207 | Rupal Sambyal |
| 4 | CADET | JKSW/16/180208 | Shivani Kumari |
| 5 | CADET | JKSW/16/180213 | Stanzin Choyjang |
| 6 | CADET | JKSW/16/180214 | Nidhika saini |
| 7 | CADET | JKSW/16/180226 | Adarshi Sharma |
| 8 | CADET | JKSW/16/180224 | Aakriti Langeh |
| 9 | CADET | JKSW/16/180227 | Manisha Kavita |
| 10 | CADET | JKSW/16/180279 | Neha Mandla |
| 11 | CADET | JKSW/16/180271 | Parul Kashyap |
| 12 | CADET | JKSW/16/180269 | Deepika Slathia |
| 13 | CADET | JKSW/16/180264 | Monika Dari |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# CATC NAGROTA
# 16th June to 25th June, 2018
# Number of cadets:13



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 15 july 2018

This is hereby informed you all that there a TSC PHASE -1 is going to be held at Nagrota. The cadets interested to participate may submit their names by - 19 July 2018 . The selections will be done on 27 July 2018 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 15

From of 20 Aug To 29 Aug 2018

Lt. Dr. Revika Arora

ANO

1 J&K Girls Bn NCC

Govt. College for Women

Gandhi Nagar, Jammu

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 30 July 2018

This is here by informed you all that there is a TSC PHASE -2 is going to be held at Nagrota. The cadets interested to participate may submit their names by - 3 Aug 2018. The selections shall be done on 11 Aug 2018 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 7

From of 30 Aug To 8 Sep 2018

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# 1 J&K GIRLS BN NCC SRINAGAR

(259)

## NOMINAL ROLL OF CADET OF TSC PHASE I

20 Aug - 29 Aug 2018

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| NO | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1 | CADET | JKSW/16/180209 | Shweta Sharma |
| 2 | CADET | JKSW/16/180211 | Akansha Jamwal |
| 3 | CADET | JKSW/16/180212 | Mehak Gupta |
| 4 | CADET | JKSW/16/180214 | Nidhika Saini |
| 5 | CADET | JKSW/16/180215 | Nona Bharti |
| 6 | CADET | JKSW/16/180220 | Kamia Sharma |
| 7 | CADET | JKSW/16/180221 | Poonam Gupta |
| 8 | CADET | JKSW/16/180225 | Hemani Sharma |
| 9 | CADET | JKSW/16/180261 | Priyanka Chaudhary |
| 10 | CADET | JKSW/16/180243 | Neetu Chaudhary |
| 11 | CADET | JKSW/16/180248 | Riya Chib |
| 12 | CADET | JKSW/16/180249 | Reeta Bhardwaj |
| 13 | CADET | JKSW/16/180263 | Shivani Mehra |
| 14 | CADET | JKSW/17/180231 | Sakshi Thakur |
| 15 | CADET | JKSW/16/180242 | Aditi Gorka. |

# 1 J&K GIRLS BN NCC SRINAGAR

## NOMINAL ROLL OF TSC PHASE II

30 Aug - 8 sept 201

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| SNO | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | CADET | JKSW/16/180249 | Reeta Bhardwaj |
| 2. | CADET | JKSW/16/180263 | Shivani Mehra |
| 3. | CADET | JKSW/16/180209 | Shweta Sharma |
| 4. | CADET | JKSW/17/180231 | Sakshi Thakur |
| 5. | CADET | JKSW/16/180215 | Nona Bharti |
| 6. | CADET | JKSW/16/180248 | Riya Chib. |
| 7. | CADET | JKSW/16/180243 | Neetu Bhardwaj |

ANO
1 J&K Girls Bn NCC
Govt College for Women
Gandhi Nagar, Jammu

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 9 Aug 2018

This is here by informed you all that there is a TSC PHASE -3 is going to be held at Nagrota. The cadets interested to participate may submit their names by - 13 Aug 2018. The selections shall be done on 20 Aug 2018 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 3

From of 9 Sep To 15 Sep 2018

Lt. Dr. Revika Arora
ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# 1 J&K GIRLS BN NCC SRINAGAR

## NOMINAL ROLL OF TSC PHASE-III (261)

9 Sep – 15 Sep 2018

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| SNO | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1 | CADET | JKSW/16/180249 | ~~Shiv~~ Reeta bhardwaj |
| 2 | CADET | JKSW/16/180263 | Shivani Mehra |
| 3 | CADET | JKSW/17/180231 | Sakshi Thakur |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

(262)

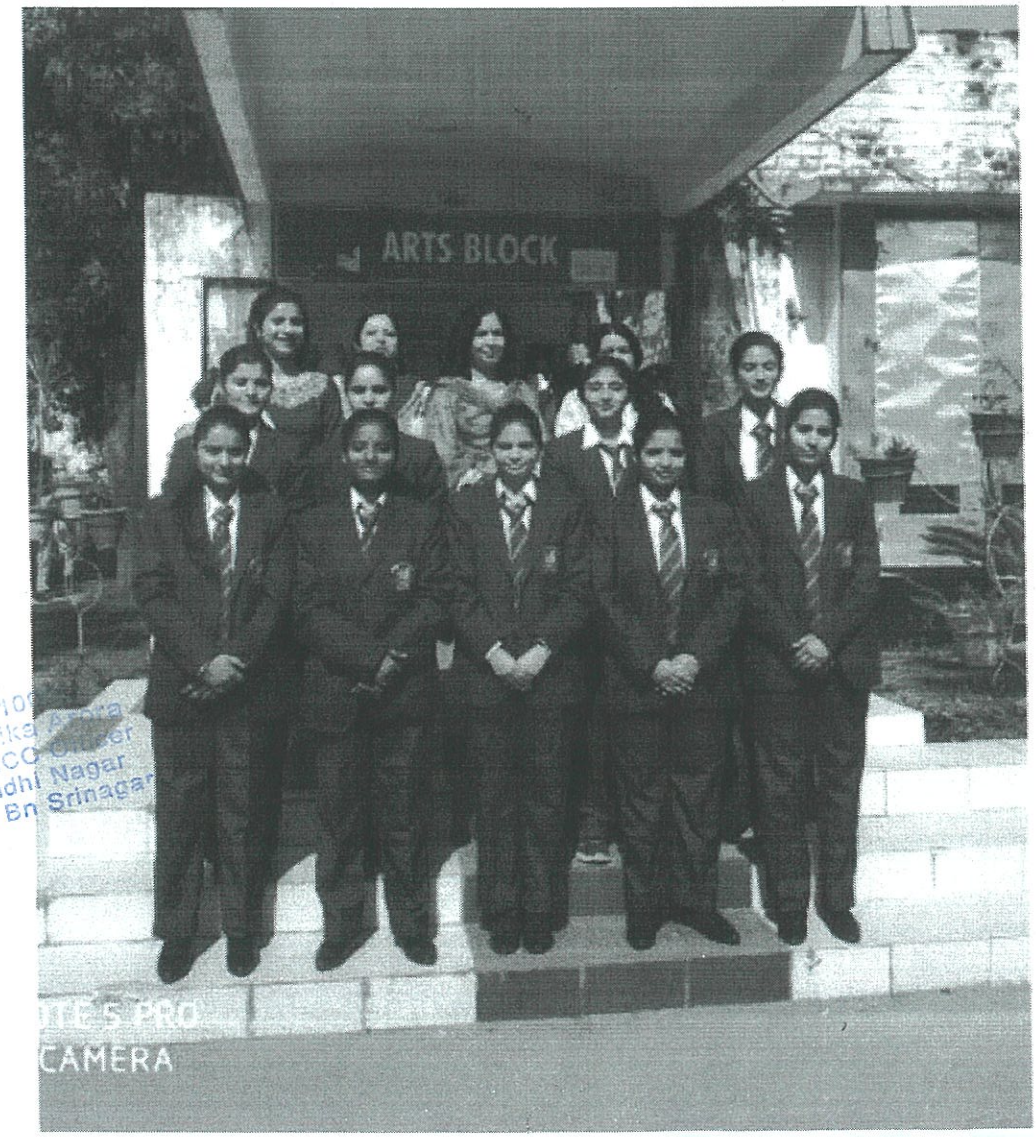
# THAL SAINIK CAMP

Phase 1 : 20 Aug - 29 Aug 2018
Vacancy: 15
Phase 2: 30 Aug - 8 Sep 2018
Vacancy: 8
Phase 3: 9 Sep - 15 Sep 2018

## THAL SAINIK CAMP DELHI

16 SEP - 29 SEP 2018

No. Of cadets : 3




Lt. Dr. Rovika Arora
Associate NCC Officer
GCW, Gandhi Nagar
J&K Girls Bn Srinagar

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 3 Aug 2018

This is here by informed you all that there is a PARA BASIC camp is going to be held at Agra. The cadets interested to participate may submit their names by - 8 Aug 2018. The selections shall be done on 13 Aug 2018 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 1

From of 4 sep To 26 Sep 2018

Lt Dr. Ravita Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K GIRLS BN NCC GANDHINAGAR

NOMINAL ROLL FOR PARA BASIC CAMP AGRA 4th sep. to 24th sep 2018

GOVT COLLEGE FOR WOMEN GANDHI NAGAR

| S.No. | Rank | Regimental No. | Name |
|---|---|---|---|
| 1 | Cadet | JKSW16/180260 | MINALI SAINA |

ANO's Signature

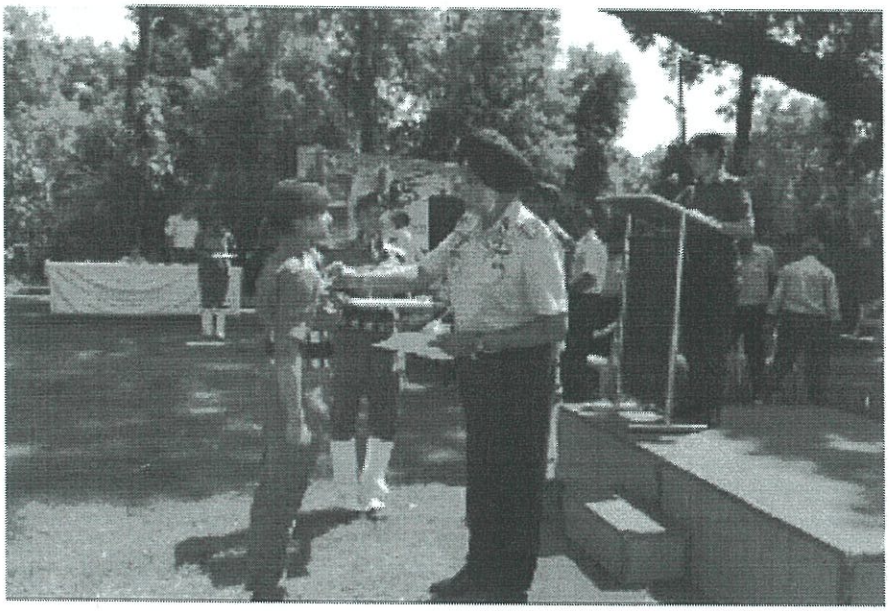
ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

PRINCIPAL's Signature.

# PARA BASIC CAMP AGRA

## 04th September to 26th September2018.

## No. of cadets: 01





NCC/0531002
Lt. Dr. Ravika A
Associate NCC C
GCW, Gandhi N
1 J&K Girls Bn Sr

1J&K GIRLS BN NCC
GOVT. COLLEGE FOR WOMEN,
GANDHI NAGAR
NOTICE

DATED : 5TH OF AUGUST 2018

THIS IS HEREBY INFORMED YOU ALL THAT THERE IS A ALC CAMP IS GOING TO BE HELD AT MALOUT.THE CADETS INTERESTED TO PARTICIPATE MAY SUBMIT THEIR NAMES BY – 18TH OF AUGUST 2018.PLEASE MAKE SURE THAT CADETS ONCE DETAILED ARE NOT CHANGED AT LATER STAGE.

NOTE THE FOLLOWING:
NO. OF VACANCIES ALLOTTED:- 02
FROM :- 07TH SEPT TO 18TH SEPT, 2018

ANO
LT. REVIKA ARORA

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J+K GIRLS BN NCC SRINAGAR

NOMINAL ROLL FOR ALC MALOUT 7th sep to 18th sep 201

GOVT COLLEGE FOR WOMEN GANDHI NAGAR

| SNO. | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180238 | PRIYA KUMARI |
| 2. | Cadet | JKSW16/180262 | NEELAM KUMARI |

ANO's Signature

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

PRINCIPAL's Signature.

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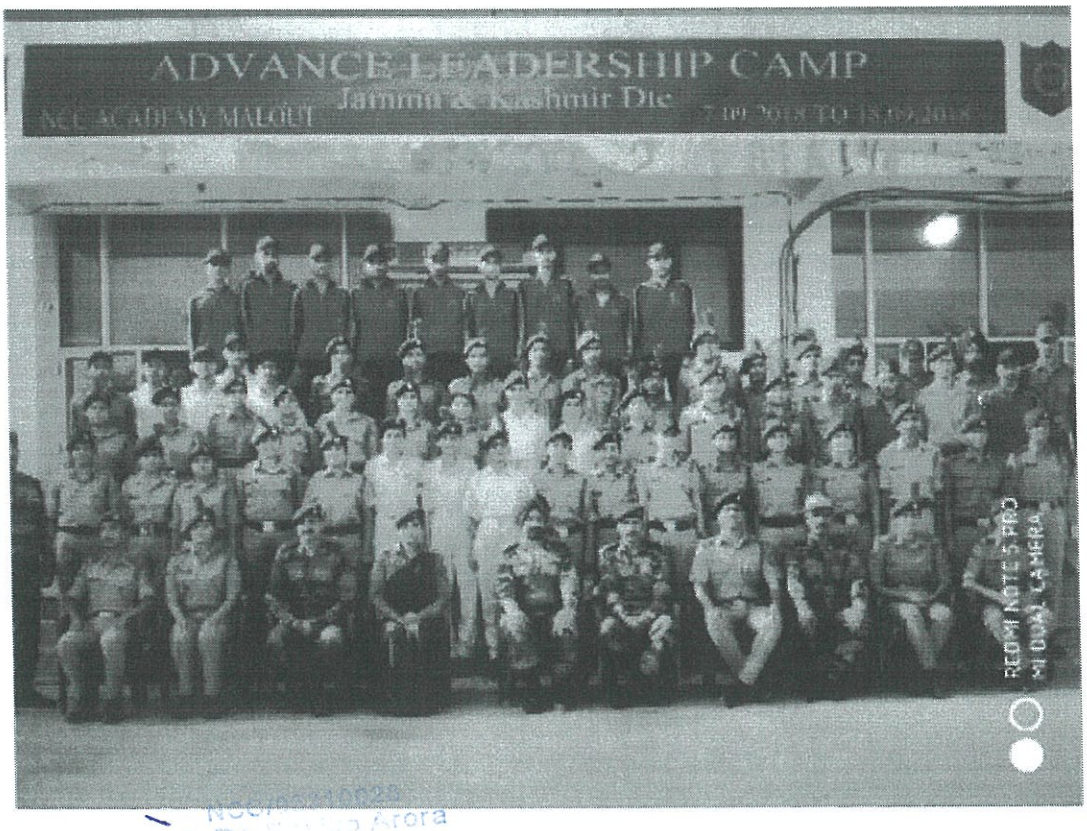
# ALC MALOUT

## 07th September to 18th September 2018

## Number of cadets:02




Lt. Dr. [illegible] Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

272

**1J&K Girls BN NCC**

**Govt. College for Women,**

**Gandhi Nagar**

**NOTICE**

**Dated : 10th of Aug 2018**

**This is hereby informed you all that there is EBSB camp going to be held at Gujrat. The cadets interested to participate may submit their names by – 18th of August 2018. Please make sure that cadets once detailed are not changed at a later stage.**

**Note the following:**

**No. Of vacancies allotted:- 4**

**From :- 17th of September 2018** To 28th of September 2018

**ANO**

**Lt. Dr. Revika Arora** ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K GIRLS BN NCC SRINAGAR

NOMINAL ROLL FOR EBSB GUJARAT 17th sep to 28sep 201

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| S.No. | RANK | REGIMENTAL No. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180249 | REETA BHARDWAJ |
| 2. | Cadet | JKSW16/180255 | SANGAY DOLMA |
| 3. | Cadet | JKSW17/180203 | KOMAL DEVI |
| 4. | Cadet | JKSW17/180263 | SHIVANI MEHRA |

ANO

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

ANO's Signature

PRINCIPAL'S Signature

# EBSB GUJARAT
# 17TH SEPTEMBER TO 28TH SEPTEMBER, 2018
# NUMBER OF CADETS:04.



Lt. Col. Revi
Associate NC
GCW, Gan
1 J&K Girls

# 1J&K Girls BN NCC

## Govt. College for Women,

## Gandhi Nagar

## NOTICE

**Dated : 10th of September 2018**

**This is hereby informed you all that there is Annual Training camp going to be held at srinagar .The cadets interested to participate may submit their names by – 15th of September 2018. Please make sure that cadets once detailed are not changed at a later stage.**

**Note the following:**

**No. Of vacancies allotted:- 75**

**From :- 13th of October To 22nd of October 2018**

**ANO**

**Lt. Dr. Revika Arora**

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

(277)

# ATC SRINAGAR

13th October to 22nd October, 2018.

Number of cadets:75.

Achievements: 1st Prize in Line Area, 1st in Volley ball, 2nd Prize in Drill, 14 gold medals in group dance, 09 silver medals in group song, 03 silver medals in solo song, 01 gold medal in solo dance, 01 gold and 02 silver in painting, 01 gold and 01 silver in firing, 01 gold for company senior and 01 gold for best cadet. Overall best team trophy.




NCC/05310028
Lt. Dr. Kevika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

279

# 1J&K GIRLS BN NCC

## GOVT. COLLEGE FOR WOMEN,
## GANDHI NAGAR
## NOTICE

DATED : 16TH OF SEPTEMBER 2018

THIS IS HEREBY INFORMED YOU ALL THAT THERE IS EBSB CAMP GOING TO BE HELD AT NAGROTA. THE CADETS INTERESTED TO PARTICIPATE MAY SUBMIT THEIR NAMES BY – 22ND OF SEPTEMBER 2018. PLEASE MAKE SURE THAT CADETS ONCE DETAILED ARE NOT CHANGED AT A LATER STAGE.

NOTE THE FOLLOWING:
NO. OF VACANCIES ALLOTTED:- 10
FROM :- :20TH OCT TO 31ST OCTOBER, 2018

ANO
LT. DR. REVIKA ARORA

ANO
J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K GIRLS BN NCC SRINAGAR

(280)

NOMINAL ROLL FOR CBSB NAGROTA 20th Oct to 3rd Oct 201

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

| S.No. | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180203 | SAMANPREET KOUR |
| 2. | Cadet | JKSW16/180207 | RUPAL SAMBYAL |
| 3. | Cadet | JKSW16/180222 | ARTI |
| 4. | Cadet | JKSW16/180232 | BHARTI THAKUR |
| 5. | Cadet | JKSW17/180230 | RABIA KOSAR |
| 6. | Cadet | JKSW17/180223 | PALVI |
| 7. | Cadet | JKSW17/180231 | SAKSHI THAKUR |
| 8. | Cadet | JKSW17/180233 | PURNIMA |
| 9. | Cadet | JKSW17/180242 | BANDHNA BHAGAT |
| 10. | Cadet | JKSW17/180275 | VISHALI SHARMA |

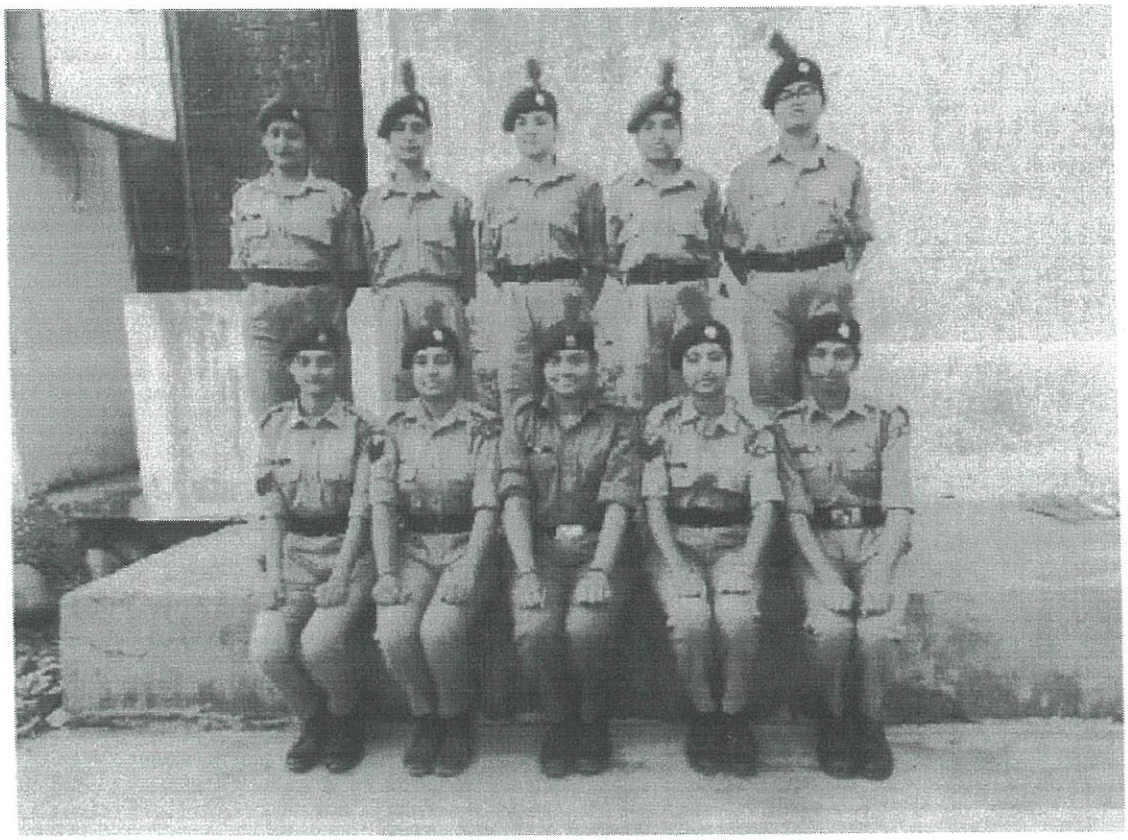
ANO's Signature

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal's Signature

(281)

# EBSB NAGROTA 20th October to 31st October, 2018 Number of cadets:10. Special achievement Guard of honour



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# 1J&K GIRLS BN NCC
# GOVT. COLLEGE FOR WOMEN,
# GANDHI NAGAR
# NOTICE

DATED : 5TH OF SEPTEMBER 2018

THIS IS HEREBY INFORMED YOU ALL THAT THERE IS CAMP GOING TO BE HELD AT OTA CHENNAI. THE CADETS INTERESTED TO PARTICIPATE MAY SUBMIT THEIR NAMES BY – 18TH OF SEPTEMBER 2018.THE SELECTION PROCESS WILL BE DONE ON 22ND OF SEPTEMBER 2018.PLEASE MAKE SURE THAT CADETS ONCE DETAILED ARE NOT CHANGED AT LATER STAGE.

NOTE THE FOLLOWING:
NO. OF VACANCIES ALLOTTED:- 01
FROM :- 22ND OCT TO 27TH OCT, 2018

ANO

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

LT. DR. REVIKA ARORA

# OTA CHENNAI
# 22nd October to 27th October 2018

## Number of cadets:01.




NCC [illegible]28
Lt. [illegible] Arora
Associate [illegible] Officer
GCW, Cantt, Nagar
1 J&K Girls Bn Srinagar

# 1J&K Girls BN NCC

## Govt. College for Women,

## Gandhi Nagar

## NOTICE

**Dated : 5th of Oct 2018**

**This is hereby informed you all that there is a Trekking camp going to be held at Ajmer .The cadets interested to participate may submit their names by – 8th of Oct 2018. Please make sure that cadets once detailed are not changed at a later stage.**

**Note the following:**

**No. Of vacancies allotted:- 5**

**From:- 13th of November to 20th of November 2018**

**ANO**

**Lt. Dr. Revika Arora**

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K GIRLS BN NCC SRINAGAR

NOMINAL ROLL FOR AJMER TREKKING 13th Nov to 20th Nov 2018

GOVT COLLEGE FOR WOMEN GANDHI NAGAR

| S.No. | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180227 | MANISHA KAVITA |
| 2. | Cadet | JKSW16/180253 | JASHANMEET KOUR |
| 3. | Cadet | JKSW16/180257 | SHWETA JOGI |
| 4. | Cadet | JKSW17/18031 | SAKSHI THAKUR |
| 5. | Cadet | JKSW17/180227 | VISHALI DEVI |

ANO's Signature

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal's Signatur

(29)

0194- 231169

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 005/G/COC /NCC/1964

24 Oct 2018

Principal
GCW
Gandhi nagar
Jammu,

**ALLOTMENT OF VACANCIES FOR ( EBSB-1) GUJARAT**
**W E F 09 TO 20 JAN 2019.**

1. 'EX Bharat Shreshta Bharat' camp is being conducted at Raj Pipla (GUJARAT) from 09-20 Jan 2019.

2. Following vacancies are allotted to your Institution for the above mentioned camp. Kindly ensure 100% of the utilization.

| S.NO | Name of the Institution | Allotment of Vacancies | Reserve | Remarks |
|---|---|---|---|---|
| | | SW | | |
| 01 | GCW Gandhinagar Jammu | 10 | 05 | |
| 02 | GCW Udhampur | 05 | 03 | |

3. You are also requested to forward nominal roll of second year NCC cadets to this office by 28 Oct 2018 for timely train reservation. Camp documents be fwd by 10 Dec 2018 positively.

4. Early action is requested please.

(A K Sharma)
Col
Commanding Officer

Copy to :-
ANO/Caretaker

For info please

# NOMINAL ROLL OF CADET FOR EBSB-1 GUJARAT 9 Jan - 20 Jan 2019

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR

| S.NO. | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180264 | MONIKA DEVI |
| 2. | Cadet | JKSW16/180207 | RUDAL SAMBYAL |
| 3. | Cadet | JKSW16/180222 | ARTI |
| 4. | Cadet | JKSW16/180227 | MANISHA KAVITA |
| 5. | Cadet | JKSW16/180201 | SHAMALI SHARMA |
| 6. | Cadet | JKSW16/180231 | AYUSHI RAINA |
| 7. | Cadet | JKSW17/180242 | BANDHNA BHAGAT |
| 8 | Cadet | JKSW17/180204 | BINDU DEVI |
| 9 | Cadet | JKSW17/180264 | ANUBHUT SINGH |
| 10. | Cadet | JKSW17/180250 | MONIKA CHOUDHARY |

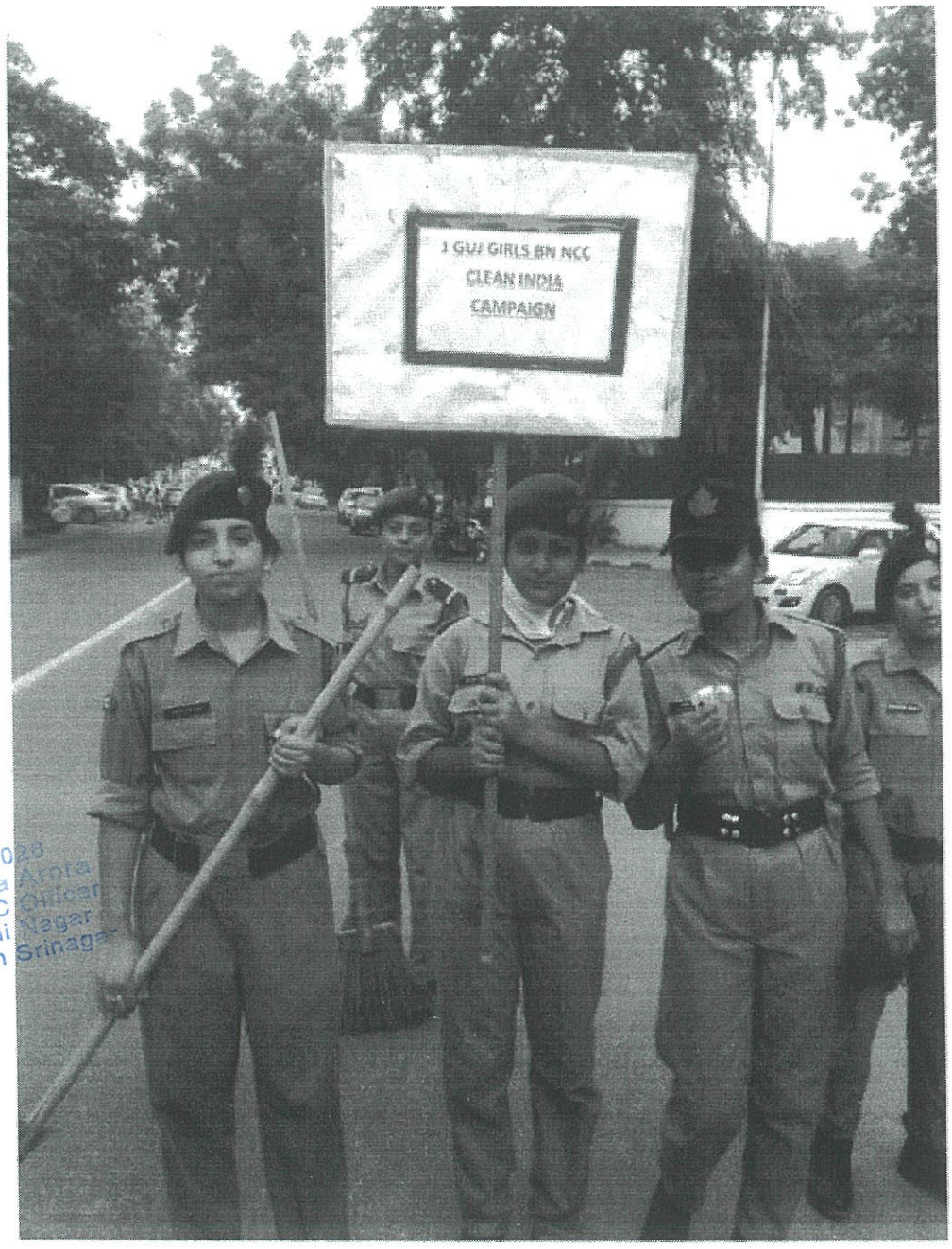
## RESERVE CADETS

| S.No. | RANK | REGIMENTAL NO. | NAME |
|---|---|---|---|
| 1. | Cadet | JKSW16/180203 | SAMANPREET KOUR |
| 2. | Cadet | JKSW16/180256 | JASHANMEET KOUR |
| 3. | Cadet | JKSW17/180275 | VISHALI SHARMA |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar

(292)

# EBSB GUJARAT
# 9TH JANUARY TO 20TH JANUARY 2019
# NO. OF CADETS :10




NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

E-Mail: principal@gcwgandhinagar.com
Mobile No: 9419102359

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# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## RED RIBBON CLUB

## NOTICE

No.
Dt. 14/11/2018

It is hereby informed to all club members that Red Ribbon Club , GCW Gandhi Nagar, in collaboration with JK State AIDS Control Society, is going to celebrate an intra college poster making competition on the World's AIDS theme - Know Your Status , to mark the occasion of World AIDS day . As such, it is requested to all members of the Red Ribbon Club attend a meeting on 16th November 2018 , at 11:30 AM in the staff room to discuss few important agendas.

Manisha
**Convenor/Nodal officer**
**Red Ribbon Club**

# MINUTES OF MEETING

Date: 16th November 2018
Time: 11:30 AM
Location: Main Staff Room

**Agenda:** Discussion on upcoming events and competitions organized by the Red Ribbon Club in collaboration with JK AIDS Control Society, Jammu.
The meeting commenced with a warm welcome to all attendees. The agenda was discussed in detail, and the following points were addressed:

1. Awareness Rally "HIV Awareness ":
Date: 24/11/2018

- It was decided to conduct an awareness rally where the participant will perform a rally from the college premises to Vikram Chowk, Jammu.
- It was emphasized to encourage maximum participation and ensure the videos are informative and creative.
- The participants would be guided by Prof. Mamta, Head, Department. Of Commerce and Prof. Deepika Gupta, Associate Professor, Department. Of Chemistry.

**2. Slogan Writing Competition:**
Date: 25/11/2018

- It was decided a slogan writing competition will be organized to raise awareness about the HIV AIDS awareness program. Participants will be asked to come up with impactful slogans related to said program's awareness.
- The participants were judged by Dr Surjeet Kour Head, Department of Punjabi and Ms. Neelam Bhagat Associate Professor, Department of Home Science.

**3. Poster-Making Competition:**
Date: 27/11/2018

- It was decided a poster-making competition will be conducted to promote awareness and to use a red ribbon as the background symbolizing solidarity and awareness for HIV/AIDS.
- Participants will create posters, highlighting the message of EDUCATE. TEST. PREVENT. SUPPORT." and to convey the message clearly and effectively for spreading awareness regarding the said issue of society.
- The participants were judged by Miss Harjeet Kour Assistant Professor Department of Botany and Miss Poonam Assistant Professor, Department of Hindi.

**4. Symposium:**

Date: 01/11/2018

- It was decided that the symposium will be held on 01 of December 2018 at Chemistry Department. The theme for the event will be "Together for HIV/AIDS-Free World."

- The club members discussed the objectives of the symposium, which include raising awareness about HIV/AIDS, promoting prevention measures, eliminating stigma, and fostering community support for those affected.
- The participants were judged by Dr Surjeet Kour Head, Department of Punjabi and Ms. Neelam Bhagat Associate Professor, Department of Home Science.

**The following members were present in the meeting:**

1. Dr. Manisha Kohli (Convenor/Nodal officer) Manisha
2. Dr. Revika Arora Revika
3. Prof. Ambica Ambica
4. 

(296)

E-Mail: principal@gcwgandhinagar.com
Mobile No: 9419102359

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

NO.
Dt. 16/11/2018

## RED RIBBON CLUB

## NOTICE FOR STUDENTS

Red Ribbon Club of our college in collaboration with JK State AIDS Control Society, is going to organize an intra-college poster-making competition on the World's AIDS theme - Know Your Status, to mark the occasion of World AIDS Day.

The said competition is to be held to inaugurate a week-long activity from 24-11-2018 up to 1st December in the college campus.

The following events and competitions will be organized:

| S.NO. | DATED | ACTIVITIES | VENUE |
|---|---|---|---|
| 1. | 24/11/2018 | Awareness Rally "HIV Awareness " | College Campus to Vikram Chowk |
| 2. | 25/11/2018 | Slogan writing competition | Chemistry Block |
| 3. | 27/11/2018 | Poster making competition | Chemistry Block |
| 4. | 01/11/2018 | Symposium on HIV Awareness | Smart Class Room |

All interested students can actively participate in these activities and competitions.

Manisha

**CONVENOR/NODAL OFFICER**

**RED RIBBON CLUB**

# REPORT: RED RIBBON CLUB INTRA-COLLEGE POSTER-MAKING COMPETITION

**Objective:**

The Red Ribbon Club, in partnership with the JK State AIDS Control Society, organized an intra-college poster-making competition on the theme "Know Your Status" to commemorate World AIDS Day. The event aimed to raise awareness among college students about HIV/AIDS, promote the importance of knowing one's HIV status, and eliminate the stigma associated with the disease.

**Event Highlights:**

The poster-making competition witnessed enthusiastic participation from students across various disciplines, reflecting their commitment to spreading awareness about HIV/AIDS. his competition was held to inaugurate a week-long activity from 24-11-2018 up to 1st December. 41 students participated in today's activity. and the judges present for the event were Dr . Ashu Vashisht, Professor Ashwini Khajuria from GCW Gandhi Nagar, and Professor Siloney Chirag from GCW Prade. Dr. Manisha Kohli convener Red Ribbon Club , Professor Eisha Gohil , Dr . Syed Shehna, Dr. Shiv Mangal Singh members of Red Ribbon Club supervised the event.

**Activities:** Poster Making Competition: Participants were provided with art supplies and charts to create compelling posters on the theme "Know Your Status." The students' creativity was evident in the thought-provoking and visually captivating artworks they produced.

**Awareness Session:** Alongside the competition, an informative session was conducted by representatives from the JK State AIDS Control Society. The session focused on educating the students about HIV transmission, prevention measures, the importance of regular testing, and the support available for those affected by the disease.

Prize Distribution: After careful evaluation by a panel of judges, the best posters were selected based on their originality, relevance to the theme, and artistic merit. Muskaan Trehan ( Semester -3) , Attika Choudhary ( Semester -1 ) and Nishtha Jain ( Semester - 5 ) were adjudged 1st ,2nd and 3rd respectively. The winners were awarded certificates of appreciation and attractive prizes as tokens of recognition for their efforts.

## PROGRAM OUTCOMES:

The event succeeded in its mission to raise awareness about HIV/AIDS and empower the student community to take proactive steps in the fight against the epidemic. By promoting the theme "Know Your Status," the event encouraged students to prioritize their health and well-being by getting tested regularly for HIV The creativity displayed in the posters helped dispel myths and misconceptions surrounding HIV/AIDS and fostered a more compassionate and understanding atmosphere on campus.

## Pictorial Report of the Event:




Manisha

Convener
Red Ribbon Club
GCW Gandhi Nagar, Jammu

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# OFFICE OF THE PRINCIPAL, GOVT. P.G.COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

To

The Joint Director
J&K State Science, Technology & Innovation Council,
Department of Science &Technology,
Srinagar, J&K

Dated: 06-07-2019

No. GCW/770

**Subject: Submission of Utilization certificate of 6th J&K Women Science Congress at Govt. P. G. College for Women Gandhi Nagar, Jammu on 26th Feb. to 28th Feb. 2019.**

Sir,

In reference to letter No. JKST&IC/161-2018/553-06, dated: 25-06-2019, regarding the subject cited above, as desired please find enclosed rectified Utilization certificate & Statement of Expenditure 6th J&K Women Science Congress at Govt. P. G. College for Women Gandhi Nagar, Jammu on 26th Feb. to 28th Feb. 2019 in required corrected template/format.

Thanking you,

With regards,

Principal
Principal
Govt. College for Women
Gandhi Nagar, Jammu

J&K STATE SCIENCE TECHNOLOGY & INNOVATION COUNCIL
DEPARTMENT OF SCIENCE & TECHNOLOGY
SDA Colony Bemina Srinagar

Principal,
Govt. College for Women,
Gandhi Nagar, Jammu

No : JKST&IC/161-2018/553-06 Dated: 25 -06-2019

Sub: Submission of Utilization certificate-6th Session of J&K Women Science Congress at Govt. College for Women, Gandhi Nagar, Jammu on 26th – 28th February, 2019.

Madam

Kindly refer to letter No WCG/989dated. 4-5-2019 regarding the subject cited above. Utilization Certificate, Statement of expenditure forwarded are incomplete & deficient in respect of the following & need to be Corrected

1- Six Tier Head of account has not been reflected
2- UC language is not correct
3- Statement of Expenditure is not correct
4- Disbursement certificate not Recorded on the Vouchers

Kindly furnish the rectified Utilization Certificate & Statement of expenditure as per the enclosed Corrected Template

Yours faithfully

**Dr Mushtaq A Bhat**
Joint. Director
25-6-2019

Copy to:-
1. Secretary to Government, Science & Technology Department,Civil Secretariat Srinagar for information, please
2. Dr. Anupama Gupta Department of Mathematics, (Convener/Organizing Secretary, 6th session of J&K Women Science Congress) Govt. College for Women, Gandhi Nagar, Jammu

# PROGRAMME SCHEDULE

of

# 6th J&K WOMEN SCIENCE CONGRESS (JKWSC-19)

on

**26th – 28th February, 2019**

**Focal Theme**

**Research & Women in Science, Technology and Mathematics – Representation, Challenges & Opportunities**

**Organized by**
**Govt. P.G. College for Women Gandhi Nagar, Jammu;**
**A Constituent College of Cluster University of Jammu**

**in collaboration with**
**J&K Science Technology & Innovation Council, Department of Science and Technology, J&K**

# 6th J&K Women Science Congress -2019 (February 26-28, 2019)
## Programme Schedule (Tentative)

## February 26, 2019, Tuesday

| | |
|---|---|
| 11:00- 12:30 | Registration/ Distribution of Kit ( Outside Auditorium ) |
| 12:30 -2:10 | Inaugural Session (Auditorium) |
| | Welcome of Guests |
| | Lighting of Lamp & Saraswati Vandana |
| | Welcome address by **Prof. Kaushal Smotra,** Patron of the Congress & Principal, Govt. P. G. College for Women Gandhi Nagar, Jammu |
| | Opening address by **Dr. Anupama Gupta,** Organizing Secretary |
| | Key note address by **Prof. Prajval Shastri Senior Associate, ICTS-Tata Institute of Fundamental Research, India** |
| | Presidential Address by **Guest of Honour, Prof. Anju Bhasin,** Chief Patron of the Congress & Vice Chancellor, Cluster University of Jammu |
| | Release of Souvenir cum **Abstract book** |
| | Address by the **Chief Guest, Mr. Kurshid Ahmad Ganai,** Hon'ble Advisor to Governor |
| | Salutation by **Dr. Mushtaq A. Bhat,** Joint Director, DST |
| | Vote of Thanks |

**Lunch Break - 2:10- 3:00**

| | |
|---|---|
| 3:00-5:00 | **Technical Session – I (Edusat Hub)**<br>Chairperson: **Prof. Lalit Sen**<br>Co-Chairperson: **Dr. Anuradha Gandotra** |
| | **Plenary Lecture (PL- 1): Prof. Sharada M. Potukuchi**<br>Department of Biotechnology<br>SMVDU, Kakrayal, Katra<br>**Topic: Funding Schemes for Science Graduates - A World of Opportunities** |
| | **Invited Lecture (IL-1): Dr Shally Sehgal**<br>Department of Biotechnology<br>Central University of Jammu, Jammu |
| | **Invited Lecture (IL-2): Prof. K. S. Charak**<br>Department of Mathematics, University of Jammu, Jammu |
| | |
| 3.00 – 5.00 | **Technical Session – II (Smart Room) (Parallel Session)**<br>**Chairperson: Prof. Arti Bakshi**<br>**Co-Chairperson: Prof. Aekta Gupta** |
| | **Plenary Lecture (PL- 2): Prof. Amita Gupta**<br>Govt. Medical College, Jammu<br>**Topic: Polycystic Ovarian Syndrome Management** |
| | **Invited Lecture (IL -3): Dr. Monika Sood**<br>Division of Food Science & Technology, SKUAST-J, Chatha, Jammu<br>**Topic: Food By-product Utilization: A Key to Food Security** |
| | Oral Presentations (OP) Ab. No.: 15, 22, 23, 25, 26, 27, 28 |
| | |
| 5.00 5.15 | **Tea-Break** |

## February 27, 2019 Wednesday

| | |
|---|---|
| 10.00 –11.40 | **Panel Discussion on Topic Women in Science: Gender Equality (Auditorium)** |
| | |
| 11.40 - 12.00 | **Tea-Break** |
| | |
| 12.00 –2.00 | **Technical Session – III (Smart Room)**<br>**Chairperson: Prof. Namarta Sharma**<br>**Co-Chairperson: Dr. Suman Sharma** |

| | |
|---|---|
| | **Plenary Lecture (PL – 3): Prof. Suphla Gupta**<br>Senior Scientist, CSIR-IIIM, Jammu<br>**Topic: Women in Science: The Meristem** |
| | **Invited Lecture (IL– 4): Professor Anjana Munshi**<br>HOD, Department of Human Genetics and Molecular Medicine<br>Central University of Punjab<br>**Topic: Genomic Signatures in Association with the Development of Stroke and Treatment Outcome** |
| | Oral Presentations (OP) (Ab. No.: 32, 34, 37, 44, 45, 86) |
| | |
| **12.00 – 2.00** | **Technical Session – IV (Edusat Room)(Parallel Session)**<br>**Chairperson: Prof. Bupinder Singh**<br>Dean Cluster University Jammu<br>**Co-Chairperson: Dr. Anupama Gupta** |
| | **Plenary Talk (PL- 4): Prof. Fozia Qazi**<br>HOD, Department of mathematics, Islamic University, Srinagar |
| | **Invited Lecture (IL- 5): Dr. Rajni Sharma**<br>Department of Mathematics, DAVIET Jalandhar<br>**Topic: Some Efficient iterative methods with complex dynamics for solving nonlinear equations** |
| | **Invited Lecture (IL- 6): Dr. P. K. Sharma**<br>P. G. Department of Mathematics, D. A. V. College, Jalandhar, Punjab<br>**Topic: Problems Relating to Pasting Lemma for Continuity and Uniform Continuity** |
| | Oral Presentations (OP) (Ab. No.: 13, 33, 35, 60, 70, 74, 80, 87) |
| | |
| **2:00-2:40** | **Lunch Break** |
| | |
| **2.40 – 5.00** | **Technical Session – V (Smart Room)**<br>**Chairperson: Prof. Neeru Sharma**<br>Co-Chairperson: **Prof. Kamlesh Slathia** |
| | **Invited Lecture (IL - 8): Prof. Anuradha Sharma**<br>Department of Geography, University of Jammu |
| | Oral Presentations (Ab. No.: 46, 51, 52, 55, 58, 63, 66, 67, 69, 71, 75, 77, 78, 79, 82, 83, 84,85) |
| | |
| **5.00 – 5.15** | **Tea-Break** |
| | **Technical Session –VI (Auditorium)**<br>**Student's Corner: Student's Interaction Session** |

## February 28, 2019, Thursday

| | |
|---|---|
| 10.00 –11.30 | **Inter College Symposium for Students**<br>**Jury members: Prof. Veenu Koul, Prof. Samridhi Arora, Dr. Nisha Kapoor** |
| | |
| 11.30 – 11.45 | **Tea-Break** |
| | |
| 11.45 -2.00 | **Handouts with Scientific Skills**<br>**(For students of different colleges):**<br>**Chairperson: Kamal Kapoor**<br>**(Accompanied by Group of Scholars)** |
| | |
| 10.00 – 2.00 | **Technical Session - VII (Chemistry Corridor)** |
| | **Poster Presentations**<br>**Jury members: Prof. Geeta Sumbali, Prof. Satya Pal, Prof. B. K. Bajaj**<br>**Ab. No. :** 9, 10, 11, 14, 16, 18, 19, 20, 21, 24, 29, 30, 36, 38, 39, 40, 41, 42, 43, 47, 48, 49, 50, 53, 56, 57, 59, 61, 62, 64, 65, 68, 73, 76, 81 |
| 2.00 – 3.00 | **Lunch Break** |

| | |
|---|---|
| 3. 00 - 5. 00 PM | **Valedictory Session ( Auditorium)** |
| | Welcome of Guests |
| | Formal Valedictory Address by the Patron |
| | Report of the Proceeding of the Congress address by the Organizing Secretary |
| | Cultural Program |
| | Presentations of Awards and Certificates |
| | Address by the Chief Guest |
| | Vote of Thanks |
| | |

Instructions: **Time allotted for Presentations**

Plenary Lecture (PL): 40 (30 + 10) min.
Invited Lecture (IL): 30 (25 + 5) min.
Oral Presentations (OL): 08 min.

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# Report of 6th J&K Women Science Congress

| | | |
|---|---|---|
| 1. | Name of Congress | 6th Session of J&K Women Science Congress |
| 2. | Date, Duration and Venue | 26th – 28th of Feb. 2019, 3 Days<br>Govt. P. G. College for Women, Gandhi Nagar, Jammu |
| 3. | Genesis and Objectives | JKWSC is an attempt to facilitate women's scientific endeavor. J&K Science Technology & Innovation Council, Department of Science and Technology, J&K plays a crucial role in promoting, recognizing and rewarding excellence in Science, Technology & Mathematics. Through this avenue, more young female minds can be inspired to be a part of scientific community, to engage themselves in active research in science. The women science congress is a step towards capacity building of women, to experiment their ideas, to share their research and nurture young minds for innovative research.<br>The main objectives of JKWSC are:<br>➢ To motivate women scientists and enhance their participation in science and create a sustained platform to demonstrate women's contribution in science in India.<br>➢ To aware women participants about their fundamental rights and transform them to preferred workers<br>➢ To focus on real ground level problems hindering the progress of Indian women in science and development process.<br>➢ To empower the women folk through Science & Technology mentoring.<br>➢ To provide an ideal forum & opportunity to Women Scientists & researchers of the state and other parts of India to showcase their contribution and join with experts &academic leaders.<br>➢ To empower females to assume leadership positions, enhance professionalism while enabling them to face challenges of life effectively.<br>➢ To provide an open forum to the women/students to interact with the leading Women Scientists and academician from different parts of the country & state to improve the quality of scientific research at college level. |

| | | |
|---|---|---|
| 4. | Focal theme/sub themes | The Focal theme of JKWSC is<br>**"Research & Women in Science, Technology & Mathematics – Representation, Challenges & Opportunities"**<br>The subthemes for the congress are:<br>1) **Penetration of Women in Science, Technology & Mathematics**<br>2) **New approach to involve/absorb and retain women in Science, Technology & Mathematics**<br>3) **Women in Research: An Overview of the Challenges**<br>4) **Women empowerment through Science, Technology & Mathematics**<br>5) **Women & Work: Health, Family responsibility, Safety & Job Satisfaction/Financial independence/Security**<br>6) **Transform into the tide of Women in Research, Science, Technology and Mathematics.** |
| 5. | Areas covered | **Agriculture, Home Science & Food Science, Bio-technology, Chemical sciences, Earth & Planetary Sciences, Engineering, Information & Communication Technology, Environmental Science, Health Sciences, Life Sciences, Mathematical and Statistical Sciences** |
| 6. | Organizing/sponsoring & collaborating agencies | **Govt. P. G. College for Women Gandhi Nagar, Jammu in collaboration with J&K Science Technology & Innovation Council, Department of Science and Technology, J&K.** |
| 7. | List of eminent personalities Dignitaries/ invited speakers along with details of department / institutions involved and lecture topic | **Annexure- (a)** |
| 8. | Detail List of Participants | **Annexure –(b)** |
| 9. | Broad subject areas in which papers and posters were presented | **Agriculture Sciences, Bio-technology, Chemical sciences, Earth & Sciences, Engineering, Information & Communication Technology, Environmental Science, Home Science, Life & Health Sciences, Mathematical Sciences, Physics & Electronics, Social Sciences.** |
| 10. | Details of technical session | **Annexure –(c)** |
| 11. | Details of best Poster presentation awardees (Name/Address) | **Annexure – (d)** |
| 12. | Detail list of Students who participated in Congress | **Annexure –(e)** |
| 13. | Details of Winners of Inter- | **Annexure – (f)** |

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| | | |
|---|---|---|
| | College Symposium | |
| 15. | Copy of Congress Announcements | **Annexure – (g)** |
| 16. | Copies of technical addresses delivered during the inaugural & valedictory session | **Annexure – (h)** |
| 17. | Copy of keynote address delivered during the Congress | **Annexure – (i)** |
| 18. | Copy of Panel discussion during the Congress | **Annexure – (j)** |
| 19. | Copy of Detail Report of Congress | **Attached** |
| 20. | Copy of Abstract Book Published | **Attached** |

**Organizing Secretary**

**Principal**

Principal
Govt. College for Women
Gandhi Nagar, Kandau

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Annexure-h

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*Advisor to Governor, Khurshid Ahmed Ganai along with other dignitaries inaugurating 6th J&K Women Science Congress at GCW Gandhi Nagar in Jammu*

# 6th J&K Science Congress begins at Women College Gandhi Nagar

*Excelsior Correspondent*

JAMMU, Feb 26: Sixth J&K Women Science Congress commenced today at Government P G College for Women (GCW) Gandhi Nagar in collaboration with Science Technology & Innovation Council, Department of Science and Technology, J&K, on the focal theme "Research & Women in Science, Technology & Mathematics : Representation, Challenges & Opportunities".

In the inaugural session, Khurshid Ahmed Ganai, Advisor to Governor, was the chief guest whereas Prof Anju Bhasin, Vice Chancellor, Cluster University and chief patron of the Congress was the guest of honour. Prof Prajval Shastri, Senior Associate, ICTS Tata Institute of Fundamental Research Mumbai was a keynote speaker.

The programme began by lighting ceremonial lamp of knowledge and enlightenment. Prof Kaushal Smotra, Principal of the College and patron of Women Science Congress, welcomed the guests. Dr Anupama Gupta, organizing secretary of the event discussed the basic objective of organizing the conference to stimulate the young aspirants to pursue carrier in Science, Technology, Engineering and Mathematics.

Prof Prajwal Shastri, in her key note address, encouraged women to break the stereotypes of gender to build a sound future in science. She gave an overview of "Growing Gaint Black Holes" which pay a key role in the evolution of galaxies like Milky Way.

Khurshid Ahmed Ganai, while addressing the audience, stressed upon the need of strengthening science subject in school and colleges and promoting girls to opt for these courses for bringing a significant change in society.

Prof Anju Bhasin persuaded women to unleash the mysteries of Universe based on logic and reasoning. Dr. Jatinder Khajuria, Registrar, Cluster University of Jammu also shared his views by adding that deliberations on different sub themes will attract women to abridge the gender bias.

Soon after the inaugural session, two technical sessions were held on the first day of 6th JK Women Science Congress.

Daily Excelsior, Dt. 27.02.19

Annexure - g

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# INVITATION

Dear all,

Govt. P. G. College for Women Gandhi Nagar, Jammu; A Constituent College of Cluster University in collaboration with J&K Science Technology & Innovation Council, Department of Science and Technology, J&K invite you to attend 6th Session of J&K Women Science Congress (JKWSC) in the month of February on 26th-28th, 2019. The scientists, doctors, academicians, technologists, researchers and science lovers, especially women from different parts of India who are interested in sharing their knowledge, innovations & research with an objective to showcase their work on a common platform are also invited to participatein the JKWSC.

Focal Theme: "Research & Women in Science, Technology & Mathematics – *Representation, Challenges & Opportunities*"

The abstracts are invited for the following Subthemes:

1. Penetration of Women in Science, Technology & Mathematics
2. New approach to involve/absorb and retain women in Science, Technology & Mathematics
3. Women in Research: An Overview of the Challenges
4. Women empowerment through Science, Technology & Mathematics
5. Women & Work: Health, Family responsibility, Safety & Job Satisfaction/Financial independence/Security
6. Transform into the tide of Women in Research, Science, Technology and Mathematics

The 6th JKWSC will cover Plenary talks, Invited talks, Sectional presentations (oral/poster), on various themes. Technical presentations will cover the following broad subject areas and research papers are invited for presentation in these subject areas:

- Applied Sciences
- Life Sciences/Health Sciences
- Material Sciences
- Mathematical Sciences
- Physical Sciences & other related science subjects.

Participants of the 6th J&K Women Science Congress include Scientists, Researchers, Technologists, Educationists, Environmentalists, Doctors,Entrepreneurs and Students. Please disseminate this invitation to your colleagues also.

Last Date for Submission of Abstract: 31st Jan., 2019

For further information, you may visit college Website: www.gcwgandhinagar.co.in
Please feel free to contact:- Dr. Anupama Gupta, (Organizing Secretary)
Mb. No. – 9419797872. Email:anugcw15@gmail.com or principal@gcwgandhinagar.com

With regards,

Dr. Kaushal Smotra
Principal & Patron

Prof. (Dr.) Anju Bhasin
Chief Patron & VC
Cluster University, Jammu

DIP/A 19850, Dt: 16-1-19

Daily Excelsior
Dt: 12-01-2019

## *Important Dates*

Last Date for Submission of Abstract: 31st Jan., 2019
Submission of Full paper: 20th Feb., 2019
Send your Abstract/Full length paper at anugcw15@gmail.com

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**Registration Fee** (Without Accommodation Charges)

| | |
|---|---|
| **Delegates (Teachers/ Scientists)** | **Rs. 1500/-** |
| **For Research Scholars** | **Rs. 700/-** |

**Registration fee after 31st Jan., 2019: Rs. 2,000/-**
**(No abstract will be published who register after 31st Jan., 2019)**

*Accommodation:* The organizers can help in arranging accommodation for the participants if requested in time. Charges will be borne by the participants themselves. Online booking is also available in Vaishnavi Dham, Saraswati Dham, Kalika Dham at

While your stay at these Dhams, you not only enjoy the scenic beauty of J&K but also relish the local cuisine.

**MODE OF REGISTRATION: Online**

For Registration and payment of fee, please visit at official website of Govt. P. G. college for Women Gandhi Nagar, Jammu, i.e. **www.gcwgandhinagar.com**

## *External Advisory Committee*

- Prof. Poonam Dhawan,
  Dean Academic Affairs, Cluster University, Jammu
- Prof. Sat Pal Sharma,
  Dean Sciences, Cluster University, Jammu
- Prof. Geeta Sumbali,
  Deptt. of Botany, University of Jammu
- Prof. Kamal K. Kapoor,
  Deptt. of Chemistry, University of Jammu
- [redacted]
- Prof. Namarta,
  Deptt. of Botany, University of Jammu
- Prof. Neeru Sharma,
  Deptt. of Home Science, University of Jammu
- Prof. Romesh Kumar,
  Deptt. of mathematics, University of Jammu
- Prof. K. S. Charak,
  Deptt. of Mathematics, University of Jammu
- Prof. Geeta Ponkutuch,
  Deptt. of Bio-technology, SMVDU, Kakrayal, Katra
- Prof. Ajay Kumar,
  Deptt. of Mathematics, Central University of Jammu
- Prof. Naveen Anand,
  GGM, Science College, Jammu
- Prof. Sunil Gupta,
  GGM, Science College, Jammu

## *Internal Advisory Committee*

- Prof. Sujata Slathia
- Prof. Minnie Sharma
- Prof. Sudhanshu Sharma
- Prof. Aekta Gupta
- Prof. Anuradha Gandotra
- Prof. B.D Sehgal
- Prof. Sunil Uppal
- Prof. Surinder Sharma
- Prof. Suman Bala
- Prof. Rajinder Sharma

## *Organizing Committee*

- Prof. Anupama Gupta (Organizing Secretary)
- Prof. Kamlesh Slathia
- Prof. Amitpal Kaur
- Prof. Depika Gupta
- Prof. Shifali Abrol
- Prof. Mohinder Pal
- Prof. Mala Bhasin
- Prof. Romika Sudan
- Prof. Ashwani Khajuria
- Prof. Nazia Rasool
- Prof. Malti Rajput
- Prof. Kiran Bala
- Prof. Nidhi Suri
- Prof. Amit Kumar
- Prof. Rakesh Mohan Datt
- Prof. Neelam Thappa
- Prof. Shivani Sawhney
- Prof. Sonika Khajuria
- Prof. Ashok Kumar
- Prof. Jasneet Kour

# 6th J&K WOMEN SCIENCE CONGRESS (JKWSC)

**on**

**26th - 28th February, 2019**

## Focal Theme

**RESEARCH & WOMEN IN SCIENCE, TECHNOLOGY AND MATHEMATICS - REPRESENTATION, CHALLENGES & OPPORTUNITIES**



*Organized by*

**Govt. P. G. College for Women**
**Gandhi Nagar, Jammu;**
***A Constituent College of Cluster University***

in collaboration with

**J&K Science Technology & Innovation Council,**
**Department of Science and Technology, J&K**

*Dr. Kaushal Smotra*
Principal & Patron

*Prof. (Dr.) Anju Bhasin*
Chief Patron
(Vice Chancellor,
Cluster University of Jammu)

***Web link:*** www.gcwgandhinagar.co.in

# PROGRAMME SCHEDULE

of

# 6th J&K WOMEN SCIENCE CONGRESS (JKWSC-19)

on

**26th – 28th February, 2019**

**Focal Theme**

**Research & Women in Science, Technology and Mathematics – Representation, Challenges & Opportunities**

**Organized by**
**Govt. P.G. College for Women Gandhi Nagar, Jammu;**
**A Constituent College of Cluster University of Jammu**

**in collaboration with**
**J&K Science Technology & Innovation Council, Department of Science and Technology, J&K**

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# 6th J&K Women Science Congress -2019 (February 26-28, 2019)

## Programme Schedule (Tentative)

## February 26, 2019, Tuesday

| | |
|---|---|
| 11:00- 12:30 | Registration/ Distribution of Kit ( Outside Auditorium ) |
| 12:30 -2:10 | Inaugural Session (Auditorium) |
| | Welcome of Guests |
| | Lighting of Lamp & Saraswati Vandana |
| | Welcome address by **Prof. Kaushal Smotra,** Patron of the Congress & Principal, Govt. P. G. College for Women Gandhi Nagar, Jammu |
| | Opening address by **Dr. Anupama Gupta,** Organizing Secretary |
| | Key note address by **Prof. Prajval Shastri** **Senior Associate,** **ICTS-Tata Institute of Fundamental Research, India** |
| | Presidential Address by **Guest of Honour, Prof. Anju Bhasin,** Chief Patron of the Congress & Vice Chancellor, Cluster University of Jammu |
| | Release of Souvenir cum **Abstract book** |
| | Address by the **Chief Guest, Mr. Kurshid Ahmad Ganai,** Hon'ble Advisor to Governor |
| | Salutation by **Dr. Mushtaq A. Bhat,** Joint Director, DST |
| | Vote of Thanks |

**Lunch Break - 2:10- 3:00**

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| | |
|---|---|
| 3:00-5:00 | **Technical Session – I (Edusat Hub)**<br>Chairperson: **Prof. Lalit Sen**<br>Co-Chairperson: **Dr. Anuradha Gandotra** |
| | **Plenary Lecture (PL- 1): Prof. Sharada M. Potukuchi**<br>Department of Biotechnology<br>SMVDU, Kakrayal, Katra<br>**Topic: Funding Schemes for Science Graduates - A World of Opportunities** |
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| | |
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| | **Plenary Lecture (PL- 2): Prof. Amita Gupta**<br>Govt. Medical College, Jammu<br>**Topic: Polycystic Ovarian Syndrome Management** |
| | **Invited Lecture (IL -3): Dr. Monika Sood**<br>Division of Food Science & Technology, SKUAST-J, Chatha, Jammu<br>**Topic: Food By-product Utilization: A Key to Food Security** |
| | Oral Presentations (OP) Ab. No.: 15, 22, 23, 25, 26, 27, 28 |
| | |
| 5.00 – 5.15 | **Tea-Break** |

## February 27, 2019 Wednesday

| | |
|---|---|
| 10.00 –11.40 | **Panel Discussion on Topic – Women in Science: Gender Equality (Auditorium)** |
| | |
| 11.40 - 12.00 | **Tea-Break** |
| | |
| 12.00 –2.00 | **Technical Session – III (Smart Room)**<br>**Chairperson: Prof. Namarta Sharma**<br>**Co-Chairperson: Dr. Suman Sharma** |

| | |
|---|---|
| | **Plenary Lecture (PL – 3): Prof. Suphla Gupta**<br>Senior Scientist, CSIR-IIIM, Jammu<br>**Topic: Women in Science: The Meristem** |
| | **Invited Lecture (IL– 4): Professor Anjana Munshi**<br>HOD, Department of Human Genetics and Molecular Medicine<br>Central University of Punjab<br>**Topic: Genomic Signatures in Association with the Development of Stroke and Treatment Outcome** |
| | Oral Presentations (OP) (Ab. No.: 32, 34, 37, 44, 45, 86) |
| | |
| 12.00 – 2.00 | **Technical Session – IV (Edusat Room)(Parallel Session)**<br>**Chairperson: Prof. Bupinder Singh**<br>Dean Cluster University Jammu<br>**Co-Chairperson: Dr. Anupama Gupta** |
| | **Plenary Talk (PL- 4): Prof. Fozia Qazi**<br>HOD, Department of mathematics, Islamic University, Srinagar |
| | **Invited Lecture (IL- 5): Dr. Rajni Sharma**<br>Department of Mathematics, DAVIET Jalandhar<br>**Topic: Some Efficient iterative methods with complex dynamics for solving nonlinear equations** |
| | **Invited Lecture (IL- 6): Dr. P. K. Sharma**<br>P. G. Department of Mathematics, D. A. V. College, Jalandhar, Punjab<br>**Topic: Problems Relating to Pasting Lemma for Continuity and Uniform Continuity** |
| | Oral Presentations (OP) (Ab. No.: 13, 33, 35, 60, 70, 74, 80, 87) |
| | |
| 2:00-2:40 | **Lunch Break** |
| | |
| 2.40 – 5.00 | **Technical Session – V (Smart Room)**<br>**Chairperson: Prof. Neeru Sharma**<br>Co-Chairperson: **Prof. Kamlesh Slathia** |
| | **Invited Lecture (IL - 8): Prof. Anuradha Sharma**<br>Department of Geography, University of Jammu |
| | Oral Presentations (Ab. No.: 46, 51, 52, 55, 58, 63, 66, 67, 69, 71, 75, 77, 78, 79, 82, 83, 84,85) |
| | |
| 5.00 – 5.15 | **Tea-Break** |
| | **Technical Session –VI (Auditorium)**<br>**Student's Corner: Student's Interaction Session** |

# February 28, 2019, Thursday

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| | |
|---|---|
| | |
| **10.00 –11.30** | **Inter College Symposium for Students**<br>**Jury members: Prof. Veenu Koul, Prof. Samridhi Arora, Dr. Nisha Kapoor** |
| | |
| **11.30 – 11.45** | **Tea-Break** |
| | |
| **11.45 -2.00** | **Handouts with Scientific Skills**<br>**(For students of different colleges):**<br>**Chairperson: Kamal Kapoor**<br>**(Accompanied by Group of Scholars)** |
| | |
| **10.00 – 2.00** | **Technical Session - VII (Chemistry Corridor)** |
| | **Poster Presentations**<br>**Jury members: Prof. Geeta Sumbali, Prof. Satya Pal, Prof. B. K. Bajaj**<br>**Ab. No. :** 9, 10, 11, 14, 16, 18, 19, 20, 21, 24, 29, 30, 36, 38, 39, 40, 41, 42, 43, 47, 48, 49, 50, 53, 56, 57, 59, 61, 62, 64, 65, 68, 73, 76, 81 |
| **2.00 – 3.00** | **Lunch Break** |

| | |
|---|---|
| **3. 00 - 5. 00 PM** | **Valedictory Session ( Auditorium)** |
| | Welcome of Guests |
| | Formal Valedictory Address by the Patron |
| | Report of the Proceeding of the Congress address by the Organizing Secretary |
| | Cultural Program |
| | Presentations of Awards and Certificates |
| | Address by the Chief Guest |
| | Vote of Thanks |
| | |

Instructions: **Time allotted for Presentations**

Plenary Lecture (PL): 40 (30 + 10) min.
Invited Lecture (IL): 30 (25 + 5) min.
Oral Presentations (OL): 08 min.

(317)

(144)

## List of Winners of Inter-College Symposium held in 6th J&K Women Science Congress

**Topic: Why So Few Women in Science, Technology & Mathematics**

1. IstPrize : Ms. Stuti
   Govt. P. G. College for Women, Gandhi Nagar, Jammu

2. 2nd Prize: Ms. GazalpreetKour
   Govt. P. G. College for Women, Gandhi Nagar, Jammu

3. 3rdPrize : Ms. Richa
   Govt. P. G. College for Women, Gandhi Nagar, Jammu

4. Consolation Prize: Ms. Samiksha
   Govt. P. G. College for Women, Gandhi Nagar, Jammu

5. Consolation Prize: Ms. Goldy Sharma
   Govt. College of Education, Jammu

Organizing Secretary
Dr. Anupama Gupta

Principal
Dr. KoushalSmotra

Regd. No. JRS-690 of 2012, Registrar of Societies Jammu Govt. of J&K

# THE - SARA

...LOVE LIFE - LIVE LIFE

Ref. No: THESARA/D/17/2018-19

Dated: December 17, 2018.

**Principal**
**Government College for Women,**
**Gandhi Nagar, Jammu.**

**Sub:** Motivational Lecture Session by 'THE – SARA'.

**Respected Ma'am,**

'THE – SARA' a Registered Non – Profit Organization under 'Mission Mental Health Support' would like to carry out 'Motivational Lecture Session' for the benefit of the students of your College. 'THE – SARA' time to time conducts awareness programmes in Government schools and Colleges across the State on various issues related to career, mental health & other Public Health issues.

Lectures shall be delivered by:

1. Mr. Pradeep Dutta, Bureau Chief Times Now Jammu.
2. Ms. Shagun Singh Lawyer & Social Activist (she will touch legal points to make girl students aware about their legal rights).
3. Dr. Raminder Jit Singh, Director 'THE – SARA'.

The Lecture session would lay emphasis on students to channelize their energy towards Nation building. Therefore, we seek your permission & support to carry out said initiative in your esteemed Institution.

With sincere thanks, and genuine gratitude for your consideration and participation.

Yours Sincerely,

For THE – SARA

Raminder J. Singh.

**Dr. Raminder Jit Singh**
**Director**

THE - SARA JAMMU

CONNECT WITH US @the_sara_org @the_sara_org /the.sara.org

H.O: 106, Apna Vihar Housing Colony, Kunjwani, Jammu -180010 (J&K) India
+91 9419191666, +91 9086091666 | mail@thesara.org.in | www.thesara.org.in

# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report

**Motivational Lecture Session by "THE-SARA"**

**Date: 19.01.2019**

Career Counselling Cell of Govt. P.G College for Women Gandhi Nagar Jammu, in collaboration with "THE SARA", under the mission "MENTAL HEALTH SUPPORT organized an awareness programme in which a series of motivational lectures were delivered by eminent personalities of the town.

Dr. Kaushal Smotra, Principal, Govt. P.G College for Women Gandhi Nagar Jammu was the chief guest. Dr. Anupama Gupta, Convenor, Career Counselling Cell welcomed the august gathering. Mr. Pardeep Dutta, Bureau Chief, TIMES NOW, a man of international repute was the Guest of Honour. He motivates the young girls of the colleges to be self-reliant and to give their best in whatever field they choose in their near future. Ms. Shagun Singh, Lawyer and Social Activist was the Resource Person. She creates awareness among girl students about their legal rights. Dr. Raminder Jit Singh, Director, THE SARA also inspired the students to take care of their mental health along with the physical health. The Programme was coordinated by the Convenor, Career Counselling Cell, Dr Anupama Gupta. All the members of the committee were present. The programme was also attended by the Senior Faculty Members, Prof. Sudhanshu Sharma, Prof. Surinder Sharma and Prof. Kamlesh Slathia.

## Photographs of the Event






(341) (18)

Mobile: 094191 02359
Tele & Fax – 0191 – 2435158
E-mail: principal@gcwgandhinagar.com

*OFFICE OF THE PRINCIPAL, GOVT. COLLEGE FOR WOMEN*
*Gandhi Nagar, Jammu*
*(NAAC Accredited Grade "A")*

No/GCG/ 2928
Date: 20/12/18

**Mr. Ashraf Wani,**
**Director Programmes,**
**JK Development Action Group**

**Subject: Counselling Workshops**

Sir,

Regarding the subject cited above in reference to JK Development Action Group (JK DAG) letter Dated: 07-11-2018, it gives us immense pleasure to conduct counselling workshop **on 22nd January, 2019**. We express our willingness/consent for organizing such a event in our college.

Thanking you,

With regards,

Principal
Govt. College for Women
Gandhi Nagar, Jammu

(342)

Reg. Office: Shivpora, Srinagar, J&K
Telephone 01942314940 Mobile: - 9419009743
jkdagngo@gmail.com , Web: www.jkdag.org

(19)

Reg. No:- 5150-S of 2007

*"Development through Collective Action"*

# JK DEVELOPMENTAL ACTION GROUP (JK DAG)

December, 07, 2018

To

Principal Women callage
Gandhi Nagar Jammu.

**Subject:- Counselling Workshops**

**Madam/ Sir,**

JK Developmental Action Group (JK DAG) been selected as Counselling organisation by Government of India for Counselling of students in a view to expose students to the skill ecosystem and provide alternate/ complimentary career pathways based on their aspirations and profiles. Duration of session would be 1hr. Therefore, your are requested to kindly permit & the organizing counselling sessions and also encourage the students to take part in the session.

Enclosed documents: Authorization Letter and DO letter by Government of India.

Developmental Action Group (JK DAG) Srinagar J&K

**Ashraf Wani**
**Director Programmes**
**JK Developmental Action Group**

(343) (25)

F. No. - 1-5/2017-RMSA-IV/VE
Government of India
Ministry of Human Resource Development
Department of School Education & Literacy

**Shastri Bhawan, New Delhi**
**4th December, 2018**

**To,**

**Principal Secretaries/Secretaries of Education Department of all States/ UTs**

**Subject :- Counselling workshops in schools.**

**Madam/Sir,**

The undersigned is to enclose herewith a letter received from the Ministry of Skill Development and Entrepreneurship regarding the Counselling workshops being organised by the MoSDE in schools and colleges with a view to expose students of schools and colleges as well as dropouts to the skill ecosystem and provide alternate/complimentary career pathways based on their aspirations and profiles. Further, in order to benefit maximum number of students, MoSDE will need to utilise the premises of the Government schools for rendering the counseling sessions to the students.

It is felt that these counselling sessions will benefit the students and help them in selecting the correct career path and aid in their professional and personal growth. Therefore, you are requested to kindly facilitate in organizing these counselling sessions in the Government schools and also encourage the students to take part in these sessions.

This issues with the approval of Secretary (SE&L).

**Yours faithfully,**

**(Sushil Bhushan)**
**Under Secretary to the Government of India**

Copy to:

1. **Shri Rajesh Agarwal, Joint Secretary, M/o Skill Development and Entrepreneurship**
2. **Ms. Rekha Menon, Head- Education Initiatives, National Skill Development Corporation**

(344) 256 (21)

14650/2018/VE Section

राजेश अग्रवाल, भा.प्र.से.
संयुक्त सचिव
**Rajesh Agrawal, IAS**
**Joint Secretary**

सत्यमेव जयते

**Skill India**
कौशल भारत-कुशल भारत

D.O. No. SCH-15/1/2017-SNP

7th September, 2018

Dear Sir/Madam,

Ministry of Skill Development and Entrepreneurship is planning to initiate a Mega Counselling exercise with the view to expose students of schools and colleges as well as dropouts to the skill eco system and provide alternate/complimentary career pathways based on their aspirations and profiles. This is a part of the larger Skill India Mission which was launched by Government of India to empower the youth of the country with skill sets which make them more employable and more productive in their work environment.

2. This counselling program has been designed such that it will entail technology for the psychometric assessment of the candidates as well as person to person session. This process has been designed such that students are given a comprehensive feedback on the career pathways. As a part of the session, the students will also be provided with the details of the nearest training centers where they can further pursue the details of the programs available.

3. MSDE is in a process of rolling out this program through PMKK's (Pradhan Mantri Kaushal Kendra) wherein more than 450 PMKK's across India has been nominated as counselling centers. However, in order to benefit maximum number of students, MSDE would like further create touch points apart of PMKK's through various Central and State Government Institutions. We would like seek support from State Education Departments/Directorates for utilizing premises of State run & other affiliated Schools(Both Government and Private) and State University Campuses and its affiliated Colleges(Government and Private) for renoering counselling sessions to the both the students from the schools/colleges as well as other candidates from the vicinity. National Skill Development Corporation counselling teams shall coordinate with the nominated officers/Principals from your department for identification of space for setting up counselling camps, mobilizing of students and support for counselling the students. NSDC Counselling team shall coordinate with the nominated local officers firming up the details for counselling sessions on a mutually convenient date and time.

We look forward to your support for making this program a success.

Regards,

Yours sincerely,

(Rajesh Agrawal)

To,

All Principal Secretaries/ Secretaries of Education Department of States/ UTs.

## Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report

### Counselling Workshop under Skill India Mission

### Date: 22.01.2019

The career counselling cell of Government P G College for Women, Gandhi Nagar, Jammu in collaboration with J & K Development Action Group organised a counselling workshop under 'Skill India Mission's on 22nd January,2019.

Dr.Kaushal Smotra, Principal, Government PG College for Women, Gandhinagar, Jammu was the chief guest and Mr. Vikram Randhawa, MLC, Gandhi Nagar was the guest of honour. The programme was commenced with a formal Welcome of the August gathering by Dr. Anupama Gupta, Convener, Career counselling cell.

Various Executives from J &K Development Action Group, an organisation of Government of India were also present. Mr.Vikram Randhawa, MLC, Gandhi Nagar motivated the students to focus on skill enhancement along with academic achievements. Ms. Parachi, Assistant Manager, Housing Department, Jammu informed the students about various skill related programmes started by Government. 'Housing for All', 'Skill India's were few of them.

An inspiring video on using new technologies in agrarian society like India by young farmers was also showed to the students. The idea behind was to illuminate them with contemporary skills for better future prospects and entrepreneurial avenues. Around 300 students of the Govt. P.G College for Women Gandhi Nagar Jammu were registered in the workshop. The programme was coordinated by the convener, career counselling cell, Dr. Anupama Gupta. All the Committee Members were present. The programme was also attended by the senior Faculty members, rof. Sudhanshu Sharma and Prof. Sunil Uppal.

## Photograph of the Event



Prof. Sridharshu
Prof. Anupama
Fed in/c
18/1/19.

(32) (35)

CHANAKYA
IAS ACADEMY
*Nurturing Leaders of Tomorrow*

*A Unit of* CHANAKYA ACADEMY FOR EDUCATION AND TRAINING PVT. LTD.

Delhi 17-01-19

To
The principal
Govt. Gandhi Nagar College
Jammu
Respected Madam,

Let me take this opportunity to introduce ourselves, Chanakya IAS Academy was established in the year 1993 with the dream to reach, teach and train the students aspiring for Civil Services and other Provincial Services . We believe in offering a competitive attitude rather than being a mere scholar. Quality education and individual caring is the hallmark of our academy. The endeavour of the Academy is to ensure that the time of the student is spent most productive in the preparation for Civil Services. The Academy organises seminars and workshops, popularly known as 'ART OF SUCCESS' Seminars which guides the students to think, feel and express themselves like Civil Servants.
Chanakya IAS Academy, Jammu Centre Would request you to kindly allow us to conduct a free Seminar for the students of your esteemed College in College Auditorium on 28th January 2019.The motive of The Seminar is to spread awareness amongst the students so as to make them realise their true potential and make them understand the procedure of the examination. The speaker of the seminar will be Bilal Mohinoudin Bhat(IAS J&K, Cardre. All india Rank 10th, 2016, KAS-2010. IFS-2013) . The seminar will motivate the students towards right preparation

We request you to support us in this noble cause and help the students to grow in all dimensions

Topic: How to lead and Excel in your chosen Field
Duration: 2Hours
Venue:College Auditorium
Date: 28th January 2019
Time: 12pm to 2pm

yours Faithfully
Owais Ali Bhat

Jammu Branch: City Plaza, Maharaja Gulab Singh Marg, Near Fortune Hotel, Jammu (Tawi), - 180001, Ph. No. 8715823063/64
Corporate Office: 124, 2nd Floor, Satya Niketan, Opp. Venkateshwara College, New Delhi - 110021, Tel,: 011-65428647/64504615
CIN No.: U80301DL2005PTC137044
E-mail: enquiry@chanakyaiasacademy.com | Website: www.chanakyaiasacademy.com

## Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of "Seminar on Preparation of civil services Exams"

The Career Counselling Cell of Govt. College for Women, Gandhi Nagar, Jammu organised a seminar on 28.01.19 on the topic 'How to lead and excel in your chosen field' in collaboration with Chanakya IAS Academy on Preparation of Civil Services Exam. The seminar aimed to equip the participants with essential information, strategies, and guidance to effectively prepare for the civil services examination.

Dr. Kaushal Smotra, Principal, Government College for Women, Gandhinagar, Jammu was the chief guest. Mr Bilal Mohinoudin Bhat (IAS, J&K Cadre) was the Resource Person. Mr. Bhat motivated the students about civil services examinations and made them realize their true potential and make them understand the procedure and preparation of Examination.

About 300 students of Govt. College for Women Gandhi Nagar Jammu attended the seminar with keen interest and active participation. The seminar was coordinated by the convener, career counselling cell, Dr. Anupama Gupta. All the Committee Members were present. The students namely Ivanka Gupta, Aarya Bargotra were the comperer in the event.

**Seminar Objectives:**

To provide an overview of the civil services examination structure, eligibility criteria, and selection process.

b. To offer insights into the different stages of the examination, including the preliminary, mains, and interview.

c. To share effective study techniques, time management strategies, and resources for comprehensive preparation.

d. To guide participants on selecting optional subjects, preparing for general studies, and improving writing skills.

e. To provide tips for enhancing interview performance and personality development.

**Seminar Content**: The resource person gave full insight on these aspects:

a. Introduction to Civil Services Examination: Overview of the examination structure, including the Preliminary, Mains, and Interview stages. Discussion on the eligibility criteria, age limits, and reservation policies. Explanation of the importance and benefits of a career in civil services.

b. Study Techniques and Time Management: Presentation on effective study techniques, such as creating study schedules, setting goals, and managing distractions. Tips for managing time

effectively and balancing multiple subjects and responsibilities. Strategies for efficient note-taking, revision, and self-assessment.

c. Preparation for General Studies: Overview of the various subjects covered in the general studies syllabus. Guidance on selecting relevant study materials, reference books, and online resources. Discussion on effective reading, note-making, and memorization techniques.

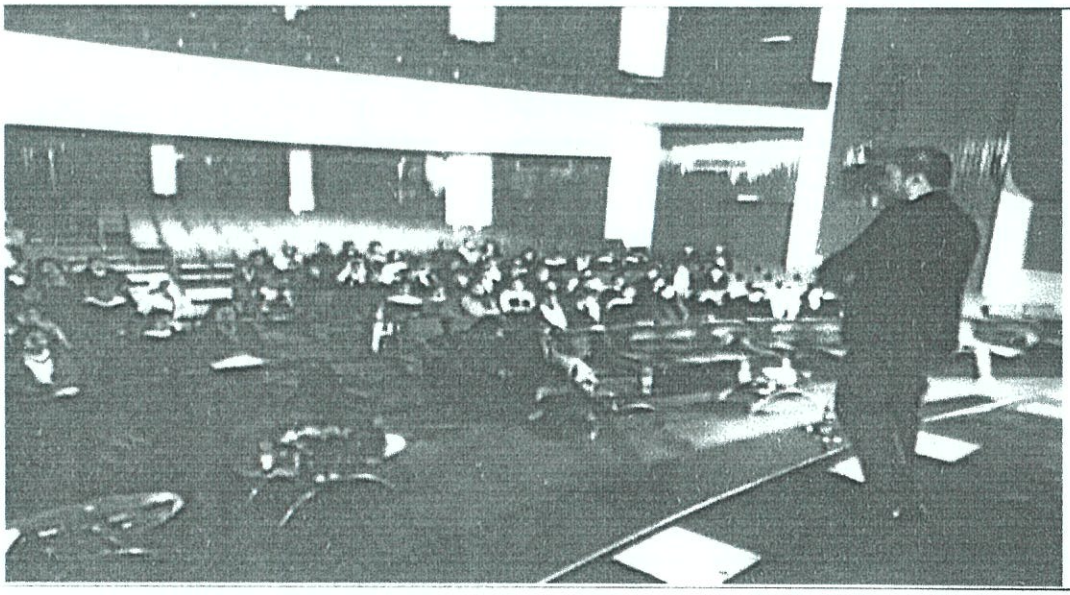
d. Optional Subject Selection and Preparation: Advice on selecting optional subjects based on interest, availability of study materials, and scoring potential. Tips for comprehensive understanding of optional subjects and effective answer writing. Recommendations for joining coaching programs or study groups or study groups for optional subjects.

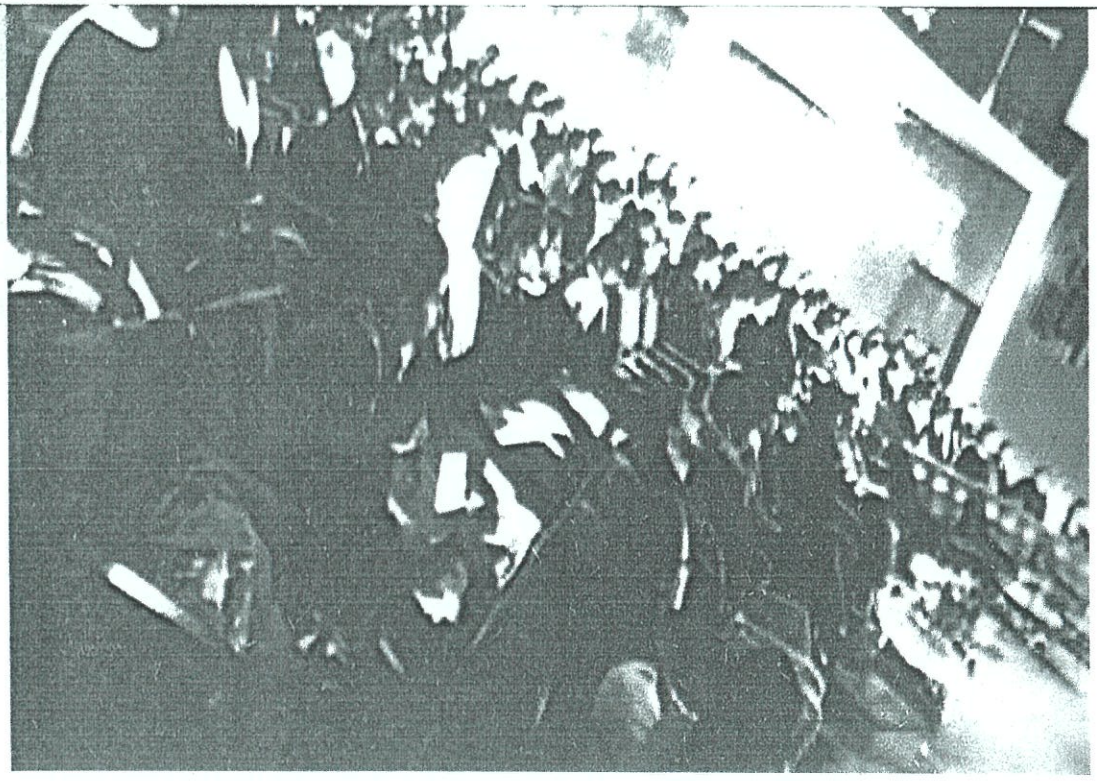
e. Enhancing Writing Skills: Techniques for improving writing skills, such as structuring answers, developing arguments, and presenting factual information. Guidance on essay writing, précis writing, and answer writing for different question formats. Practice exercises and sample answer evaluations to enhance participants' writing abilities.

f. Interview Preparation and Personality Development: Insights into the interview process, including the types of questions asked and evaluation criteria. Tips for effective communication, body language, and presenting oneself confidently. Guidance on improving personality traits, interpersonal skills, and current affairs knowledge.

The seminar received overwhelming response from the participants.

# PHOTOGRAPHS OF THE EVENT





# Program Outcomes

1. **Enhanced Understanding of Exam Structure**: Participants gain a comprehensive understanding of the civil services examination structure, including the different stages, eligibility criteria, and selection process. They become familiar with the requirements and expectations of each stage of the exam.
2. **Knowledge of Subject Selection:** Participants acquire insights into selecting optional subjects based on their interests, scoring potential, and availability of study materials. They understand the importance of making informed choices that align with their strengths and career goals.
3. **Effective Study Techniques**: Participants learn practical study techniques, including creating study schedules, setting goals, and managing time effectively. They acquire strategies for effective note-taking, revision, and self-assessment to optimize their study efforts.
4. **Comprehensive Preparation Strategies**: Participants receive guidance on preparing for general studies, including recommended study materials, reference books, and online resources. They learn techniques for efficient reading, note-making, and memorization of vast amounts of information.
5. **Improved Answer Writing Skills**: Participants develop skills in structuring answers, presenting arguments, and effectively conveying information. They receive guidance on improving their writing skills, essay writing, précis writing, and addressing different question formats.
6. **Interview Preparation**: Participants gain insights into the interview process, including the types of questions asked and evaluation criteria. They receive tips on effective communication, body language, and presenting themselves confidently during interviews.
7. **Time Management Strategies**: Participants acquire time management strategies to balance multiple subjects and responsibilities. They learn techniques for prioritizing study tasks, setting realistic goals, and managing distractions to make the most of their study time.
8. **Personality Development**: Participants receive guidance on personality development, including enhancing interpersonal skills, communication skills, and current affairs knowledge. They learn techniques for building confidence, improving public speaking, and staying updated with current events.
9. **Motivation and Confidence Boost**: The seminar motivates participants to pursue their goal of clearing the civil services examination. They gain confidence in their ability to prepare effectively and navigate the exam process successfully.

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Prof. Anurpawa
for n/a
05/2/19

CAREER SUCCESS
सरकारी नौकरी पाना अब आसान
GOVT JOBS MADE EASY

OPP. SCIENCE COLLEGE,
CANAL ROAD, JAMMU
CALL : 94191-45317
Email : careersuccessjammu@gmail.com

Ref. No. : 02/2019
Dated : 4th feb, 2019

Subject: Conduct of a FREE JOB Awareness CUM Career oriented SEMINAR AT GCW Gandhi Nagar, JMU

Respected Madam,

I, Roopan Rometra, Director Career Success request you to grant us permission for a 1 day seminar for students of GCW Gandhi nagar. This seminar will help all the students to have first hand knowledge about different Govt jobs and career paths in future after passing 12th and Graduation.

In 2018, we also conducted JUET classes at GCW PARADE successfully. Almost students cleared their Juet enam and are now pursuing higher education in Jammu University.

I, therefore request you to let us conduct the abovesaid seminar.

Thanking you in anticipation,

Roopan Rometra

CAREER SUCCESS
Opp. Science College,
Canal Road, Jammu
(M) 9419145317

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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report

### Seminar on Job Awareness cum Career Options

### Date: 09.02.2019

The career counselling cell of Government P G College for Women, Gandhi Nagar, Jammu in collaboration with CAREER SUCCESS organised one-day seminar on the topic "Job Awareness Cum Career Options" on 9th of February 2019.

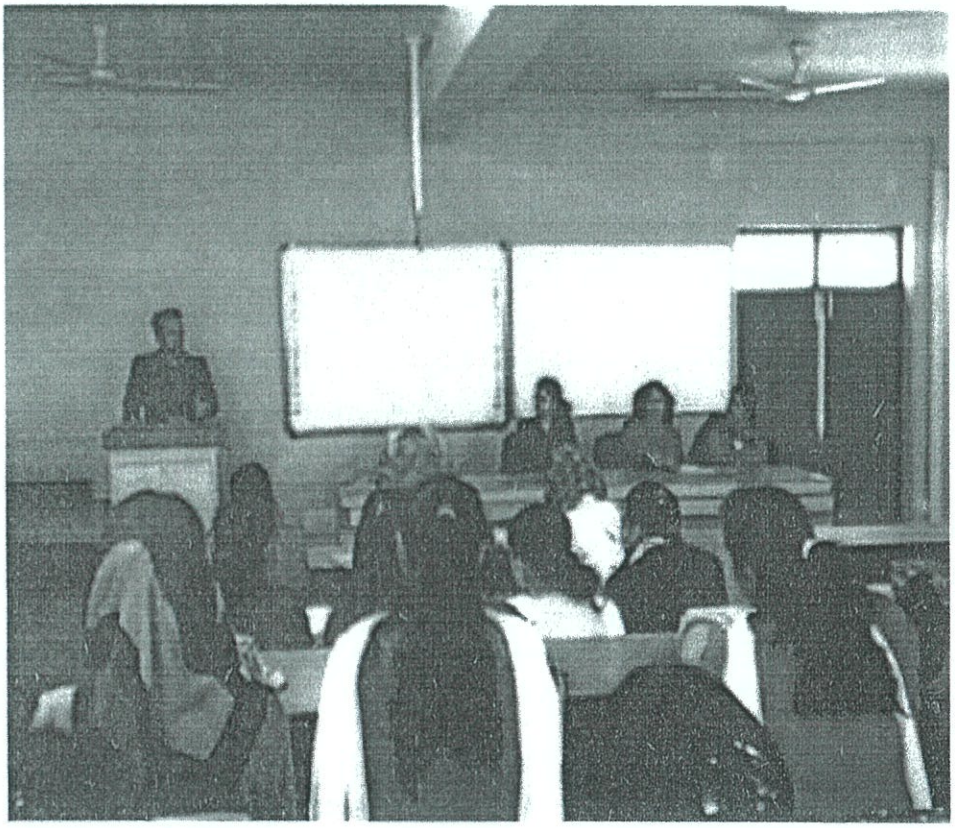
Dr. Kaushal Smotra, Principal, Government P.G. College for Women, Gandhinagar, Jammu was the chief guest. The main objective of the seminar was to provide the first-hand knowledge about different Govt. jobs and career paths in future after passing 12th and Graduation. She reiterated that the seminar would help the students to become more self-aware of their interests, strengths, and values, enabling them to make informed decisions about their future career paths. They may discover new career options that align with their skills and aspirations.

Dr. Anupama Gupta, in her address talked about the importance of such seminars which not only increase motivation and confidence but also help in gaining knowledge about various job opportunities and career development strategies. She said that the participants often experience a boost in motivation and self-confidence. They feel more prepared and empowered to pursue their career goals.

The discussion helped the students to become aware of the importance of ongoing learning and professional development. They also learnt about training programs, certifications, and additional qualifications that can enhance their skills and increase their employability. It also equipped participants with the knowledge, skills, and motivation needed to make informed career decisions, effectively navigate the job market, and take proactive steps towards their desired professional futures.

About 100 students of Govt. College for Women Gandhi Nagar Jammu attended the seminar with keen interest and active participation. The seminar was coordinated by the convener, career counselling cell, Dr. Anupama Gupta

# Photographs of the Event



PRESS RELEASE

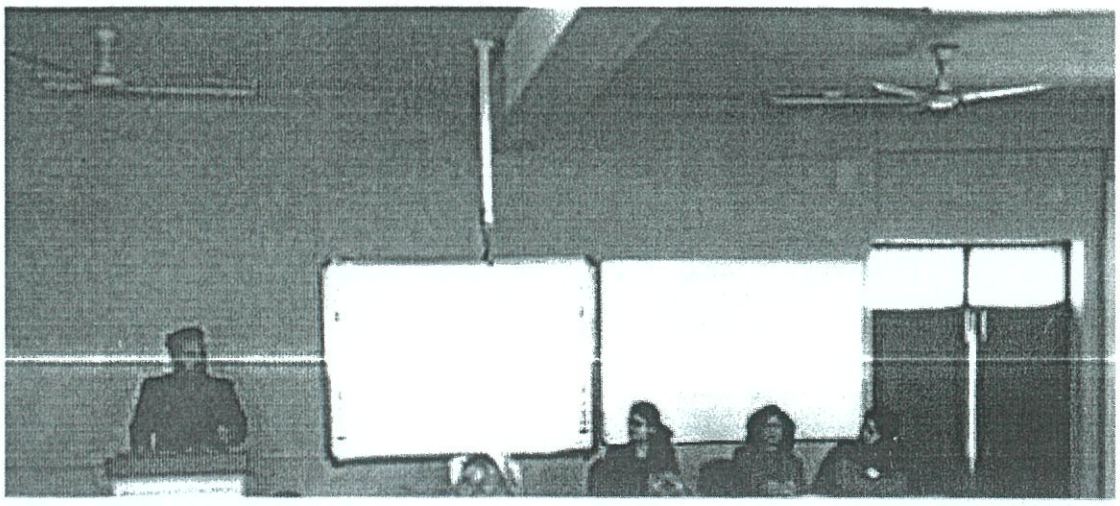
379 56

The career counselling cell of Government P G College for Women, Gandhi Nagar, Jammu in collaboration with CAREER SUCCESS organised one day seminar on the topic " Job Awareness Cum Career Options" on 7th of February 2019.

Dr. Kaushal Smotra, Principal, Government P.G. College for Women, Gandhinagar, Jammu was the chief guest. The main objective of the seminar was to provide the first hand knowledge about different Govt. Jobs and Career paths in future after passing 12th and Graduation.

About 100 students of Govt. P.G College for Women Gandhi Nagar Jammu attended the seminar with keen interest and active participation. The seminar was coordinated by the convener, career counselling cell, Dr. Anupama Gupta.

Principal



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JUET - 2019

# OFFICE OF THE PRINCIPAL, GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

No: WCG/2019/435
Dated: 22/05/2019

## NOTICE

22/05/2019

It is for the Information of all the Students that Internal Quality Assurance Cell (IQAC) of the college is organizing Free Coaching Classes for JUET-2019 w.e.f 24rd of May 2019. The application forms are available in the College Library.

DIP/J-1401/19
DT- 22-05-2019

SD/-
PRINCIPAL

(389)

(74)

# TIME TABLE OF JUET ENTRANCE

## COACHING CLASSES MGB-2

| Date | TIME 10:00 - 11:00 AM | 11:00 - 12:00 Noon | 12:00 - 1:00 PM | 1:00 - 2:00 PM |
|---|---|---|---|---|
| 24-05-2019 | MINAKSHI SHARMA (comp.) | ANUPRIYA (Zoo.) | ANU SHARMA (EVS) | TAJINDER KOUR (Geog.) |
| 25-05-19 | MINAKSHI GUPTA (Comp) | SHALLINA GUPTA (Zoo.) | SANKETA KESAR (EVS) | BABITA DEVI (Geog.) |
| 27-05-19 | SWARN LATA (PHY.) | SHIV MANGAL SINGH (Psy.) | RASHPAL SINGH (Stat.) | UDAY SINGH PATHANIA (Eng.) |
| 28-05-19 | TANVI SHARMA (PHY.) | ANUPAMA LATA (PSY.) | SONALI MAHAJAN (Stat.) | KAWALJEET KOUR (ENG) |
| 29-05-19 | SATISH KUMAR (Phil.) | MAHESH CHANDER (HISTORY) | AMEENA RAJPUT (Stat.) | KAVITA (Geog.) |
| 30-05-19 | SONIA SHARMA (PHY.) | VANDANA SHARMA (POL. SC.) | POOJA GUPTA (Com.) | NITIKA VERMA (POL. SC.) |

Committee :

1) Prof. Meeru Abrol
2) Prof. Surinder Kumar
3) Prof. Ashu Vashisht
4) Prof. Anita Sharma

PRINCIPAL

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# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## CAREER COUNSELLING AND PLACEMENT CELL

### Report of Coaching classes for JUETs

### Date: 30.05.19

Career Counselling and Placement Cell of Govt. College for Women Gandhi, Jammu organised coaching classes for Jammu University Entrance Test (JUET), a highly competitive examination that determines suitability of candidates for admission to various undergraduate and postgraduate courses offered by Jammu University. Due to its utmost significance, the cell decided to organise coaching classes which nowadays have emerged as a popular resource for students seeking guidance and preparation for the JUET. This report provides an overview and analysis of JUET coaching classes, examining their benefits, challenges and overall effectiveness.

Dr. Kaushal Smotra, principal of the college lauded efforts of the committee for conducting coaching classes for the students of the college wherein they will be immensely benefitted and will be able to perform efficiently in the exam. She said that JUET coaching classes are structured programs designed to help students efficiently prepare for the Jammu University Entrance Test. These classes will provide comprehensive study materials, expert faculty, mock tests, and a competitive learning environment.

Coaching classes followed a well-defined syllabus and curriculum, ensuring that students cover all the necessary topics and concepts required for the JUET. Regular mock tests and practice papers were conducted to familiarize students with the exam format, assess their progress, and identify areas that require improvement. Coaching classes emphasized on time management techniques, helping students develop effective strategies for answering questions correctly within stipulated time.

JUET coaching classes offer a structured approach, experienced faculty, and a competitive learning environment which can significantly enhance the chances of success in the JUET.

All the aforesaid strategies were successfully adopted by the Faculty members while imparting coaching for JUET entrance examination so as to ensure that the students of the college adopt technically correct approach to best utilize their faculties based on the training provided. The whole program was conducted under the supervision of Prof. Anjali Bhat.



Govt. College for Women,
Gandhi Nagar, Jammu

Activity Report

The 20-day youth cultural workshop, organized in collaboration with the Ministry of Culture, Government of India, New Delhi, commenced on 30th January 2019 at Govt. College for Women in Gandhi Nagar. The workshop aimed to provide a platform for young individuals to explore various cultural activities, enhance their understanding of the arts, and promote cultural exchange.During the workshop, participants had the opportunity to engage in a wide range of cultural activities, including dance, music, theater, visual arts, and other art forms. Experienced artists and experts conducted interactive sessions and workshops, guiding the participants in their artistic endeavors.

The workshop also featured performances by renowned artists, showcasing the rich cultural heritage of India. These performances not only entertained the participants but also inspired them to pursue their artistic passions.

To encourage creativity and talent among the participants, exhibitions and demonstrations were organized as part of the workshop. This allowed the participants to showcase their skills and artistic creations to a wider audience. The exhibitions provided a platform for participants to display their artwork, such as paintings, sculptures, and handicrafts.

The collaboration with the Ministry of Culture, Government of India, emphasized the importance of cultural exchange. The workshop facilitated interaction between participants from diverse backgrounds, enabling them to learn from each other's cultural traditions and practices. This exchange of ideas and experiences fostered mutual understanding and appreciation among the participants.

The 20-day youth cultural workshop had a positive impact on the participants. They developed new skills, honed their artistic abilities, and gained a deeper understanding of various cultural forms. The workshop provided a nurturing environment for participants to express themselves creatively and build their confidence.

Additionally, the workshop promoted cultural awareness and sensitized the participants to the importance of preserving and promoting India's rich cultural heritage. It instilled a sense of pride in their own cultural identities while fostering an appreciation for the cultural diversity within the country.

The 20-day youth cultural workshop at Govt P G College for Women, Gandhinagar, in collaboration with the Ministry of Culture, Government of India, was a resounding success. It provided a valuable platform for young individuals to explore their artistic talents, learn from experienced artists, and engage in cultural exchange.

The workshop's impact on the participants was evident in their newfound skills, heightened cultural awareness, and increased confidence. The collaboration between the college and the government's Ministry of Culture showcased their commitment to promoting and nurturing the arts among the youth.

This workshop serves as a model for future cultural initiatives, emphasizing the importance of providing opportunities for young individuals to engage with and appreciate diverse cultural forms.



20 days youth cultural workshop-programme commenced at Govt. P.G. College for Women, andhinagar Jammu in collaboration with the Ministry of Culture, Govt. Of India, New Delhi. The ea behind the workshop is to encourage local artists and to inculcate the inherited folk,art and lture among the students. Principal Dr. KaushalSmotra was the chief guest and she encouraged e students to avail this opportunity which will eventually help them to participate at national and ernational levels and represent their local, diverse culture.The welcome speech was delivered by of. Aekta Gupta, Convenor, Cultural Committee). The event was coordinated by Dr. Nidhi Suri, . Neha Sharma, Prof. Syed Shehna and Prof.Varsha Kapoor.

arge number of students attended and 35 got themselves enrolled for the workshop.A formal e of thanks was given by Prof. Pooja Sharma.

# Govt. College for Women

## Gandhi Nagar, Jammu

Activity Report

World's Elders Day is a globally recognized event that aims to raise awareness about the rights and well-being of older persons. On 1-10-2018, Govt P.G. College for Women in Gandhi Nagar organized a special event to celebrate World's Elders Day, emphasizing the importance of respecting and honouring our elders. The event saw active participation from seven enthusiastic students who wholeheartedly promoted respect for elders.

The celebration commenced with an opening speech by the college principal, highlighting the significance of World's Elders Day and the role that younger generations play in fostering a culture of respect and care towards the elderly. The principal emphasized the need to acknowledge the wisdom, experiences, and contributions of older individuals in society.

Activities:

1. Panel Discussion:

The event featured a panel discussion where experts in gerontology and social work were invited to share their insights and knowledge regarding elderly care. The panelists discussed the challenges faced by elders in today's society and proposed solutions to ensure their well-being and inclusion. The participating students actively engaged in the discussion by asking thoughtful questions and seeking advice on how they could contribute to promoting respect for elders in their communities.

2. Interactions with Elderly Guests:

As part of the event, a group of elderly individuals from a local senior citizen home were invited as special guests. The students had the opportunity to interact with them, listen to their life experiences, and learn from their wisdom. These interactions fostered mutual respect and understanding between the generations.

3. Cultural Performances:

To celebrate the occasion, the students organized cultural performances, including traditional dances, songs, and skits that revolved around the theme of respecting and honoring elders. The performances aimed to spread awareness and inspire the audience to reflect on the importance of valuing the elderly members of our society.

4. Poster Exhibition:

A poster exhibition was organized, where students creatively depicted the significance of elders and the need to treat them with dignity and compassion. The posters showcased heartwarming messages, inspiring quotes, and vibrant artwork, attracting the attention of the attendees and reinforcing the importance of respect for elders.

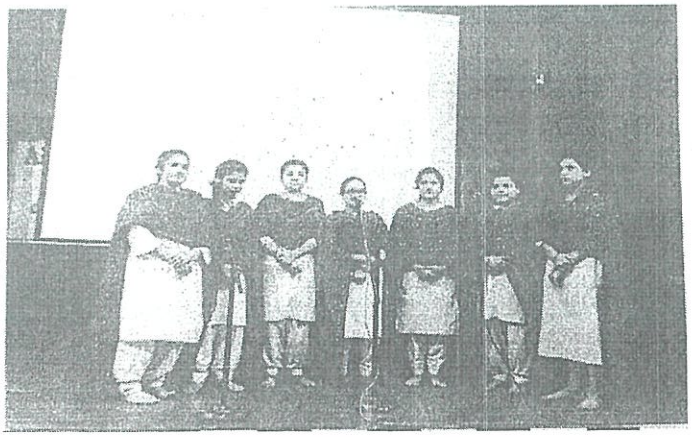
5. Pledge for Respect:

Towards the end of the event, all participants, including students, faculty, and guests, took a pledge to promote respect, care, and support for the elderly. The pledge symbolized their commitment to creating an inclusive society that values the contributions and well-being of older individuals.

The celebration of World's Elders Day at Govt College for Women, Gandhi Nagar, was a resounding success. The event provided a platform for students to engage in meaningful discussions, learn from experts,

and interact with elderly individuals, ultimately promoting a culture of respect and appreciation for elders. Through their active participation, the seven students demonstrated their commitment to making a positive impact on the lives of older persons in their community. Such initiatives contribute to building a society that values and cherishes its elders, ensuring their well-being and happiness.

07 students participated in the event.



Convener

Cultural Committee

Convénor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

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## Govt. College for Women

## Gandhi Nagar, Jammu

Activity Outcome (Celebration of World Elders' Day)

The celebration of World Elder's Day is typically aimed at honoring and appreciating older adults, promoting intergenerational understanding, and raising awareness about issues affecting older individuals.

The event may have provided a platform to recognize and appreciate the contributions and wisdom of older adults, fostering a sense of respect and honor within the community. Activities that encourage interaction between younger and older generations may have helped bridge the generation gap, fostering empathy, understanding, and meaningful connections. The celebration may have involved community members, organizations, or local leaders, promoting community engagement and collaboration in addressing the needs and concerns of older adults.

The event may have provided a platform for advocating for the rights and well-being of older individuals, raising awareness about their needs and promoting initiatives to support them.

Convener

Convenor
Cultural Committee
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

(414)

# GCW GANDHI NAGAR

## WORLD ELDER'S DAY 2018

| S.No | NAME | SEM | SIGNATURE |
|---|---|---|---|
| 1 | Pooja | 6th | Pooja |
| 2 | Tania | 6th | Tania |
| 3 | Seema | 2nd | Seema |
| 4 | Rukshana | 4th | Ruksana |
| 5 | Sheetal | 2nd | Sheetal |
| 6 | RimJim | 4th | Rimjim |
| 7 | Kiana GUPTA | 6th | Kiana |
| | | | |

Reviewed
Chetna

(420)

**Govt. College for Women,**

**Gandhi Nagar, Jammu**

Activity Report on Nukkad Natak "Rang Sutra" Organized by University of Jammu

Date: October 25, 2018

The University of Jammu organized Nukkad Natak "Rang Sutra" with the collaborative efforts of students from various colleges in Jammu. The event took place at University of Jammu. The cultural committee of the university took charge of organizing this thought-provoking performance.The Nukkad Natak brought together talented students from different colleges in Jammu. Notably, 10 students from the Government P.G. College for Women, Gandhi Nagar actively participated, contributing their skills and enthusiasm to the event. Their involvement added diversity and depth to the performance, showcasing the unity and collaboration among students across institutions.

The cultural committee of Govt P.G. College for Women, Gandhi Nagar took on the responsibility of preparing the students for the nukkad natak "Rang Sutra." This committee efficiently managed the logistical aspects of the event, ensuring its smooth execution. Their dedication and meticulous planning played a significant role in the success of the performance.

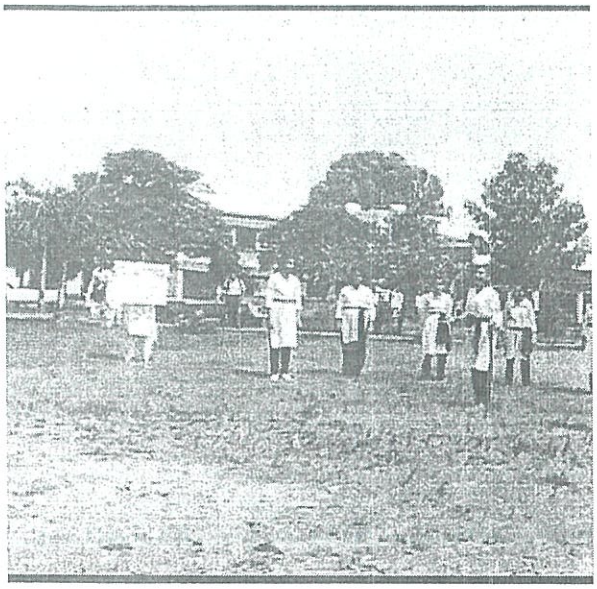
"Rang Sutra" centered around highlighting various social issues prevalent in our society. The nukkad natak effectively shed light on gender equality, environmental conservation, education, and other pressing concerns.

The talented students delivered captivating performances, displaying their acting skills and ability to engage the audience. The dialogues, expressions, and choreography combined seamlessly to create a powerful and thought-provoking experience.

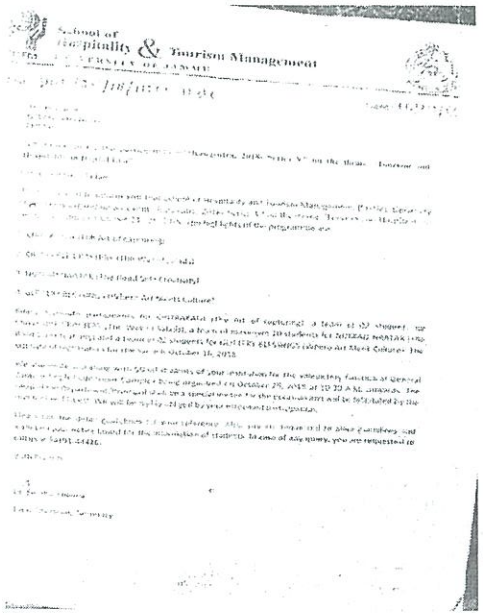
The nukkad natak received an overwhelming response from the audience. The spectators were deeply moved by the performances and actively engaged in the conversations sparked by the themes presented. The event succeeded in creating awareness and provoking discussions on important social issues.

The collaboration between students from different colleges fostered a sense of unity and camaraderie. It demonstrated the power of collective action and showcased the students' shared commitment to creating a positive change in society.

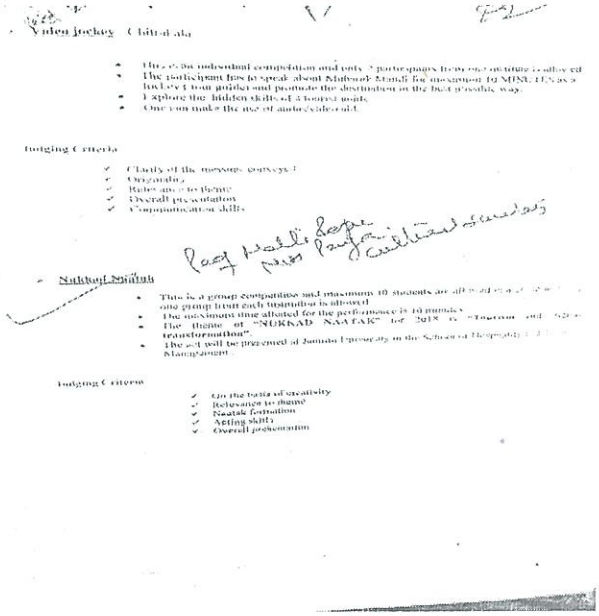
The nukkad natak "Rang Sutra" organized by the University of Jammu, with the active participation of students from various colleges, including the Government P.G. College for Women, Gandhinagar, was a resounding success. The event succeeded in its objective of raising awareness about social issues and stimulating discussions among the audience. The cultural committee's efforts in organizing and coordinating the event were commendable, ensuring its smooth execution. Such initiatives reflect the University of Jammu's commitment to promoting artistic expression, social consciousness, and collaboration among students.



Students rehearsaling for Nukkad Natak



School of Hospitality & Tourism Management



Judging Criteria

- Clarity of the message conveyed
- Originality
- Relevance to theme
- Overall presentation
- Communication skills

Nukkad Natak

- This is a group competition and maximum 10 students are allowed in each group from each institution is allowed
- The maximum time allotted for the performance is 10 minutes
- The theme of "NUKKAD NAATAK" for 2018 is "Tourism and Social transformation".
- The act will be presented at Jammu University in the School of Hospitality Management

Judging Criteria

- On the basis of creativity
- Relevance to theme
- Naatak formation
- Acting skill)
- Overall performance

10 students participated in the event.

Convener

Aekta

Convenor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

## Govt. College for Women

## Gandhi Nagar, Jammu

Activity Outcome (Nukkad Natak)

The play could highlight how different colors and threads come together to create a beautiful tapestry, symbolizing the importance of unity and diversity in society. It could emphasize the need for people from different backgrounds, cultures, and communities to work together harmoniously.

The NukkadNatak could showcase the vibrant colors and diverse threads of Indian culture, celebrating the rich heritage and traditions that exist in the country. It could emphasize the beauty and strength that arises from embracing and respecting diverse perspectives and experiences.

Colors and threads can evoke various emotions. The play could explore how different colors represent different emotions or moods and how threads connect individuals and their emotions. It could delve into the power of expression and communication through art and how colors and threads can convey feelings and stories.

The Nukkad Natak could raise awareness about social issues using the symbolism of colors and threads. It could address topics like gender equality, environmental conservation, or communal harmony, using creative narratives and engaging performances to encourage positive change.

Ultimately, the outcome of the Nukkad Natak on "Rang Sutra" would aim to engage the audience, raise awareness, and potentially inspire them to think critically about the themes presented while promoting unity, diversity, and creativity

Convener

Convenor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

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**Govt. College for Women**

**Gandhi Nagar, Jammu**

**NOTICE 03/10/2019 Yuv Tarang**

**Attention all Students,**

We are delighted to inform you that Cluster University is organizing its annual cultural festival, YuvTarang, from 10th October, 2019 to 31st October 2019. This grand event will provide a platform for students to showcase their talents, creativity, and enthusiasm.

YuvTarang will feature a diverse range of activities including music competitions, dance performances, drama, poetry recitations, art exhibitions, and much more. It promises to be an exciting and vibrant celebration of our cultural heritage and artistic abilities.

We encourage all students to participate actively in YuvTarang, as it offers a unique opportunity to exhibit your skills, interact with fellow students, and foster a spirit of camaraderie within the campus community.

Let's make YuvTarang 2019 a memorable and successful event by showcasing our immense talent and creativity. Your active participation and support are vital in making this festival a resounding success.

For registration in various categories, please contact Prof. Davinder Kour and Prof. Shakun Mahajan.

**Thank you.**

Convener Cultural Committee

Convener
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

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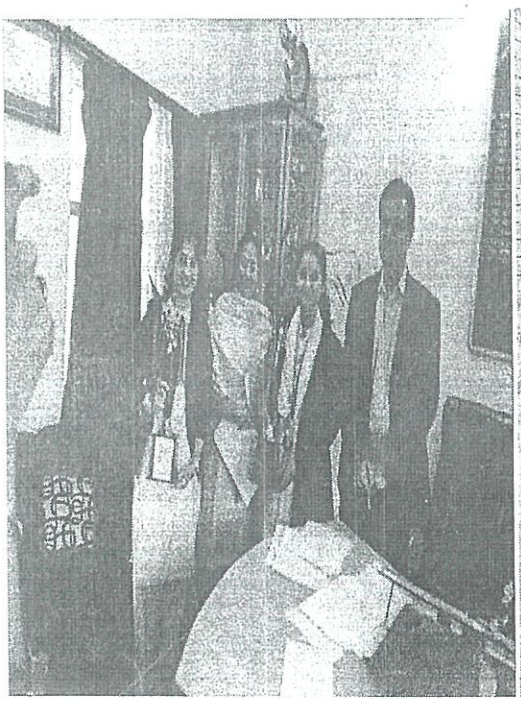
**Govt. College for Women**

**Gandhi Nagar, Jammu**

Activity Report

YuvTarang was organised by Cluster University of Jammu wef 10th October, 2019 to 31st October, 2019, where students of Govt. College for Women participated actively. 53 students participated in various events of YuvTarang 2019.





# Cluster University Jammu organizes Yuvtarang-2019

Everyday Correspondent

JAMMU, Oct 10: Yuvtarang 2019, the mega cultural literary contest, organized by the Office of Dean Students Welfare, Cluster University of Jammu, commenced today at Government SPMR College of Commerce.

Students from all five constituent colleges of CLUJ: GCW, MAM, GCOE ,SPMR and GGM and PGI Schools of Sciences, Social Sciences, Education , Engineering and Computer Technology and Liberal Arts and Humanities are participating in the contest.

Prof Poonam Dhawan, Dean Academic Affairs, Cluster University of Jammu and Dr Jatinder Khajuria, Registrar, graced the Prize Distribution Ceremony of the first day of Literary activities-Saahityam along with Dr Anil Gupta, Principal SPMR College Dr Geetanjali A Rana, Dean Arts was also present on the occasion.

Dr Twinkle Suri , Dean Students Welfare briefed the Schedule of Yuvtarang that spreads into three categories: Saahityam (Literati) , Sanrachna (Creative and Fine Arts) and Kalanjali (Performing Arts) in which thirty events are being hosted at all the constituent colleges of the University from 10th-24th October,2019.



*Winners of Ist day events of 'Yuvtarang-2019' at Cluster University Jammu.*

The opening day started with the Literary Segment - Saahityam of Elocution , Poetry Recitation , Debate and Essay Writing wherein students from all the Constituent Colleges and PGI Schools made eloquent presentations in different languages with full Zeal and vigour. The jury comprised of Prof M A Wani, Dr A R Manhas , Dr Garima Gupta , Dr Shallini Sharma , Dr Ritu Magotra, Prof Seema Mir , Prof Anupama Sharma and Prof Renu Nanda.

Prof Archana Koul , Chairperson, Campus Cultural Committee, conducted proceedings of the event while Dr Banpreet Kour, Associate Dean Students Welfare along with Dr Davinder Kour, Cultural Coordinator, CLUJ, coordinated the event.

In Essay writing competition, Aditi Kahluria (GCOE) , Haneet Kour ( School of Social Sciences) and Aaina Sharma (GCW Gandhi Nagar) secured the Ist, IInd and IIIrd positions, respectively . Aanchal Bharti (GGM Science College) , Prerna Sharma (School of Liberal Arts and Humanities) and Harshit Lochan (Govt SPMR College of Commerce) bagged the Ist, IInd and IIIrd prizes, respectively in the Elocution contest while Kaneez Fatima (GCW Gandhi Nagar) , Shafia Sadeeq ( School of Liberal Arts and Humanities) and Akshat Padha (GGM Science College ) were declared Ist, IInd and IIIrd respectively in the Debate Competition. In the Poetry recitation competition, Priyanka Devi ( School of Sciences), Mohsina Aslam (GCW Gandhi Nagar ) and Ravinder Kumar (GCOE) clinched the Ist, IInd and IIIrd prizes respectively.

YUVTARANG

10th - 24th

OCTOBER

# Yuvtarang 2019 gets underway

Daily Times Report

JAMMU, Oct 10: Yuvtarang 2019 The Mega Cultural / Literary Contest organized by the Office of Dean Students Welfare Cluster's University of Jammu commenced today at Government SPMR College of Commerce, Constituent College of CLUJ witnessing a massive and vibrant participation of students. Students from all five constituent colleges of CLUJ, GCW, MAM, GCOE, SPMR and GGM and PGI Schools of Sciences, Social Sciences, Education, Engineering and Computer Technology and Liberal Arts and Humanities are participating in the contest. Prof. Poonam Dhawan, Dean Academic Affairs, Cluster University of Jammu and Dr Jatinder Khajuria Registrar graced the Prize Distribution Ceremony of the first day of literary activities SAAHITYAM along with Dr Anil Gupta Principal SPMR College to boost the morale of participating students. Dr Geetanjali S Rana, Dean Arts was also present on the occasion.

Prof. Poonam Dhawan, Dean Academic Affairs, Cluster University of Jammu applauded the participants for their brilliant presentations which shall further enable them to hone their literary and creative talents. Dr Jatinder Khajuria Registrar, CLUJ encouraged the students to participate in such activities and assured unwelding support in the future events. He also encouraged the students to participate at such rich platforms and bring laurels to the University at National and International levels.



Artist, officials as poses for group photograph

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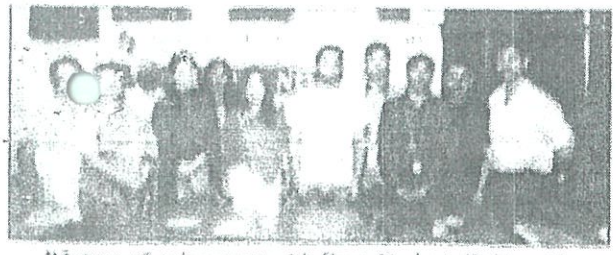

*Winners of quiz contest with Dean Students Welfare Cluster University and others*

# GGM Science College wins Yuvtarang quiz contest

*Excelsior Correspondent*

JAMMU, Oct 11: Yuvtarang 2019 - the mega cultural/literary contest organised by office of Dean Students Welfare, Cluster University of Jammu today entered the second day of the Literary Segment 'Saahityam' with Quiz contest at GGM Science College, Constituent college of Cluster University of Jammu.

Nine teams from all the colleges and PGI Schools participated in the event. The Quiz contest was spread into preliminary and final rounds with each team comprising of three students representing their respective institutions. In the preliminary round, all the nine teams were given a questionnaire of hundred questions. The grand finale comprised of eight rounds with questions on general knowledge and current affairs which included rounds with audio-visual technology.

GGM Science College team of Akshat Padha, Ankit Digra and Akash Gupta clinched the Gold medal. MAM team of Akshit Rana, Abhinandan Dheiman and Aryan Ajay Sen bagged the Silver medal and GCW Gandhi Nagar team of Rashmi Manhas, Nahida Choudhary and Farzana Batool got the Bronze medal.

Dr Virender Kundal, Associate Professor, Economics from University of Jammu, was the Quiz Master for the contest. Prof Kaushal Nanda, Principal GGM Science College and Prof S P Sharma, Dean Faculty of Sciences, graced the prize distribution ceremony along with Dr Twinkle Suri, Dean Students Welfare to boost and motivate the morale of the contestants.

The contest was coordinated by Prof Nahida Mahajan, Convener, Literary Committee, Dr Geetanjali Rajput, Assistant Dean and Dr Davinder Kour, Cultural Coordinator, Cluster University of Jammu under the supervision of Prof Archana Kaul, Chairperson, Campus Cultural Committee, Dr Manpreet Kour and Prof Sunil Uppal, Associate Deans, Students Welfare.

# Quiz Maestros held under Yuvtarang 2019

**Early Times Report**

JAMMU, Oct 11: Yuvtarang 2019 - the mega Cultural/Literary contest organized by office of Dean Students Welfare, Cluster University of Jammu entered the second day of the Literary Segment - 'Saahityam' with quiz contest at GGM Science College, constituent college of Cluster University of Jammu. Nine teams from all the colleges and PGI Schools participated in the event.

The quiz contest was spread into preliminary and final rounds with each team comprising of three students representing their respective institutions. In the preliminary round, all the nine teams were given a questionnaire of hundred questions. The Grand Finale comprised of eight rounds with questions on General Knowledge and Current Affairs which included rounds with audio-visual technology. GGM Science College team of Akshat Padha, Ankit Digra and Akash Gupta clinched the gold medal, MAM team of Akshit Rana, Abhinandan Dheiman and Aryan Ajay Sen bagged the silver medal and GCW Gandhi Nagar team of Rashmi Manhas, Nahida Choudhary and Farzana Batool lifted the bronze medal.

Dr Virender Kundal, Associate Professor, Economics from University of Jammu was the Quiz Master for the contest.

# Yuvtarang vibrant with 'Sanrachna'

*Excelsior Correspondent*

JAMMU, Oct 14: Yuvtarang 2019, the Mega Cultural/Literary Festival organised by the office of Dean Students Welfare under the patronage of Prof Anju Bhasin, Vice Chancellor, Cluster University of Jammu entered the third day of Creative and Fine Arts Segment- 'Sanrachna' with ten events spread into two days, today and tomorrow at Govt. College of Education, here.

The first day witnessed massive participation of students from Constituent Colleges and Schools in the four events- Clay Modelling, Flower Arrangement, Photography and Cartooning.

Earlier, Dr Sangeeta Nagari, Principal, GCOE presented welcome address.

Dr Twinkle Suri, Dean Students Welfare, Cluster University of Jammu graced the Prize Distribution Ceremony and applauded the active participation of students towards making the contest more vibrant and meaningful.

The adjudicators for Clay Modelling and Flower Arrangement included Prof Anita Sharma and Prof Samridhi Arora, eminent academicians.

The jury for Photography and Cartooning comprised of Amit Bhardwaj, Senior Video Journalist, Rakesh Sharma, IMFA and Amarjeet from Doordarshan.

In Clay Modeling, Ankit Sharma and Monica (GGM Science College) and Skanda Sharma (School of Sciences) bagged the first, second and third prizes.

In the Flower Arrangement section, Sakshi Thakur (GCOE), Tamanna Sharma (GCW Gandhi Nagar) and Insha Shabir (School of Engineering and Technology) clinched the first, second and third positions.

In Photography section, Raghav Sharma and Saharsh Arora from the School of Humanities and Liberal Arts won the gold and bronze medals while Ankit Sharma (GGM Science College) clinched the silver medal. Tamanna Sharma (GCW Gandhi Nagar) Saharsha Arora and Ikmancheet Kour (School of Humanities and Liberal Arts) clinched the gold, silver and bronze medals.

The programme was coordinated by Dr Davinder Kour, Cultural Coordinator, CLUJ, Dr Shalini Rana, Convener Cultural Committee and In-charge events Dr Shubra Jamwal (GCOE) under the overall supervision of Dr Manpreet Kour and Dr Sunil Uppal, Associate Deans, Students Welfare.

EARLY TIMES, JAMMU
WEDNESDAY, OCTOBER 16, 2019

# Yuvtarang-2019 enters fourth day of Sanrachna segment



Students participating in Yuvtarang posing for group photograph on the concluding function on Tuesday

Early Times Report

JAMMU [illegible] Yuvtarang-2019 entered [illegible] Dean Students Welfare [illegible] Chancellor [illegible] University of Jammu.

The event commenced with a hearty welcome by Dr Raj Singh Narania, Associate Professor, GCOE to the jury and guests. Prof SP Sharma, Dean Faculty of Sciences attended the prize distribution ceremony. He appreciated the colourful and creative display of talent of volunteers in varied events and encouraged them to further hone their artistic skills and bring laurels to the University. Dr Twinkle Suri, Dean Students Welfare exhorted that the contest in creative and Fine Arts provides a platform for the young learners to promote their fibres of aesthetic awareness, creativity, emotional expression and also appreciation of diversity.

Prof Sarika Manhas (Jammu University), Amit Bhardwaj, senior video journalist, (Times Now Channel) and Rakesh Sharma (IMFA) were the adjudicators for painting and collage contest. Dr Shalini Sharma (GCW Parade), Pallavi Sachdeva (Jammu University) and Amarjeet (IMFA) adjudged the Poster-making and Sketching competition.

EARLY TIMES, JAMMU
TUESDAY, OCTOBER 22, 2019



# YUVTARANG 2019 enters fifth day of Kalanjali

**Early Times Report**

JAMMU, Oct 21: YUVTARANG 2019 entered the fifth day of Kalanjali (Performing Arts) segment spread into two days with eleven events, five of which concluded today with colossal participation of students from Constituent colleges and PGI Schools in Mime, Mono Acting, Western Group (Solo), Western Group Song & Orchestra. The contest is being organised by office of Dean Students Welfare under the patronship of Prof. Anju Bhasin, Vice Chancellor, Cluster University of Jammu.

Prof. Ravinder Tickoo, Principal, GCW, Gandhi Nagar graced the Prize Distribution Ceremony.

Ifra Kak, Cultural Officer (Jammu University), Mr. Vikrant, Head 92.7, Sanjeev Gupta (Cultural Officer, JKAACL) were the adjudicators for Mime and Mono acting Contest. In Western Vocal (Solo) and Western Group Song the jury comprised of Naresh Sharma (String Academy) Jagdeep Singh (Doordarshan) & Prof. Neeraj Sharma (GDC, Kunjwani). Naresh Sharma (Strings Academy), Prof. Parveen Sabharwal (Retd. Principal and noted Musician) & Vikrant, Head 92.7adjudged the Orchestra Contest. In Mime School of Social Sciences clinched the 1st position while GCW, Gandhi Nagar and SPMR College of Commerce bagged the 2nd and 3rd prizes. In Mono acting, Garima Sharma (SPMR College of Commerce) bagged the 1st prize while Mohd. Abid and Pranav Koul (GGM Science College) won the 2nd prize while Priya Sharma (GCW Gandhi Nagar) clinched the 3rd prize. In Western Vocal Solo, Vishesh (SPMR College of Commerce) won the Gold medal while Anmol (GCW Gandhi Nagar) won the Silver and Anchal Bharti (GGM Science College) won the Bronze medal. In Western Group Solo, SPMR team clinched the 1st position while Govt. MAM College team clinched the 2nd position and GGM Science College bagged the 3rd position. In Orchestra, GGM Science College were declared 1st while GCW Gandhi Nagar clinched the 2nd position. The programme was coordinated by Prof. Ackta Gupta, Convener Cultural Committee and Prof. Surjeet Kour (GCW Gandhi Nagar) and Dr. Davinder Kour, Cultural Coordinator, CLU) under the overall Supervision of Dr. Banpreet Kour and Prof. Sunil Uppal, Associate Deans, Dr. Devinder K. Sharma and Dr. Geetanjali Rajput, Assistant Deans, Students Welfare.



Students of different institutions posing during fifth day of Kalanjali under Yuvtarang -2019 at Jammu.



*Participants of Yuvtarang 2019 posing alongwith digniatries and officals on Monday.*

# Yuvtarang 2019 enters fifth day

*Excelsior Correspondent*

JAMMU, Oct 21: Yuvtarang 2019 entered the fifth day of Kalanjali (Performing Arts) segment spread into two days with eleven events, five of which concluded today with colossal participation of students from Constituent colleges and PGI Schools in Mime, Mono Acting, Western Group (Solo), Western Group Song and Orchestra.

The contest is being organised by office of Dean Students Welfare under the patronage of Prof Anju Bhasin, Vice Chancellor, Cluster University of Jammu.

Prof. Ravinder Tickoo, Principal, GCW, Gandhi Nagar graced the Prize Distribution Ceremony.

Dr Twinkle Suri, Dean Students Welfare exhorted that the contest is being hosted to provide a vibrant platform to the students to display their creative endowments in diverse arenas.

Ifra Kak, Cultural Officer (Jammu University), Vikrant, Head 92.7, Sanjeev Gupta (Cultural Officer, JKAACL) were the adjudicators for Mime and Mono acting contest.

In Western Vocal (Solo) and Western Group Song the jury comprised of Naresh Sharma (String Academy) Jagdeep Singh (Doordarshan) and Prof Neeraj Sharma (GDC, Kunjwani). Naresh Sharma (Strings Academy), Prof. Parveen Sabharwal (Retd. Principal and noted Musician and Vikrant, Head 92.7 adjudged the Orchestra Contest. In Mime School of Social Sciences clinched the 1st position while GCW, Gandhi Nagar and SPMR College of Commerce bagged the 2nd and 3rd prizes. In Mono acting, Garima Sharma (SPMR College of Commerce) bagged the 1st prize while Mohd Abid and Pranav Koul (GGM Science College) won the 2nd prize and Priya Sharma (GCW Gandhi Nagar) clinched the 3rd prize. In Western Vocal Solo, Vishesh (SPMR College of Commerce) won the Gold medal while Anmol (GCW Gandhi Nagar) won the Silver and Anchal Bharti (GGM Science College) won the Bronze medal. In Western Group Solo, SPMR team clinched the 1st position while Govt. MAM College team clinched the 2nd position and GGM Science College bagged the 3rd position. In Orchestra, GGM Science College were declared 1st while GCW Gandhi Nagar clinched the 2nd position.

The programme was coordinated by Prof. Aekta Gupta, Convener Cultural Committee and Prof Surjeet Kour (GCW Gandhi Nagar) and Dr Davinder Kour, Cultural Coordinator, CLUJ under the overall supervision of Dr Banpreet Kour and Prof. Sunil Uppal, Associate Deans, Dr Devinder K. Sharma and Dr. Geetanjali Rajput, Assistant Deans, Students Welfare.

The Financial



*Winning team of Sanrachna events during Yuvtarang 2019 at Cluster University of Jammu.*

# Sanrachna colors lit Yuvtarang-2019

*Excelsior Correspondent*

JAMMU, Oct 15: Ongoing Yuvtarang- 2019 by the Cluster University of Jammu entered the fourth day of Sanrachna segment spread into two days with ten events, six of which concluded today with colossal participation of students from the constituent colleges and PGI Schools in Painting, Collage, Poster-making, Rangoli, Sketching and Mehandi.

Prof S P Sharma, Dean Faculty of Sciences graced the prize distribution ceremony and encouraged the participating students to further hone their artistic skills and bring laurels to the University.

Dr Twinkle Suri, Dean Students Welfare, exhorted that the contest in Creative and Fine Arts provides a platform for the young learners to promote their fibres of aesthetic awareness, creativity, emotional expression and also appreciation of diversity.

Prof Sarika Manhas from Jammu University, Amit Bhardwaj (Senior Video Journalist, Times Now Channel) and Rakesh Sharma from IMFA were the adjudicators for Painting and Collage contest. Dr Shalini Sharma (GCW Parade), Pallavi Sachdeva (Jammu University) and Amarjeet (IMFA) adjudged the Poster-making and Sketching competition. Prof Nidhi Kotwal (GCW Parade), Hemu Karki, Aesthetician and Prof Renu Nanda, noted academician were the jury for Rangoli and Mehandi contest.

In Collage competition, Tamanna Sharma (GCW Gandhi Nagar), Ankit Sharma and Nishant Singh (GGM Science College) clinched the first, second and third positions, respectively. Sameksha Sharma and Hemanshi Malhotra (GCW Gandhi Nagar) and Binish Khan (GGM Science College) secured the Gold, Silver and Bronze medals in the Painting competition. In Poster-making, Vanshika Ahuja and Sparsh Dubey (SPMR College) and Saharsh Arora (School of Humanities and Liberal Arts) bagged the first, second and third prizes, respectively. In Rangoli contest, Ankit Sharma (GGM Science College), Divyanshi (School of Humanities and Liberal Arts) and Shiwali (GCOE) won the Gold, Silver and Bronze medals, respectively. Tamanna Sharma (GCW Gandhi Nagar), Saharsh Arora (School of Humanities and Liberal Arts) and Mamta Sharma, (School of Sciences) clinched the first, second and third positions, respectively in Sketching. Sheetal and Akanksha (School of Sciences) won first & third prizes while Anjum Nazneen (GGM Science College) bagged the second prize in Mehandi contest.

# Yuvtarang enters sixth day

*Excelsior Correspondent*

JAMMU, Oct 22: Yuvtarang 2019, the mega literary and cultural festival organized by Dean Students Welfare, Cluster University of Jammu entered sixth day of Kalanjali (Performing Arts) segment with four events-creative dance, group dance folk, classical dance solo and Indian group song witnessing massive participation of students from Constituent Colleges and PGI Schools Cluster University of Jammu.




*Students presenting cultural item during Yuvtarang 2019.*

Prof Bhopinder Singh, Dean School of Engineering and Technology and Dr Geetanjali A Rana, Dean Humanities and Liberal Arts graced the prize distribution ceremonies.

Dr Twinkle Suri, Dean Students Welfare informed that the musical euphoria presented by the students is an effort to showcase their creative talent and motivate them to excel in national and international events.

Eminent among those present were Prof Archana Koul, Chairperson, Campus Cultural Committee, Cluster University of Jammu, Dr Banpreet Kour, Prof Sunil Uppal, Associate Deans, Dr Devinder Sharma and Dr Geetanjali Rajput, Assistant Deans, Students Welfare, Dr Davinder Kour, Cultural Coordinator, Prof Ankta Gupta, Convener Cultural Committee (GCW) and Dr Surjit Kour, Co-Convener, Cultural Committee GCW Gandhi Nagar

In Creative Dance, Group Dance Folk and Classical Dance Solo, Prof VK Kohli, Dr Priya Dutta (IMFA) and Anjali Sharma (Doordarshan) were the adjudicators. Prof Jasmeet Kour, Brij Mohan and Surinder Manhas were the jury members for group song Indian.

A mesmerizing dance fiesta giving a glimpse of Indian Folk Dance forms like Lavani, Rajasthani, Gujarati and Kashmiri by the students of the University electrified the ambience of the auditorium with loud applause from audience and students.

In Creative Dance, Komal Singh Payal from GCW Gandhi Nagar bagged the 1st prize, Akanksha from School of Sciences and Rahat Abrol from School of Social Sciences clinched 2nd and 3rd prizes respectively. In Group Dance Folk GGM Science College won the 1st prize, GCW Gandhi Nagar bagged the 2nd prize while School of Social Sciences and GCOE shared 3rd position.

In Classical Dance Solo, Arushi Gupta from School of Social Sciences clinched the Gold Medal while Shivani and Shaheen Choudhary from GCW Gandhi Nagar bagged Silver and Bronze medals respectively.

In Group Song Indian, GCW Gandhi Nagar bagged the Gold whereas MAM College and GGM Science College lifted the Silver and Bronze medals respectively.

The programme was anchored by Arushi, Aarya, Shalini and Sanskriti from GCW Gandhi Nagar, Jammu.

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DAILY EXCELSIOR, JAMMU

# Symphonic melodies lit Yuvtarang-2019 on concluding day

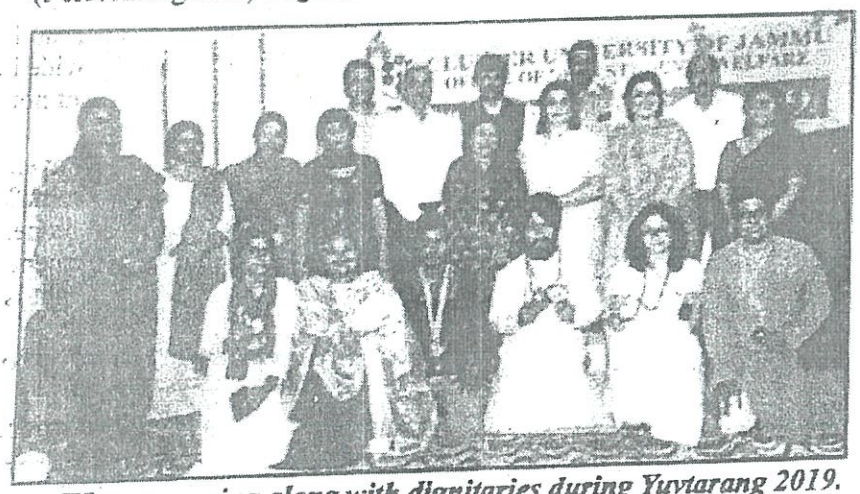
*Excelsior Correspondent*

JAMMU, Oct 23: Yuvtarang 2019, the mega Literary and Cultural festival organized by office of Dean Students Welfare, Cluster University of Jammu entered seventh and final day of Kalanjali (Performing Arts) Segment with six events - Skit and Mimicry at GCW Gandhi Nagar and four events of Gayan Vadan (Music), Classical Vocal Solo, Semi Classical Vocal Solo, Classical Instrumental Solo and Light Vocal Solo at MAM College.

Prof Anil Gupta, Principal SPMR College, also Dean Faculty of Social Sciences and Dr Geetanjali A.Rana graced the Prize Distribution Ceremonies.

The seven day long festival was held under the patronage of Prof Anju Bhasin, Vice-Chancellor, Cluster University of Jammu. About 400 students from Constituent Colleges and PGI Schools participated in the thirty events hosted at all Constituent Colleges.

Dr Twinkle Suri, Dean Students Welfare asserted that the contest is an attempt to allow students to develop creative passions and enhance their communication skills, self-expression and confidence.



*Winners posing along with dignitaries during Yuvtarang 2019.*

Prof Anupama Vohra (Deptt. Of Distance Education, Jammu University), Sumit Sharma (Cultural Incharge, Jammu University) and Neeraj Kant (Cultural Coordinator, Natrang) adjudged the Skit and Mimicry at GCW, Gandhi Nagar.

Ashutosh Magotra, Classical Singer Pt. BS Bali (IMFA) and Sunaina Yad (Retd IMFA) were the jury for Classical Vocal Solo and Semi Classical Vocal Solo. Prof Parveen Sabharwal (Retd. Principal and noted Musician) Sunil Rana (IMFA) and Dr Naveen Sharma (GCW Parade) adjudged the Classical Instrumental Solo. Surinder Manhas, Brij Mohan and Prof Parveen Sabharwal adjudged the Light Vocal Solo.

In Skit, GGM Science College won the 1st prize, GCW Gandhi Nagar bagged the 2nd prize and School of Humanities and Liberal Arts clinched the 3rd position.

In Mimicry, Priya Sharma (GCW Gandhi Nagar) bagged the 1st prize, Vinay Sharma (MAM) bagged the 2nd prize and Pranav Koul (GGM Science) clinched the 3rd prize.

In Classical Vocal Solo, Swaranjot (GGM Science) bagged the 1st position, Karuna Majotra and Satyendra (MAM) clinched 2nd and 3rd positions.

In Semi Classical Vocal Solo, Karuna Majotra (MAM) bagged the 1st prize, Mehvish (GCW Gandhi Nagar) bagged the 2nd prize and Satyendra (MAM) clinched 3rd prize.

In Classical Instrumental Solo, Swarnjot (GGM Science) bagged the 1st prize, Harneet Kour (MAM) bagged the 2nd prize and Shobit Gupta (GGM Science College) clinched the 3rd prize.

In Light Vocal Solo, Satyendra and Karuna of MAM College won the Gold and Silver medals while Mehvish (GCW Gandhi Nagar) and Swarnjyot Singh (GGM Science) won the Bronze medal.

# Symphonic melodies Lit Yuvtarang Day-7



KT NEWS SERVICE

JAMMU, Oct 23: YUVTARANG 2019, the mega Literary and Cultural festival organized by office of Dean Students Welfare, Cluster University of Jammu entered seventh and final day of Kalanjali (Performing Arts) Segment with six events - Skit and Mimicry at GCW Gandhi Nagar and four events of Gayan Vadan (Music), Classical Vocal Solo, Semi Classical Vocal Solo, Classical Instrumental Solo and Light Vocal Solo at MAM College. Prof. Anil Gupta, Principal SPMR College, also Dean Faculty of Social Sciences and Dr. Geetanjali A.Rana graced the Prize Distribution Ceremonies. Prof. Anil Gupta appreciated the efforts of the department of Students Welfare in organizing the mega event involving colossal participation of students in diverse arenas. Dr. Geetanjali A.Rana applauded the participants for their symphonic performance in the Musical fiesta. The seven day long festival was held under the patronship of Prof. Anju Bhasin, Vice-Chancellor, Cluster University of Jammu. About 400 students from Constituent Colleges and PGI Schools participated in the thirty events hosted at all Constituent Colleges. Dr. Twinkle Suri, Dean Students Welfare asserted that the contest is an attempt to allow students to develop creative passions, also enhancing their communication skills, self-expression and confidence.

Prof. Anupama Vohra (Deptt. Of Distance Education, Jammu University), Mr. Sumit Sharma (Cultural Incharge, Jammu University) and Mr. Neeraj Kant (Cultural Coordinator, Natrang) adjudged the Skit and Mimicry at GCW, Gandhi Nagar. Mr. Ashutosh Magotra, Classical Singer Pt. B.S. Bali (IMFA) and Ms. Sunaina Yad (Retd. Institute IMFA) were the jury for Classical Vocal Solo and Semi Classical Vocal Solo. Prof. Parveen Sabharwal (Retd. Principal and noted Musician) Mr. Sunil Rana (IMFA) and Dr. Naveen Sharma (GCW Parade) adjudged the Classical Instrumental Solo. Mr. Suvinder Mohan and Prof. Parveen Sabharwal adjudged the Light Vocal Solo.

Eminently present were Prof. Archana Koul, Chairperson, Campus Cultural Committee, Cluster University of Jammu, Dr. Banpreet Kour, Prof. Sunil Uppal, Associate Deans, Dr. Devinder Sharma, Dr. Geetanjali Rajput, Dr. Shamim, Dr. Mansi Sharma, Assistant Deans, Dr. Davinder Kour, Cultural Coordinator, Cluster University of Jammu. The programmes at GCW, Gandhi Nagar and MAM College were organized by the Conveners, Cultural Committee, Prof. Aekta Gupta (GCW Gandhi Nagar) and Dr. Sangeeta Sudan (MAM College) and Dr. Kuldeep Raina (HOD Music, MAM College) under the overall Supervision of Department of Students Welfare and Campus Cultural Committee, Cluster University of Jammu. Results of the events held in YUVTARANG were complied by Dr Shally Gupta, Dr. Pankaj Bandhoria, Dr. Jasvinder Singh, Dr. Renu Rajput and Dr. Nidhi Suri.

In Skit, GGM Science College won the 1st prize, GCW Gandhi Nagar bagged the 2nd prize and School of Humanities and Liberal Arts clinched the 3rd position. In Mimicry, Priya Sharma (GCW Gandhi Nagar) bagged the 1st prize, Vinay Sharma (MAM) bagged the 2nd prize and Pranav Koul (GGM Science) clinched the 3rd prize. In Classical Vocal Solo, Swaranjot (GGM Science) bagged the 1st position, Karuna Majotra and Satyendra (MAM) clinched 2nd and 3rd positions. In Semi Classical Vocal Solo, Karuna Majotra (MAM) bagged the 1st prize, Mehvish (GCW Gandhi Nagar) bagged the 2nd prize and Satyendra (MAM) clinched 3rd prize. In Classical Instrumental Solo, Swarnjot (GGM Science) bagged the 1st prize, Harneet Kour (MAM) bagged the 2nd prize and Shobit Gupta (GGM Science College) clinched the 3rd prize. In Light Vocal Solo, Satyendra and Karuna of MAM College won the Gold and Silver medals while Mehvish (GCW Gandhi Nagar) and Swarnjyot Singh (GGM Science) won the

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Govt. College for Women

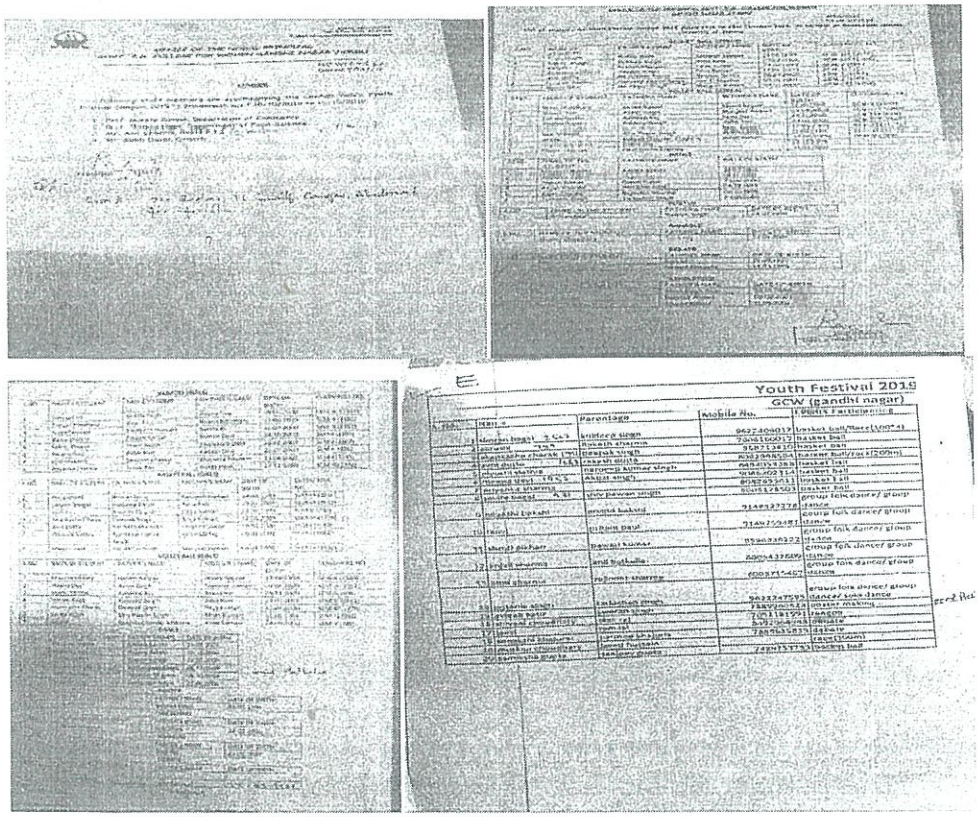
Gandhi Nagar, Jammu

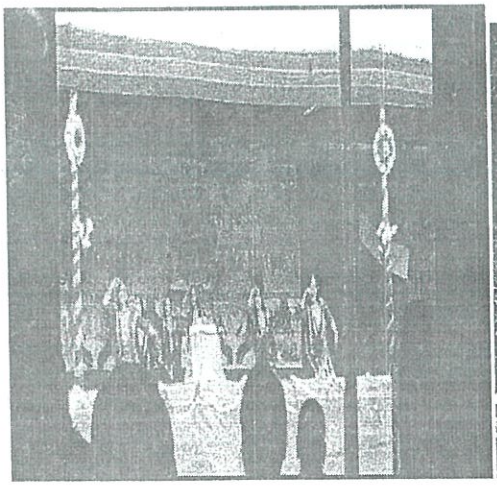
Activity Report

Chenab Valley Youth Festival, Sangam 2019 was celebrated at Bhaderwah organised by Indian Army & Bhaderwah Campus, University of Jammu.Variuos competitions were organised there like Group Folk Dance, Poster Making, Debate, Rangoli etc. Sports competitions were also held. 20 students of the college took part in this festival, out of which 10 took part in cultural and literary activities.

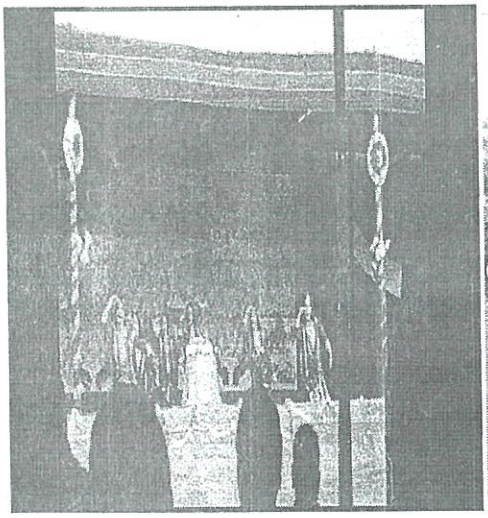
Prof. Monika Hans and Prof. Mamta Kundal escorted the students to Bhaderwah.

The students of our college got 1st prize in Group Folk Dance Competition. Overall the students enjoyed alot and had a great exposure while participating in a competition organised outside college.









The students of Govt. PG College for Women Gandhi Nagar Jammu won 1st prize in Folk Dance Competition in Youth Festival Sangam 2019 which was held on 10th of October 2019 at Bhaderwal Campus, University of Jammu






Convener

Convenor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

**Govt. College for Women,**

**Gandhi Nagar, Jammu**

**Activity Outcomes of Chenab Valley Youth Festival, Sangam 2019 at Bhaderwah celebrated from 11-15 October 2019**

1. **Talent Showcasing**: The youth festival provided a platform for talented individuals from the Chenab Valley region to showcase their skills and abilities in various fields such as music, dance, drama, and literary arts.
2. **Cultural Exchange:** The festival facilitated cultural exchange and promoted harmony among participants from diverse backgrounds, fostering understanding and appreciation of different traditions and customs.
3. **Skill Development:** Through participation in competitions, attendees had the opportunity to enhance their skills in their respective areas of interest, contributing to their personal growth and development.
4. **Team Building**: The festival activities encouraged teamwork and collaboration among participants, as they worked together to prepare and present their performances or compete in group events, strengthening their interpersonal skills and fostering a sense of camaraderie.
5. **Confidence Building**: Taking part in the festival helped individuals build confidence by performing in front of an audience, receiving feedback, and gaining recognition for their talents and efforts.
6. **Cultural Preservation:** By promoting traditional arts, music, and dance forms, the festival contributed to the preservation and promotion of the region's cultural heritage, instilling a sense of pride and identity among the participants.
7. **Networking and Collaboration:** The festival provided a platform for participants to network with like-minded individuals, exchange ideas, and explore potential collaborations, creating opportunities for future endeavours and mutual growth.
8. **Celebration of Youth**: The festival celebrated the youth of the Chenab Valley region, highlighting their creativity, energy, and passion. It offered a platform to nurture and showcase their talents, inspiring them to pursue their interests and contribute positively to society.

These outcomes collectively contributed to a vibrant and memorable youth festival experience, fostering talent, cultural exchange, and personal growth among the participants, and leaving a lasting impact on the Chenab Valley community.

Convener Cultural Committee
Cultural Committee
Govt. College for Women

# GOVT. COLLEGE FOR WOMEN

# GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

# EXTENSION ACTIVITIES

## OF

## NAAC CRITERION-III

# RESEARCH INNOVATIONS AND EXTENSION

2019-20

Govt. College for Women ★ IQAC ★ Gandhi Nagar, Jammu

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UNIFIED PLURALITY

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UNIFIED PLURALITY



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Govt. College for Women ★ Gandhi Nagar, Jammu ★ IQAC

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY REPORT

150th Birth Anniversary Celebrations of Mahatma Gandhi – 2nd Oct 2019, Rally: The NCC cadets organized a rally on the occasion of the 150th Birth Anniversary of Mahatma Gandhi. The rally was held on 2nd Oct 2019, and around 15 NCC cadets participated. The rally was flagged off by the Principal of the college. The cadets carried placards with messages of peace, non-violence, and cleanliness, and walked through the city, spreading the message of Gandhi.




Plog Run – 5th Oct. 2019: The NCC cadets organized a Plog Run on 5th Oct. 2019, in which around 45 cadets participated. The Plog Run was organized to spread awareness about cleanliness and the harmful effects of plastic pollution. The cadets ran across the city, picking up garbage along the way and depositing it in designated bins.

Rally and Cleanliness Drive – 9th Oct. 2019: On 9th Oct. 2019, the NCC cadets organized a rally and cleanliness drive in the college campus and surrounding areas. Around 60 cadets participated in the rally, which was flagged off by the Principal of the college. The cadets carried placards with messages of cleanliness and awareness, and later on conducted a cleanliness drive in the surrounding areas.




d. Unity Day Pledge 31st Oct 2019, college campus: On 31st Oct. 2019, the NCC cadets organized a Unity Day Pledge event in the college campus, in which around 24 cadets participated. The cadets took a pledge to uphold the unity, integrity, and security of the nation. The event was aimed at promoting the spirit of nationalism and unity among the youth.



e. Swachhta Abhiyan – 4th Nov 2019: The NCC cadets organized a Swachhta Abhiyan on 4th Nov. 2019, in which around 35 cadets participated and picked up garbage from the surrounding areas. The aim of the drive was to promote cleanliness and awareness about the harmful effects of garbage and waste.

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Sh. Neelima G
ANO
GCW Gandhi Nagar
Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN GANDHINAGAR,JAMMU

## ACTIVITY REPORT
### World Water Day Rally
### Date: 22 March,2020

The World Water Day rally organized by the Naval Unit NCC served as a platform to spread awareness about the importance of water conservation and highlight the challenges faced by our water resources. The 16 cadets from GCW Gandhinagar actively participated in the event, demonstrating their commitment to environmental sustainability.

The rally commenced at 10:15 am from the premises of SPMR College. The participating cadets, along with their NCC instructors, formed a procession that moved through the city's lanes. They carried banners, placards, and posters with powerful messages advocating for the responsible use and conservation of water resources.

Throughout the rally, the cadets engaged with the local community, distributing informational pamphlets and engaging in conversations about the significance of World Water Day. They encouraged individuals to adopt sustainable practices such as rainwater harvesting, water recycling, and reducing water wastage in their daily lives.

At 12:00 noon, the rally returned to the starting point, SPMR College. The participants gathered for a brief closing ceremony, where they emphasized the importance of collective efforts to preserve and protect water resources. They reiterated their commitment to promoting responsible water usage and called upon the community to join in these efforts.



Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Smt. Nasima G
ANO
GCW Gandhi Nagar
Jammu

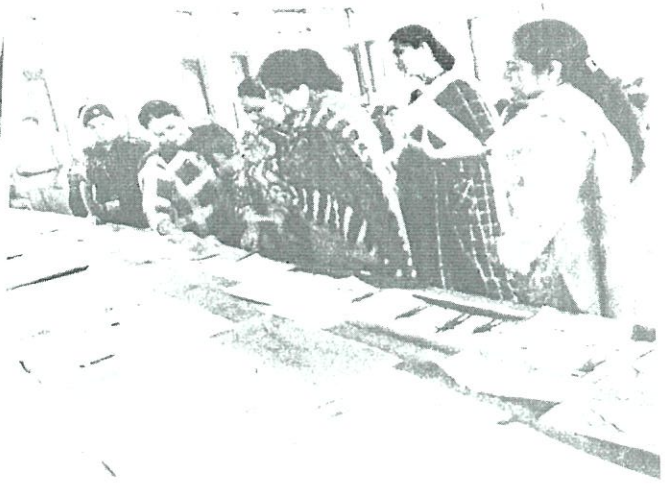
# ACTIVITY REPORT

## Kargil Vijay Diwas ( 25th -26th July, 2019

To commemorate the Kargil War Heroes, who laid down their life for country, 20th anniversary of Kargil Vijay Diwas was celebrated, with the theme- "Remember, Rejoice and Renew".

A Poster making competition was organized in the College hostel wherein 27 NSS Volunteers and NCC cadets participated with zeal. The inspirational video clips were also showed to the students. The Posters were judged by Dr. Suman Sharma and Prof. Irvinder Kour. Ms. Chakshul Sharma, Ms. Devpriya Rajwal And Ms. Surbhi got Ist. IInd. and IIIrd prizes. The Principal of the college, Prof. Minnie Sharma was the chief guest.





Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.




# Celebration of Kargil Vijay Diwas

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

PRESS RELEASE – Daily Excelsior

...in Charge J&K State and ...ate President JKPYC, Uday ...hib along with party workers ...membered all the martyrs and ...rmed that the Indian Army is the ...st army in the world.

To pay tribute to soldiers and felicitate the Veer Naris on 20th Kargil Vijay Diwas, a programme was held by Sainik Welfare Department at Red Cross Bhawan Pachhi Chawni. Speaker Dr Nirmal Singh, graced the occasion as chief guest and Mamta Singh was the guest of honour. Speaking on the occasion, Hav Satish Kumar, Vir Chakra narrated his experience of Kargil Battle with nostalgia. Honorary Secretary Red Cross Jammu Dr Dinesh Gupta assured all help to Sainik Welfare Department. Brigadier Harcharan Singh informed that Rotary Club Elite Jammu has taken up initiative to become part of "Soldiers Family" by adopting close to 40 martyrs families. Abha Gupta, a Rotarian, has made liaison with "Narayana Tutorials" to provide free tuitions to children of martyrs. Dr Rashid Choudhary of Narayana Tutorials was felicitated for the noble initiative of offering free classes to children of martyrs. Vote of thanks was presented by Colonel Rawel Singh ZSWO Jammu. The stage was managed by Ravikant from Radio Kashmir Jammu. Pooja Malhotra President Rotary Elite, Paramjit Kaur, Meena Jaggi, Gurvinder Kaur, Sangeeta and other members of the Rotary Elite were also present on the occasion.

A function was held here, wherein Hoshiar Singh, Congress Leader and JKPCC Member and others paid rich floral tributes to martyrs. Among others present were Jankar Singh, Major Kulbir Singh, Karan Singh, Ramesh Kumar, Bobby Kumar, etc.

Paying homage to the brave tribute was paid to the martyrs of Kargil war.

The three NCC units of GDC Kathua, 2nd J&K Girls Battalion, 1st J&K Armd Sqn and 1st J&K NCC naval wing celebrated 20th anniversary of Kargil Vijay Diwas. The day was observed under the guidance of Principal GDC, Kathua, Prof. Dr Koushal Samotra and supervision of ANO Dr Manohar Lal (Naval Wing) ANO Prof Sandeep Choudhary (Boys NCC), and ANO Dr Rachna Devi (Girls NCC). On this occasion NCC cadets participated in special parade, poster making competition and delivered speech to honour the Kargil War heroes.

Two days programme was conducted by NCC and NSS wing of Government PG College for Women Gandhi Nagar Jammu to celebrate the 20th Anniversary of Kargil Vijay Diwas. The first day's activity was Poster Making Competition on the theme "Kargil Vijay Diwas". Inspirational video clips were shown which were followed by motivational lectures by some of the participants on the second day of the programme. The programme concluded with the prize distribution. Prof Minnie Sharma, Principal was also present. Prof Irvinder Kour and Prof Suman Bala were the jury members.

Kargil Vijay Diwas was celebrated in the premises of Government Girls Higher Secondary School Reasi under the guidance of Principal Amreesh Kumar Kotwal. Rakesh Chobber Lecturer, Annie Raghuvanshi NCC Officer and NCC cadet Nittu of class 10th spoken regarding Kargil Vijay Diwas and two patriotic songs were sung by the students and the NCC cadets.

To pay tribute to the martyrs ism and the spirit of bravery. Students presented a melodious group song depicting the emo-

## Plus Two Lecturers meet Advisor Khan

*Excelsior Correspondent*

SRINAGAR, July 26: A delegation of All J&K Plus Two PSC Lecturer Association here today called upon Governor's Advisor, Farooq Khan and apprised him of the issue of Assured Career Progression (ACP).

The delegation was led by Association vice president, Mansoor Ahmed Khan and it highlighted various issues facing the lecturer community in the State.

The Association expressed concern over stagnation in the cadre and stressed for the early redressal of the demand of ACP.

The Advisor was informed that plus two lecturers are only employees group in gazetted cadre which are deprived of career progression or time bound promotions.

Issues like release of senior lecturers list, filling up of vacant posts at different levels, filling of Joint Director's posts from parent department and abolishing SRO 202 was also brought into the notice of Advisor.

The Advisor assured that all the issues would be redressed on priority base.

The delegation comprised of Dr. Nazim, General Secretary; Mohammad Shafi, Syed Ishtiyaq, Kaiser Shafi Shah, Dr. Sajad Ahmad, Khursheed Ahmad Dar, Dr. Khursheed Ahmad Bhat and Mohammad Ashraf Malla.

Singh, Bishan Singh and many others were also present on the occasion.

Government Girls High School, Chak Malal celebrated Kargil Vijay Diwas. On the occasion, Headmaster of the institution Suversha Kumari distributed uniforms among students. Present on the occasion were Ajit Kumar, Deepak Lal, Surjeet Singh, Surinder Sharma and Sanjeev Kumar.

## ASCOMS employees to go on strike from July 29

*Excelsior Correspondent*

JAMMU, July 26: ASCOMS Employees Welfare Association, Jammu will observe indefinite strike from July 29.

This was disclosed today by president of the Association Ravinder Singh Slathia. He stated that the Association has already served notice of strike to the management about 2 months back as management has not implemented minimum wages whereas the State Government has revised the same in November 2017.

"The matter was also brought into the notice of the Labour Department but neither the management of ASCOMS nor Labour Department settled our wages issue," Slathia said, adding this negligent attitude of the authorities of the ASCOMS has forced us to go on indefinite strike from July 29.

He informed that emergency services in the hospital will remain out of the purview of the strike so that common masses could not suffer.

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu

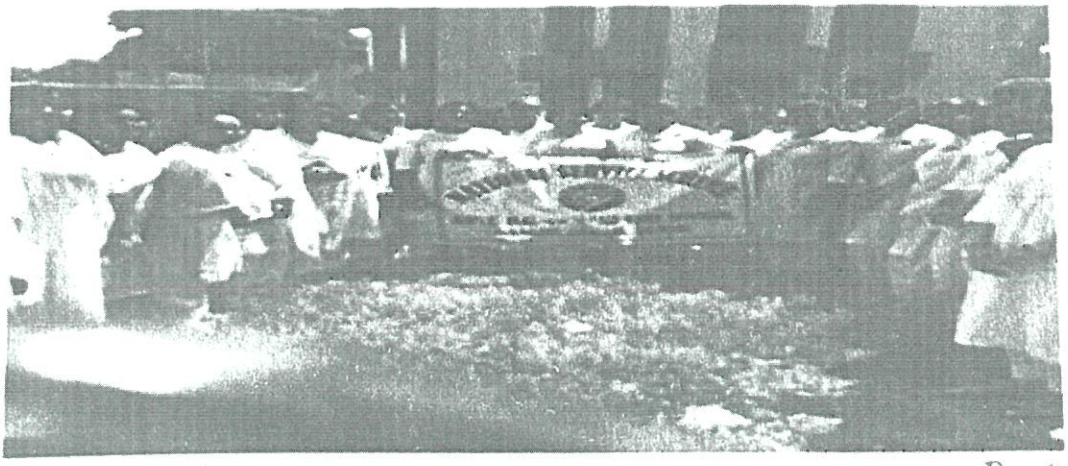
# ACTIVITY REPORT

## Plantation Drive ( 23rd of August,2019)

A Plantation drive was organised by NSS Units in collaboration with Mahindra and Mahindra Group, Jammu, in the college premises wherein 55 NSS volunteers and 37 staff member of Mahindra and Mahindra Group planted about 500 saplings of medicinal and ornamental plants. The drive was coordinated by Prof. Mala Bhasin NSS Programme Officer.



**Staff of Mahindra and Mahindra Group**



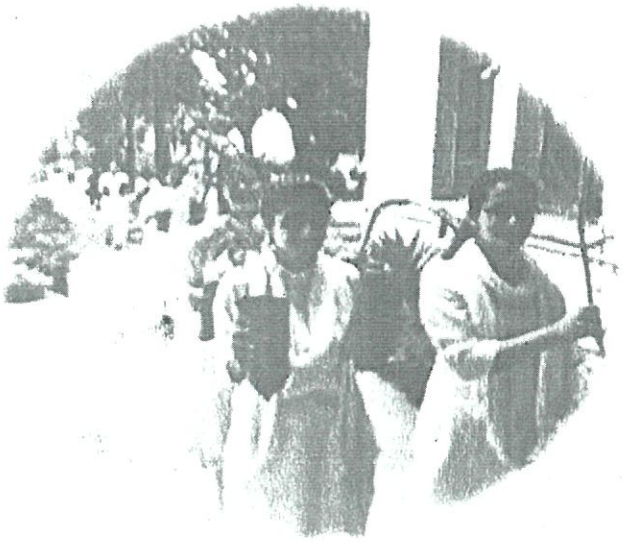
Programme Officer

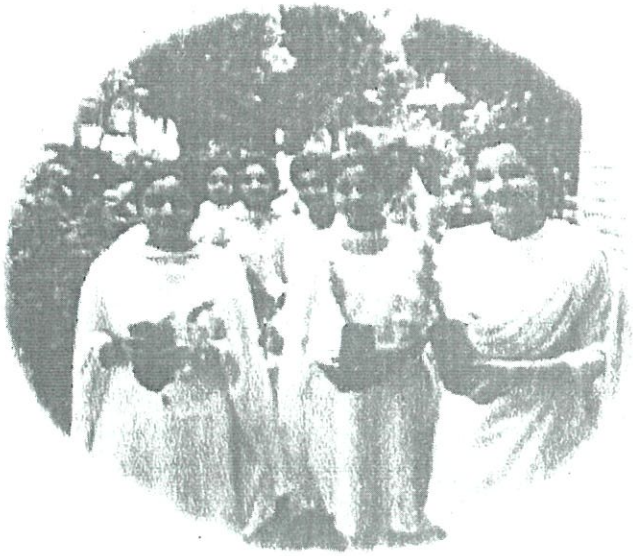
Govt. College for Women
Gandhi Nagar Jammu

# ACTIVITY REPORT

## Two Days Plantation Drive (26th -27th August,2019):

Two days plantation drive was organised by NSS Units of the college to incalcate the importance and medicinal value of various plants viz. Aamla, Amaltas, Hibiscus, Gulmohar etc., in our life. A total of 43 volunteers participated in the event under the supervision of Prof. Mala Bhasin, NSS programme Officer.





Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.





# Plantation Drive

Programme Officer
N S S
Govt. College for Women
Gandhi Nagar, Jammu.





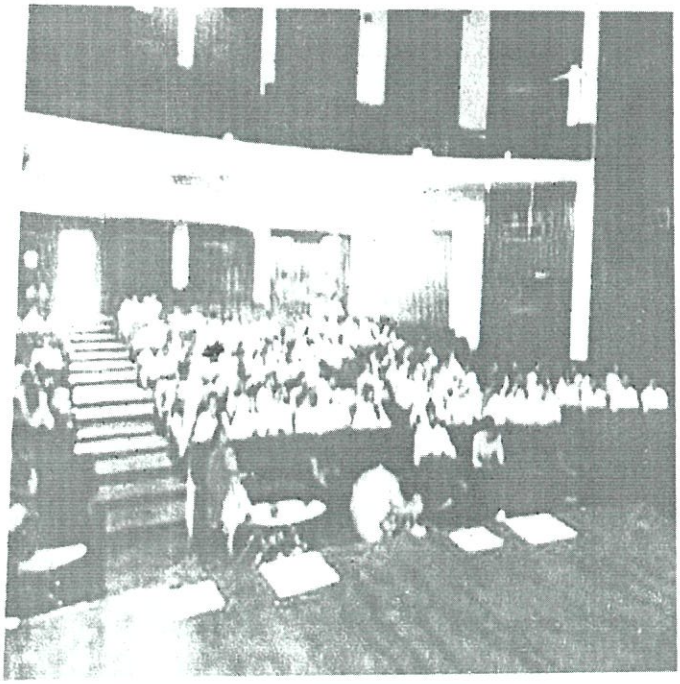
# Plantation Drive

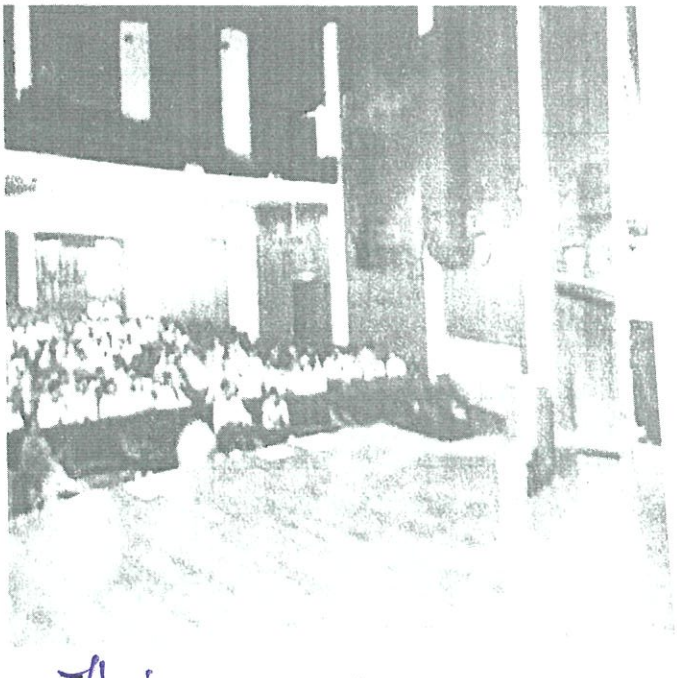
Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Awareness Lecture-cum- demonstration on Solid Waste Management (13.09.2019):

An awareness lecture on Solid Waste Management was organised on 13th of September, 2019 in the college auditiroum. Sh. Jorawar Singh of Muncipal Corporation Jammu was the resource person. He threw light on the activities associated with management and recycling of solid waste. A total of 108 volunteers and 4 faculty members were present in the auditorium. The aim of the activity was to sensitize the volunteers about the recycling and management of solid wastes. The activity was coordinated by NSSPO Prof. Mala Bhasin.





Programme Officer
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Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Visit to Adopted Village for Awareness Lectures ( 19th Nov.2019)

NSSPO Prof. Mala Bhasin, Dr. Piyuesh Kant Sharma and 40 NSS volunteers visited adopted Village Chak Avatara for awareness lectures on topics- Say no to Single use Plastics and Swachhata hi Sewa. The Principal of the College, Dr. Ravender Tickoo flagged off the college bus for the awareness visit. The one day activity was conducted to create awareness among the villagers about the hazards of plastics and importance of cleanliness. Prof. Mala Bhasin in her lecture said that single use plastics are only used once and are generally non-biodegradable. These items pollute our environment- be these seas, Oceans, land, fresh water bodies, etc. She encouraged them to use eco-friendly bags. Dr. Piyuesh said that cleanliness is most important for physical well-being and a healthy environment. Nss Volunteers- Harpreet, Priya, Surbhi, Charnleen, Harman, Rajni, Shivali, and Nirmaljeet also interacted with the villagers. A rally was also conducted wherein volunteers shouted slogans regarding cleanliness and say no to single use plastic.












NATIONAL SERVICE SCHEME



# ACTIVITY REPORT

## National Road Safety Week-2020( 11th -17th January,2020)

NSS Volunteers under the supervision of NSS Programme Officer Prof. Mala Bhasin participated in two main activities organized by Motor Vehicle Department Jammu to celebrate 31st National Road Safety Week from 11th -17th January, 2020

**Walkathon (11.01.2020):** A total of 40 NSS volunteers participated in the walkathon which started from Gulshan Ground and culminated at Green Belt Park.




Programme Officer
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Govt. College for Women
Gandhi Nagar, Jammu.




**NSS volunteers during Walkathon**

**Women Scooter Rally(15.01.2021):** NSSPO Prof. Mala Bhasin and 17 NSS volunteers participated in the Women Scooter Rally which started from opposite orawar Singh Auditorium via Police Head Qtrs., Vikram Chowk, Green Belt Park , Bahu Plaza and Culminated at University of Jammu.



**Women's Scooter Rally**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## National Girl Child Day (24.01.2020)

NSS Units organized four activities to celebrate National Girl child Day on 24.01.2020 wherein 41 NSS volunteers participated under the supervision of NSS Programme Officer Prof. Mala Bhasin.

## Poster Making & Slogan Writing

To celebrate the day, Poster Making and Slogan Writing activities were organized on the common theme –Save and Educate Girl Child.





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## Walkthon ( in College)

A total of 41volunteer and other college students also participated in a walkathon with Posters in the college campus. They shouted slogans like Beti Bachao Beti Padao, Save the Girl child, etc.




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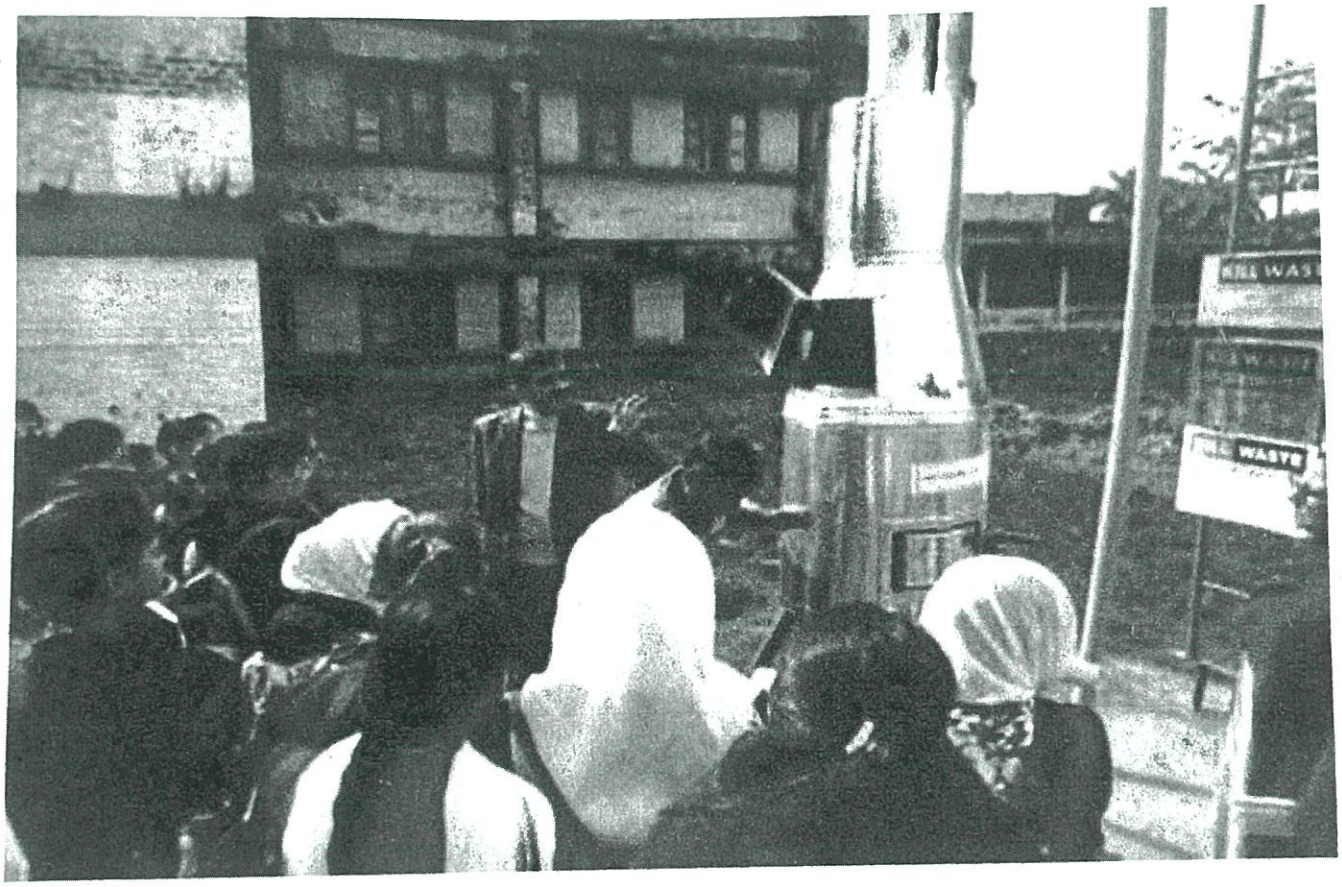
## Lecture cum demonstration on Solid Waste Management

A total of 41volunteers participated and interacted with Prof. Sudhanshu Sharma, Convenor NSS Advisory Committee, who spoke on the Solid waste Management.



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Govt. College for Women
Gandhi Nagar, Jammu

# ACTIVITY REPORT

## Winter Camp-2020(18th -24th .February,2020)

A Winter Camp was organised by Cluster University of Jammu for all five constituent colleges from 18th -24th February, 2020 wherein from each college 25 volunteers participated along with their NSS Programme Officers.




**Team Winter Camp-2020 with NSSPO Prof. Mala Bhasin & Dr.Piyuesh Kant**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar. Jammu.

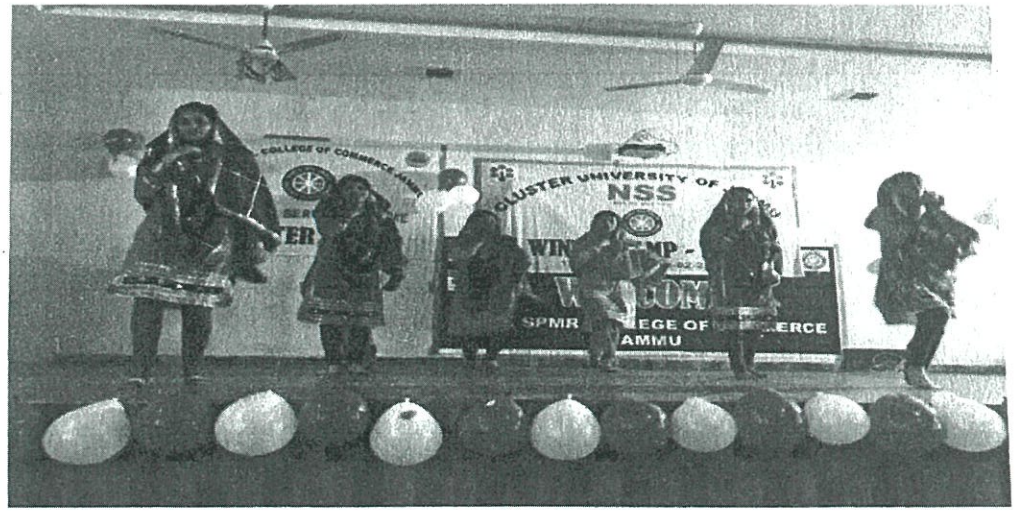


**NSSCoordinator, NSSPO's and NSSvolunteers from Constituent Colleges of CLUJ**

Following activities were organised during the Winter Camp:

## 1. Inaugural Ceremony (18th Feb., 2020)

The camp started with inaugural day at SPMR College of Commerce with cultural programme (Dance and skit). The volunteers of GCW Gandhi Nagar gave a mesmerizing performance of Shiv Vandana and Dogri Dance. A motivational lecture on the topic- **Rules and Duties of NSS Volunteers**by Dr. Jasbir Singh, DSW University of Jammu was also organised for the volunteers. He also enlightened the volunteers with his experience related to his journey of NSS.




**Volunteers of GCW Gandhi Nagar performing Dogri Dance.**

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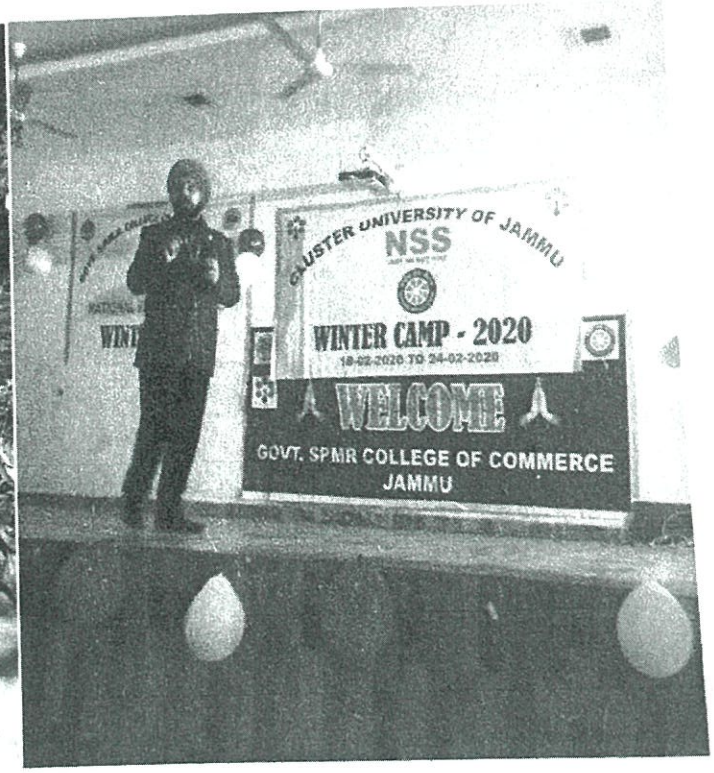
Govt. College for Women
Gandhi Nagar Jammu.




**Volunteers of GCW Gandhi NagarPerformingShiv Vandana**



**NSSPO with Team of Shiv Vandan**




**Motivational Lecture by Dr. Jasbir Singh**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## 2. Awareness Campaign (19th -20th Feb., 2020)

The day second and third was for awareness campaigns at respective adopted villages to create awareness among villagers regarding Government Schemes for Farmers and Women.They encouraged the villagers to keep their village clean. During their visit, NSS volunteers also interacted with students of Primary School of adopted Village Chak Avatara, Bishnah. A Skit on – Say no to Dowry was also staged to sensitize the local masses about the one of major social evils of our society.



**NSS Volunteers with Surpanch at Chak Avatara**

Programme Officer
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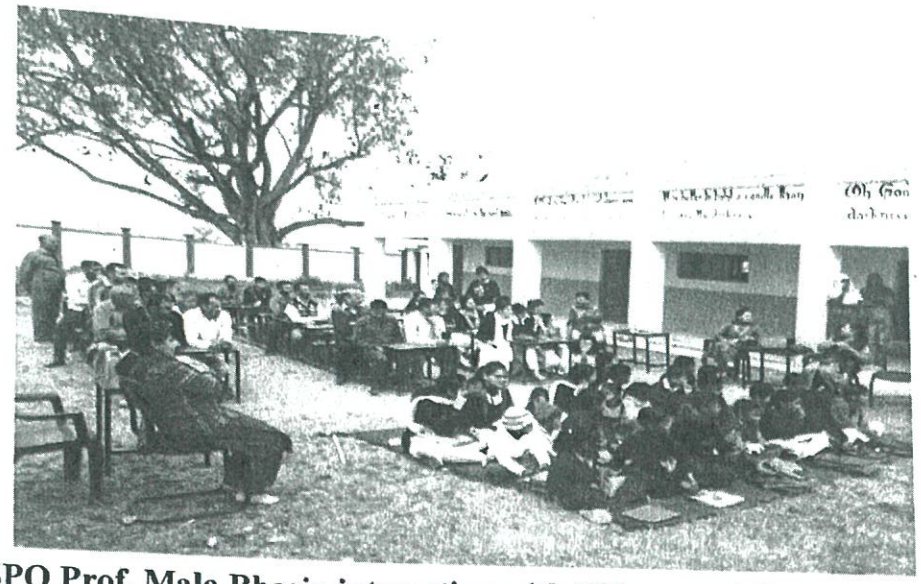
Govt. College for Women
Gandhi Nagar, Jammu.



**NSSPO Prof. Mala Bhasin interacting with Villagers of Chak Avatara**

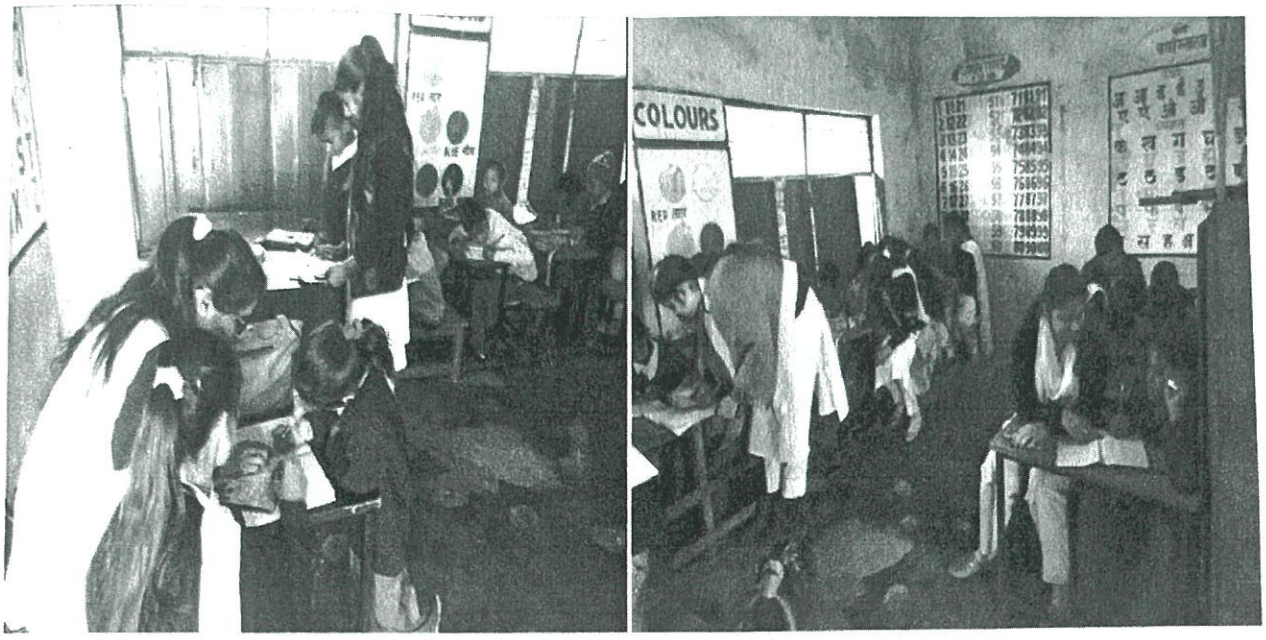


**NSS Volunteer –Insha recited a poem on Women**

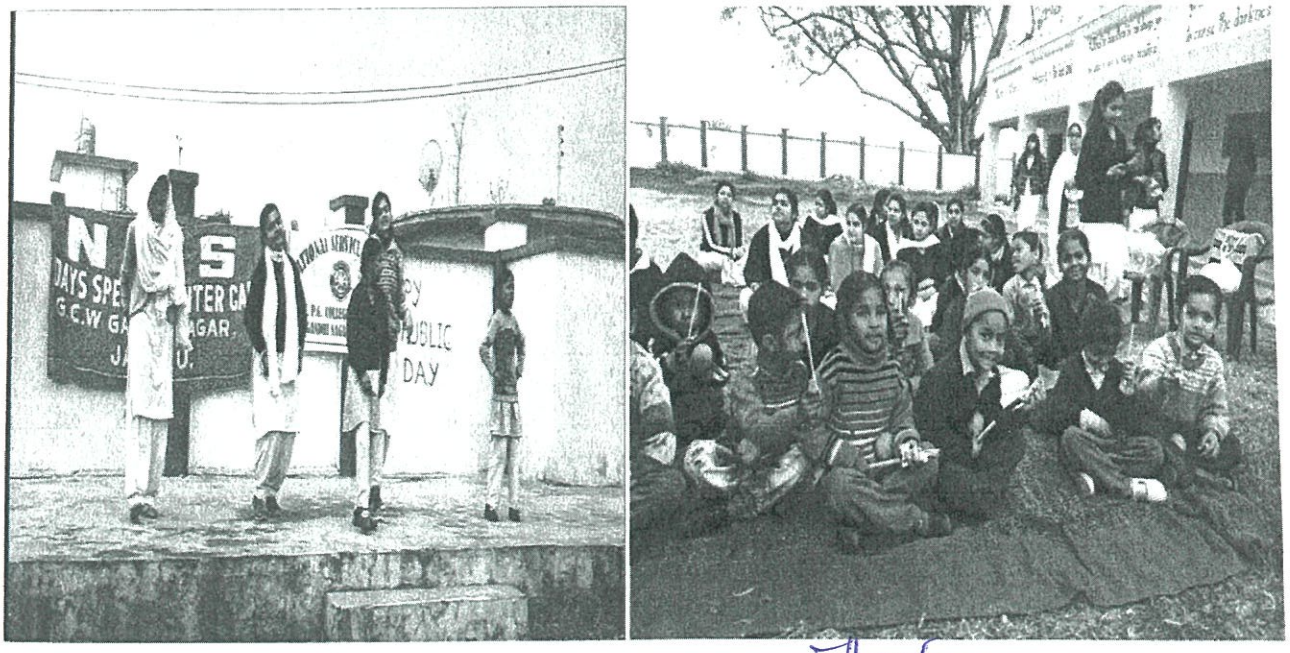



**Skit- Say no to Dowery**

Govt. College for Women
Gandhi Nagar, Jammu.




**NSS volunteer interacting with students of Primary School , Chak**



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**Party Time- with students of Primary School , Chak Avatara**

## 3. Local Community Visit by Volunteers for Awareness for Health & Hygiene (21st Feb.,2020)

Volunteers visited five of their neighbours and questioned them about the issues of health and hygiene and also enquired about the major steps taken by the family for the health of elderly persons at home. They also submitted a small survey report of the activity.




**Local Community visit by NSS volunteers of GCW Gandhi Nagar**

Programme Officer
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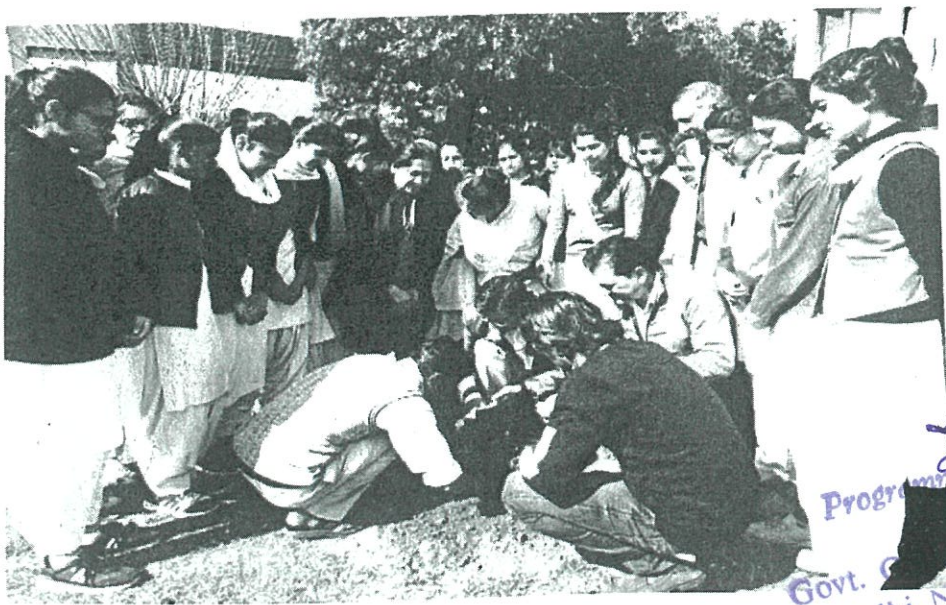
Govt. College for Women
Gandhi Nagar, Jammu.



**Local Community visit by NSS volunteers of GCW Gandhi Nagar**

## 4. Plantation & Cleanliness drive (22nd Feb., 2020)

A plantation and cleanliness drive was conducted in the college campus. The Principal of the College, Dr. Ravender Tickko, NSS Programme officer Prof. Mala Bhasin, staff and volunteers planted saplings of medicinal, ornamental and fruit trees in NSS Garden and Botanical Garden. The volunteers also cleaned College campus.



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Gandhi Nagar, Jammu.



**Plantation drive in College Campus**

Programme Officer
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Govt. College for Women
Gandhi Nagar, Jammu.



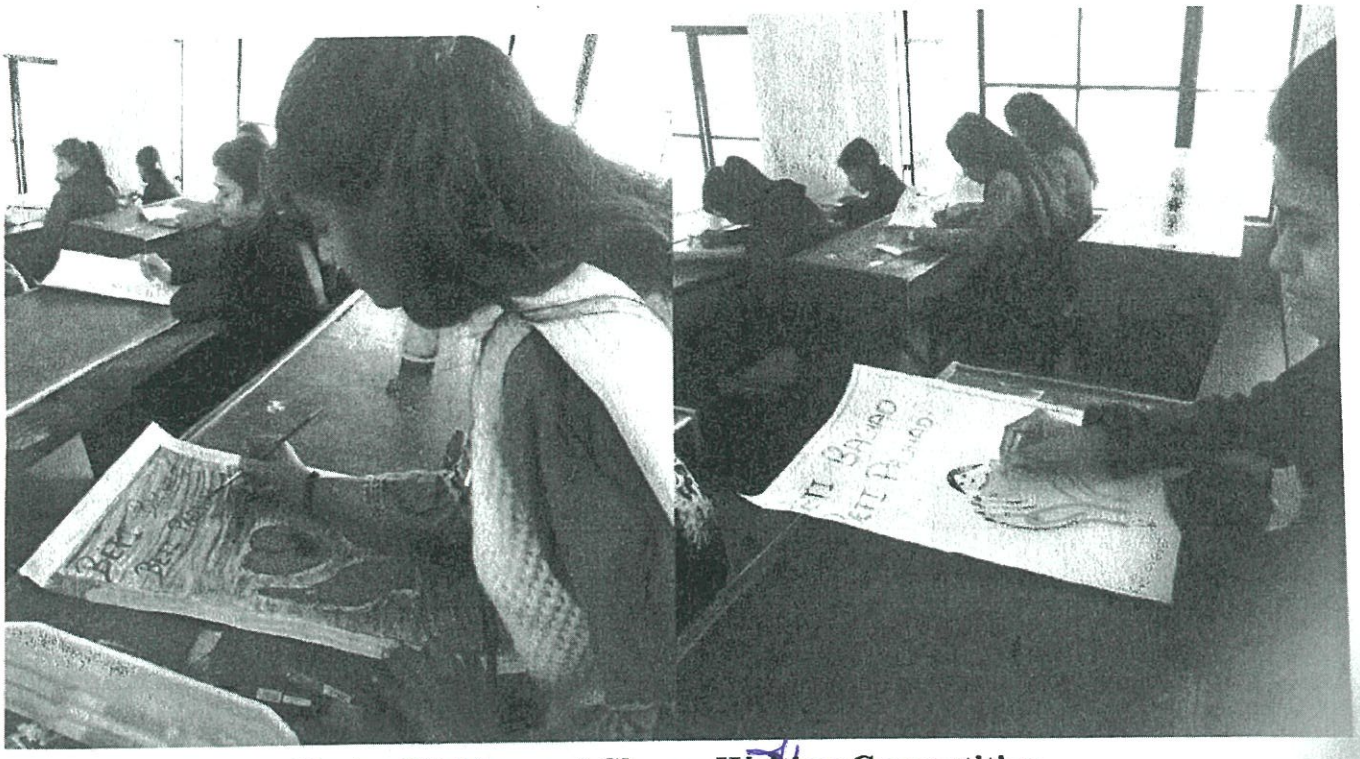
**Cleanliness drive in College Campus**

## 6. Poster Making &Slogan writing Competition (23rd Feb., 2020):

On sixth day, two activities were organized. A Poster Making Competition on topic- Beti Bachao, Beti Padhao and SloganWriting Competition on the topic- Swacch Bharat was organized .The activities were later on adjudged by NSS Coordinator Dr. Sandhya Bhardwajat Manwal. The NSS volunteer **Neeru Kundal got 1st Prize** in **Poster Making** and NSS volunteer- **Surbhi Sharma** got **2nd prize** in **Slogan Writing.**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu





**Poster Making and Slogan Writing Competition**

Programme Officer
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Govt. College for Women
Gandhi Nagar, Jammu.



**Poster Making and Slogan Writing Competition**

## 7. Valedictory at Manwal, Mansar(24th Feb., 2020)

The camp concluded at Village Manwal, Mansar of District Udhampur. Dr. Anju Bhasin, VC Cluster University of Jammu was the chief guest who also visited Manwal temples with Principals of Constituent Colleges. Volunteer Harman Kour and her team performed skit on "Say no to Dowry". Volunteers also visited the historical temples (10th -11th century A.D.) of village Manwal, Mansar under the Archeological Survey of India with the expert Dr. Sonam Spalzin who took them for "Heritage Walk" and briefed them about the history of the temples. The volunteers also took part in 'Swacchta Abhyian' and cleaned the temple premises. A demonstration by a local expert was also presented for the volunteers about

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu

"Donna Pattal" making. The report of the activities of 7 days Winter Camp was presented by Prof. Mala Bhasin, NSS Programme Officer of Govt. College for Women Gandhi Nagar Jammu.




**NSS Volunteers at Village Manwal, Manasr**

Govt. College for Women
Gandhi Nagar, Jammu.




**Neeru Kundal got 1st Prize in Poster Making**




Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

**Surbhi Sharma got 2nd Prize in Slogan Writing**



**Motivational words from VC CLUJ Dr. Anju Bhasin**




Programme Officer
N.S.S
Govt. College for Women
Gandhi Nagar, Jammu.

**Winter Camp Team of GCW Gandhi Nagar**



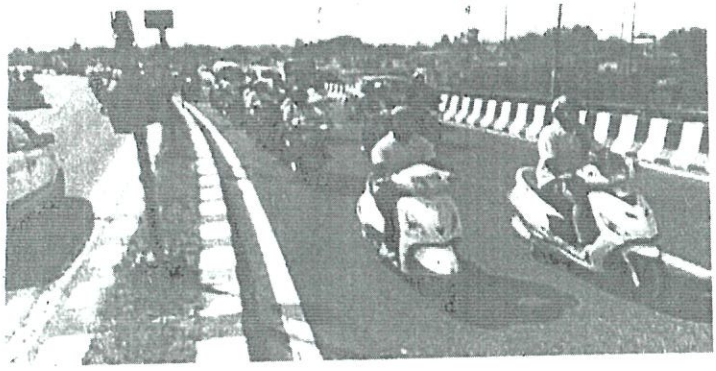
**Memorable photograph of First Winter Camp of Constituent Colleges ofCluster University of Jammu**

Programme Officer
N. S. S.
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## International Women's Day (08.03.2020)

A **Women Scooter Rally** was organized by Biker Brotherhood Motorcycle Club on the eve of International Women Day wherein 05 NSS volunteers and Prof. Mala Bhasin NSS Programme Officer actively participated. The rally started from Green Belt Park and culminated at GCW Parade where a cultural programme was also organised.









Programme Officer
N S S
Govt. College for Women
Gandhi Nagar, Jammu

# OFFICE OF THE SPORTS COORDINATOR, CLUSTER UNIVERSITY OF JAMMU

To Principal

No: PE/SCO/2019-20/[illegible]
Dated: [illegible]

Sub: **Fixture For Inter- Collegiate Tournament/Competition 2019-20**

Sir/ Madam

Kindly find enclosed herewith a copy of the Fixture for Inter- Collegiate Tournament Competitions of Cluster University of Jammu 2019-20, planned as per the Calendar of AIU and academic Calendar of the University duly approved by the Hon'ble Vice chancellor. This information may kindly be passed on to the concerned officer for the active participation by your college students in the inter- college programme of Game and sports for current session 2019-20

Thanking You

Sincerely Yours

**Dr. Vinod Bakshi**
**Sports Coordinator**
**Cluster University of Jammu**

Copy to:

1. Principals of constituent colleges of cluster University of Jammu for information
2. The Dean Student welfare, cluster University of Jammu for information
3. S.S to the V.C for kind information of the Hon'ble Vice- Chancellor please
4. Physical Directors constituent colleges of cluster University of Jammu for information
5. DS, Director youth Service and sports, Jammu Division for information
6. P.A cluster University of Jammu for information.
7. The Sports Officer M.A. Stadium Jammu.
8. P.A to the Registrar for information to the Registrar
9. Office File

# Cluster University, Jammu

## FIXTURE FOR INTER-COLLEGIATE TOURNAMENT/COMPETITION 2019-2(

Opening Ceremony of Inter-Collegiate tournaments of Cluster University of Jammu.

1. Name of the Event - **Football (Men)**

**Venue**:- G.G.M Science College, Jammu.
**Time** :-10.00 am
**Dated**:- 05-09-2019

1. **Govt. SPMR College of Commerce** .---05-09-19 --
2. **G.G.M. Science College.**----------
3. **Govt. College of Education.**----------05-09-19----
4. **Govt. M.A.M College.**----------

**Final. (06-09-19)**

Note: Tournament will be conducted as per AIU and Football Federation of India rules.

---

2. Name of the Event – **I/U Athletics Trial (Men & Women)**

Venue:- G. C.W Gandhi Nagar, Jammu
Time:- 10.00 am
Dated:- 09-09-2019

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.
5. G.C.W Gandhi Nagar.

3. Name of the Event - **Volleyball (Men)**

**Venue**.- Govt. SPMR College of Commerce.
**Time** :-10.00 am
**Dated**:- 12-09-2019.

1. **Govt. SPMR College of Commerce .**---12-09-19 --
2. **Govt. College of Education.**----------
3. **Govt. M.A.M College.**----------12-09-19----------
4. **G.G.M. Science College.**----------

**Final. (13-09-19)**

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4. Name of the Event: **Volleyball (Women)**

**Venue:-** G.C.W Gandhi Nagar, Jammu
**Time:-** 10:30 A.M
**Dated:-** 17-09-2019.

1 **Govt. College of Education.** --(Bye)-17-09-18---
2 **G.G.M. Science College.** -17-09-19-----
**SPMR College of Commerce.**------
4 **Govt. M.A.M College.**----------(Bye)----17-09-19--
5 **G.C.W Gandhi Naga**----------(Bye) ----------

**Final.( 18-09-2019)**

Note: Tournament will be conducted as per AIU and Volleyball Federation of India rules

# Office of the Physical Director Govt.P.G.College for Women Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

**Name of the Tournament**: Inter-College(Volleyball)
**Game Incharge**:Dr. Roopali slathia
**His/ Her Status**: Physical Director
**Session: 2019-20**
**Name of the college**: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Rifat chowdhary | Sh Gulam Rasool | Noora begum | 12/10/1998 | 1540(sem 5th) | 2017 |
| 2 | Shriya Jamwal | Sh Kulwant Singh | Smt Sushma Jamwal | 22/10/2000 | 490(sem1st) | 2019 |
| 3 | Akanksh Charak | Sh Deepak singh | Reva Kumari | 17/3/2000 | 1776(sem 3rd) | 2018 |
| 4 | Priyanka Sharma | Sh.Balbir Raj | Smt Anita Sharma | 13/12/200 | 421(sem 1st) | 2019 |
| 5 | Meena Devi | Sh.Avtar singh | Manjeet kumari | 4/8/2000 | 1952(sem 3rd) | 2018 |
| 6 | Avni Dutta | Sh Rajesh dutta | Megha dutta | 26/3/2002 | 1688(sem1st) | 2019 |
| 7 | Ishima Verma | Sh.Kuldeep raj | Reva devi | 28/11/2000 | 608(sem3rd) | 2018 |
| 8 | Vidhi Sharma | Sh.Susheel kumar | Rachna kumara | 06/02/2002 | 408(sem 1st) | 2019 |
| 9 | Savita Bagal | Sh.Shiv pawan singh | Nishi kumara | 11/06/1998 | 931(sem 3rd) | 2018 |
| 10 | Aarushi | Sh.Rakesh chander | Kiran kumari | 24/9/1999 | 789(sem 5th) | 2017 |
| 11 | Urmila Palwal | Sh Dalip kumar | Rajni devi | 15/04/1999 | 2256(sem 5th) | 2017 |
| 12 | Khushi Sharma | Sh Neel kanth sharma | Asha devi | 31/03/2001 | 446(sem 1st) | 2019 |

PHYSICAL DIRECTOR
DR ROOPALI SLATHIA
Physical Director
GCW Gandhi Nagar

PRINCIPAL

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## Inter-Collegiate Volleyball C'ship

# GCW Gandhi Nagar, GDC Kathua emerge winners

*Excelsior Sports Correspondent*

UDHAMPUR, Sept 16: Three day long Inter-Collegiate Volleyball Championship for men and women concluded at GDC Udhampur today.

During the valedictory function and trophy presentation ceremony, Dr SD Singh Jamwal, Director Sher-e-Kashmir Police Academy (SKPA) Udhampur was the chief guest. Sujit Kumar Singh, DIG Udhampur-Reasi Range, Mohan Lal, Assistant Director Operation SKPA, Dr Gurvinderjeet Singh, Additional Deputy Commissioner Udhampur and Rajinder Katoch, Additional Superintendent of Police Udhampur also graced the valedictory function.

While speaking, Dr SD Singh Jamwal said that sports teach how to lead life. He assured of all his support to the college in its journey towards 'Excellence'.

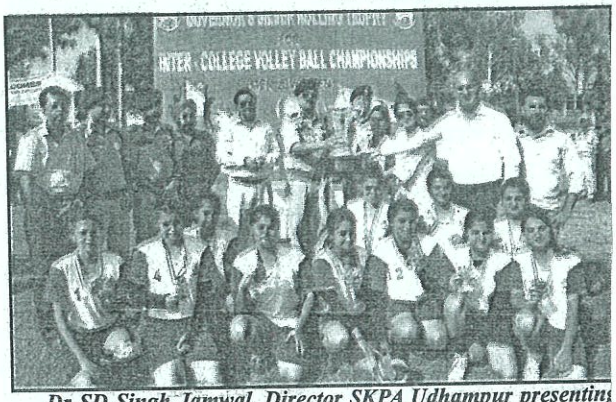
Earlier, Principal of the college Prof (Dr) Nutan Kumar Resutra welcomed the chief guest and presented the report on the tournament.

In the final nail biting matches, GCW Gandhi Nagar outplayed GCW Parade by 3.2 to register their second consecutive win in women's section where as in men's section, GDC Kathua forced GDC Udhampur to taste defeat in the final of the trophy by 3.0 on its home ground.

Medals, mementoes and trophies were also presented to students who had presented Guard of Honour, NCC Piloting girls NSS Volunteers, officials conducting tournament and also teaching and non-teaching college faculty.

Dr RS Jamwal, Principal GDC Basohli, Rakesh, Navee Sharma, Sanjay Sharma were the technical officials.

In the end, Prof Suresh Kumar Dogra proposed the formal vote of thanks.




*Dr SD Singh Jamwal, Director SKPA Udhampur presenting title trophy to winning team.*

16 Sept 2019



*Players in action during a Kabaddi Tournament organised by Cluster University of Jammu on Tuesday.*

22 Oct 2019

# GCW Gandhi Nagar, MAM College lift Inter-Collegiate Kabaddi titles

*Excelsior Sports Correspondent*

JAMMU, Oct 22: Scripting convincing victories over their rivals in their respective summit clashes today, Government College for Women (GCW) Gandhi Nagar and MAM College Jammu lifted the title trophies in the BLAZE Inter-Collegiate Kabaddi (Men & Women) Tournament of Cluster University of Jammu at GCW Gandhi Nagar, here.

The Tournament was organised by the Department of Dean Students Welfare, Cluster University of Jammu.

Dr Twinkle Suri, Dean Students Welfare, Cluster University of Jammu graced the occasion.

In Women's section final, GCW Gandhi Nagar beat GGM Science College by 49-20 and lifted the trophy, while in men's title clash, MAM College beat GGM Science College by 35-19 to emerge the champion.

The matches were played under the supervision of Dr Vinod Bakshi, Sports Coordinator, Cluster University of Jammu and Physical Director GGM Science College Jammu.

Sumnesh Sharma, Physical Director MAM College Jammu, Prof Jagjeet Singh, Dr Roopali Salathia, Physical Director GCW Gandhi Nagar, Prof Anil Singh, Prof Amjad Hussain, Prof Madhu Ram, Prof Ram Parkash, Prof Ram Krishan, Prof Reyaz Ahmed, Prof Rahul Uttam, Prof Rajiv Kumar, Prof. Khalid Hussain, Prof. Makhdoom Ahmed, Prof Masood Ahmed, Prof Imran Khan, Neelam Chalotra, Assistant Physical Director MAM College, Pawan Giri, Assistant Physical Director GGM Science College and Anil Kumar, Assistant Physical Director, GCW Gandhi Nagar Jammu were present on the occasion.

The matches were officiated by Keshav Singh, Harpreet Singh, Amandeep Singh, Dheeraj Sharma, Akhil Kumar and Bantu Kumar.

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State Times - 12

CLUJ Volleyball Tourney begins

# SPMR College of Commerce, GGM Science College win opening

■ STATE TIMES NEWS

JAMMU: Government SPMR College of Commerce won the opening match of the Inter-College Volleyball Tournament (Men) 2019-20 being organised by Department of Students Welfare, Cluster University of Jammu (CLUJ) in the premises of Government SPMR College of Commerce, here on Thursday.

The tournament was inaugurated by Pawan Sharma, Financial Advisor, CLUJ, who was the Chief Guest.



*Pawan Sharma, Financial Advisor, CLUJ interacting with players*

While appreciating the players, he said students should more actively involve themselves in various sports activities for their all round development.

In inaugural match, Govt SPMR College of Commerce defeated Govt College of Education by 2-0 sets.

The second match was inaugurated by Dr. Anil Gupta, Principal, Government SPMR College of Commerce in which GGM Science College Jammu defeated Govt MAM College by 2-0 sets.

Prominent per
were Dr. Vin
Sports Coordin
Malik Ajaz,
Director, SPM
Sumnesh Shar
Director MA
Prof. Shafqa
Prof. Shri K
Prof. Sham S
and Pawan Gir
The matches
ed by Mulkh
Anil Kumar
Singh, Neha
Hritika Sharm

Kashmir Times 13/09/19

# CLUJ Volleyball Tourney inaugurated

KT NEWS SERVICE

JAMMU, Sep 12 :Inter-College Volleyball tournament (Men) 2019-20 was organised by Department Of Student Welfare, Cluster University of Jammu in the premises of Govt. S.P.M.R. College of Commerce Jammu. The Volleyball tournament was inaugurated by Mr. Pawan Sharma, Financial Advisor Cluster University of Jammu who was the Chief Guest. While appreciating the players he said student should more actively involve themselves in various sports activities for their all round development. In 1st match Govt. S.P.M.R. College of Commerce defeated Govt. College of Education by 2-0. The second match was inaugurated by Dr. Anil Gupta, Principal, Govt. S.P.M.R. College of Commerce in which GGM Science College Jammu defeated Govt. MAM College by 2-0.



Prominent among those who were present included Dr. Vinod Bakshi, Sports Coordinator CLUJ, Mr.Malik Ajaz,Physical Director, SPMR College,Sh. Sumnesh Sharma, Physical Director MAM College, Prof Shafqat Jahangir, Prof Shri Kant Sharma, Prof Sham Singh Kotwal & Mr Pawan Giri PTI.

The matches were offic
ated by Mulkh R
Sharma, Anil Kuma
Parvinder Singh, Nel
Bhagat & Hritika Sharm

Date
Page No.

# GCW G.Ngr lift CLUJ volleyball trophy



KT NEWS SERVICE 18/09/19

JAMMU, Sep 18: MAM won the men's while SPMR Commerce College Women Chess Champions of CLUJ. GCW Gandhi Nagar lifted the CLUJ Volleyball Trophy.

Final matches of Chess Men and Women Tournament, GLAZE were organized by the Department of Students Welfare were played on today at Govt. MAM College. Prof. Poonam Dhawan, Dean Academic Affairs, Cluster University of Jammu was the Chief Guest.

In men section, the match was played between GGM Science College and Govt. MAM College, Govt MAM College wins the match by 3.5-0.5 and in women section SPMR College of Commerce beat GGM Science College by 3-1.

Prof PK Sharma Principal Govt. MAM College, Dr Geetanjali A. Rana,Dean Faculty of Arts, Dr Twinkle Suri Dean Students Welfare, Dr. Vinod Bakshi, Sports Coordinator, CLUJ Prof. Rakesh Koul, Prof. Davinder K Sharma, Neelam Assistant Physical Director- Govt. MAM College and Mr. Pawan Giri Assistant Physical Director- GGM Science College were present there.

The matches were officiated under the supervision of Sh. Sushil Kumar.

Final Match of Volley Ball (Women) Intercollegiate Tourney BLAZE organised by Department of Students Welfare , CLUJ was played at GCW Gandhi Nagar.

Prof Mushtaq Ahmed Lone, Controller Examination and Dean School of Education, Cluster University of Jammu was the Chief Guest.

GCW Gandhi Nagar defeated College of Education by 3-0. Ranjeet Kour of College of Education and Rifat Choudhary of GCW Gandhi Nagar played brilliantly.

Dr Vinod Bakshi Sports Coordinator, CLUJ and Physical Director GGM Science College, Dr. Mandeep Singh Co- coordinator Sports and Physical Director- College of Education, Prof. Surinder Sharma, Prof. Rajinder Sharma, Prof. Sunil Dutt, Prof. Mushtaq Ahmed, Dr. Roopali Salathia,Physical Director GCW Gandhi Nagar, Pawan Giri Assistant Physical Director- GGM Science College and Anil Assistant Physical Director GCW Gandhi Nagar were present. The match was officiated by Amit Jamwal, Bhavna Sharma, Aman Sharma and Riya Jamwal.

5. Name of the Event - **Chess (Men)**

**Venue**:- M A M College, Jammu
**Time** :-10.00 am
**Dated**:- 17-09-2019

1. **G.G.M. Science College.**---17-09-19 ----------
2. **Govt. SPMR College of Commerce.**----------
3. **Govt. College of Education.**----------17-09-19----
4. **Govt. M.A.M College.**----------

**Final.** (18-09-19)

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6. Name of the Event: **Chess (Women)**

**Venue:-** M.A.M College, Jammu.
**Time:-** 10:30 A.M
**Dated:-** 17-09-2019.

1. **G.G.M. Science College.** --(Bye)-17-09-18----------
2. **Govt. M.A.M College.** -17-09-19--------
3. **Govt. College of Education.**--------
4. **SPMR College of Commerce.**-- (Bye)--17-09-19
5. **G.C.W Gandhi Naga.**----------(Bye) ----------

**Final.**( 18-09-2019)

Note: Tournament will be conducted as per AIU and Chess Federation of India rules.

## Office of the Physical Director Govt. P.G. College for Women Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Inter-Collegiate (Chess)
Game Incharge: Dr. Roopali Slathia
His/ Her Status: Physical Director
Session: 2019-20
Name of the college: G.C.W GANDHI NAGAR, JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Nandita Thakur | sh. Rajinder Singh | Smt. Vijay Kumari | 12/03/2001 | Sem 3rd & | 2018 |
| 2 | Nitika Sharma | Sh. Mohinder Sharma | Smt. Anita Sharma | 28/10/2000 | Sem3rd& 970 | 2018 |
| 3 | Neelaxy Dogra | Sh. Jagar Mal | Smt. Anita Kumari | 26/08/2001 | Sem 1 &2300 | 2019 |
| 4 | Visheshta | Sh. Jai Hind | Smt. Sunita Devi | 03/02/2002 | Sem1st & 2198 | 2019 |
| 5 | Bhavna | Sh. Jai Hind | Smt. Sunita Devi | .01/07/1999 | Sem5th & 2836 | 2017 |
| 6 | Muskan | Sh. Vipan Singh | Sdr. Rashpal Kour | 05/03/2000 | Sem5th & 2610 | 2017 |
| 7 | | | | | | |
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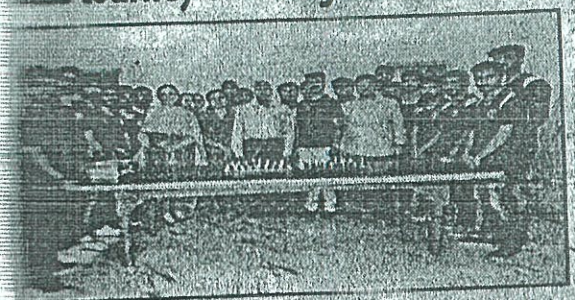
| 11 | | | | | | |
| 12 | | | | | | |

PHYSICAL DIRECTOR
DR. ROOPALI SLATHIA
Physical Director
.....
Jammu

PRINCIPAL
Govt. College for Women
Gandhi Nagar Jammu

(2) 18/09/19 KASHMIR TIMES

# [illegible] tourney of CLUJ gets underway



[illegible] SERVICE

[illegible], Sep 17: Inter [illegible] Men and [illegible] Chess Tourney of [illegible] University of [illegible] was organized by [illegible] Department of [illegible] Welfare, CLUJ [illegible] MAM College, [illegible]

[illegible] Geetanjali A Rana [illegible] Faculty of Arts was [illegible] Chief Guest while [illegible] PK Sharma, [illegible] Govt. MAM [illegible] was the Guest of [illegible]

[illegible] section, Govt. [illegible] College beat [illegible] College of [illegible] by 3-1 and [illegible] MAM College get [illegible] against College [illegible]

[illegible] women section, [illegible] College of [illegible] beat GCW [illegible] Nagar by 2.5 to [illegible] and GGM Science [illegible] get walkover and [illegible] in final.

[illegible] GGM Science [illegible] and Govt MAM College will play final in men section and in women section GGM Science College and SPMR College of Commerce will fight to lift the trophy.

Prof Twinkle Suri, Dean Students Welfare, Dr Vinod Bakshi (Sports Coordinator), CLUJ and Physical Director GGM Science College, Dr Banpreet Kour, Associate Dean Students Welfare, Malik Aijaz (Physical Director SPMR College of Commerce), Roopali Salath.a (Physical Director GCW Gandhi Nagar), Prof Parshotam Singh, Prof Ishtaq, Neelam Assistant Physical Director (Govt. MAM College), Anil Assistant Physical Director (GCW Gandhi Nagar) and Pawan Giri Assistant Physical Director (GGM Science College), were present there. The matches were officiated under the supervision of Sushil Kumar.



*Prof Geetanjali A Rana, Dean Faculty of Arts, Prof PK Sharma, Principal, Government MAM College and others inaugurating Chess Tourney at Jammu on Tuesday.* 18/09/19

# Chess Tourney gets underway

*Excelsior Sports Correspondent*

JAMMU, Sept 17: Inter Collegiate Men and Women Chess Tourney of Cluster University of Jammu was organized by the Department of Students Welfare, CLUJ at Government MAM College, here today.

Prof Geetanjali A Rana Dean Faculty of Arts was the chief guest while Prof PK Sharma, Principal, Government MAM College was the guest of honour.

In men section, Government GGM Science College beat SPMR College of Commerce by 3-1 and Government MAM College got walkover against College of Education.

In women section, SPMR College of Commerce beat GCW Gandhi Nagar by 2.5 to 1.5 and GGM Science College got walkover and enters in final.

Tomorrow GGM Science College and Government MAM College will play final in men section and in women section GGM Science College and SPMR College of Commerce will fight to lift the trophy.

Prof Twinkle Suri, Dean Students Welfare, Dr Vinod Bakshi Sports Coordinator, CLUJ and Physical Director GGM Science College, Dr Banpreet Kour, Associate Dean Students Welfare, Malik Aijaz Physical Director SPMR College of Commerce, Roopali Salathia Physical Director GCW Gandhi Nagar, Prof Parshotam Singh, Prof Ishtaq, Neelam Assistant Physical Director Government MAM College, Anil Assistant Physical Director GCW Gandhi Nagar and Pawan Giri Assistant Physical Director GGM Science College were present on the occasion.

The matches were officiated under the supervision of Sushil Kumar.

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*Players and dignitaries posing for group photograph.*

# Inter Collegiate Chess, Volleyball Tournaments conclude

18/09/19

*Excelsior Sports Correspondent*

JAMMU, Sept 18: Inter Collegiate Chess and Volleyball Tournaments of Cluster University of Jammu (CLUJ), organized by Department of Students Welfare CLUJ concluded here today.

In the final matches of Chess Men and Women Tournament, Prof Poonam Dhawan, Dean Academic Affairs, Cluster University of Jammu was the chief guest.

In men section, Government MAM College defeated GGM Science College 3.5-0.5 and in women section, SPMR College of Commerce beat GGM Science College by 3-1.

Prof PK Sharma Principal Government MAM College, Dr Geetanjali A Rana, Dean Faculty of Arts, Dr Twinkle Suri Dean Students Welfare, Dr Vinod Bakshi, Sports Coordinator, CLUJ, Prof Rakesh Koul, Prof Davinder K Sharma, Neelam, Assistant Physical Director Government MAM College and Pawan Giri Assistant Physical Director GGM Science College were also present.

The matches were officiated under the supervision of Sushil Kumar.

Meanwhile, the girls of GCW Gandhi Nagar defeated College of Education by 3-0 and lifted the CLUJ Volleyball Trophy. The final match was played at GCW Gandhi Nagar. Ranjeet Kour of College of Education and Rifat Choudhary of GCW Gandhi Nagar played brilliantly.

Prof Mushtaq Ahmed Lone, Controller Examination and Dean School of Education, Cluster University of Jammu was the chief guest.

Dr Vinod Bakshi Sports Coordinator, CLUJ and Physical Director GGM Science College, Dr Mandeep Singh Co-Coordinator Sports and Physical Director College of Education, Prof Surinder Sharma, Prof Rajinder Sharma, Prof Sunil Dutt, Prof Mushtaq Ahmed, Dr Roopali Salathia, Physical Director GCW Gandhi Nagar, Pawan Giri Assistant Physical Director GGM Science College and Anil, Assistant Physical Director GCW Gandhi Nagar were also present.

The match was officiated by Amit Jamwal, Bhavna Sharma, Aman Sharma and Riya Jamwal.

Name of the Event - **Softball (Men)**

**Venue**:- G. C.W Gandhi Nagar, Jammu
**Time** :-10.00 am
**Dated**:- 20-09-2019

1. **Govt. SPMR College of Commerce** .---20-09-19 --
2. **Govt. College of Education.**----------
3. **Govt. M.A.M College.**----------20-09-19----------
4. **G.G.M. Science College.**----------

**Final.** (21-09-19)

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08.Name of the Event - **Softball (Women)** attendance pending

**Venue**:- G. C.W Gandhi Nagar, Jammu
**Time** :-10.00 am
**Dated**:- 20-09-2019

1. **Govt. College of Education.** --(Bye) 20-09-18------
2. **SPMR College of Commerce.**-------
3. **Govt. M.A.M College.**-20-09-19--------
4. **G.G.M. Science College.**----------(Bye)---20-09-19--
5. **G.C.W Gandhi Naga.**----------(Bye) ----------

**Final.( 21-09-2019)**

09. Name of the Event – **Badminton (Men)**

**Venue**:- M.A.M College, Jammu
**Time** :-10.00 am
**Dated**:- 24-09-2019

1. **Govt. SPMR College of Commerce.**---24-09-19 --
2. **Govt. College of Education**----------
3. **G.G.M. Science College.**----------24-09-19---------
4. **Govt. M.A.M College.**----------

**Final.** (25- 09-19)

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**10.** Name of the Event: **Badminton (Women)**

**Venue:-** M.A.M College, Jammu.
**Time:-** 10:30 A.M
**Dated:-** 24-09-2019.

1. **Govt. M.A.M College.** --(Bye)-24-09-18----------
2. **SPMR College of Commerce.**-------
3. **Govt. College of Education.**24-09-19-

**Final.( 25-09-2019)**

4. **G.G.M. Science College.**---------(Bye)—25-09-19-
5. **G.C.W Gandhi Naga.**----------(Bye) ----------

Note: Tournament will be conducted as per AIU and Badminton Federation of India rules.

# Office of the Physical Director Govt.P.G.College for Women Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

**Name of the Tournament**: Inter-College(Badminton)
Game Incharge :Dr. Roopali slathia

His/ Her Status Physical Director
Session 2019-20

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Aarushi | Sh.Rakesh chander | Kiran kumari | 24/9/1999 | 789(sem 5th) | 2017 |
| 2 | Urmila Palwal | Sh.Dalip kumar | Rajni devi | 15/04/1999 | 2256(sem 5th) | 2017 |
| 3 | Khushi Sharma | Sh.Neel kanth sharma | Asha devi | 31/03/2001 | 446(sem 1st) | 2019 |
| 4 | Avni Dutta | Sh.Rajesh dutta | Megha dutta | 26/3/2002 | 1688(sem1st) | 2019 |
| 5 | Anjali jain | Sh Ramneek jain | Anita jain | 04/12/1999 | 2609(sem5th) | 2016 |
| 6 | Ritu | Sh Bharat Bhushan | Veerta devi | 09/07/2001 | 1797(sem1st) | 2019 |
| 7 | | | | | | |
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PHYSICAL DIRECTOR

PRINCIPAL

Principal
Govt. College for Women
Gandhi Nagar, Jammu

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# Blaze Inter Collegiate badminton tourney gets underway



KT NEWS SERVICE

JAMMU, Sep 24: BLAZE Inter Collegiate Badminton (Men & Women) Tourney of CLUJ organized by the Department of Students Welfare witnessed exciting matches on Tuesday at Govt. MAM College, Jammu.

Dr Geetanjali A Rana, Dean Arts was the Chief Guest while Prof. P.K. Sharma, Principal, MAM College was the guest of honour.

In men 's section first match was played between Govt. SPMR College of Commerce, and Govt. College of Education in which SPMR College of Commerce beat Govt. College of Education by 3-1 and the 2nd Match was played between Govt. MAM College, Jammu and GGM. Science College, Jammu in which MAM College beat G.G.M. Science College by 3-1.

In women section the first match was played between Govt. College of Education and Govt. SPMR College of Commerce, Jammu in which College of Education beat Commerce College by 2-0 and in 2nd match GCW Gandhi Nagar College beat G.G.M. Science College by 2-0.

Tomorrow the final match will be played between MAM College and Commerce College in Men Sections and in women section GCW Gandhi Nagar and Govt., College of Education will fight to lift the trophy.

Dr. Twinkle Suri, Dean Students Welfare, CLUJ, Dr Vinod Bakshi, Sports Coordinator Dr Anil Ganjoo, DIQA,Dr Banpreet Kour, Associate Dean Students Welfare, Sunesh Sharma, Physical Director,Govt. MAM College, Jammu Aijaz Malik, Physical Director,Govt. SPMR College of Commerce, Dr Mandeep Singh, Physical Director, Govt College of Education, Dr. Roopali Slathia, Physical Director, GCW, Gandhi Nagar, Smt. Neelam Chalotra, Assistant Physical Director, Govt. MAM College,. Pawan Giri, Assistant Physical Director, GGM Science College, Jammu and Anil Kumar, Assistant Physical Director, GCW, Gandhi Nagar, Jammu were present there.

The match was officiated by Rahul and Balbir under the supervision of Vikram Singh, Physical Director.

# Badminton Tourney gets underway

*Excelsior Sports Correspondent*

JAMMU, Sept 24: Inter Collegiate Badminton (men and women) Tourney of CLUJ organized by the Department of Students Welfare witnessed exciting matches at Government MAM College, here.

On the occasion, Dr Geetanjali A Rana, Dean Arts was the chief guest while Prof PK Sharma, Principal, MAM College was the guest of honour.

In men section, Government SPMR College of Commerce defeated Government College of Education by 3-1 in the first match and in the second match, Government MAM College Jammu beats GGM Science College Jammu by 3-1.

In women section, Government College of Education defeated Government SPMR College of Commerce, Jammu in the first match, whereas in the second match, GCW Gandhi Nagar College beat GGM Science College by 2-0.

Tomorrow the final match in mens section and in womens section, GCW Gandhi Nagar will take on Government College of Education.

Dr Twinkle Suri, Dean Students Welfare, CLUJ, Dr Vinod Bakshi, Sports Coordinator, Dr Anil Ganjoo, DIQA, Dr Banpreet Kour, Associate Dean Students Welfare, Sunesh Sharma, Physical Director, Government MAM College Jammu, Aijaz Malik, Physical Director, Government SPMR College of Commerce, Dr Mandeep Singh, Physical Director, Government College of Education, Dr Roopali Slathia, Physical Director, GCW Gandhi Nagar, Neelam Chalotra, Assistant Physical Director, Government MAM College, Pwan Giri, Assistant Physical Director, GGM Science College, Jammu and Anil Kumar, Assistant Physical Director, GCW Gandhi Nagar Jammu were present on the occasion.

The matches were officiated by Rahul and Balbir under the

11 Name of the Event **Table-Tennis (Men)**

**Venue** - M A M College, Jammu
**Time** :-10.00 am
**Dated**:- 26-09-2019

1. **Govt. M.A.M College.**---26-09-19 ----------
2. **Govt. College of Education**----------
3. **G.G.M. Science College.**----------26-09-19-----
4. **Govt. SPMR College of Commerce.**----------

**Final.** (27- 09-19)

12. Name of the Event: **Table-Tennis (Women)**

Venue:- M.A.M College, Jammu.
Time:- 10:30 A.M
Dated:- 26-09-2019.

1. **Govt. College of Education.** --(Bye)-26-09-18----
2. **SPMR College of Commerce.**-------
3. **Govt. M.A.M College.**-26-09-19-------
4. **G.G.M. Science College.**---------(Bye)—26-09-19--
5. **G.C.W Gandhi Naga.**----------(Bye) ----------

Final.( 27-09-2019)

Note Tournament will be conducted as per AIU and Table-Tennis Federation of India rules.

13. Name of the Event – **Cross Country (Men & Women)**

Venue:- Harki Pori
Organize by. Govt. SPMR College
Time -07.00 am
Dated.- 28-09-2019

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.
5. G.C.W. Gandhi Nagar.

# Office of the Physical Director Govt.P.G.College for Women Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

**Name of the Tournament**: Inter-College(Table tennis)
**Game Incharge** :Dr. Roopali Slathia

**His/ Her Status**: Physical Director
**Session**: 2019-20

**Name of the college**: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Zahra Balool | Ghulam Mohd | Syeda Banoo | 25-05-2000 | 2302(Sem Ist ) | 2019 |
| 2 | Syeeda Banoo | Mohd Jawad | Margis Banoo | 3-8-1997 | 1833(Sem Vth) | 2015 |
| 3 | Aarifa Ahmed | Tanwir Ahmed | Spahnaz Begum | 5-12-2001 | 1788(Sem Ist ) | 2019 |
| 4 | Muskan Kour | Svipan Singh | Rashpal kour | 5-3-2000 | 2610(Sem Vth) | 2017 |
| 5 | Sakshi Dabgotra | Parveen Kumar | Veena Devi | 13-06-1999 | 1342(Sem IIIrd) | 2018 |
| 6 | Kaneez Fatima | Mohammad Hassan | Fatima Nissa | 1-8-1997 | 2366(Sem Vth) | 2015 |

DR. ROOPALI SLATHIA
PHYSICAL DIRECTOR

Physical Director
G.C.W. Gandhi Nagar
Jammu

PRINCIPAL

# Office of the Principal Govt.P.G.College for Women

## Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

**Name of the Tournament:** Inter-College(cross country Female)
**Game Incharge** :Dr. Roopali Slathia

**His/ Her Status:** Physical Director
**Session:** 2019-20

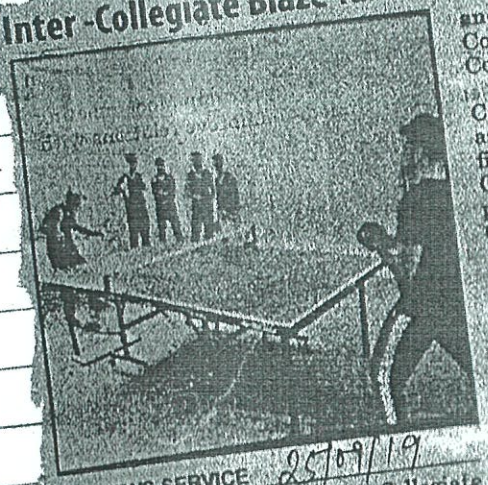
**Name of the college:** G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Kiran Bala | Rattan Lal | Soma Devi | 20-1-1999 | 519 (Sem V) | 2017 |
| 2 | Priya Sharma | Bittu Sharma | Shakti Sharma | 18 10 2000 | 2227(Sem I) | 2019 |
| 3 | Rama Sharma | Pawan Kumar | Suman Devi | 15-10-2001 | 1950(Sem I) | 2019 |
| 4 | Pallavi Saini | Amar Singh | Sudesh Kumari | 20-8-1999 | 1459(Sem V) | 2017 |
| 5 | Mannu Sharma | Gopal Sharma | Babli sharma | 19-8-2000 | 2393(Sem V) | 2017 |
| 6 | Badhana | Sudesh kumar | Subita Rani | 20-12-1998 | 2035(Sem V) | 2017 |
| 7 | Palvi devi | Jagdish Singh | Rita Devi | 3-2-2001 | 2087(Sem III) | 2017 |
| 8 | Sakshi Saini | Rooplal | Chanchal devi | 27-2-2002 | 2546(Sem III) | 2018 |
| 9 | Kajal Sharma | Lal Chand | Sunney lata | 8-12-1999 | 2464(Sem V) | 2017 |
| 10. | Priya Sharma | Pawan Kumar | Tripta Devi | 20-3-2000 | 2258 (V) | 2017 |
| 11 | Saleema Akhter | Altaf. Din | Begum Jahan | 04-05-2000 | 1781 (V) | 2017 |

PHYSICAL DIRECTOR

PRINCIPAL

# Inter -Collegiate Blaze Table Tennis tourney gets underway



KT NEWS SERVICE 25/09/19

JAMMU, Sep 26: Blaze Inter Collegiate table tennis tournament for Men and Women of CLUJ started in MAM College today.

In Men's section, the first match was played between GGM Science College and Govt. SPMR College of Commerce College. SPMR College beat GGM Sc. College by 3-0 and enters in final.

In second match of Mena section Govt. College of Education got walkover against MAM College and enters in the final. Tomorrow Govt. SPMR College of Commerce and College of Education will play for the Final. In Women's Section GCW Gandhi Nagar beat GGM Sc. College by 3-0 and enter in Final.

Dr Vinod Bakshi (Sports Coordinator, Cluster University of Jammu and Physical Director GGM Sc. College, Sumnesh Sharma, Physical Director MAM College, Dr Roopali Salathia Physical Director GCW Gandhi Nagar Jammu Neelam Asstt. Physical Director MAM College and Anil, Asstt. Physical Director GCW Gandhi Nagar Jammu were present there.

The matches were officiated under the super vision of Romesh Magotra, Chief Table Tennis Coach.

# Inter-College TT meet of CLUJ gets underway

25/09/19 State Times

■ SPORTS REPORTER

JAMMU: Government SPMR College of Commerce won the opening match of the annual inter-college men's Table Tennis Tournament of Central University of Jammu (CLUJ) got underway at Government MAM College Indoor Hall, here on Thursday.

The Commerce College team defeated their opponent from GGM Science College 3-0. In another scheduled match of the day, Government College of Education got walkover against Government MAM College.

Now, in the final of the tournament, Commerce College shall take on College of Education tomorrow.

Meanwhile, in the women's section, Government College of Women (GCW) Gandhi [illegible] final [illegible]



*A table tennis match in progress.*

Science College 3-0 thereby qualified for the final.

The competition was officiated by the technical panel led by Romesh Magotra.

Among those prominent who witnessed today's matches included Sports Coordinator Cluster University of Jammu and Physical Director GGM Science College, Dr Vinod Bakshi, Sumnesh Sharma, (Physical Director MAM College), Dr. Roopali Salathia (Physical Director GCW Gandhi Nagar Jammu), Neelam (Assistant Physical Director MAM College) and Anil (Assistant Physical Director - GCW Gandhi Nagar Jammu).

Date
Page No.

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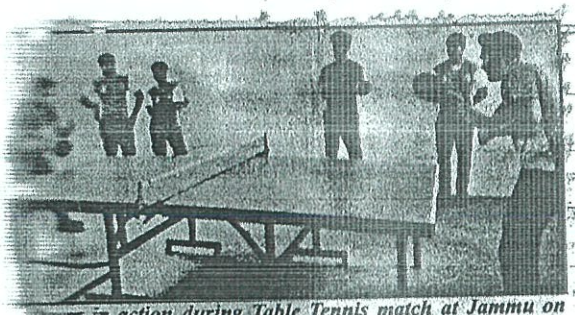

*... in action during Table Tennis match at Jammu on*

# PMR, GCW Gandhi Nagar emerge winners in Table Tennis Tourney

*... Sports Correspondent*

...MU, Sept 27: Blaze Inter ... Table Tennis Tourney ... by Department of ... Welfare CLUJ concluded ... ment MAM College ...

... Geetanjali Rana, Dean ... of Liberal Arts and ... graced the event along ... Twinkle Suri, Dean ... Welfare.

... final match in men cate... PMR College defeated College of Education by 3-0, whereas in women category, GCW Gandhi Nagar was declared the Table Tennis Champion.

Dr Vinod Bakshi, Sports Coordinator, CLUJ, coordinated the event. Physical Directors of Constituent Colleges, Malik Aijaz, Dr Roopali Salathia and Neelam Chalotra were present on the occasion.

The match was officiated by Ramesh Mangotra, Chief Coach of Table Tennis.

# VC CLUJ inaugurates Inter-Collegiate Cross Country competition

Kashmir Times



KT NEWS SERVICE

JAMMU, Sep 28: CLUJ Blaze Inter-Collegiate Cross Country for men and women race of Cluster University of Jammu was organised by the Department of Students Welfare on Saturday at Harki Pora.

Prof Anju Bhasin, Vice Chancellor and Chief Guest on the occasion flagged off the race.

Prof Poonam Dhawan and Dr Jatinder Khajuria, Registrar, Cluster University of Jammu also graced the event.

Nearly about 60 athletes from different Constituent Colleges of Cluster University of Jammu took part in the above said race.

In Men's section, Abhishek Student of GGM Science College, Nitin Sharma Student of SPMR College of Commerce and Aman Choudhary student of MAM College won the Gold, Silver and Bronze Medals respectively.

In Women's Section, Miss Priya Sharma, Pallavi Saini and Rama Sharma from GCW Gandhi Nagar won the Gold, Silver and Bronze medals respectively.

Prof Kaushal Smotra, Principal GGM Science College, Prof Geetanjali A. Rana, Dean faculty of Arts, Prof Bhupinder Singh, Dean Engineering and Computer Technology, Dr Twinkle Suri, Dean Students Welfare, Prof. Sunil Uppal, Dr Banpreet Kour, Associate Deans, Students Welfare Dr. Virod Bakshi, Sports Coordinator CLUJ, Dr Sandhya Bhardwaj, NSS Coordinator, Dr Devinder Sharma, Dr Geetanjli Rajput and Dr Manu Sharma, Asst Deans, Assistant Deans, Students Welfare Sumnesh Sharma, Physical Director MAM College, Aijaz Malik Physical Director SPMR College of Commerce, Dr Mandeep Singh, Physical Director, Govt. College of Education, Dr Roopal Slathia, Physical Director GCW Gandhi Nagar, Pawan Giri, Assistant Physical Director, GGM Sc. College and Anil Kumar, Assistant Physical Director GCW Gandhi Nagar were present there.

The race was officiated under the supervision of Romesh Sharma and Sardar Gurcharan Singh, Athletics Coach.

14. Name of the Event – **Wrestling (Men & Women)**

**Venue**:- G.G.M Science College, Jammu
**Time** :-10.00 am
**Dated**:- 04-10-2019

1. Govt. SPMR College of Commerce
2. G.G.M. Science College
3. Govt. College of Education
4. Govt. M.A.M College
5. G.C.W Gandhi Nagar

| Weight Category (Men) | Weight Category (Women) |
|---|---|
| 1. 57 kgs. | 1. 48 kgs. |
| 2. 61 kgs. | 2. 53 kgs. |
| 3. 65 kgs. | 3. 55 kgs. |
| 4. 70 kgs. | 4. 58 kgs. |
| 5. 74 kgs. | 5. 60 kgs. |
| 6. 86 kgs. | 6. 63 kgs. |
| 7. 97 kgs. | 7. 69 kgs. |
| 8. 125 kgs. | 8. 75 kgs. |

Note: Tournament will be conducted as per AIU and Wrestling Federation of India rules.

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15. Name of the Event: **Hockey (Men)** Revised Date

**Venue:-**Haku Stadium, Jammu.
**Organize by**. Govt. MAM College Jammu
**Time:-** 10:30 A.M
**Dated:-** 16-10-2019.

Runner-up

1. **Govt. College of Education.**---~~16-10-19~~ 30-09-19----------
2. **Govt. SPMR College of Commerce .**----------
3. **G.G.M. Science College.**----------~~16-10-19~~ 30-09-19----------
4. **Govt. M.A.M College.**----------

**Final.** (~~17-10-19~~) 01-10-19

Note: Tournament will be conducted as per AIU and Hockey Federation of India rules

Winner

# Office of the Physical Director Govt. P.G. College for Women Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

**Name of the Tournament**: Inter-Collegiate (wrestling)
**Game Incharge**: Dr. Roopali Slathia
**His/ Her Status**: Physical Director
**Session: 2019-20**
**Name of the college**: **G.C.W GANDHI NAGAR, JAMMU**

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Shagun Verma | Munish kumar | Amita Verma | 04/12/2000 | 1928sem3rd | 2018 |
| 2 | Bhumika Mahajan | Rakesh Gupta | Menu Gupta | 23/01/2001 | 1933sem3rd | 2018 |
| 3 | Suhasi Kiran | Suraj Bhan | Anupam Kiran | 06/03/2000 | 2172sem5th | 2017 |
| 4 | Dilshad | Md. Hakim Din | Shah bibi | 14/11/1999 | 2304sem1st | 2019 |
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PHYSICAL DIRECTOR

DR. ROOPALI SLATHIA
Physical Director
GCW Gandhi Nagar
Jammu

PRINCIPAL

(47)

Date
Page No.

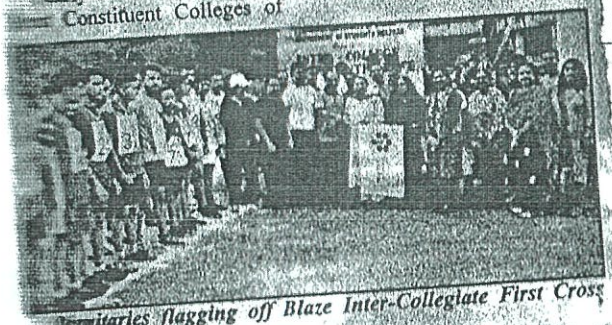
# Blaze Inter-Collegiate Cross Country race organized

*Sports Correspondent*

MU, Sept 28: First ever Inter-Collegiate Cross (men and women) race University of Jammu organized by the ment of Students Welfare Pori.

Anju Bhasin, Vice llor and chief guest on ssion flagged off the Poonam Dhawan and nder Khajuria, Registrar University of Jammu ced the event.

rly 60 athletes from dif- Constituent Colleges of



*gnitaries flagging off Blaze Inter-Collegiate First Cross ry race.*

University of Jammu rt in the race.

men section, Abhishek, of GGM Science ege, Nitin Sharma, student SMR College of Commerce Aman Choudhary, student AM College won the Gold, and Bronze medals pectively.

women section, Priya rma, Pallavi Saini and Rama ma from GCW Gandhi gar won the Gold, Silver and nze medals respectively.

Prof Kaushal Smotra, ipal, GGM Science College, Prof Geetanjali A Rana, Dean faculty of Arts, Prof Bhupinder Singh, Dean Engineering and Computer Technology, Dr Twinkle Suri, Dean Students Welfare, Prof Sunil Uppal, Dr Banpreet Kour, Associate Deans, Students Welfare, Dr Vinod Bakshi, Sports Coordinator, CLUJ, Dr Sandhya Bhardwaj, NSS Coordinator, Dr Devinder Sharma, Dr Geetanjli Rajput and Dr Mansi Sharma, Assistant Deans, Students Welfare Sumnesh Sharma, Physical Director MAM College, Aijaz Malik Physical Director SPMR College of Commerce, Dr Mandeep Singh Physical Director, Government College of Education, Dr Roopali Slathia, Physical Director GCW Gandhi Nagar Pawan Giri, Assistant Physical Director, GGM Science College and Anil Kumar, Assistant Physical Director GCW Gandhi Nagar were present on the occasion.

The race was officiated under the supervision of Romesh Sharma and Gurchan Singh Athletics Coach.

# MAM College emerges Wrestling champion

*Excelsior Sports Correspondent*

4/10/19

JAMMU, Oct 4: MAM College emerged champion in the Inter-Collegiate Wrestling (Men) Tournament, organised by the Department of Students Welfare, Cluster University of Jammu (CLUJ) at GGM Science College, here today.

Prof (Dr) SP Sharma, Dean School of Sciences and Prof (Dr) Kaushal Smotra, Principal GGM Science College graced the occasion as special guests.

Around 50 Wrestlers from the constituent colleges of Cluster University of Jammu took part in the championship.

MAM College secured 35 points and claimed first spot, while GGM Science College remained 2nd with 24 points and SPMR College of Commerce was adjudged 3rd with 13 points.

Dr Vinod Bakshi, Sports Coordinator and Physical Director of GGM Science College, Prof Raj Kumar Gupta, Prof BK Gandotra, Dr Sham Singh Kotwal, Sumnesh Sharma, Physical Director MAM College, Aijaz Malik, Physical Director SPMR College of Commerce, Pawan Giri, Assistant Physical Director GGM Science College and Anil Kumar, Assistant Physical Director GCW Gandhi Nagar were present on the occasion.

The match was officiated by Ravinder Kumar, Dr. Kan Sharma and Mohd Asif.



*Wrestlers in action during Inter-Collegiate Wrestling Championship organized by CLUJ in Jammu.*

attendance pending

(148)

16 Name of the Event - **Weight- Lifting/Power- Lifting (Men & Women)**

**Venue**:- G.G.M Science College, Jammu.
**Time** :-10.00 am
**Dated**:- ~~22-10-2019.~~ 08-11-2019

1 Govt. SPMR College of Commerce.
2 G.G.M. Science College.
3 Govt. College of Education.
4 Govt. M.A.M College.
5. G.C.W Gandhi Nagar.

Note Rules of Weight-Lifting Federation Of India shall apply to the inter- collegiate Competition unless otherwise modified in this rules

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17. Name of the Event – **Judo (Men & Women)**

**Venue**:- G.G.M Science College, Jammu.
**Time** :-~~10.00 am~~ 2:00 PM
**Dated**:- ~~24-10-2019.~~ 16-12-2019

1 Govt. SPMR College of Commerce.
2 G.G.M. Science College.
3. Govt. College of Education.
4 Govt. M.A.M College.
5 G.C.W Gandhi Nagar.

Weight Category (Men)

1. Up to & Including 56kgs.
2. Above 56kgs Including 60kgs.
3. Above 60kgs Including 66kgs.
4. Above 66kgs Including 73kgs.
5. Above 73kgs Including 81kgs.
6. Above 81kgs Including 90kgs.
7. Above 90kgs Including 100kgs.
8. Open Wt. Category

Weight Category (Women)

1. Up to & Including 44kgs.
2. Above 44kgs Including 48kgs.
3. Above 48kgs Including 52kgs.
4. Above 52kgs Including 57kgs.
5. Above 57kgs Including 63kgs.
6. Above 63kgs Including 70kgs.
7. Above 70kgs Including 78kgs.
8. Open Wt. Category

Note All the competitions will be conducted as per Rules approved by the AIU New Delhi. Contest timing (men) 5 minutes and Contest timing (Women) 4 minutes.
Uniform- the players should be in proper kit

# Office Of the Physical Director G.C.W GANDHI Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Inter-college (Judo)

Game Incharge: Dr. Gopali Slathia

His/ Her Status: Physical Director

Session: 2019-2020

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | REG.NO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1 | Bhumika Mahajan | Rakesh Gupta | Meena Gupta | [illegible] | 1933 Sem III | | 2019 |
| 2 | Suhasi Kesh | Sanaj Bhan Singh | Anupam [illegible] | 06 [illegible] | 2172 Sem V | | 2017 |
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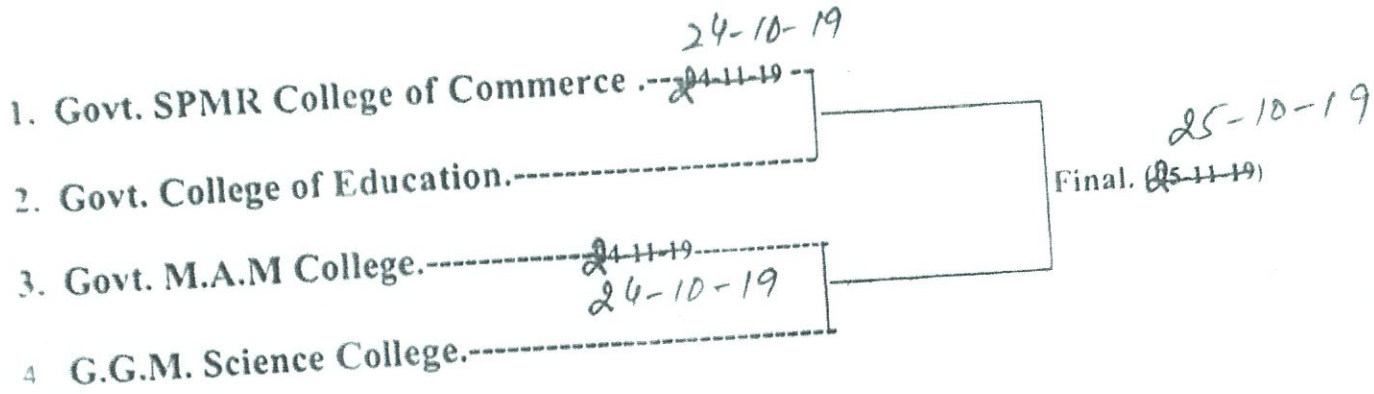
PHYSICAL DIRECTOR

PRINCIPAL

Principal
Govt. College for Women
Gandhi Nagar, Jammu

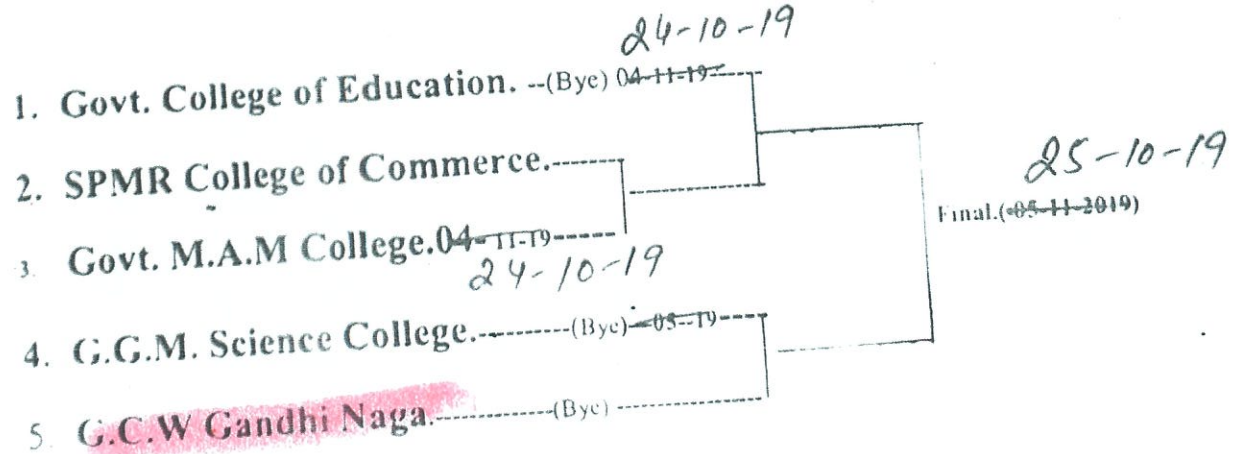
18. Name of the Event - **Basketball (Men)**

**Venue**:- MA Stadium, Jammu
**Organize by**. Govt. college of Education
**Time** :-10.00 am
**Dated**:- 04-11-2019




19. Name of the Event - **Basketball (Women)**

**Venue**:- MA Stadium, Jammu
**Organize by**. Govt. college of Educati
**Time** :-12.00 am
**Dated**:- 04-11-2019



# Office of the Physical Director G.C.W Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Inter-College Basket Ball

Game Incharge: Dr. Roopali Slathia

His/ Her Status: Physical Director

Session: 2019-20

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Muskan sharma | Nareh sharma | shatrupa | 13-12-1998 | Sem(5)1206 | 2017 |
| 2 | Danish koul | Vinay koul | Reeta koul | 28-4-1999 | Sem(5)1174 | 2017 |
| 3 | Mitali sharma | Darshan kumar | Anuradha | 7-12-2000 | Sem(3)430 | 2018 |
| 4 | Meena devi | Avtar singh | Manjeet kumari | 4-8-2000 | Sem(3)1952 | 2018 |
| 5 | Shriya gupta | Ajay kumar | anuradha | 6-8-2000 | Sem(3)1992 | 2018 |
| 6 | Simran bagal | Kuldeep singh | Asha rani | 23-2-2001 | Sem(3)2562 | 2018 |
| 7 | akansha | Deepak singh | Reva kumari | 17-3-2000 | Sam(3)1776 | 2018 |
| 8 | kavita | Rajendra singh | babi | 10-10-2002 | San(3)2805 | 2018 |
| 9 | aarushi | Rakesh chander | Kiran kumari | 24-9-1999 | Sam(5)789 | 2017 |
| 10 | shivani | Jagev singh | santosh | 21-3-1999 | Sam(5)1925 | 2016 |
| 11 | priya | Bishan das | Kamlesh kumari | 14-8-1999 | Sem(3)2510 | 2017 |
| 12 | Bhumia mahajan | Rakesh gupta | Meenu gupta | 23-1-2001 | Sem (3) 1933 | 2018 |
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PHYSICAL DIRECTOR

DR. ROOPALI SLATHIA
Physical Director
GCW Gandhi Nagar
Jammu

PRINCIPAL

Selection Trials

20. Name of the Event – **Fencing (Men & Women)**

**Venue** - G G M Science College, Jammu
**Time** - 10.00 am
**Dated** - 01-11-2019

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.

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21. Name of the Event – **Kabaddi (Men)**

**Venue**:- G.C.W Gandhi Nagar.
**Time** :-10.00 am
**Dated**:- 07-11-2019.

Runner up

21-10-2019

1. **G.G.M. Science College.**---~~07-11-19~~ ----------
2. **Govt. College of Education**----------

22-10-19

**Final.** (~~08-11-19~~)

3. **Govt. SPMR College of Commerce.**-~~07-11-19~~-----
21-10-19
4. **Govt. M.A.M College.**----------

Winner

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22. Name of the Event: **Kabaddi (Women)**

**Venue**:-. G.C.W Gandhi Nagar, Jammu
**Time**:- 10:30 A.M.
**Dated**:- 07-11-20

Runner up

21-10-19

1. **G.G.M. Science College.** ----------(Bye)-~~07-11-19~~-
2. **Govt. M.A.M College.** ----------
3. **Govt. College of Education.**-------

22-10-19

**Final.**( ~~08-11-2019~~)

21-10-19

4. **SPMR College of Commerce.**-(Bye)-~~7-11-19~~----
5. **G.C.W Gandhi Nagar.**---------- (Bye) ----------

Winner

Note Tournament will be conducted as per AIU and Kabaddi Federation of India rules.

# Office Of the Physical Director G.C.W GANDHI Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Inter-College (Fencing)

Game Incharge: Dr Roopali Slathia

His/ Her Status: Physical Director

Session: 2019-2020

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | REG.NO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1 | [illegible] Sharma | Mr Ram Kumar | Mr Anita Sharma | [illegible] | Sem-V 1978 | 17020070[illegible] | 2016-17 |
| 2 | Ram Bakshi | Mr Jag Bhushan Bakshi | Mrs Neelam Bakshi | 12-05-2001 | Sem III 2004 | 18020070472 | 2017-18 |
| 3 | Kanika Rajpal | Mr Sarav Singh | Mrs Anju Bala | 23-10-2001 | Sem III 2033 | 18020070494 | 2017-18 |
| 4 | [illegible] Kaur | Mr Jonte Raj | Mrs [illegible] Devi | 13-[illegible] | Sem V 2012 | 17020070[illegible] | 2016-17 |
| 5 | Jagannika | Mr Kamaljit | Mrs Jeemu [illegible] | 27-[illegible] | Sem [illegible] 2114 | 17020070[illegible] | 2016-17 |
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PHYSICAL DIRECTOR

PRINCIPAL

Principal
Govt. College for [illegible]
Gandhi [illegible]

# Office of the Physical Director G.C.W Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Kabaddi Inter-college

Game Incharge: Dr. Roopali Slathia

His/ Her Status: Physical Director

Session: 2019-20

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Harsha chib | Sh.Gulab singh | Reena Devi | 09/05/2000 | 1804(BA sem 3rd ) | 2018 |
| 2 | Asiya Parveen | Sh.Manzoor Hussain | Sakila Bibi | 10/3/2000 | 2767(BA sem 5th) | 2018 |
| 3 | Taniya Choudhary | Sh.Kewal krishan | Kiran choudhary | 27/06/1999 | 2183(BA sem 5th ) | 2017 |
| 4 | Rama Sharma | Sh.Pawan kumar | Suman Devi | 15/10/2001 | 1950(BA sem 1st) | 2019 |
| 5 | Anjana Devi | Sh.Babu Ram. | Kailash Devi | 26/07/2000 | 474(B.SC sem 1st) | 2019 |
| 6 | Sakshi Thakur | Sh.Sham Singh | Chanchala Devi | 16/02/2002 | 2064(BA sem1st) | 2019 |
| 7 | Dilshad | Mohd hakim Din | Shah Bibi | 14/11/1999 | 2034(BA sem1st) | 2018 |
| 8 | Priyanka sharma | Sh.Janak Raj | Geeta Devi | 17/11/1999 | 2372(BA sem 3rd ) | 2018 |
| 9 | Isha Kumari | Sh.Sham lal | Bishno Devi | 10/03/2001 | 2731(BA sem 3rd) | 2018 |
| 10 | Iqra Shakil | Lt. Shakeel Ahmed | Shayesta Naseem | 11/04/2001 | 1634(BA sem 3th) | 2019 |
| 11 | Muskaan Rajputl | Sh.Jasbir Singh | Sawaran Lata | 01/01/2002 | 1843(BA sem 1th) | 2019 |
| 12 | Shameen Akhter | Mohamed Ali | Rajiva Devi | 03/03/2001 | 2093(BA sem 1st) | 2018 |

PHYSICAL DIRECTOR

DR. ROOPALI SLATHIA
Physical Director
GCW Gandhi Nagar.
Jammu

PRINCIPAL

Govt. College for
Gandhi Nagar

155



*Players in action during a Kabaddi Tournament organised by Cluster University of Jammu on Tuesday.* 23/10/15

# GCW Gandhi Nagar, MAM College lift Inter-Collegiate Kabaddi titles

*Excelsior Sports Correspondent*

JAMMU, Oct 22: Scripting convincing victories over their rivals in their respective summit clashes today, Government College for Women (GCW) Gandhi Nagar and MAM College Jammu lifted the title trophies in the BLAZE Inter-Collegiate Kabaddi (Men & Women) Tournament of Cluster University of Jammu at GCW Gandhi Nagar, here.

The Tournament was organised by the Department of Dean Students Welfare, Cluster University of Jammu.

Dr. Twinkle Suri, Dean Students Welfare, Cluster University of Jammu graced the occasion.

In Women's section final, GCW Gandhi Nagar beat GGM Science College by 49-20 and lifted the trophy, while in men's title clash, MAM College beat GGM Science College by 35-19 to emerge the champion.

The matches were played under the supervision of Dr Vinod Bakshi, Sports Coordinator, Cluster University of Jammu and Physical Director GGM Science College Jammu.

Sumnesh Sharma, Physical Director MAM College Jammu, Prof Jagjeet Singh, Dr. Roopali Salathia, Physical Director GCW Gandhi Nagar, Prof Anil Singh, Prof Amjad Hussain, Prof Madhu Ram, Prof Ram Parkash, Prof Ram Krishan, Prof Reyaz Ahmed, Prof. Rahul Uttam, Prof. Rajiv Kumar, Prof. Khalid Hussain, Prof. Makhdoom Ahmed, Prof Masood Ahmed, Prof Imran Khan, Neelam Chalotra, Assistant Physical Director MAM College, Pawan Giri, Assistant Physical Director GGM Science College and Anil Kumar, Assistant Physical Director, GCW Gandhi Nagar Jammu were present on the occasion.

The matches were officiated by Keshav Singh, Harpreet Singh, Amandeep Singh, Dheeraj Sharma, Akhil Kumar and Banty Kumar.

# GCW Gandhi Nagar, MAM College win Ka

STATE TIMES 23/10/15

■ SPORTS REPORTER

JAMMU: Hosts Government College for Women (GCW) Gandhi Nagar and Government MAM College bagged the women and men's titles respectively in the inter-college Kabaddi Tournament of Cluster University of Jammu (CLUJ), here on Tuesday.

In the women's title clash, GCW Gandhi Nagar defeated GGM Science College 49-20. Similarly, in men's category, MAM College trounced Science College 35-19.

The competition was held under the supervision of Sports Coordinator, CLUJ, Dr. Vinod Bakshi. Also present were Sumnesh Sharma, Prof. Jagjeet Singh, Dr. Roopali Salathia, Prof. Anil

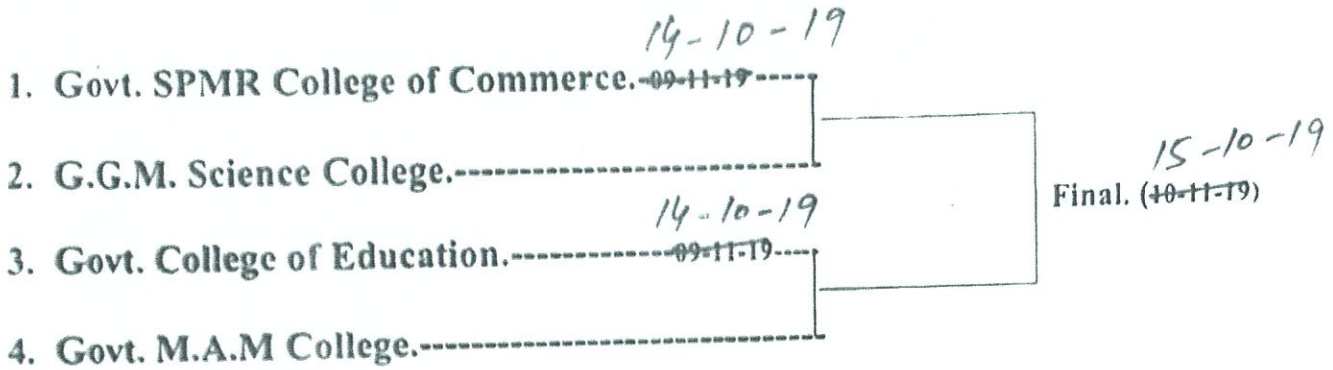


*Women's Kabaddi final in progress at in Jammu on Tuesd*

Singh, Prof. Amjad Khan, Hussain, Prof. Madhu Ram, Pawan Prof. Ram Parkash, Prof. The Ram Krishan, Prof. Reyaz ed by Ahmed, Prof. Rahul Uttam, includi Prof. Rajiv Kumar, Prof. Harpr Khalid Hussain, Prof. Singh, Makhdoom Ahmed, Prof. Akhil Masood Ahmed, Prof. Imran Kuma

23. Name of the Event – **KHO-KHO (Men)**

**Venue**:- G.C.W Gandhi Nagar, Jammu
**Time** :-10.00 am
**Dated**:- 09-11-2019.

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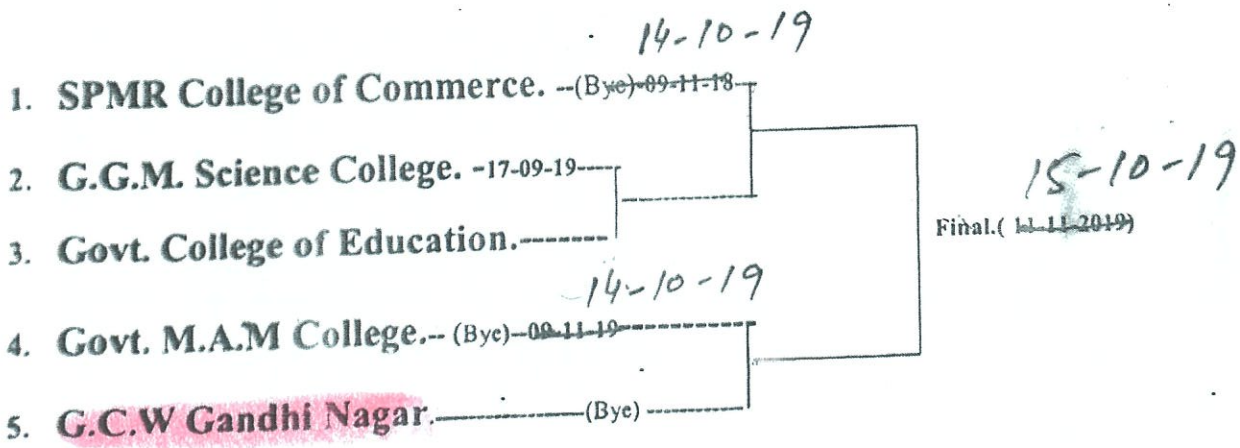
24. Name of the Event: **HKO-KHO (Women)**

**Venue:-** G.C.W Gandhi Nagar, Jammu.
**Time:-** 10:30 A.M
**Dated:-** 09-11-2019




Note: Tournament will be conducted as per AIU and Kho-Kho Federation of India rules.

# Office Of the Principal G.C.W GANDHI Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: Kho-Kho Inter-college

Game Incharge: Dr. Roopali Slathia

His/ Her Status: Physical Director

Session: 2019-2020

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Samiria | Sardarahmed | Saidanbibi | 7-2-1999 | 2939 sem 5 | 2015 |
| 2 | Priyasharma | Bittusharma | Shakti sharma | 18-10-2000 | 2227 sem1 | 2019 |
| 3 | Shagunverma | Munishverma | Amitaverma | 4-12-2000 | 1928 sem 3 | 2018 |
| 4 | Mannusharma | Gopal sharma | Bablisharma | 19-8-2000 | 2383 sem 5 | 2017 |
| 5 | Anuradha | Vijay kumar | Bimladevi | 5-3-1999 | 2529 sem 5 | 2017 |
| 6 | Zareenabanoo | Ghulam mohd, | Jaminabanoo | 15-3-2000 | 2303 sem1 | 2019 |
| 7 | Kajalsharma | Lal chand | Sunneylata | 8-12-1999 | 2464 sem 5 | 2017 |
| 8 | Sakshithakur | Hemraj | krishna | 18-7-1999 | 1726 sem 5 | 2017 |
| 9 | Tannusharma | Bhushankumar | Sushmasharma | 1-3-1999 | 1775 sem 5 | 2017 |
| 10 | Shivaniwazir | Jagdevsingh | santosh | 21-3-1999 | 1925 sem5 | 2016 |
| 11 | Komalsingh | Rajdevsingh | Neetudevi | 18-2-2000 | 1924 sem5 | 2017 |
| 12 | Sakshisharma | Sham lalsharma | Bablisharma | 18-10-1999 | 778 sem 5 | 2017 |

PHYSICAL DIRECTOR

DR. ROOPALI SLATHIA
Physical Director
G.C.W. Gandhi Nagar
Jammu

PRINCIPAL

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*...ners of Kho-Kho Tournament posing for photograph in Jammu.*

# ...MAM College, GCW Gandhi Nagar lift Kho-Kho titles

...Sports Correspondent

...AMMU, Oct 15: MAM ...Jammu and Government ... for Women (GCW) ... Nagar lifted the title tro... in the (Kho-Kho) Blaze ... Tournament, organised by ... University of Jammu, ...

The Final matches of the ... were held at GCW Gandhi ... here.

... Bhopinder Singh, Dean ...ering and Technology, ... University of Jammu ... the occasion as the chief ...

...women's section, GCW ... Nagar beat GGM Science College in a close contest by one point to win the title, while in men's section, MAM College defeated SPMR College of Commerce by one innings and 1 point.

Prominent among others present on the occasion were Dr Vinod Bakshi Sports Coordinator CLUJ and also Physical Director, GGM Science College, Prof Sunil Uppal, Associate Dean Students Welfare ,Prof. Surinder Sharma, Sumnesh Sharma, Physical Director MAM College, Ajaz Malik, Physical Director SPMR College of Commerce, Dr Roopali Salathia, Physical Director GCW Gandhi Nagar Jammu and Anil Assistant Physical Director.

The matches were officiated by Pooja Sharma, Sahil Dev Singh, Shibali Bhau and Sandeep Singh.

# CLUJ Kho-Kho tourney finals today

STATE TIMES 15-10-19

■ SPORTS REPORTER

JAMMU: Being organised by the Department of Students Welfare (DSW) under the supervision of Sports Coordinator, the annual Kho-Kho (men and women) tournament of Cluster University of Jammu (CLUJ) got underway at Government College for Women (GCW) Gandhi Nagar, here today.

The event was declared open by Principal, CW Gandhi Nagar, Prof. Ravinder Tickoo in the presence of Dean Engineering and Technology, CLUJ, Prof. Bupinder Singh.

The opening day witnessed some close contests in both men and women sections. While Government SPMR College of Commerce beat GGM Science College by innings and one point, Government MAM College got walkover Government College of Education to qualify for the final. Now in the final, slated for tomorrow, College of Commerce shall take on MAM College.

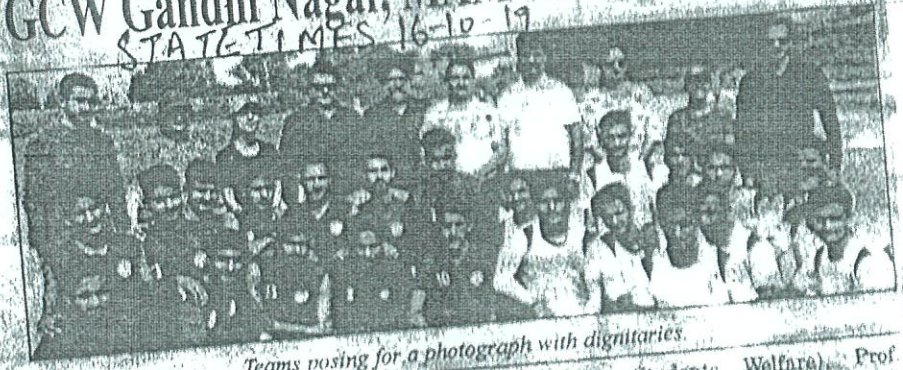
Similarly, in the women's section final, GGM Science College shall meet GCW Gandhi Nagar tomorrow. In the first round of semifinals, GGM Science College beat Government SPMR College of Commerce by innings and two points and GCW Gandhi Nagar got walkover against MAM College.

Among those present were Dr. Vinod Bakshi (Sports Coordinator CLUJ and Physical Director GGM Science College), Prof. Surinder Sharma, Prof. Shafqat Jahangir, Dr. Roopali Salathia (Physical Director GCW Gandhi Nagar) and Anil (Assistant Physical Director GCW Gandhi Nagar).

Today's matches were officiated by the technical panel including Pooja Sharma, Sahil Dev Singh, Shibali Bhau and Sandeep Singh.

# GCW Gandhi Nagar, MAM win Kho Kho titles

STATE TIMES 16-10-19



*Teams posing for a photograph with dignitaries.*

■ SPORTS REPORTER

JAMMU: Government College for Women (GCW) Gandhi Nagar emerged winner in women section while men's title went to Government MAM College in the Inter-college Kho-Kho Tournament of Cluster University of Jammu (CLUJ), here on Tuesday.

Earlier, in women's final, GCW Gandhi Nagar defeated ... point whereas in men's title clash, MAM College trounced Government SPMR College of Commerce by innings and one point.

In the finals, Dean Engineering and Technology, CLUJ, Prof. Bhopinder Singh was Chief Guest.

Among others present were Dr. Vinod Bakshi (Sports Coordinator, CLUJ and Physical Director, GGM Science College), Prof. Sunil ... Dean Students Welfare), Prof. Surinder Sharma, Sumnesh Sharma (Physical Director MAM College), Ajaz Malik (Physical Director SPMR College of Commerce), Dr. Roopali Salathia (Physical Director GCW Gandhi Nagar Jammu) and Anil (Assistant Physical Director).

The finals were officiated by the technical panel comprising Pooja Sharma, Sahil Dev Singh, Shibali Bhau and Sandeep Singh.

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25. Name of the Event – **I/U Grappling Trial (Men & Women)**

**Venue** - G G M Science College, Jammu
**Time** - 10.00 am
**Dated** - 23-12-2019

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26. Name of the Event – **I/U 6Sixer Side Trial (Men & Women)**

**Venue**:- G. C.W Gandhi Nagar, Jammu
**Time**:- 10.00 am
**Dated**:- 23-12-2019

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27. Name of the Event – **Boxing (Men)**

**Venue**:-MA Stadium, Jammu.
**Organize by**. Govt. SPMR College
**Time** :-10.00 am **Dated**:- ~~07-01-2020~~ 05-11-19

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.
5. G.C.W Gandhi Nagar.

| S. No | Wt. Category (Men) | |
|---|---|---|
| 1 | Fly.Weight. | Up to 48 kgs |
| 2. | Fly.Weight. | Up to 48 kgs to 51 kgs |
| 3. | Bantam Weight | Up to 51 kgs to 54 kgs |
| 4. | Feather Weight | Up to 54 kgs to 57 kgs |
| 5. | Light Weight | Up to 57 kgs to 60 kgs |
| 6. | Light Walter Weight | Up to 60 kgs to 64 kgs |
| 7. | Walter Weight | Up to 64 kgs to 69 kgs |
| 8. | Middle Weight | Up to 69 kgs to 75 kgs |
| 9. | Light Heavy Weight | Up to 75 kgs to 81 kgs |
| 10. | Heavy Weight | Up to 81 kgs to 91 kgs |
| 11. | Super Heavy Weight | Up 91 kgs + |

Note Rules of Boxing Federation of India shall apply to the inter- collegiate Competition unless otherwise modified i this rules

28. Name of the Event **Cricket (Men)**

**Venue** - G G M Science College, Jammu
**Time** - 10.00 am
**Dated**:- ~~08-01-2020~~ 13-11-19

Winner

1. Govt. M.A.M College.---~~08-01-20~~ 13-11-19
2. G.G.M. Science College.----------
3. Govt. College of Education.----------~~08-01-20~~ 13-11-19
4. Govt. SPMR College of Commerce.----------

Final. (~~09-01-20~~) 14-11-19

Runner-up

29. Name of the Event: **Cricket (Women)**

**Venue:-** G. C.W Gandhi Nagar, Jammu
**Time:-** 10:30 A.M
**Dated:-** 10-01-2020

1. G.C.W Gandhi Naga. ----------(Bye)-~~10-01-20~~ 13-11-19
2. Govt. M.A.M College. -10-01-20--------
3. Govt. College of Education.--------
4. G.G.M. Science College.--------- (Bye)—~~11-01-20~~ 13-11-19
5. SPMR College of Commerce.-(Bye) ----------

Final.( ~~11-01-2020~~) 14-11-19

Note -

1. All the matches consists of 20 overs.
2. First match will start 9.00 am And 2nd match will start 12.00
3. College will provide their own balls of SG club quality

30. Name of the Event – **Yoga (Men & Women)**

**Venue** - Govt. College of Education.
**Time**:- 10.00 am
**Dated** - 16 & 17-01-2020

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.
5. G.C.W Gandhi Nagar.

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attendance pending

31. Name of the Event – **Tackwondo (Men & Women)**

**Venue**:- MA Stadium, Jammu
**Time**:- 10.00 am
**Dated**:- 04 & 05-02-2020

1. Govt. SPMR College of Commerce.
2. G.G.M. Science College.
3. Govt. College of Education.
4. Govt. M.A.M College.
5. G.C.W Gandhi Nagar.

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32. Name of the Event – **Handball (Men)**

**Venue**:- G. C.W Gandhi Nagar, Jammu.
**Time** :-10.00 am
**Dated**:- 06-02-2020.

Runner up

(5.) **G.G.M. Science College.**---06--02-20----------

**6. Govt. College of Education.**----------

24/12/2019

**Final.** ~~(07-02-20)~~

**7. Govt. M.A.M College.**----------06-02-20----------

(8) **Govt. SPMR College of Commerce.**----------

Winner

Note: Tournament will be conducted as per AIU and Handball Federation of India rules.

attendance proof

33. Name of the Event **Wushu (Men & Women)**

**Venue** M A Stadium Jammu
**Time** 10.00 am
**Dated** 11 & 12.02.2020

6 Govt. SPMR College of Commerce
7 G.G.M. Science College
8 Govt. College of Education
9 Govt. M.A.M College
10 G.C.W Gandhi Nagar.

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**34.** Name of the Event **2nd Annual Athletic Meet 2019-20 (Men & Women) & Prize Distribution Function**

**Venue** - G.C.W Gandhi Nagar Jammu
**Time** - 9.00 am
**Dated**:- First week of March 2020

1 Govt. SPMR College of Commerce.
2 G.G.M. Science College.
3 Govt. College of Education.
4 Govt. M.A.M College.
5 G.C.W Gandhi Nagar.

**Sports Committee of Cluster University of Jammu**

| | |
|---|---|
| Dr Vinod Bakshi | Physical Director, (Govt. College of Education) |
| Mr Sumnesh Sharma | Physical Director, (Govt.MAM College, Jammu) |
| Mr Sham Singh | Physical Director, (G.G.M. Science College, Jammu) |
| Mr Malik Arjaz Iqbal | Physical Director, (Govt. SPMR College of Commerce, Jammu) |
| Dr Mandeep Singh | Physical Director, (Govt. College of Education) |
| Dr Roopali Salathia | Physical Director (Govt. P.G College Gandhi Nagar, Jammu) |

Sports Coordinator

# Office of the Physical Director G.C.W Gandhi Nagar, Jammu

## ELIGIBLITY PERFORMA

Name of the Tournament: 5th State level inter-college Governor's Silver Rolling volleyball championship 2019

His/ Her Status: Assistant Professor in Physics

Game Incharge: Dr Sunil Dutt

Session: 2019-20

Name of the college: G.C.W GANDHI NAGAR,JAMMU

| S.NO | NAME OF THE PLAYER | FATHER'SNAME | MOTHERS NAME | D.O.B | CLASS& ROLLNO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|
| 1 | Rifat chowdhary | Sh.Gulam Rasool | Noora begum | 12/10/1998 | 1540(sem 5th) | 2017 |
| 2 | Manjali sharma | Sh.Sobha ram | Ram pyari | 18/3/1999 | 1470(sem 5th) | 2017 |
| 3 | Akanksh Charak | Sh.Deepak singh | Reva Kumari | 17/3/2000 | 1776(sem 3rd) | 2018 |
| 4 | Simran Bagal | Sh.Kuldeep singh | Asha rani | 23/2/2001 | 2562(sem 3rd) | 2018 |
| 5 | Meena Devi | Sh.Avtar singh | Manjeet kumari | 4/8/2000 | 1952(sem 3rd) | 2018 |
| 6 | Avni Dutta | Sh.Rajesh dutta | Megha dutta | 26/3/2002 | 1688(sem1st) | 2019 |
| 7 | Ishima Verma | Sh.Kuldeep raj | Reva devi | 28/11/2000 | 608(sem3rd) | 2018 |
| 8 | Vidhi Sharma | Sh.Susheel kumar | Rachna kumara | 06/02/2002 | 408(sem 1st) | 2019 |
| 9 | Savita Bagal | Sh.Shiv pawan singh | Nishi kumara | 11/06/1998 | 931(sem 3rd) | 2018 |
| 10 | Aarushi | Sh.Rakesh chander | Kiran kumari | 24/9/1999 | 789(sem 5th) | 2017 |
| 11 | Urmila Palwal | Sh.Dalip kumar | Rajni devi | 15/04/1999 | 2256(sem 5th) | 2017 |
| 12 | Khushi Sharma | Sh.Neel kanth sharma | Asha devi | 31/03/2001 | 446(sem 1st) | 2019 |

PHYSICAL DIRECTOR

Principal
PRINCIPAL
Govt. College for Women
Gandhi Nagar, Jammu

2019-20

## OFFICE OF THE PRINCIPAL GOVT P.G COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

### MINUTES OF MEETING

A meeting of college sports committee in connection with **SPORT FESTIVAL** was held in the Office Chamber of worthy principal at 10:00 am on 27th of December. The meeting was attending the following members are

1. Prof. Surinder Kumar
2. Prof. D.S.Manhas
3. Prof. Nirlape Kour
4. Prof. Davinder kour
5. Prof. Sunil Dutt
6. Dr. Roopali Slathia
7. Ms. Vandana Qazi (College Accountant)
8. Mr. Shori Lal (cashier)

**THE FOLLOWING DECISIONS WERE TAKEN IN THE MEETING:**

1. It was conveyed by the physical Director that out of the Seven games meant for women, the college is participating in Six games. 1. kho-kho 2.Volley ball 3.Badminton 4.Cricket 5.Tug of war 6.Table tennis.
2. It was also conveyed by the Physical Director that the following events will be held at Govt P.G college for women Gandhi Nagar in the college sports ground. 1.kho-kho( M/W) 2.Kabadi (M) 3.Volley Ball (W) 4.cricket( W)
3. It was discussed and resolved that the sports items required for the participation and conduct above mentioned events ought to be purchased from the market on the rates approved by the Cluster University of Jammu and those items are not approved but are required for conduct of the events be purchased from market after observing necessary codal formalities .
4. The uniform required for the players of the college and all other players of participating colleges for events to be held at Govt P.G College for women Gandhi Nagar, Jammu are to be provided by the host college on the approved rates by the Cluster University of Jammu as per the demand of the participating colleges.
5. Refreshment rates during the tournament for players Rs150/- per head per day as approved by the Department of Higher Education.
   The refreshment during the camp days will remain same as per the rates decided in the annual sports committee meeting 2019-2020 which are as under:

| Event | On Practice Day |
|---|---|
| Cricket | Rs. 35/-per head per day |
| Other Games | Rs. 30/-per head per day |

The refreshment given during camp days should not exceed more than 10 days

6. Resolved to purchase 50 plastic chairs and 5 plastic tables which are required during the sports festival at Govt P.G College for Women Gandhi Nagar, Jammu.
7. Trophies and Medals shall be purchased from the market by inviting Quotations.
   1. Winner Trophy Rs1500-1700/-
   2. Runner up Trophy Rs1000-1200/-
   3. Medals Rs50-100/- for the participants of the runner and winner up team.
8. Five banners to be printed by inviting Quotations one for Entrance gate and four in the Ground.
9. It was resolved that the following committees will be constituted for conduct of the Sports Festival in the college.

1) FINANCIAL COMMITTEE
   a. Prof. Surinder Kumar
   b. Prof. Pyuesh Kant
   c. Dr. Roopali Slathia
   d. Ms. Vandana Qazi (Accountant)
   e. Sh. Shori Lal (Cashier)
2) PRESS AND MEDIA COMMITTEE
   a. Prof. Sunil Dutt
   b. Prof. Devinder Kour
   c. Prof. Isha Gohil
3) GRIFVANCE COMMITTEE
   a. Prof. Nirlape kour
   b. Prof. D.S. Manhas
   c. Game incharge (concerned)
   d. Dr Roopali Slathia
4) HOSPITALITY/PRIZE DISTRIBUTION COMMITTEE
   a. Prof. Anju Bala
   b. Prof. Shalini Sharma
   c. Prof. Rahul Sharma
   d. Prof. Pyuesh Kant
5) FIRST AID COMMITTEE
   a. Mr. Raman Sharma
6) TECHNICAL COMMITTEE
   a. Prof. Harmeet kour
   b. Prof. Mushtaq Ahmed
   c. Dr. Roopali Slathia
   d. Mr. Anil Sharma

Principal 27/12/19

# J&K SPORTS FESTIVAL 2020

## ORGANISED BY J&K HIGHER EDUCATION DEPARTMENT

Name of the College:-Govt. P.G College for women, Gandhi Nagar, Jammu

## Inter-Collegiate Eligibility Performa

Name of the Game:- Cricket  Event Name:- Sports Festival  Name of the Manager:-

Session:- 2019-2020  Status:-

| S.no. | Name of the Participant | Fathers name | Mothers name | Present class with roll. No. | University reg. No. | Date of birth |
|---|---|---|---|---|---|---|
| 1. | Kajal Sharma | Mr. Lal Chand | Ms. Sunney Lata | BA Sem VI/2464 | | 08-12-1999 |
| 2. | Ikra Bhat | Late Shakeel Ahmed Bhat | Ms. Shayesta Naseem | BA Sem II/1643 | | 11-04-2001 |
| 3. | Mannu Sharma | Mr. Gopal Sharma | Ms. Babli Sharma | B.A Sem VI | | 19-08-2000 |
| 4. | Priya Sharma | Mr. Bittu Sharma | Ms. Shakti Sharma | BA SEm II/2227 | | 18-10-2000 |
| 5. | Kajal Saini | Mr. Charan Singh | Ms. Neelam Devi | BSC Sem VI/923 | | 01-06-1999 |
| 6. | Rifat choudhary | Mr. Gulam Rasool | Ms. Noora Begum | Sem-V/1540 | | 12-10-1998 |
| 7. | Khushi Sharma | Mr Neel Kanth Sharma | Ms. Asha Devi | Sem-II/446 | | 31-03-2001 |
| 8. | Nusrat Bano | Mr. Asgan Ali | Ms. Shamshad Begum | Sem-IV/2428 | | 30-12-2000 |
| 9. | Muskaan Gupta | Mr. Pawan Kumar | Ms Madhu Gupta | Sem-IV/478 | | 08-12-2000 |
| 10. | Khushi Mahajan | Mr. Krishan Kumar | Ms. Renu Gupta | Sem-IV/421 | | 16-04-2001 |
| 11. | Asiya Parveen | Mr Mazoor Hussain | Ms. Sakina Bibi | Sem-VI/277 | | 10-03-2000 |
| 12. | Jyotsna | Mr. Tilak Raj | Ms. Manju Devi | Sem-II/1884 | | 06/11/2001 |
| 13 | Muskan Choudhary | Mr. Javed Hussain | Ms. Parveen | Sem-II/2245 | | 11/05/2001 |
| 14 | Sakshi Sharma | Mr. Bishan Dass | Ms. Sudesh Kumari | Sem-IV/2054 | | 13/04.2000 |
| 15 | Kajal saini | Mr Amar singh | Ms. Suman Lata | Sem IV/1661 | | 30/10/2000 |

PHYSICAL DIRECTOR  PROF. INCHARGE  PRINCIPAL

# J&K SPORTS FESTIVAL 2020

## ORGANISED BY J&K HIGHER EDUCATION DEPARTMENT

Name of the College:-Govt. P.G College for women, Gandhi Nagar, Jammu

## Inter-Collegiate Eligibility Performa

Name of the Game:- kho-Kho
Session:- 2019-2020

Event Name:- Sports Festival

Name of the Manager:-
Status:-

| S.no. | Name of the Participant | Fathers name | Mothers name | Present class with roll. No. | University reg. No. | Date of birth |
|---|---|---|---|---|---|---|
| 1. | Kajal Sharma | Mr. Lal Chand | Ms. Sunney Lata | BA Sem VI/2464 | | 08-12-1999 |
| 2 | Samina Akhter | Mr. Sardar Ahmed | Ms. Jabeda Biwi | BA Sem VI/2939 | | 07-02-1999 |
| 3 | Ikra Bhat | Late Shakeel Ahmed Bl | Ms. Shayesta Naseem | BA Sem II/1643 | | 11-04-2001 |
| 4. | Tannu Sharma | Mr. Bhushan Kumar | Ms. Sushma Sharma | BA Sem VI/1775 | | 01-03-1999 |
| 5. | Mannu Sharma | Mr. Gopal Sharma | Ms. Babli Sharma | B.A Sem VI | | 19-08-2000 |
| 6. | Priya Sharma | Mr. Bittu Sharma | Ms. Shakti Sharma | BA SEm II/2227 | | 18-10-2000 |
| 7. | Zareena Bano | Mr. Ghulam Mohammad | Ms. Jamina Banoo | BA Sem II/2303 | | 15-03-2000 |
| 8. | Kajal Saini | Mr. Charan Singh | Ms. Neelam Devi | BSC Sem VI/923 | | 01-06-1999 |
| 9. | Rama Sharma | Mr Pawan Kumar | Ms. Suman Devi | B.A Sem-III | | 15-10-2001 |
| 10. | Pallavi Verma | Mr. Shamsher Kumar | Ms. Anjana | BA Sem II/205 | | 16-02-2002 |
| 11. | Shivani Wazir | Mr Jagdev Singh | Ms. Santosh | B.A Sem-VI/1925 | | 21-03-1999 |
| 12. | Shajiya Kosar | Mr. Mumtaj Ahmad | Ms. Sarya Bibi | BA Sem II/2380 | | 05-02-2000 |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

PHYSICAL DIRECTOR

PROF. INCHARGE

PRINCIPAL

# J&K SPORTS FESTIVAL 2020

## ORGANISED BY J&K HIGHER EDUCATION DEPARTMENT

Name of the College:- Govt. P.G College for women, Gandhi Nagar, Jammu

## Inter-Collegiate Eligibility Performa

Name of the Game:- volley Ball  Event Name:-Sports Festival  Name of the Manager:- Sunil Dutt

Session:- 2019-2020  Status:- Assistant Professor

| S.no. | Name of the Participant | Fathers name | Mothers name | Present class with roll. No. | University reg. No. | Date of birth |
|---|---|---|---|---|---|---|
| 1. | Rifat Chowdhary | Sh. Gulam Rasool | Smt. Noora Begum | 1540/Sem Vth | | 12/10/1998 |
| 2. | Shriya Jamwal | Sh. Kulwant Singh | Smt.Sushma Jamwal | 490/sem Ist | | 22/10/2000 |
| 3. | Akansha Charak | Sh. Deepak Singh | Smt. Reva Kumari | 1776/sem IIIrd | | 17/03/2000 |
| 4. | Priyanka Sharma | Sh. Balbir Raj | Smt.Anita Sharma | 421/Sem Ist | | 13/12/2000 |
| 5. | Meena Devi | Sh. Avtar Singh | Smt. Manjeet Kumari | 1952/semIIIrd | | 04/08/2000 |
| 6. | Simran Bagal | Sh. Kuldeep Singh | Smt.Asha Rani | 2562/SemIIIrd | | 23/02/2001 |
| 7. | Avni Dutta | Sh. Rajesh Dutta | Smt. Megha Dutta | 1688/Sem Ist | | 26/03/2002 |
| 8. | Ishima Verma | Sh. Kuldeep Raj | Smt. Reva Devi | 608/ Sem IIIrd | | 28/11/2000 |
| 9. | Savita Bagal | Sh. Shiv Pawan Singh | Smt.Nishi Kumara | 931/Sem IIIrd | | 11/06/1998 |
| 10. | Aarushi | Sh. Rakesh Chander | Smt.Kiran Kumari | 789/ Sem Vth | | 24/09/1999 |
| 11. | Kushi Sharma | Sh. Neel Kanth Sharma | Smt. Asha Devi | 446/Sem!st | | 31/03/2001 |
| 12. | Sanjana Sharma | Sh. Rajesh Kumar Shar | Smt.Jyoti Sharma | 61/SemIInd | | 23/12/2001 |
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PHYSICAL DIRECTOR  PROF. INCHARGE  PRINCIPAL

Govt. P.G. College for Women
Gandhi Nagar

# J&K SPORTS FESTIVAL 2020

## ORGANISED BY J&K HIGHER EDUCATION DEPARTMENT

Name of the College:- Govt. P.G College for women, Gandhi Nagar, Jammu

## Inter-Collegiate Eligibility Performa

Name of the Game:- tug of war  Event Name:-Sports Festival  Name of the Manager:- _____

Session:- 2019-2020  Status:- _____

| S.no. | Name of the Participant | Fathers name | Mothers name | Present class with roll. No. | University reg. No. | Date of birth |
|---|---|---|---|---|---|---|
| 1. | Rifat Chowdhary | Sh. Gulam Rasool | Smt. Noora Begum | 1540/Sem Vth | | 12/10/1998 |
| 2. | Harsha chib | Gulab singh | Reena devi | 1804 sem 4th | | 09/05/2000 |
| 3. | Khushi mahajan | Krishan kumar | Renu gupta | 421 sem 4th | | 16/04/2001 |
| 4. | Bhumi mahajan | Rajiv gupta | Saloni mahajan | 794 sem 4th | | 14/12/2000 |
| 5. | muskan | Kasturi lal | Rajesh kumar | 692sem4th | | 24/03/2000 |
| 6. | Muskaan gupta | Pawan kumar | Madhu gupta | 673Sem4th | | 8/12/2000 |
| 7. | Anjana devi | Babu ram | Kailesh devi | 474Sem 2nd | | 26/07/2000 |
| 8. | Dilshad asiya | Mohd dhakim din | Shah bibi | 2304Sem 2nd | | 14/11/1999 |
| 9. | Tanvi charak | Shamsher charak | Sangita charak | 386Sem 4th | | 11/06/1998 |
| 10. | Rama sharma | Pawan kumar | Suman devi | 1950Sem4th | | 15/10/2001 |
| 11. | Asiya parveen | Manzoor hussain | Sakina bi | 2767Sem6th | | 10/03/2000 |
| 12. | Suhasi kiran | Munish kumar | Amita verma | 1928 sem 4th | | 04/12/2000 |
| 13 | Khalida parveen | Lal shah | Shamin akhter | 2005 sem 6 | | 31/ 01/1998 |
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PHYSICAL DIRECTOR  PROF. INCHARGE  PRINCIPAL

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18 Feb 2020

## Inter-College Sports Festival 2020

# Semis line up drawn in Football; Gandhi Nagar to face Parade in Women Volleyball final

*Excelsior Sports Correspondent*

JAMMU, Feb 18: Semifinals line up has been drawn in men's Football event in the ongoing inter-college Sports Festival 2020 Zone-A comprising district colleges of Jammu and Samba underway at GGM Science College grounds, here today.



*Volleyball women team posing along with dignitaries and officials at GCW Gandhi Nagar in Jammu.*

The teams qualifying for the last four stages are Government Degree College (GDC) Kunjwani, MAM College, GGM Science College and Government SPMR College of Commerce.

Earlier, in the quarterfinals round, GDC Kunjwani defeated GDC Khour 5-0 (Umar two goals in 4th and sixth minute; Suraj 16th minute; Keshav 33rd minute) and Aakash 38th minute).

In another match, GGM Science College got walkover GDC Nagrota while SPMR College of Commerce trounced GCET Jammu 2-0 (Manveer 22nd minute and Ishan Khanna in 44th minute).

The matches officiated by the technical penal including Suresh Gupta, Rahul Sharma, Vijay Kumar and Abhishek Chandan under the supervision of Gagan Kumar.

Meanwhile, on day-2 of intra-zone Jammu-Samba Sports Festival, Govt PG College for Women Gandhi Nagar defeated GDC Akhnoor by 2-0 (25-10, 25-12) in the first semifinal of Volleyball, while in the second semifinal, GCW Parade defeated GDC Khour by 2-0 (25-10, 25-01).

In Kabaddi (M), Govt SPMR college won the match from GDC Samba by 10 points, while in other matches MAM college defeated GDC Jindrah by 24 points; GDC RS Pura won the match from GDC khour by 2 points; GDC Akhnoor got walkover against GDC Ramgarh; GDC Kunjwani won the match by 13 points by defeating GDC Bishna and GDC Paloura drubbed Govt SPMR College by 12 points.

In kho-kho (M) tournament, GGM Science College won the match from GDC Marh by 11 points; GDC Jindrah defeated GDC Khour by 3 points; MAM College outplayed GDC Kunjwani by 1 point and GDC RS Pura got walkover against Govt SPMR College.

In knockout matches of Kho-kho (W) GDC RS Pura won the match from GDC Vijaypur by 1 point; GGM Science College defeated GDC Akhnoor by 1 point and an innings; GDC Jindrah won by 3 points by defeating Govt SPMR College and GDC Bishnah defeated GDC Ramgarh by 9 points.

Meanwhile, the Cricket tournament got underway at MA Stadium, here. The event was declared by Physical Director of GGM Science College, Dr Vinod Bakshi.

In the first match of the day, GDC Kunjwani defeated GDC Jindrah by a margin of 19 runs. Mohd Owais remained top scorer with 39 runs. From GDC Jindrah, Manhoar took three wickets. In another match, GDC Akhnoor outplayed GCET by eight wickets. The match officiated by the technical penal including Suresh Singh, Ashok Singh, Vijay Kumar and Sadiq Hussain.

The Volleyball competition is being hosted by Government SPMR College of Commerce on the campus courts under the guidance of Physical Director, Malik Aijaz under the overall supervision of College Principal, Prof RS Jamwal.

The Results: GDC Kunjwani bt GDC Khour 2-0 (25-21, 25-11); GDC Akhnoor bt GGM Science College 2-1 (25-19, 20-25, 16-14); GDC Marh bt GCET Jammu 2-1 (25-19, 22-25, 15-10); GDC Samba bt GDC Kunjwani 2-1 (18-25, 25-17, 15-11); GDC Jindrah bt GDC Vijaypur 2-0 (25-10, 25-14); GDC Paloura bt GDC Nagrota 2-0 (25-15, 25-14); MAM College bt GDC Ramnagar 2-0 (25-10, 25-22). The competition officiated by the technical penal including Rajesh Virdhy, Mulkh Raj Sharma, Bhavana Sharma, Amandeep Sharma and Parvinder Singh.

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## कनैक्शन काटे जाने का विरोध

# ने बार्डर संघर्ष समिति बैनर तले किया प्रदर्शन

### ...री बोले : जब तक कनैक्शन नहीं ...जाते, तब तक प्रदर्शन जारी रहेगा

... 20 फरवरी (काटल): एक तरफ सीमा ... लोगों की अपनी ही समस्याएं होती हैं ... बार गोलाबारी का दंश झेलते हुए अपने ... छोड़कर प्रशासन द्वारा नामजद किए गए ... रहते हैं तथा काफी दिनों तक उनके घरों ... पर ताले लटकते रहते हैं। यह सब ... रिकॉर्ड अनुसार होता है, मगर जब यही ... अधिकारी अपनी रिकवरी के लिए उनके ... -चौड़े बिल भेज देते हैं तो उन्हें देखकर ... आपको ठगा-सा महसूस करते हैं और ... जब सत्ता में रहने वाली पार्टी के लोगों ... माफ करवाने का आश्वासन दिया हो। ... कुछ सीमावर्ती कस्बा अर्निया के लोगों ... रहा है। वीरवार को सीमावर्ती कस्बे के ... बार्डर संघर्ष समिति के बैनर तले तरेवा ... एकत्र होकर बिजली विभाग के खिलाफ ... करते हुए विरोध प्रदर्शन शुरू कर दिया। ... प्रदर्शनकारियों का कहना था कि ... कई नेता जब दौरे पर आते हैं तो हमें ... देते हैं कि बार्डर से पांच किलोमीटर के ... वाले गांवों में बिजली-पानी का किराया ... जाएगा। अगर लेना भी होगा तो वह कुछ ... होगा, मगर बुधवार को बिजली विभाग ... कुछ एक वार्डों की बिजली यह कह ... गई कि जब बिजली का बकाया पूरा ... ही बिजली बहाल होगी। हम विद्युत ... इस तरह की एकतरफा कार्रवाई की ... हैं और प्रशासन को चेतावनी देते हैं कि ... वार्ड की बिजली बहाल नहीं होती, तब ... प्रदर्शन जारी रहेगा। इस मौके पर यश ... कुमार, कमलजीत, रघुवीर सिंह, जीत ... पहलवान आदि मौजूद थे।



फैस्टीवल के तहत कबड्डी और खो-खो की विजेता टीम मुख्यातिथियों के साथ। (मोहित)

## इंट्रा-जोन जम्मू-साम्बा स्पोर्ट्स फैस्टीवल संपन्न

20 Feb 2020

# कबड्डी में लड़के, खो-खो में लड़कियां बनी चैम्पियन

### लड़कों ने भी खो-खो के फाइनल मैच की ट्रॉफी पर जमाया कब्जा

### आई.जी.पी. आर्म्ड जोन दानिश राणा ने विजेताओं को बांटे ईनाम

जम्मू, 20 फरवरी (कमल): गवर्नमैंट एम.ए.एम. कालेज के पुरुषों की कबड्डी टीम ने इंट्रा-जोन जम्मू-साम्बा स्पोर्ट्स फैस्टीवल के चौथे दिन सरकारी डिग्री कालेज पलौड़ा को फाइनल मैच में हराकर ट्रॉफी पर कब्जा जमाया। चैम्पियन बने एम.ए.एम. कालेज ने पलौड़ा को 25 अंकों से पराजित किया।

वहीं पुरुषों के खो-खो के फाइनल मैच में गवर्नमैंट डिग्री कालेज आर.एस.पुरा ने 1 अंक से साइंस कालेज जम्मू को फाइनल में हराया, जबकि लड़कियों के खो-खो के फाइनल मैच में गवर्नमैंट पी.जी. कालेज फॉर वूमन गांधीनगर जम्मू की लड़कियों ने साइंस कालेज को 2 अंकों से हराया। इसके साथ ही इंट्रा-जोन स्पोर्ट्स फैस्टीवल का समापन हो गया। मैचों के बाद महिला कालेज गांधीनगर में पुरस्कार वितरण समारोह करवाया गया, जिसमें आई.जी.पी. आर्म्ड पुलिस दानिश राणा मुख्य मेहमान थे, जबकि एस.एस.पी. आर.सी. कोतवाल जे.के.पी.एस., एस.पी.सी.आर. गैस्ट ऑफ ऑनर थे। मुख्यातिथियों ने विजेता और उप-विजेता टीमों को मैडल व ट्रॉफियां देकर पुरस्कृत किया। इस अवसर पर अन्य मेहमानों में कन्वीनर स्पोर्ट्स कमेटी डा. सुरिन्द्र कुमार, फिजिकल डायरैक्टर डा. रूपाली सलाथिया, प्रो. अंजू बाला, प्रो सुनील दत्त इंचार्ज वालीबॉल, डा. दविन्द्र कौर इंचार्ज खो-खो आदि उपस्थित थे।

## जोन जम्मू-साम्बा स्पोर्ट्स फैस्टीवल-2020 का तीसरा दिन

# गांधीनगर ने परेड को हराकर ट्रॉफी पर जमाया कब्जा

19 Feb 2020

जम्मू, 19 फरवरी (कमल): इंट्रा-जोन जम्मू-साम्बा स्पोर्ट्स फैस्टीवल-2020 के तीसरे दिन गवर्नमैंट पी.जी. कालेज फॉर वूमन गांधीनगर ने महिला कालेज परेड को वालीबॉल के फाइनल मैच में हराकर ट्रॉफी पर कब्जा जमाया।

परेड कालेज और पी.जी. कालेज फॉर वूमन गांधीनगर के बीच रोचक मुकाबला हुआ। गांधीनगर कालेज की लड़कियों की टीम ने उत्कृष्ट खेल का प्रदर्शन करते हुए परेड कालेज को 3-1 (26-24, 09-25, 25-23 और 25-17) सैट से हराया।



*वालीबॉल की विजेता गांधीनगर महिला कालेज की टीम खेल अधिकारियों के साथ। (सोहन)*

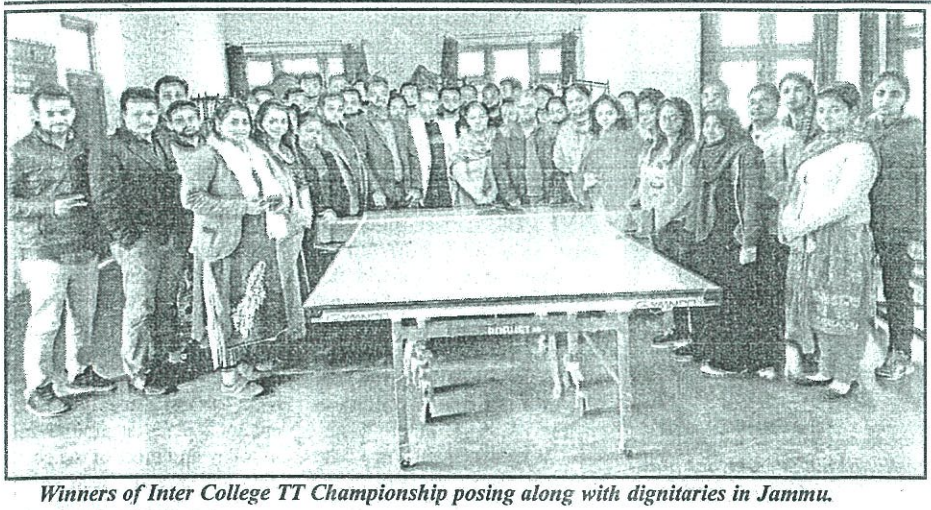
पुरुषों वर्ग के कबड्डी मैच में जी.जी.एम. साइंस कालेज ने गवर्नमैंट डिग्री कालेज अखनूर को 8 प्वाइंटों से शिकस्त दी दूसरे मैच में एम.ए.एम. कालेज ने सरकारी डिग्री कालेज आर.एस.पुरा को 43 अंकों से पराजित किया। इसके बाद पहले सैमीफाइनल मैच में डिग्री कालेज पलौड़ा की टीम ने डिग्री कालेज कुंजवानी को 19 अंकों से हराकर फाइनल में प्रवेश किया। दूसरे सैमीफाइनल मैच में एम.ए.एम. कालेज ने साइंस कालेज की टीम को 8 अंकों से हराया।

पुरुष वर्ग के खो-खो के पहले सैमीफाइनल मैच में गवर्नमैंट डिग्री कालेज आर.एस.पुरा ने एम.ए.एम. कालेज को 3 अंकों से हराया। दूसरे सैमीफाइनल मैच में डिग्री कालेज जिंद्राह की टीम ने साइंस कालेज को 3 अंकों से परास्त कर फाइनल में प्रवेश किया।

इसी प्रकार महिला वर्ग के खो-खो के पहले सैमीफाइनल मैच में गवर्नमैंट पी.जी. कालेज फॉर वूमन गांधीनगर जम्मू ने महिला कालेज परेड को मात्र 2 सैकेंड के अंतर से पराजित कर फाइनल में प्रवेश किया। दूसरे सैम्मीफाइनल मैच में जी.जी.एम. साइंस कालेज की लड़कियों की टीम ने डिग्री कालेज खौड़ की टीम को 7 अंकों से हराकर फाइनल में प्रवेश किया। फाइनल मैच वीरवार को करवाए जाएंगे।

इस अवसर पर डा. रूपाली सलाथिया फिजिकल डायरैक्टर, कन्वीनर स्पोर्ट्स कमेटी डा. सुरिंद्र कुमार, प्रो. बी.डी. सहगल, प्रो. सुनील, डा. दविंद्र कौर, प्रो. ईशा गोहिल, रमन शर्मा फार्मासिस्ट के अलावा विभिन्न कालेजों के समस्त टीमों के प्रभारी उपस्थित रहे।

WEDNESDAY, FEBRUARY 13, 2019 (PAGE 12)



*Winners of Inter College TT Championship posing along with dignitaries in Jammu.*

# SPMR College, GCW Gandhi Nagar emerge TT champions

*Excelsior Sports Correspondent*

JAMMU, Feb 12: Inter College Table Tennis Men and Women Tournament of Cluster University of Jammu was organized at GCOE, Canal Road, here.

Dr Sangita Nagari, Principal of GCOE was the chief guest and Prof Mushtaq Ahmed Lone, Dean Faculty of Education of Cluster University of Jammu was guest of honour.

In women's section, the final match was won by GCW Gandhi Nagar by beating GCOE by 3-0. Muskan Kour of GCW, Gandhi Nagar beat Sonia Sharma by 11-3,11-4; Sakshi defeated Shahar Bano by 11-7, 11-4 and in Nelofar drubbed Himalaya Kour by 11 6, 11-5.

In men's section, the final match was played between Govt MAM College and SPMR College of Commerce. SPMR College of Commerce beat MAM College by 3-0. Ritvik Gupta beat Nakul Vaid by 11-3, 11-6; Mandeep Singh trounced Wazid Ali by 11-3, 11-3 and Adhiraj Singh got the better of Ranchit by 11-6, 11-5.

The tournament was organized under the overall supervision of Dr Vinod Bakshi, Sports Co-coordinator Cluster University of Jammu.

Prof Raj Singh, Prof Satish Sharma, Prof Mohd Zubair, Prof Baljinder Kour, Prof Kashab Sharma, Prof Seema Kumari, Prof Shapia Shameen, Prof Rukhsana Kousar, Prof Neeraj Verma, Prof Purnima Manhas, Malik Aijaz, Physical Director Commerce College and Rupali Salathia, Physical Director GCW Gandhi Nagar were present on the occasion.

# OFFICE OF THE SPORTS COORDINATOR
# CLUSTER UNIVERSITY OF JAMMU

**LIST OF THE PLAYERS OF GCW GANDHI NAGAR JAMMU COLLEGE WHO REPRESENTED CLUSTE UNIVERSITY OF JAMMU IN ALL INDIA/NORTH ZONE INTER-UNIVESRITY COMPETITIONS DURIN THE SESSION 2019-2020**

Name of the Tournament:- Chess (Women)
Name of the Host University: Chandigarh University Mohali (Punjab)

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Bhavna | Jai Hind | Sunita Devi | GCW Gandhi Nagar, Jammu | Sem V-2836 |

Name of the Tournament:- Kabaddi (Women)
Name of the Host University: BPS Mahila Vishwavidyalya, Sonipat (HR)

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Harsha Chib | Gulab Singh | Reena Devi | GCW Gandhi Nagar, Jammu | Sem III-1804 |
| 2 | Taniya Choudhary | Kewal Krishan | Kiran Choudhary | -do- | Sem V-2183 |
| 3 | Anjana Devi | Babu Ram | Kailash Devi | -do- | Sem I-474 |
| 4 | Iqra Shakil | Shakeel Ahm | Shayesta Naseem | -do- | Sem III-1634 |
| 5 | Shakshi Thakur | Sham Singh | Chanchala Devi | -do- | Sem I-2064 |
| 6 | Rama Sharma | Pawan Kumar | Suman Devi | -do- | Sem I-1950 |

Name of the Tournament:- Badminton (Women)
Name of the Host University: LPU, Jalandhar

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Shabnam Kosar | Mohd. Ismail | Nissa Begum | GGM Science College, Jammu | Sem V-129 |
| 2 | Pratiksha Rani | Tilak Raj | Usha Rani | MAM College, Jammu | Sem I-1138 |
| 3 | Usha Bharti | Rajinder Singh | Jyoti Devi | -do- | Sem III-602 |
| 4 | Aarushi | Rakesh Chander | Kiran Kumari | GCW Gandhi Nagar, Jammu | Sem V-789 |
| 5 | Urmila Palwal | Dalip Kumar | Rajni Devi | -do- | Sem V-2256 |

**Name of the Tournament:- Kho-Kho (Women)**
**Name of the Host University: RML Awad, Faizabad**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Kajal Sharma | Lal Chand | Sunneylata | GCW Gandhi Nagar, Jammu | Sem V-2464 |
| 2 | Samina Akhter | Sardar Ahmed | Jabeda Bibi | -do- | Sem V-2939 |
| 3 | Shivani Wazir | Jagdev Singh | Santosh | -do- | Sem V- 1925 |
| 4 | Anu Radha | Vijay Kumar | Bimla Devi | -do- | Sem V-2529 |
| 5 | Priya Sharma | Bittu Sharma | Shakti Sharma | -do- | Sem I-2227 |
| 6 | Tannu Sharma | Bhushan Kumar | Sushma Sharma | -do- | Sem V-1775 |
| 7 | Komal Singh | Rajdev Singh | Neetu Devi | -do- | Sem V-1924 |

**Name of the Tournament:- Volleyball (Women)**
**Name of the Host University: Kurushetra University**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Meena Devi | Avtar Singh | Manjeet Kumari | GCW | Sem- 3rd 1952 |
| 2 | Savita | Shiv Pawan Singh | Nishi Kumari | GCW | Sem- 3rd 931 |
| 3 | Aarushi | Rakesh Chander | Kiran Kumari | GCW | Sem- 5th 789 |
| 4 | Akanksh Charak | Deepak Singh | Reva Kumari | GCW | Sem- 3rd 1776p |
| 5 | Avni Dutta | Rajesh Dutta | Megha Dutta | GCW | Sem-1st 1688 |
| 6 | Khushi Sharma | Neel Kanth Sharma | Asha Devi | GCW | Sem-1st 446 |
| 7 | Priyanka Sharma | Balbir Raj | Anita Sharma | GCW | Sem-1st 421 |
| 8 | Shreya Jamwal | Kulwant Singh | Sushma Jamwal | GCW | Sem-1st 490 |
| 9 | Saika Tabussam | Mohd. Rafiq Wani | Rehana Parvez | GCW | Sem-5th 2655 |
| 10 | Sakshi Devi | Hoshnak Lal | Veena Devi | GCW | Sem-1st 222 |
| 11 | Bandana | Sudesh Kumar | Subita Rani | GCW | Sem-5th 2035 |

**Name of the Tournament:- Judo (Women)**
**Name of the Host University :- CSJM Kanpur**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Bhumika Mahajan | Rakesh Gupta | Meenu Gupta | GCW Gandhi Nagar, Jammu | Sem III-1933 |
| 2 | Suhasi Kiran | Suraj Bhan Singh | Anupam KIran | -do- | Sem V-2172 |
| 3 | Ayushi Uniyal | Dinesh Uniyal | Anju Uniyal | MAM College, Jammu | Sem III (Hon.) 314 |
| 4 | Garima Sharma | Parveen Sharma | Darshana Devi | Commerce College, Jammu | Sem V-815 |
| 5 | Shikha Bhau | Sukhdev Singh | Anuradha | GGM Science College, Jammu | Sem V- 1322 |

**Name of the Tournament:- Fencing (Women)**
**Name of the Host University: Panjab University Chandigarh**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Mansi Sharma | Ravi Kumar | Anita Sharma | GCW Gandhi Nagar, Jammu | Sem V-1976 |
| 2 | Riya Bakshi | Jag Bhushan Bakshi | Kiran Bakshi | -do- | Sem III-2009 |
| 3 | Kanika Rajput | Suraj Singh | Anju Bala | -do- | Sem III-2033 |
| 4 | Jaspreet Kour | Janak Raj | Reetu Devi | -do- | Sem V-2092 |
| 5 | Sagarika | Kamaljit | Seema Choudhary | -do- | Sem V-2114 |

**Name of the Tournament:- Pencak Silat (Women)**

**Name of the Host University: Gulbarga University, Karnataka**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Komal Dhiman | Tarsem Lal | Reema Dhiman | GCW Gandhi Nagar, Jammu | Sem Ist -2285 |
| 2 | Anushka Bakshi | Rajesh Bakshi | Anu Bakshi | -do- | Sem III-2167 |
| 3 | Jahanvi Katal | Parshotam Singh | Santosh Kumari | -do- | Sem III-2610 |

**Name of the Tournament:- Korfball (Mixed)**
**Name of the Host University: Gondwana University Gadchiroli**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Muskan Sharma | Naresh Kumar Sharma | Shatrupa Sharma | GCW Gandhi Nagar Jammu | Sem VI-1206 |

**Name of the Tournament:- Fencing (Women) KHELO INDIA UNIVERSITY GAMES**

**Name of the Host University: KIIT , Bubanshwar, ODISHA**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Riya Bakshi | Jag Bhushan Bakshi | Kiran Bakshi | GCW Gandhi Nagar, Jammu | Sem III-2009 |
| 2 | Jaspreet Kour | Janak Raj | Reetu Devi | -do- | Sem V-2092 |
| 3 | Sagarika | Kamaljit | Seema Choudhary | -do- | Sem V-2114 |

**Name of the Tournament:- Taekwondo (Women)**
**Name of the Host University: Punjabi University Patiala**

| S. No | Full Name of the Candidate | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Komal Dhiman | Tarsem Lal | Reema Devi | GCW Gandhi Nagar, Jammu | Sem II -2285 |
| 2 | Anushka Bakshi | Rajesh Bakshi | Anu Bakshi | -do- | Sem IV-2167 |

**(Dr. Vinod Bakshi)**
**Sports Coordinator**
**CLUJ**

# CLUSTER UNIVERSITY OF JAMMU

"Established By Govt. of Jammu & Kashmir"

## MINOR ASSESSMENT AWARD ROLL SHEET

COURSE : 1HSCDE0502 - CHILD RIGHTS AND GENDER JUSTICE

SUBJECT : HOME SCIENCE (BSC)

Semester 5th (CBCS) Examination Batch 2017

Govt. College for Women Gandhi Nagar

| S.No. | Shortage Status | Program | University Roll No. / Reg. No | Student's Name | Father's Name | Marks (20) | In Words | Status |
|---|---|---|---|---|---|---|---|---|
| 1 | No | B.SC. HOME SCIENCE | 17020050003 | DIKSHA TALGOTRA | SURINDER TALGOTRA | 13 | Thirteen Only | LOCKED |
| 2 | No | B.SC. HOME SCIENCE | 17020050005 | SARPREET KOUR | HARCHARAN SINGH | 13 | Thirteen Only | LOCKED |
| 3 | No | B.SC. HOME SCIENCE | 17020050006 | NEHA BHAGAT | SOHAN LAL | 12 | Twelve Only | LOCKED |
| 4 | No | B.SC. HOME SCIENCE | 17020050009 | MONIKA KESAR | AGYA RAM | 11 | Eleven Only | LOCKED |
| 5 | No | B.SC. HOME SCIENCE | 17020050010 | GAGANPREET KOUR | LAKHVINDER SINGH | 10 | Ten Only | LOCKED |
| 6 | No | B.SC. HOME SCIENCE | 17020050011 | SAKSHI BHAGAT | RAMESH CHANDER | 11 | Eleven Only | LOCKED |
| 7 | No | B.SC. HOME SCIENCE | 17020050012 | KABITA DEVI | KRISHAN LAL CHOUDHARY | 12 | Twelve Only | LOCKED |
| 8 | No | B.SC. HOME SCIENCE | 17020050014 | SHALLU DEVI | RAM PAL | 11 | Eleven Only | LOCKED |
| 9 | No | B.SC. HOME SCIENCE | 17020050016 | SAIMA CHOUDHARY | FAROOQ AHMED | 14 | Fourteen Only | LOCKED |
| 10 | No | B.SC. HOME SCIENCE | 17020050020 | ARZOO SHARMA | JAGDISH SHARMA | 12 | Twelve Only | LOCKED |
| 11 | No | B.SC. HOME SCIENCE | 17020050021 | AVLEEN KOUR | HARMEET SINGH | 13 | Thirteen Only | LOCKED |
| 12 | No | B.SC. HOME SCIENCE | 17020050022 | SURBHI GUPTA | SURINDER KUMAR | 11 | Eleven Only | LOCKED |
| 13 | No | B.SC. HOME SCIENCE | 18020056001 | POONAM BHARTI | MOHAN LAL | 10 | Ten Only | LOCKED |
| 14 | No | B.SC. HOME SCIENCE | 18020056001 | POONAM BHARTI | MOHAN LAL | Pending | - | UnLocked |
| 15 | No | B.SC. HOME SCIENCE | 18020056002 | NISHA CHOUDHARY | BALWAN SINGH CHOUDHARY | 9 | Nine Only | LOCKED |

Signature of the Concerned Teacher's neelam

HOD's.....

**NOTE : Each page of the award roll shall bear the designation stamp and full signature of the Head of the Institution. Any alteration, correction or overwriting is not allowed**

**Signautes of the Award Verification Committee**.....

Signature of the Principal
(With Designation Stamp)

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: HUMAN DEVELOPMENT** **COURSECODE:1HSEPC0201**

**SESSION-2019-2020**

### FIELD VISIT REPORT

### Visit to Home for Aged and Infirm, Ambphalla, Jammu.

Home for Aged & Infirm Ambphalla is a well-established old age home in the Jammu region. The home has provided excellent services to poor, helpless, needy, aged and infirm members over the years. The home has two fledged multi-storied buildings and a premier centre of Jammu and Kashmir, with the capacity to accommodate about a hundred such persons needing someone to look after or take care. Home for Aged & Infirm Ambphalla provides quality and kind living for senior citizens.

The purpose of this report is to provide an overview of a visit to access the care and well being of senior citizen residing in an old age home. The Visit aimed to evaluate the quality of care provided, overall well being of the resident, and identify any area that requires improvement.

- **Physical Health-** Majority of the residents reported good overall physical health, with regular medical check-ups and medication management, being well implemented, however a significant number of residents faced mobility challenges, requiring additional support and accessibility improvements within the facility.
- **Mental Health-** The residents experienced symptoms of loneliness, depression and anxiety. There is a need to expand mental health support services and promote social engagement and address these concerns.
- **Social Interaction-** Residents expressed varying level of satisfaction with their social interaction within the senior citizen home, while some reported forming close friendship and others felt isolated and disconnected.

During the course of visit, the few areas that can be improved are expansion of mental health services to address loneliness, depression and anxiety among residents by conducting counseling sessions, support groups and volunteer programs to foster social connections.

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: PERSONAL FINANCE AND CONSUMER STUDIES**
**COURSECODE:1HSCPC0402** **SESSION-2019-2020**

### FIELD VISIT REPORT

### VISIT TO BANK TO STUDY TYPES OF SAVING & CREDITS

Students of BSc. Semester 4th Department of Home Science visited different banks as part of their practicals. During the visit, the students actively participated in various activities that allowed them to engage with the banking environment. The following activities were undertaken:

1. **Orientation:** The visit began with an orientation session where the students were briefed about the objectives and expectations of the visit. They were also provided with an overview of the banking industry and its role in the economy.
2. **Bank Tours:** The students were divided into smaller groups and assigned to different banks. They toured the premises and observed the various departments, including the customer service area, cash counters, loan sections, and investment advisory units. This allowed them to gain an understanding of the physical infrastructure and layout of a bank.
3. **Interactions with Bank Officials:** The students had the opportunity to interact with bank officials, including branch managers, customer service representatives, and financial advisors. They engaged in discussions to clarify doubts, seek guidance, and learn about the day-to-day operations of banks.
4. **Demonstrations and Presentations:** The bank officials conducted demonstrations and presentations on various financial products and services offered by their respective banks. This included explanations of savings accounts, fixed deposits, loans, credit cards, and investment options. The students were able to understand the features, benefits, and procedures associated with these financial products.

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
## DEPARTMENT OF HOME SCIENCE

**Outcomes:**

The visit to the banks provided the students with several valuable outcomes, including:

**Practical Understanding:** The students gained practical insights into the functioning of banks and their role in the financial system. They developed a better understanding of how various banking operations and services are carried out.

**Knowledge of Financial Products:** Through interactions and presentations, the students learned about a wide range of financial products and their features. They acquired knowledge about different types of accounts, loans, and investment options available in banks.

**Money Management Skills:** The visit helped students enhance their money management skills by learning about budgeting, saving, and making informed financial decisions. They gained a deeper understanding of the importance of financial planning and responsible financial behavior.

**Application of Classroom Learning:** The practical exposure gained during the visit helped students bridge the gap between theory and practice. They could relate the concepts learned in the classroom to real-world scenarios, thereby strengthening their understanding of banking and financial management.

**HOD HOME SCIENCE**

H.O.D. Deptt. Home Science
Govt. College for Women
Gandhi Nagar, Jammu.

**TEACHER CONCERN**

# DEPARTMENT OF GEOGRAPHY
# GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## TOUR REPORT 2019-20

## SURINSAR

On 25-02-2020 department of geography organized one-day subject tour for the students of 2nd and 4th semester to Surinsar. The objective of the trip was to conduct a physical survey of the area amidst the Shivalik ranges, known for its picturesque lake with rich biodiversity and as a popular picnic spot. This tour report outlines the details of our journey and the experiences we had during our visit. The tour party comprising204 students and7 staff members departed from college premises at 9.00 a.m in four comfortable buses. The journey to Surinsar took approximately one and half hours and we enjoyed scenic views of the surrounding landscapes during the drive.

We reached Surinsar around 10.30 a.m. The weather was pleasant, and we were greeted by the captivating beauty of the Shivalik ranges. We were excited to begin our survey and explore the unique features of this region. Splitting into smaller groups,students started conducting physical survey of the area. They observed the diverse flora and fauna present in the vicinity of the lake. The lake itself was a magnificent sight, reflecting the surrounding hills and creating a tranquil ambiance. Students were very keen to learn and noted down relevant information about the ecosystem, such as the types of trees, birds, aquatic life present,geological history of the lake,the surrounding hills etc. They also interacted with the local community residing near Surinsar.After taking a round of the lake,we all gathered near guest house for delicious lunch which everyone had carried from home.In the evening with a sense of fulfillment, we boarded the bus for our return journey to the college.By 5.30 p.m party reached college premises from where we all dispersed for our homes with memorable learning experience.Later on every student submitted a tour report to the concerned teacher.

H. O. D. Geography
Govt. College for Women
Gandhi Nagar Jammu

# DEPARTMENT OF GEOGRAPHY

# GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## TOUR OUTCOME

The physical survey of Surinsar and surrounding area was an unforgettable experience for all the students of geography. They got the opportunity to observe the place of study amidst the enchanting Shivalik ranges, which is renowned for its biodiverse lake and serves as a popular picnic spot. The trip allowed them to appreciate the beauty of nature, understand the significance of ecological preservation,visualize the uniqe landscape with evergreen varied natural vegetation and learned many things from the local community.Students returned with valuable insights, cherished memories, and a renewed commitment to protecting our environment.

Visiting a place in itself is a learning experience for anybody.Students of semester 2nd and 4th got an opportunity to have a person experience about the place of geographical significance and natural beauty too.It also enhanced their self confidence and self learning.It enhanced their knowledge and also developed self confidence in them.While working together in groups ,students came to know each other and developed cooperative spirit.Afterwards, each student prepared a report of the physical survey of Surinsar.

HOD
GEOGRAPHY

H. O. D. Geography
Govt. College for Women
Gandhi Nagar Jammu

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# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

## 2019-2020

| Slno | Name of Camp & Place | Dates | Vacancies/ No. of students | Level |
|---|---|---|---|---|
| 1. | ATC Nagrota | 06-15June 2019 | 18 | State |
| 2. | Pre SNIC Leh | 17-26 June 2019 | 01 | State |
| 3. | SNIC Leh | 27June -08 July 2019 | 01 | State |
| 4. | BLC Nagrota | 09 -18 July 2019 | 05 | State |
| 5. | EBSB, Chattisgarh | 03-12 Sept. 2019 | 01 | National |
| 6. | ALC Malout | 07-18 Sept. 2019 | 02 | National |
| 7. | PRE NSC Phase I Nagrota / Mansar | 07-16th sept 2019 | 07 | State |
| 8. | AINSC Karwar | 01-12 Oct 2019 | 02 | National |
| 9. | Sailing Expedition Bilaspur | 06-16 Oct 2019 | 09 | National |
| 10. | ParaSailing Chilka | 02-09 Nov. 2019 | 01 | National |
| 11. | Trekking Ajmer | 05-12 Nov. 2019 | 04 | National |
| 12. | Indian Naval Warship Training Goa | 02-09 Dec, 2019 | 01 | National |
| 13. | CATC Nagrota | 20-29 Feb 2020 | 10 | State |

Tele: 0194-2311613
e-mail Id: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House,Gogji Bagh
Srinagar-190008

No: 002/Trg/ATC/NCC/ 02 May 2019

The Principal

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**ALLOTMENT OF VACANCIES : ANNUAL TRAINING CAMP (ATC (N)-S1)**
**06 JUN TO 15 JUN 2019**

1 An Annual Training Camp (ATC N S1) is being conducted at NCC Camping Ground, Nagrota from 06 Jun to 15 Jun 2019. The under mentioned vacancies of Cadets are allotted to your institution for participation in the said camp:-

| Ser | Institution | Eligible Cadets | Vacancies Allotted ANOs | Vacancies Allotted Cadets | Rmks |
|---|---|---|---|---|---|
| SENIOR DIVISION | | | | | |
| (a) | ISLAMIA COLLEGE SGR | 40 | - | 14 | |
| (b) | AMAR SINGH COLLEGE SGR | 31 | - | 10 | |
| (c) | S P COLLEGE SGR | 20 | 01 | 10 | |
| (d) | MAM COLLEGE JAMMU | 42 | - | 20 | |
| (e) | SPMR COLLEGE JAMMU | 41 | 01 | 20 | |
| (f) | GCW GANDHI NAGAR JAMMU | 40 | - | 20 | |
| (g) | GOVT DEGREE COLLEGE KATHUA | 36 | - | 20 | |
| (h) | GOVT DEGREE COLLEGE SAMBA | 38 | 01 | 20 | |
| (i) | GOVT DEGREE COLLEGE DODA | 41 | - | 15 | |
| | TOTAL | 332 | 03 | 149 | |
| JUNIOR DIVISION | | | | | |
| (a) | TYNDALE BISCOE SCHOOL SGR | 14 | - | 05 | |
| (b) | ST. JOSEPH'S SCHOOL BARAMULLA | 08 | - | 04 | |
| (c) | J&K SAINIK SCHOOL MANASBAL | 22 | - | 10 | |
| (d) | GOVT. HR SEC SCHOOL WAGER BUDGAM | 32 | 01 | 10 | |
| (e) | GOVT. HR SEC SCHOOL AJAS BANDIPORA | 40 | - | 10 | |
| (f) | AGPS PAHALGAM | 19 | - | 10 | |
| (g) | MODEL ACADEMY JAMMU | 51 | - | 22 | |
| (h) | GOVT. HR SEC SCHOOL SMAILPUR | 50 | - | 22 | |
| (i) | GOVT. BOYS HIGH SCHOOL JAMMU CANTT. | 17 | - | 10 | |
| (j) | GOVT. HIGH SCHOOL SARNA SAMBA JMU | 23 | - | 10 | |
| (k) | GOVT. HR SEC SCHOOL SARUINSAR JMU | 23 | - | 10 | |
| (l) | BANYAN INTERNATION SCHOOL JMU | 29 | - | 15 | |
| (m) | GOVT. HR SEC SCHOOL BHOUR CAMP JMU | 29 | - | 15 | |
| (n) | MHAC SCHOOL NAGBANI JAMMU | 26 | 01 | 15 | |
| (o) | GOVT. HR SEC SCHOOL SARWAL JMU | 30 | - | 10 | |
| (p) | GOVT HR SEC SCHOOL MUTHI JMU | 29 | - | 13 | |
| (q) | GOVT. HR SEC SCHOOL MANSAR | 25 | - | 10 | |
| (r) | JODAMAL PUBLIC SCHOOL JAMMU | 57 | 01 | 20 | |
| (s) | J&K SAINIK SCHOOL NAGROTA JMU | 24 | - | 15 | |
| (t) | GHS BADYAL, QUAZIAN, R S PURA, JMU | 28 | - | 15 | |
| | TOTAL | 576 | 03 | 251 | |
| | GRAND TOTAL | 908 | 06 | 400 | |

(918)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Sonali | JK18SWN270064 |
| 2 | Vishali, | JK16SW270029 |
| 3 | Diksha | .JK17SW270045 |
| 4 | Zahida | JK17SW270034 |
| 5 | Megha | JK18SWN270072 |
| 6 | Renuka | JK18SWN270070 |
| 7 | Ritika, | JK18SWN270060 |
| 8 | Shivani | JK17SW270035 |
| 9 | Kajal | JK17SW270042 |
| 10 | Shivani | JK17SW270038 |
| 11 | Manvi | JK17SW270049 |
| 12 | Sharmila | JK17SW270043 |
| 13 | Rajni | JK17SW270050 |
| 14 | Ishima, | JK18SWN270055 |
| 15 | Angmo | JK17SW270036 |
| 16 | Ruchy, | JK18SWN270068 |
| 17 | Bhawna, | JK18SWN270063 |
| 18 | Aarti | JK18SWN270087 |

Sltt Neelima G
ANO
GCW Gandhi Nagar
Jammu

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# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Regimental no. | Name | Year in ncc |
|---|---|---|---|
| 1 | .JK17SW270045 | Diksha | 3rd year |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(221)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 2.7.2019**

This is to inform that our college has received 5 vacancies for Basic Leadership Camp( BLC) , Nagrota with effect from 9th to 18th July 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 5th July 2019. The selction of final 5 cadets will be based on physical fitness and regularity of atendance.

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

SLT NEELIMA
ANO

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Year in Ncc |
|---|---|---|---|
| 1 | Neha | JK17SWN270052 | 3rd |
| 2 | Ishima | JK18SWN270055 | 3rd |
| 3 | Simran | JK18SWN270062 | 3rd |
| 4 | Meena | JK18SWN270058 | 3rd |
| 5 | Sonali | JK18SWN270064 | 3rd |

Slt. Nazlima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 27.08.2019**

This is to inform that Shivani Basu Regt. No. JK17SW270035 of 1 Jk Naval Unit Ncc has been selected for the Ek Bharta Shresht Bharat (EBSB), camp at Chattisgarh with effect from 3rd to 12th september 2019 .You are required to get the form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

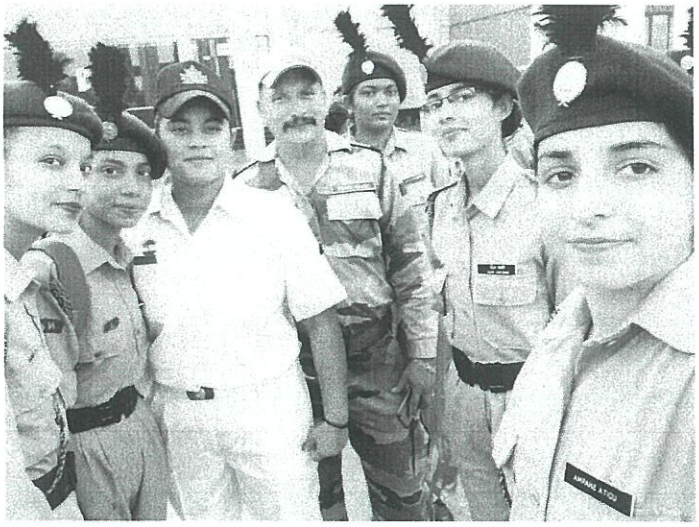
## 1JK Naval Unit NCC, Srinagar

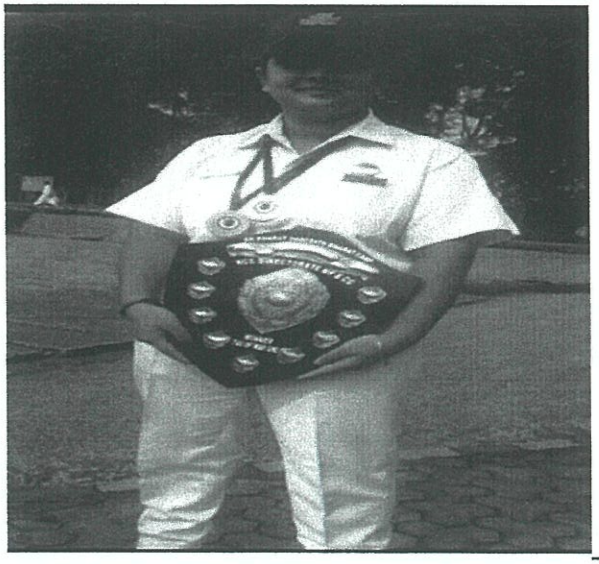
## CAMP DETAILS

**Camp:EBSB**

**Place: Chattisgarh, MP**

**Date: 3-12 September 2019**





**Cadet Shivani Basu got Gold in tug of war**

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 2.09.2019**

This is to inform that our college has received 03 vacancies for Advanced Leadership camp, (ALC) Malout with effect from 7-18 September 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 4th September 2019. The selction of final 03 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

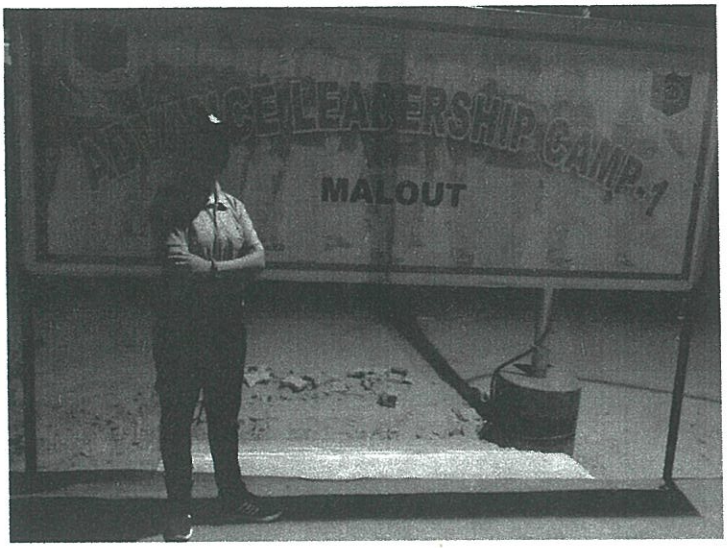
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:Advanced Leadership Camp**

**Place: Malout**

**Date: 7-18th September 2019**



# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Neha sharma, | JK17SWN270052 | Gold- Quiz Neha Sharma |
| 2 | Simranjeet Kaur | JK18SWN270062 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

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# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 2.9.2019**

This is to inform that our college has received 07 vacancies for PRE NSC Phase I camp at Mansar with effect from 07-16th september 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 4th September 2019. The selection of final 07 cadets will be based on physical fitness and regularity of atendance.

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

Slt. NEELIMA
ANO

(230)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Diksha | JK17SW270045 |
| 2 | Zaheeda | JK17SW270034 |
| 3 | PunchokAngmo | JK17SW270036 |
| 4 | Maanvi | JK17SW270049 |
| 5 | Aarti Bhagat | JK18SWN270087 |
| 6 | Sonali | JK18SWN270064 |
| 7 | Bhawna | JK18SWN270063 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(231)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : PRE NSC Phase I**

**Place: Mansar**

**Date: 7-16th september 2019**



**Boat Pulling Practice at Mansar**

232

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 26.09.2019**

This is to inform that 2 cadets from our college cadet Diksha and Zaheeda have been selected for the prestigious All India Nau Sainik Camp (AINSC), Karwar with effect from 1-12th October 2019.The selected cadets are required to get their form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:AINSC Camp**

**Place: KARWAR, KARNATAKA**

**Date: 1-12 October 2019**

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Diksha | JK17SW270045 | 1st in service subject |
| 2 | Zaheeda | JK17SW270034 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

234

100

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 27.9.2019**

This is to inform that our college has received 09 vacancies for Sailing Expedition Camp at Bilaspur with effect from 6th – 16th October 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 30th September 2019. The selction of final 09 cadets will be based on physical fitness and regularity of atendance.

Slt. Neelima ANO
GCW Gandhi Nagar
Jammu

SLT NEELIMA
ANO

(235)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

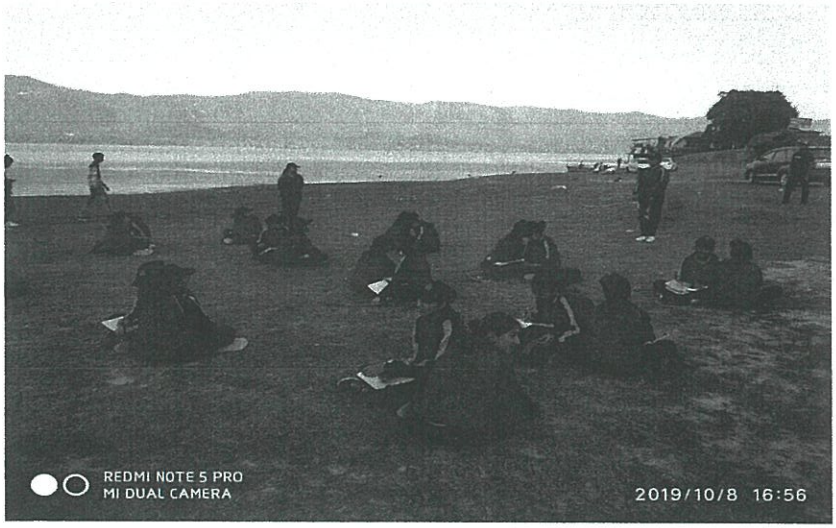
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp:Sailing Expedition Camp**

**Place: BILASPUR, HIMACHAL PRADESH**

**Date: 6th 16th October 2019**








(236)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Manvi | JK17SW270049 |
| 2 | Shivani, | JK17SW270035 |
| 3 | Shivani Devi | JK17SW270038 |
| 4 | Rajni Sharma | JK17SW270050 |
| 5 | Sonali | JK18SWN270064 |
| 6 | Bhawna | JK18SWN270063 |
| 7 | Simranjeet | JK18SWN270062 |
| 8 | Renuka | JK18SWN270070 |
| 9 | ,Ruchy | JK18SWN270068 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

237

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 31.10.2019**

This is to inform that Maanvi Regt. No. JK17SW270049 of 1 Jk Naval Unit Ncc has been selected for the Para Sailing Camp , Chilka with effect from 2nd – 9th November 2019 .You are required to get the form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
ANO

Slt Neelima G
ANO
GCW Gandhi Nagar
Jammu

(238)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Year in Ncc |
|---|---|---|---|
| 1 | Maanvi | JK17SW270049 | 2nd Year |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(239)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

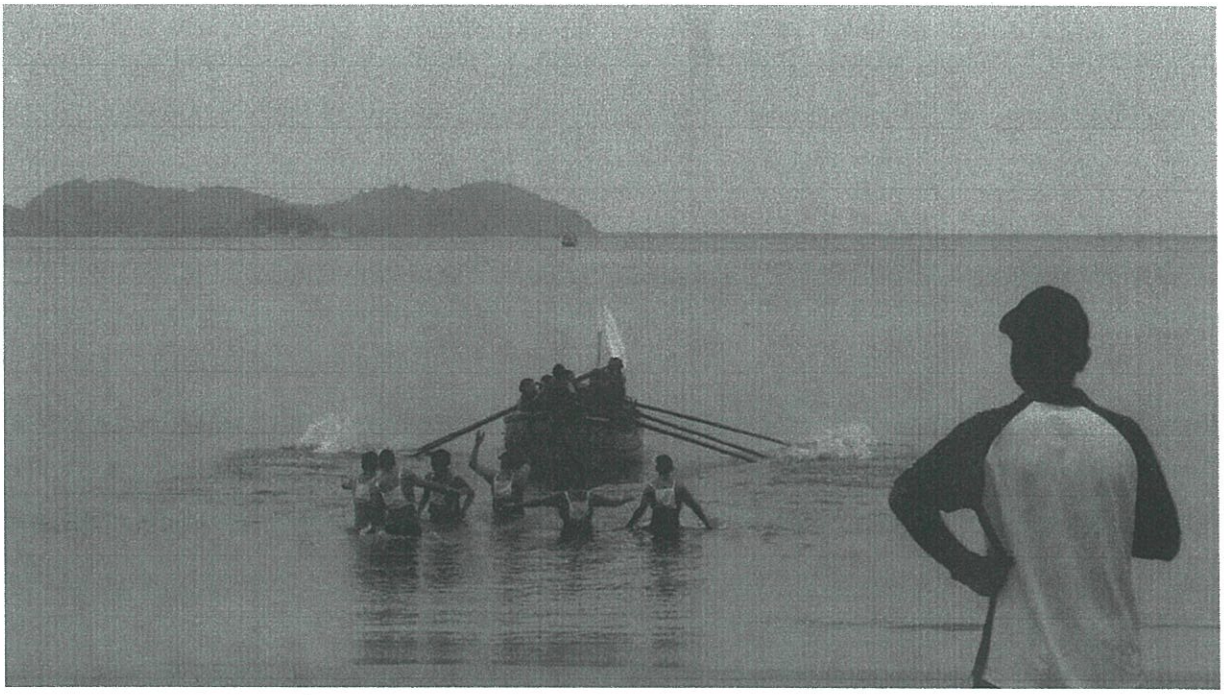
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: Para Sailing Camp**

**Place: Chilka, Odisha**

**Date: 2-19th November 2019**



(247)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 25.10.2019**

This is to inform that our college has received 04 vacancies for Trekking Camp at Ajmer with effect from 5 to 12 November 2019 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 29th Octoberr 2019.. The selction of final 04 cadets will be based on physical fitness and regularity of atendance.

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

SLT NEELIMA

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: Trekking Camp**

**Place: Ajmer**

**Date: 5 November -12 November 2019**

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Shivani Devi, | JK17SW270038 |
| 2 | Kajal, | JK17SW270042 |
| 3 | Vaishali Dutta, | JK18SWN270071 |
| 4 | Alisha | JK18SWN270061 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

(242)

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 28.11.2019**

This is to inform that cadet Maanvi Regt. No. JK17SW270049 of 1 Jk Naval Unit Ncc has been selected for the Indian Naval Warship Training at GOA with effect from 2nd – 9th December 2019 .You are required to get the form filled duly signed by ANO and Principal of the college and be ready for attending the National camp.

SLT.NEELIMA
SI ANO

Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Year in Ncc |
|---|---|---|---|
| 1 | Maanvi | JK17SW270049 | 3rd Year |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Rajani Malhotra | JK18SWN270069 |
| 2 | Bhawana | JK18SWN270063 |
| 3 | Simranjeet | JK18SWN270062 |
| 4 | Pinkey Pal | JK18SWN270089 |
| 5 | Ruchy Choudhary | JK18SWN270068 |
| 6 | Janvi Shrama | JK18SWN270076 |
| 7 | Ritika, | JK18SWN270060 |
| 8 | Janvi Jamwal | JK18SWN270075 |
| 9 | Sakshi, | JK18SWN270085 |
| 10 | Shreya | JK18SWN270088 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

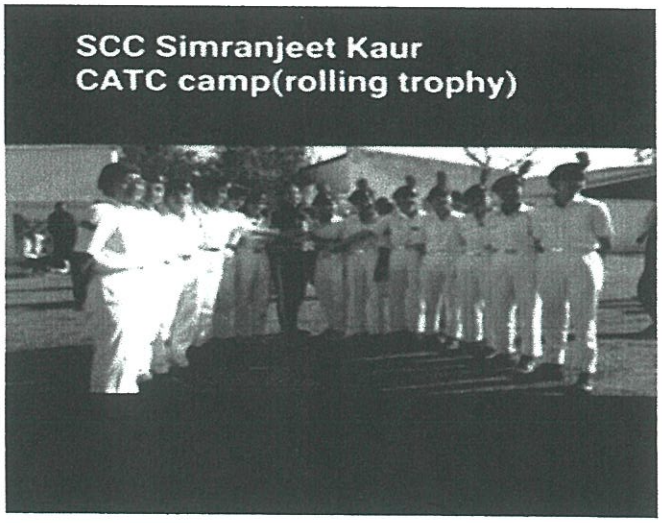
## CAMP DETAILS

**Camp: CATC CAMP**

**Place: Nagrota , Jammu**

**Date: 20-29 February 2020**





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# 1 J&K GIRLS BN

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR

## NCC CAMPS RECORD

## 2019 - 2020

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**Government College for Women Gandhi Nagar,Jammu**
**1J&k Girls Bn Ncc, Srinagar**

**report of camp conducted in session 2019-2020**

| sno | Name of camp | no of vacancies | Date of camp |
|---|---|---|---|
| 1 | Shooting camp Nagrota | 20 | 10 June -18 June 2019 |
| 2 | Pre SNIC Leh | 3 | 11 June - 27 June 2019 |
| 3 | SNIC Leh | 9 | 16 June - 8 June 2019 |
| 4 | BLC Nagrota | 15 | 9 July -18 July 2019 |
| 5 | ATC Satwari | 10 | 16 July - 30 July 2019 |
| 6 | Shooting camp Ropar | 1 | 20 July - 1 Aug 2019 |
| 7 | Shooting camp Asanso | 1 | 14 Aug - 24 Aug 2019 |
| 8 | TSC phase 1 | 16 | 17Aug -27 Aug 2019 |
| 9 | TSC phase 2 | 7 | 28 Aug - 6 Sep 2019 |
| 10 | TSC phase 3 | 5 | 7 Sep -15 Sep 2019 |
| 11 | TSC Delhi | 07 | 15 Sep - 26 Sep 2019 |
| 12 | EBSB Raigarh | 2 | 5 Sep - 17 Sep 2019 |
| 13 | ALC Malout | 3 | 10 Sep- 18 Sep 2019 |
| 14 | OTA Chennai | 1 | 13 Sep - 21 Sep 2019 |
| 15 | EBSB Nagrota | 20 | 11 Oct -22 Oct 2019 |
| 16 | EBSB kakinada | 3 | 12 Oct- 23 Oct 2019 |
| 17 | EBSB Nagrota | 20 | 30 Oct - 10 Nov 2019 |
| 18 | Ajmer trekking camp | 8 | 5 Nov - 12 Nov 2019 |
| 19 | RDC phase 1 | 12 | 21 Nov -30 Nov 2019 |
| 20 | RDC phase 2 | 30 | 1 Dec -10 Dec 2019 |
| 21 | RDC phase 3 | 30 | 11 Dec -20 Dec 2019 |
| 22 | RDC phase 4 | 20 | 21 Dec - 30 Dec 2019 |

ANO
1J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

ANO : Lt. Dr. Revika Arora

250

Tele: 01942311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No. 0039/G/NCC/NICs/623

28 May 2019

The Principal / Headmaster

G.C.W. Gandhinagar
Jammu

**ALLOTMENT OF VACANCIES FOR PRE-SNIC**
**W.E.F. 17 JUN TO 26 JUN 2019**

1. Following vacancies are hereby allotted to the institutions as per Appx 'A' attached to this letter please.

2. Institutions are requested to forward nominal roll of suitable 2nd / 3rd year NCC cdts detailed for the Pre-SNIC by 01 Jun 2019 positively. Camp documents of the cadets must reach this office by 03 Jun 2019. Each institution must ear-mark 100% reserve to ensure complete utilization of allotted vacancies.

3. Induction of cadets for Pre SNIC to Leh will commence on 14 Jun 2019 from Negrota Camping Ground and on 15 Jun 2019 from Srinagar. Cadets will report at Camping Ground Negrota on 13 Jun 2019 @ 1300hr and at NCC House Gogji Bagh, Srinagar by 1300hr on 14 Jun 2019.

4. Forwarded for info and necessary action please.

(A K Sharma)
Col
Commanding Officer

Encls: - (Appx 'A')

Nominal for Pre SNIC LSH W.e.f 17 June to 27 June 2019
GCW Gandhi Nagar

| SNO | Regno | Rank | Name | Parantage |
|---|---|---|---|---|
| 2. | JKSW/17/180241 | Cadet | Akanksha Sharesht | Purshotam Sharesht |
| 2. | JKSW/17/180222 | Cadet | Priya Bali | Jai Karan Bali |
| 3. | JKSW/17/1802 | Cadet | Banalkanna | Sudesh Kumar |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal Sig

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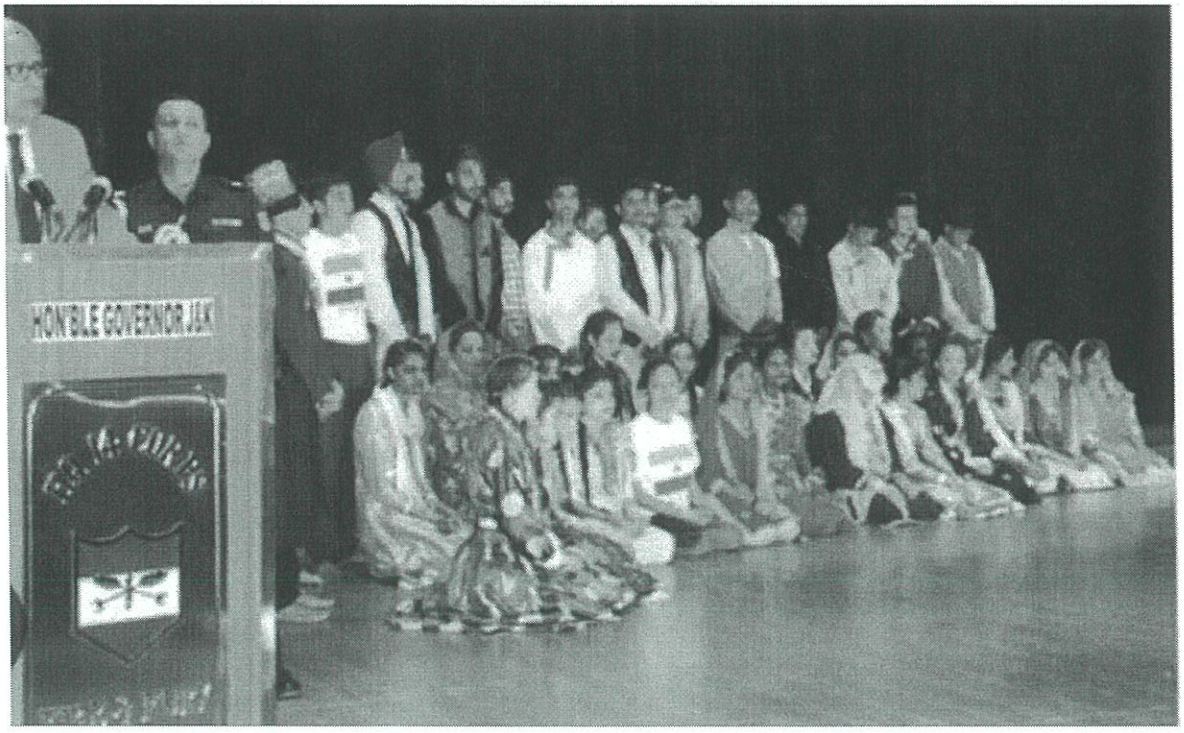
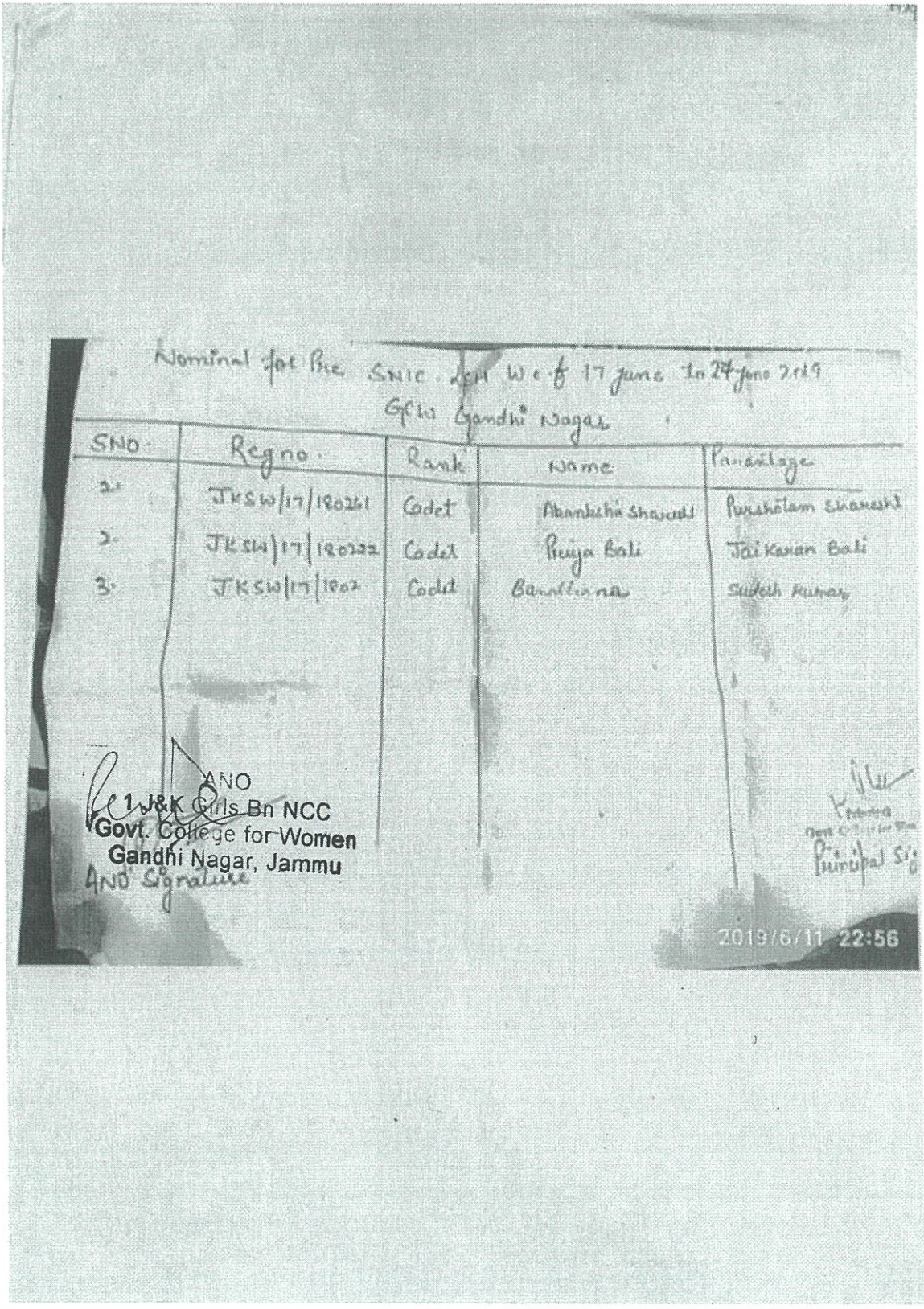
# Pre SNIC LEH

Conducted : 11 June – 27 June 2019

No. of Cadets :03



255



Nominal for Pre SNIC LSH W.e.f 17 June to 27 June 2019
GCW Gandhi Nagar

| SNO. | Regno. | Rank | Name | Parantage |
|---|---|---|---|---|
| 1. | JKSW/17/180241 | Cadet | Akanksha Sharesh | Purshotam Sharesh |
| 2. | JKSW/17/180222 | Cadet | Priya Bali | Jai Karan Bali |
| 3. | JKSW/17/1802 | Cadet | Banalkana | Sudesh Kumar |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

ANO Signature

Principal Sig

2019/6/11 22:56

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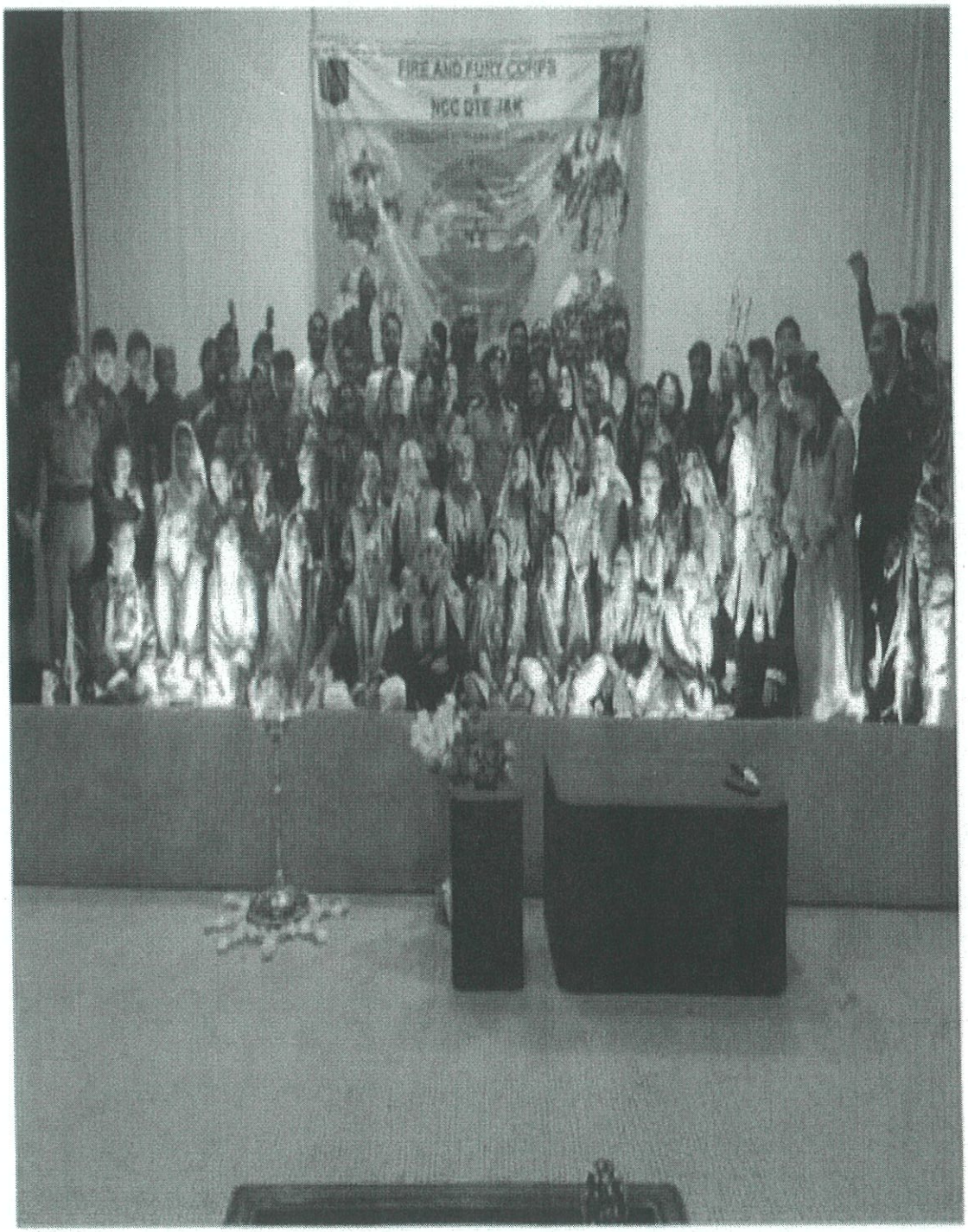
SNIC LEH :

17 June – 27 June 2019

No. of Cadets – 03

257

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Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

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# BLC NAGROTA

# JULY 2019

259

Tele: 01942311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No. 007/G/NCC/Shooting/ 650

07 Jun 2019

The Principal

GCW Gandhinagar
Jammu-180004

GCW Udhampur
Jammu-182101

**ALLOTMENT OF VACANCIES FOR BLC/PRE-ZONAL SHOOTING CAMP**

1. Following vacancies are hereby allotted to your Institutions for BLC/Pre-Zonal Shooting Camp scheduled to be conducted at NCC Camping Ground Nagrota, Jammu w.e.f. **09 Jul** to **18 Jul 2019**. -

(a) GCW Gandhinagar, Jammu — 15 SW - Reserve -15 SW

(b) GCW Udhampur, Jammu — 10 SW - Reserve -10 SW

2. Above Institutions are requested to forward nominal roll of suitable 2nd / 3rd year NCC cdts detailed for the Shooting Camp by **30 Jun 2019** positively. Camp documents of the cadets must reach this office by **25 Jun 2019**. Each institution must ear-mark 100% reserve to ensure complete utilization of allotted vacancies.

3. Forwarded for info and necessary action please.

(A K Sharma)
Col
CO

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1 J&K Girls Bn NCC Srinagar

# GCW GANDHI NAGAR, JAMMU

NOMINAL ROLL (For BLC Nagrota - 18 July to 28 July 2019)

| S.No | NAME | REGIMENTAL NO. |
|---|---|---|
| 1 | Avni Dutta | JK&L19SWA180351 |
| 2 | Vishakha Pandita | JK&L19SWA180352 |
| 3 | Tina | JK&L19SWA180373 |
| 4 | Deepti Sharma | JK&L19SWA180370 |
| 5 | Sheetal Kumari | JK&L19SWA180350 |
| 6 | Anjali Devi | JK&L19SWA180380 |
| 7 | Taanya Rana | JK&L19SWA180376 |
| 8 | Priya Charak | JK&L19SWA180383 |
| 9 | Kajal Thakur | JK&L19SWA180378 |
| 10 | Yamini | JK&L19SWA180366 |
| 11 | Vishali | JK&L19SWA180371 |
| 12 | Vishali Sharma | JK&L19SWA180382 |
| 13 | Sonia Devi | JK&L19SWA187019 |
| 14 | Janvi Sharma | JK&L19SWA187020 |
| 15 | Aradhna | JK&L19SWA187007 |

Reserve Cadets

| S.No | NAME | REGIMENTAL NO. |
|---|---|---|
| 1 | Anju Rani | JK&L19SWA187023 |
| 2 | Palvi Sharma | JK&L19SWA187006 |
| 3 | Ashima Sharma | JK&L19SWA187012 |

NCC 93310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

| S.No | NAME | REGIMENTAL No. |
|---|---|---|
| 4 | Shipali saxena | JK4LI9SWA187024 |
| 5 | Sonali choudhary | JK4LI9SWA187008 |
| 6 | Nyauchen Wangmo | JK4LI9SWA187011 |
| 7 | Muskkan Bhagat | JK4LI9SWA187014 |
| 8 | Stalni choudhary | JK4LI9SWA187016 |
| 9 | Gurpreet Kour | JK4LI9SWA187025 |
| 10 | Neelu choudhary | JK4LI9SWA187004 |
| 11 | Neha kumari | JK4LI9SWA187021 |
| 12 | Surbhi Sangra | JK4LI9SWA180395 |
| 13 | Ruchika sharma | JK4LI9SWA180400 |
| 14 | Shriya sharma | JK4LI9SWA180393 |
| 15 | Simranjeet Kour | JK4LI9SWA180391 |

ANO
1 J&K Girls Bn NCC Women
Govt. College for Women
Gandhi Nagar Jammu

Principale signature

262

# BLC NAGROTA: 09 July – 18 July 2019

# No. of Cadets – 15




NCC/05310028
Lt. Dr. Ruvika Arora
Associate NCC Officer
GWW, Gandhi Nagar
J&K Girls Bn Srinagar

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# ATC

# SATWARI

July 2019

(264)

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 0024/G/NCC/AA/

09 Jul 2019

2 J&K Girls Bn NCC
20 CC Gandhi Nagar
Jammu-180004

**FWD OF NOMINAL ROLL FOR ARMY ATTACHMENT CAMP-2019-20**

1. Ref NCC Gp HQ, Jammu letter No. 027/G/NCC/11 dated 24 May 2019.

2. Nominal roll of 01x ANO & 10 SW cadets of this Bn who are detailed for Army Attachment Training Camp-2019-20 with Western Comd w.e.f. **16 Jul** to **30 Jul 2019** is fwd herewith for your information and necessary action please.

3. Forwarded for your information and necessary action please.

(A K Sharma)
Col
CO

Copy to: -

NCC Group Headquarters
82 A/D Gandhi Nagar
Jammu-180004

NCC Group Headquarters
Gogji Bagh
Srinagar-190008

- For info alongwith a copy of Nominal Roll.

1J&K Girls Bn NCC Srinagar

# GCW GANDHINAGAR , JAMMU

## NOMINAL ROLL (for ATC Satwari wef 16 July to 30 July 2019)

| S.No | NAME | REGIMENTAL NO |
|---|---|---|
| 01 | Asiya Parveen | JKSWIT180249 |
| 02 | Rimjhim Upadhyay | JKSWI7180 254 |
| 03 | Rashmeet Kaur | JKSWI7180 260 |
| 04 | Jyoti Choudhary | JKSWI7180 257 |
| 05 | Anubuti Singh | JKSWI7180 264 |
| 06 | Purnima | JKSWI7180 233 |
| 07 | Disha Raina | JKSWI7180 251 |
| 08 | Rajni Sadhi | JK18SWA180 263 |
| 09 | Shallu Devi | JK18SWA180211 |
| 10 | Priya Bharti | JK18SWA180 207 |

ANO
1 J&K Girls Bn NCC
Signature

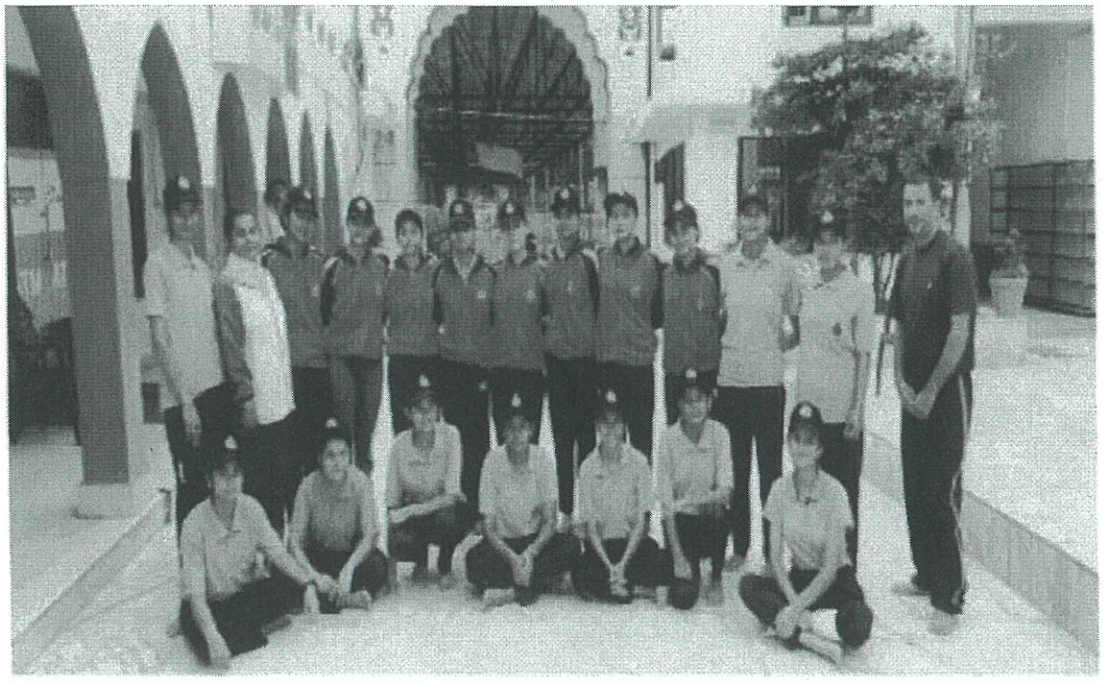
Govt. College for Women
Gandhi Nagar, Jammu

Principal Signature

(268)

# ATC SATWARI:16 JULY – 30 JULY

# No. Of Cadets:10



Lt. Dr. Pankaj Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

(267)

# SHOOTING CAMP ROPAR

JULY 2019

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1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 May 2019

This is here by informed you all that there is a camp going to be held at Shooting camp Ropar. The cadets interested to participate may submit their names by - 3 june 2019. The selections will be done On 3 june 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 1

From of 20 july To 1 Aug 2019

Lt. Dr. Revika Arora ANO

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K Girls Bn NCC Srinagar

GCW GANDHINAGAR, JAMMU

NOMINAL ROLL (for Shooting Camp Ropar wef 20 July to 1 Aug 2019)

| S.NO | NAME | REGIMENTAL NO |
|---|---|---|
| 01. | Anubhuti Singh | JKSW17180264 |

ANO

1 J&K Girls Bn NCC

Govt. College for Women

Gandhi Nagar, Jammu

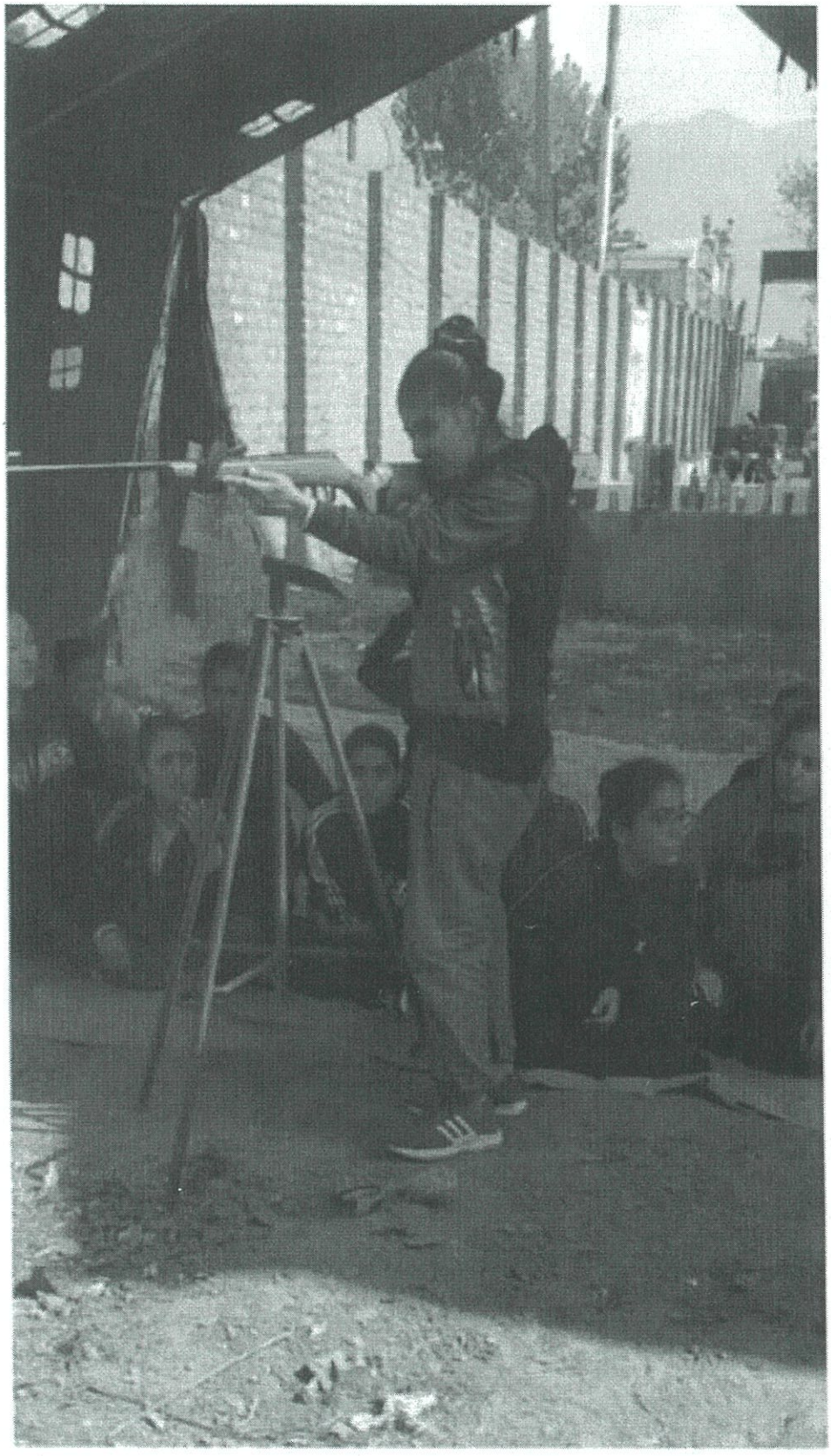
Principal Signature

270

# SHOOTING CAMP

# ROPAR: 20 JULY – 01 AUG 2019

# NO. Of Cadets – 01



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# SHOOTING CAMP ASANSOL

AUGUST 2019

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 June 2019

This is hereby informed you all that there is a camp going to be held at Shooting camp Asansol. The cadets interested to Participate may submit their names by - 3 july 2019. The selections will be done on 13 july 2019 please make sure that cadets once detailed are not changed at a later stage

Note the following

No. Of vacancies allotted - 1

From of 14 Aug To 24 Aug 2019

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

1 J&K Girls Bn NCC Srinagar

GCW GANDHINAGAR , JAMMU

NOMINAL ROLL (for Shooting Camp Asansol wef 14 Aug to 24 Aug 2019)

| S.NO | NAME | REGIMENTAL NO |
|---|---|---|
| 01 | Bandhna Bhagat | JK SW17180242 |

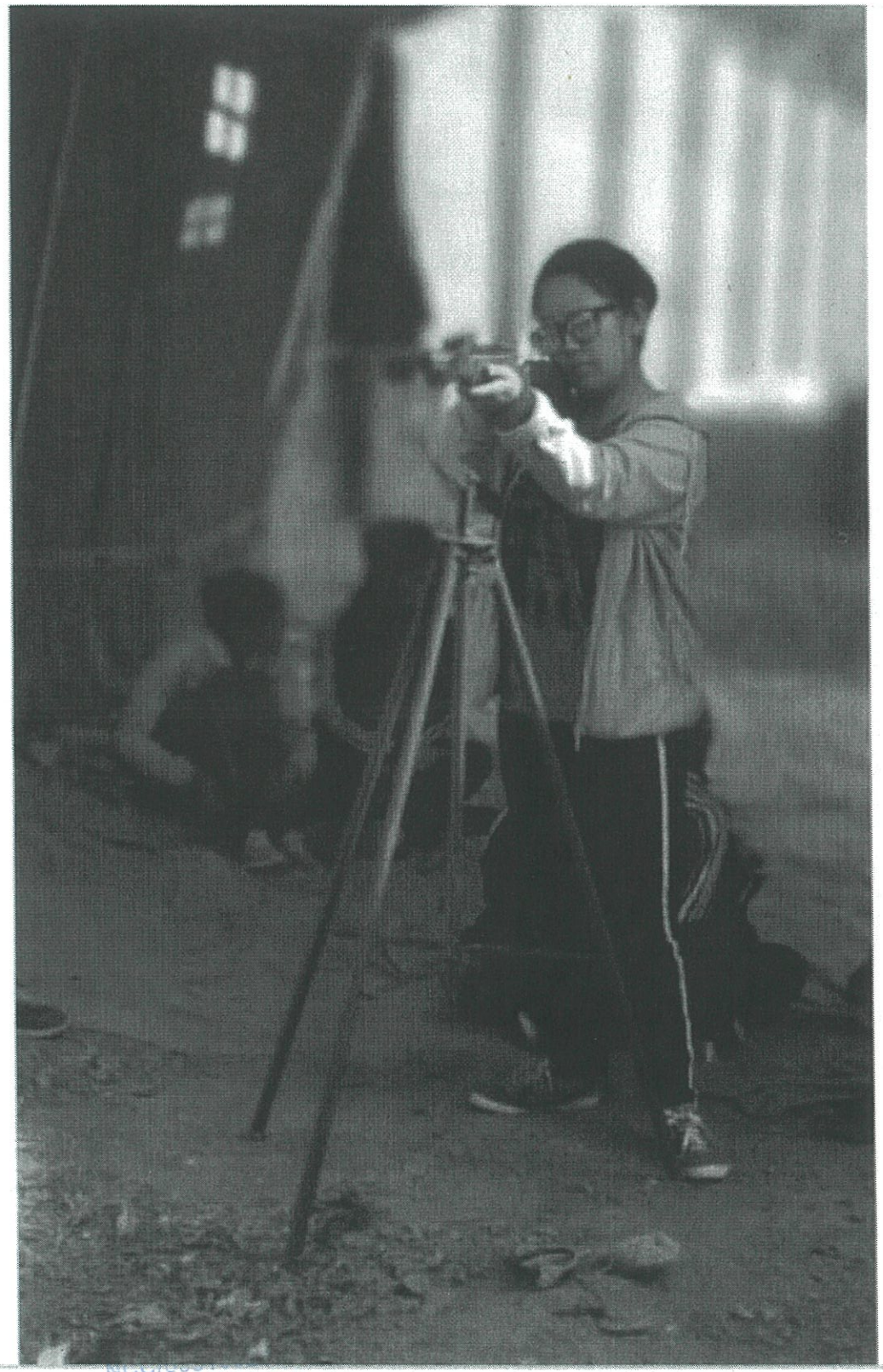
ANO Signature

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal Signature

# SHOOTING CAMP ASANSOL: 14 Aug – 24 Aug 2019

No.of Cadets – 01



Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

277

# TSC PHASE 1

AUGUST 2019

278

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 june 2019

This is here by informed you all that there is a camp going to be held at TSC PAHSE 1.The cadets interested to participate may submit their names by - 3 july 2019. The selections will be done On 13 july 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 16

From of 17 Aug - 27 Aug 2019

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

279

1 J&K Girls Bn NCC Srinagar

# GCW GANDHINAGAR, JAMMU

NOMINAL ROLL (for TSC Phase I wef 17 Aug to 27 Aug 2019)

| S.NO | NAME | REGIMENTAL NO. |
|---|---|---|
| 1 | Shameen Akhtar | JK18SWA180285 |
| 2 | Maya Devi | JK18SWA180269 |
| 3 | Anju | JK18SWA180266 |
| 4 | Anuradha | JK18SWA180313 |
| 5 | Neekita Sharma | JK18SWA180267 |
| 6 | Ekta choudhary | JK18SWA180262 |
| 7 | Prabjot kour | JK18SWA180261 |
| 8 | Rinky | JK18SWA180316 |
| 9 | Anjali Saini | JK18SWA180243 |
| 10 | Pranka Sharma | JK18SWA180252 |
| 11 | Asti Devi | JK18SWA180296 |
| 12 | Sanjana Jamwal | JK18SWA180254 |
| 13 | Priyanka Devi | JK18SWA180304 |
| 14 | Mehak Kalsotra | JK18SWA180240 |
| 15 | Anubhuti sharma | JK17SW 180264 |
| 16 | Vishali sharma | JK17SW17180275 |

ANO Signature

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal Signature

# TSC PHASE 1 : 17 Aug – 27 Aug 2019

# No. of Cadets – 16



281

# TSC PHASE 2

## AUGUST 2019

(282)

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 june 2019

This is here by informed you all that there is a camp going to be held at TSC PAHSE 2.The cadets interested to participate may submit their names by - 3 july 2019. The selections will be done On 13 july 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 07

From of 28 Aug - 06 sep 2019

Lt. Dr. Revika Arora
ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

283

NOMINAL FOR TSC Phase II w.e.f 28Aug19 - 6Sep19

| S.RNO | REGIMENTAL NO | NAME | PARENTAGE. |
|---|---|---|---|
| 1. | JKSW/17/180275 | Vishali Sharma. | Bhupinder Kumar Sharma |
| 2. | JKSW/17/180264 | Anubhuti Singh | Brij Nandan Singh Jamwal. |
| 3. | JK18SWA/180304 | Priyanka Devi | Kewal Krishan. |
| 4. | JK18SWA/180296 | Arti Devi | Tilak Raj |
| 5. | JK18SWA/180316 | Rinky | Gurdas Chand. |
| 6. | JK18SWA/180285 | Shameen Akhtar | Mohamed Ali |
| 7. | JK18SWA/180313 | Anuradha. | Gopal Krishan |

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal
Govt. College for Women
Gandhi Nagar, Jammu

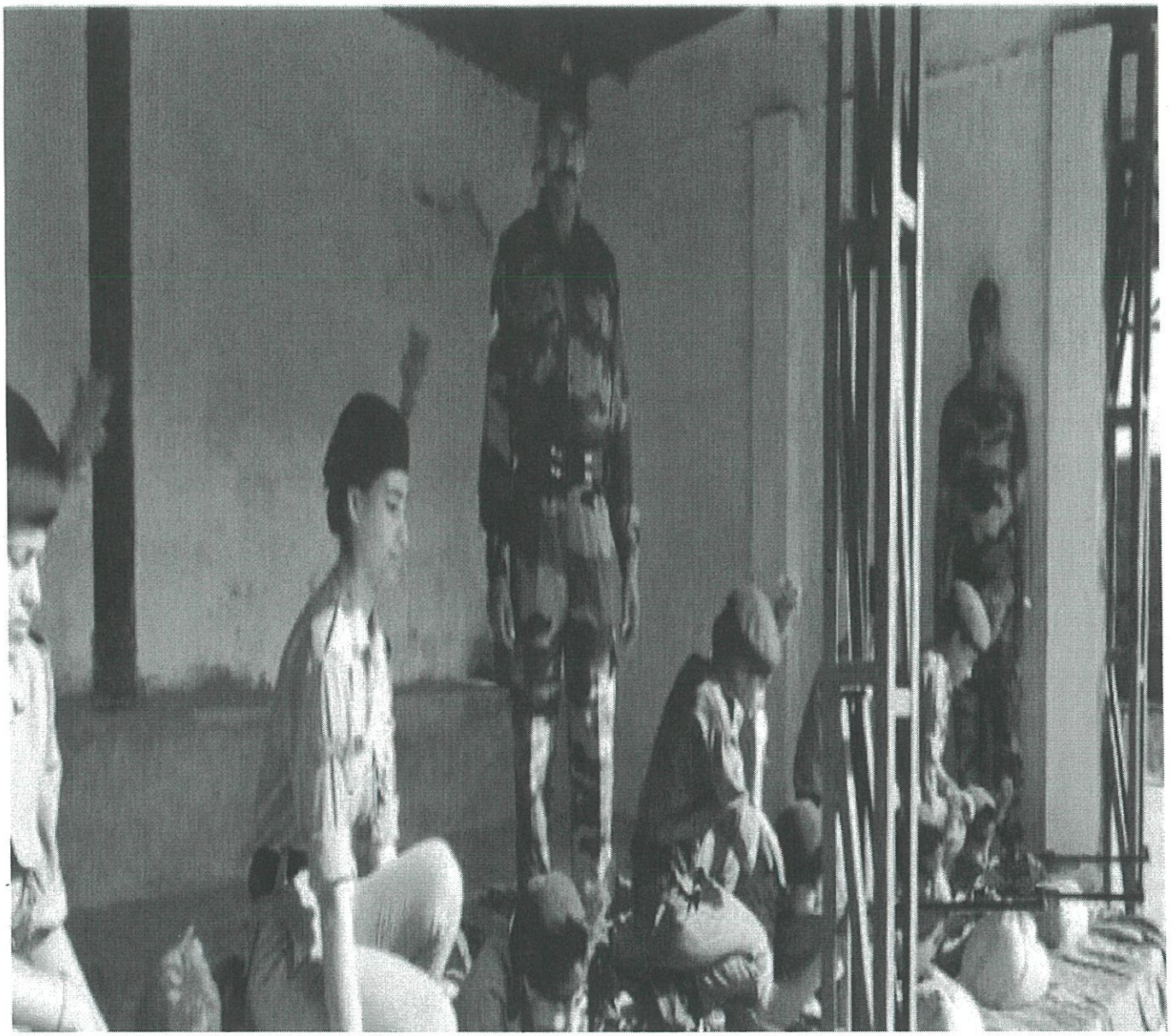
ANO

# TSC PHASE 2 :

# 28 Aug – 06 Sep 2019

# No. of Cadets – 07

285



NCC/05310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

286

# TSC PHASE 3

## SEPTEMBER 2019

287

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 July 2019

This is here by informed you all that there is a camp going to be held at TSC PAHSE 3.The cadets interested to participate may submit their names by - 3 Aug 2019. The selections will be done on 13 Aug 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 5

From of 7 Sep To 15 Sep 2019

Lt. Dr. Revika Arora

ANO

1 J&K Girls Bn NCC

Govt. College for Women

Gandhi Nagar, Jammu

# NOMINAL FOR TSC PHASE - III (07-09-2019 - 15-09-19)

| S.No. | NAME | REGIMENTAL No. | PARENTAGE |
|---|---|---|---|
| 1. | Anubhuti Singh | JKSW/17/180164 | BRIJ NANDAN SINGH |
| 2. | Vishali Sharma | JKSW/17/180275 | BHUPINDER KUMAR SHARMA |
| 3. | Sangeeta Devi | JK18SWA/180304 | KEWAL KRISHAN |
| 4. | Pinky | JK18SWA/180316 | GURDAS CHAND. |
| 5. | Anuradha | JK18SWA/180313 | Gopal Krishan. |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

ANO SIGNATURE

Principal
Govt. College for Women
Gandhi Nagar Jammu

PRINCIPAL SIGNATURE

(289)

# TSC PHASE 3 :

# 07 Sep – 15 Sep 2019

# No. Of Cadets – 05



Lt. Dr. [illegible] Arora
Associate [illegible] Officer
[illegible] Nagar
[illegible] Srinagar

# TSC DELHI

## SEPTEMBER 2019

292

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 July 2019

This is here by informed you all that there is a camp going to be held at TSC DELHI. The cadets interested to participate may submit their names by - 3 Aug 2019. The selections will be done on 13 Aug 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 7

From of 15 Sep To 26 Sep 2019

Lt. Dr. Revika Arora

ANO

1 J&K Girls Bn NCC

Govt. College for Women

Gandhi Nagar, Jammu

NOMINAL FOR TSC Phase III w.e.f (3/09/19 - 14/09/19) and TSC Delhi w.e.f 15/09/19 to 26/09/19

| S.NO | REGIMENTAL NO. | NAME | PARENTAGE |
|---|---|---|---|
| 1. | JKSW/17/180275 | Vishali Sharma | Bhupinder Sharma |
| 2. | JKSW/17/180264 | Anubhuti Singh | Brij Nandan Singh |
| 3. | JKSW/180304 | Priyanka Devi | Kewal Krishan |
| 4. | JK18SWA/180296 | Arti Devi | Tilak Raj |
| 5. | JK18SWA/180316 | Rinky | Gurdas Chand |
| 6. | JK18SWA/180285 | Shameen Akhtar | Mohamad Ali |
| 7. | JK18SWA/180313 | Anuradha | Gopal Krishan |

ANO
1 J&K Girls Bn NCC

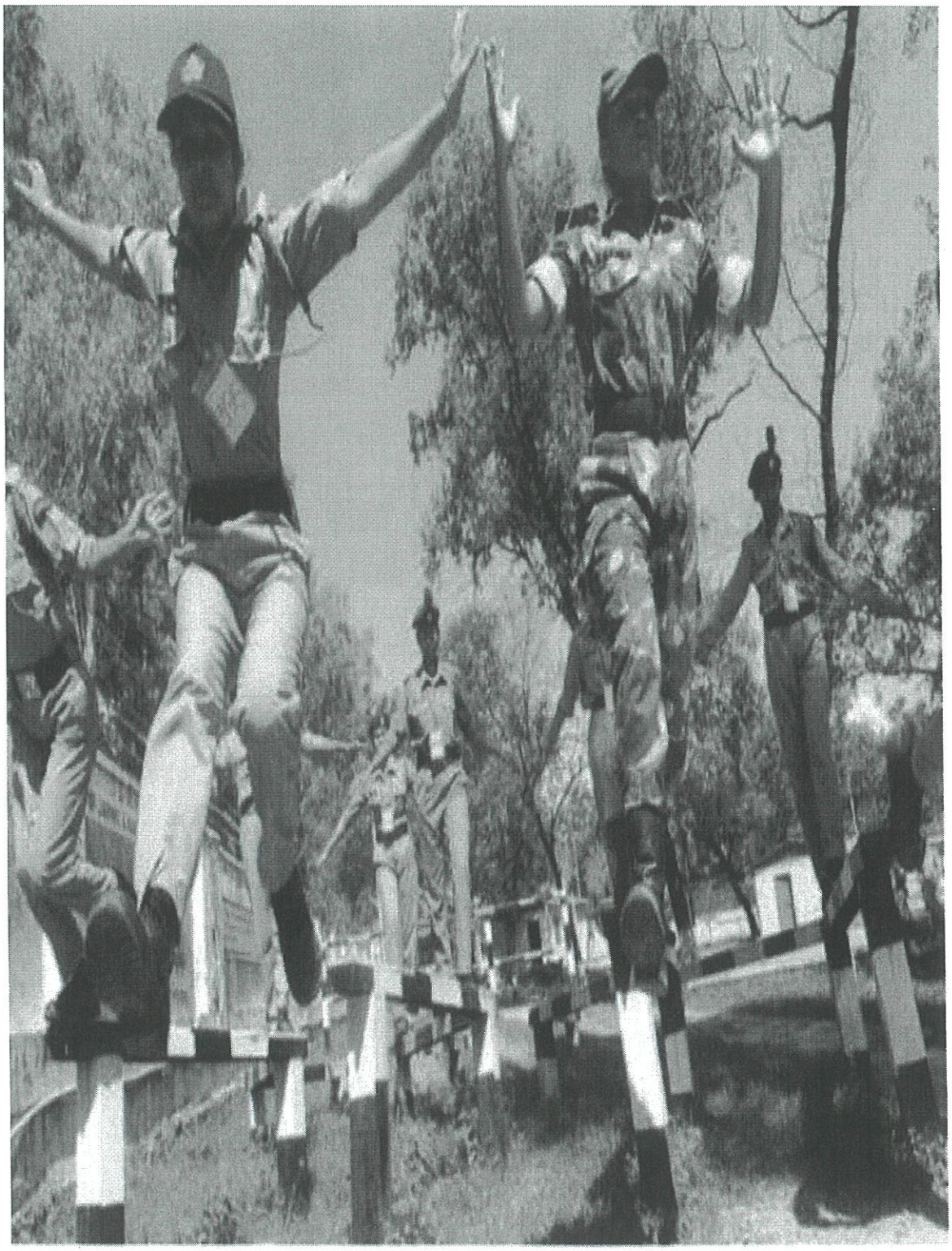
Govt. College for Women
Gandhi Nagar, Jammu

Principal
Govt. College for Women
Gandhi Nagar Jammu

# TSC PHASE DELHI :

# 15 Sep – 26 Sep 2019

# No. Of Cadets - 07



NCC No. 10023
Lt. Dr. Renika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

296

# EBSB
# RAIGARH

September 2019

(297)

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No.0041/G/NCC/EBSB/705

18 Jun 2019

Principal

GCW, Gandhinagar
Jammu 180004

**ALLOTMENT OF VACANCIES FOR EK BHARAT SHRESHTH BHARAT (EBSB) RAIGARH W.E.F. 05 SEP 2019 TO 16 SEP 2019**

1. Further to this Bn letter No. 0039/G/NCC/NICs/518 dated 01 May 2019.

2. Following instructions may please be kept in mind while dispatching the cadets to EBSB Raigarh: -

(a) Cadet should be disciplined and volunteer, who have not attended a similar camp earlier.

(b) Cadet who have already participated in National Integration Camps or Centrally organized camps will preferably not be sponsored for this camp.

(c) Cadet should be physically and mentally tough and self-reliant. They should be medically fit and free from diseases and should have been **vaccinated against TB and TT by a Govt Doctor.**

3. **Clothing / Equipments and Other Items.** As per page No 6, Para 25 (copy attached) of Adm Joining Instructions.

4. You are requested to forward documents by **10 Jul 2019** positively.

(A K Sharma)
Col
CO

Encls: - (As stated above)

NOMINAL FOR ERSB RAIGARH w.e.f 05 Sep - 2019 - 16th Sep-19

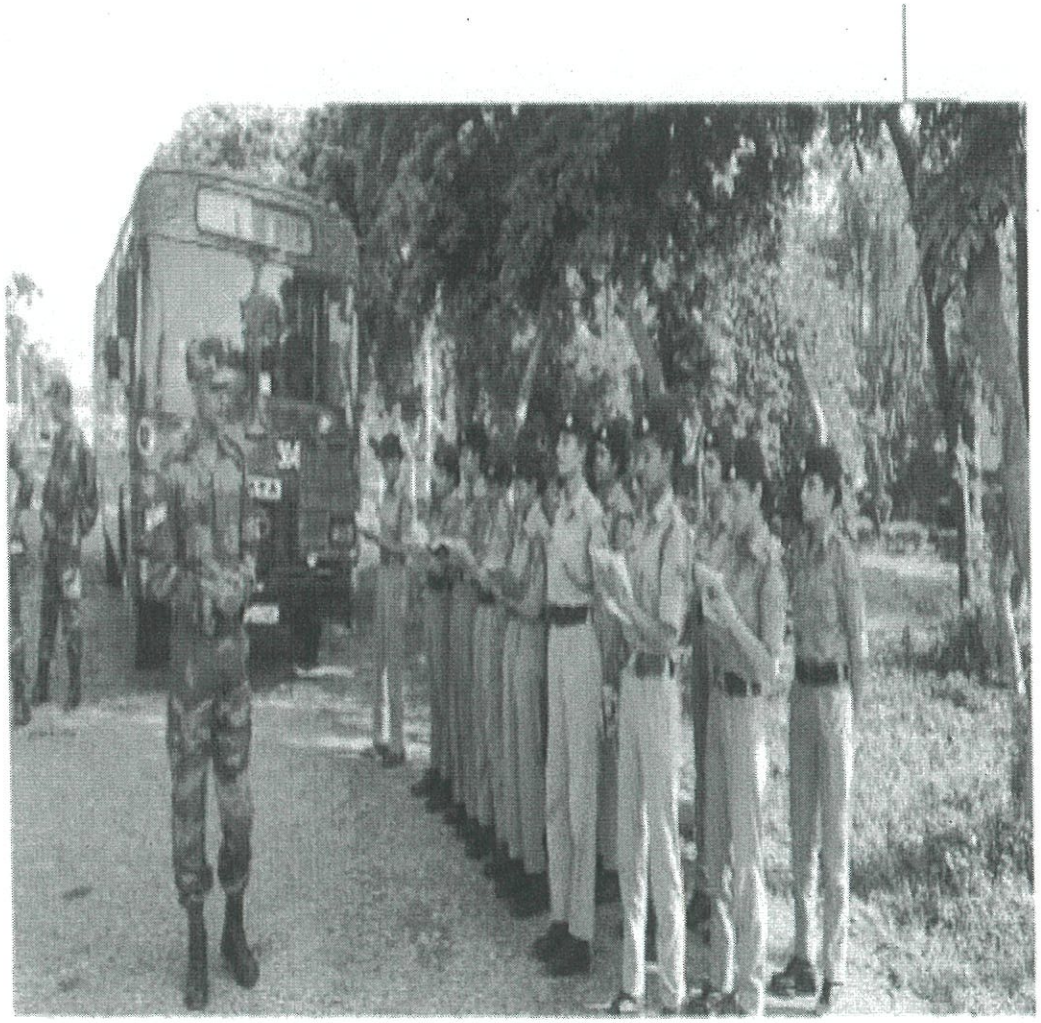
| Sno. | REGIMENTAL No. | RANK | NAME | PARENTAGE |
|---|---|---|---|---|
| 1. | JKGW/17/190241 | Cadet | Kajal Devi | Swami Raj. |
| 2. | JKSW/R/160270 | Cadet | Komal Singh Rajput | Rajdev Singh. |
| | Reserve. | | | |
| 1. | JKregion/180340 | Cadet | Pradyot Kour | Ravinder Singh. |

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal Signature

# EBSB RAIGARH -05 Sep -17 Sep 2019

# No. Of Cadets – 02



NCC [illegible]10028
[illegible]ka Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# ALC MALOUT

SEPTEMBER 2019

301

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 July 2019

This is here by informed you all that there is a camp going to be held at ALC Malout. The cadets interested to participate may submit their names by - 3 Aug 2019. The selections will be done on 13 Aug 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 3

From of 10 Sep To 18 Sep 2019

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

302

NOMINAL FOR ALC HALOUT

w.e.f (7Sep - 18 Sep-2019)

| SRNO. | REGT NO. | NAME | PARENTAGE |
|---|---|---|---|
| 1. | JKSW/17/180220 | Rabia | Manzoor Ahmed |
| 2. | JKSW/17/180262 | Mustkeen Jamwal | Afeet Singh |
| 3. | JKSW/17/180217 | Shivani bhau. | Sampuran Singh |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Principal

303

# ALC MALOUT :

# 07 Sep – 18 Sep 2019

# No. of Cadets – 03

304



NCC/05310028
Dr. Dr. [illegible]ika Arora
Associate [illegible] Officer
GGW, [illegible] Nagar
[illegible] Srinagar

# OTA
# CHENNAI

SEPTEMBER 2019

1J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 July 2019

This is here by informed you all that there is a camp going to be held at OTA CHEENAI. The cadets interested to participate may submit their names by - 3 Aug 2019. The selections will be done on 13 Aug 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 1

From of 13 Sep To 21 Sep 2019

Lt. Dr. Revika Arora
ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

NOMINAL ROLL FOR OTA Chennai

W.e.f (16 Sep to 21 Oct 2019)

| J.RNO | REG.NO. | NAME | PRESENT ADDR. |
|---|---|---|---|
| 1. | JKSW/17/180257 | Jyoti Chaudhary | Ravinder Singh |

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# OTA CHENNAI :

# 13 Sep – 21 Sep 2019

# No. of Cadets – 01



Revised

NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# EBSB
# NAGROTA

## OCTOBER 2019

1 J&K GIRLS BN NCC

GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR

NOTICE

DATED: 27 Aug 2019

This is here by informed you all that there is a camp going to be held at EBSB Nagrota. The cadets interested to participate may submit their names by - 3 Sep 2019. The selections will be done on 13 Sep 2019 please make sure that cadets once detailed are not changed at a later stage.

Note the following

No. Of vacancies allotted - 20

From of 11 Oct To 22 Oct 2019

Lt. Dr. Rekha Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

MEMORIAL ROLL FOR EBSB NAGROTA w.e.f. 11th Oct - 19th Oct 2019

| SR NO. | NAME | REGT. NO. |
|---|---|---|
| 1. | Arpinder Kaur | JK18SWA/180337 |
| 2. | Mehak Kalgotia | JK18SWA/180319 |
| 3. | Palvi Devi | JK18SWA/180311 |
| 4. | Kajal Choudhary | JK18SWA/180300 |
| 5. | Lakshi Nauria | JK18SWA/180325 |
| 6. | Anju Rani | JK18SWA/180293 |
| 7. | Simranjeet Kaur | JK18SWA/180303 |
| 8. | Tashi Yangdol | JK18SWA/180284 |
| 9. | Sonia | JK18SWA/180305 |
| 10. | Baby Kumari | JKSW/16/180256 |
| 11. | Adiya Begum | JK18SWA/180350 |
| 12. | Stanzin Khando | JK18SWA/180 385 |
| 13. | Tsewang Dolma | JK18SWA/180 299 |
| 14. | Priya Kumari | JK18SWA/180349 |
| 15. | Riya Choudhary | JK18SWA/180323 |
| 16. | Rimjhim | JKSW/17/180254 |
| 17. | Simarjeet Kaur | JKSW/17/180215 |
| 18. | Anjali Satnami | JKSW/17/180216 |
| 19. | Nona Bharti | JKSW/17/180215 |
| 20. | Sonia Khajuria | JKSW/17/180271 |

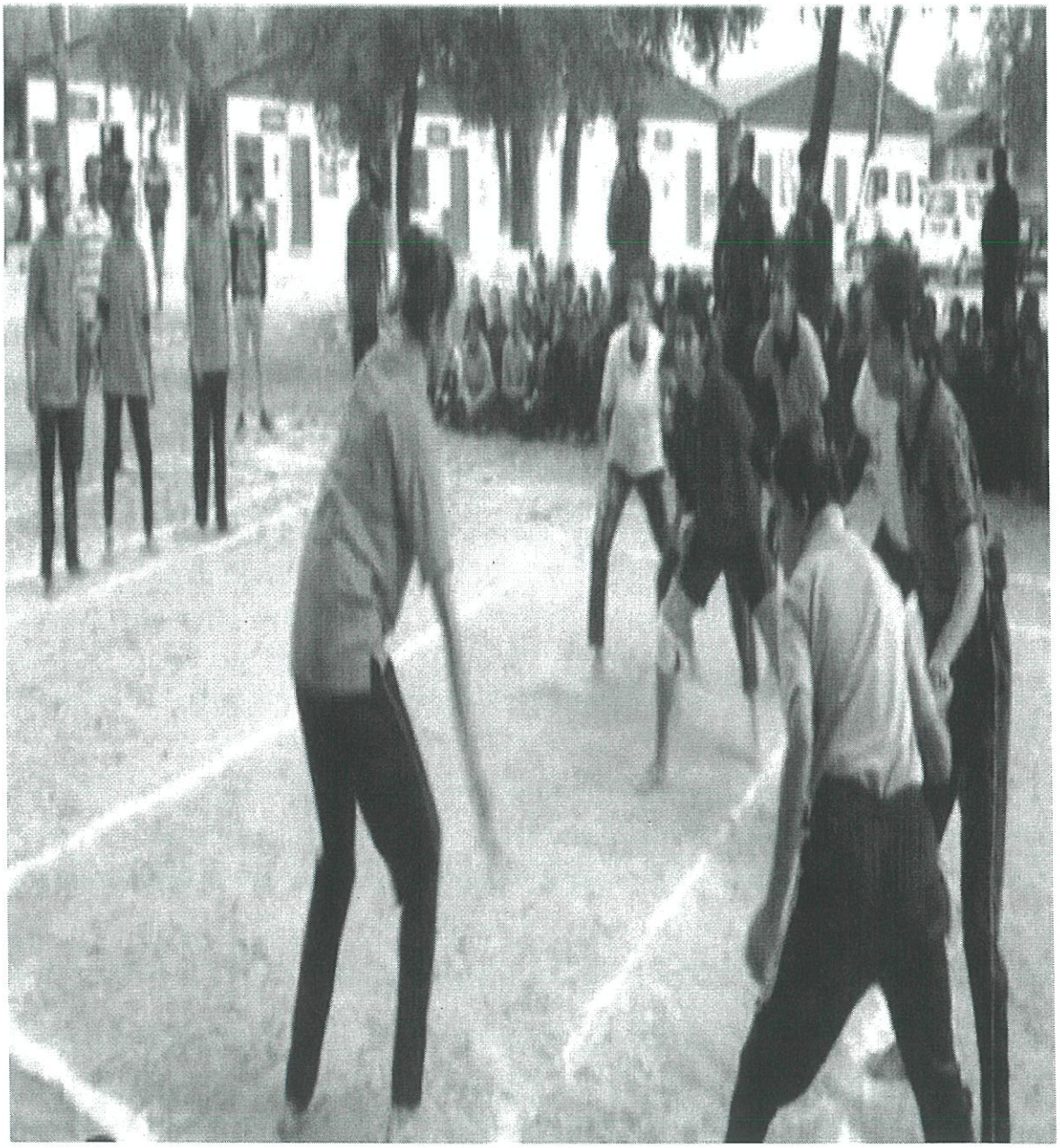
ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu
ANO Signature

Principal
Govt. College for Women
Gandhi Nagar Jammu
PRINCIPAL Signature

# EBSB Nagrota :

# 11 Oct – 22 Oct 2019

# No. of Cadets – 20



NCC/05310923
Lt. Dr. Romika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# EBSB

# KAKINADA

## OCTOBER 2019

(316)

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar-190008

No 0939/G/NCC/SNIC/

28 Aug 2019

Principal

GCW Gandhi Nagar
Jammu

GCW Udhmpur
Jammu

**ALLOTMENT OF VACANCIES FOR SNIC KAKINANDA**
**W.E.F. 12 OCT TO 23 OCT 2019**

1. Following vacancies are hereby allotted to the under mentioned Institution for SNIC Kakinanda w.e.f. 12 Oct to 23 Oct 2019: -

   (a) GCW Gandhi Nagar, Jammu - 03 SW vacancies → Akansha Di

   (b) GCW Udhampur, Jammu - 03 SW vacancies

2. Please ensure full utilization of vacancies.

3. Only 2nd / 3rd year cadets will attend the SNIC Camp.

4. Camp documents are attached herewith for completion and returned to this Bn for signatures of CO pl.

(A K Sharma)
Col
CO

Encls: - (As above)

Sakshi T- ROC
Anmol - ROC
Rasmeet - Cultural
Pallvi Sharma → Cultural
mistake
Shamli → Cultural

SNIC
① Akansha
② Kajal
③ Shivani

1J&K Girls BN NCC Srinagar

GCW GANDHINAGAR , JAMMU

NOMINAL ROLL (for SNIC KAKINANDA wef 12 oct to 23 oct 2019)

| S.NO | NAME | REGIMENTAL NO |
|---|---|---|
| 01 | Akansha Shresth | JKSW17180261 |
| 02 | Kajal Sharma | JKSW17180213 |
| 03 | Shivani kumari | JKSW17180235 |

ANO Signature

Govt. College for Women
Gandhi Nagar, Jammu

Principal Signature

# EBSB KAKINADA

# 12 OCT- 23 Oct 2019

# No. Of Cadets -03



# EBSB

# JAMMU

# October 2019

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar-190008

No 0041/G/NCC/EBSB/

18 Aug 2019

Principal

GCW Gandhi Nagar
Jammu

GCW Udhmpur
Jammu

**ALLOTMENT OF VACANCIES FOR EBSB-II JAMMU**
**W.E.F. 30 OCT TO 10 NOV 2019**

1. Following vacancies are hereby allottied to the under mentioned Institution for EBSB-II, Jammu w.e.f. 30 Oct to 10 Nov 2019. -

(a) GCW Gandhi Nagar, Jammu - 20 SW vacancies

(b) GCW Udhampur, Jammu - 20 SW vacancies

2. Please ensure full utilization of vacancies.

3. Only 2nd / 3rd year cadets will attend the EBSB Camp.

4. Camp documents are attached herewith for completion and returned to this Bn for signatures of CO pl.

(A K Sharma)
Col
CO

Encls: - (As above)

1 J&K Girls Bn NCC Srinagar

# GCW GANDHINAGAR, JAMMU

## NOMINAL ROLL (for EBSB Jammu w.e.f 30 oct to 10 Nov 201

| S.NO | NAME | REGIMENTAL NO |
|---|---|---|
| 1. | Sonia Bhagat | JKSW/17/180210 |
| 2. | Simakshi | JK18SWA/180202 |
| 3. | Bindu Devi | JKSW/17/180204 |
| 4. | Vishaka Kumari | JK18SWA/180201 |
| 5. | Sonali Kumari | JK18SWA/180208 |
| 6. | Rabia kosar | JKSW/17/180220 |
| 7. | Shallu Devi | JK18SWA/180211 |
| 8. | Palvi | JKSW/17/180223 |
| 9. | Kajal Bhagat | JK18SWA/180213 |
| 10 | Shivani Sikarwar | JKSW/17/180232 |
| 11. | Anju Rani | JK18SWA/180214 |
| 12 | Arti Devi | JK18SWA/180217 |
| 13 | Parneet Kour | JK18SWA/180215 |
| 14. | Bandhna Bhagat | JKSW/17/180242 |
| 15 | Kajal Devi | JKSW/17/180241 |
| 16 | Shivani Bhau | JKSW/17/180217 |
| 17. | Tsewang Dolma | JK18SWA/180220 |
| 18. | Neetu Devi | JK18SWA/180222 |
| 19. | Simranjeet Kour | JKSW/17/180215 |
| 20 | Sonia | JK18SWA/180226 |

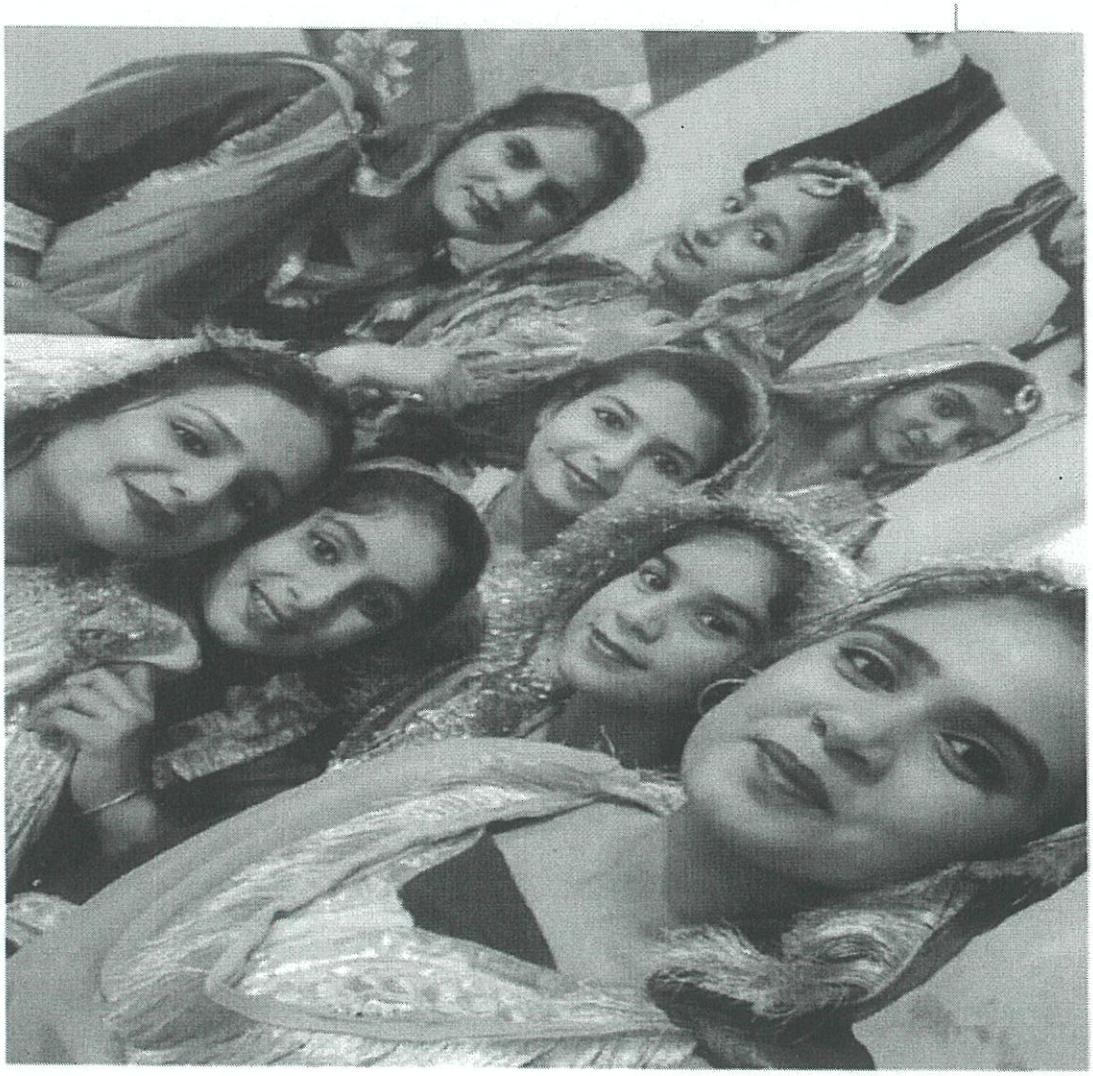
ANO Signature

1 J&K [illegible] for V
Govt [illegible]
Gandhi Nagar, Ja

Principal Signature

# EBSB JAMMU:30 Oct - 10 Nov 2019

# No.of Cadets:20



NCC/05310028
Lt. Dr. Rekha Arora
Associate NCC Officer
GGW, Gandhi Nagar
J&K Girls Bn Srinagar

# AJMER TREKKING CAMP

NOVEMBER 2019

(324)

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar-190008

No.006/G/NCC/Trek/1004

20 Sep 2019

The Principal

GCW Gandhi Nagar
Jammu

GCW Udhampur
Jammu

Jodhamal Public School
Hemant Bypass
Jammu

Army Public School, BB Cantt
Srinagar

**ALLOTMENT OF VACANCIES FOR ALL INDIA AJMER TREKKING EXPEDITION W.E.F. 05 NOV TO 12 NOV 2019**

1. Following vacancies are hereby allotted to the under mentioned Institutions for All India Ajmer Trekking Expedition which is scheduled to be conducted w.e.f. **05 Nov** to **12 Nov 2019** at Ajmer (Trek-I Girls): -

| | | | |
|---|---|---|---|
| (a) | GCW Gandhi Nagar, Jammu | - | 07 SW vacancies |
| (b) | GCW Udhampur, Jammu | - | 08 SW vacancies |
| (c) | Jodhamal Public School, Jammu | - | 04 JW + 01 ANO vacancies |
| (d) | Army Public School BB Cantt | - | 06 JW vacancies |

2. Institutions are requested to forward names of suitable second year NCC cadets detailed for the trek by **30 Sep 2019** positively. Camp documents of the cadets must reach this office by **10 Oct 2019**. Each Institution must ear-mark 100% reserve to ensure complete utilization of allotted vacancies.

3. . Forwarded for your information and necessary action please.

(Chhavi Sood)
Maj
Adm Offr
20/09

# NOMINAL ROLL FOR AJNER TRACKKING.

w.e.f: 5th Nov - 12th Nov 2019.

| SR NO. | NAME | REGT. NO. |
|---|---|---|
| 1. | Sh Shriya Balouria | JKSW/17/180237. |
| 2. | Kajal Sharma | JKSW/17/180213. |
| 3. | Shivani Shikwan | JKSW/17/180232 |
| 4. | Abisha Khokhan | JKSW/17/180263 |
| 5. | Anjali Salhami | JKSW/17/180216 |
| 6. | Simranjeet Kaur. | JKSW/17/180215 |
| 7. | Sonia Khajuria | JKSW/17/180271. |
| 8. | Asiya Parveen | JKSW/17/180249 |
| Reserve 9. | Rimshim | JKSW/17/180264 |
| 10 | Bansliana. | JKSW/17/180242. |

ANO J&K Girls Bn NCC Govt. College for Women Gandhi Nagar Jammu

ANO Signature

Principal
Govt. College for Women
Gandhi Nagar Jammu

PRINCIPAL SIGN

# AJMER TREKKING

# CAMP: 05 Nov-12

# Nov2019

# No.of Cadets: 08



NCC/[illegible]10028
Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

328

(3)

# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of Counselling Session

## 04-10-2019

B29 (1)

Principal GCW Gandhi Nagar <principal@gcwgandhinagar.com>

## Conducting of Career Counselling Programme

1 message

District Employment & Counselling Centre Jammu <decc.jammu@gmail.com> Wed, Sep 4, 2019 at 1:51 PM
To: Principal GCW Gandhi Nagar <principal@gcwgandhinagar.com>

To
The Principal,
Govt P.G. College for Women,
Gandhi Nagar,
Jammu

Prof Anupam Gupta

***Subject: Conducting of "Career Counselling programme".***

Sir/Madam,

With reference to the subject cited supra, it is to bring to your kind notice that Career Counselling sessions, if conducted at college level, help students to choose a field that is in tune with their skills and their job expectations. With the help of *career counseling,* most candidates end up choosing the right career and perform their level best, which ultimately helps them succeed.

In this context, the Office of the undersigned desires to organize "counselling session" to impart Career Guidance among the students of your esteemed institute so that they become fully equipped to choose the right career for them based on their aptitude and skills.

Kindly provide us a suitable ***date*** as per your convenience to conduct the said programme.

Your cooperation is solicited.

Yours faithfully,

Dr. Manisha Koul (KAS)
Deputy Director Employment
District Employment & Counselling Centre
Jammu

--
*Regards*

*District Employment & Counselling Centre*
*Jammu*
*0191-2436633*

(6)

(331)

# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

### Minutes of Meeting

**Date and Time:** 27/09/2019 at 10 AM

**Venue:** Chamber of the Principal

**Chairperson:** Principal

**Agenda of the Meeting:**

- Resource persons from district employment council, Jammu shall be contacted.
- Planning and Execution of above-mentioned awareness program.

**Resolution:**

It was unanimously decided that:

- Lecture shall be delivered by Ms. Mamta Sharma and Ms. Shivani Choudhary from district employment council, Jammu.
- The program will emphasize on guiding the students to channelize their energy towards choosing the right career option for them.
- Both the resource persons shall talk about issues related to career development which shall focus on increased self-awareness, clarified career goals, expanded career exploration, identified skill development needs, overcoming career challenges, developed an action plan, and enhanced emotional well-being.

**Faculty Members:**

1. Deepika Gupta
2. Hardial Singh
3. (Dr. Nidhi)
4. (Renu Rajput)

The meeting ended with the formal vote of thanks to the Chair.

for Principal
**PRINCIPAL**
Govt. College for Women
Gandhi Nagar, Jammu

**CONVENOR**

(333) (8)

OFFICE OF THE PRINCIPAL, GOVT. P.G.COLLEGE FOR WOMEN
GANDHI NAGAR, JAMMU

No: WCG/1527
Dated: 4/10/19

## PRESS RELEASE

Career Counselling Cell of Govt. P. G. College for Women, Gandhi Nagar, Jammu organized "Counselling Session "for students. In the session Ms. Mamta Sharma and Ms. Shivani Choudhary from district employment council Jammu delivered lecture on the topic **Career and Career Development**. She emphasized on making career choices based on personality traits She suggested Psychometric testing for students to assess their interests, abilities and aptitude suitable to different career options. She also focused on other aspects of career cycle like commitment plan perservance and self belief. The above programme which was convened by Dr. Anupama Gupta was attended by different students and members of the career counseling cell of the college.

Principal 4/10/19
Govt. College for Women
Gandhi Nagar, Jammu

(9)

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# Report

## 04.10.19

Career and Placement Cell of Govt. College for Women Gandhi Nagar, Jammu organised an orientation lecture on the topic "Career and Career development" on 4.10.2019 in the smart room of the college. Around 80 students from different streams participated in the program. The career development and counselling session aimed to provide guidance and support to the students in their career journey. It focused on understanding the student's career aspirations, addressing challenges, and developing strategies for their future growth. This report summarizes the key points discussed during the session and outlines the action steps identified. Dr. Ravinder Tickoo, Principal of the college congratulated the team for taking so much of pain and interest in guiding and mentoring the students from time to time. Ms. Shivani Choudhary and Ms. Mamta Sharma from district employment council were the resource persons.

Briefly they had a discussion about student's background, including their educational qualifications and any specific career interests or concerns. During the session, the client's interests, values, strengths, and weaknesses were assessed to gain a comprehensive understanding of their career preferences and aptitudes. A lengthy discussion was held regarding various career options and potential pathways. They provided information about different industries, job roles, and opportunities that aligned with the student's interests. The importance of research, informational interviews, and networking to gather more insights about specific career paths was emphasized.

The resource persons discussed strategies for acquiring or enhancing the job related skills. They suggested relevant training programs, certifications, workshops, or online courses that could help them develop the desired competencies. The importance of continuous learning and staying updated with industry trends was emphasized. They encouraged the participants to develop coping mechanisms, maintain a positive mind set, and seek support when facing setbacks or career-related stress. Strategies for managing work-life balance and maintaining motivation were also discussed.

The career development and counselling session provided the participants with valuable insights, guidance, and support in their career journey. They were equipped to make informed decisions and take proactive steps towards achieving their professional aspirations. The session was of immense significance which included increased self-awareness, clarified career goals, expanded career exploration, identified skill development needs, overcoming career challenges, developed an action plan, and enhanced emotional well-being. These steps provided a solid foundation for their continued career development and serve as a reference point for their ongoing progress. The client is now equipped with the knowledge, strategies, and support needed to pursue their career goals effectively.

The whole program was organised under the supervision of Dr. Anupama Gupta, Convenor of Career Counselling and Placement cell.

## Program Outcomes on Career Development and Counselling Session

The following are the main outcomes of the session:

**Increased Self-Awareness**: Through the discussions, the participants gained a deeper understanding of their interests, values, strengths, and weaknesses. This increased self-awareness will enable them to make more informed career decisions aligned with their true passions and values.

**Clarified Career Goals**: They set clear and specific career goals, both short-term and long-term, that are measurable, achievable, relevant, and time-bound. These goals provide a roadmap for their career development and serve as a source of motivation and focus.

**Expanded Career Exploration**: They explored various career options and pathways relevant to their interests and aspirations. They gained a broader perspective on different industries, job roles, and opportunities available to them. This expanded career exploration will facilitate informed decision-making and potentially open new avenues for the professional growth.

**Identified Skill Development Needs**: Through assessing their current skill set and understanding the requirements of their desired career paths, the students identified specific skills they need to develop or enhance.

**Developed an Action Plan**: The action plan serves as a guide for the students to take proactive steps towards their professional growth in future

(340)

**Government of India**/भारत सरकार

**Ministry of Labour & Employment (DGE)**/श्रम एवं रोजगार मंत्रालय ( रो॰ महा॰)

**National Career Service Centre for SC/ST**

अनुसूचित जाति / जनजाति हेतू नेशनल करियर सर्विस केंद्र

**34, D/C, Gandhi Nagar, Jammu (J&K)-180004**

**Phone No: 0191-2455521, Email: cgeofjammu@gmail.com**

*F.No:- NCSC/JMU/A-11037/1/2019- 224* *Dated: 04/10/2019*

Dear Sir/ Madam

As you might be aware that National Career Service Centre for SC/ST (NCSC) 34 D/C- Gandhi Nagar, Jammu Centre, DGET Sponsored programmes like Stenography, Computer typing, Computer "O" Level Software & Computer "O" Level Hardware courses for the Minorities students under Directorate General of Employment, Ministry of Labour & Employment (MOLE), New Delhi is engaged in the work of providing career oriented training related to different vocational courses to the SC/ST's Students.

In this context it is requested to extend your kind cooperation in selecting the students of SC/ST's categories from your College in order to ensure a bright future for them. Therefore, you are requested to convey a suitable venue, date and time for conducting aforesaid counselling session at your premises. Your kind cooperation in this regard is highly solicited.

04/X/19

(SHABAZ CHOWDHARY)/HOO

Sub Regional Employment Officer

National Career Service
सही अवसर, सही समय
Right Opportunities, Right Time

Sub - Regional Employment Officer
Govt. of India, M/o L & E (D. G. E)
National Career Service Centre for SC/ST
34, D/C Gandhi Nagar, Jammu-180 004(J&K)

# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report

## Activity:Counselling Session for SC& ST students

## 14-10-2019

The Counselling session aimed to address the specific needs and challenges faced by these students and guide them towards pursuing a career in stenography and computer software at the O Level.The main objectives of the counseling session were as follows: a) To create awareness among SC/ST/Minority students about the opportunities available in stenography and computer O Level software courses. b) To provide guidance on the application process and eligibility criteria for the courses. c) To address the concerns and challenges faced by SC/ST/Minority students in accessing educational and career opportunities in this field. d) To provide information on scholarships, financial aid, and support systems available for SC/ST/Minority students. e) To encourage and motivate students to pursue stenography and computer O Level software courses and build a successful career in this field.

Session Format and Content: The counseling session followed a structured format, incorporating various elements to ensure comprehensive guidance for the participants. The content included the following:

a) Introduction to Stenography and Computer O Level Software Courses: The session began with an overview of stenography and computer O Level software courses. The participants were introduced to the skills and competencies required for these courses and their significance in the job market.

b) Eligibility Criteria and Application Process: Detailed information was provided on the eligibility criteria for stenography and computer O Level software courses. The participants were guided on how to apply for these courses, including the application procedure, required documents, and important deadlines.

c) Career Opportunities: The session highlighted the wide range of career opportunities available after completing stenography and computer O Level software courses. Various industries where stenography skills are in demand, such as legal, administrative, and media sectors, were discussed. Additionally, the potential career paths in computer software, including programming, web development, and software testing, were explored.

d) Addressing Challenges Faced by SC/ST/Minority Students: To address the unique challenges faced by SC/ST/Minority students, the session focused on discussing solutions and support systems available to overcome obstacles related to financial constraints, discrimination, and limited access to resources. Information on scholarships, government schemes, and counseling services specific to SC/ST/Minority students was shared.

e) Motivation and Support: Throughout the session, motivational anecdotes and success stories of individuals from similar backgrounds who have excelled in stenography and

computer software were shared. The participants were encouraged to believe in their abilities and aspirations and were assured of ongoing support and mentorship.

Participant Engagement and Interaction: To make the session interactive and engaging, various strategies were employed, including:

a) Q&A Sessions: Opportunities were provided for participants to ask questions and seek clarifications on any aspect of the stenography and computer O Level software courses. Experienced counselors and experts in the field were present to address their queries.

b) Group Discussions: Participants were divided into smaller groups to discuss their concerns, share their aspirations, and engage in peer-to-peer learning. This facilitated a supportive and inclusive environment.

c) Resource Materials: Informational brochures, pamphlets, and handouts were distributed to the participants, containing details about the courses, career prospects, and contact information for further guidance.

Conclusion: The counseling session for SC/ST/Minority students on Stenography Computer O Level Software Courses proved to be an informative and motivational platform for the participants. By addressing their unique challenges and providing comprehensive guidance, the session aimed to inspire and encourage these students to pursue stenography and computer software courses at the O Level. The information shared, combined with the support systems available, is expected to empower the participants to make informed decisions and embark on a successful career path in these fields. Around 80 students attended the session.

(Convener)

# PROGRAMME OUTCOMES:

**1.Increased Awareness:** The counseling session successfully increased awareness among SC/ST/Minority students about the opportunities available in stenography and computer O Level software courses. Participants gained a deeper understanding of the skills required and the significance of these courses in the job market.

**2.Enhanced Knowledge of Eligibility Criteria and Application Process:** Students obtained detailed information about the eligibility criteria and application process for stenography and computer O Level software courses. They gained clarity on the necessary documents, application procedures, and important deadlines, which will facilitate their successful application.

**3.Exploration of Career Opportunities:** Participants gained insights into the diverse career opportunities available after completing stenography and computer O Level software courses. They learned about various industries where stenography skills are in demand, as well as potential career paths in computer software. This knowledge will assist them in making informed decisions about their future careers.

**4.Addressed Challenges and Solutions:** The session effectively addressed the challenges faced by SC/ST/Minority students in accessing educational and career opportunities in stenography and computer software. Solutions and support systems, including scholarships, financial aid, and counseling services, were shared to help students overcome barriers such as financial constraints and discrimination.

**5.Increased Motivation and Confidence:** Through the sharing of success stories and motivational anecdotes, participants were inspired and motivated to pursue stenography and computer O Level software courses. They gained confidence in their abilities and aspirations, knowing that individuals from similar backgrounds have excelled in these fields.

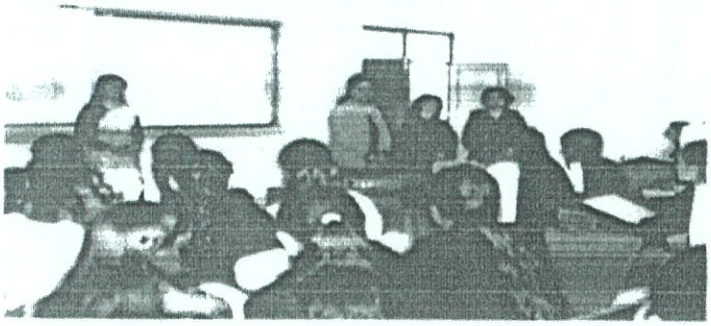
**6.Peer Learning and Engagement:** The counseling session facilitated group discussions and peer-to-peer learning, allowing participants to share their concerns and aspirations. This created a supportive and inclusive environment, fostering collaboration and networking among the students.

Provision of Resource Materials: Participants received informational brochures, pamphlets, and handouts containing key details about stenography and computer O Level software courses. These resources will serve as references for further exploration and guidance.

**7.Establishment of Support Systems**: SC/ST/Minority students were made aware of the support systems available to them, such as scholarships, government schemes, and counseling services. This knowledge will help them access the necessary assistance and guidance throughout their educational journey.

Overall, the counseling session achieved its objectives of creating awareness, providing guidance, addressing challenges, and motivating SC/ST/Minority students to pursue stenography and computer O Level software courses. The outcomes of the session are expected to empower these students to make informed decisions and pursue successful careers in these fields.

wholeheartedly in this training program. He also made the students aware about the emerging employment avenues in public as well as private sector. The welcome address was given by Dr. Meeru Abrol, Convenor, Career Counselling Cell. The valedictory function for the first batch was chaired by Dr Ravender Tickoo and Dr Jyoti Mahajan, Associate Professor, GCET, Jammu and his team. Vote of thanks was presented by Dr Ashu Vashisht. The organizing committee members comprised of Prof. Anita Sharma, Prof. Rajni Devi, Prof Renu Rajput, Dr Sugandha Mahajan and Dr Meenakshi.



A One Day drive was conducted on 08-02-2020 in Govt. P.G. College for Women, Gandhi Nagar Jammu for the students of Semester 6th to make them aware of their potentialities, their strengths, their weaknesses etc., by the Career Counselling Cell of the college. This drive was held in collaboration with Mr. Samir Bhat, University of Petroleum and Energy Studies, Dehradun. A Career Alignment Test was carried out for the students through which students could analyse their individual qualities, self awareness and capabilities. Approximately 800 students participated in the event. The program was held under the coordination of Dr. Meeru Abrol, Convenor Career Counselling Cell of the college along with team members : Dr. Ashu Vashisht, Prof. Anita Sharma, Prof. Rajni Kumari, Prof. Renu Rajput and Prof. Jasneet Kour.

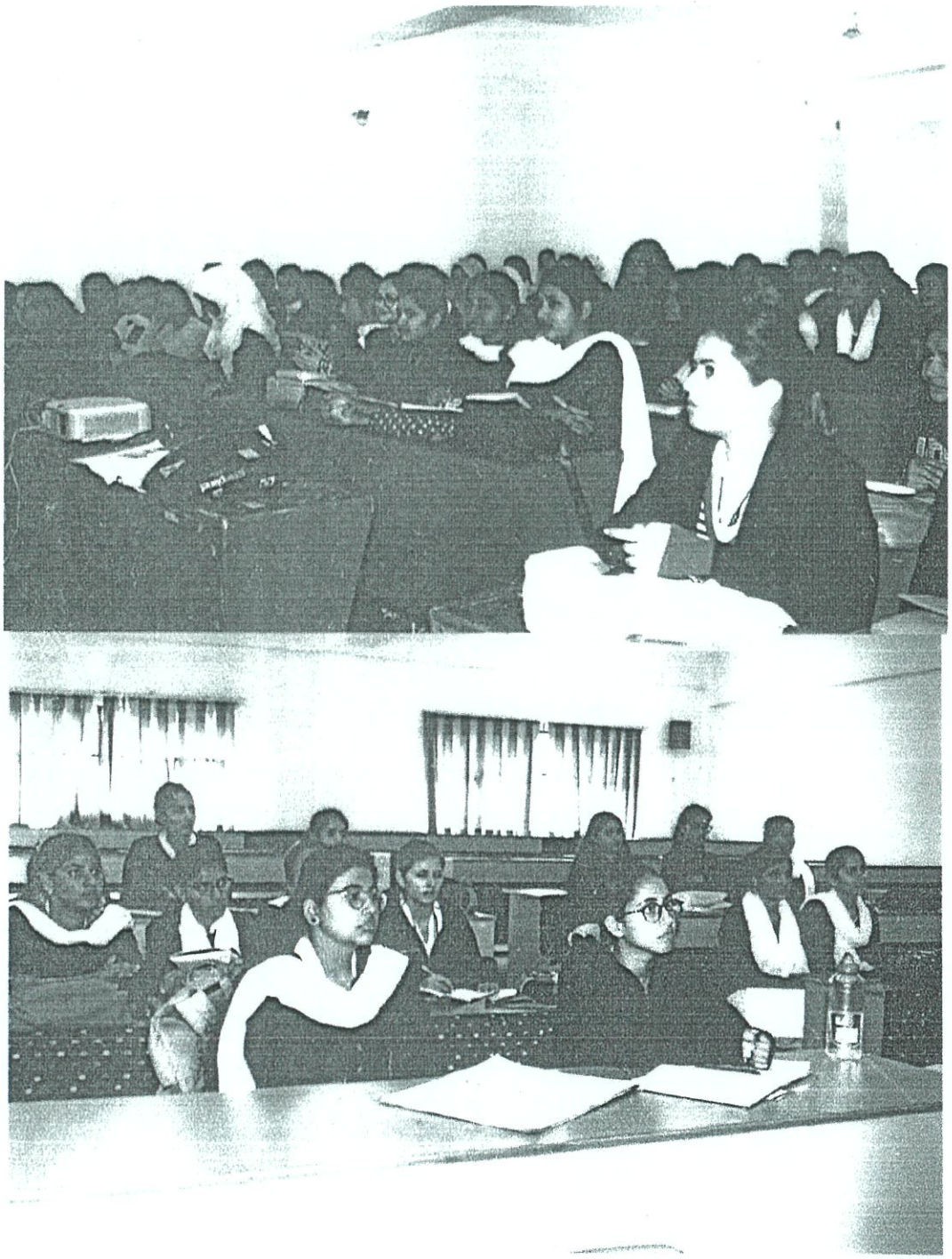


On day third of intra-zone Jammu-Samba Sports Festival, 2020

On day third of intra-zone Jammu-Samba Sports Festival, 2020 , Govt.P.G College for Women, Gandhi Nagar, Jammu defeated GCW Parade by 3-1 (26-24,09-25, 25-23, 25-17) in final match of Volleyball (W) tournament. In Kabaddi(M), GGM Science College defeated GDC Akhnoor by 8 points.In third match, MAM college defeated GDC R. Pura by 43 points. In first semi final match GDC Paloura won by 19 points from GDC Kunjwani. 2nd Semi Final MAM College won by 8 points from







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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## REPORT

**on**

**Workshop on "Mental Health Issues in Youth and Challenges**
**Dated 20-02-2020**

One Day Workshop on "Mental Health Issues in Youth and Challenges" was organized by Department of Lifelong Learning, University of Jammu in collaboration with "Career Counselling Cell" Govt. P.G College for Women Gandhi Nagar Jammu on 20th of Feb 2020. In the inaugural session Prof. Anju Basin, Vice Chancellor, Cluster University of Jammu was the chief guest. Besides, Prof. Naresh Padha , Dean Research Studies/ Coordinator RUSA, JU, Mr. Danesh Rana, IPS, IGP Armed Jammu , Dr Ravender Tickoo, Nodal Principal Jammu , Mr R.C.Kotwal, JKPS,SSP,APCR Jammu were present. Prof. Meeru Abrol, convener Career Counseling Cell formally welcomed the guests and Prof. Priyanka Sharma, Deptt. of Lifelong Learning, University of Jammu gave a brief account of workshop being held under extension and curriculum reforms, RUSA phase-II programme.

Speaking on the occasion, Worthy Vice Chancellor Cluster University of Jammu. Prof. Anju Bhasin highlighted the key issues to be discussed in the technical sessions. She congratulated the team for organizing the workshop on the topic which is the need of the hour. Prof. Naresh padha gave a brief account of series of activities and events being conducted under RUSA by Jammu University under the patronage of worthy Vice Chancellor Prof. Manoj Dhar.

Mr. Danesh Rana, IPS a key resource person complimented the University and College authorities for envisaging the most relevant issues related to youth in the present era. He also highlighted how menace like addiction of drugs and alcohol are affecting the youth. Dr. Ravinder Tickoo, Nodal Principal Jammu and Principal of the host College welcomed the dignitaries. He stressed upon the need to make students aware of being stress free and healthy.

The resource persons for different sessions of workshop were Mr. Danesh Rana, IPS, Mr. R.C. Kotwal JKPS, Prof. Arti Bakshi, HOD Psychology, University of Jammu, Prof. Manish Koli (Dept. of Psychology, GCW, Gandhi Nagar), Ms. Anju Bansal (Director Global Skill Development organization), Prof. Priyanka Sharma (Dept of Lifelong Learning, University

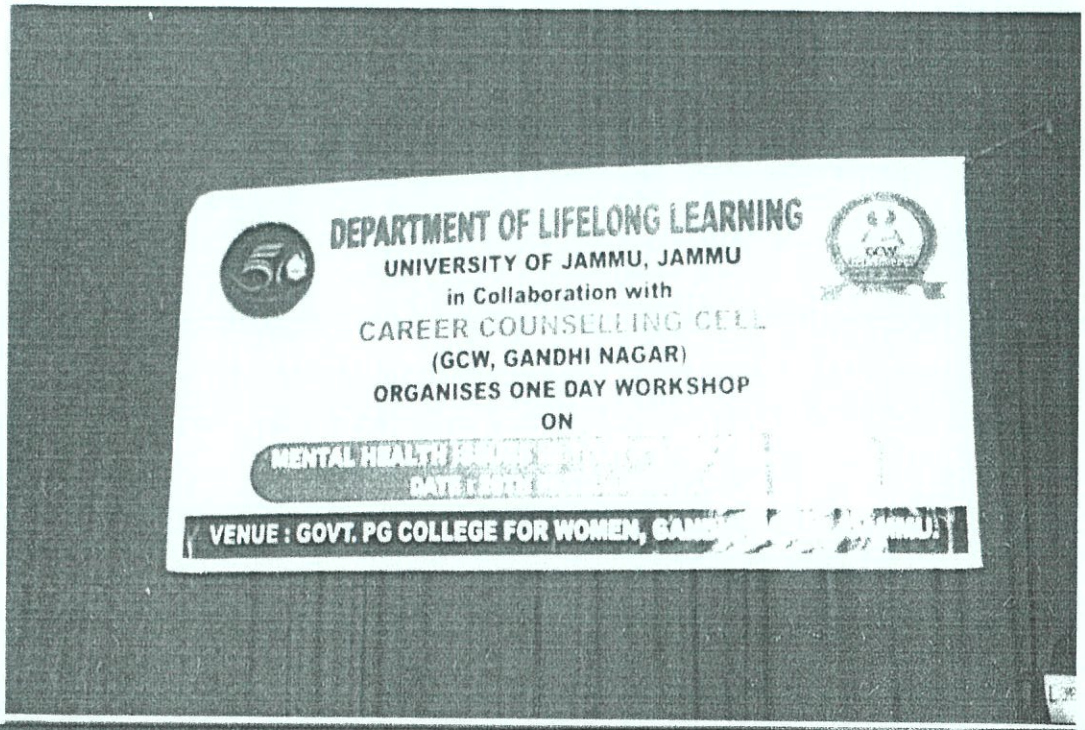
of Jammu), Prof. Meeru Abrol (HOD Mathematics, GCW, Gandhi Nagar, Jammu) Prof. Sugandha Mahajan (Dept of Botany, GCW, Gandhi Nagar, Jammu).

Throughout the sessions, resource persons deliberated upon the issues and challenges of Drug addiction and substance abuse, suicide and self injury, behavior and well being of youth and personal growth, time management, technology abuse, stress and anxiety and examination anxiety.

Each session was followed by interaction of resource persons with students. The students shared their views, experiences and cleared their doubts regarding the issues discussed.

The program was coordinated by Prof. Meeru Abrol, Prof. Priyanka Sharma and Prof Suganda Mahajan. At last, Prof. Ashu Vashisht presented the formal vote of thanks. Prof. Meeru Abrol, Prof. Ashu Vashisht, Prof. Hardial Singh, Prof. Anita Sharma, Prof. Nidhi Suri, Prof. Renu Rajput, Prof. Jasneet Kour, Prof. Rakesh Mohan Datt, worked tirelessly for the success of the programme.

Convenor career counseling cell


DEPARTMENT OF LIFELONG LEARNING
UNIVERSITY OF JAMMU, JAMMU
in Collaboration with
CAREER COUNSELLING CELL
(GCW, GANDHI NAGAR)
ORGANISES ONE DAY WORKSHOP
ON
MENTAL HEALTH
VENUE : GOVT. PG COLLEGE FOR WOMEN,



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DEPARTMENT OF LIFELONG LEARNING
UNIVERSITY OF JAMMU, JAMMU
In Collaboration with
CAREER COUNSELLING CELL
(GCW, GANDHI NAGAR)
ORGANISES ONE-DAY WORKSHOP
MENTAL HEALTH
DATE
VENUE : GOVT. PG COLL
AGAR, JAMMU.

# GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

## EXTENSION ACTIVITIES

## OF

## NAAC CRITERION-III

## RESEARCH INNOVATIONS AND EXTENSION

2020-21

Govt. College for Women IQAC Gandhi Nagar, Jammu

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Constituent College of Cluster University of Jammu
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UNIFIED PLURALITY

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Govt. College for Women Gandhi Nagar, Jammu
IQAC

**PADMA SHRI PADMA SACHDEV**

**GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU**

**DEPARTMENT OF COMMERCE**

# REPORT FOR

**Organised a lecture on the topic**

**" Respect Indian Currency"**

**(10-02-2021)**

**PRESS RELEASE**

# Women College Gandhi Nagar organizes lecture on "Respect Indian Currency

***Refugee Message Bureau***

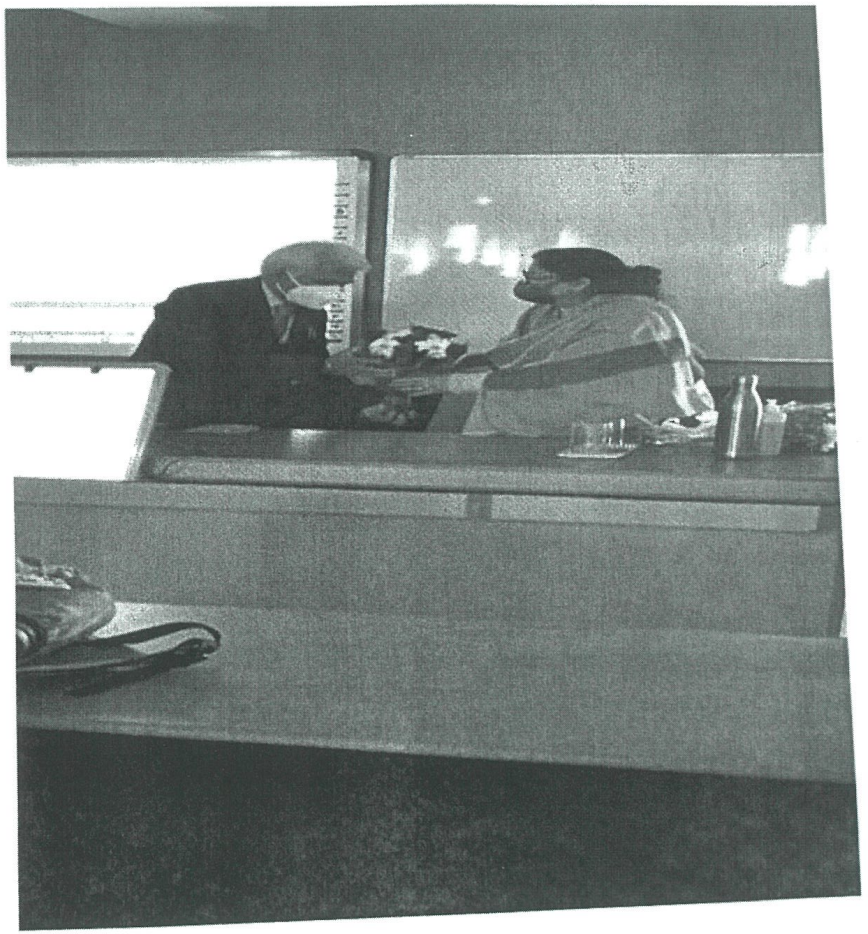
**JAMMU, FEB 10:**

Department of Commerce, Govt. P. G. College for Women Gandhi Nagar, Jammu organised a lecture on the topic "Respect Indian Currency". The resource person was Jawahar Jyoti, former Assistant General Vice President of J&K Bank and now a founder of "Respect Indian Currency Trust"

He apprised the students about how to identify the forged and fake Indian Currency and how to exchange the soiled and mutilated Indian currency notes from banks, as their right. The students were also imparted knowledge about DONT's of Indian currency i.e. writing slogans, name, number or messages etc. on Indian currency, disfiguring of Indian currency, use of Indian currency garlands in functions.

The students showed very keen interest and excitement and were very delighted after the sessions as they got rare opportunity to see and touch the commemorative coins issued by RBI. Principal of the college Dr. Sangeeta Nagari addressed the students and impressed upon that such lectures should be organized for holistic development of the students. Prof. Mamta Gupta, H. O. D. Commerce gave the welcome address and ensured the Principal that such lectures will be organised by the department on regular basis as department of commerce is determined to give excellent services to the students.

## PHOTOGRAPH OF ACTIVITY



**PADMA SHRI PADMA SACHDEV**

**GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU**

**DEPARTMENT OF COMMERCE**

# REPORT FOR

# RENDEZVOUS WITH EXPERT

**AN ONLINE SESSION WITH**

**PROF. MEENU MAHAJAN**

**PRINCIPAL G.D.C. UDHAMPUR**

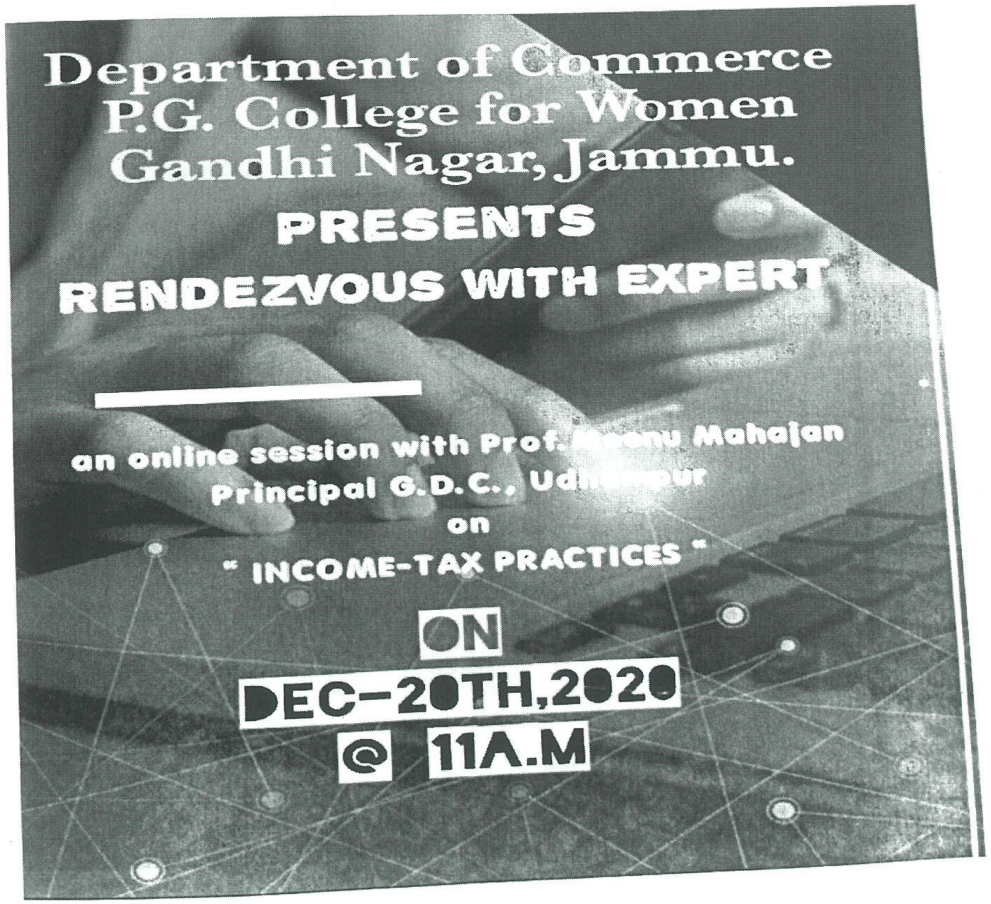
**ON**

**"INCOME-TAX PRACTICES"**

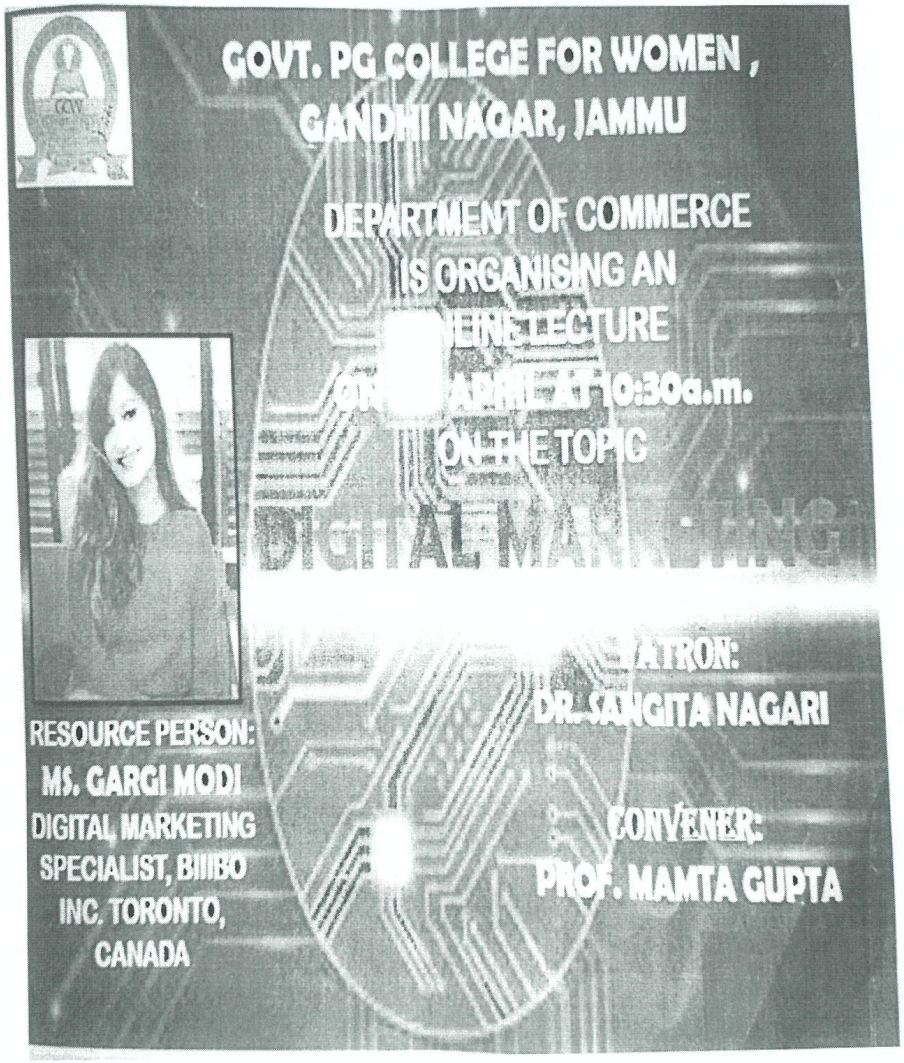
**(20TH DECEMBER, 2020)**

## REPORT OF ACTIVITY

**December 20th, 2020**. Department of Commerce Govt P.G College for Women, Gandhi Nagar, Jammu organised webinar on "Income-tax Practices". The program was held under the patronage of worthy Principal Prof. (Dr.) Sangita Nagari. Prof. Meenu Mahajan was the key note speaker. The session was very interactive and both faculty and students actively participated and got awareness about the tax evasion, tax avoidance and filing of income tax return. Prof. Mamta Gupta (H.O.D) was the convenor of the event. Prof. Mamta Kundal, Prof. Rashmi Kumari and Dr. Deepti Abrol organised the event.



**Government College for Women, Gandhi Nagar, Jammu organised online Lecture on "Digital Marketing" (02.04.2021)**



# ACTIVITY REPORT

## Van Mahotsav-2020 (4th – 7th July, 2020)

**(Online-Offline Mode)**

NSS units celebrated Van Mahotsav-2020 from 4th -7th July, 2020in online and offline mode due to Covid-19 Pandemic under the guidance of worthy Principal Dr. Sangita Nagari and supervision of Prof. Mala Bhasin, NSS Programme Officer. A total of 45 volunteers took part in the different activities. The aim of this celebration was to promote awareness on conservation of forests among students/ volunteers. The activities conducted were:

**Plant a Sapling at Home (Online)- 4th July, 2020**

20 NSS volunteers planted saplings of various medicinal and ornamental plants and disseminated the message of Conserving Mother Nature- "Plant a Tree, Plant a Hope for Future". They clicked the photos and send those in NSS WhatsApp group.



**Activity-1 Plant a Sapling**

Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.

## Digital Poster Making (Online)- 5th July, 2020

Another activity – Digital Poster Making on theme- Plant a Tree, Plant a Hope for Future, was organized online wherein the 25 volunteers participated with great zeal and showcased their creativity.




**Collage of Digital Posters**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## Plantation in College Premises (Offline)- 6th July, 2020)

A plantation drive was conducted in the college premises. The Principal of the College, Dr. Sangita Nagari along with staff of Department of Botany planted medicinal plants in the College premises following Covid -19 SOP's. The activity was coordinated by Prof. Mala Bhasin, NSS Programme Officer.



**Plantation in College Premises**

Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.

**Seminar (Online)- 7th July, 2020**

The Celebration of Van Mahotsav Concluded with online Seminar on the topic- Rejuvenating Forest Flora under the shades of Covid-19. The worthy Principal , Dr. Sangita Nagari appreciated the efforts of NSS PO and emphasized that this activity should not end up with the plantation only but a post plantation care must be ensured.



**Seminar (Online)**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

6:09 AM

ages.blob.core.windows.net

with this online 'Webinar Lecture Series' during pandemic to engage students in meaningful activities.

He also expressed happiness regarding the inaugural lecture by Padmashri Balwant Thakur, son of the soil and a proud alumnus of the University of Jammu whose creative journey is an epitome of persistence and positivity.

Introducing the Resource Person, Prof. Anupama Vohra informed that deliberated in detail on the importance of theatre in imbibing positivity, discipline, imagination, creativity and strong emotional well-being in people and stressing that the same is required in abundance during the pandemic time to counter stress, monotony and depression.

He deliberated that though true the theatre in its organic and real essence is not possible during this time and even in near ney.

The lecture was followed by an interactive session by the participants in which very important and relevant questions were discreetly answered by Balwant Thakur.

The session was moderated by Prof. Anupama Vohra.

The Webinar was attended by Prof. Jasbir Singh, DSW, teachers, students, scholars, and art-enthusiasts.

# GCW Gandhi Nagar celebrates Van Mahotsav Week



*GCW Gandhi Nagar faculty planting a sapling*

■ STATE TIMES NEWS

JAMMU: 'Van Mahotsav Week' was celebrated by Red Cross Club, NCC Units, NSS wings and Botany Department of Government PG College for Women (GCW), Gandhi Nagar from July 1 to 7, 2020.

On the occasion students of the college participated in online poster making event on the theme Plant a tree, plant a hope for future'.

Fifteen students of Red Cross Club, 32 NSS volunteers and 120 NCC cadets participated in event. Students also planted trees in their respective locations. Van Mahotsav week celebrations ended with tree plantation drive in college campus led by Principal, Dr. Sangita Nagari along with Prof. Mala Bhasin, NSS Programme Officer, Dr. Davinder Kour, Convener Red Cross Club, Capt. Shivani Sharma ANO 2JK Girls Bn., Lt Dr. Rekha Arora, ANO 1 JK girls Bn., 8Lt. Dr. Neelima G, ANO 1 JK Naval unit and Prof. SumanBala, NCC incharge 2 JK girls Bn. The Department of Botany planted medicinal and fruit plants under the leadership of Head of Department, Prof Hardial Singh.

Sapling was also planted by Tirlochan Singh, Lab Asst. Dept. of Botany on his superannuation. Principal appreciated the efforts of students and staff of the college and highlighted the importance of trees for human life.

Prof. Mahinder Pal, Prof Ashwani Khajuria, Prof. Ashok, Prof Rahul and Dr. Roopali were also present on the occasion.

# Footballer prays, worries, smiles as pilot wife rescues Indians amid COVID-19 pandemic

■ AGENCY

NEW DELHI: Flying the Boeing 787 Dreamliner, Commander Pushpanjali Potsangbam has been airlifting Indians stranded in different parts of the world and bringing them back home amid the COVID-19 pandemic.

But the New Delhi-based Air India pilot has not been able to meet her husband, well-known India footballer Gourmangi Singh, for the past four months as she got down to quietly go about her task.

As a Commander with Air India, the Manipuri woman is part of the government's Vande Bharat mission to rescue I understand it's a very difficult and stressful job. Yes, I would be lying if I say it doesn't worry me," Gourmangi told PTI.

Pushpanjali has been working with the country's biggest carrier for the past 11 years, having started out as a first officer.

"Last week she was in Lagos (Africa) for bringing back Indian citizens stuck there. She only operates on the international sectors," said the 34-year-old.

It is not easy when one has to undergo the COVID-19 test three times for operating a single flight -- before departure for destination, on arrival at national capital and reunite with his wife.

"I am coming there in the next few days. Delhi has been my second home for some years now."

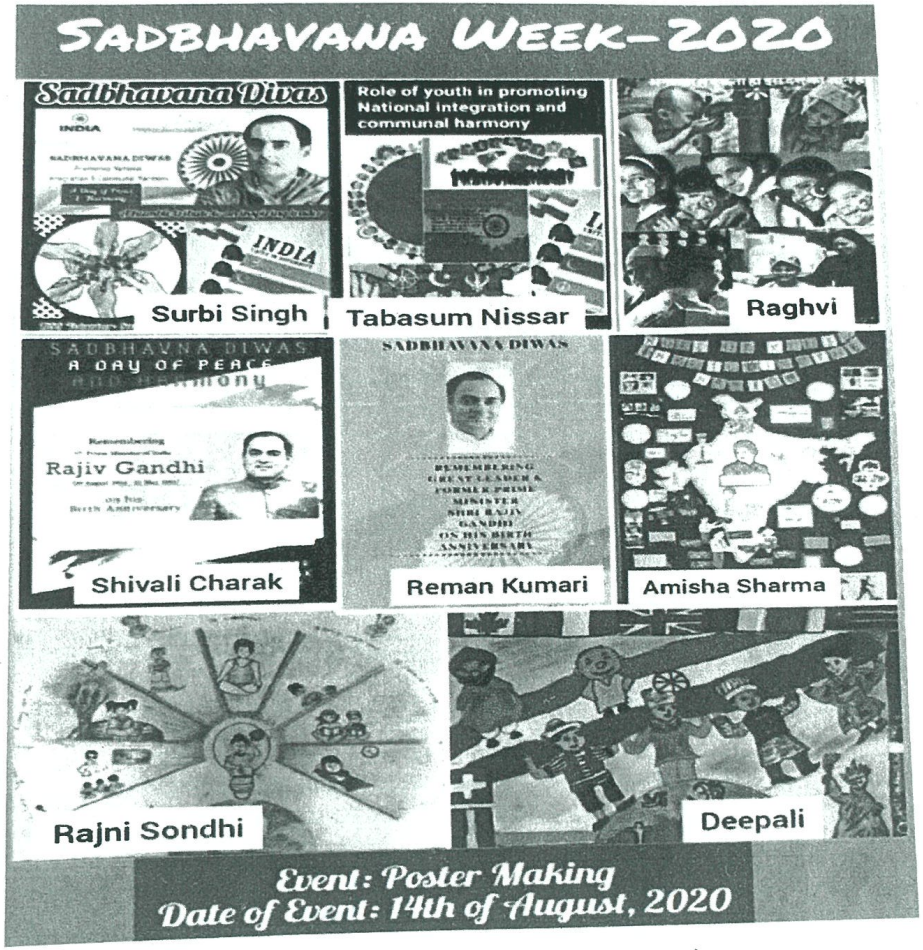
Gourmangi is one of the most decorated players in Indian football in recent times -- having won the National Football League, Federation Cup and I-League titles, along with the AIFF Player of the Year award in 2010.

He was also a part of India's triumphant Nehru Cup campaign in 2007 and 2009 and the AFC Asian Cup in 2011, where he scored the team's opener against Bahrain.

Fit

## Poster Making (14th August, 2020)

The first activity started with online Digital Poster Making on the Theme- The Role of Youth in Promoting National Integration and Communal Harmony wherein 08 volunteers participated and showcased their creativity.




**Collage of Posters**

Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.

## Slogan Writing (15th August, 2020)

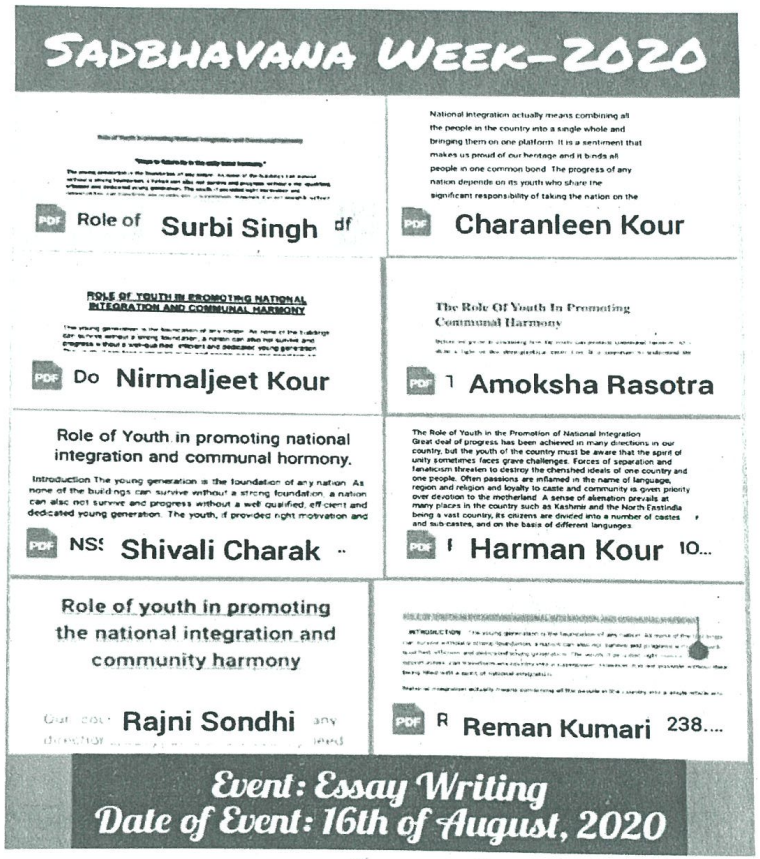
The second activity was Slogan writing in which 09 volunteers participated




Govt. College for Women
Gandhi Nagar, Jammu.

## Essay Writing (16th August, 2020)

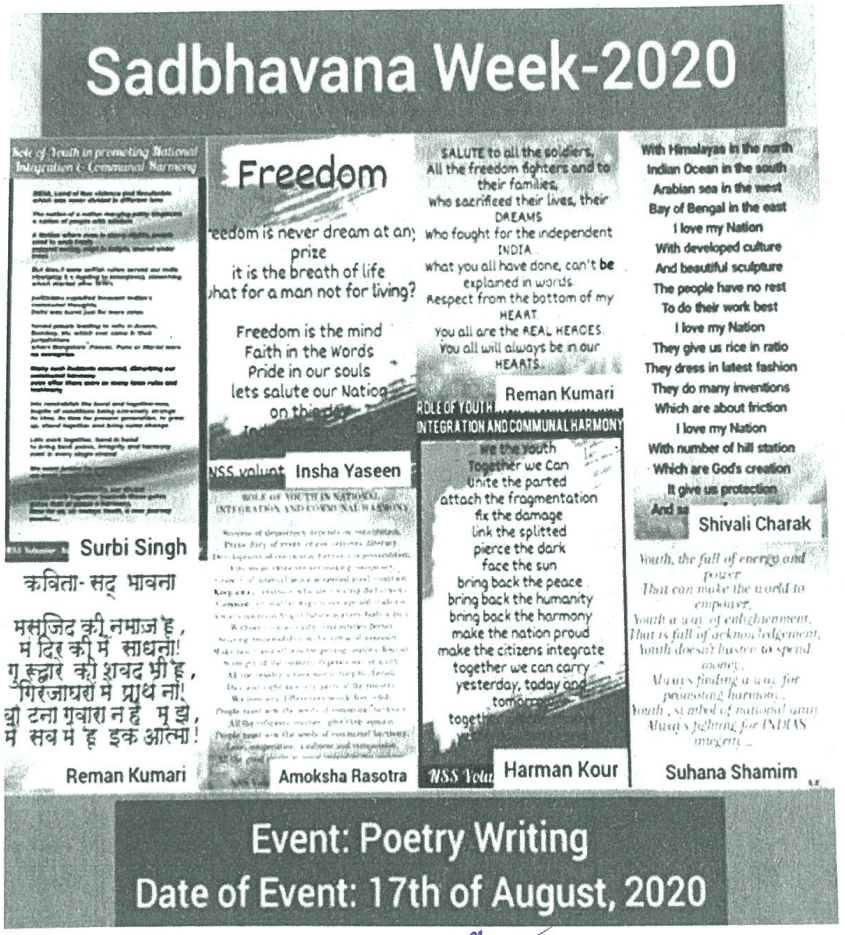
An essay writing activity on the Theme- The Role of Youth in Promoting National Integration and Communal Harmony, was conducted wherein 08 volunteers participated




Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## Poetry Writing (17th August, 2020)

A Poetry Writing activity was organized wherein 03 volunteers participated.




**Collage of Poems**

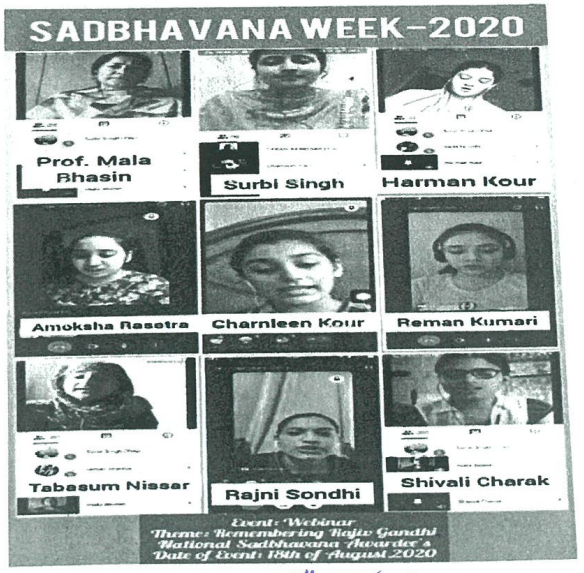
Govt. College for Women
Gandhi Nagar, Jammu.

**Webinar (18th August, 2020)**

On fifth day, a webinar on theme- Remembering Rajiv Gandhi National Sadbhavana Awardee's, was organized . The volunteers spoke on the life and work done by these personalities in their respective fields targeting National Integration, Communal Harmony and Peace.

Harman threw light on the life and work of Smt. Nirmala Deshpande; Amoksha Rasotra spoke on Sh. Gopal Krishan Gandhi; Charnleen Kour on N. Radhekrishna; Reman Kumari on Ms. Lata Mangeshkar; Tabasum Nissar on Maulana Wahiduddin Khan; Rajni Sondhi on Sh. Sunil Dutt and Shivali Charak spoke on Sh. Jagan Nath Koul.

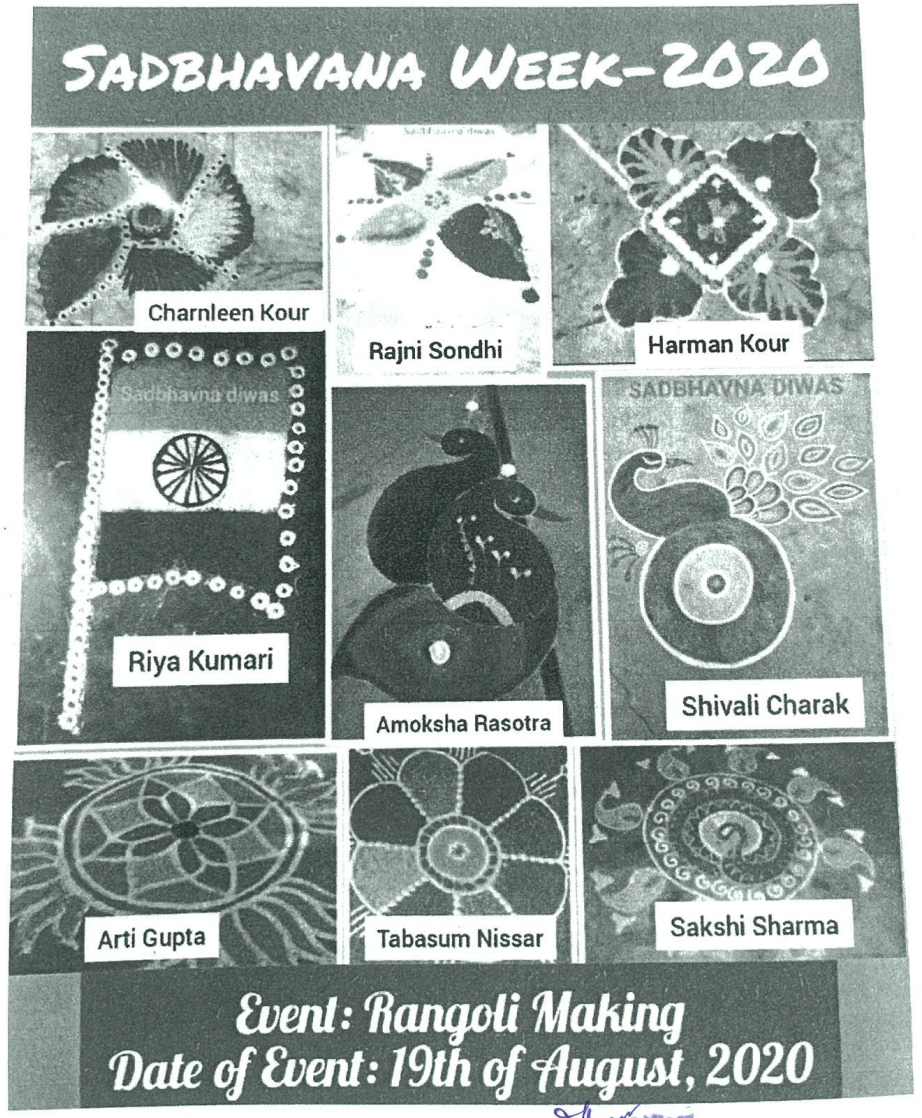
Prof. Mala Bhasin NSS PO threw light on the various remarkable efforts and contributions made by Sh. Rajiv Gandhi for the socio- economic upliftment of mother Nation and in bridging heritage and youth power. The Senior NSS Volunteer Ms. Surbi Singh acted as moderator of the webinar.




Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## Rangoli Making (19th August, 2020)

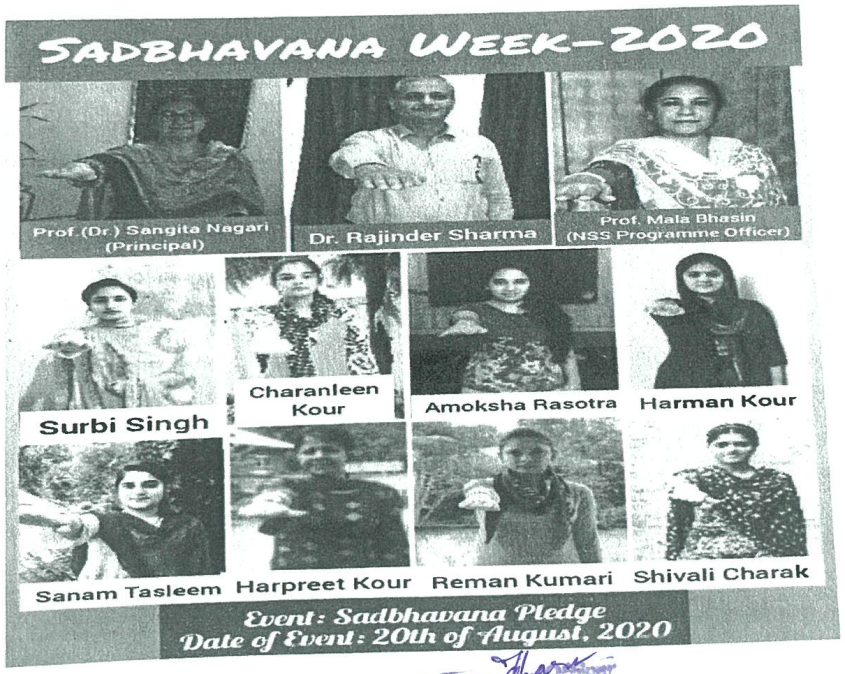
A Rangoli Making activity was also organized on the theme-**Spread the Colours of Emotion on the Floor,** in which 09 volunteers showcased their creativity and talent by making use of material available at their respective places .




Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

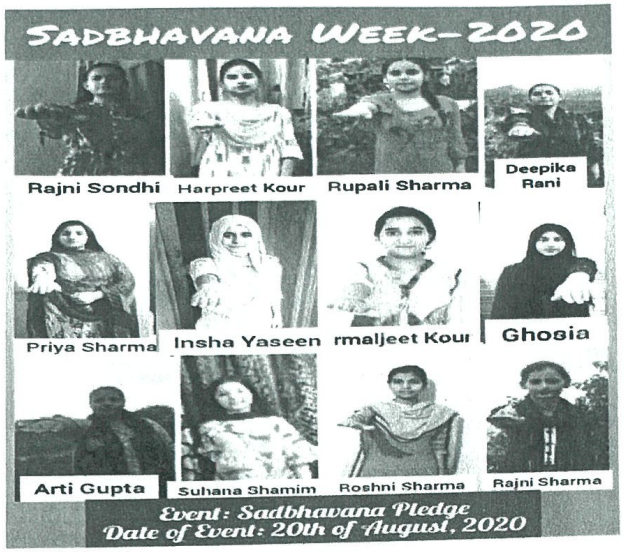
## Sadbhavana Pledge (20th August, 2020)

The week-long concluded with e- Sadbhavana Pledge by Principal, Dr. Sangita Nagari, Dr. Rajinder Sharma, Prof. Mala Bhasin (NSS PO) and NSS volunteers. Dr. Nagari impressed upon the volunteers that they should work for the betterment of the society and nation as whole. She emphasized the need for co-operation and Unity to develop peace and Harmony through self-confidence and positive thinking. A common Sadbhavana Video was also posted at different social media platforms




Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.







**Collage of Week-long activities of Sadbhavana Week-2020**

Programme Officer
N.S.S
Govt. College for Women
Gandhi Nagar, Jammu.

STATE TIMES: 21th of August 2020

# Sadbhavana Week-2020 concludes at GCW G'Nagar

**STATE TIMES NEWS**

JAMMU: NSS Unit of Government PG College for Women (GCW) Gandhi Nagar commemorated Bharat Ratna and former Prime Minister Rajiv Gandhi by celebrating Sadbhavana Week-2020 from August 14-20, 2020.

A week-long series of activities were conducted for NSS volunteers under the supervision and guidance of Dr. Sangita Nagari, Principal of the College.

With the common theme 'Role of Youth in promoting National Integration and Communal Harmony', the events of poster making, slogan writing, essay writing and poetry writing were organized wherein the volunteers participated enthusiastically.

On the fifth day, a webinar with theme 'Remembering Rajiv Gandhi National Sadbhavana Awardee's' was organized.

The volunteers spoke on the life and work done by these personalities in their respective fields targeting national integration, communal harmony and peace.

Speaking at this platform, NSS Programme Officer, Prof. Mala Bhasin threw light on the various remarkable efforts and contributions made by Rajiv Gandhi for the socio-economic upliftment of mother nation and in bridging heritage and youth power.

The senior NSS volunteer Surbi Singh acted as moderator of the event.

A Rangoli making activity on theme 'Spread the Colors and Emotions on the Floor' was also conducted in which the volunteers showcased their creativity and talent by making use of material available at their respective places.

Applauding the efforts of NSS PO and volunteers, Dr. Sangita Nagari impressed upon the volunteers that they should work for the betterment of the society and nation as whole.

She emphasized the need for co-operation and unity to develop peace and harmony through self- confidence and positive thinking.

The week long programme concluded on Thursday with e-Sadbhavana Pledge taking at their respective places by Principal, NSS Programme officer and volunteers.

A common Sadbhavana Pledge video was also posted at different social media platforms.

NSS Programme Officer Prof. Mala Bhasin presented the vote of thanks.

**Press Release of Event- Sadbhavana Week-2020**




**Sadbhavana Week 2020**

NSS unit of Govt. PG College for Wome...

www.youtube.com

https://youtu.be/IZBTS_uAbUs

**Event Video**

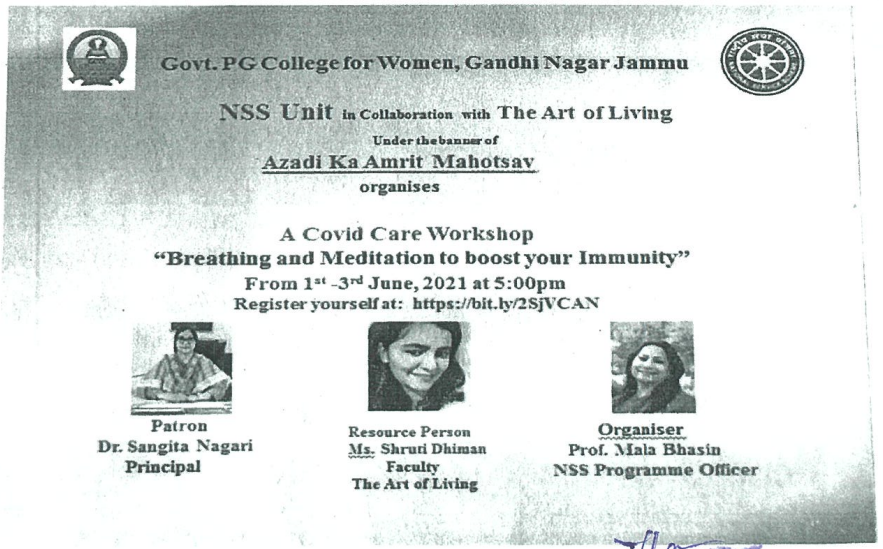
Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Covid Care Workshop (01.06.2021- 03.06.2021)

**NSS Unit** organised **Three day's online Covid Care workshop** from 01.06.2021 to 03.06.2021 on theme –**Boost your immunity by Breathing and Meditation** for the 100 NSS volunteers in collaboration with The Art of Living. The aim of this workshop was to make aware the volunteers about the effective breathing techniques and their benefits in boosting the immune system, in relieving stress, anxiety and depression. The resource person of the workshop was Ms. Shruti Dhiman, Faculty of The Art of living.




Flyer of the 3 day's Workshop (online mode)

Govt. College for Women
Gandhi Nagar, Jammu.




Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.

the transfers are limited to a particular period of the financial ... tained

# 3- Day 'Breathing & Meditation Workshop' concludes at GCW Gandhi Nagar

EARLY TIMES REPORT

JAMMU, June 3: Three day breathing and Meditation Workshop under Azadi ka Amrit Mahotsav concluded today at Government College for Women Gandhi Nagar.

The online workshop–Boost your immunity by Breathing and Meditation was organized by NSS Unit of Government PG College for Women Gandhi Nagar in collaboration with The Art of Living and under the patronage of Principal Dr. Sangita Nagari between 1st of June to 3rd of June, 2021 wherein a total of 100 volunteers participated.

The aim of this workshop was to make the volunteers aware about the effective breathing techniques and their benefits in boosting the immune system, in relieving stress, anxiety and depression.

The resource person of the programme was Shruti Dhiman, Faculty of the Art of Living. She explained the importance of correct breathing and meditation in detoxifying the body and clearing the energy channels. She also demonstrated and practiced various asanas and pranayamas viz., Bharamari, Kapal Bhati, Bhastrika, Nadi Shodan, etc. She said that breathing from the abdomen boosts respiration and ensures a rich supply of oxygen to the brain and signals that all is well. The Principal Dr. Sangita Nagari, in her virtual address, applauded the efforts of NSS PO and volunteers. She emphasized the importance of breathing and meditation in our life. She further stated that breath is the link between the body and mind. Our vital source of energy and the key to healthy and stress free living lies in right breathing and it can heal us from worries and anxieties as when we breathe correctly, we can throw out 60% of toxins from our body. She also highlighted that conducting such workshops helps the students to reduce stress levels, maintain mental hygiene and rejuvenates the body and mind.



A view of webinar.

The workshop was conducted under the supervision of NSS Programme Officer, Prof. Mala Bhasin. NSS Volunteers-Surbi Singh, Shweta Pathak, Anokhha Razotra and Komal Gupta also contributed in the successful management of the workshop.

# 3- Day 'Breathing & Meditation Workshop' concludes at GCW Gandhi Nagar

JL NEWS SERVICE

JAMMU, Jun 3: Three day breathing and Meditation Workshop under Azadi ka Amrit Mahotsav concluded today at Government College for Women Gandhi Nagar.

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Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

organizes

## Awareness Campaign against Drug Abuse

- INTERNATIONAL DAY AGAINST -

**DRUG ABUSE**




1. Poster Making ' Better Knowledge for better care'
2. Video Messages

Patron
Dr. Ravinder Tickoo
Principal

Organizing Committee
Dr. Revika Arora
Prof. Shivani Sharma
Dr. Neelima
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of Awareness Campaign against Drug Abuse

The objective of the awareness campaign on drug abuse conducted by NCC cadets was to educate and raise awareness among the community about the dangers of drug abuse, promote prevention strategies, and provide support to individuals affected by drug addiction.

**Poster-making on the theme "Better Knowledge for better Care":**

The cadets participated enthusiastically in a poster-making activity on drug abuse to visually communicate the dangers and consequences of substance misuse. With their creative skills, they designed impactful posters that depicted the physical, emotional, and social harms associated with drug abuse.

The posters featured compelling messages, eye-catching visuals, and thought-provoking slogans to capture the attention of viewers. Through this activity, the cadets aimed to raise awareness, educate the community, and encourage individuals to make informed choices against drug abuse. The posters displayed on social platforms served as powerful reminders of the importance of staying away from drugs and leading a healthy, drug-free lifestyle.

**Creating Video Messages:**

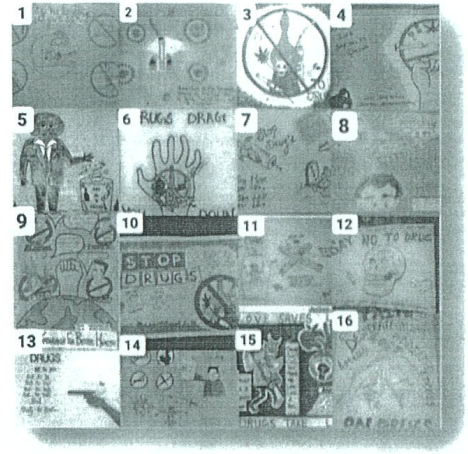
The cadets embarked on a video message creation activity to address the issue of drug abuse. Through short, impactful videos, they aimed to spread awareness and convey important messages about the dangers and consequences of drug abuse.

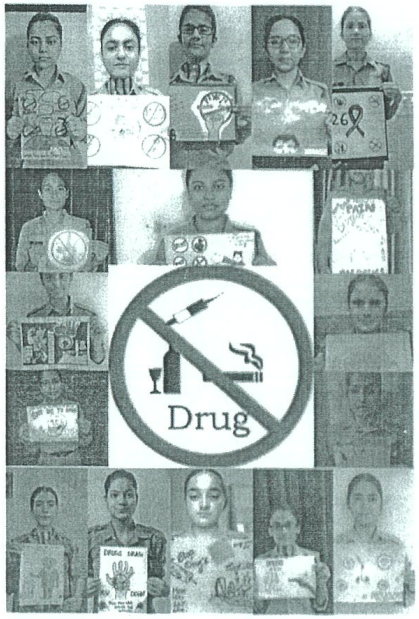
The cadets utilized their creativity and storytelling skills to craft compelling narratives, incorporating real-life stories and facts to highlight the devastating effects of substance misuse. These videos were shared through social media platforms reaching a wide online audience, including students, parents, educators, and community members.

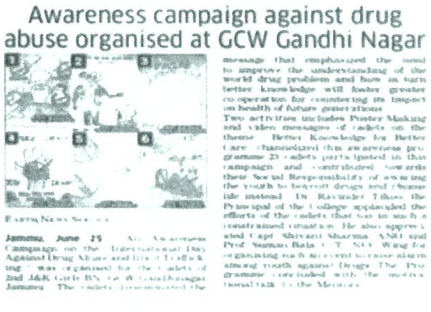
The online mode of the awareness campaign on drug abuse by NCC cadets proved to be highly effective in reaching and engaging a diverse audience. The campaign succeeded in educating participants, fostering discussions, and promoting preventive measures against drug abuse. Continued efforts and collaborations will be crucial in sustaining the impact of the campaign and promoting a drug-free society.

# Govt.College for Women Gandhinagar Jammu

## Activity Photographs



Awareness campaign against drug abuse organised at GCW Gandhi Nagar

Jammu, June 25 [illegible] Awareness Campaign on the International Day Against Drug Abuse and Illicit Trafficking was organised for the Cadets of 2nd J&K Girls BN GCW Gandhinagar Jammu. The cadets disseminated the message that emphasized the need to improve the understanding of the world drug problem and how in turn better knowledge will foster greater co-operation for countering its impact on health of future generations.

Two activities includes Poster Making and video messages of cadets on the theme Better Knowledge for Better Care channelized this awareness programme 23 cadets participated in this campaign and contributed towards their Social Responsibility of awaring the youth to boycott drugs and choose life instead. Dr. Ravinder Tikoo the Principal of the College applauded the efforts of the cadets that too in such a constrained situation. He also appreciated Capt. Shivani Sharma ANO and Prof. Suman Bala [illegible] Wing for organizing such an event to raise alarm among youth against Drugs. The Programme concluded with the motivational talk by the Mentors.

[illegible]/05310028
Lt. Dr. Ra[illegible]a Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## Activity Outcomes

An awareness campaign against drug abuse conducted by NCC cadets can have several positive outcomes. Some potential activity outcomes achieved through this campaign are:

**Increased knowledge:**

The awareness campaign helped NCC cadets and the wider community to gain a better understanding of the dangers and consequences of drug abuse. The various types of drugs, their effects on the body and mind, and the potential risks associated with their use.

**Prevention and deterrence:**

The campaign focused on prevention strategies, educating cadets about the importance of avoiding drug abuse and the negative impact it can have on their physical and mental health, relationships, education, and future prospects. By instilling a sense of deterrence, the campaign can help cadets resist peer pressure and make responsible choices.

**Awareness among peers:**

NCC cadets served as influential role models through highly effective Peer to Peer approach. By actively engaging with their classmates, friends, and community members, they had effectively spread awareness about drug abuse and its consequences.

**Skill-building and leadership development:**

Planning and executing an awareness campaign requires organizational and leadership skills. Through their involvement in campaign activities, NCC cadets proved their abilities in project management, teamwork, public speaking, and communication. These skills can benefit them in various aspects of their personal and professional lives.

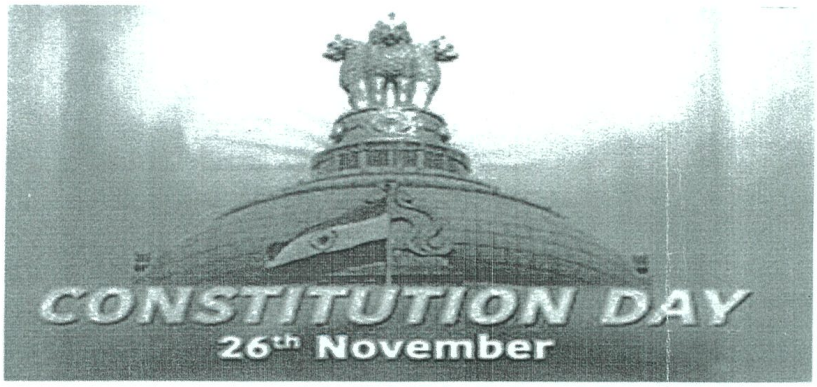
NCC/05310028
Lt. Dr. Kavika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

Commemorates

## Constitution Day – Week long Celebrations




1. Essay Writing (18th Nov.2020)
2. Poster Making (19th Nov.2020)
3. Online Pledge Taking/ Preamble Reading ( 26th Nov.2020)
4. Webinar ' Understanding Indian Constitution' (30th Nov.2020)

Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Prof. Shivani Sharma
Dr. Neelima
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of 6th International Yoga Day

Constitution Day is significant as it promotes constitutional awareness, educates citizens, upholds democratic values, and fosters a sense of national unity and identity. Various activities organized reflect on importance of Constitution, its relevance, and continued adherence to its principles in shaping a just and inclusive society.

### Essay-writing -'Significance of Indian Constitution' (18th Nov.2020)

The 44 NCC cadets of all the wings enthusiastically took part in this activity and reflected their deep understanding of the Constitution's importance, values, and principles. Through this activity, they developed research and analytical & critical thinking. This activity encouraged them to express their thoughts and ideas effectively. The cadets gained insights into the rights, responsibilities, and democratic processes that govern our nation.

### Poster-making (19th Nov.2020)

The poster-making activity engaged 37 cadets in visual communication, helped them in expressing and reinforcing the values, principles, and rights enshrined in the constitution through art and colours.

### Online Pledge / Preamble reading on Constitution Day (26th Nov.2020)

In this activity, a total of 33 cadets participated from their respective homes. It equipped the cadets to actively contribute in the progress of our country and instilled a sense of patriotism in them to become responsible citizens who uphold the ideals of justice, equality, and liberty.

### Webinar "Understanding Indian Constitution" (30th Nov.2020)

A webinar on 'Understanding Indian Constitution' was organised on 3oth Nov.2020 to promote awareness and knowledge about the Constitution's principles, rights, and duties. Prof. Ajay Bhagat, Assistant Professor of Political Science from GDC Reasi was the resource person in this webinar. He educated the cadet participants about the historical and contemporary relevance of the Constitution, fostering a deeper understanding of democracy, justice, and governance. By facilitating discussions and insights, the webinar empowered the cadets to actively engage in upholding and protecting constitutional values.

Lt. Nitu
Associate
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

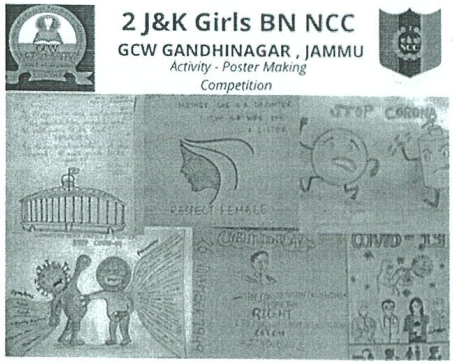
## Webinar on "Understanding Indian Constitution" held at GCW Gandhi Nagar

EARTH NEWS SERVICE

**Jammu, Nov 30 :** A Webinar on the topic "Understanding Indian Constitution" was Organised for the cadets of 2 J&K Girls Bn. GCW Gandhinagar. The Resource Person of the webinar was Mr Ajay Kumar , Assistant Professor of Political Science from Govt. General Zorawar Singh Memorial Degree College , Reasi and a renowned Fencing Champion.

At the outset of the literary enterprise , Cadet Simran Kumari introduced the proficient Resource Person and invited him to enlighten us with his knowledge.He spoke at length about the Conception of Indian Constitution and the Intellectuals who framed it. He also stressed upon the composition and structure of Indian Parliament. On the whole, the lecture was interesting and it gave deep insights into the topic and revealed some amazing facts. The interesting talk was followed by Q&A session.

The whole event was coordinated by the SUO Mitali, JUO Meemansa, JUO Shriya, JUO palivi and cdt. Simran Kumari under the guidance of Dr. Sangita Nagari , the Principal of the College , ANO capt. Shivani Sharma and C/T Prof.Suman Bala




NCC No. 3310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## 2 J&K Girls BN NCC
GCW GANDHINAGAR , JAMMU
*Activity - Essay Writing Competition*

**Topic- "Experience during COVID-19"**

Topic- Coma 19
"Life isn't meant to be easy,
It's meant to be lived.
Sometimes happy, other times
Rough..... But every up and down
We learn because that makes us
Strong."
I cadet Dhisha Digra Regan
JK09SWA6654/5 from 2 J&K GIRLS BN
NCC is going to share my experience during
Covid 19 service. As a cadet I have been
involved in various activities such as poem
writing, poster making, singing, etc., and other
various activities. I feel very proud to be a
NCC cadet because there is some from in this

The important role in this pandemic situation is our teachers and our senior student who done the work alot and boost our confidence so we can also involve in all the activities... I thank God always because they give such best teachers and our senior DI which makes us perfect in all the activities.
Some precautions that we can take such as wear mask , hand cloves, hand sanitizer . And every 20-20 minutes we should clean our hands with soap or sanitizer. At last I would like to say that please stay home stay safe.
THANK YOU

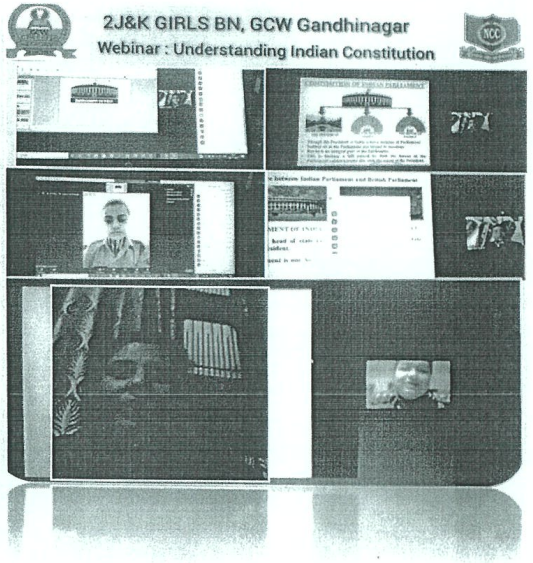
## 2J&K GIRLS BN, GCW Gandhinagar

**Activity: Cadets taking pledge on 26 November 2020**



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu



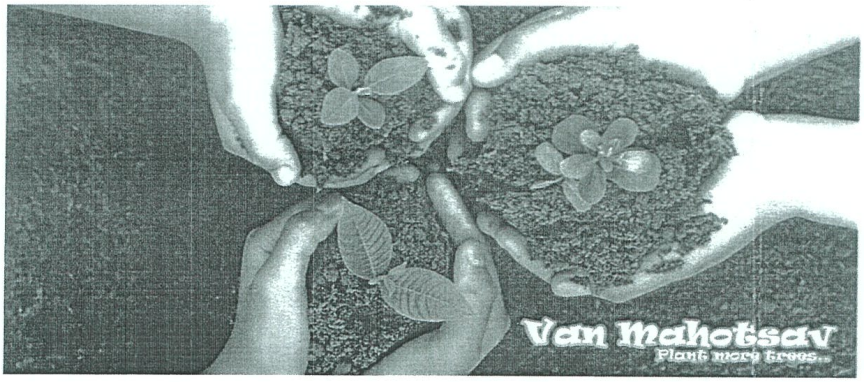
# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

Celebrates

# VAN MOHATSAV WEEK

(1 – 7 JULY,2020)




Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Prof. Shivani Sharma
Dr. Neelima G.
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of Van Mohatsav

In the earnest attempt to lend a green touch to the environment and sensitize the cadets during this Van Mohatsav, the NCC cadets of all the wings of college were apprised about their role in conserving and safeguarding trees and forests. Various activities were organized to commemorate this festival of plantation:

**Plant a Tree, Plant a Hope for Future:**

50 NCC cadets enthusiastically took part in this plantation drive wherein all the cadets planted saplings at their respective homes, clicked a photograph and shared the same on social media to aware the masses about the significance of plantation and conserving the green cover.

**Poster-making on Celebrating Greenery:**

Total 38 NCC cadets actively participated in poster-making where their posters acted as powerful symbols to leave a lasting impression on people's minds. The visual impact of posters had inspired others to participate actively in environmental initiatives. The creative messages on the posters effectively communicated the need to protect the environment and promote sustainable practices. This activity encouraged them to think creatively and innovatively while addressing critical social concerns.

**Plantation Drive in the college campus:**

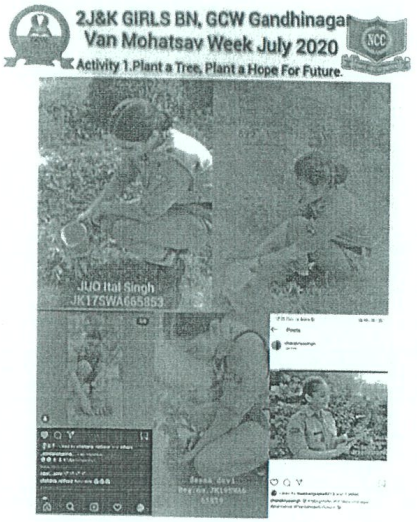
Keeping in view the restrictions posed by the Covid-19, an effort was made to enrich the campus by planting 25 saplings of medicinal plants like amla, behra, tulsi, neem etc. and fruit trees with the active participation of NCC & NSS officers along with Principal of the college.

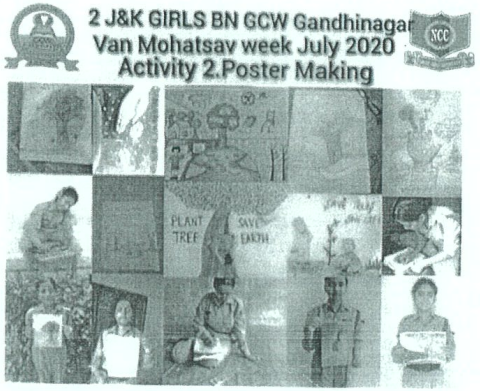
To conclude, Van Mahotsav is not just about planting trees; it is about nurturing life itself. Let's unite under the banner of Van Mahotsav and transform our planet into a greener, healthier, and happier place for all living beings. Together, we can sow the seeds of change and create a legacy of environmental stewardship.

NCC 10028
Lt Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## Photographs of the Activity

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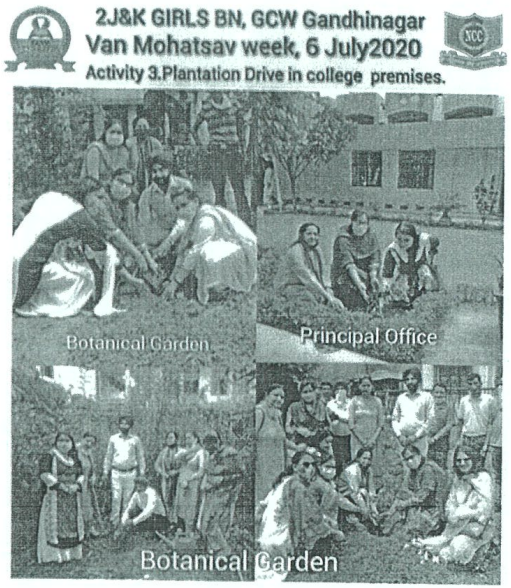
# Govt.College for Women Gandhinagar Jammu




## GCW Gandhi Nagar celebrates Van Mahotsav Week



GCW Gandhi Nagar faculty planting a sapling

**STATE TIMES NEWS**

JAMMU: Van Mahotsav Week was celebrated by Red Cross Club, NCC Units, NSS wings and Botany Department of Government PG College for Women (GCW) Gandhi Nagar from July 1 to 7, 2020. On the occasion students of the college participated in online poster making event in the theme Plant-a-tree plant a hope for future.

Fifteen students of Red Cross Club, 12 NCC volunteers and 1,20 NCC cadets participated in event. Students also planted trees in their respective locations. Van Mahotsav week celebrations ended with tree plantation drive in college campus led by Principal Dr. Sangeeta Nagar along with Prof. Mala Bhavan, Nodal Programme Officer Dr. Davinder Kour, Convener Red Cross Club, Capt. Sarvan Sharma, ANO 2JK girls Bn. Lt Dr Rewika Arora, ANO 1 JK girls Bn. Lt Dr Nadima G, ANO 1 JK Naval unit and Prof. Jamandeep NCC exchange 2 JK girls Bn. The Department of Botany planted medicinal and fruit plant under the leadership of Head of Department, Prof Harshal Singh.

Sapling was also planted by Tuhchan Singh, Lab Asst Dept of Botany on the opportunities. Principal appreciated the effort of the [illegible] and staff of the college [illegible] the opportunities [illegible]

Prof. Mahavir Pal, Prof. Ashok Khajuria, Prof. Ashok Prof. Balraj and Dr. [illegible]

NCC/05310028
Lt. Dr. Rewika Arora
Associate NCC Officer
GCW Gandhi Nagar
1 J&K Girls Bn Jammu

(91)

# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

Commemorates

## 130th Birth Anniversary of Baba Saheb Ambedkar

( Swarnim Vijay Varsh & Azadi ka Amrit Mohatsav)

By

# Cleaning the Statue of Baba Saheb Ambedkar

Situated at

## Panama Chowk , Jammu

On 14th April, 2021 at 11:00 am

Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Dr. Neelima G.

# Govt.College for Women Gandhinagar Jammu

## Activity Report of Ambedkar Jayanti Celebration

The Statue cleaning activity of Baba Saheb Ambedkar's statue commenced at 11:00 am with a brief introduction and instructions for the cadets. The team emphasized over the significance of preserving our cultural heritage and the importance of maintaining public spaces.

The cadets were divided into teams, and each team was assigned specific areas of the statue to clean. We provided them with cleaning materials, including soft brushes, sponges, mild detergent, and water. Care was taken to use non-abrasive and eco-friendly cleaning agents to protect the statue's surface. The cadets exhibited excellent teamwork and coordination during the cleaning process.

The activity concluded with the floral tribute as a token of respect. All the cadets gathered for a debriefing session, where they shared their experiences and reflections on the event. They expressed a sense of pride in being a part of this community service initiative.

This statue cleaning activity by NCC cadets of GCW Gandhinagar was a successful endeavor that not only contributed to the preservation of our cultural heritage but also reinforced the values of civic responsibility, teamwork, and environmental consciousness among the participating cadets.

NCC/03310028
Lt. Dr. Rewika Arora
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# Govt.College for Women Gandhinagar Jammu

## Photographs of the Activity






Lt. Dr. Pavika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## Activity Outcomes

**Community Service and Civic Responsibility:**
By cleaning statues and public monuments, the NCC cadets actively engaged in community service and demonstrated their sense of civic responsibility. It instilled in them a sense of pride in serving their community and contributing to its beautification.

**Preservation of Cultural Heritage:**
The statues are often symbols of cultural heritage and historical significance. Cleaning and maintenance of the statue of Baba Saheb inculcated a sense of responsibility in cadets to preserve these artifacts for future generations.

**Community Engagement:**
While cleaning statues, cadets interacted with the local community members. This engagement builds a bridge between the NCC and the public, creating a sense of trust and appreciation for the cadets' contributions.

**Promoting Discipline and Punctuality:**
The activity requires discipline and punctuality from the cadets to effectively plan and execute the cleaning process. It will reinforce essential values in the NCC cadets.

**Inspiring Others:**
The sight of NCC cadets actively involved in cleaning statues will inspire other community members, particularly the youth, to participate in community service and take pride in their historical and cultural heritage.

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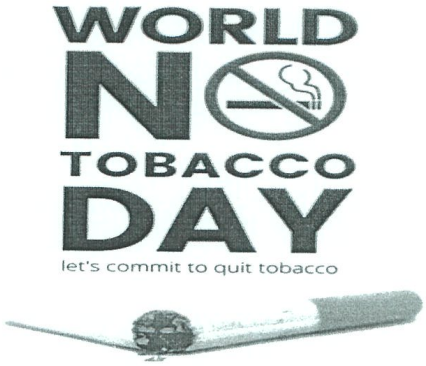
# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

commemorates

## WORLD NO TOBACCO DAY




* 31st of May, 2021

1. Poster-Making Activity
2. Webinar- 'Say No to Tobacco, Yes to Life

Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Dr. Neelima
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of World No Tobacco Day

**Poster-making on 'Road to Tobacco leads to Dead End':**

The poster-making activity was actively conducted with the enthusiastic participation of 52 NCC cadets who through their powerful and compelling posters posted on social media influenced people to reconsider their tobacco habits and the health risks associated with tobacco use, such as cancer, respiratory diseases, and cardiovascular problems.

**Webinar on the theme "Say No to Tobacco, Yes to Life":**

The main objective of the webinar was to raise awareness about the harmful effects of tobacco and promote a tobacco-free lifestyle among the target audience. The webinar started with the discussion among the cadets on the impact of tobacco use on young people and its influence on families, colleges, and communities. They also talked about the risks of tobacco use including cancer, respiratory diseases, cardiovascular problems etc. in their presentations. The activity concluded with the pledge- taking where in cadets, participants and ANO's were encouraged to take a pledge to say no to tobacco and promote a tobacco-free environment in their communities.

Overall, the activities on "Say No to Tobacco" organized by NCC served as an effective platform to raise awareness about the dangers of tobacco use and motivate participants to make positive changes in their lives and communities.

NCC/05310028
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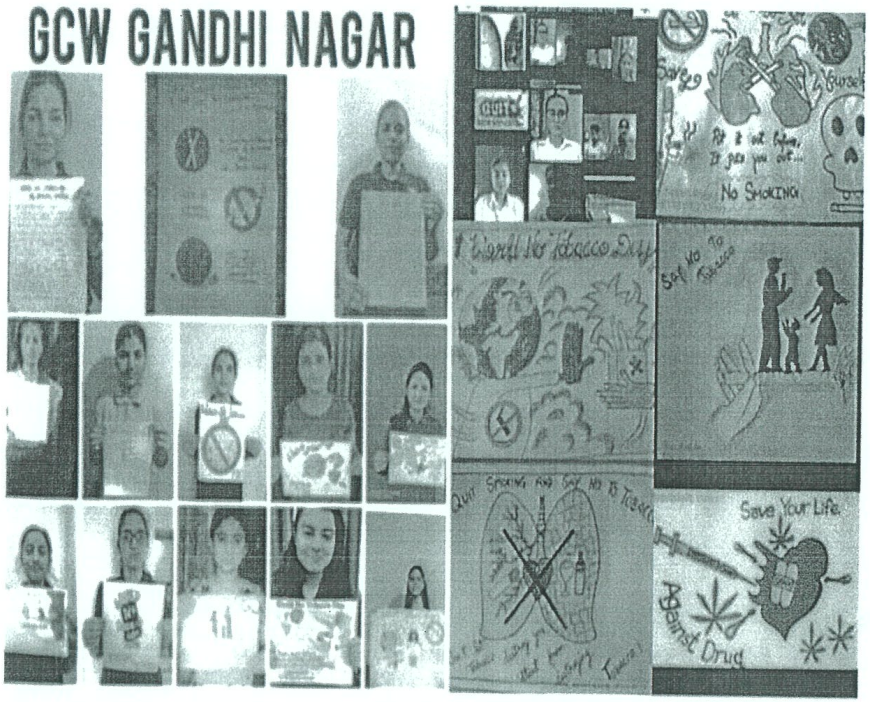
# Govt.College for Women Gandhinagar Jammu

## Photographs of the Activity

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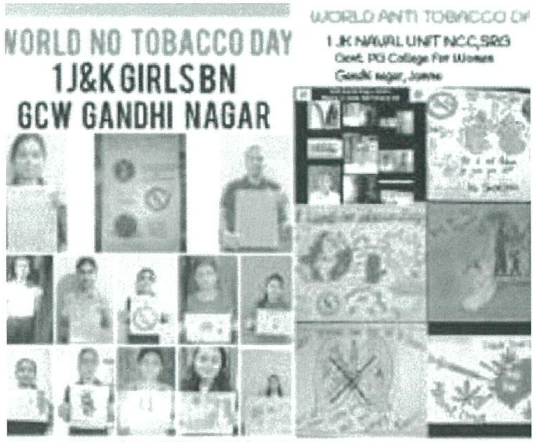
# 'से नो टू टोबैको, यस टू लाइफ'

## जीसीडब्लू गांधीनगर में एनसीसी कैडेट्स ने बताए तंबाकू के नुकसान




जम्मू परिवर्तन ब्यूरो

**जम्मू।** विश्व तंबाकू निषेध दिवस हर साल 31 मई को पूरी दुनिया में मनाया जाता है। विश्व तंबाकू निषेध दिवस 2021 का विषय 'छोड़ने के लिए प्रतिबद्ध' टॉपिक पर जीसीडब्ल्यू गांधी नगर के एनसीसी कैडेटों ने सक्रिय रूप से भाग लिया।

एएनओ लेफ्टिनेंट डॉ. रेविका अरोड़ा की देखरेख में 1 जेएंडके गर्ल्स बटालियन के कैडेट्स ने वर्चुअल मोड के माध्यम से विभिन्न पोस्टर तैयार किए, जिसमें संदेश दिया गया कि तंबाकू के सेवन से घातक बीमारियों के साथ अंत होना निश्चित है। पोस्टरों में धूम्रपान और तंबाकू चबाने के कुप्रभावों को दर्शाया गया। कैडेटों ने तंबाकू के प्रभाव पर विभिन्न लेख भी लिखे। इन लेखों ने तंबाकू के उपयोग से स्वास्थ्य जोखिमों पर प्रकाश डाला।

सब लेफ्टिनेंट डॉ. नीलिमा जी के निर्देशन में कैडेट्स ने कार्यक्रम में बहुत उत्साह दिखाया। उन्होंने 'से नो टू टोबैको, यस टू लाइफ' विषय पर एक वेबिनार में सक्रिय रूप से भाग लिया। कैडेटों ने तंबाकू के दुष्प्रभावों पर चर्चा की। उन्होंने विभिन्न उदाहरण बताए जहां तंबाकू चबाने से कई लोगों की जान चली गई। कैडेटों ने ऑनलाइन पोस्टर मेकिंग और स्लोगन राइटिंग में भी भाग लिया।

दोनों इकाइयों के कैडेटों ने सोशल मीडिया के माध्यम से यह संदेश भी फैलाया कि तंबाकू के सेवन से होने वाले दुष्प्रभावों में कैंसर, हृदय रोग, स्ट्रोक, फुफ्फुसीय रोग शामिल हैं। यह तपेदिक, नेत्र रोगों और प्रतिरक्षा प्रणाली की समस्याओं के जोखिम को भी बढ़ाता है, जिसमें संधिशोथ भी शामिल है।

कॉलेज की प्राचार्य डॉ. संगीता नागरी ने कैडेटों को इस तरह के जागरूकता कार्यक्रमों में भाग लेने के लिए प्रेरित किया। उन्होंने जोर देकर कहा कि कैडेटों में समाज में सुधार लाने और राष्ट्र की सेवा करने की काफी संभावनाएं हैं।

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Associate NCC Officer
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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report

## On

## Online Career Alignment Test

## 14-06-2020

(107)

## Govt. College for Women Gandhi Nagar, Jammu

### Career Counselling and Placement Cell

**REPORT**

**ACTIVITY: Career Alignment Test**

**Dated 14-06-2020**

An online Career Alignment Test was conducted on 14-06-2020 in Govt. P.G. College for Women, Gandhi Nagar Jammu for the students of Semester 4th to make them aware of their potentialities, their strengths, their weaknesses etc., by the Career Counselling Cell of the college. This drive was held in collaboration with University of Petroleum and Energy Studies, Dehradun. A Career Alignment Test was carried out for the students through which students could analyse their individual qualities, self awareness and capabilities. Approximately 1003 students appeared for the test.Principal of the college lauded the active participation of the students. The program was held under the coordination of Prof. Anita Sharma ,Convenor Career Counselling Cell of the college along with team members Prof. Rajni Kumari, Prof. Renu Rajput and Prof. Jasneet Kour.

Convenor Career Counseling Cell

(68)

# Online career alignment test Held at Govt.P.G. College for Women Gandhi Nagar,Jammu

ND News Service

Jammu :15 June

Career Counselling Cell of Govt P.G. College for Women, Gandhi Nagar in collaboration with University of Petroleum and Energy Studies (UPES) has successfully arranged for Insight an online career alignment test for 4th semester students which took place on 14th of June 2020 i.e Sunday under the worthy guidance of Principal of the college Prof (Dr.) Ravinder Takoo.

Theme of this insight was to help students make a scientific and accurate career choice based on five elements interest personality aptitude emotional intelligence and orientation Certain guidelines were also given so that the students could conveniently attempt the test within the stipulated time.

In total 1003 students appeared for the test which was in itself a great leap another feather in the cap of the college.

Detail summery report of the out come of result of the students will be shared with the students on their E-mail.

Speaking online on the occasion Prof Ravinder Takoo lauded the active participation of each student.

Prof Anita sharma organizer of the event thanked all the participants for taking part in the test and also appraised that such type of event will be conducted in future also.

137

# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of

## Careers of future and transferable skills

## On

## 15-09-2020

142

# REPORT

## Activity: Careers Of Future And Transferable Skills

## Dated: 15-09-2020

A national webinar on Careers of future and transferable skills was organized by Career counseling cell, P.G.College for Women Gandhi Nagar, Jammu under the patronage of Worthy Commissioner Secretary Talat Parvez Rohella and Principal Dr. Sangita Nagari.

The objective of the webinar was to help students, parents, and teachers during this pandemic period by planning achievable goals and take appropriate decisions regarding their careers in wake of uncertainties Covid 19 has posed.

The Principal of the College, Dr.Sangita Nagari began the programme by presenting a welcome address. She urged the participants to gain maximum benefit of the webinar by raising queries and asking the resource person to make it an interactive Session.

Prof.Ambica Kumari, Nodal Officer for career counseling, Moderator of the webinar highlighted the theme of the programme. She appealed to the participants to disseminate the knowledge gained during the session to others also.

The Resource Person, Mr. Rohit Sardana, the Co-founder of Incubate IND, India's biggest Hackathon company talked about the role of counseling in shaping careers and explained to students various career avenues which have gained momentum during and post covid period. He provided an insight into the startup ecosystem and digital media as an asset. He also satisfied the participants by solving their queries.It was totally an interactive Session. Participants were benefited at lot and shared their good experiences of the webinar in the chat box.The Organizing Committee from the College comprised of Prof. Anita Sharma, Prof. Renu Rajput, Prof. Meenakshi Sharma, and Prof. AmbicaKumari. Prof. Anita Sharma, Organizing Secretary of the webinar presented a vote of thanks on behalf of the Career Counselling Cell of the College to participants for their presence in the webinar. She also ensures that such webinars would be conducted in the future as well to educate and enlighten the students about their future perspectives.

Convenor Career Counselling Cell

# P.G.College for Women Gandhi Nagar, Jammu organized a webinar on CAREERS OF FUTURE & TRANSFERABLE SKILLS

(143)

**JAMMU:** National webinar on Careers of future and transferable skills was organized by Career counseling cell, P.G.College for Women Gandhi Nagar, Jammu under the patronage of Worthy Commissioner Secretary Talat Parvez Rohella and Principal Dr. Sangita Nagari.

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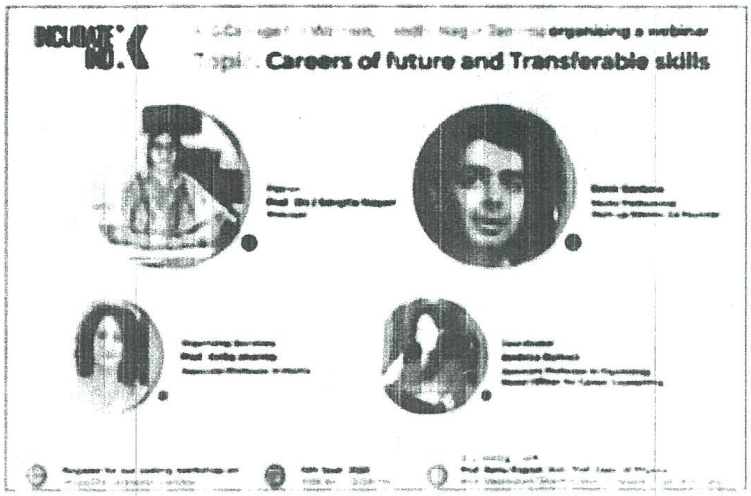


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The Resource Person,

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The News Now
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144

...issioner Tuesday ...stened to ...f Jan Ab... ...nd Kash... ...to Back... ...ne. ...ublic del... ...ated and ...their re... ...t hearing

to all the deputations, memorials and passed on the spot directions to the concerned officers for resolving the issues. He also assured the public that all their genuine demands would be redressed at the earliest.

Additional Commissioner Jammu, Assistant Commissioner Central, Deputy Director Planning and other officers were also present during the Public Darbar.

Later, the Divisional Commissioner convened a video conference meeting with Deputy Commissioner Kishtwar ... administration and executing agencies to expedite the pace of work on these major power projects for their timely completion.

Meanwhile, the Divisional Commissioner also visited General Zorawar Singh Auditorium at Jammu University to review the arrangements being put in place in view of the visit of Lieutenant Governor on September 21.

The concerned officers apprised the Div Com about the arrangement put in place to facilitate the visit.

## ...tion drive Hospital

or another. He said that if we initiate in this noble cause today, the results of the same will be reaped by our future generations. He stated that PM Narendra Modi has many times stressed upon the contribution of everyone towards saving the environment and if we want the coming years to be free from various types of pollutants and to make our life healthier, we all must focus on the implementation of things which can make our environment a better place to live in future.

Munish Khajuria said that all those things which cause harmful effects to our environment should not be brought into use and we must motivate others as well to walk on a positive path that can make our environment free from pollutants.

Jatinder Kour, Varinder Dogra, Anil Angral, Ramesh Angral and several others were also present on the occasion.

## Webinar on 'Careers of future and transferable skills' held

JAMMU : National webinar on Carvers of future and transferable skills was organized by Career counseling cell, PG College for Women Gandhi Nagar, Jammu under the patronage of Commissioner Secretary, Talat Parvez Rohella and Principal Dr. Sangita Nagari . The objective of webinar was to help students, parents and teachers during this pandemic period by planning achievable goals and take appropriate decisions' regarding their career in wake of uncertainties Covid 19 has posed.

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## ...ebinar on 'Transparent ...onouring the Honest'

...and ROB Head, Jammu also ...ided the webinar. ...rpreet Singh while introduce... ...he subject said that new taxa... ...system was in line with Gov...

...rector, PIB & ROB J&K emphasised the need to increase the Tax base with a view to aid the Government in the process of Nation Building. She said that Income tax

## KO's Sajjad Haider elected president of KEG, Masood as GS

SRINAGAR: Editor of the Kashmir Observer Sajjad Haider was on Tuesday

## Notice for students

(151)

**Psychological Cum Career Counseling and Placement Cell,**
**Higher Education Department Jammu**
**and**
**Career Counseling cell of Govt. P.G.College for women**
**Gandhi Nagar, Jammu**

are organizing a series of events on

## World Mental Health Week-2020

10-10-20 to 18-10-20



Chief Patron
Jenab Talat Parvaiz Rohella
Commissioner Secretary Higher Education
Department JK-UT



Patron Jammu Division
Prof.(Dr.) S P Saraswat
Principal
PG College for women Parade, Jammu



Patron Kashmir Division
Prof.(Dr.) Shiekh Aijaz Bashir
Principal
Islamia College of Science & Commerce, Srinagar



Organizing Secretary
Prof.(Dr.) Sangita Nagri
Principal
Govt. P. G. College for women Gandhi Nagar Jamm



Resource Person
Dr. Chand Trehan
Counseling Psychologist Director,Care North

**Events:**

These events are being organized as awareness Campaign.

1) Poster making
2) Slogan writing
3) Webinar on the topic:

"Building Resilience for Psychological well being and happiness"
at 9:30am on 17-10-20.

All the entries are accepted till 16-10-2020.

Join whatsapp Links for Poster Making ,Slogan writing and Webinar

**Poster making :**
https://chat.whatsapp.com/JVNR9cFSj9eAiCK4Uj34Hm

**Slogan writing :**
https://chat.whatsapp.com/CcsOrCs7IyY0KTC723kWs7

**Webinar :**
https://chat.whatsapp.com/LRs8WF32iGgK07dbkYPGgQ

This event is open for students from schools, colleges and universities .

E-Certificates will be provided to all the participants.

**Organizing Team:**

1.Dr. Anita Sharma ( Convener )
2.Prof. Ambica Kumari (coordinator)
3.Prof Renu Rajput (member )
4.Prof. Meenakshi Sharma ( member)

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU
## Career Counselling and Placement Cell

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## REPORT

### Activity: Mental Health Week -2020
### 10-10-2020 to 18-10-2020 .

Govt. P. G. College for Women, Gandhi Nagar Jammu in collaboration with Psychological Cum Career Counselling and Placement Cell, Higher Education Department organized a series of events for the students in celebration of Mental Health Week 2020. A large number of students from schools, colleges, and universities from Jammu and Kashmir and other states within the country participated in poster making, slogan writing and a webinar on the topic: Building Resilience for Psychological well being and Mental Health on 17-10-2020. The Commissioner Secretary HED, Jenab Talat Parvez Rohella was the chief Patron of the program. He has already taken the initiative by adopting MANODARPAN (under MHRD Govt. of India) to cater psychological health and wellness of the students parents and stakeholders for better management of stress during the ongoing COVID-19 pandemic and beyond. Dr.S.P.Saraswat, Principal GCW Parade Jammu, Dr. Sangita Nagari, Principal P.G. College for Women, Gandhi Nagar Jammu and Dr. Shiekh Aijaz Bashir, Principal Islamia College of Science $ Commerce, Srinagar were the patrons of the whole programme. The Webinar was inaugurated by the Patron and Principal of the College, Dr. Sangita Nagari. She welcomed the participants and Resource persons. She emphasized that these series of events are aptly relevant during this pandemic situation due to covid-19.She also assured that such programmes will be organized in future for the welfare of the students.Dr. Shiekh Aijaz Bashir, in his address, congratulated principal and organizing committee of college for taking such a wonderful initiative for mental health and emotional well being of students. Dr. Chand Trehan, Resource Person of the webinar, Director CARE NORTH (Centre for Counseling, Research and Empowerment), innovative educator and skilled in building positive rapport with students. She stressed upon learning special skill i.e. Resilience for mental health and psychological well being. Participants learned techniques to relieve anxiety, stress and distracting thoughts during the webinar. She satisfied the participants by answering the queries raised by them. The organizing Committee for the series of events comprised of Prof. Anita Sharma (Convener), Prof. Renu Rajput (organizing secretary)and Prof.Meenakshi Sharma. Prof. Ambica Kumari, Nodal Officer

coordinated the series of events. She acted as a moderator in the webinar. Prof. Renu Rajput presented vote of thanks.

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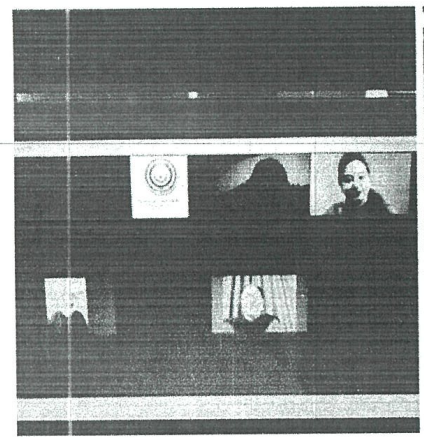
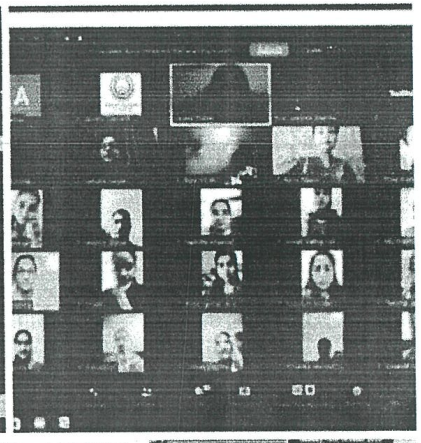
Convenor Career Counselling Cell

## Screenshots and Press Release





Mental Health Week -2020

STATE TIMES NEWS

Mental Health Week -2020 was celebrated by Govt. P.G. College for Women, Gandhi Nagar Jammu

Mental Health Week -2020 was celebrated by Govt. P.G. College for Women, Gandhi Nagar Jammu.

Attention all Govt. Deptts.

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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## REPORT

## on

## Preparing for the Competitive Examination

## 28-11-2020

160

## Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

### Meeting Notice

Career counseling and placement cell meeting will be held on 25/11/2020 at 12 AM via online mode on Google meet. All the committee members are requested to attend. The link will be shared in WhatsApp group.

**Convenor**

Career Counselling Cell

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU
## Career Counselling and Placement Cell

### Minutes of Meeting

**Date and Time:** 25/11/2020 at 12:00 AM
**Venue:** Online
**Chairperson:** Prof. Sangita Nagari (Principal)
**Members Present:**

- Prof. Anita Sharma (Convener, Career Counseling & Placement Cell)
- Prof. Renu Rajput (Member)
- Prof.Ambica Kumari (Member)
- Prof. Meenakshi Sharma (Member)

**Agenda of the Meeting:**

- Planning and Execution of webinar on competitive Exams.

**Resolution:**

It is unanimously resolved that the Career Counselling Cell of Govt. P. G. College for Women, Gandhi Nagar Jammu in collaboration with Psychological Cum Career Counselling and Placement Cell, Higher Education Department will organize a webinar on the topic "Preparing for the competitive examination" on 28-11-2020.The Resource Person for the webinar will be Dr. Tosendra Dwivedi was the Resource Person for the webinar. He is a senior Assistant professor at Amity University and Trainer to the Gazetted officers.

The link will be shared with the students in the Whatsapp group.

**Members of the Career Counseling and Placement cell.**

- Prof. Anita Sharma (Convener, Career Counseling & Placement Cell)
- Prof. Renu Rajput (Member)
- Prof.Ambica Kumari (Member)
- Prof. Meenakshi Sharma (Member)

The meeting ended with a formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

for PRINCIPAL
Govt. College for Women
Gandhi Nagar, Jammu

(162)

**Psychological Cum Career Counseling and Placement Cell, Higher Education Department Jammu**

**and**

**Career Counseling cell of Govt. P.G.College for women Gandhi Nagar, Jammu**

organize a webinar on the topic

**Preparing for the competitive Exams on 28-11-20**

at 4:00pm to 5:00pm



Chief Patron
Jenab Talat Parvez Rohella
Commissioner Secretary
Higher Education Department
JK-UT



Patron
Prof.(Dr.) Sangita Nagari
Principal
Govt. P. G. College for women
Gandhi Nagar, Jammu



Resource Person
Dr. Tosendra Dwivedi
Senior Assistant Professor of Psychology,
Amity University, Noida

Organizing Committee:
1.Dr. Anita Sharma ( Convener )
2.Prof. Ambica Kumari (coordinator)
3.Prof Renu Rajput (co-cordinator )
4.Prof. Meenakshi Sharma ( member)

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# REPORT

## Activity: Preparing for the competitive Examination"

## Dated: 28-11-2020

Career Counselling Cell of Govt. P. G. College for Women, Gandhi Nagar Jammu in collaboration with Psychological Cum Career Counselling and Placement Cell, Higher Education Department organized a webinar on the topic "Preparing for the competitive examination" on 28-11-2020.

The Commissioner Secretary HED, Jenab Talat Parvez Rohella was the chief Patron of the program. He has already taken the initiative by adopting MANODARPAN (under MHRD-Govt.of India) to cater psychological health and wellness of the students, Parents and stakeholders for better management of stress during the ongoing COVID-19 pandemic and beyond.

The Webinar was inaugurated by the Patron and Principal of the College, Dr. Sangita Nagari. She welcomed the participants and Resource persons. She emphasized that such webinarsare aptly relevant for the students and teachers during this pandemic situation due to covid-19 and the topic of the webinar is of utmost importance. She also assured that such programs will be organized in the future for the welfare of the students.

The organizing Committee for the webinar comprised Prof. Anita Sharma (Convener), Prof. Ambica Kumari (Coordinator), Prof. Renu Rajput (co-coordinator), and Prof.Meenakshi Sharma. Prof. Anita Sharma, Associate professor of mathematics presented a formal welcome address. Prof. Ambica Kumari, Nodal Officer for Career Counselling coordinated the program. She motivated the students for further disseminate the skills and knowledge gained from the resource person to other students also. She also acted as a moderator for the program.

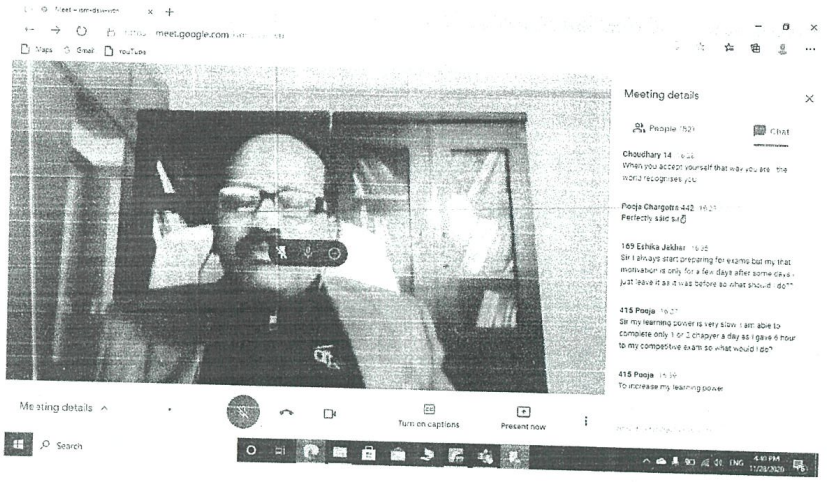
Dr. Tosendra Dwivedi was the Resource Person for the webinar. He is a senior Assistant professor at Amity University and Trainer to the Gazetted officers. He guided, motivated, and provided the strategy tobe adopted for the preparation of competitive exams. He has emphasized the difficulties faced by the students and how to avoid/overcome them while preparing for excellence in any competitive exams. He has given a roadmap for choosing the right career and how to galvanize one's preparation well. He also gave tips to avoid/overcome exam anxiety for

optimum performance.The webinar was followed by Question Answer Session. Students and teachers raised a number of queries and the resource person clarified all the doubts. Participants learned techniques to relieve anxiety, stress, insomnia, and distracting thoughts during the webinar. The webinar was totally an interactive session.

In the end, Prof. Renu Rajput presented a vote of thanks.

Convenor Career Counselling Cell

## Screenshots of the Activity



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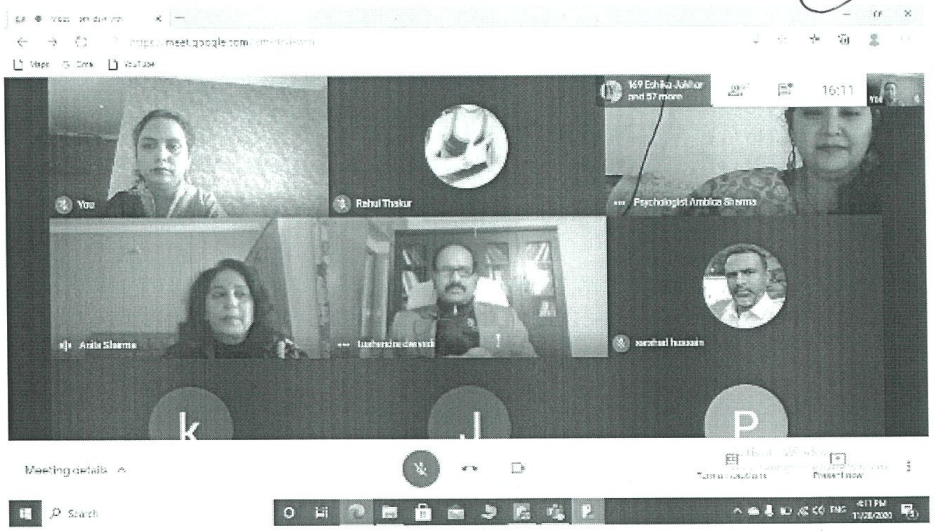
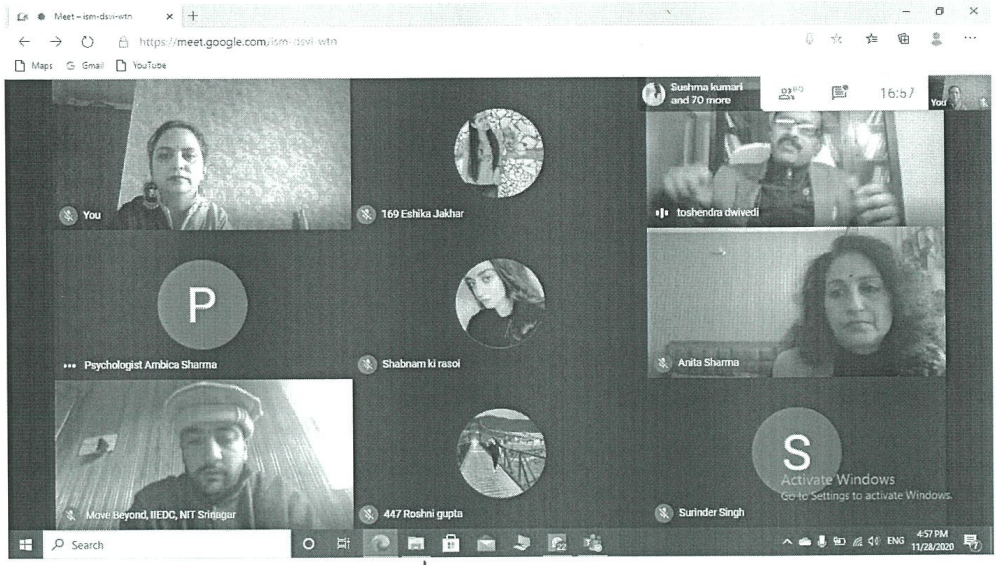

You
Rahul Thakur
Psychologist Ambica Sharma
Anita Sharma
Meeting details
Search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Maps
Gmail
YouTube
Sushma kumari and 70 more
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169 Eshika Jakhar
toshendra dwivedi
Psychologist Ambica Sharma
Shabnam ki rasoi
Anita Sharma
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447 Roshni gupta
Surinder Singh
Activate Windows
Go to Settings to activate Windows.
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ENG
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11/28/2020

**PRESS RELEASE**

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State Times: ePape...
epaper.statetimes.in

Navigation | Archives

STATE TIMES • Sunday • November 29, 2020

## RCC, Sai Club enter semis of KPPL



## Shiksha Niketan School celebrates Guru Nanak Dev birthday



## Bhadarwah Girl WCM Arushi Kotwal conferred with State Award



## GCW G'Nagar organises webinar on competitive exams

## Ace skater Tarun gets Sher-e-Kashmir Sports Award



## Bhargav Sports Club wins in Hockey



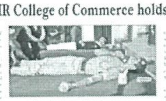
## NCC cadets' pre-RDC training gets underway at Nagrota



## BSF school Judokas picked by SAI



## Govt SPMR College of Commerce holds Blood Donation Camp



## Rajouri TT meet gets underway

## Akash conferred with Sher-e-Kashmir award



## District Shopian Volleyball Championship begins



# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of Drug Abuse and Addiction

## on

## 30-01-2021.

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**MEETING NOTICE**
Date: 28.01.2021

It is to inform that a meeting of all the members of Career Counselling Cell will be held on 29.01.2022 in the Chamber of Worthy Principal at 11:30am regarding the Interaction Programme on the topic "Drug Abuse and Addiction" on 30-01-2021.

All are requested to make it convenient to attend the same on the scheduled date and Time.

Convenor Career Counselling

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**MEETING NOTICE**
Date: 28.01.2021

It is to inform that a meeting of all the members of Career Counselling Cell will be held on 29.01.2022 in the Chamber of Worthy Principal at 11:30am regarding the Interaction Programme on the topic "Drug Abuse and Addiction" on 30-01-2021.

All are requested to make it convenient to attend the same on the scheduled date and Time.

Convener Career Counselling

## Govt. College for Women Gandhi Nagar, Jammu
## Career Counselling and Placement Cell

# Minutes of Meeting
**( 29.01.2021)**

A meeting of members of Career Counselling Cell was held in the Chamber of worthy Principal on 29.01.2021 at 11:30am.The agenda of the meeting was to discuss the conduct of the Interaction Programme on the topic "Drug Abuse and Addiction" on 30-01-2021.

It was unanimously decided in the meeting that:

1. The Webinar shall be conducted online as per date and time.
2. The Director Colleges, Peerzada Mohd. Yousuf will grace the occasion.
3. Dr. Abhishek Chowhan, Consultant Psychiatrist, Office incharge Psychiatric Diseases Hospital (Adm), Officer in charge DE-addiction services(Clinical), Government Medical College Jammu, willbe the Resource Person of the webinar.
4. It must emphasized upon the difficulties faced by the students and how to avoid/overcome it .The webinar must be an interactive session.
5. Students will be informed through different social media applications
6. All the technical support must be ensured for online conduct of webinar

The following members were present during the meeting

1. Prof. Anita Sharma
2. Prof. Ambika Kumari
3. Prof. Renu Rajput
4. Prof. Anupama Sharma

Hence, the minutes are submitted for approval.

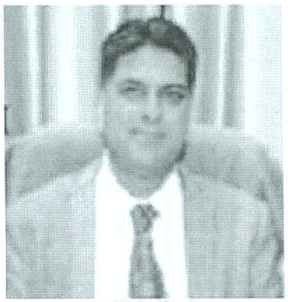
Principal
Govt. College for Women
Gandhi Nagar, Jammu

# P.G. COLLEGE FOR WOMEN, GANDHI NAGAR JAMMU

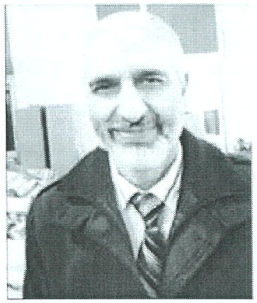
UNDER THE AEGIS OF ***MANODARPAN***

IS ORGANISING AN ***INTERACTION PROGRAMME***

## TOPIC: DRUG ABUSE AND ADDICTION



Chief Patron
Jenab Talat Parvez Rohella
Commissioner Secretary, HED



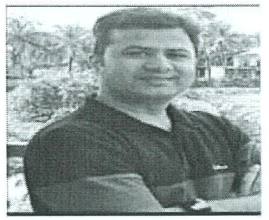
Patron
Peerzada Mohd. Yousaf
Director Colleges



Patron
Dr. Sangita Nagari
Principal

## RESOURCE PERSON

**Date and Time:- 30-1-2021 at 3p.m.**
**On google meet**
**Link : https://meet.google.com/gnx-qade-tzpx**
**For the students , parents and teachers**



Dr. Abhishek Chowhan
Consultant Psychiatrist Disease Hospital
GMC, Jammu

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

# REPORT

## Activity: "Drug Abuse and Addiction"
## Dated: 30-01-2021

Career Counselling Cell of Govt. P.G. College for Women, Gandhi Nagar Jammu in collaboration with Psychological Cum Career Counselling and Placement Cell, Higher Education Department organized an Interaction Programme on the topic, "Drug Abuse and Addiction" on 30-01-2021.

The Commissioner Secretary HED, Jenab Talat Parvez Rohella was the chief Patron of the programme. He has already taken the initiative by adopting MANODARPAN (under MHRD-Govt.of India) to cater psychological health and wellness of the students, Parents and stakeholders.

The Programme was inaugurated by the Patron and Principal of the College, Dr. Sangita Nagari. She welcomed the Director Colleges, Peerzada Mohd. Yousaf In the programme. She also welcomed the participants and Resource Person Dr. Abhishek Chowhan and emphasized that topic of the webinar is aptly relevant for the students, Parents and teachers.

The Director Colleges, Peerzada Mohd. Yousef, graced the occasion through his words in spite of his busy schedule .He appreciated the efforts of the organizers for the interaction programme and advised the parents, teachers and students to come forward and talk about your psychological problems freely climinating the stigma attached with psychological problems. He also awarded the participants about the initiatives taken by the Higher Education Department for achieving the goals of Education.

Prof. Ambica Kumari, Nodal Officer for Career Counselling coordinated the programme. She motivated the students for further disseminating the information and knowledge gained from the resource person to other students also. She also acted as a moderator for the programme.

Dr. Abhishek Chowhan, Consultant Psychiatrist, Office incharge Psychiatric Diseases Hospital (Adm), Officer in charge DE-addiction services(Clinical), Government Medical College Jammu, was the Resource Person of the webinar. He explained in detail about types of drugs, its sources, ill effects and abuse. Dr. Abhishek informed the parents, students and teachers about treatments available to help addicted ones for managing the drug addiction successfully. The Event was attended by more than 100 students online. Students and Parents raised a number of queries and the resource person addressed the queries of the participants the power point presentation by the Resource person provided Complete Knowledge about the

# Interaction programme on 'Drug Abuse and Addiction' held

TNN BUREAU



JAMMU: Career Counselling Cell of Government PG College for Women, Gandhi Nagar in collaboration with Psychological Cum Career Counselling and Placement Cell, Higher Education Department organized an interaction programme on the topic "Drug Abuse and Addiction", here on Saturday.

The Commissioner Secretary HED, Talat Parvez Rohella was the chief Patron of the programme. He has already taken the initiative by adopting MANODARPAN (under MHRD-Govt of India) to cater psychological health and wellness of the students, Parents and stakeholders.

The programme was inaugurated by the patron and principal of the College, Dr Sangita Nagari. She welcomed the Director Colleges, Peerzada Mohd Yousaf in the programme. She also welcomed the participants and Resource Person Dr Abhishek Chowhan and emphasized that topic of the webinar is aptly relevant for the students, parents and teachers.

Peerzada Mohd Yousaf appreciated the efforts of the organizers for the interaction programme and advised the parents, teachers and students to come forward and talk about psychological problems freely eliminating the stigma attached with psychological problems. He also apprised the participants about the initiatives taken by the Higher Education Department for achieving the goals of Education. Prof. Ambica Kumari, Nodal Officer for Career Counselling coordinated the programme. She motivated the students for further disseminating the information and knowledge gained from the resource person to other students also. She also acted as a moderator for the programme.

Dr Abhishek Chowhan, Consultant Psychiatrist, Office incharge Psychiatric Diseases Hospital (Adm), Officer incharge De-addiction services(Clinical), Government Medical College Jammu explained in detail about types of drugs, its sources, ill effects and abuse. Dr Abhishek informed the parents, students and teachers about treatments available to help addicted ones for managing the drug addiction successfully. The event was attended by more than 100 students through online mode. Students and parents raised number of queries which were replied by the resource person to the best of their satisfaction. The power point presentation by the Resource person provided Complete Knowledge about the drug abuse and addiction to participants.

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**Minutes of Meeting**
**( 05.03.2021)**

A meeting of members of Career Counselling Cell was held in the Chamber o Principal on 05.03.2021 at 11:00am.The agenda of the meeting was to dis conduct of an online training programme for the students, teachers and paren topic " Acugyan" under the aegis of Manodarpan.

It was unanimously decided in the meeting that:

1. The Webinar shall be conducted online as per date and time.
2. Ms. Esha Mahesh Atha, Resource person of the programme ,is founder and of Acugyan, virtually taught acupressure points for headache, sugar, Thyroid, Heart problems, stress , anxiety ,Depression, weak eyesight , phobias, back pain etc
3. It must emphasize upon the difficulties faced by the students and h avoid/overcome it .The webinar must be an interactive session.
4. Students will be informed through different social media applications
5. All the technical support must be ensured for online conduct of Webinar

The following members were present during the meeting

1. Prof. Anita Sharma
2. Prof. Ambika Kumari
3. Prof. Renu Rajput
4. Prof. Anupama Sharma

Hence, the minutes are submitted for approval.

Principal
Govt. College for Women
Gandhi Nagar, Jammu

P.G. COLLEGE FOR WOMEN, GANDHI NAGAR JAMMU
UNDER THE AEGIS OF **MANODARPAN**
IS ORGANISING A SKILL DEVELOPMENT **PROGRAMME**
TOPIC: ACUGYAN



Chief Patron
Jenab Talat Parvez Rohella
Commissioner Secretary, HED



Patron
Peerzada Mohd. Yousaf
Director Colleges



Patron
Dr. Sangita Nagari
Principal



*Prof. Ambica kumari*
*Coordinator*

**Date and Time:-**
**6-3-2021 at 4:30p.m.**
**On google meet**
**Link :**
https://meet.google.com/xdh-pjdc-jrh

**RESOURCE PERSON**



Esha Mahesh Atha
Founder and Trainer
ACUGYAN

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

# REPORT

## ACTIVITY: ACUGYAN
**Dated: 06-03-2021**

Career Counselling Cell, Govt. P. G. College for Women, Gandhi Nagar Jammu organized a training programme for the students, teachers and parents on the topic " Acugyan" under the aegis of Manodarpan.

Govt. P.G. College for Women, Gandhi Nagar Jammu organized a training programme for students, parents and teachers on the topic "Acugyan" for using acupressure as an alternative therapy.

Dr. Sangita Nagari, principal of the college and patron of the programme welcomed the resource person. She urged the participants to learn accupressure technique for their physical and psychological wellbeing and happiness.

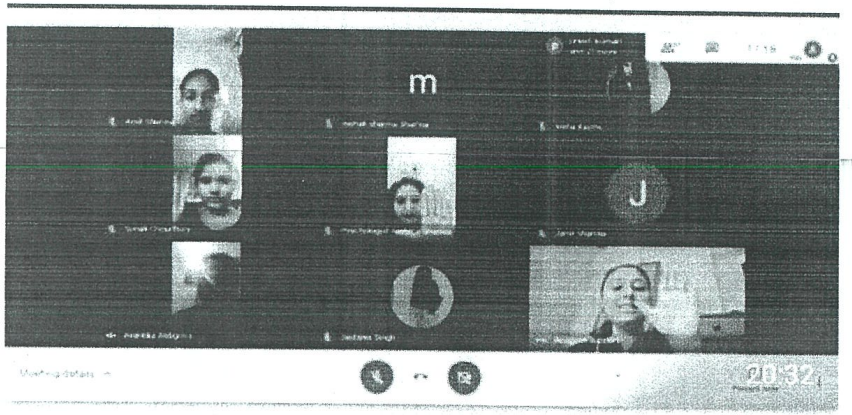
Prof. Ambica Kumari, Nodal Officer for Career Counselling and Coordinator of the programme asked the participants to learn this technique, apply to others and if interested choose it as a profession.

Ms. Esha Mahesh Atha, Resource person of the programme , is founder and trainer of Acugyan, virtually taught acupressure points for headache, sugar, B.P., Thyroid, Heart problems, stress , anxiety ,Depression, weak eyesight , Exam phobias, back pain to participants. The acupressure points should be pressed for 2 to 3 minutes at a time and total 20 minutes in day. She told that for chronic diseases' and against Corona Infection also acupressure works. She informed, this techniques has originated in India like yoga but we did not take any benefit from this. Now, after experiencing the side effects of medications, this technique is gaining popularity.

The session was totally an interactive one. Parents and students raised queries and were fully satisfied. They demanded more such sessions in future.

Ms. Avantika Rabgotra, member Psychological Task force presented vote of thanks on behalf of Career Counselling Cell of the College to participants for their presence in the webinar.

Convenor Career Counselling Cell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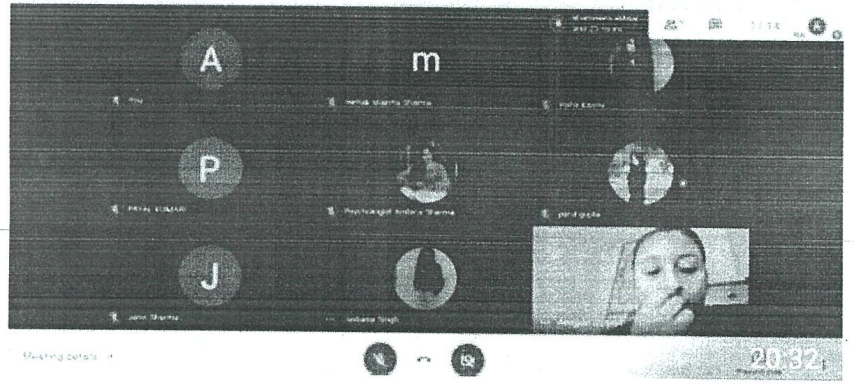
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## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

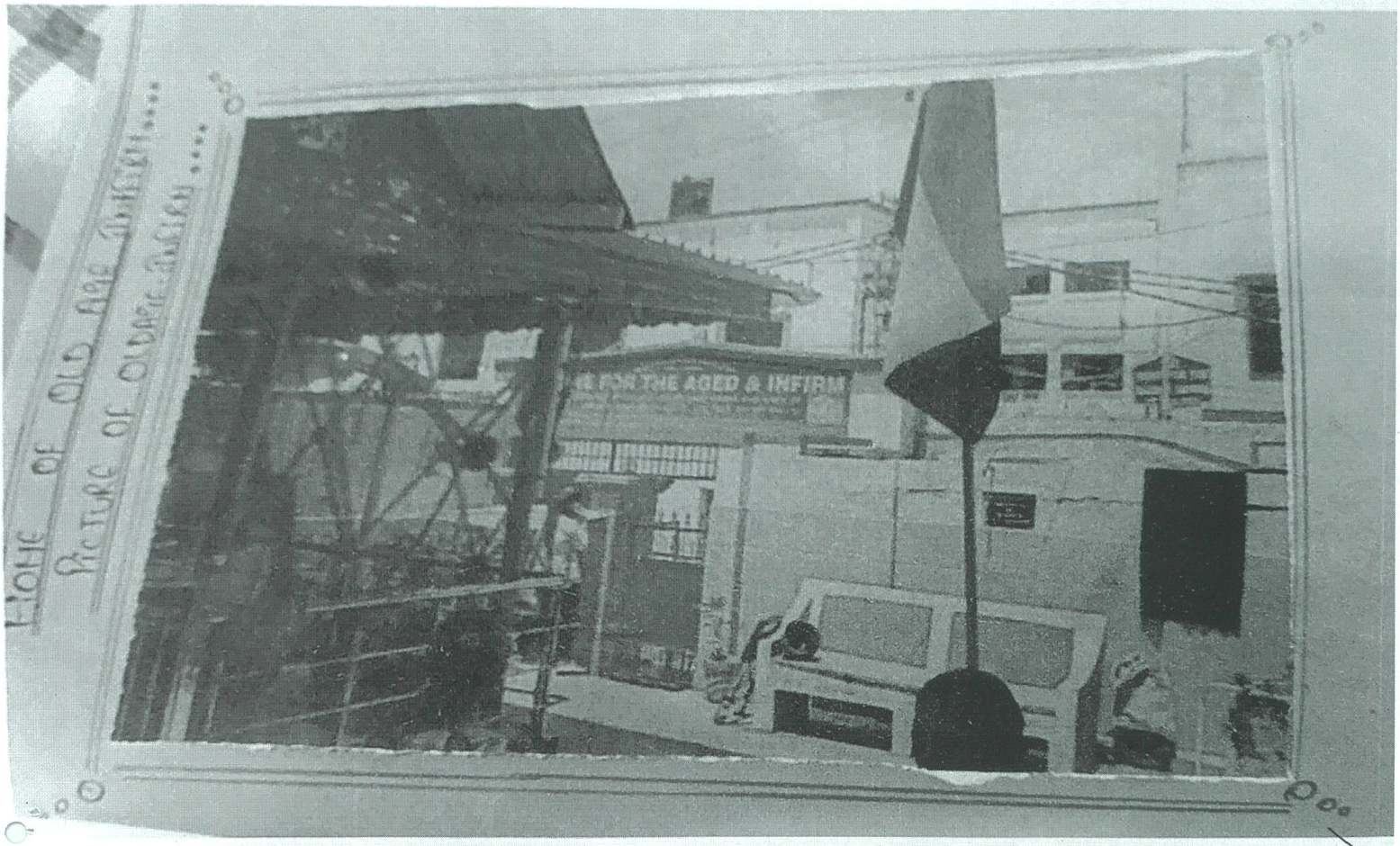
### OUTCOMES OF THE VISIT TO HOME FOR AGED AND INFIRM-

- **Interaction and companionship:** One of the primary goals of visiting an old age home is to provide social interaction and companionship to the residents. Engaging in conversations, listening to their stories, playing games, or participating in group activities creates a sense of joy and fulfillment for the residents.
- **Emotional support:** It offered emotional support to the elderly, especially those who may not have regular contact with their families or loved ones. Spending quality time with them, showing empathy, and offering a listening ear make a significant impact on their emotional well-being.
- **Volunteer work:** The volunteering activities such as helping with meals, or assisting in daily tasks fosters a sense of community and service.
- Such visits may lead to increased empathy, understanding, and a commitment to advocating for the needs of older adults.

**HOD HOME SCIENCE**

H.O.D. Deptt. Home Science
Govt. College for Women
Gandhi Nagar, Jammu

**TEACHER CONCERN**




Home of Old Age Infirm....
Picture of Old Age Asylum....

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## DEPARTMENT OF HOME SCIENCE

## REPORT ON VISIT TO BANK TO STUDY TYPES OF SAVING & CREDITS

## PERSONAL FINANCE AND CONSUMER STUDIES

## (1HSCPC0402 )

## 2020-2021

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: PERSONAL FINANCE AND CONSUMER STUDIES**

**COURSECODE:1HSCPC0402** **SESSION-2020-2021**

### FIELD VISIT REPORT

### VISIT TO BANK TO STUDY TYPES OF SAVING & CREDITS

Students of BSc. Semester 4th Department of Home Science visited different banks as part of their practicals. During the visit, the students actively participated in various activities that allowed them to engage with the banking environment. The following activities were undertaken:

1. **Orientation:** The visit began with an orientation session where the students were briefed about the objectives and expectations of the visit. They were also provided with an overview of the banking industry and its role in the economy
2. **Bank Tours:** The students were divided into smaller groups and assigned to different banks. They toured the premises and observed the various departments, including the customer service area, cash counters, loan sections, and investment advisory units. This allowed them to gain an understanding of the physical infrastructure and layout of a bank.
3. **Interactions with Bank Officials:** The students had the opportunity to interact with bank officials, including branch managers, customer service representatives, and financial advisors. They engaged in discussions to clarify doubts, seek guidance, and learn about the day-to-day operations of banks.
4. **Demonstrations and Presentations:** The bank officials conducted demonstrations and presentations on various financial products and services offered by their respective banks. This included explanations of savings accounts, fixed deposits, loans, credit cards, and investment options. The students were able to understand the features, benefits, and procedures associated with these financial products.

## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
## DEPARTMENT OF HOME SCIENCE

**Outcomes:**

The visit to the banks provided the students with several valuable outcomes, including:

**Practical Understanding:** The students gained practical insights into the functioning of banks and their role in the financial system. They developed a better understanding of how various banking operations and services are carried out.

**Knowledge of Financial Products:** Through interactions and presentations, the students learned about a wide range of financial products and their features. They acquired knowledge about different types of accounts, loans, and investment options available in banks.

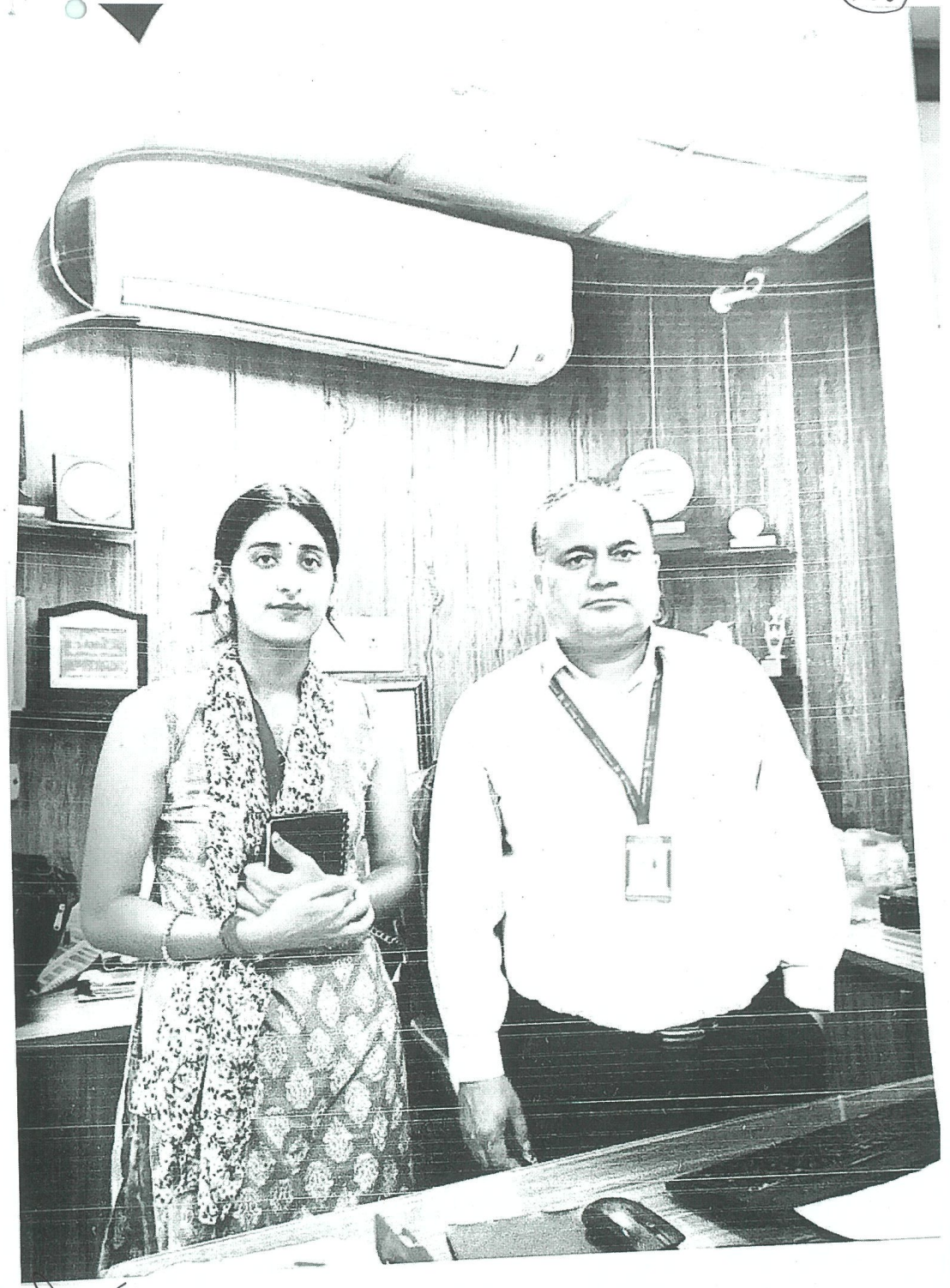
**Money Management Skills:** The visit helped students enhance their money management skills by learning about budgeting, saving, and making informed financial decisions. They gained a deeper understanding of the importance of financial planning and responsible financial behavior.

**Application of Classroom Learning:** The practical exposure gained during the visit helped students bridge the gap between theory and practice. They could relate the concepts learned in the classroom to real-world scenarios, thereby strengthening their understanding of banking and financial management.

**HOD HOME SCIENCE**

H.O.D. Deptt. Home Science
Govt. College for Women
Gandhi Nagar, Jammu.

**TEACHER CONCERN**



# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

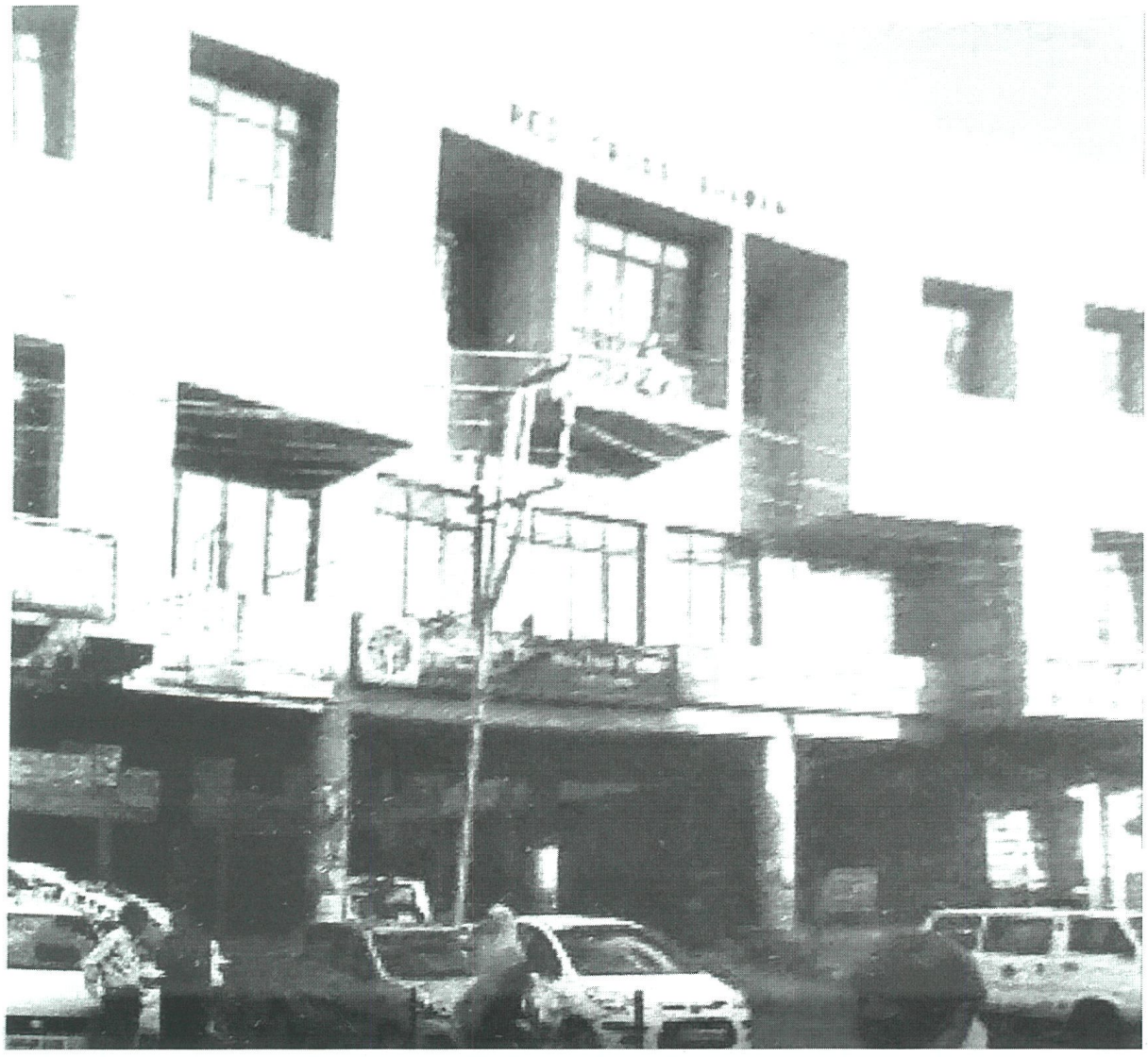
## DEPARTMENT OF HOME SCIENCE

# REPORT ON VISIT TO INDIAN RED CROSS SOCIETY

## CHILD RIGHTS AND GENDER JUSTICE

## (1HSCDPO502)

## 2020-2021



# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## DEPARTMENT OF HOME SCIENCE

## REPORT ON VISIT TO SENIOR CITIZEN HOME FOR AGED AND INFIRM

## CARE & WELL BEING IN HUMAN DEVELOPMENT

## (1HSCDPO602)

## 2020-2021

GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

DEPARTMENT OF HOME SCIENCE

COURSE NAME: CARE & WELL BEING IN HUMAN DEVELOPMENT

COURSECODE:1HSCDPO602 SESSION-2020-2021

FIELD VISIT REPORT

## Visit to Senior Citizen Home for Aged and Infirm, Ambphalla, Jammu.

Home for Aged & Infirm Ambphalla is a well-established old age home in the Jammu region. The home has provided excellent services to poor, helpless, needy, aged and infirm members over the years. The home has two fledged multi-storied buildings and a premier centre of Jammu and Kashmir, with the capacity to accommodate about a hundred such persons needing someone to look after or take care. Home for Aged & Infirm Ambphalla provides quality and kind living for senior citizens.

The purpose of this report is to provide an overview of a visit to access the care and well being of senior citizen residing in an old age home. The Visit aimed to evaluate the quality of care provided, overall well being of the resident, and identify any area that requires improvement.

- **Physical Health-** Majority of the residents reported good overall physical health, with regular medical check-ups and medication management, being well implemented, however a significant number of residents faced mobility challenges, requiring additional support and accessibility improvements within the facility.
- **Mental Health-** The residents experienced symptoms of loneliness, depression and anxiety. There is a need to expand mental health support services and promote social engagement and address these concerns.
- **Social Interaction-** Residents expressed varying level of satisfaction with their social interaction within the senior citizen home, while some reported forming close friendship and others felt isolated and disconnected.

During the course of visit, the few areas that can be improved are expansion of mental health services to address loneliness, depression and anxiety among residents by conducting counseling sessions, support groups and volunteer programs to foster social connections.

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Bhawana Kumari | JK18SWN270063 | Selected For RDC |
| 2 | Riya sharma | JK19SWN270084 | – |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 22.1.2021**

This is to inform that our college has received 09 vacancies for Combined Annual Training Camp, Nagrota with effect from 31 January – 09 February 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 25th January 2019. The selction of final 09 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
SLT Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Ruchy Choudhary | JK18SWN270068 |
| 2 | Bhawana | JK18SWN270063 |
| 3 | Sonali Sharma | JK18SWN270064 |
| 4 | Simranjeet | JK18SWN270062 |
| 5 | Janvi Sharma | JK18SWN270076 |
| 6 | Anshu Katal | JK&L20SWN270114 |
| 7 | Parul Sharma | JK&L20SWN270108 |
| 8 | Kiran Choudhary | JK&L20SWN270103 |
| 9 | Khushi Pandey | JK&L20SWN270105 |

Sit. Neelima G
PRINCIPAL
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

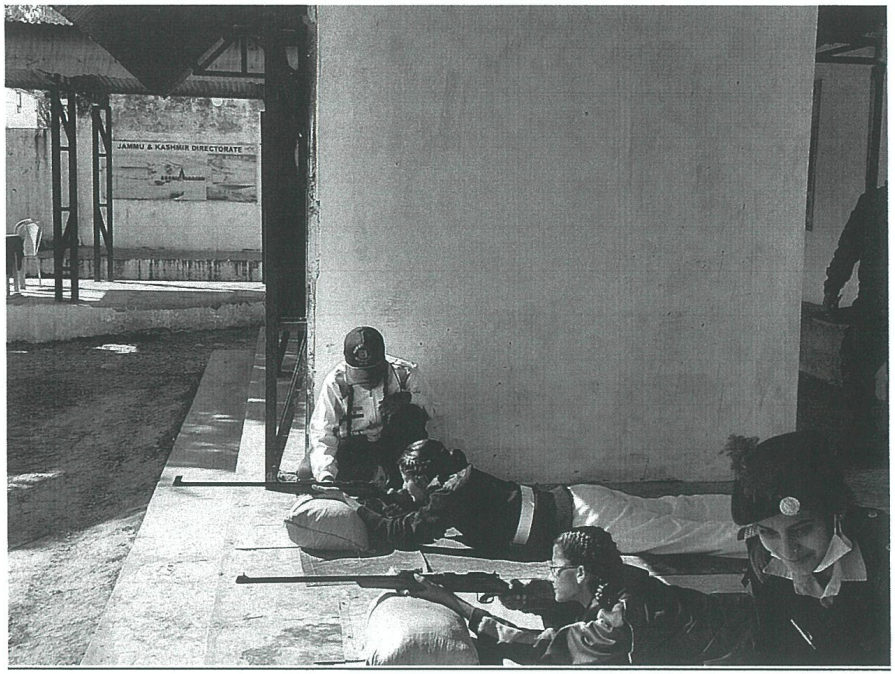
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: NAGROTA**

**Date: 31 January – 9th February 2021**



# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 17.2.2021**

This is to inform that our college has received 17 vacancies for Combined Annual Training Camp, Nagrota with effect from 22 February -3 March 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 19th February 2019. The selction of final 17 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Sonali | JK18SWN270064 |
| 2 | Bhawna, | JK18SWN270063 |
| 3 | Simranjeet | JK18SWN270062 |
| 4 | Pinkey Pal | JK18SWN270089 |
| 5 | Janvi Shrama, | JK18SWN270076 |
| 6 | Janvi Jamwal | JK18SWN270075 |
| 7 | Ritika, | JK18SWN270060 |
| 8 | Komal Jagral | JK18SWN270084 |
| 9 | Riya Sharma | JK19SWN270084 |
| 10 | Shivani Saini | JK18SWN270078 |
| 11 | Kusham Saini | JK18SWN270083 |
| 12 | Avneet kour | JK19SWN270093 |
| 13 | Shreya | JK18SWN270088 |
| 14 | Manu Dogra | JK18SWN270090 |
| 15 | Sakshi | JK18SWN270085 |
| 16 | Pallavi | JK18SWN270074 |
| 17 | Aditi Sharma | JK18SWN270087 |

Sh. Neelma G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: NAGROTA**

**Date: 22 February – 3 March 2021**



**GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU**

**1JK Naval Unit NCC, Srinagar**

# NOTICE

**Date: 16.4.2021**

This is to inform that Anshu Katal and Preeti Sharma have been selected to participate in the online EBSB Camp with effect from 19-24th April 2021. You are required to attend the online camp.

SLT. NEELIMA
SANO

Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: EBSB online camp**

**Date: 19-24 April 2021**

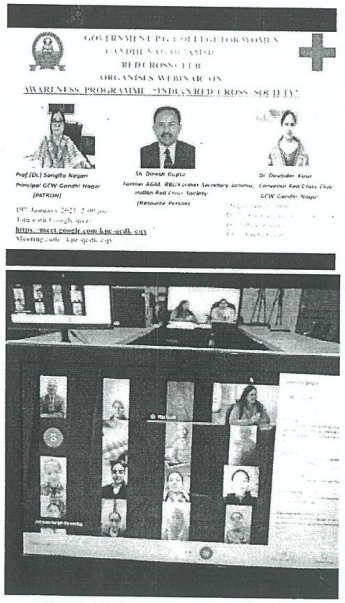
## Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Anshu Katal | JK&L20SWN270114 |
| 2. | Preeti Sharma | JK18SWN270093 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# Report of the event

A webinar on Awareness programs was organised " Indian Red cross society " at Google meet platform on 19th January 2021.The programs was conducted under the guidance and supervision of
Prof. Sangita Nagari, Principal GCW,GandhiNagar.She encouraged students to work and find solutions and promote humanitarian values in the society. She laid emphasis on minimizing suffering and creating congenial climate for the human race.Dr. Davinder Kour, (convener )Red Cross club, Dr. Revika Arora (co-convener),Dr. Ashok Kumar(member),Prof.Eisha Gohil(member) were the organizers of the event. The expert talk was delivered by Sh. Dinesh Gupta former AGM, RBI/ former secretary of Indian Red Cross society. He emphasized on the importance and services of Red cross society and underlined its role in pioneering medical awareness and providing various medical aids to the general public.He motivated the students and teachers to be part of this worthy organization and work for the welfare of the society. More than 100 students and various faculty members attended the event on the virtual platform. Dr. Revika Arora conducted the proceedings of the webinar and Dr. Davinder Kour presented formal vote of thanks. The event was conducted with technical support of Er.Harmeet Singh and his team in Edusat.



E-Mail: principal@gcwgandhinagar.com
Mobile No: 9419102359

**GOVERNMENT COLLEGE FOR WOMEN**
**GANDHI NAGAR, JAMMU**

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## NOTICE FOR STUDENTS

**Dt. 26/11/2020**

We are excited to inform you that the Red Ribbon Club of Government College for Women, Gandhi Nagar, Jammu, is all set to commemorate World AIDS Day on December 1st. To mark this important occasion, a series of events have been planned with the aim of raising awareness about HIV/AIDS and fostering support for those affected by this global health challenge.

**The schedule of events is as follows:**

| S. No. | NAME OF CAMPAIGN/ Activities | DATED |
|---|---|---|
| 1. | An online poster-making program, with a theme of "Support for World Aids Day" | 1st of December, 2020 |
| 2. | A Webinar was conducted on 'HIV/AIDS AWARENESS. | 2nd of December, 2020 |
| 3. | Pledge-Taking Ceremony | 3rd December 2020, |

It is directed to all students to actively participate in these events and engage with the activities organized by the Red Ribbon Club. Your presence and support are crucial in creating a meaningful impact and raising awareness about HIV/AIDS within our college community.

Manisha

**CONVENOR/NODAL OFFICER**
**RED RIBBON CLUB**

# REPORT OF A SERIES OF EVENTS ON THE OCCASION OF WORLD AIDS DAY, 2020 ORGANIZED BY RED RIBBON CLUB OF THE COLLEGE

To mark the occasion of World Aids Day, a series of events under the patron ship of Dr. Sangita Nagari, Principal of the college were organized by Red Ribbon Club GCW Gandhi Nagar Jammu. The activities aimed to raise awareness about HIV/AIDS, promote support for those affected, and advocate for a stigma-free society. The events were conducted from 1st December to 3rd December 2020.

On the 1st of December 2020, an online poster-making program, with the theme of "Support for World Aids Day" was organized. This online poster-making program witnessed enthusiastic participation from college students. The theme "Support for World AIDS Day" inspired the participants to create impactful and creative posters. The competition was conducted on an online platform, and students had 24 hours to submit their entries. The event generated a sense of unity and responsibility among the participants in spreading awareness about HIV/AIDS.

On the 2nd of December 2020, a webinar was conducted on 'HIV/AIDS AWARENESS. Dr. Mushtaq Ahmed Rather, Project Director, JKACS was the Chief Guest, and Dr. Tabassum Jabeen, Deputy Director of JKACS was the keynote speaker. The Proceedings of the webinar were conducted by Dr Manisha Sarup Kohli, convener/Nodal Officer, of Red Ribbon Club. More than 80 students, faculty members, JKACS Staff, the Red ribbon club organizing committee, and members of the rotary club Jammu Elite actively participated in the webinar.

A pledge-taking ceremony was held on 3rd December 2020, in which Dr. M.V Peerzada, Director Colleges was the chief Guest. Dr. Ravinder Tickoo was the guest of honor. The Red balloons were released in the air by the Chief Guest. Red Ribbon Club Members Dr. Manisha Sarup Kohli, Nodal Officer, Dr. Surjit Kour, Prof Ashwani Khajuria, Prof. Neelima G, Prof Revika Arora, Prof Eisha Gohil, Prof. Ashok Kumar, Rtn Archana Sharma President Rotary club Jammu Elite along with Rtn. Paramjit Kaur were present on the occasion.

**Outcomes of the event organized by the Red Ribbon Club, GCW Gandhi Nagar, Jammu**

**Increased Awareness:** The program successfully raised awareness about HIV/AIDS among the college students and faculty members. Through the events like the online poster-making competition, webinar, and pledge-taking ceremony, participants gained valuable insights into the challenges posed by HIV/AIDS and the importance of prevention and support.

**Empowerment and Education:** The webinar on "HIV/AIDS Awareness" provided participants with comprehensive information on various aspects of the disease. The session empowered attendees with knowledge about HIV transmission, prevention methods, and treatment options, and dispelled common misconceptions. This education will empower individuals to make informed decisions related to their health and well-being.

**Artistic Expression:** The online poster-making program allowed students to creatively express their thoughts and emotions on the theme "Support for World AIDS Day." The competition encouraged artistic expression while advocating for a noble cause, promoting HIV/AIDS awareness through the power of visual communication.

**Community Engagement:** The series of events fostered a sense of community engagement and social responsibility. Students, faculty, and external participants actively came together to participate in the program and show their support for people living with HIV/AIDS. This collective effort reinforces the spirit of empathy and compassion within the college community.

Overall, the World AIDS Day program organized by the Red Ribbon Club, GCW Gandhi Nagar, Jammu, achieved its objectives of raising awareness, fostering support, and promoting a stigma-free environment.

PICTORIAL REPORT OF THE EVENT



E-Mail: principal@gcwgandhinagar.com
Mobile No: 9419102359

**GOVERNMENT COLLEGE FOR WOMEN**
**GANDHI NAGAR, JAMMU**

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**RED RIBBON CLUB**
**NOTICE**

**No.**
**Dt. 07/01/2021**

This is to inform all the committee members of the Red Ribbon Club that an important meeting has been scheduled regarding the upcoming celebration of **National Youth Day by The Red Ribbon Club of GCW** Gandhinagar. The event aims to commemorate the birth anniversary of the eminent philosopher and visionary, **Swami Vivekananda, and a Webinar** will be conducted on the theme **"Channelizing Youth Power for Nation Building."** As such, it is requested to all members attend a meeting on 08th January 2021, at 11:30 AM in the staff room to discuss few important agendas.

Namisha
**Convenor/Nodal officer**
**Red Ribbon Club**

## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## REPORT OF THE EVENT

## NATIONAL YOUTH DAY CELEBRATION - WEBINAR ON "CHANNELIZING YOUTH POWER FOR NATION BUILDING"

The red ribbon club GCW Gandhinagar today celebrated National youth day to mark the birth anniversary of SWAMI VIVEKANANDA. A Webinar was conducted on the theme "Channelizing youth power for nation building":- a message from Vivekananda to the youth The Principal of the college Dr prof Sangita Nagari while speaking on the occasion motivated and inspired students with her golden words of encouragement. Dr Manisha Sarup Kohli keynote speaker of the webinar focused on inculcating the strength of youth and eradicating weakness. She influences all to be socially active. he esteemed speaker eloquently sheds light on the life and teachings of Swami Vivekananda, emphasizing the importance of his messages in the present times. The speech invoked a sense of pride and responsibility among the participants towards their country and fellow citizens.

Dr Revika Arora carried on the preceding and more than 100 students and NCC cadets participated in the webinar with full enthusiasm

There was an open house discussion where participants discuss their problems. The members of the Rotary Club Jammu Elite also participated in the webinar. The Red Ribbon Club member of GCW Gandhinagar. Prof. Ashwani Khajuria, Prof. Ashok Kumar, and Prof. Eisha Gohil participated in the webinar
Ivanka Raman RCC Nodal Head, Shalini Rasgotra RCC Community Head, and Abhinoor Kaur RCC Pupil Head Also participated in the webinar

## PROGRAM OUTCOMES:

**Increased Awareness:** The Webinar successfully increased awareness among the youth about the significance of **National Youth Day and the life and teachings of Swami Vivekananda.** Participants gained insights into the importance of youth empowerment and their role in nation-building.

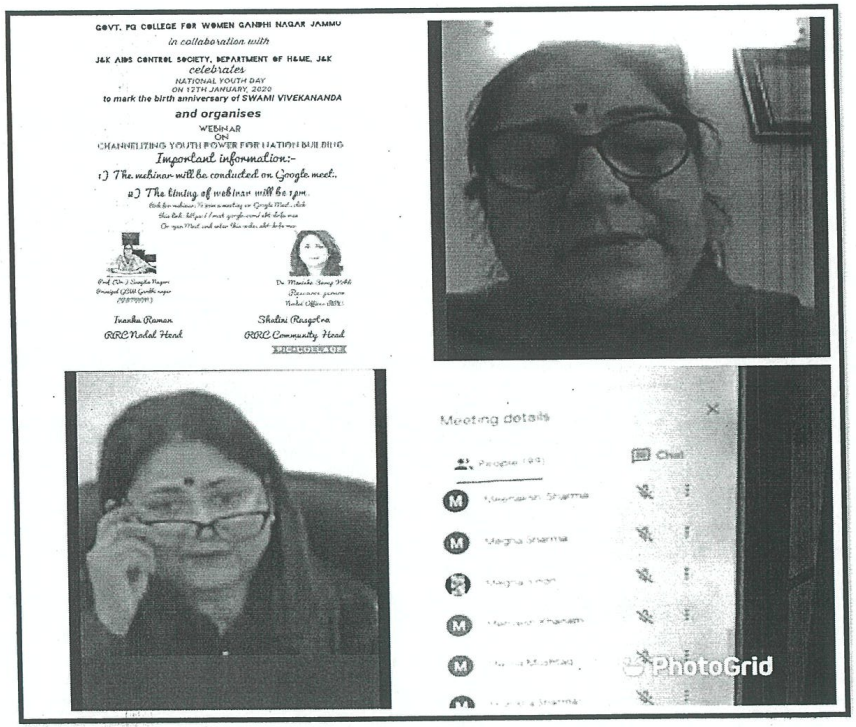
**Strengthened Patriotism:** By commemorating the birth anniversary of Swami Vivekananda, the Webinar instilled a sense of patriotism and national pride among the participants. They recognized the value of their cultural heritage and their responsibility towards the country.

**Empowered Youth:** Through engaging discussions and activities, the Webinar empowered the youth with the belief that they can make a difference. Participants were encouraged to explore leadership roles and actively participate in nation-building initiatives.

**Social Responsibility:** The Webinar fostered a sense of social responsibility among the youth. They realized their role in addressing social issues and contributing to the development of a compassionate and inclusive society.

**Skill Development:** The interactive nature of the event enabled participants to enhance their communication, critical thinking, and problem-solving skills. They gained confidence in expressing their ideas and engaging in constructive dialogues. Overall, the National Youth Day Celebration Webinar on "Channelizing Youth Power for Nation Building" left a lasting impact on the participants, motivating them to embrace their potential and actively contribute to the progress and development of our nation. The event reaffirmed the commitment of The Red Ribbon Club of GCW Gandhinagar to empowering and inspiring the students for a brighter future.

## PICTORIAL REPORT OF THE EVENT



# Office of The Principal Padma Shri Padma Sachdev
# Government College for Women
# Gandhi Nagar, Jammu
## *(A constituent college of Cluster University of Jammu)*

## Minutes of Meeting

Date: 04.05.2021
Virtual meeting via Zoom

Agenda of the Meeting:

To organize a program for celebration of Red cross day on 8th May 2021

The following points were discussed.
It was unanimously decided

1. To commemorate World Red Cross Day and owing to the covid pandemic a webinar on Awareness of safety measures to combat covid will be organized

2. The title of the webinar to be organized on " Indian red cross day was decided as Covid-19 and Environmental sustainability.

3. It will be organized virtual platform.
4. The resource person invited to deliver the talk will be Mr.Krishan Kumar Wadhera, a Social activist and a life member of Red Cross society.

5.. It was decided that resource person shall be invited formally.

6. Dr. Revika Arora,Convenor Red Cross will conduct the proceedings, Prof.Eisha Gohil will present formal vote of thanks and Dr.Ashok Kumar be provide technical assistance for smooth conduct of program.

Members present :
Dr. Revika Arora, Convenor Red Cross club,
Dr. Ashok Kumar, member
Prof.Eisha Gohil member

Convenor, Red Cross club

# Report of the event

Red Cross Club of Govt. PG College for women, Gandhi Nagar, Jammu organised a webinar to commemorate World Red Cross Day on 8th May, 2021 under the banner of Azaadi ka Amrit Mahotsav.

Dr. Sangita Nagari, Principal of the college and patron of the programme declared the webinar open and welcomed the gathering virtually. She stressed that everyone must come forward to work for the society especially in Covid-19 pandemic period.

Mr. Kewal Krishan Wadhera, social activist and life member Red Cross Society was the resource person of the webinar. He delivered a talk on the topic- 'Covid-19 and Environmental Sustainability'. He explained about the role of Red Cross Club in upliftment of society. He said that we must keep our surroundings clean. We should not use polythene bags and should make carry bags of our own from waste old clothes. Everyone must emphasise on cleanliness and should stress on Swachhta to make our mother earth clean.

In this pandemic period, we should listen to music, should eat healthy diet, and must practice good hygiene. He stressed on yoga, exercise and physical as well as mental fitness.

Nearly 100 students actively participated in this webinar.

Dr. Revika Arora, Convenor, Red Cross Club conducted the proceedings. Dr. Ashok Kumar was the technical host and Prof. Eisha Gohil presented formal vote of thanks.



# GOVERNMENT PG COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU

## NCC CAMPS FOR THE YEAR 2020-2021

| S.NO. | NAME OF THE CAMP AND PLACE | DATE | VACANCIES |
|---|---|---|---|
| 1 | CATC de kitting camp | 31/01/2021 To 09/02/2021 | 50 |
| 2 | CATC Camp | 22/02/2021 To 31/03/2021 | 10 |
| 3 | All India Trekking Camp | 27/05/2021 To 05/06/2021 | 05 |

Ano : Lt. dr . Revika Arora

1 J& [illegible] Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

# CATC

# DE KITTING CAMP

# NAGROTA

Jan - Feb 2021

Tele 0194- 2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No.0025/G/CATC/NCC/07

27 Jan 2021

The Principal
Girls Nishat

**ALLOTMENT OF VACANCIES FOR CATC (DE KITTING CAMP)**
**W E F 31 JAN 2021 TO 09 FEB 2021**

1. Combined Annual Training Camp is being conducted at Camping Gound Nagrota wef 31 Jan 21 to 09 Feb 2021

2. Following vacancies are allotted to your institution. You are requested to ensure 100% utilization of vacancies.

| S.NO | INSTITUTIONS | No of Cdts detailed | Reserved Cdts |
|---|---|---|---|
| 01 | GCW Gandhinagar | 50 | 30 |
| 02 | GCW Udhampur | 30 | 20 |
| 03 | Jodhamal Public School Jammu | 30 | 20 |
| 04 | GCW M A Road Sgr | 10 | 05 |
| 05 | GCW Nawakadal Sgr | 10 | 05 |
| 06 | GDC Ganderbal | 05 | 03 |
| 07 | GDCW Anantnag | 05 | 03 |
| 08 | APS Srinagar | 10 | 05 |
| 09 | AGS Wuzur | 10 | 05 |
| 10 | GGHSS Nawakadal | 05 | 03 |
| 11 | GGHSS Kohibagh | 05 | 03 |
| 12 | JNV Ganderbal | 05 | 03 |
| 13 | GGHSS Nishat | 15 | 03 |
| 14 | DAPP Sgr | 05 | 03 |
| 15 | GGHSS Anantnag | 05 | 03 |
| 16 | JNV Shahkote | 10 | 03 |

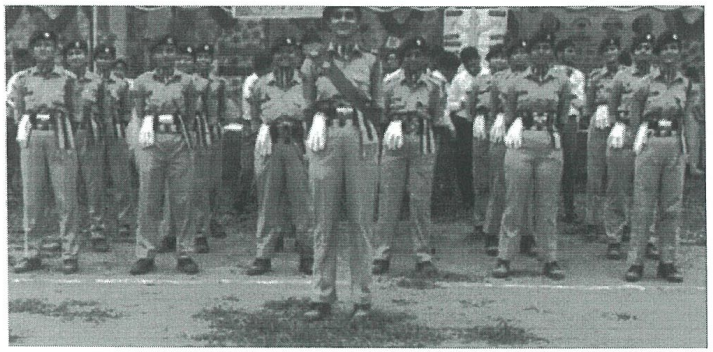
3. Nominal roll along with camp documents may kindly be forwarded by or before 10 Jan 2021.

4. Early action is requested please.

Administrative Officer
Capt/Major
1 J&K Girls Bn NCC

# CATC Camp

## 31 January 2021 - 09 Feb 2021
## Number of cadets: 50



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# CATC

# NAGROTA

Feb 2021

(264)

0194-2311069

1 J&K Gi
Gogji Ba
Srinagar

C322/G/NCC/CATC

15 Feb 2

The Principal

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**ALLOTMENT OF VACANCIES FOR CATC S-10**
**HELD AT NCC CAMPING GROUND NAGROTA, JAMMU**
**FROM 22 FEB – 03 MAR 2021**

Allotment of vacancies for CATC S-10 is hereby allotted to the Institu
A' attached to this letter please.

Institutions are requested to forward names of suitable NCC cadets
the CATC S-10 by **18 Feb 21** positively. Camp documents of the cadets mu
by **20 Feb 21**. Each institution must earmark hundred percent reserves to
utilization of allotted vacancies.

Forwarded for information and necessary action please.

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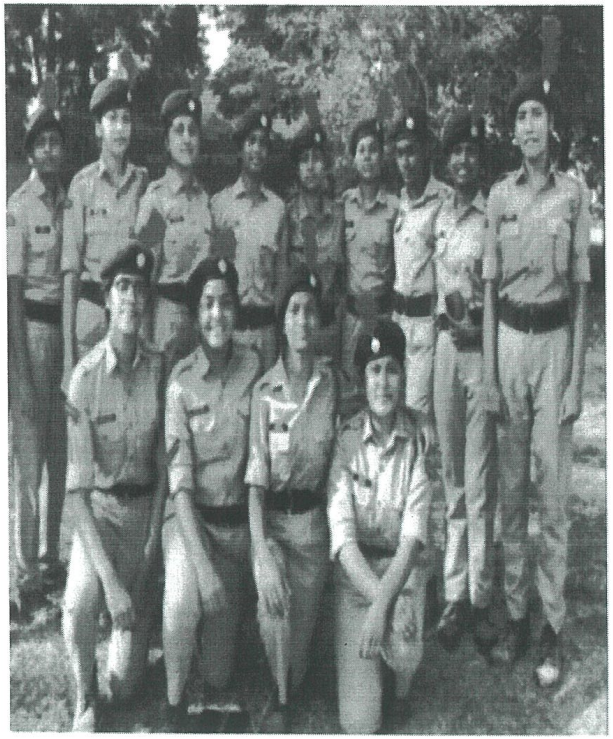
# CATC Camp

## 22 Feb - 31 March 2018
## Number of cadets: 10



NCC/0[illegible]10028
Lt. Dr. Kavika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# All India

# Trekking Camp

# Himachal Pradesh

May 2021

(39)

Tel : 0194-2313081

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 008/G/NCC/Trek/326

29 Mar 2021

The Principal/Headmaster

_____

_____

**ALLOTMENT OF VACANCIES FOR ALL INDIA TREAKKING EXPEDITION FOR THE YEAR 2021-22**

1 Following vacancies are hereby allotted to the under mentioned institutions for All India Trekking Expedition 2021-22 which is scheduled to be conducted w e f **27 May 21** to **05 Jun 2021** at **Paprola, Himachal Pradesh** -

| | | |
|---|---|---|
| (a) | GCW Gandhi Nagar, Jammu | 05 SW |
| (b) | GCW Udhampur | 05 SW |
| (c) | GCW MA Road, Srinagar | 02 SW |
| (d) | GCW Nawa Kadal, Srinagar | 02 SW |
| (e) | Srinagar Women's College Batpora Zakoora Srinagar | 01 SW |
| (f) | GDC Ganderbal | 02 SW |
| (g) | AGS Wuzur, Anantnag | 03 JW |
| (h) | APS BB Cantt, Srinagar | 04 JW |
| (j) | Jodhamal Public School, Jammu | 03 JW |

2 Institutions are requested to forward names of suitable NCC Cadets detailed for the trek by **10 Apr 2021** positively. Camp docus of the cadets must reach to this office **20 Apr 2021**. Each Institution must earmark 100% reserve to ensure complete utilization of allotted vacancies.

3 Forwarded for your info and necessary action please.

(Paritosh Bhaumik)
Col
CO

29/03/21

269

# 1 JK GIRLS BN NCC SRINAGAR

NOMINAL ROLL FOR ALL INDIA TREKKING CAMP 27 MAY 21 to 05 JUNE 2021

## G.C.W. GANDHI NAGAR JAMMU

VACANCIES = 05

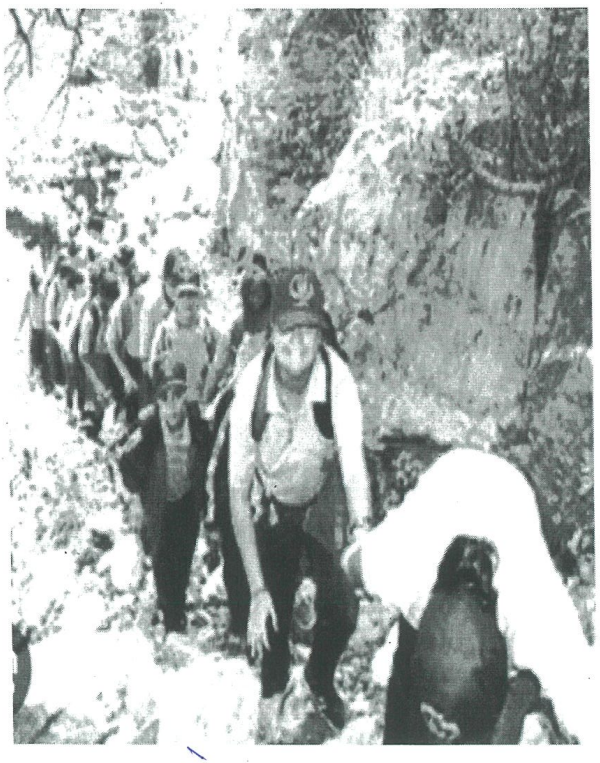
| S.No | NAME | RANK | REGIMENT NO | PARENTAGE | CONTACT NO |
|---|---|---|---|---|---|
| 1. | VISHAKHA PANDITA | Cadet | JKKL 19 SWA/180352 | JAGDISH KUMAR PANDITA | 9682442774 |
| 2 | RUPALI DEVI | Cadet | JKKL 19 SWA/180374 | NASHATAR SINGH | 8082903902 |
| 3 | RUCHIKA SHARMA | Cadet | JKKL 19 SWA/180400 | VINOD KUMAR | 6006085078 |
| 4. | ANJALI SALARIA | Cadet | JKKL 19 SWA/187023 | ANGREJ SINGH SALARIA | 9906272087 |
| 5. | ARADHANA | Cadet | JKKL 19 SWA/187007 | RAWA RAM | 6006229101 |

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

PRINCIPAL

# All India Trekking Camp
# Himachal Pradesh
# 27 May - 5 June 2021

## Number of cadets: 5



NCC/053100028
Dr. Renika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

Govt. College for Women Gandhi Nagar, Jammu

# ACTIVITY REPORT

ON

# UT LEVEL QUIZ COMPETITION

Govt. College for Women

Gandhi Nagar, Jammu

# NOTICE

**16.12.2020**

It is to inform all the students that an online UT level quiz competition on Drug De-addiction Awareness is going to be organised by Jammu&Kashmir AIDS Control Society, Department of Health &Medical Education, J&K Govt., Jammu on 1st January, 2021.

Interested students can contact the college Red Ribbon Committee within 3 days of notice of circulation.

Convener

**Red Ribbon Club**

**Govt. College for Women**
**Gandhi Nagar, Jammu**

**Minutes of the Meeting**

An online UT level quiz competition on Drug De-addiction Awareness Program is going to be organised by Jammu & Kashmir AIDS Control Society, Department of Health &Medical Education, J&K Govt. Jammu on 1st January, 2021.

**Meeting Date:** 15th December, 2020 (virtual mode)

**Attendees:**

1. Convener, Red Ribbon Club
2. Members of Red Ribbon Club

**Agenda:**

1. To short list any two students who will participate in the said event.
2. Discussion of the event schedule and activities.
3. Allocation of responsibilities to team members.
4. Any other preparations.

**Meeting Summary:**

1. Selection of any two students for their participation in Quiz competition through online mode.
2. Discussion of the event schedule and activities:

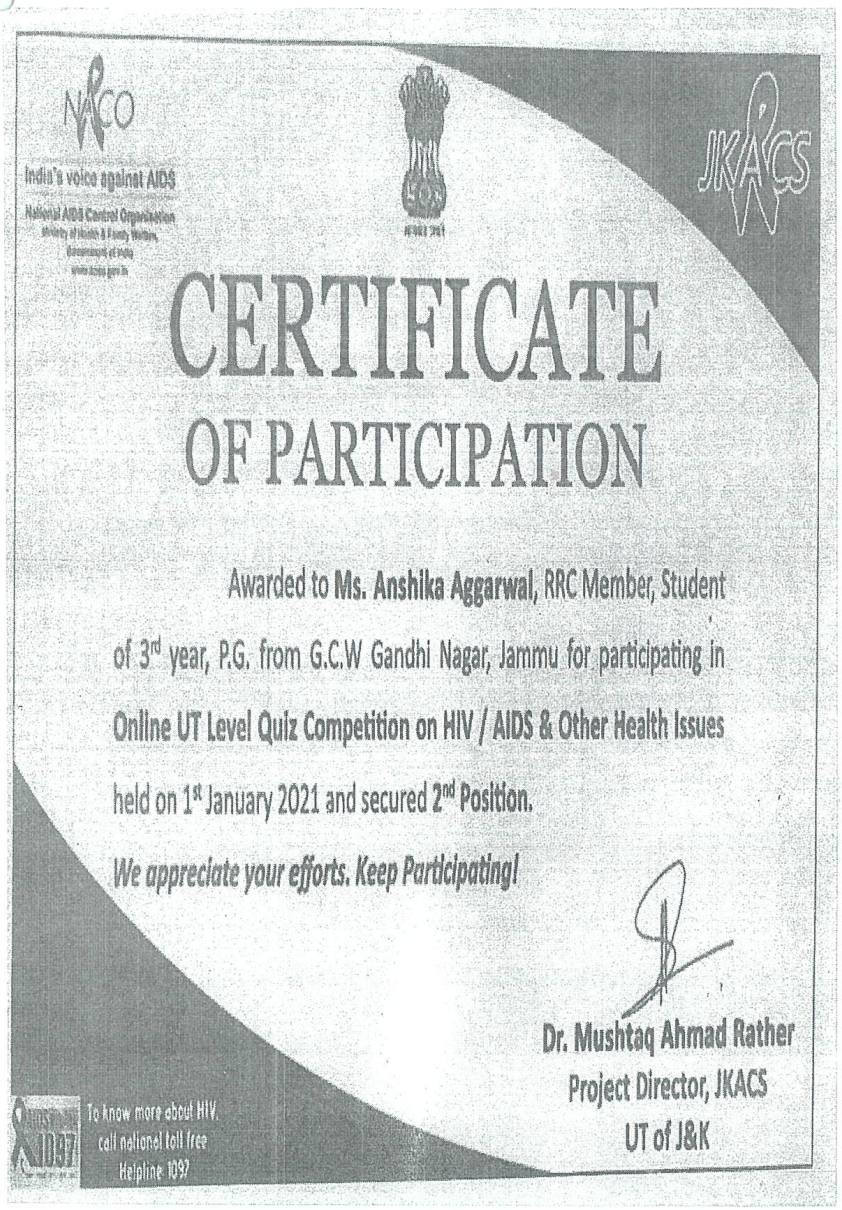
The meeting ended with formal vote of thanks.

Convener
Red Ribbon Club

Principal
Govt. College for Women
Gandhi Nagar, Jammu


TEAM MEMBERS OF BRC, P.G. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU
FIFTEEN THOUSAND ONLY
FOR SECURING 2ND POSITION AT UT LEVEL J&K
₹ 15,000/-
Dr. Mushtaq Ahmad Rather
Project Director
J&K AIDS Control Society

Received



NACO
India's voice against AIDS
National AIDS Control Organisation
Ministry of Health & Family Welfare,
Government of India
www.naco.gov.in

JKACS

# CERTIFICATE
## OF PARTICIPATION

Awarded to **Ms. Anshika Aggarwal**, RRC Member, Student of 3rd year, P.G. from G.C.W Gandhi Nagar, Jammu for participating in **Online UT Level Quiz Competition on HIV / AIDS & Other Health Issues** held on 1st January 2021 and secured **2nd Position.**

***We appreciate your efforts. Keep Participating!***

**Dr. Mushtaq Ahmad Rather**
**Project Director, JKACS**
**UT of J&K**

To know more about HIV, call national toll free Helpline 1097

Govt. College for Women

Gandhi Nagar, Jammu

## Activity Report

Felicitation Ceremony for Winners of Quiz Competition on Drug De-addiction Awareness Programwas organized by Jammu & Kashmir AIDS Control Society, Department of Health &Medical Education, J&K Govt. in collaboration with RRC of Sanjeevani College of Nursing &Paramedical Sciences Jammu at River Tawi Front Park, Bikram Chowk, Jammu in which 02 students of GCW Gandhi Nagar, Ms. Anshika Aggarwal and Ms. Stuti Mahajan were rewarded with 2nd Prize. They were rewarded with a cheque of Rs 15,000/- and certificates of appreciation. Dr. Manisha Kohli and Dr. Revika Arora motivated the students to participate in more activities. Principal of the college appreciated the efforts of the students and wished them luck for their future endeavours. The quiz competition was held at UT level.

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 2 J&K GIRLS BN. NCC JAMMU

## CAMP DETAILS 2020-21

| S.No. | Name of Camp & Place | Duration of Camp | Vacancies Allotted | Level of Camp |
|---|---|---|---|---|
| 1. | ATC-J1 | 28th Oct. to 3rd Nov.2020 | 45 + 15 | State |
| 2. | CATC-J2 | 5th Nov. to 11 Nov.2020 | 50+ 20 | State |
| 3. | Pre-RDC Phase-I (CATC, Nagrota) | 20th to 29th of Nov. 2020 | 13 | State |
| 4. | Pre-RDC Phase-II (CATC, Nagrota) | 30thNov. to 9th Dec.2020 | 07 | State |
| 5. | Pre-RDC Phase-III (CATC, Nagrota) | 10th to 19th Dec.2020 | 05 | State |
| 6. | RDC Delhi – 2021 | 20th Dec.2020 to 28th Jan.2021 | 01 | National |
| 7. | CATC Nagrota | 31st Jan. to 9th Feb.2021 | 01 | State |
| 8. | Day Camp for Certificate Exam at GGHSS Rehari | 1st to 8th Feb.2021 | 04 | State |
| 9. | Online EBSB Saptah Camp | 28th Jan.to 4th Feb.2021 | 06 | National |
| 10. | EBSB Online Camp | 19th to 24thApril,2021 | 05 | National |

01.09.2023

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# NOTICE

**25/10/2020**

It is for the information of 2nd and 3rd year NCC cadets to attend the upcoming camp ATC J1 at Nagrota Camping Ground from 28th Oct. to 3rd Nov. 2020, strictly adhering to COVID-19 protocols. As per SOPs, masks, social distancing, and sanitization are mandatory.

Kindly volunteer and submit the documents by 27th Oct.2020 for further submission to unit.

Documents:

- Willingness form duly filled and signed by Medical Officer.
- Parents' Consent form.
- Covid-19 Test Report.

**Lt Suman Bala**
**ANO, 2 J&K Girls Bn. NCC**

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

Nominal Roll of cadets attending ATC-J1 from 28th Oct. to 3rd Nov.2020

| S.No. | Name of the Cadet | Regimental No. |
|---|---|---|
| 1. | KOMAL DEVI | JK18SWA665426 |
| 2. | KOMALSHANGLOO | JK18SWA665427 |
| 3. | KOMAL SHARMA | JK18SWA665428 |
| 4. | MANISHA DEVI | JK18SWA665430 |
| 5. | MANDEEP KOUR | JK18SWA665431 |
| 6. | MANPREET | JK18SWA665432 |
| 7. | MEENAKSHI SHARMA | JK18SWA665433 |
| 8. | MITALI SHARMA | JK18SWA665436 |
| 9. | MUSKANCHALOTRA | JK18SWA665438 |
| 10. | NISHA SHARMA | JK18SWA665439 |
| 11. | PALLVI MANHAS | JK18SWA665440 |
| 12. | PARUL RANA | JK18SWA665442 |
| 13. | PINKY MEHRA | JK18SWA665443 |
| 14. | PRIYA BHARTI | JK18SWA665444 |
| 15. | RITIKA VERMA | JK18SWA665447 |
| 16. | RIYA CHARAK | JK18SWA665448 |
| 17. | RIYA | JK18SWA665450 |
| 18. | SANJANA | JK18SWA665453 |
| 19. | SARITA | JK18SWA665454 |
| 20. | SAVITA BAGAL | JK18SWA665455 |
| 21. | SHIKHA RATHORE | JK18SWA665459 |
| 22. | SHIVANSHI SHARMA | JK18SWA665463 |
| 23. | SHRIYA GUPTA | JK18SWA665464 |
| 24. | SONIA CHIB | JK18SWA665466 |
| 25. | TANIYA | JK18SWA665472 |

Lt. Suma[illegible]
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

| | | |
|---|---|---|
| 26. | TANVI CHARAK | JK18SWA665473 |
| 27. | MEEMANSA | JK18SWA665866 |
| 28. | PRTI DOGRA | JK18SWA665868 |
| 29. | RIYA MANHAS | JK18SWA665870 |
| 30. | KAJAL CHOUDHARY | JK18SWA665871 |
| 31. | VANDNA KUMARI | JK18SWA665872 |
| 32. | KAMINI JAMWAL | JK18SWA665875 |
| 33. | SONAKSHI MANHAS | JK18SWA665876 |
| 34. | SANTOSH KUMARI | JK18SWA665877 |
| 35. | DIKSHA MANHAS | Jk18SWA665877 |
| 36. | SEEMA DEVI | JK19SWA665879 |
| 37. | ASHEEA CHOUDHARY | JK19SWA665881 |
| 38. | SIMRAN KUMARI | JK19SWA665892 |
| 39. | VARSHA | JK19SWA665893 |
| 40. | RAMA SHARMA | JK19SWA665894 |
| 41. | JAKASHI CHOUDHARY | JK19SWA665421 |
| 42. | KAJAL KUMARI | JK19SWA665422 |
| 43. | KAMINI SHARMA | JK19SWA665423 |
| 44. | KANCHAN KUMARI | JK19SWA665424 |
| 45. | KARUNA RAJPUT | JK19SWA665425 |
| 46. | KAVITA | JK19SWA665426 |
| 47. | KIRAN CHOUDHARY | JK19SWA665427 |
| 48. | KHUSHI SHARMA | JK19SWA665428 |
| 49. | KIRAN BALA | JK19SWA665429 |
| 50. | KOMAL GARGOTRA | JK19SWA665430 |
| 51. | KOMALPREEET KOUR | JK19SWA665431 |
| 52. | MAHIMA SINGH JASROTIA | JK19SWA665432 |

Lt. Suma [illegible]
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

01.09.23
Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

| | | |
|---|---|---|
| 53. | MANCY | JK19SWA665433 |
| 54. | MANSI RANI | JK19SWA665434 |
| 55. | MEGHA RAKWAL | JK19SWA665435 |
| 56. | MEHAK SAROCH | JK19SWA665436 |
| 57. | MEENU SAINI | JK19SWA665437 |
| 58. | MEGHA CHOUDHARY | JK19SWA665438 |
| 59. | MEGHA SINGH | JK19SWA665439 |
| 60. | MEENAKSHI BHAU | JK19SWA665440 |

Lt. Sunil Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

ANO

01.09.23
Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Tele Mil: 6981
Civ: 2578963

Public Relations Unit
Ministry of Defence
BC Road, Rehari
Jammu-180005

PR/122/5/116

30 Oct 2020

**FWD OF NEWSPAPERS CLIPPINGS:**

2 J&K GIRLS BN NCC COMMENCES ANNUAL TRAINING CAMP AT NAGROTA

1. The detls of Publicity of Press Release '2 J&K Girls Bn NCC Commences Annual Training Camp at Nagrota' are fwd herewith:-

(a) **Newspapers**:-

(i) Jammu Bulletin
(ii) Young Bites
(iii) Golden Yug
(iv) Truly Times
(v) News Point
(vi) Refugee Message
(vii) Jammu Savera

(b) **Twitter**:-

(i) PRO Defence Jammu
(ii) ADG (M&C) DPR
(iii) All India Radio News Jammu
(iv) DD News Jammu
(v) Jammu Links

2. For info pl.

Sd-x-x-x-x-x
(Devender Anand)
Lt Col
PRO (Defence)

Encls: - As above.

01.09.2023
Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Lt. Suman B...
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

(3288)

(284)

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Jammu Bulletin **Edition**: Jammu

**Dated**: 30 Oct 2020 **Page No**: 3

# 2 J&K Girls Bn NCC commences annual training camp at Nagrota

JAMMU BULLETIN NEWS

JAMMU, OCT 29:

"Being challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 28 Oct to 03 Nov 2020 at Camping Ground, Nagrota. Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre-requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen Test for COVID which was again conducted in a phased manner. The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach. He also enlightened the cadets to practice personal hygiene & sanitation and also acquainted them with the major takeaways from this camp so as to boost the morale of the promising cadets.

01.09.2023

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Young Bites **Edition**: Jammu

**Dated**: 30 Oct 2020 **Page No**: 3

# 2 J&K Girls Bn NCC commences annual training camp

*Y B News*
*Nagrota, Oct 29*



"Being challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 28 Oct to 03 Nov 2020 at Camping Ground, Nagrota.

Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre-requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen test for COVID which was again conducted in a phased manner.

The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach. He also enlightened the cadets to practice personal hygiene & sanitation and also acquainted them with the major takeaways from this camp so as to boost the morale of the promising cadets.

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

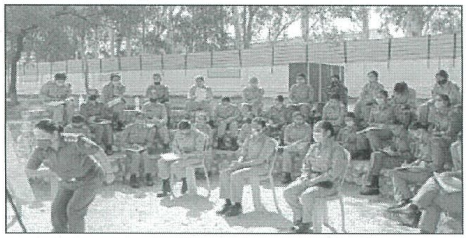
**Name of Newspaper**: Golden Yug

**Edition**: Jammu

**Dated**: 30 Oct 2020

**Page No**: 8

# 2 J&K GIRLS BN NCC COMMENCES ANNUAL TRAINING CAMP AT NAGROTA



GY CORRESPONDENT

JAMMU, Oct, 29

"Being challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 28 Oct to 03 Nov 2020 at Camping Ground, Nagrota. Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre-requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen Test for COVID which was again conducted in a phased manner. The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach. He also enlightened the cadets to practice personal hygiene & sanitation and also acquainted them with the major takeaways from this camp so as to boost the morale of the promising cadets.

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Truly Times **Edition**: Jammu

**Dated**: 30 Oct 2020 **Page No**: 3

# 2 J&K Girls BN NCC commences annual training camp at Nagrota

TT CORRESPONDENT

JAMMU, OCT. 29: "Being challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 28 Oct to 03 Nov 2020 at Camping Ground, Nagrota. Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen Test for COVID which was again conducted in a phased manner. The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach.

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: News Point

**Edition**: Jammu

**Dated**: 30 Oct 2020

**Page No**: 3

# 2 J&K Girls BN NCC commences annual training camp at Nagrota

NEWSPOINT BUREAU

*Jammu Tawi, October 29*

BEING challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 28 Oct to 03 Nov 2020 at Camping Ground, Nagrota. Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre-requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen Test for COVID which was again conducted in a phased manner. The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach. He also enlightened the cadets to practice personal hygiene & sanitation and also acquainted them with the major takeaways from this camp so as to boost the morale of the promising cadets.



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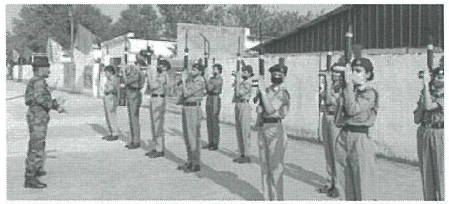
PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**:Refugee Message **Edition**: Jammu

**Dated**: 30 Oct 2020 **Page No**: 3

# 2 J&K Girls BN NCC Commences annual training Camp at Nagrota



**Refugee Message News**

JAMMU, OCT 29:

"Being challenged in life is inevitable, being defeated is optional", keeping in view the same spirit and zest, 2 J&K Girls Bn NCC undertook the initiative of organizing Annual Training Camp for girl cadets from diverse educational establishments. The duration of this camp is from 25 Oct to 03 Nov 2020 at Camping Ground, Nagrota. Around 180 cadets reached the camp site with their respective ANOs (Associate NCC Officers). Amidst the pandemic phase, major thrust is being given on COVID-19 protocols to ensure safety of the attendees. As a pre-requisite for the allotment of the barracks, all the cadets went through a Rapid-Antigen Test for COVID which was again conducted in a phased manner. The testing team was headed by Dr Atul Khajuria from Govt. Hospital Gandhi Nagar, Jammu. Camp Commandant, CO 2 J&K Girls Bn, Jammu, welcomed the cadets and emphasized on the need to abide by the standard COVID protocols without any breach. He also enlightened the cadets to practice personal hygiene & sanitation and also acquainted them with the major takeaways from this camp so as to boost the morale of the promising cadets.

01.09.23
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P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

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PUBLIC RELEATIONS UNIT

MINISTRY OF DEFENCE JAMMU

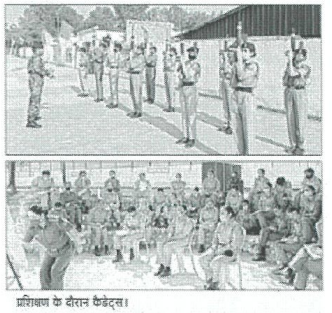
**Name of Newspaper**: Jammu Savera

**Edition**: Jammu

**Dated**: 30 Oct 2020

**Page No**: 2

# एन.सी.सी. ट्रेनिंग कैंप में कैडेट्स ने बहाया पसीना



प्रशिक्षण के दौरान कैडेट्स।

जम्मू, 29 अक्तूबर (नवीन कौल) : जीवन में चुनौती दी जानी अनिवार्य है और पराजित होना वैकल्पिक है। इसी भावना और उत्साह को ध्यान में रखते हुए दूसरी जे.एंड.के. गर्ल्स बटालियन एन.सी.सी. ने विभिन्न शैक्षणिक प्रतिष्ठानों से लड़की कैडेटों के लिए वार्षिक प्रशिक्षण शिविर के आयोजन की पहल की। दूसरी जे.एंड.के. गर्ल्स बटालियन की ओर से नवटरोड एन.सी.सी. मैदान में यह शिविर आयोजित किया गया, जिसमें लगभग 180 कैडेट अपने संबंधित ए.एन.ओ. एसोसिएट एन.सी.सी. अधिकारियों के साथ शिविर स्थल पर पहुंचे। इस दौरान महामारी को ध्यान में रखते कोविड-19 के सभी प्रोटोकाल को अपनाया गया ताकि उपस्थित लोगों की सुरक्षा सुनिश्चित की जा सके। कैंप में भाग लेने वाले सभी कैडेट्स कोविड-19 के लिए रैपिड-एंटीजेन टैस्ट से गुजरे और फिर खरणकद्द तरीके से कैंप को आयोजित किया गया। आयोजित एन.सी.सी. ट्रेनिंग कैंप में आज कैडेट्स ने पसीना बहाया। प्रशिक्षण शिविर को आयोजित करने का मुख्य उद्देश्य कैडेट्स को सैन्य प्रशिक्षण प्रक्रिया में प्रशिक्षित करने के लिए है, जिसमें इन्हें कै डेट्स को शारीरिक गतिविधियां, ओवरस्टेकल जोंस, ड्रिल, हथियार प्रशिक्षण, फायरिंग, मैप रीडिंग व आदि चीजों का प्रशिक्षण दिया जाएगा।

Priotipal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

345 291

# NOTICE

## 02/11/2020

It is for the information of 2nd and 3rd year NCC cadets to attend the upcoming camp CATC-J2 at Nagrota Camping Ground from 5th to 11th Nov. 2020, strictly adhering to COVID-19 protocols. As per SOPs, masks, social distancing, and sanitization are mandatory.

Kindly volunteer and submit the documents by 4th Nov.2020 for further submission to unit.

Documents:

- Willingness form duly filled and signed by Medical Officer.
- Parents' Consent form.
- Covid-19 Test Report

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

**Lt. Suman Bala**
**ANO, 2 J&K Girls Bn. NCC**

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

346
292

## Nominal Roll of Cadets attending CATC-J2 from 5th to 11th Nov.2020

| S.No. | Name of the Cadet | Regimental No. |
|---|---|---|
| 1. | AMRIT KOUR | JK19SWA665401 |
| 2. | ANNAM SHARMA | JK19SWA665402 |
| 3. | ANU CHOUDHARY | JK19SWA665403 |
| 4. | ANSHU BHARTI | JK19SWA665404 |
| 5. | AVNEET KOUR | JK19SWA665405 |
| 6. | AVIKA CHOUDHARY | JK19SWA665406 |
| 7. | ARTI DEVI | JK19SWA665407 |
| 8. | ARTI SHARMA | JK19SWA665408 |
| 9. | ARUNA SHARMA | JK19SWA665409 |
| 10. | BHARTI | JK19SWA665410 |
| 11. | BHARTI KUNDAL | JK19SWA665411 |
| 12. | BHARTI VERMA | JK19SWA665412 |
| 13. | BHUPINDER KOUR | JK19SWA665413 |
| 14. | DIKSHA BHARTI | JK19SWA665414 |
| 15. | DIKSHA DIGRA | JK19SWA665415 |
| 16. | DIYA SLATHIA | JK19SWA665416 |
| 17. | DIMPLE SHARMA | K19SWA665417 |
| 18. | GARIMA GUPTA | JK19SWA665418 |
| 19. | GURDEEP KOUR | JK19SWA665419 |
| 20. | HARSHITA KHAJURIA | JK19SWA665420 |
| 21. | JAKASHI CHOUDHARY | JK19SWA665421 |
| 22. | KAJAL KUMARI | JK19SWA665422 |
| 23. | KAMINI SHARMA | JK19SWA665423 |
| 24. | KANCHAN KUMARI | JK19SWA665424 |
| 25. | KARUNA RAJPUT | JK19SWA665425 |
| 26. | KAVITA | JK19SWA665426 |
| 27. | KIRAN CHOUDHARY | JK19SWA665427 |
| 28. | KHUSHI SHARMA | JK19SWA665428 |
| 29. | KIRAN BALA | JK19SWA665429 |
| 30. | KOMAL GARGOTRA | JK19SWA665430 |
| 31. | KOMALPREEET KOUR | JK19SWA665431 |
| 32. | MAHIMA SINGH JASROTIA | JK19SWA665432 |
| 33. | MANCY | JK19SWA665433 |
| 34. | MANSI RANI | JK19SWA665434 |
| 35. | MEGHA RAKWAL | JK19SWA665435 |
| 36. | MEHAK SAROCH | JK19SWA665436 |

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

| | | |
|---|---|---|
| 37. | MEENU SAINI | JK19SWA665437 |
| 38. | MEGHA CHOUDHARY | JK19SWA665438 |
| 39. | MEGHA SINGH | JK19SWA665439 |
| 40. | MEENAKSHI BHAU | JK19SWA665440 |
| 41. | NANCY SUMBRIA | JK19SWA665441 |
| 42. | NEHA DOGRA | JK19SWA665442 |
| 43. | NISHA KUMARI | JK19SWA665443 |
| 44. | NISHU SHARMA | JK19SWA665444 |
| 45. | PALLVI SHARMA | JK19SWA665445 |
| 46. | PALVI KUMARI | JK19SWA665446 |
| 47. | PALVI RAMPAUL | JK19SWA665447 |
| 48. | PREETI SHARMA | JK19SWA665448 |
| 49. | PRIYA SHARMA | JK19SWA665449 |
| 50. | PRIYA SHARMA | JK19SWA665450 |
| 51. | RAJINDER KOUR | JK19SWA665451 |
| 52. | RANJANA DEVI | JK19SWA665452 |
| 53. | RIYA DUBEY | JK19SWA665453 |
| 54. | RIYA CHOUDHARY | JK19SWA665454 |
| 55. | ROHINI SHARMA | JK19SWA665455 |
| 56. | SALONI ADHIKARI | JK19SWA665456 |
| 57. | SHEETAL DEVI | JK19SWA665457 |
| 58. | SHIVANI DEVI | JK19SWA665458 |
| 59. | SHIVANI SHARMA | JK19SWA665459 |
| 60. | SIMRAN | JK19SWA665460 |
| 61. | SIMRAN SHARMA | JK19SWA665461 |
| 62. | SOMA DEVI | JK19SWA665462 |
| 63. | SONIA KUMARI | JK19SWA665463 |
| 64. | GUNJAN CHOUDHARY | JK19SWA665891 |
| 65. | SIMRAN KUMARI | JK19SWA665892 |
| 66. | VARSHA | JK19SWA665893 |
| 67. | RAMA SHARMA | JK19SWA665894 |
| 68. | NANDANI SHARMA | JK19SWA665895 |
| 69. | ARTI VERMA | JK19SWA665896 |
| 70. | POOJA SHAN | JK19SWA665897 |

ANO

Lt. Roshan Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu.

Tele Mil: 6981
Civ: 2578963

Public Relations Unit
Ministry of Defence
BC Road, Rehari
Jammu-180005

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294

PR/122/5/125

11 Nov 2020

**FWD OF NEWSPAPERS CLIPPINGS:**

NCC COMBINED ANNUAL TRAINING CAMP PROCEEDING EXCEPTIONALLY WELL

1. The detls of Publicity of Press Release 'NCC Combined annual training camp proceeding exceptionally Well' are fwd herewith:-

(a) **Newspapers**:-

(i) State Times
(ii) Jammu Bulletin
(iii) Young Bites
(iv) The News Now
(v) The Sree Times
(vi) Truly Times
(vii) Golden Yug
(viii) Jammu Jottings
(ix) Lazawal Jammu
(x) State Observer

(b) **Twitter**:-

(i) PRO Defence Jammu
(ii) ADG (M&C) DPR
(iii) All India Radio News Jammu
(iv) DD News Jammu
(v) Jammu Links

2. For info pl.

Sd-x-x-x-x-x
(Devender Anand)
Lt Col
PRO (Defence)

Encls: - As above.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Lt. Sumai[illegible]
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

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PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: State Times **Edition**: Jammu

**Dated**: 11 Nov 2020 **Page No**: 10

# Felicitation ceremony of NCC Combined Annual Training Camp held



*Cadets interacting with Army officer during felicitation function of CATC at Nagrota.*

■ **STATE TIMES NEWS**

NAGROTA: Felicitation Ceremony of 07 days long Combined Annual Training Camp was organized at NCC Camping Ground, Nagrota on Tuesday. The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt CO, 2 J&K Girls Bn and briefed about various training activities carried out during the camp. He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways. The CATC J2 which commenced on 05 November has proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times.

In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single -minded-ly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp. He also extended gratitude to all the schools, collegesand parents who even during this pandemic allowed these young cadets to become part of this camp.The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets. The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

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PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE, JAMMU

**Name of Newspaper:** Jammu Bulletin **Edition:** Jammu

**Dated:** 11 Nov 2020 **Page No:** 4

# NCC combined annual training camp proceeding exceptionally well

JAMMU BULLETIN NEWS

JAMMU, NOV 10:

Felicitation Ceremony of 07 days long Combined Annual Training Camp was organized at NCC Camping Ground, Nagrota today. The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt CO, 2 J&K Girls Bn and briefed about various training activities carried out during the camp. He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways. The CATC 32 which commenced on 05 Novemberhas proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times. In his address to cadets Brig Dhankhar who himself was earlier posted as Group



Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single –mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp. He also extended gratitude to all the schools, collegesand parents who even during this pandemic allowed these young cadets to become part of this camp. The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets. The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

01.09.23
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Gandhi Nagar, Jammu

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MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Young Bites **Edition**: Jammu

**Dated**: 11 Nov 2020 **Page No**: 3

# NCC combined annual training camp proceeding well

*Jammu, Nov 10*

Felicitation Ceremony of 07 days long Combined Annual Training Camp was organized at NCC Camping Ground, Nagrota today.

The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt/ CO, 9 J&K Girls Bn and briefed about various training activities carried out during the camp. He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways.

The CATC-II which commenced on 01 November has proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times. In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single-mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels. NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 9 J&K Girls Bn for efforts put in successful conduct of the camp. He also extended gratitude to all the schools, colleges and parents who even during this pandemic allowed these young cadets to become part of this camp.



Principal
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Gandhi Nagar, Jammu

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**Name of Newspaper**: The News Now

**Edition**: Jammu

**Dated**: 11 Nov 2020

**Page No**: 5

# *NCC combined annual training camp concludes with felicitation ceremony*

TNN BUREAU

**JAMMU:** A seven day long combined annual training camp of NCC cadets concluded with felicitation ceremony at NCC Camping Ground in Nagrota, here on Tuesday.

Brig S S Dhankhar of HQ 16 Corps was the chief guest of felicitation ceremony.

In his address, Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single -mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as launching pads for deserving cadets who aspire to join forces at various levels.NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp.

He also extended gratitude to all the schools, colleges and parents who even during this pandemic allowed these young cadets to become part of this camp.

The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets. The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

Around 250 boy and girl cadets were imparted training during the camp.

01.09.23

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

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PUBLIC RELATIONS UNIT

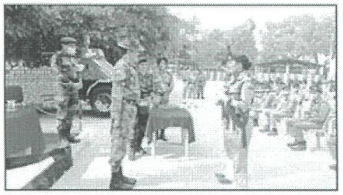
MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: The Sree Times **Edition**: Jammu

**Dated**: 11 Nov 2020 **Page No**: 3

# NCC combined annual training camp proceeding exceptionally well

**SREE TIMES NEWS**
**JAMMU, NOV 10**



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**Name of Newspaper**: Truly Times **Edition**: Jammu

**Dated**: 11 Nov 2020 **Page No**: 3

# NCC combined Annual Training Camp proceeding exceptionally well

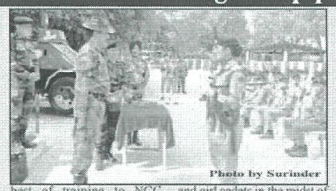
Photo by Surinder

**TT CORRESPONDENT**

**JAMMU, NOV. 10:** Felicitation Ceremony of 07 days long Combined Annual Training Camp was organized at NCC Camping Ground, Nagrota today. The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt CO, 2 J&K Girls Bn and briefed about various training activities carried out during the camp. He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways. The CATC J2 which commenced on 05 Novemberhas proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times. In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single –minded-ly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp.

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01.09.23
Principal
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Gandhi Nagar, Jammu

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PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Golden Yug

**Edition**: Jammu

**Dated**: 11 Nov 2020

**Page No**: 10

# NCC COMBINED ANNUAL TRAINING CAMP PROCEEDING EXCEPTIONALLY WELL

**GY CORRESPONDENT**
**JAMMU, NOV, 10**

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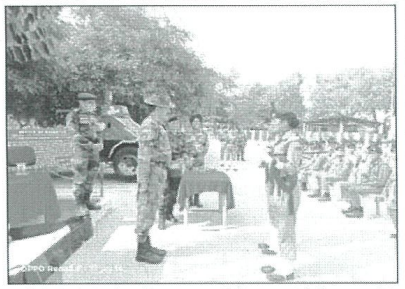

mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times. In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest. He reiterated that NCC is a premier youth organization single -mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen. He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp. He also extended gratitude to all the schools, collegesand parents who even during this pandemic allowed these young cadets to become part of this camp.The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets. The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

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PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Jammu Jottings **Edition**: Jammu

**Dated**: 11 Nov 2020 **Page No**: 10

# NCC combined annual traning camp proceeding exceptionally well

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The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt CO, 7 J&K Girls Bn and briefed about various training activities carried out during the camp

He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways. The CATC J2 which commenced on 05 Novemberhas proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times.

In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest He reiterated that NCC is a premier youth organization single -mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life.

Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.

NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen.

He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp.

He also extended gratitude to all the schools, collegesand parents who even during this pandemic allowed these young cadets to become part of this camp.

The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets.

The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

Principal 9.23
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

सत्यमेव जयते

PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: Lazawal Jammu

**Edition**: Jammu

**Dated**: 11 Nov 2020

**Page No**: 2

## این سی سی کا سالانہ تربیتی کیمپ جموں کے نگروٹہ میں جاری

# کرونا وبائی مرض کے دوران صرف جموں وکشمیر میں این سی سی کیڈٹوں کو تربیت دی جارہی ہے

لازوال ڈیسک

جموں/این سی سی کیمپنگ گراؤنڈ نگروٹہ میں سات روزہ سالانہ تربیتی کیمپ منعقد کیا گیا ہے جس میں ایک بڑی تعداد میں کیڈٹ شرکت کر رہے ہیں۔ اس موقع پر برگیڈیئر ایس ایس ڈھنگر ہیڈ کوارٹر سولہ کورپس نے دورہ کیا جہاں ان کا استقبال کمانڈنٹ جموں وکشمیر خواتین این سی سی بٹالین نے کیا



۔انہوں نے برگیڈیئر موصوف کو جانکاری فراہم کی کہ جموں وکشمیر اور لداخ ہندوستان میں ایک ایسا ڈائریکٹریٹ ہے جو اس وبائی مرض کے دوران بھی کیمپ کا انعقاد کر رہا ہے۔ تاکہ این سی سی کیڈٹوں کو بہتر تربیت فراہم کی جاسکے۔ واضح رہے این سی سی ان خواہشمند امیدواروں کیلئے ایک لاپتنگ پیڈ ہے جو فوج میں اپنی خدمات انجام دینا چاہتے ہیں۔

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

(304)

सत्यमेव जयते

PUBLIC RELATIONS UNIT

MINISTRY OF DEFENCE JAMMU

**Name of Newspaper**: State Observer

**Edition**: Jammu

**Dated**: 11 Nov 2020

**Page No**: 3

# NCC combined annual training camp proceeding exceptionally well



JAMMU, NOV 10:

Felicitation Ceremony of 07 days long Combined Annual Training Camp was organized at NCC Camping Ground, Nagrota today. The occasion was graced by Brig S S Dhankhar of HQ 16 Corps. He was received by Camp Comdt CO, 2 J&K Girls Bn and briefed about various training activities carried out during the camp. He also informed the Brigadier that Jammu Kashmir & Ladhakh is the only Directorate in India which is conducting NCC camps even during this pandemic time just to provide best of training to NCC cadets and benefit them in all possible ways.

The CATC J2 which commenced on 05 Novemberhas proved its mettle in imparting the requisite training to around 250 boy and girl cadets in the midst of present challenging times. In his address to cadets Brig Dhankhar who himself was earlier posted as Group Commander NCC Group, Kohima (Nagaland) in his previous tenure and closely associated with NCC motivated cadets and urged them to exploit this opportunity to the fullest.

He reiterated that NCC is a premier youth organization single -mindedly engaged in grooming Nation's Future leaders & empowering them to don the mantle of country's leadership as well as excel in all walks of life. Uniform forces are respected universally and NCC works as a launching pad for deserving cdts who aspire to join forces at various levels.

NCC training imbibes moral values in cadets and help them to become a good member of the family and better citizen.

He felicitated the cadets for their outstanding performance and complimented the complete team of 2 J&K Girls Bn for efforts put in successful conduct of the camp. He also extended gratitude to all the schools, collegesand parents who even during this pandemic allowed these young cadets to become part of this camp.The culmination of camp was celebrated by utmost fervor involving cultural presentations by cadets The multi talented cadets depicted the rich cultural heritage of Jammu & Kashmir.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu
10.9.23

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

305

**NOTICE**

**25/01/2021**

It is for the information of 2nd and 3rd year NCC cadets that EBSB Saptah Camp from 28th Jan.to 4th Feb.2021 is being conducted in online mode. We have been allotted 06 vacancies.

Kindly submit the documents by 27 Jan.2021 for further submission to unit.

Documents:

Willingness form duly filled and signed by Medical Officer.

Lt. Suman Bala

ANO, 2 J&K Girls Bn. NCC

Principal
P.S.P.S.
Govt. College for Women

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

(377) (306)

Nominal Roll of cadets attending Online EBSB Saptah Camp

| S.No. | Name of the Cadet | Regimental No. |
|---|---|---|
| 1. | SHIVANGI CHARAK | JK19SWA665887 |
| 2. | SIMRAN SHARMA | JK19SWA665890 |
| 3. | SIMRAN KUMARI | JK19SWA665892 |
| 4. | VARSHA | JK19SWA665893 |
| 5. | AVNEET KOUR | JK19SWA665405 |
| 6. | AVIKA CHOUDHARY | JK19SWA665406 |

ANO
Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

9.09.23
Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

372 307

**NOTICE**

**15/04/2021**

It is for the information of 2nd and 3rd year NCC cadets that EBSB Camp from 19th to 24th April, 2021 is being conducted in online mode. We have been allotted 05 vacancies.

Kindly submit the documents by 17th April, 2021 for further submission to unit.

Documents:

Willingness form duly filled and signed by Medical Officer.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

01.09.23

Lt. Suman Bala

ANO, 2 J&K Girls Bn. NCC

Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

308

Nominal Roll of cadets attending Online EBSB Saptah Camp

| S.No. | Name of the Cadet | Regimental No. |
|---|---|---|
| 1. | GARIMA GUPTA | JK19SWA665418 |
| 2. | GURDEEP KOUR | JK19SWA665419 |
| 3. | HARSHITA KHAJURIA | JK19SWA665420 |
| 4. | MEEMANSA | JK18SWA665866 |
| 5. | SEEMA DEVI | JK19SWA665879 |

ANO
Lt. Suman Bala
Associate NCC Officer
2 J&K Girls Bn NCC, Jammu
Govt. College for Women,
Gandhinagar, Jammu (J&K)

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of Employability and Youth

## On

## 30/04/2021

(319)

(69)

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**MEETING NOTICE**
Date: 27.04.2021

It is to inform that a meeting of all the members of Career Counselling Cell will be held on 28.04.2021 in the Chamber of Worthy Principal at 01:00pm regarding an Employability Program for the College students on the theme: Employability and Youth on 30/4/21.

All are requested to make it convenient to attend the same on the scheduled date and time.

Convenor Career Counselling

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## Govt. College for Women Gandhi Nagar, Jammu
## Career Counselling and Placement Cell

### Minutes of Meeting
**( 28.04.2021)**

A meeting of members of Career Counselling Cell was held in the Chamber of worthy Principal on 28.04.2021 at 01:00pm.The agenda of the meeting was to discuss the conduct of an Employability Program for the College students on the theme: Employability and Youth on 30-04-21.

It was unanimously decided in the meeting that:

1. The Webinar shall be conducted Online as per date and time.
2. The Resource person for the Programme will be Mr. Sunil Baraily, PAN India Mobilization Coordinator,Youth Employability Program(Non Engg), Corporate social Responsibility, Tata Consultancy Services (TCS).
3. He must acquaint the participants about the different skills required for getting jobs in corporate world.
4. Students will be informed through different social media applications
5. All the technical support must be ensured for online conduct of webinar.

The following members were present during the meeting

1. Prof. Rajni Kumari
2. Prof. Eisha Gohil
3. Prof. Renu Rajput
4. Prof. Sugandha Mahajan
5. Prof. Syed Shehna

Hence, the minutes are submitted for approval.

Principal

for Principal
Govt. College for Women
Gandhi Nagar, Jammu

312

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**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**NOTICE**
**DATE: 28/04/2021**

Career Counselling Cell, Govt. P.G. College for Women, Gandhi Nagar under the aegis of Manodarpan, initiative of MHRD, Govt. of India is going to organise an Employability Program for the College students on the theme: Employability and Youth on 30/4/21.

All the interested students can participate in the said Programme.

Convenor Career Counselling

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**GOVT. P.G. COLLEGE FOR WOMEN, GANDHI NAGAR JAMMU**

**(A Constituent College of Cluster University of Jammu)**

UNDER THE AEGIS OF ***MANODARPAN***

IS ORGANISING A WEBINAR ON TOPIC

# EMPLOYABILITY AND YOUTH



**Patron**
**Dr. Sangita Nagari**
**Principal**

*Coordinator*
*Prof. Ambica kumari*

***Organising Committee.***
Prof Rajni Kumari
Prof. Anupama Sharma
Prof. Renu Rajput
Prof. Suganda Mahajan
Prof. Eisha Gohil
Prof. Syed Shehna

**RESOURCE PERSON**

**Mr. Sunil Baraily**
PAN India Mobiization Coordinator,
Youth Employability Program(YEP- Non Engg),
Corporate Social Responsibility,
TATA Consultancy Services

**Date and Time:- 30-4-2021 at 2p.m.**

**On google meet**

**Link :** https://meet.google.com/osj-cgvw-cjo

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

# REPORT

## Activity: Employability and Youth
## Dated: 30-4-21

Career Counselling Cell, Govt. P.G. College for Women, Gandhi Nagar under the aegis of Manodarpan, initiative of MHRD, Govt. of India organized an Employability Program for the College students on the theme: Employability and Youth on 30-4-21.

The Webinar was inaugurated by the Patron and Principal of the College, Dr. Sangita Nagari. She welcomed the participants and Resource Person. She stressed that Govt. P.G. College for Women Gandhi Nagar is focusing on conducting such programmes to help the students by providing them necessary information regarding employability skills and trainings in order to enhance their Employability.

Prof. Ambica Sharma, coordinator and moderator of the programme appealed the participants for further disseminating the skills, information and knowledge gained from the resource person to other students also.

The Resource person invited for the Programme was Mr. Sunil Baraily, PAN India Mobilization Coordinator,Youth Employability Program(Non Engg), Corporate social Responsibility, Tata Consultancy Services (TCS). He acquainted the participants about the different skills required for getting jobs in corporate world. He guided, motivated and taught the skills to excel in the competitive exams, their nature and the strategy also be adopted for the preparation of competitive exams and Interviews. He has emphasized upon the difficulties faced by the students and how to avoid/overcome it while preparing for excellence. He has given a roadmap for choosing a right career and how to galvanize one's preparation well.

He guided the students regarding the Youth Employability Programme initiated by TCS. The programme also supports the youth for guiding them for internal (in TCS) and external opportunities for their jobs in Private sector. He also asserted that trainees will receive a digital certificate of participation and completion from TCS which will stand as a testimony and accreditation of their employability prospects in the corporate world. In the last he answered the questions of the students.The webinar was totally an interactive session.

The organizing Committee for the webinar comprised of Prof. Rajni Kumari, Prof. Renu Rajput, Prof. Sugandha Mahajan, Prof. Eisha Gohil and Prof. Syed Shehna. In the end, Prof. Anupama Sharma presented formal vote of thanks.

Convenor Career Counselling Cell

315

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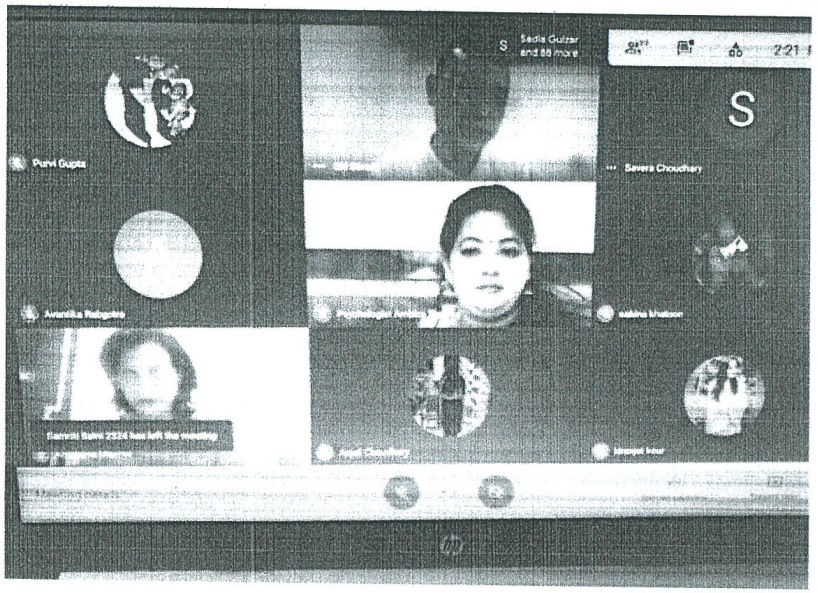
Sadia Gulzar
and 88 more
S
Purvi Gupta
Savera Choudhary
Avantika Rahgotra
sabina khatoon
Samrat Sami 2324 has left the meeting
Sajal Choudhary
Sayanpa Nour

3/6

75

| | |
|---|---|
| c Kerk b Jamieson | 48 |
| c de Villiers b Daniel Sams | 0 |
| c Shahbaz b Jamieson | 0 |
| c Rajat Patidar b Shahbaz | 0 |
| b Chahal | 25 |
| not out | 5 |

79
1-107-1, 11-4, 116-8
4-1, Mohammed Sirai 3-4-24-3, Kyle Jamieson 4-0-24-1, Harshal Patel 4-0-53-0, Shahbaz

| | |
|---|---|
| Harpreet Brar | 35 |
| Riley Meredith | 3 |
| Pooran b Chris Jordan | 31 |
| Harpreet Brar | 0 |
| Ranu b Harpreet Brar | 0 |
| Harpreet Brar b Ravi Bishnoi | 0 |
| Ravi Bishnoi | 0 |
| Tout | 16 |
| Ravi Bishnoi b Sharma | 31 |
| out | 0 |

2-69-4, 91-5, 96-6, 96-7, 144-8
4-1, Mohammed Sharma 3-4-0-26-1, Ravi 4-1-19-3, Chris Jordan 4-0-31-1, Deepak

11th over

The Punjab bowler returned and sent back dangerous De Villiers (3) to leave RCB gasping at 69 for four in 12.1 overs. (PTI)

## Mirabai Chanu to train in US till Olympics

NEW DELHI, Apr 30:

One of India's brightest medal prospect at the Olympics, star weightlifter Mirabai Chanu is set to train in the USA until the Tokyo Games.

The Sports Authority of India Mission Olympic Cell (MOC) has sanctioned around Rs 70.8 lakh for Chanu's one-and-a-half month long overseas training in USA, a SAI source said.

The 26-year-old, who is a part of the Target Olympic Podium Scheme (TOPS), is scheduled to leave the country on Saturday along with two others, including head coach Vijay Sharma (PTI)



*Jawans during walkathon, organised by BSF under Fit India Freedom Run at Poonch on Friday.*

Prempal Singh, Sewa-Gun Continuing with adherence of COVID-19 protocols and social among border population," said Prempal Singh, the chief guest of the event.

## Webinar on 'Employability & Youth' organised

*Excelsior Correspondent*

JAMMU, Apr 30: Career Counselling Cell of Government PG College for Women Gandhi Nagar under the aegis of Manodarpan an initiative of Ministry under organised webinar on the theme 'Employability and Youth'.

The webinar was inaugurated by College Principal Dr Sangita Nagar. She welcomed the participants and resource person. "The College is focusing on conducting such programmes to help the students by providing them necessary information regarding employability skills and training in order to enhance their employability," Dr Nagar said.

Sunil Barialy, PAN India Mobilization Coordinator Youth Employability Program (Non Engineering), Corporate Social Responsibility of Tata Consultancy Services (TCS) was the resource person the event. He guided and motivated the audience regarding competitive exams skill, their nature and the strategy be adopted for the preparation of competitive exams and interviews.

Mr Barialy emphasized upon the difficulties faced by the students and how to avoid/overcome it while preparing for excellence.

Prof Ambika Sharma, coordinator of the programme appealed the participants for further disseminating the skills, information and knowledge among other students, gained from the resource person.

Prof Rajni Kumari, Prof Rani Gupta, Prof Sagandha Mahajan, Prof Usha Gohil and Prof Syed Sharma were members of the organising committee, whereas Prof Anupama Sharma presented vote of thanks.

## WBC India C'ship postponed indefinitely amid Corona surge

NEW DELHI, Apr 30

The World Boxing Council (WBC) India Championship, which was scheduled to take place in Jalandhar on Saturday, has been postponed indefinitely due to the increase in COVID-19 infections in the country.

The first-ever WBC India Championship fight, between women boxers Chandni Mehra and Suman Kumari, was initially scheduled to take place on May 1 at the Great Khali Academy in Jalandhar.

The event was part of the India Unleashed-Fight Night – the country's first ever Professional USA boxing event sanctioned by Indian Boxing Council (IBC) (PTI)

among population, here today.

The expedition was flagged off by Colonel Kaushik Mitra of Project Vijayak from Zojila Top as part of "Azadi ka Amrut Mahotsav".

The expedition is being led by Captain Tarun Bhatia of 81 Leh.

It is pertinent to mention here that all BRO projects located all over the country will be undertaking such expeditions to spread awareness regarding COVID-19 among the local populace.

Premier League, chang Abdulani and Maldives Eagle

However, a countrywide down and travel restrictio Bangladesh forced Abdul withdraw from tournament (PTI)

## VKK organises online culture competiti

*Excelsior Correspondent*

JAMMU, Apr 30: Vinaj Kala Kendra (VKK) Jammu in collaboration of Samagra Shiksha organised cultural competition virtually on the topic, 'Unlock Your Talent' for children of Jammu province.

The event was organised under the leadership of Raj Bharti, chairman VKK and Rajneesh Gupta, theatrist.

A total of 95 children took part in different streams of 'Art & Culture' viz debate competition, solo drama competition, slogan writing competition, singing competition and dance competition and showcased their talent. The result of which was declared today.

In dance category, Manha Vaid bagged 1st position, whereas Anaya Suri clinched 2nd position, Parineeti Charak secured 3rd place besides Gori and Sagar Raina got meritorious certificates in the age group 5 to 8 plus years, whereas Kashish Nayyar, Aarna Banotra and Mannat Bhau stood 1st, 2nd and 3rd respectively, while Saina, Deepesh Dogra, Harshita Gupta and Divyanshi Sharma got meritorious certificates in the age group of 9 to 13 years and Monika Sharma, Anurakshi Sharma and Mahi Manhas bagged top three positions respectively in the age group of 14 to 17 years.

In slogan making category, Aditya Thappa, Harshita Gupta and Devansh Langar bagged first places respectively while Shriya and Neha got meritorious certificates in the age group of 8 to 13 plus years, whereas Yuvraj Gupta, Harshita Gupta and Aditi, while Nanjaneet and Rizwan got meritorious certificates.

In solo drama competition, Mannat Bhau bagged 1st position while Khanak Tandon and Harshita Gupta stood 2nd and 3rd besides Ritvik Gupta and Samvi



School showed their b bagged many awards in streams, whereas student Mandir also explored the and bagged awards.

Sunil Sharma, award amat, Sunny Mahajan, ro choreographer and actor Khajuria, poetess and sing Hemjeeet Kour, a young t were among the experts wh finized the entries, submi the children, whereas Charak gave technical supp

(317) (7K)

# GCW Gandhi Nagar organises webinar on 'Employability and Youth'

■ STATE TIMES NEWS

JAMMU: Career Counselling Cell, Government PG College for Women, Gandhi Nagar under the aegis of Manodarpan, initiative of MHRD, Govt. of India organized an employability programme for the college students on the theme 'Employability and Youth'.

The webinar was inaugurated by the Patron and Principal of the College, Dr. Sangita Nagari who welcomed the participants and Resource Person.

She stressed that college is focusing on conducting such programmes to help the students by providing them necessary information regarding employability skills and trainings in order to enhance their employability. Prof. Ambica Sharma, coordinator and moderator of the programme appealed the participants for further disseminating the skills, information and knowledge gained from the resource person to other students also. The Resource person was Sunil Baraily, PAN India Mobilization Coordinator; Youth Employability Programme (Non Engg), Corporate social Responsibility, Tata Consultancy Services (TCS). He acquainted the participants about the different skills required for getting jobs in corporate world. He guided, motivated and taught the skills to excel in the competitive exams ,their nature and the strategy also be adopted for the preparation of competitive exams and Interviews.

He emphasized upon the difficulties faced by the students and how to avoid/overcome it while preparing for excellence. He has given a roadmap for choosing a right career and how to galvanize one's preparation well. He guided the students regarding the Youth Employability Programme initiated by TCS.

The programme also supports the youth for guiding them for internal (in TCS) and external opportunities for their jobs in Private sector. He also asserted that trainees will receive a digital certificate of participation and completion from TCS which will stand as a testimony and accreditation of their employability prospects in the corporate world. The organizing Committee for the webinar comprised of Prof. Rajni Kumari, Prof. Renu Rajput, Prof. Sugandha Mahajan, Prof. Eisha Gohil and Prof. Syed Shehna. In the end, Prof. Anupama Sharma presented the vote of thanks.

# Vishwakarma Temple Committee reconstituted

■ STATE TIMES NEWS

JAMMU: In an audio conference, Members of the Vishwakarma Temple Management Committee New Plot Jammu , on Friday

**Outcome of the Employability Program on "Employability and Youth":**

The webinar aimed to enhance the employability skills of college students, and participants gained valuable insights from the resource person, Mr. Sunil Baraily who is a PAN India Mobilization Coordinator at Tata Consultancy Services (TCS). He guided the students on the skills required for success in the corporate world, competitive exam preparation, interview strategies, and choosing the right career path.

The Youth Employability Program initiated by TCS was highlighted during the session. Students were informed about the internal and external job opportunities available through the program. They learned about the support provided by TCS in guiding and preparing youth for employment in the private sector. Participants were also informed that successful completion of the program would result in receiving a digital certificate from TCS, accrediting their employability prospects in the corporate world.

The webinar was interactive, allowing participants to ask questions and receive answers from the resource person. This engagement provided students with a deeper understanding of employability-related challenges and how to overcome them.

The Career Counseling Cell of Govt. P.G. College for Women, Gandhi Nagar demonstrated its commitment to supporting students' employability by organising such programs. The Principal, Dr. Sangita Nagari, emphasised the college's focus on providing necessary information and training to enhance students' employability skills. The coordinating committee and the vote of thanks by Prof. Anupama Sharma showcased the collective effort and commitment towards empowering students for successful career opportunities.

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# Govt. College for Women Gandhi Nagar, Jammu

## Career Counselling and Placement Cell

## Report of 100 hours virtual orientation program
## 26/5/21 to 06/08/21

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**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

**MEETING NOTICE**
Date: 21.05.2021

It is to inform that a meeting of all the members of Career Counseling Cell will be held on 22.05.2021 in the Chamber of Worthy Principal at 01:00pm regarding 100 hours virtual orientation program for students in collaboration with Tata Consultancy Services.

All are requested to make it convenient to attend the same on the scheduled date and Time.

Convenor Career Counselling

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## Govt. College for Women Gandhi Nagar, Jammu
## Career Counselling and Placement Cell

### Minutes of Meeting
### ( 28.04.2021)

A meeting of members of Career Counselling Cell was held in the Chamber of worthy Principal on 28.04.2021 at 01:00pm.The agenda of the meeting was to discuss the conduct of 100 hours virtual orientation program for students in collaboration with Tata Consultancy Services from 26/05/21 to 06/08/21

It was unanimously decided in the meeting that:

1. The Orientation programme shall be conducted Online as per date and time.
2. Suryayan Ganguly from CSR YEP Training Engagement Team will conduct the virtual orientation ceremony with 60 students
3. He must acquaint the participants about the different skills required for getting jobs in corporate world.
4. Students will be informed through different social media applications
5. All the technical support must be ensured for online conduct of Webinar
6. Certificates will be distributed to the successful candidates at the end of event.

The following members were present during the meeting

1. Prof. Mala Bhasin
2. Prof. Ambika Kumari
3. Prof. Renu Rajput
4. Prof. Sugandha Mahajan

Hence, the minutes are submitted for approval

for Principal

Principal
Padma Shri Padma Sachdev
Govt. College for Women
Gandhi Nagar
Jammu (J&K)

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**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

# NOTICE
## DATE: 22/05/2021

Career Counseling cell, Govt. P.G. College for Women, Gandhi Nagar Jammu is going to organise 100 hours virtual orientation program for students in collaboration with Tata Consultancy Services from 26/5/21 to 06/08/21
All the interested students can participate in the said Programme.

Convenor Career Counselling

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**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

## REPORT

## ACTIVITY: 100 hours virtual orientation program

Dated: 26-05-2021 to 6-08-2021

Career Counseling cell, Govt. P.G. College for Women, Gandhi Nagar Jammu organised certificate Distribution Function after the culmination of 100 hours virtual orientation program for students in collaboration with Tata Consultancy Services. The Orientation Program was organised under the patronage of Principal of the College, Dr. Sangita Nagari. In her address, she emphasized that Govt. P.G. College for Women Gandhi Nagar is focusing on conducting such programmes to help the students by providing them necessary information regarding employability skills and trainings in order to enhance their Employability.

Prof. Mala Bhasin, H.O.D. Botany and Convenor of the programme assured that this orientation programme specially designed for 6th semester students will help them in getting suitable placements in accordance to their interests, personality, aptitude and skills.Prof. Ambica Kumari, Nodal Officer for Career counseling and coordinator of the programme appreciated the efforts of Tata Consultancy Services along with his team for this 100 hrs. Orientation programme and also students for their interest and participation in the programme.

This is the first time such collaboration happened between the college and Tata Consultancy Services (TCS). The program was delivered through a continuous learning engagement structure of Virtual Instructor Led training and self-learning interventions spread across 100 hours. The trainees experienced learning of soft skill and hard skills through interventions such as knowledge sharing of concept to practical work usage & practices, applying techniques and approach to digital/written assessment. On 26 th of May 2021, the program started with Mr. Suryayan Ganguly from CSR YEP Training Engagement Team conducting the virtual orientation ceremony with 60 students in attendance along with the Principal & other faculty members of the college. The training programme ended on 6th August, 2021. After qualifying different types of tests, trainees received certificates of completion today based on their performance which will stand as a testimony and accreditation of their Employability prospects in the corporate world. In addition, the trainee shall be guided and encouraged to apply in TCS or other organisations by going through the standard recruitment process of the respective organisation, as and when the same gets scheduled, subject to suitability of vacancy for fresher's.

In the end, Prof. Ambica Kumari, presented vote of thanks.

Convenor Career Counselling Cell

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# Certificate distribution function held at govt. P.g. College for women, Gandhi nagar jammu.

TNN BUREAU



**JAMMU:** Career counseling cell, Govt. P.G. College for Women, Gandhi Nagar Jammu organised certificate Distribution Function after the culmination of 100 hours virtual orientation program for students in collaboration with Tata Consultancy Services. The Orientation Program was organised under the patronage of Principal of the College, Dr. Sangita Nagari. In her address, she emphasized that Govt. P.G. College for Women Gandhi Nagar is focusing on conducting such programmes to help the students by providing them necessary information regarding employability skills and trainings in order to enhance their Employability. Prof. Mala Bhasin, H.O.D. Botany and Convenor of theprogramme assured that this orientation programme specially designed for 6th semester students will help them in getting suitable placements in accordance to their interests, personality, aptitude and skills. Prof. Ambica Kumari, Nodal Officer for Career counseling and coordinator of the programme appreciated the efforts of Tata Consultancy Services along with his team for this 100 hrs. orientation programme and also students for their interest and participation in the programme.

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330 85

**Outcome of the 100 Hours Virtual Orientation Program:**

The collaboration between Govt. P.G. College for Women, Gandhi Nagar Jammu and Tata Consultancy Services (TCS) provided students with a valuable opportunity to enhance their employability skills and knowledge through the 100 hours virtual orientation program. The program aimed to equip students with the necessary information and training to enhance their employability prospects.

The program, conducted through a combination of virtual instructor-led training and self-learning interventions, covered both soft skills and hard skills. Students learned concepts, practical applications, and assessment techniques related to various skills and domains.

The orientation program specifically targeted 6th semester students and aimed to assist them in securing suitable placements based on their interests, personality, aptitude, and skills. The program focused on bridging the gap between academia and industry requirements, empowering students to be job-ready.

Upon completion of the program, participants received certificates of completion, which serve as a testament to their employability prospects in the corporate world. The certificates recognize their performance and the skills they acquired during the training. The participants were also encouraged and guided to apply for job opportunities in TCS or other organisations through the standard recruitment process.

The successful implementation of the program and the certificate distribution function highlighted the collaborative efforts of the Career Counseling Cell, the college administration, and Tata Consultancy Services. The vote of thanks presented by Prof. Ambica Kumari expressed gratitude towards TCS and the participating students, showcasing the dedication and commitment of all involved parties in promoting students' employability

# GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

# EXTENSION ACTIVITIES

## OF

## NAAC CRITERION-III

# RESEARCH INNOVATIONS AND EXTENSION

2021-22

Govt. College for Women ★ IQAC ★ Gandhi Nagar, Jammu

Mobile: 094191 – 02359 OFFICE OF THE PRINCIPAL Tele & Fax – 0191 – 2435158
GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
Constituent College of Cluster University of Jammu
E-mail: principal@gcwgandhinagar.com

UNIFIED PLURALITY

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| 3 | BADMINTON TOURNAMENT | 17-19 |
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Govt. College for Women IQAC Gandhi Nagar, Jammu

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GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
Constituent College of Cluster University of Jammu
E-mail: principal@gcwgandhinagar.com

UNIFIED PLURALITY


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Constituent College of Cluster University of Jammu
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Govt. College for Women ★ IQAC ★ Gandhi Nagar, Jammu

# Govt.P.G college for women Gandhi Nagar, jammu

Department of commerce is organising a virtual session on

**" soft skills for spectacular success"**

On Friday,11 June 2021 at 10:30 a:m

Patron
Dr.Sangita Nagari

( Principal Gcw Gandhi Nagar)

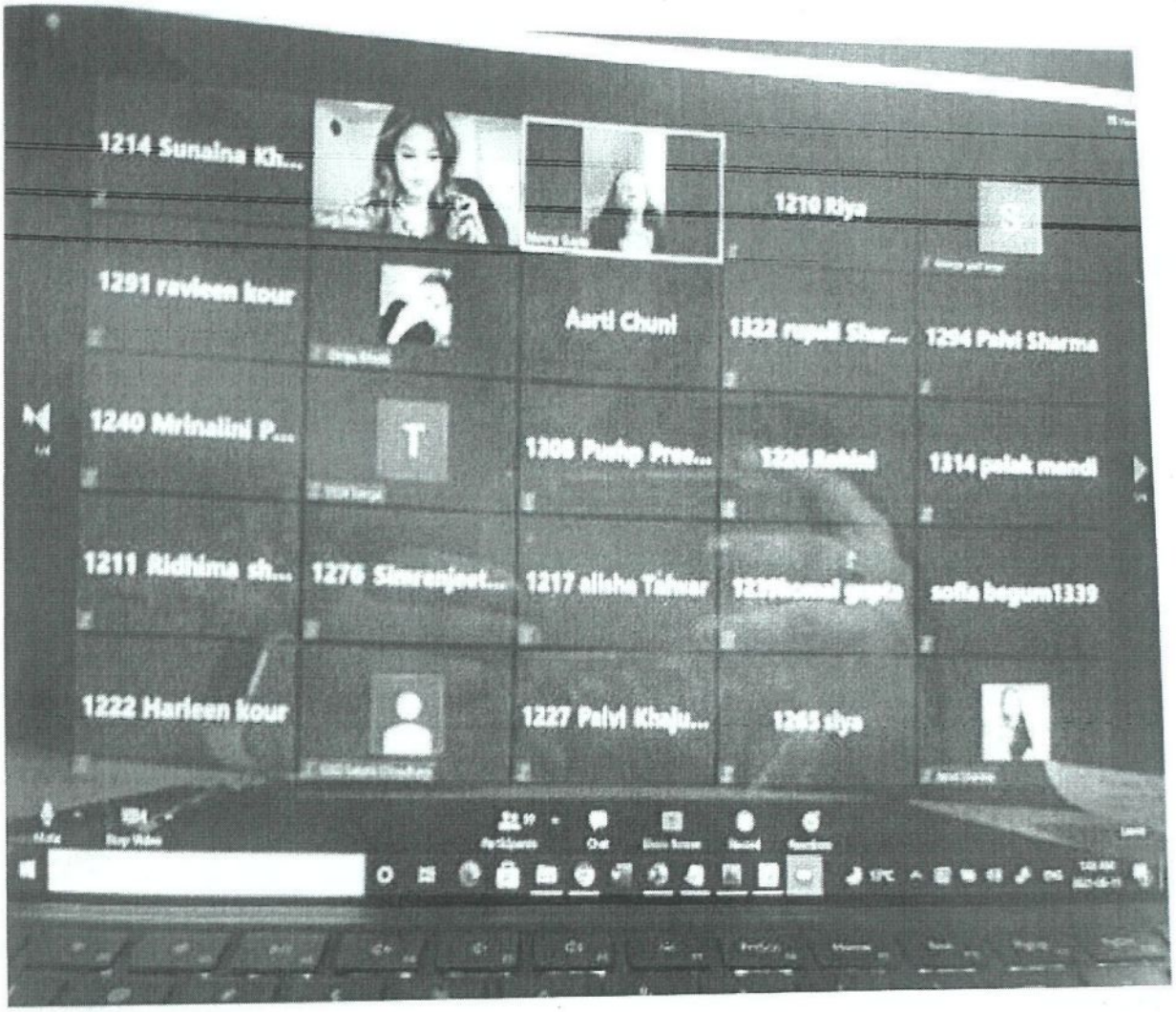


Convener
prof.Mamta Gupta

(Head of department)

Ms.Gargi Modi
Soft skill trainer and
behavioural consultant
At bliibo Inc Toronto
Canada

Organising committee
Prof.Mamta Kundal
Prof .Rashmi
Dr.Deepti Abrol
Dr.Asha Rani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# OFFICE OF THE SPORTS COORDINATOR
# CLUSTER UNIVERSITY OF JAMMU

No:- PE/S (a)/2-8
Date:- 25-11-2-21

The Principal
GGM Sc. College/ MAM College
GCW Gandhi Nagar College
SPMR College of Commerce
GCOE Jammu.

Sub:- Fixture for Inter-Collegiate Tournaments/ Competitions 2021-2022

Sir/Madam,

Kindly find enclosed herewith a copy of the fixture for Inter- Collegiate 1st Phase tournaments/competitions of Cluster University of Jammu 2021-2022.

Thanking You

Yours Sincerely,

Dr. Vinod Bakshi
Sports Coordinator
CLUJ

Copy to:-
1. Principals of constituent colleges of cluster university of jammu for information
2. S.S to the V.C. for kind Information of the Hon'ble Vice- Chancellor please .
3. Physical Directors of constituent colleges of cluster university of jammu for information .
4. Dy. Director Youth Services and Sports , Jammu Division for information.
5. F.A Cluster University of jammu for information .
6. The Sports Officer , M.A.Stadium Jammu .
7. P.A. to the Registrar for information of the Registrar
8. Office File

# OFFICE OF THE SPORTS COORDINATOR
# CLUSTER UNIVERSITY OF JAMMU

***General Note:***

1.The competing teams shall turn-up half an hour before the actual start of the match.

2. One copy of Eligibility proforma of players duly filled in with neat and clean handwriting and signed by the principal of the concerned colleges is required with registration numbers.

3. Decision of Referee will be final and binding to all the Teams. If there is any doubt regarding decision of Umpire/Referee, the concerned Team Manager have to deposit protest fee Rs 1000/= along with the written protest within 2 hours.

4. The organising Committee reserves the right to change the Venue, duration of the game and timing of competition, if required.

5. In knock-out, if the tie occurs, the tie breaker (penalty Stroke/ Penalty Shot) will be applied, especially in Hockey and Football.

6. All the team Incharge/Managers coming from Mufassil Colleges are required to submit their authority/deputation letter in the office on the next day of reaching, Jammu.

7. Rules of the AIU and the concerned Federations shall be applicable to the Inter-Collegiate Competitions.

8. No teams shall be allowed to take part in any Inter-Collegiate Competitions without complete eligibility performa duly signed by the concerned HOD/Principal.

9. No student shall be allowed to take part in any Inter-Collegiate Competitions without identity card issued by the concerned Head of the Institute/Principal.

**Eligibility Rules**

1. Age limit of the student shall be minimum 17 years and maximum up to 25 years.

2. Only a bonafide full time student, who is enrolled for a course, which is of a minimum duration of one academic year and whose examination is conducted by the Cluster university, shall be eligible to participate in the Inter-Collegiate Tournament.

3. Not more than 8 years have elapsed since a students passed examination qualifying for first admission to be Cluster University or college affiliated with the Cluster University.

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

# DIRECTORATE OF SPORTS & PHYSICAL EDUCATION
# CLUSTER UNIVERSITY OF JAMMU

*INTER-COLLEGIATE TOURNAMENTS 2021-2022*

## *FIXTURE*

### 1.NAME OF THE EVENT: **FOOTBALL (MEN)**

**Venue** :- GGM Science, College
**Date**: 01 & 02 Dec. 2021
**Time**: 9:30 AM.

1. **GOVT. MAM COLLEGE.**
2. **GGM SCIENCE COLLEGE.**
3. **GOVT. COLLEGE OF EDUCATION.**
4. **SPMR COLLGE OF COMMERCE**

1 — 11.30 a.m.
2 — 01-12-2021, 1.30 p.m.
1 & 2 → 3 — 01-12-21
3 — **FINAL** 02-12-202, 11.00 a.m.

*NOTE: : Tournament will be conducted as per AIU and Football Federation of India rules*

### 2. NAME OF THE EVENT: **BASKETBALL (MEN)**

**Venue** :- MA Stadium
**Organise by**:- GCOE, Jammu
**Date**: 03 & 04 Dec. 2021
**Time**: 9.30 A.M.

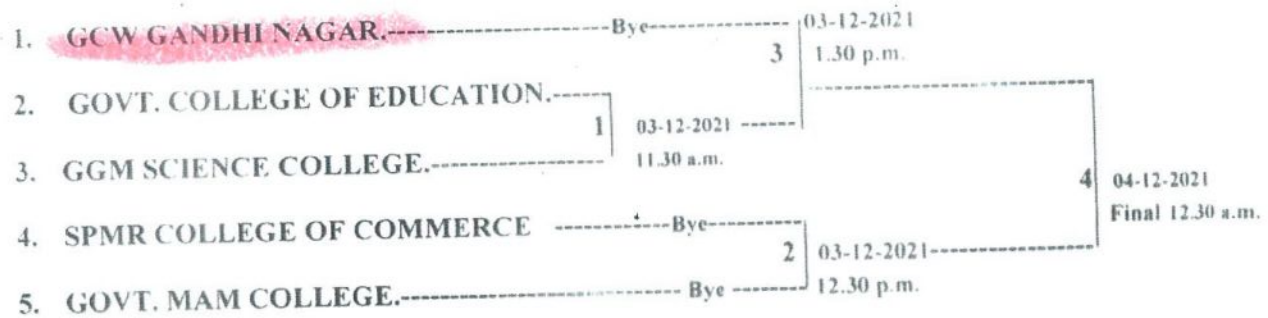
1. **SPMR COLLEGE OF COMMERCE.**
2. **GOVT. MAM COLLEGE.**
3. **GOVT. COLLEGE OF EDUCATION.**
4. **GGM SCIENCE COLLEGE.**

1 — 11.30 a.m.
2 — 03-12-2021, 12.30 p.m.
1 & 2 → 3 — 03-12-21
3 — **FINAL** 04-12-20, 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Basketball Federation of India rules*

## 3. NAME OF THE EVENT: **BASKETBALL (WOMEN)**

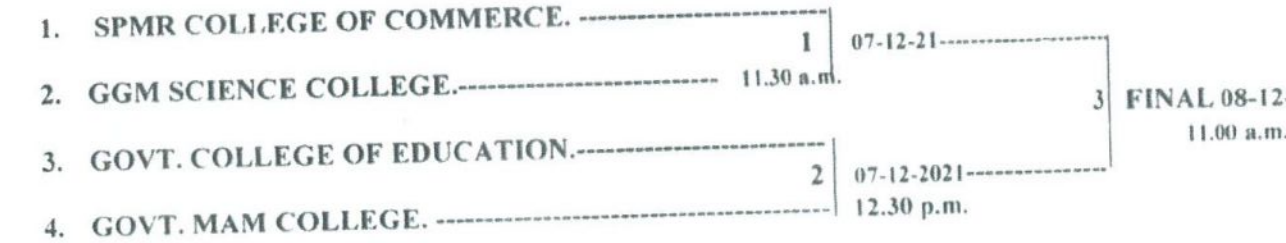
**Venue** :- MA. Stadium
**Organise by**:- GCOE, Jammu
**Date**: 03 & 04 Dec. 2021
**Time**: 9:30 AM.




*NOTE: Tournament will be conducted as per AIU and Basketball Federation of India rules*

## 4. NAME OF THE EVENT: **BADMINTON (MEN)**

**Venue** :- MAM College, Jammu
**Date**: 07 & 08 Dec. 2021
**Time**: 9:30 AM.




*NOTE: Tournament will be conducted as per AIU and Badminton Federation of India rules*

# Office of the Physical Director G.C.W Gandhi Nagar, Jammu

## Eligiblity Performa

Name of the Tournament: BASKETBALL

Game Incharge: Prof. Malti Rajput & Prof. Varun Sharma

His/Her Status: Asstt. Professor

Session: 2021-2022

Name of the College: G.C.W Gandhi Nagar, Jammu

| S. No. | Name of the Player | Father's Name | Mother's Name | D.O.B | Class | Roll No | Reg. No | Year of Passing 12th |
|---|---|---|---|---|---|---|---|---|
| 1 | Hameem Kounser | Ab. Karim Wani | Hamida Begum | 16/06/2002 | BA. Arts | 2107 | 20020070747 | 2019-20 |
| 2 | Ishvilia Choudhary | Suram Singh | Surjeet Kour | 10/02/2003 | BA. Arts | 1419 | 20020070533 | 2019-20 |
| 3 | Ritika Choudhary | Jagbir Singh | Veena Choudhary | 07/06/2002 | BA. Arts | 1956 | 20020070353 | 2019-20 |
| 4 | Kiran Choudhary | Ramesh Jal | Anita Choudhary | 30/07/2003 | B.SC | 417 | 20020040200 | 2019-20 |
| 5 | Simran Devi | Dhian Chand | Meena Devi | 02/06/2002 | BA. Arts | 1975 | 20020070304 | 2019-20 |
| 6 | Janvi Choudhary | Netarpal | Ekta Devi | 23/01/2004 | BA. Arts | 1995 | 21020070683 | 2020-21 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | Samika | Mohinder Singh | Suresh Bala | 25/04/2004 | BA. Arts | 1449 | 21020070061 | 2020-21 |
| 8 | Diya Bali | Rajesh Kumar Bali | Neelam Bali | 20/05/2003 | BA. Arts | 1405 | 21020070005 | 2020-21 |
| 9 | Anushka Sharma | Sanchal Sharma | Ritu Sharma | 20/01/2004 | BA. Arts | 1956 | 21020070639 | 2020-21 |
| 10 | Anamika Sharma | Ganesh Sharma | Parveen Sharma | 12/04/2003 | BA. Arts | 2053 | 21020070752 | 2020-21 |
| 11 | Ritika Choudhary | Bansi Lal | Nirmal Choudhary | 23/08/2001 | BA. Arts | 1790 | 19020070187 | 2018-19 |
| 12 | Arushi Sambyal | Bikram Singh | Padma Singh | 20/08/2001 | BA. Arts | 2185 | 19020070562 | 2018-19 |

PHYSICAL DIRECTOR

PRINCIPAL

5. NAME OF THE EVENT: **BADMINTON (WOMEN)**

Venue :- MAM College, Jammu
Organise by :- MAM College, Jammu
Date: 07 & 08 Dec. 2021
Time: 9.30 A.M.

1. GCW GANDHI NAGAR.----------Bye----------
2. SPMR COLLEGE OF COMMERCE.------
3. GOVT. COLLEGE OF EDUCATION.------
4. GGM SCIENCE COLLEGE ----------Bye----------
5. GOVT. MAM COLLEGE.---------- Bye ----------

3 — 07-12-2021 2.30 p.m.
1 — 07-12-2021 10.30 a.m.
2 — 07-12-2021 12.00 p.m.
4 — 08-12-2021 Final 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Badminton Federation of India rules*

6. NAME OF THE EVENT: **TABLE-TENNIS (MEN)**

**Venue** :- MAM College, Jammu
**Date**: 09 & 10 Dec. 2021
**Time**: 9:30 AM.

1. GOVT. COLLEGE OF EDUCATION.----------
2. GGM SCIENCE COLLEGE. ----------
3. GOVT. MAM COLLEGE.----------
4. SPMR COLLGE OF COMMERCE .----------

1 — 09-12-21 11.30 a.m.
2 — 09-12-2021 1.30 p.m.
3 — FINAL 10-12-21 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Table-Tennis Federation of India rules*

# Office of the Principal Govt. P.G College for Women
## Gandhi Nagar, Jammu

Silver

### Eligiblity Performa

Name of the Tournament: BADMINTON

Game Incharge: Prof. Abhinav and Prof. Pooja charak

His/Her Status: Asst. Prof.

Session: 2021-2022

| S. No. | Name of the Player | Father's Name | Mother's Name | D.O.B | Class | Roll No | Reg. No | Year of Passing 12th |
|---|---|---|---|---|---|---|---|---|
| 1 | SRISHTI RAI | LALIT RAI | NEENA RAI | 21-11-2000 | B.Sc | SEM-5th 730 | 1920040197 | 2019 |
| 2 | VIDHI KUMARI | MADAN LAL | MAKHANI DEVI | 31-03-2001 | B.A | SEM-5th 2182 | 19020070559 | 2019 |
| 3 | ARUSHI SAMBYAL | BIKRAM SINGH | PADMA SAMBYAL | 20-08-2001 | B.A | SEM-5th 2185 | 19020070562 | 2019 |
| 4 | SHIVANI SHARMA | SUNIL KUMAR | MURTI DEVI | 24-02-2003 | B.Sc | SEM-3rd 564 | 20020040126 | 2020 |
| 5 | HARMANJEET KAUR | IQBAL SINGH | SURJEET KAUR | 05-11-2001 | B.A | SEM-5th 2250 | 19020070623 | 2019 |
| 6 | KHUSHI SHARMA | NEELKANTH SHARMA | ASHA DEVI | 31-03-2001 | B.Sc | SEM-5th 446 | 19020040043 | 2019 |

PHYSICAL DIRECTOR

PRINCIPAL

8-12

Page No. 19

# SPMR College of Commerce, MAM College enter Badminton finals

*Excelsior Sports Correspondent*

JAMMU, Dec 7: SPMR College of Commerce will lock horns with MAM College in Men's category, while GCW Gandhi Nagar to face MAM College in women's category of Inter-Collegiate Badminton (Men & Women) tournaments' finals, tomorrow.



*Players and dignitaries posing for a group photograph at MAM College Jammu on Tuesday.*

The tournament is being organized by Cluster University of Jammu at Government MAM College, here, wherein Professor GS Rakwal, Principal Government MAM College was the chief guest of the today's matches.

In the Men's category, the first match was played between SPMR College of Commerce and GGM Science College in which SPMR College of Commerce beat GGM Science College by 3-1 and Govt. MAM College got a walkover against Government College of Education Jammu.

In the Women's category, the SPMR College of Commerce got a walkover against Govt. College of Education, while the 2nd match was played between Government MAM College and GGM Science College won by 2-1 and entered in the final.

The tournament was played under the supervision of Neenu Sawhney, Physical Director Govt. MAM College and under the overall supervision of Dr Vinod Bakshi, Physical Director GGM Science College Jammu, and Sports Coordinator Cluster University of Jammu.

Dr. Seema Jamwal (Convenor, Sports Committee MAM College), Dr. Karan Singh, Prof. Anupama Kumari, Prof. Kawaljeet Kour, Prof. Vimal, Prof. Anil Singh, Dr. Shahnaz Parveen, Dr. Joginder Singh, Dr. P.C. Charak, Aijaz Mattoo, Physical Director SPMR College of Commerce, Dr. Roopali Slathia Physical Director GCW Gandhi Nagar College and Ramandeep Kralia, Physical Director GDC Ramban were present during the event.

The matches were officiated by Sanjay Khajuria, Devinder Singh and Rajni.

7. NAME OF THE EVENT: **TABLE –TENNIS (WOMEN)**

Venue :- MAM College, Jammu
Date: 09 & 10 Dec. 2021
Time: 9.30 A.M.

1. GGM SCIENCE COLLEGE.----------Bye----------3 — 09-12-2021 2.30 p.m.
2. SPMR COLLEGE OF COMMERCE.------1 — 09-12-2021 10.30 a.m.
3. GOVT. COLLEGE OF EDUCATION.------
4. GOVT. MAM COLLEGE ----------Bye----------2 — 09-12-2021 12.00 p.m.
5. GCW GANDHI NAGAR.---------- Bye ---------

4 — 10-12-2021 Final 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Table Tennis Federation of India rules*

8.NAME OF THE EVENT: **BOXING (MEN/WOMEN)**

**Venue** :- MA. Stadium, Jammu
**Organise by:-** Govt. SPMR College of Commerce
**Time:** 10:00 AM.
**Date:** 14 & 15 Dec. 2021

1. **GOVT. SPMR COLLEGE OF COMMERCE**
2. **GGM SCIENCE COLLEGE**
3. **GOVT. COLLEGE OF EDUCATION**
4. **M.A.M. COLLEGE**
5. **GCW GANDHI NAGAR**

**Weight Category (Men)**
1.46-48 Kg Minimum Weight
2. 51 Kg Fly
3. 54 Kg Bantam
4. 57 Kg Feather
5. 60 Kg Light
6. 63. 5 Kg Light welter
7. 67 Kg Welter
8. 71 Kg Light Middle
9. 75 Kg Middle
10. 80 Kg Light Heavy
11. 86 Kg Cruiser
12. 92 Kg Heavy
13. 92 + Kg Super Heavy

**Weight Category (Women)**
13. 45-48 Kg Minimum Weight
14. 50 Kg Light Fly
15. 52 Kg Fly
16. 54 Kg Bantam
17. 57 Kg Feather
18. 60 Kg Light
19. 63 Kg Light Welter
20. 66 Kg Welter Weight
21. 70 Kg Light Middle
22. 75 Kg Middle
23. 81 Kg Light Heavy
24. 81+ Kg Heavy Weight

Kindly Send your boxer along with Medical fitness Certificate, COWIN vaccination Certificate DOSE -1 DOSE -2/rapid test report

# Office of the Principal Govt. P.G College for Women
## Gandhi Nagar, Jammu

### Eligiblity Performa

Name of the Tournament: TABLE TENNIS

Game Incharge: Prof. Nidhi Seri and Dr. Rupali

His/Her Status: Deft. Prof.

Session: 2021-2022

| S. No. | Name of the Player | Father's Name | Mother's Name | D.O.B | Class | Roll No | Reg. No | Year of Passing 12th |
|---|---|---|---|---|---|---|---|---|
| 1 | Ch. Aarifa Ahmed | Taniwir Ahmed | Shahnaz Begum | 05-12-2001 | SEM 5TH | 1788 | 19020070185 | 2019 |
| 2 | Ishrat Fatima | Mohammad Sadiq | Halima Banoo | 13-12-2001 | SEM 3RD | 2129 | 20020070523 | 2020 |
| 3 | Zahra Batool | Ghulam Mohd | Sayeeda Banoo | 23-05-2000 | SEM 5TH | 2302 | 19020070674 | 2018 |
| 4 | Ritika Choudhary | Bansi Lal | Nirmal Choudhary | 23-08-2001 | SEM 5TH | 1790 | 19020070187 | 2019 |
| 5 | Vidhi Kumari | Madan Lal | Makhani Dev | 31-03-2001 | SEM 5TH | 2182 | 19020070559 | 2019 |

PHYSICAL DIRECTOR

PRINCIPAL

9.NAME OF THE EVENT: **KABADDI (MEN)**

**Venue** :- GCW Gandhi Nagar
**Date**: 16 & 17 Dec. 2021
**Time**: 9:30 AM.

1. GGM SCIENCE COLLEGE.
2. SPMR COLLEGE OF COMMERCE.
3. GOVT. COLLEGE OF EDUCATION.
4. GOVT. MAM COLLEGE.

1 — 16-12-21, 11.30 a.m.
2 — 16-12-2021, 12.30 p.m.
3 — FINAL 17-12-202, 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Kabaddi Federation of India rules*

10.NAME OF THE EVENT: **KABADDI (WOMEN)**

**Venue** :- GCW Gandhi Nagar, Jamm
**Date**: 16 & 17 Dec. 2021
**Time**: 9:30 AM.

1. GGM SCIENCE COLLEGE. — Bye
2. SPMR COLLEGE OF COMMERCE.
3. GOVT. MAM COLLEGE.
4. GOVT. COLLEGE OF EDUCATION. — Bye
5. GCW GANDHI NAGAR. — Bye

1 — 16-12-2021, 11.30 a.m.
2 — 16-12-2021, 12.30 p.m.
3 — 16-12-2021, 1.30 p.m.
4 — 17-12-2021, Final 11.30 a.m.

*NOTE: Tournament will be conducted as per AIU and Kabaddi Federation of India rules*

11. NAME OF THE EVENT: **HOCKEY (MEN)**

**Venue** :- Hakku Stadium, Jammu
**Organise by**:- GGM science College
**Date**: 18 Dec. 2021
**Time**: 9:30 AM.

1. SPMR COLLGE OF COMMERCE.
2. GOVT. COLLEGE OF EDUCATION.
3. GOVT. MAM COLLEGE.
4. GGM SCIENCE COLLEGE.

1 — 18-12-21, 11.30 a.m.
2 — 18-12-2021, 12.30 p.m.
3 — FINAL 18-12-2, 2.00 p.m.

*NOTE: Tournament will be conducted as per AIU and Hockey (Men) Federation of India rules*

# Office of the Principal Govt. P.G College for Women

## Eligiblity Performa

Name of the Tournament: KABADDI

Game Incharge: Prof. Eisha Gohil & Prof. Pooja charak

His/Her Status: Asst. Prof.

Session: 2021-2021

| S. No. | Name of the Player | Father's Name | Mother's Name | D.O.B | Class | Roll No | Reg. No | Year of Passing 12th |
|---|---|---|---|---|---|---|---|---|
| 1 | ANJANA DEVI | BABU RAM | KAILASH DEVI | 26/07/2000 | B.Sc 5TH | 474 | 19020040069 | 2019 |
| 2 | RAMA SHARMA | PAWAN KUMAR | SUMAN DEVI | 18/10/2001 | B.A 5TH | 1950 | 19020070337 | 2019 |
| 3 | RUCHIKA SINGH | RAJIV SINGH | RIMPY | 28/11/2003 | B.A 1ST | 2128 | 21020070337 | 2020 |
| 4 | MANSHU DEVI | PARAMJEET SINGH | PARAMJEET KOUR | 01/03/2003 | B.Sc 1ST | 929 | 21020050012 | 2020 |
| 5 | SHIVALI SHARMA | GANESH DUTT | ASHA DEVI | 05/07/2001 | B.Sc 3RD | 573 | 20020040076 | 2020 |
| 6 | VAISHALI KAITH | DEEPAK KUMAR | GEETA DEVI | 02/01/2003 | B.Com 1ST | 545 | 21020060184 | 2020 |
| 7 | PRIYA SHARMA | BITTU SHARMA | SHAKTI SHARMA | 18/10/2000 | B.A 5TH | 2227 | 19020070602 | 2019 |
| 8 | SHAKSHI THAKUR | SHAM SINGH | CHANCHALA DEVI | 16/02/2002 | B.A 5TH | 2064 | 19020070445 | 2019 |
| 9 | DILSHAD | MOHD HAKIM DIN | SHAH BIBI | 14/11/1999 | B.A 5TH | 2304 | 19020070676 | 2019 |
| 10 | KAJAL THAKUR | LAL SINGH | RITA DEVI | 10/03/2002 | B.A 5TH | 1988 | 19020070371 | 2019 |
| 11 | IQRA SHAKEEL | SHAKEEL AHMAD BHAT | SHAYESHTA NASEEM | 11/04/2001 | B.A 5TH | 1643 | 19020070043 | 2019 |

PHYSICAL DIRECTOR

PRINCIPAL

12. NAME OF THE EVENT: **VOLLEYBALL (MEN)**

**Venue** :- SPMR College of Comm
**Date**: 21 & 22 Dec. 2021
**Time**: 9:30 AM.

1. SPMR COLLGE OF COMMERCE.----------
2. MAM COLLEGE.----------
3. GOVT. COLLEGE OF EDUCATION.----------
4. GGM SCIENCE COLLEGE----------

1 vs 2 — 21-12-21 — 11.30 a.m.
3 vs 4 — 21-12-2021 — 12.30 p.m.
FINAL 22-12-2 — 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Volleyball Federation of India rules*

13. NAME OF THE EVENT: **VOLLEYBALL (WOMEN)**

**Venue** :- SPMR College of Comm
**Date**: 21 & 22 Dec. 2021
**Time**: 9:30 AM.

1. GOVT. COLLEGE OF EDUCATION.----------Bye----------
2. SPMR COLLEGE OF COMMERCE.----------
3. GOVT. MAM COLLEGE.----------
4. GGM SCIENCE COLLEGE.----------Bye----------
5. GCW GANDHI NAGAR.----------

1 vs 2 — 21-12-2021 — 11.30 a.m.
3 vs 4 — 21-12-2021 — 12.30 p.m.
Final 22-12-20 — 1.00 p. m.

No. of Students = 06

*NOTE: Tournament will be conducted as per AIU and Volleyball Federation of India rules*

28/11/21 29/11/21

# OFFICE OF THE SPORTS COORDINATOR
# CLUSTER UNIVERSITY OF JAMMU

**LIST OF THE PLAYERS OF GCW GANDHI NAGAR JAMMU COLLEGE WHO REPRESENTED CLUSTER UNIVERSITY OF JAMMU IN ALL INDIA/NORTH ZONE INTER-UNIVESRITY COMPETITIONS DURING THE SESSION 2021-2022.**

Name of the Tournament:- Kabaddi (Women)
Name of the Host University: Himachal Pradesh University, Shimla

| S. No | Full Name of the Sports Person | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Anjana Devi | Babu Ram | Kailash Devi | GCW Gandhi Nagar | Sem V-474 |
| 2 | Rama Sharma | Pawan Kumar | Suman Devi | -do- | Sem V-1950 |
| 3 | Ruchika Singh | Rajeev Singh | Rimpy | -do- | Sem I-2128 |
| 4 | Manshu Devi | Paramjeet Singh | Paramjeet Kour | -do- | Sem I-929 |
| 5 | Shivali Sharma | Ganesh Dutt | Asha Dutt | -do- | Sem III-573 |
| 6 | Vishali Kaith | Deepak Kumar | Geeta Devi | -do- | Sem I-545 |
| 7 | Shakshi Thakur | Sham Singh | Chanchala Devi | -do- | Sem V- 2064 |
| 8 | Kajal Thakur | Lal Singh | Rita Devi | -do- | Sem V- 1988 |

Name of the Tournament:- Badminton (Women)
Name of the Host University: Chitkara University, Rajpura

| S. No | Full Name of the Sports Person | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Srishti Rai | Lalit Rai | Neena Rai | Padma Shri Padma Sachdev GCW Gandhi Nagar | Sem V-730 (Reg. No. 19020040197) |
| 2 | Vidhi Kumari | Madan Lal | Makhani Devi | -do- | Sem V-2182 (Reg No. 19020070559) |

Name of the Tournament:- Fencing (Women)
Name of the Host University: GNDU, AMRITSAR

| S. No | Full Name of the Sports Person | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Mansi Sharma | Om Dutt Sharma | Kiran Sharma | GCW Gandhi Nagar | B.A.Sem 1st 1682 Reg No.(21020070334 |
| 2 | Gyan Kour | Gurcharan Singh | Davinder Kour | -do- | Sem I-1591 Reg No. (2102007023 |

Name of the Tournament:- **Pencak Silat (Women)**

Name of the Host University: **University of Jammu**

| S. No | Full Name of the Sports Person | Father's Name | Mother's Name | Present Class |
|---|---|---|---|---|
| 1 | Komal Dhiman | Tarsem Lal | Reema Dhiman | Sem VI- BA 2285 |
| 2 | Rama Sharma | Pawan Kumar | Suman Sharma | Sem V- BA 1950 |
| 3 | Priya Sharma | Bittu Sharma | Shakti Sharma | Sem V-BA 2227 |
| 4 | Shamshad Bano | Mohd. Hussain | Gulzar | Sem I-BA 2182 |

Name of the Tournament:- **Khelo India Unievsrity Games 2021**

Name of the Host University: **Jain Univesrity, Karnataka Banglore**

| S. No | Full Name of the Sports Person | Father's Name | Mother's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Mansi Sharma | Om Dutt Sharma | Kiran Sharma | PSPS GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU | B.A.Sem 1st 1682 Reg No.(21020070334) |
| 2 | Gyan Kour | Gurcharan Singh | Davinder Kour | -do- | Sem I-1591 Reg No. (21020070233 |

Co-ordinator (Sports)
University of Jammu
Jammu

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

# Padma Shri Padma Sachdev Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

Commemorates

# National Youth Day

(Under the banner of Puneet Sagar Abhiyaan)




- Poster-making Activity
- Symposium (Virtual mode)

Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Dr. Neelima G.
Prof. Suman Bala

# Padma Shri Padma Sachdev Govt. College for Women
# Gandhinagar Jammu

## Activity Report of National Youth Day -2022

Celebrating National Youth Day by cadets had provided an opportunity to come together, engage in meaningful activities, and contribute to society. National Youth Day in India is celebrated on January 12th, the birth anniversary of Swami Vivekananda, to honor his teachings and the importance of youth in shaping the nation's future.

**Symposium on teachings of Swami Vivekananda:**

The teachings of Swami Vivekananda reflected through symposium enlightened the participants about the profound wisdom of the great Indian philosopher and spiritual leader. Cadets explored his philosophy of universal brotherhood, self-realization, and the harmony of religions.

The symposium delved into his emphasis on education, self-confidence, and social service to uplift humanity. It encouraged discussions on how Vivekananda's principles remain relevant in modern times, inspiring individuals to lead purposeful lives, embrace diversity, and work towards the betterment of society.

**Poster-making:**

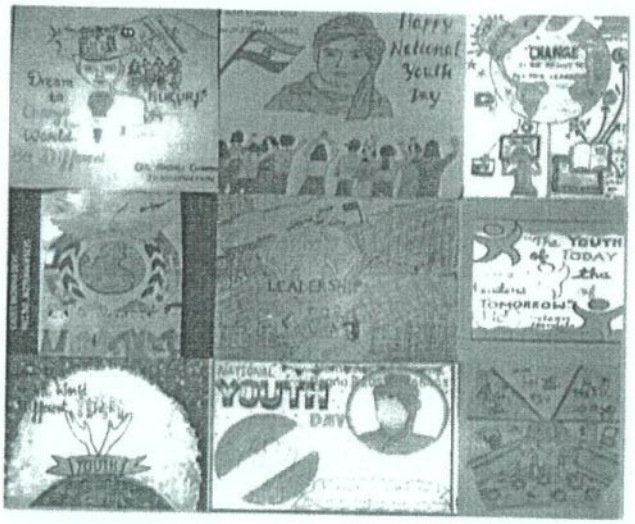
Through vibrant posters, the cadets celebrated the profound teachings of Swami Vivekananda, a visionary leader who ignited the flames of wisdom and spirituality. His message of self-confidence, "Arise, Awake, and Stop Not till the Goal is Reached," inspires us to pursue our dreams fearlessly. Delving deep into the teachings of great leader motivated the participants to lend a helping hand to those in need.

Lt. Dr. Shivika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Padma Shri Padma Sachdev Govt. College for Women
# Gandhinagar Jammu

## Photographs of the Activity




Lt Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Padma Shri Padma Sachdev Govt. College for Women
## Gandhinagar Jammu

Bn.NCC wing of Padma Shri Padma Sachdev Government PG College for Women Gandhinagar celebrated National Youth Festival from January 12 to Jan 16, 2022 under the patronage of Dr. Sangita Nagari, the Principal of the College to pay tribute to Swami Vivekananda, his thoughts and ideas to lead a simple life with high thinking. 83 Cadets paid homage through various activities organised during this 5 day programme. Activities like Poster-making , digital Post-card Making , Yoga and Meditation, Essay Writing competition and Symposium were held to provide students an opportunity to express their views about the contribution of youth in making a nation. The thoughts and ideas of the Colossal figure of India formed the core of celebrations. The programme was Coordinated by the 2nd & 3rd year Cadets under the guidance of Lt. Suman Bala, Associate NCC Officer of the College.

# PG College for Women Gandhi Nagar celebrates National Youth Festival

**EARLY TIMES REPORT**

JAMMU, Jan 16: 2 J&K Girls Bn NCC wing of Padma Shri Padma Sachdev Govt PG College for Women Gandhi Nagar celebrated National Youth Festival under the patronage of Dr. Sangita Nagari, the Principal of the College, to pay tribute to Swami Vivekanan da, his thoughts and ideas to lead a simple life with high thinking.

83 cadets paid homage through various activities organized during this 5 day programme activities like poster making, digital post card making, yoga and medi tation to channelize the ener gy of youth.

Essay writing was organized to express their views about contribution of youth in mak ing of a nation while a sympo sium was held where they delib erated on the thoughts of such a Colossal figure formed the core of celebrations.

The entire programme was coordinated by the 2nd and 3rd year cadets under the guidance of Lt. Suman Bala, Associate NCC Officer of the College.

IC-/05310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

commemorates

## KARGIL VIJAY DIWAS – SHAHEEDON TO SHAT SHAT NAMAN

On

## 26TH July, 2021 (Virtual Mode)



Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Dr. Neelima
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of Ambedkar Jayanti Celebration

A webinar was organized with the primary objective of commemorating Kargil Diwas, also known as Kargil Vijay Diwas, to pay tribute to the valiant soldiers who sacrificed their lives during the Kargil War. The event aimed to raise awareness about the significance of this historic day and educate the participants about the bravery and sacrifice of the armed forces

The event started with sharing the personal experiences of those who had served on the frontlines during the Kargil conflict. Their stories were deeply moving and helped the participants understand the challenges faced by soldiers in the battlefield.

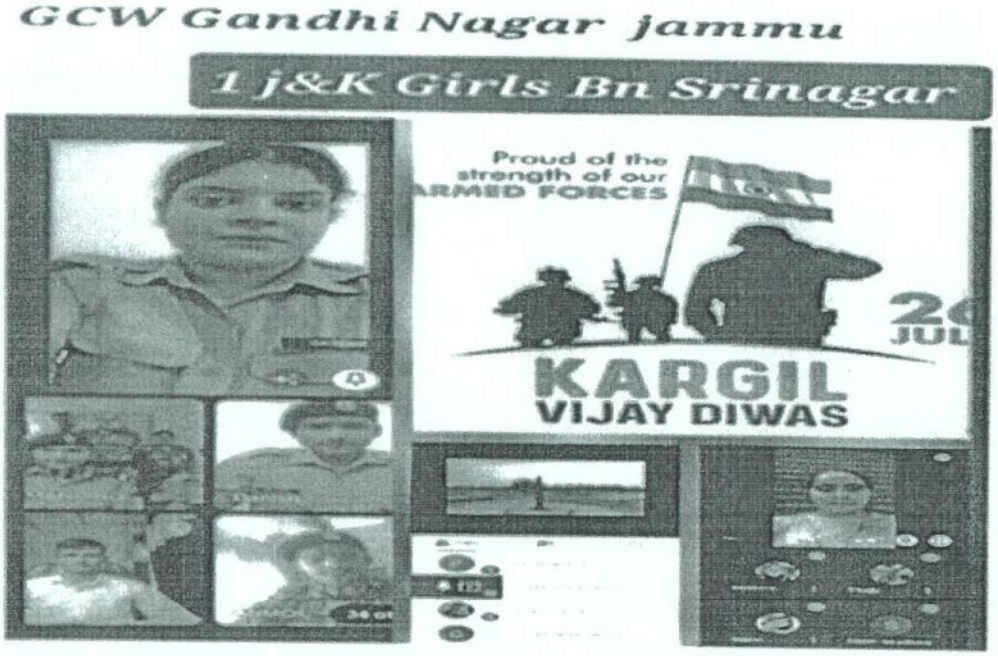
Commemorating these Fallen Heroes, the cadets spoke passionately about the importance of honoring and supporting the families of the soldiers who lost their lives in the line of duty.

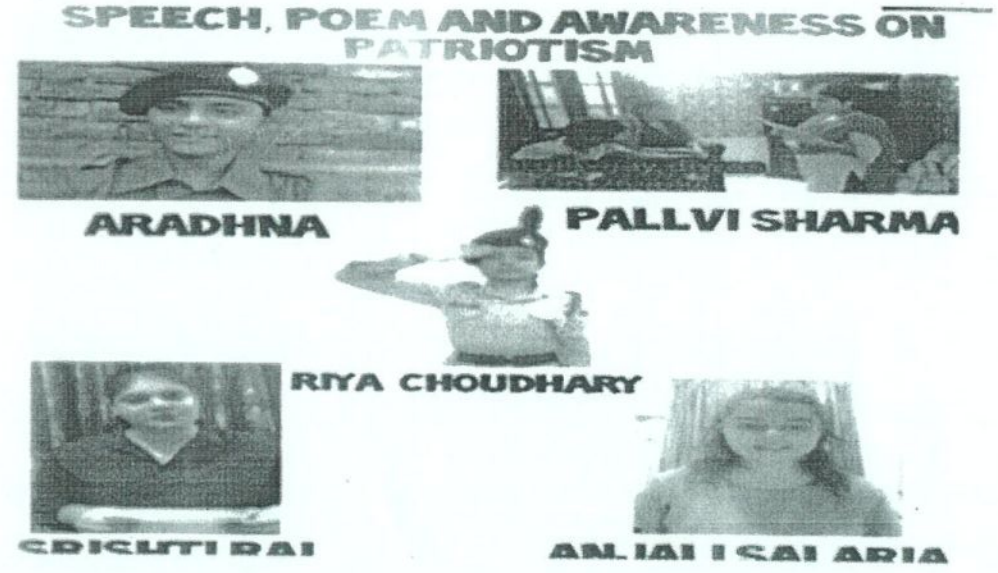
The webinar on Kargil Diwas proved to be a successful and impactful event, achieving its objective of commemorating the heroic efforts of Indian soldiers during the Kargil War. It left a lasting impression on the participants, inspiring them to remember and honor the sacrifices made by the brave soldiers who fought for the nation's integrity and sovereignty.

NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## Photographs of the Activity




NCC/05210028
Lt Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

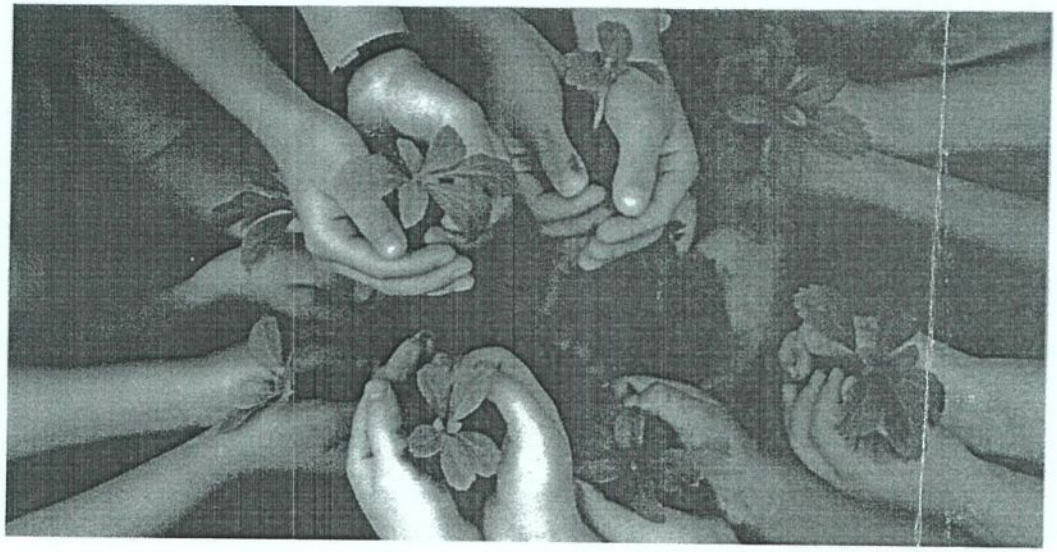
# Govt. College For Women Gandhinagar Jammu

## National Cadet Corps

### Commemorates

## WORLD ENVIRONMENT DAY

### (ECOSYSTEM RESTORATION- 5th June, 2021)



Patron
Dr. Sangita Nagari
Principal

Organizing Committee
Dr. Revika Arora
Dr. Neelima G.
Prof. Suman Bala

# Govt.College for Women Gandhinagar Jammu

## Activity Report of World Environment Day-2021

The Environment Day celebration organized by the National Cadet Corps (NCC) was a resounding success, with active participation of cadets. The event aimed to raise awareness about environmental issues and promote sustainable practices.

**Plantation Drive:**

A significant number of trees were planted during the tree plantation drive. This contributed to enhancing the green cover and promoted a greener environment. The day started with the Plantation of Saplings by cadets with the theme – "Better Environment, Better Tomorrow- Save the Planet" to Spread awareness among the people about the environment safety and reverse the damage from 'Exploiting Nature to Healing it.'

**Poetry / Photography Competition:**

The poetry competition witnessed enthusiastic participation from cadets. These activities encouraged students to think creatively about environmental issues and encouraged them to research and learn more about sustainability. The feelings and ideas were reflected in the poetry written by the cadets evokes a concentrated awareness on the theme that healthy ecosystem can enhance people's livelihood, Counteract climate change & stop the collapse of biodiversity.

**Best out of Waste:**

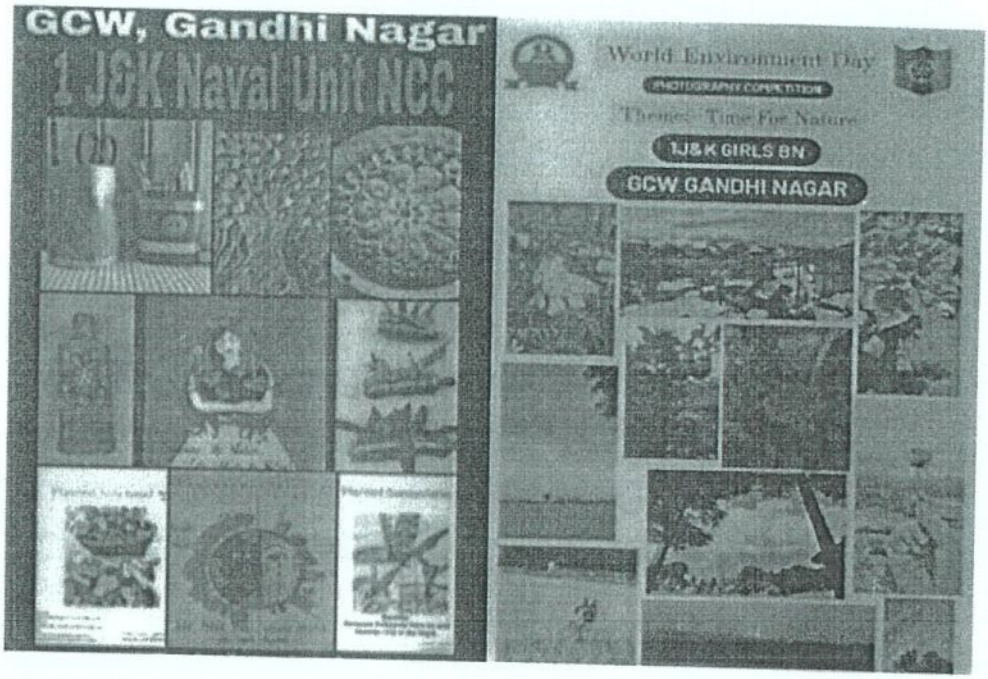
The "Best out of Waste" activity was a creative and eco-conscious endeavor where participants repurposed discarded materials to craft unique and useful items. Cadets enthusiastically transformed old newspapers, bottles, and cardboard into decorative pieces, pen holders, and planters. This initiative not only sparked imagination but also fostered environmental awareness by promoting recycling and reducing waste. The event showcased the power of innovation and sustainability, inspiring everyone to adopt more eco-friendly practices in their daily lives.

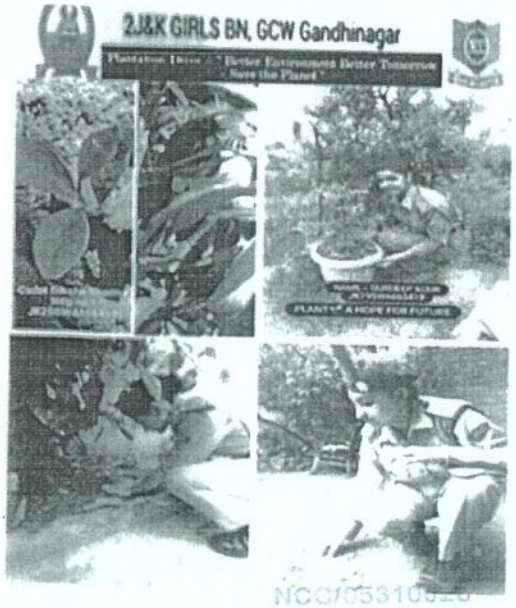
The entire programme was organized under the patronage of Dr. Sangita Nagari, the Principal of College who applauded the cadets for their efforts and guided them to join hands to make this earth a better place to live in.

NCC/03310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt.College for Women Gandhinagar Jammu

## Photographs of the Activity



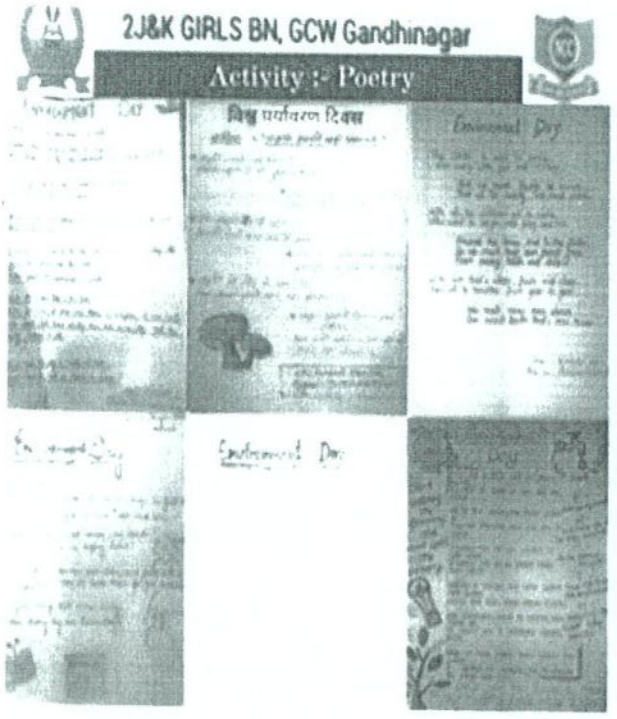



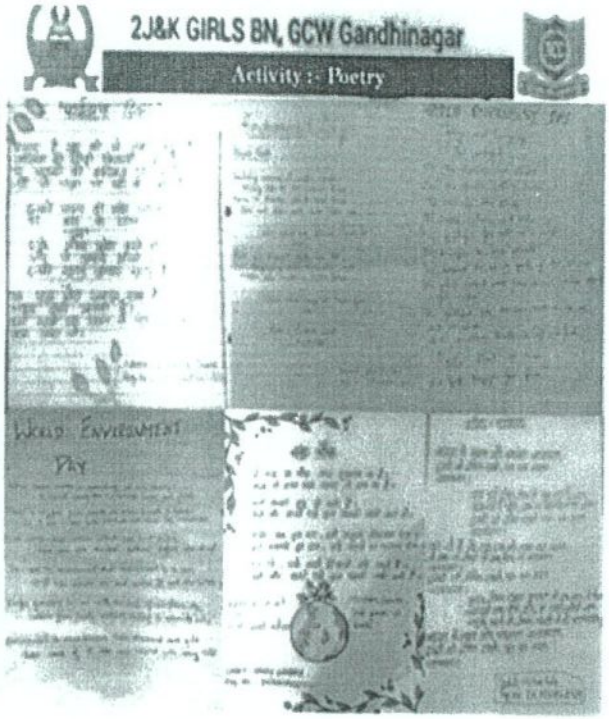


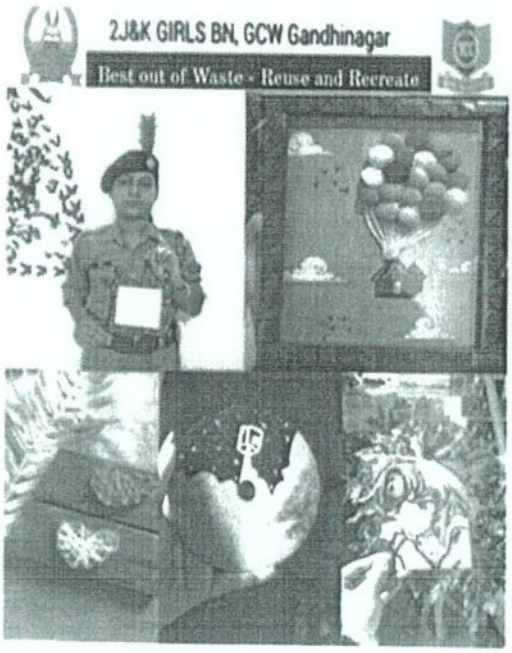


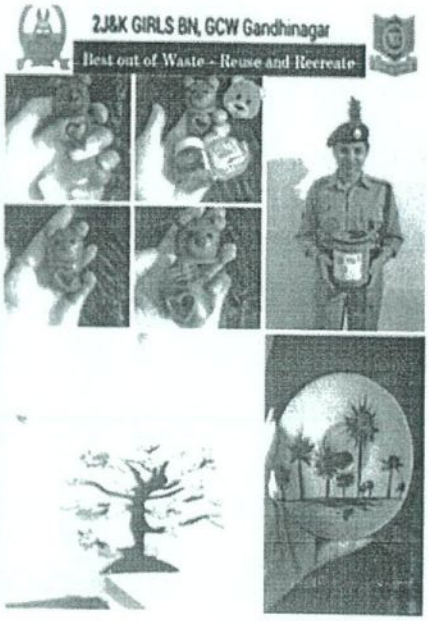
NCC/05310626
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# Govt. College for Women Gandhinagar Jammu



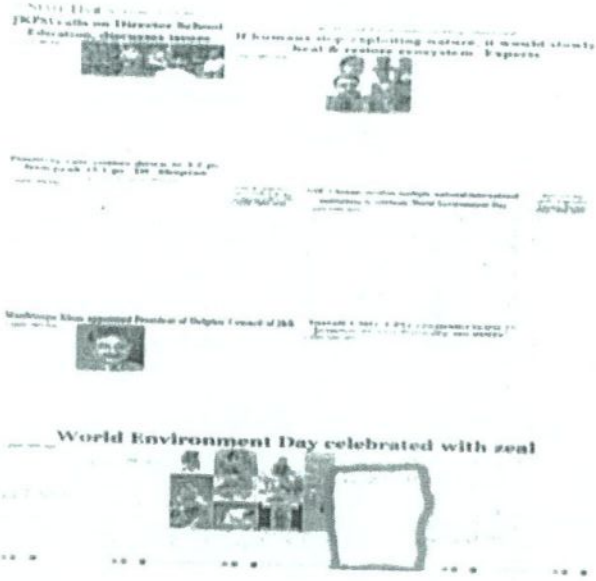



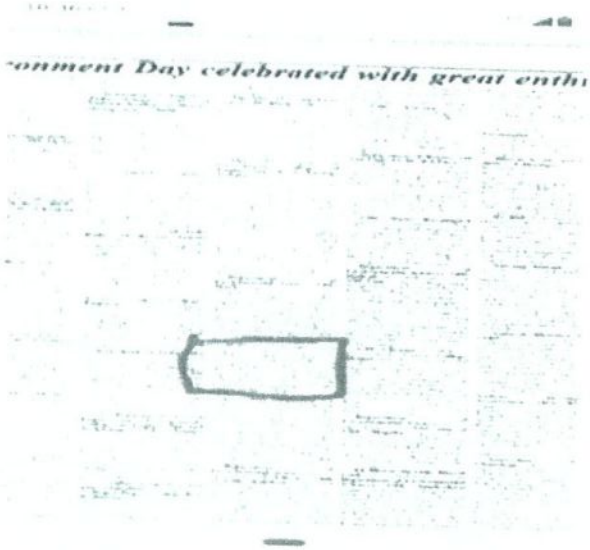




Lt. Dr. [illegible] Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

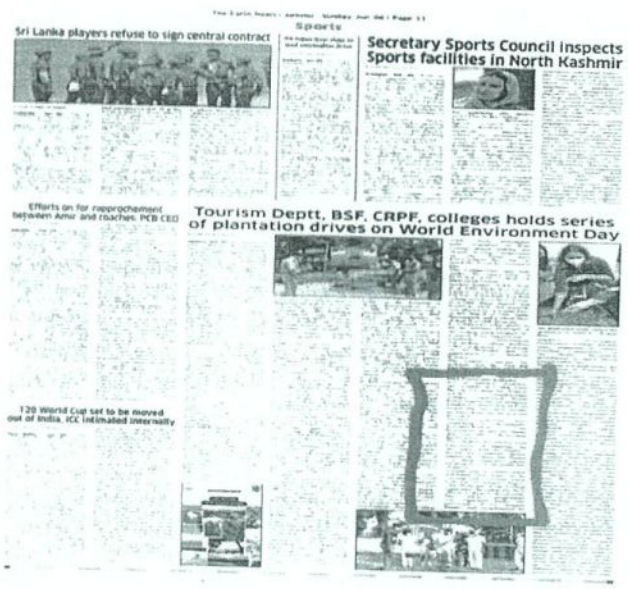
# Govt.College for Women Gandhinagar Jammu










NCC/05310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

(55)

**Govt. College for Women Gandhi Nagar, Jammu**
**Career Counselling and Placement Cell**

REPORT
ACTIVITY: Online Career Alignment Test
Dated 17-09-2021

Career counselling cell of Govt. College for Women Gandhi Nagar in collaboration with University of Petroleum and Energy Studies (UPES) has successfully arranged for Insight, an online career alignment test for 6th semester students under the worthy patronage of Principal Dr. Sangita Nagari on 17th of September, 2021. She lauded the active participation of each student and also assured that such types of events will be conducted in future also. Prof. Ambica Kumari, Nodal Officer for Career Counselling and Organizer of the event, thanked UPES and all the participants for taking part in the test.

Theme of the test Insight was to help students make a scientific and accurate career choice based on Personality, Interest, Aptitude, Emotional Intelligence and Orientation. This online career assessment test based on an individual's qualities, self awareness and capabilities will give direction to the future of students. Certain guidance was also given so that students could conveniently attempt the test within the stipulated time. In total 1107 students appeared for the test which was in itself a great leap, another feather in the cap of the college. Detailed summary reports of the outcome of the result of the students will be shared with the students on their email. Analysis report will include a 30 pages detailed report, unique individual Development plan (IDP) on various parameters and also 1 page summary report. The Career Counselling Cell of the college will provide counselling to students pertaining to the analysis reports of the psychometric test.

CONVENOR CAREER COUNSELLING CELL

56

... was also ... burthday ... were also ... organized main ... in which ... in Bastis and ... were distrib- ... Puru District or- ... programme in dis- ... drive at

... in the district office besides other places. Kathua district undertook plantation drive and organized various other programmes. Ramban District organized main programme in District Office besides other programmes in presence of senior leaders. Similarly all the party senior leaders undertook various service programmes at various places to mark the occasion.

## r on EP

... SCERT ... deliber- ... modifica- ... the school ... and sug- ... for pro- ... levels ... After all the ... speak- ... an inter- ... cum dis- ... moderated by ... Academic Of- ... Renu ... of Education ... in her ... the ... action ... imple- ... at school ... Kashmir & ... that Univer- ... lead in ... education ... to cur- ... with a ... methodol- ... of ... Dhar, Vice ... of Jammu ... of ac- ... NEP 2020 ... to ... and ... for making ... responsive ... mental ... categories of ...

## Online career alignment test held at GCW Gandhi Nagar

TNN BUREAU

**JAMMU:** Career counseling cell of Government PG college for Women Gandhi Nagar in collaboration with University of Petroleum and Energy Studies (UPES) has successfully arranged for Insight, an online career alignment test for sixth semester students under the worthy patronage of worthy Principal Dr Sangita Nagari on Friday. She lauded the active participation of each student and also assured that such type of events will be conducted in future also.

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Detailed summary reports of the outcome of result of the students will be shared with the students on their e-mail. Analysis report will include 30 pages detailed report, unique individual Development plan (IDP) on various parameters and also 1 page summary report. Career Counselling Cell of the college will provide counseling to students pertaining to the analysis reports of the psychometric test.

**SAMBA:** Di... tion Samba ... seven motor... of Social Just... ment here at ... ized by the de... welfare. Depu... Anuradha G... over the keys... cle (scooties) ... the beneficia... resolve of dis... tion for ensu... sections of so... that the distri... has set the ta... ration of the ... schemes."

She said th... Kashmir Gov... ing for holisti... persons with ... viding them ... schemes incl... employment ... nancial assist... gramme offic... District Socia... Deep Kumar ... tion Officer A... sides other of... Welfare and ... also present.

## Naresh elected NC Ru...

TNN BURE...

**JAMMU:** Wi... for elections ... Units of Nat... ence beginni... Naresh Bitt... mously elect... President Jar...

While Jati... Delegate, p... name of Bit... Kashmir Ba... here, Ex-Sarp... mar seconde...

## Soaring prices of fuel, groceri...

08:41

614638759c339.j...
greaterjammu.com

# nline workshop

by faculty members of different Universities, Colleges, and practitioners from India and abroad.

Dr Isha Malhotra, Programme Coordinator and Head, School of Languages and Literature delivered the welcome address. Sumanta S Sharma, Convener of the Programme and Head, School of Philosophy & Culture apprised the participants and guests about the modus-operandi of the workshop. Dr Rashi Taggar explained the importance and history of this region. Dr Suparn K Sharma, Coordinator, Faculty Development Cell and Dean Faculty of Management emphasized upon the intrinsic value culture in different walks of life and better wellbeing.

The quality sessions delivered by the resource persons were applauded by the participants. The Co-convener of the webinar Dr Vinod Singh, Assistant Professor, School of Biotechnology delivered the vote of thanks.

# 1107 students appear in Online Career alignment test

GJ REPORT

**JAMMU, SEP 18:** An Online Career alignment test was conducted at Government Post Graduate College for Women Gandhi Nagar in collaboration with University of Petroleum and Energy Studies (UPES). It has successfully arranged for 'Insight', an online career alignment test for 6th semester students under the patronage of Principal Dr Sangita Nagari. She lauded the active participation of each student and also assured that such type of events will be conducted in future also.

Prof Ambica Kumari, Nodal Officer for Career Counseling and Organizer of the event, thanked UPES and all the participants for taking part in the test. Theme of the test 'Insight' was to help students make a scientific and accurate career choice based on Personality, Interest, Aptitude, Emotional Intelligence and Orientation. This online career assessment test based on an individual's qualities, self awareness and capabilities will give direction to future of students.

Certain guidance was also given so that students could conveniently attempt the test within the stipulated time. In total 1107 students appeared for the test which was in itself a great leap, another feather in the cap of the college. Detailed summary reports of the outcome of result of the students will be shared with the students on their e-mail

# d success by administering 2 a single day: ADGP Jammu



with participation certificate. Participation certificate with

08:46

State Times: ePa...
epaper.statetimes.in

# evelopment works in Bahu Fort area



Mayor Rakesh Gupta Mintoo Gupta and others ... development work

... during the function.

Speaking on the occasion Mayor said that a mega project which has been undertaken by the UEED Sewerage & Drainage deptt of Jammu Municipal Corporation under AMRUT Scheme and worth Rs 60 crore will be utilized to save Tawi River from further pollution by the dirty water of the Nullahas i.e. Pagoda Nagar Nullah, Gandhi Nagar Nullah, Purani Mandi Nullah, Bikram Chowk Nullah etc under this project three numbers of intermediate pumping stations will be constructed at Gokhlay Nagar, Bahu & Raja Bazar near Bikram Chowk.

Besides this Mayor told that Sewage Treatment Plant having 4 MLD capacity is going to be completed shortly which is also one of the vital component of this project and established about 80 KMS pipelines covering the area of Narwal Kala, Rajiv Nagar, Solar Marla Narwal, Bahu Garden Nagar, Rajiv Basti, Kalka Colony, Sheikh Nagar, Bikram Chowk etc will be rehabilitated. Seven new sewerage lines are proposed to be laid down & about 3000 House connections of kitchen waste water, Bath Room waste water, Toilet waste water with proposed Sewer lines will be connected under this project.

He told that this whole project will be completed within the two years time period with an estimate cost of Rs 51.67 crore and an amount of Rs 16.94 Crore under rajeev budget has already been approved for the year 2021-22 for this work.

# eople's miseries: Uday

... people ... and ... that ... people ... the BJP ... suffering amid the ongoing pandemic with new woes getting added to their miseries every passing day. He said that Congress being more than 70 years old party and committed to resolve people's problems ... troubles ... people ... especially those pertaining to basic amenities is the only solution to get rid of the miseries surrounding the people.

Vijay said that people must trust the BJP as it seems to the best decisions by destituting to a big zero. He assured that Congress if voted to power in J&K will resolve the people's problems within its first year of rule.

## Online Career alignment test held at GCW Gandhi Nagar

■ STATE TIMES NEWS

JAMMU: Career Counselling Cell of Govt PG College for Women Gandhi Nagar in collaboration with University of Petroleum and Energy Studies (UPES) has successfully arranged for tonight, an online career alignment test for 4th semester students under the patronage of Principal Dr Sangita Nagpal.

She lauded the active participation of such student and also assured that such type of events will be conducted in future also.

Prof Ambesh Kumar, Nodal Officer for Career Counselling and Organizer of the event thanked UPES and all the participants for taking part in the test.

Theme of the test Insight was to help students make a scientific and accurate career choice based on Personality Interest Aptitude Emotional Intelligence and Orientation.

In total 1102 students appeared for the test which was in itself a great leap another feather in the cap of the college.

Detailed summary reports of the outcome of result of the students will be shared with the students on their e-mail.

Analyses report will include 30 pages detailed report, unique individual Development plan (IDP) on various parameters and also 1 page summary report.

Career Counselling Cell of the college will provide counseling to students pertaining to the analysis reports of the psychometric test.

# Patient safety is our top priority: Dr. Vijay Vemuri

■ STATE TIMES NEWS

... We ... leaders

DISTRICT EMPLOYMENT AND COUNSELING CENTER, JAMMU & PADMA SHRI PADMA SACHDEV GOVT PG COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

INVITE YOU TO A WEBINAR ON

# Resume Preparation & Interview Skills



## GUEST SPEAKER:

## MR. SURYA KANT CHATURVEDI

(Zonal Head North, HCL Technology)

Patrons

Dr. Manisha Kaul, Deputy Director, DECC, Jammu.

Dr Sangita Nagari, Principal Padma Shri Padma Sachdev, Govt PG College for Women, Gandhi Nagar, Jammu

Coordinators

Dushant Singh, CCO DE&CC

Shivali Choudhary, Employment Officer DE&CC

Prof Ambica Kumari, Nodal Officer, Career Counselling & Coordinator for Linkages, Manodarpan

**DATE: 29 JANUARY, 2022**

**TIME: 1:00 PM**

To join a meeting on Google Meet, click https://meet.google.com/hjk-hqtx-okz

# Govt. College for Women Gandhi Nagar, Jammu
## Career Counselling and Placement Cell
## REPORT
## on
## webinar on "Resume Preparation and Interview Skills"

**Dated 29-01-2022**

Padma Shri Padma Sachdev, Govt. P. G. College for Women, Gandhi Nagar Jammu in Collaboration with District Employment Counselling Centre, Jammu organized a webinar on "Resume Preparation and Interview Skills"

Padma Shri Padma Sachdev, Govt. P. G. College for Women, Gandhi Nagar Jammu in Collaboration with District Employment Counselling Centre, Jammu organized a webinar on "Resume Preparation and Interview Skills on 29 January,2022 for the students.

The Patron and Principal of the College, Dr. Sangita Nagari laid emphasis on organizing more such employability and skill development programmes for benefit of the students and achieving the aim of the education . She also appreciated the efforts of the the Organising Committee and District Employment and Counseling Centre Jammu.

Prof. Ambica Kumari, Nodal Officer for Career Counseling & Coordinator for school linkages , Manodarpan, from Padma ShriPadma Sachdev Govt. P.G. College for Women, Gandhi Nagar Jammu welcomed the patron(s) of the programme , Dr. Sangita Nagari, Principal of the College and Dr. Manisha kaul,Deputy Director,DECC, Jammu. She also welcomed the Resource Person and the participants. More than 100 students participated in the online programme.

Sh. Balvinder Singh, State Head HCL Technologies for Himachal Pradesh and J&K was the Resource Person. He informed that CV is a very indepth document that describes career journey step by step and resume is a short straight to-the-point document,created for the purpose of applying to a specific job. He guided the participants for preparing Curriculum Vitae(CV) and Resume. Also , the participants learnt Interview skills from the Resource Person. Sh. Balvinder Singh solved the queries raised by the students . It was an really interactive session.

The programme was Coordinated by Prof. Ambica Kumari, Nodal Officer for Career Counseling & Coordinator for school linkages , Manodarpan, from Padma ShriPadma Sachdev Govt. P.G. College for Women, Gandhi Nagar Jammu ; Mr. Dushyant Singh,CCO DECC and Ms. Shivali Choudhary, Employment Officer DE&CC.

In the end, Ms.Shivali Choudhary,Employment Officer DE&CC presented the Vote of thanks.

# PSPS PG College for Women G'Nagar organises webinar on 'Resume Preparation & Interview Skills'

**STATE TIMES NEWS**

JAMMU: Padma Shri Padma Sarinder (PSPS), Govt. PG College for Women, Gandhi Nagar Jammu in collaboration with District Employment Counselling Centre, Jammu on Saturday organized a webinar on Resume Preparation and Interview Skills.

The Patron and Principal of the College, Dr. Sangita Nagari laid emphasis on organizing more such employability and skill development programmes for benefit of the students and achieving the aim of the education.

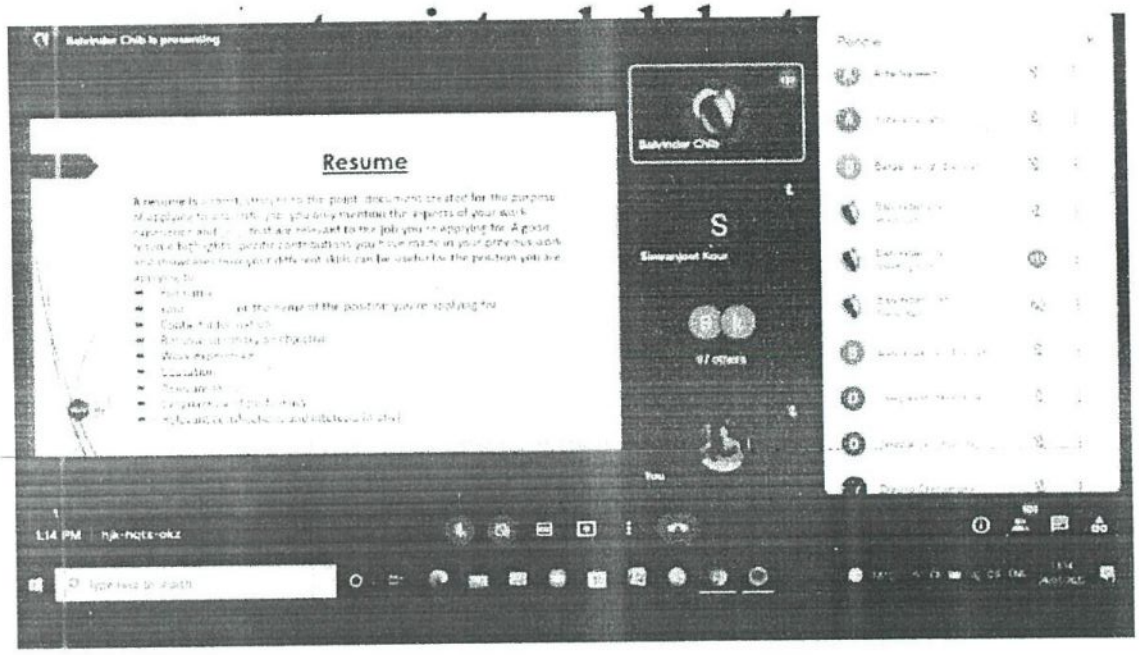
Prof. Ambica Kumari, Nodal Officer for Career Counselling & Coordinator for school linkages, Manodarpan, welcomed Dr. Sangita Nagari and Dr. Manisha Kant, Deputy Director, DECC, Jammu.

Balvinder Singh, State Head HCL Technologies for Himachal Pradesh and J&K was the Resource Person, who informed that CV is a very indepth document that describes career journey step by step and resume is a short straight to the point document, created for the purpose of applying to a specific job.

He guided the participants for preparing Curriculum Vitae (CV) and Resume. Balvinder Singh solved the queries raised by the students.

The programme was coordinated by Prof. Ambica Kumari, Dushyant Singh, CCO DECC and Shivali Choudhary, Employment Officer DE&CC.

Shivali Choudhary, Employment Officer DE&CC presented the vote of thanks.



# Webinar on 'Resume Preparation and Interview Skills' held at Govt PG College for Women, Gandhi Nagar

■ TNN BUREAU

# ASC OMS sensitizes faculty about electives for undergraduate students

■ TNN BUREAU

# NC OBC Cell nominates its provincial office bearers

Email careersuccessjammu@gmail.com

Contact no-9419145317

87

# CAREER SUCCESS

**(A Premier Institute for Govt Jobs & competitive exams preparation)**

**Opp science college,canal road,Jammu,UT of J&K ,180001**

**Subject-Proposal For Conduct of Free JUET 2022 Classes**

Respected Sir,

I, Roopav Rometra, Director, Career Success Educational Institute seek your permission to conduct ***FREE JUET CLASSES in GCW GANDHINAGAR*** in the month of August/September 2022 . Jammu university has released Juet 2022 notification in which thousand's of candidates apply to pursue higher studies.Career Success will help students to understand patten of exam and how to qualify the exam.

**In 2018,2019 we had successfully conducted FREE JUET CLASSES in GCW Parade,Gcw Gandhinagar,Gdc Udhampur,Gdc Hiranagar** with participation of more than 700+ candidates in total. A number of students have been selected in various Govt jobs like Bank,SSC,JKSSB etc from 2018-2019 batch.

I ,therefore ,request you to kindly allow us to conduct FREE CLASSES for upcoming JUET exam which will really help students especially those who are not financially sound as well as from far flung areas. This program will span for 3-5 days only with daily 2 hours session.

I hope GCW Gandhinagar will set an example for others to follow by conducting such seminars etc in future.

We will be comfortable with the dates allotted to us as per your availability.

Regards

Roopav Rometra

Director Career Success

August 18,2022

CAREER SUCCESS
Opp. Science College, Canal Road, Jammu
(M) 9419145317

**Career Counseling and Placement Cell**
**Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu**

# Notice

Career Counseling and Placement Cell is organising Free Coaching Classes for JUET-2022 for the students of Sem 6th from 25-08-2022. Interested students can submit their details to career counseling cell by 24-08-2022.

**Convenor**

Mobile No: 9419102359
E-Mail: principal@gcwgandhinagar.com
Fax/Land Line No 01912435158

(91)

**OFFICE OF THE PRINCIPAL**
**PADMA SHRI PADMA SACHDEV**
**GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU**
*(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)*

No: WCG//1934
Dated: 23/8/2022

# CIRCULAR

It is for the information for all the students of B.A/B.Sc/B.Com Sem-VI that Career Counselling Cell is going to organize three days free coaching for JUET-2022 classes by Mr Roopav Romentra, Director Career Success Educational Institution w.e.f 24th of August 2022 at Radha Krishan Block Room No. 11 at 2:00 P.M. Those candidates who are interested can give names to the following committee members.

1. Commerce- Prof Rajni Kumari, Convenor, Career Counselling
2. Science- Prof Renu Rajput and Prof Rajinder Kumar, Member
3. Arts Prof Sugandha Mahajan, Member

Principal 23.08.2022

# Free coaching classes for JUET-2022 conclude in PGGCW Gandhi Nagar



■ TNN BUREAU

**JAMMU:** Career Counselling Cell of Padam Shree Padma Sachdev Government P.G. College for Women Gandhi Nagar Jammu organized 3-5 day free coaching classes for Jammu University Entrance Examination Test (JUET-2022) from 25th of August 2022.

The coaching class concluded today with the hope that it will definitely help the students to understand and acquaint themselves with the pattern of examination. It will also help those students who cannot afford the fee of coaching institutes or are from far off areas.

The classes were conducted by Roopav Rometra, Director Career Success. He touched every aspect of the Examination pattern of JUET-2022 and cleared all the doubts of the students. Over 100 students of B.Sc/B.A/B.Com Semester 6th attended the free classes.

At the outset of valedictory session, Prof Rajni Kumari, Convener Career counselling cell, formally welcomed the Principal of the college Prof Minu Mahajan who was chief guest on the occasion.

In her address, the Principal urged the students to participate in such events in large numbers.

She also appreciated the efforts put in by the career counseling committee for organizing such events.

Other members who present on the occasion were Prof Mamta Gupta, HOD Dept of commerce, Prof. Renu Rajput and Prof. Rajinder, The formal vote of thanks was presented by Prof Sugandha Mahajan.

# PADMA SHRI PADMA SACHDEV GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF GEOGRAPHY

## REPORT ON SUBJECT TOUR TO JHAJJAR KOTLI

## (1GEODP0602)

## (07/09/2022) 2021-2022

# DEPARTMENT OF GEOGRAPHY

## GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

**TOUR REPORT 2021-22**

**JHAJJAR KOTLI**

Geography is an Earth Science.Field study occupies a very significant place in geographical studies.As a part of the syllabus,department of Geography arranged a one-day tour of Jhajjar Kotli for the students of 6th semester.On 07-09-2022 tour party comprising 30 students and four faculty members departed from college premises at 9.00 a.m.On the way,students observed varied physical and cultural features and also enjoyed group songs.By 10.00 a.m party reached at place of destination,a great tourist attraction.

A brief introduction of the place was given to students by the head of the department.Then students dispersed in groups to search for the place of their study.They viewed varied beautiful topography ,lushgreen hills,transparent water of local channel with numerous boulders and pebbles.Students also interacted with locals to gather information for which they were very curious.Jhajjar Kotli in itself a unique place which attracts a lot many people to enjoy its natural beauty and researchers to research deep about its geological history and study its physical landscape.Students also had experience of the cold ,crystal clear and fresh water of the channel.They captured beautiful pictures in their cameras.After having lot of fun and observations of the surroundings,tour party boarded bus for back journey.By evening,we reached college from where party members departed for their homes.

H. O. D. Geography
Govt. College for W
Gandhi Nagar Jam

## DEPARTMENT OF GEOGRAPHY

## GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

**TOUR OUTCOME**

1. The field study tour to Jhajjar Kotli was a wonderful experience for the students of geography.

2. It enhanced knowledge and understanding of the students of a new place. This tour provided participants with firsthand experience by visiting the area themselves of which they had studied in their books. Students got involved in practical activities and hands-on learning opportunities .This activity also developed cooperation among the classmates.When they work together in groups in the field ,come closer and work more efficiently.

3. By interacting with elderly and experts, visiting diverse locations, engaging in discussions, participants got comprehensive understanding of the subject and the field.

4. For every student,it was a new learning experience.While in the field,students behave differently,come closer to each other,talk to each other openly,become self confident etc In this way, study tours help in a long to an individual to improve their personality.

It was really a knowledgeable and memorable tour for everyone.

H. O. D. Geography
Govt. College for Women
Gandhi Nagar Jammu

**HOD**

**GEOGRAPHY**

# DEPARTMENT OF GEOGRAPHY

## GOVT COLLEGE FOR WOMEN GANDHI NAGAR JAMMU





Mobile No 9419107359
E-Mail principal@gcwgandhinagar.com
Fax/Land Line No 01912435158

OFFICE OF THE PRINCIPAL
PADMA SHRI PADMA SACHDEV
GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
(CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

No: WCG/12058
Dated: 6/9/2022

## ORDER

The following staff members are hereby deputed on One Day Subject Tour to Jhajjar Kotli on 07/09/2022 at 9:30 A.M.

1. Prof Kamlesh Slathia, HOD, Geography
2. Prof Geetika Goswami, Assistant Professor, Geography
3. Dr Sandeep Kour, Academic Arrangement Lecturer
4. Mr Sunil Kumar, Lab. Assistant
5. Mr Bishamber Dass, Lab. Assistant
6. Mr Irshad, Local Fund Employee

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

GCW/PGFST/22/01
Date:- 25/03/2022

## Notice of Meeting

It is hereby informed to all the faculty members of the Department of Food Science to attend Departmental meeting on 25-03-2022 at 11:30 am regarding organizing one day Industrial visit to Jai Beverages Pvt Ltd, SIDCO Complex, Badi Brahmna Jammu

HOD
Food Science

# Minutes of Meeting

**Date :- 25-03-2022**

**Venue :-** Department of Food Science and Technology (Staff Room)

**Agenda of the Meeting:** To organize one day Industrial visit to Jai Beverages Pvt. Ltd, SIDCO Complex, Bari Brahamana, Jammu.

**Discussion:**

- It was decided to organize one day Industrial Visit for the PG students of the Department.
- It was also decided that students will be taken for industrial visit to Jai Beverages, Pvt Ltd, Badi Brahmna, SIDCO Complex, Jammu.
- It was decided that college bus will be provided for the visit.
- It was decided that visit will be arranged on 29th march 2022

**Faculty Present**

- Dr. Anuradha Gandotra
- Dr. Shalini Sharma
- Dr. Monika Hans

**HOD**

**Food Science**

## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

**One day Industrial Visit to Jai Beverages , SIDCO Complex, Bari Brahmna , Jammu on 29th March 2022**

### REPORT

PG Department of Food Science and Technology organized one day industrial visit to Jai Beverages, Industrial Complex Bari Brahmna Jammu on 29th March 2022. Mr. Sushil Ruhela HR, Jai Beverages gave a brief introduction about the management and the products prepared in the plant. A brief introduction was given about the protocols to be followed and safety precautions to be taken care while visiting the plant. During the plant visit students saw the packaging of tetra juice packs, and other soft drinks and operational machinery in use. A total of 13 PG students, semester 3rd and 2 faculty members Dr. Shalini Sharma and Dr. Monika Hans of Food Science Department visited the plant.

HOD Foods
P.G. Dept. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

Visit to Jai Beverages 29-3-2022



## DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY 29-3-2022



To
The Principal
Govt. College for women
Gandhi Nagar Jammu

Subject - Permission to visit Jai beverages
Buri Brahmna Jammu on 29th March 2022.

Respected Madam

With the permission sought from your goodself on 24th March 2022 our students of M.Sc. Food Science & technology Semester IIIrd are going today in college bus alongwith 2 staff members (Dr Monika Hans & Dr Shalini Sharma) to Jai beverages Buri Brahmna Jammu. Kindly allow 2 staff members and students to leave the college today for visit

Thanking You for your support and kind cooperation.

Yours faithfully

(Dr Anuradha Gandotra)
Head Pb. Deptt of Food Sc.

Date
29/03/2022

H.O.D
P.G. Deptt. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

(121)

# JAI BEVERAGES PVT. LTD.

DATE: 29.03.2022

## TO WHOME SO EVER IT MAY CONCERN

This is to certify that **13 Students of M.Sc(Food Science&Technology )III^rd Semester with 2 faculity Members Dr. Monika Hans & Dr. Shalini Sharma of Padma Shri Padma Sachdeva Govt. College For Women**, Gandhi Nagar, Jammu (J&K-UT) have visited at our company M/s Jai Beverages Pvt. Ltd. Bari Brahmana, for Industrial Visit on dated 29/03/2022.

**For, Jai Beverages Pvt. Ltd.**

**Sushil Kumar Ruhela**
***General Manager-H.R.***

*KS : SIDCO INDUSTRIAL COMPLEX, PHASE-I, BARI BRAHMANA, ISMAILPUR ROAD, JAMMU*
Tel.: (01923) 220284, 221484 TELFAX : (01923) 220184





TECHNOLOGY

Dr. Anjali
Convenor, Bus Committee
11/04/2022

The Principal
PSPS Govt PG. College for Women
Gandhi Nagar Jammu

Subject :- Permission to visit Food Craft Institute Nagrota, Jammu

Respected Madam

As per the email received from Principal Food Craft Institute Nagrota, Jammu they are organizing an event on ~~Food~~st Food Feast - Awareness and cuisine Demonstration on 12th April 2022. So, kindly allow students of M.Sc Sem III to visit and participate in the event alongwith ~~Madam~~ 2 Staff members in college bus

Thanking You

Yours faithfully

(Dr Anuradha Gandhi)
Head PG. Deptt of Food Sc & Tech.

Date
11-4-2022

Prof Monika & Amita will accompany 16 students.

# DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

**One day visit to Food Craft Institute, Nagrota, Jammu to participate in an event "Forest Food Feast- Awareness and Cuisine Demonstration Forest" organized by Food Craft Institute, Nagrota, Jammu on 12th April 2022.**

## REPORT

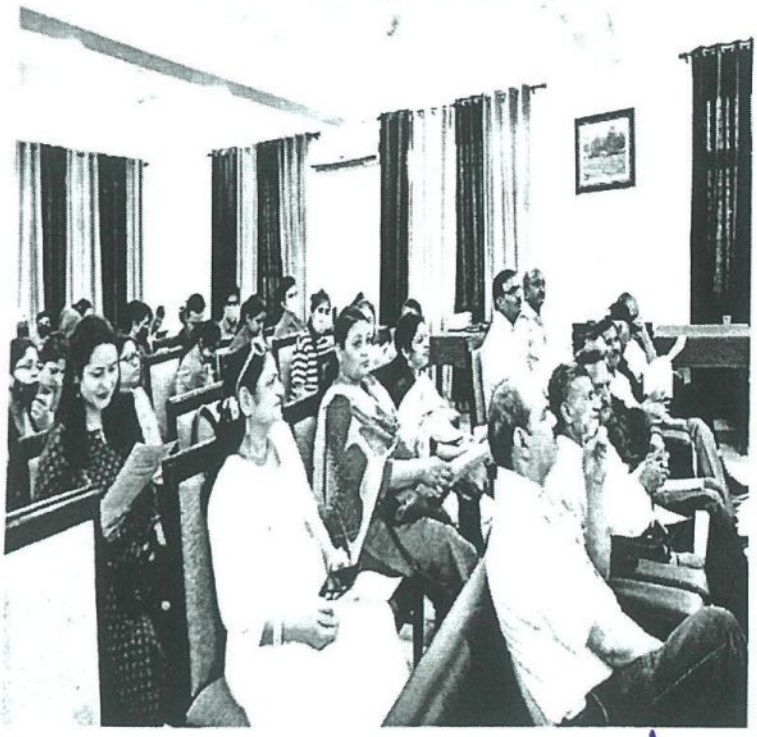
PG Department of Food Science organized one day visit to Food Craft Institute to participate in the event organized by FCI, Nagrota, Jammu. Fourteen students of M.Sc 3rd semester along with two faculty members participated in event "Forest Food Feast- Awareness and Cuisine Demonstration Forest" on 12th April 2022. Dr. OP Sharma Vidyarthi (IFS Retd.), member JK Biodiversity council was the resource person who demonstrated the lesser known traditional edible flowers, fruits, leaves, roots, tubers for their edible use and nutritional value with innovative cuisines, beverages, snacks, teas, pulaos, sauces, sharbats , sweets and bakery items. Various herbs procured form far flang areas like Bilawar, Udhampur, Sanasar, Samba, Akhnoor and other adjoining areas. It was a great opportunity for the students to learn and adopt forest foods for their medicinal, nutritional value being totally organic so as to encourage ethnic communities for further promotion and generate livelihood. It was endeavor to propagate and innovate herbal value additions to the traditional products. Students were accompanied by two faculty members of the department Dr. Monika Hans and Dr. Ameeta Salaria.

HOD
P.G. Dept. of Food Sc. & Tech.
Govt. College for Women
Gandhi Nagar, Jammu

# DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

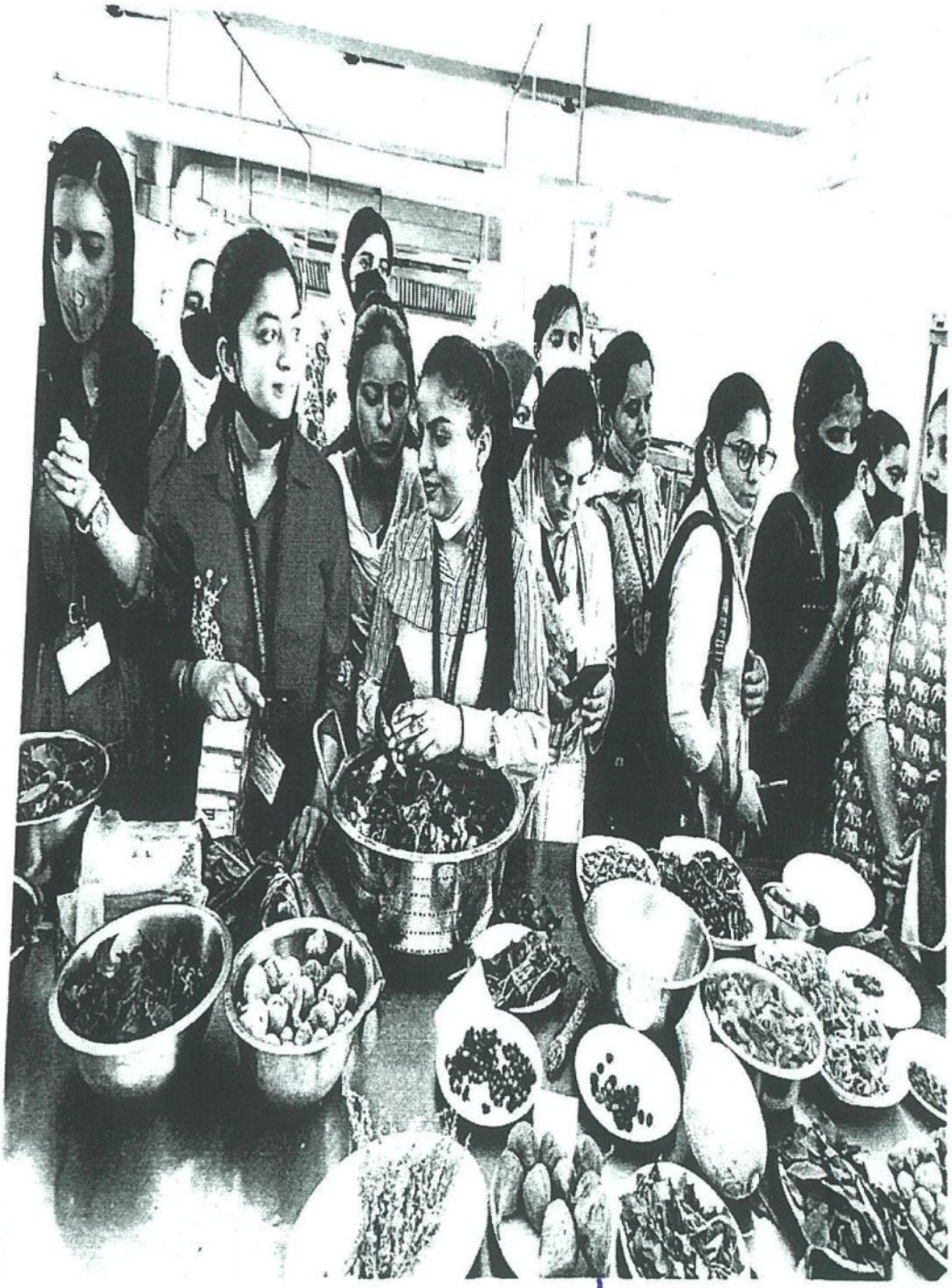
one day visit to FCI 12 April 2022





# DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

Visit to Food Craft Unit 12 April 2022



# DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

Visit to Food Craft Institute 12 April 2022



# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: PERSONAL FINANCE AND CONSUMER STUDIES** **SESSION-2021-2022**

**COURSECODE:1HSCPC0402**

### FIELD VISIT REPORT

### VISIT TO BANK TO STUDY TYPES OF SAVING & CREDITS

Students of Bsc semester 4th Department of Home Science visited different banks as part of their practicals. During the visit, the students actively participated in various activities that allowed them to engage with the banking environment. The following activities were undertaken:

5. **Orientation:** The visit began with an orientation session where the students were briefed about the objectives and expectations of the visit. They were also provided with an overview of the banking industry and its role in the economy.
6. **Bank Tours:** The students were divided into smaller groups and assigned to different banks. They toured the premises and observed the various departments, including the customer service area, cash counters, loan sections, and investment advisory units. This allowed them to gain an understanding of the physical infrastructure and layout of a bank.
7. **Interactions with Bank Officials:** The students had the opportunity to interact with bank officials, including branch managers, customer service representatives, and financial advisors. They engaged in discussions to clarify doubts, seek guidance, and learn about the day-to-day operations of banks.
8. **Demonstrations and Presentations:** The bank officials conducted demonstrations and presentations on various financial products and services offered by their respective banks. This included explanations of savings accounts, fixed deposits, loans, credit cards, and investment options. The students were able to understand the features, benefits, and procedures associated with these financial products.

OFFICE OF THE PRINCIPAL

Tele & Fax – 0191 – 2435158
Mobile 094191 – 02159

Padma Shri Padma Sachdev
GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
A constituent College of Cluster University of Jammu
E-mail: principal@gcwgandhinagar.com

No/GCW/G/112-79
Date 25/5/2022

## TO WHOM IT MAY CONCERN

It is for your information that our students of Semester IVth BSc Home Science have to visit you Bank, as it is a part of their curriculum. Kindly allow them for the same.

Your cooperation will be highly appreciated.

Principal
PSPS Govt. College for Women
Gandhi Nagar, Jammu

# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE






# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: CARE & WELL BEING IN HUMAN DEVELOPMENT**

**COURSECODE:1HSCDPO602** **SESSION-2021-2022**

### FIELD VISIT REPORT

## Visit to Senior Citizen Home for Aged and Infirm, Ambphalla, Jammu.

Home for Aged & Infirm Ambphalla is a well-established old age home in the Jammu region. The home has provided excellent services to poor, helpless, needy, aged and infirm members over the years. The home has two fledged multi-storied buildings and a premier centre of Jammu and Kashmir, with the capacity to accommodate about a hundred such persons needing someone to look after or take care. Home for Aged & Infirm Ambphalla provides quality and kind living for senior citizens.

The purpose of this report is to provide an overview of a visit to access the care and well being of senior citizen residing in an old age home. The Visit aimed to evaluate the quality of care provided, overall well being of the resident, and identify any area that requires improvement.

- **Physical Health-** Majority of the residents reported good overall physical health, with regular medical check-ups and medication management, being well implemented, however a significant number of residents faced mobility challenges, requiring additional support and accessibility improvements within the facility.
- **Mental Health-** The residents experienced symptoms of loneliness, depression and anxiety. There is a need to expand mental health support services and promote social engagement and address these concerns.
- **Social Interaction-** Residents expressed varying level of satisfaction with their social interaction within the senior citizen home, while some reported forming close friendship and others felt isolated and disconnected.

During the course of visit, the few areas that can be improved are expansion of mental health services to address loneliness, depression and anxiety among residents by conducting counseling sessions, support groups and volunteer programs to foster social connections.



**P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU**

**DEPARTMENT OF HOME SCIENCE**

**COURSE NAME: HUMAN DEVELOPMENT** **COURSECODE:1HSEPC0201**

**SESSION-2021-2022**

## FIELD VISIT REPORT

## Visit to Home for Aged and Infirm, Ambphalla, Jammu.

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# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

**COURSE NAME: CHILD RIGHTS AND GENDER JUSTICE**
**COURSECODE:1HSCDPO502**

**SESSION-2021-2022**

### FIELD VISIT REPORT

### Visit to Indian Red Cross Society, Kachi Chawni, Jammu

The students of PSPS GCW Gandhi Nagar visited an organization, dedicated to advancing child rights and gender justice. This organization works tirelessly to address the challenges faced by children and promote gender equality within society. The visit aimed to understand their objectives, programs, and experiences, as well as identify any limitations they may encounter in their pursuit of their mission. This report outlines our observations and findings from the visit.

**Organization Objectives:**

The organization's primary objective is to protect and promote the rights of children and ensure their holistic development. They strive to create an inclusive society where every child's rights are respected and upheld. Furthermore, the organization recognizes the importance of addressing gender inequality as a fundamental aspect of achieving child rights and social justice.

**Programs and Activities:**

1. Advocacy and Policy Influence: The organization actively engages in advocacy efforts at local, regional, and national levels. They work with policymakers and government bodies to shape child rights and gender justice policies. Their advocacy efforts focus on ensuring legal protection for children, combating gender-based discrimination, and promoting inclusive education and healthcare.

2. Community Empowerment: The organization conducts community-based programs to raise awareness about child rights and gender justice issues. They organize workshops, training sessions, and awareness campaigns to empower community members, including parents, teachers, and local leaders, with the knowledge and tools to promote children's rights and challenge harmful gender norms.

3. Direct Services and Support: In addition to advocacy and community empowerment, the organization provides direct services and support to children in need. This includes shelter and rehabilitation for survivors of abuse, education programs for out-of-school children, and healthcare services for marginalized communities.

**Experiences and Achievements:**

During our visit, we had the opportunity to interact with staff members and beneficiaries of the organization's programs. The following key experiences and achievements stood out:

# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

## DEPARTMENT OF HOME SCIENCE

effective strategies for advancing children's rights and gender justice, including advocacy, policy reform, awareness campaigns, and community engagement.

- Inspiration and motivation: Seeing firsthand the efforts and impact of an organization working for children's rights and gender justice is inspiring. Witnessing the dedication and passion of the people involved motivated us to take action and contribute to positive change in our own society.
- Personal growth and development: Engaging with the organization provided transformative experience. It changed our preconceptions, expanded our perspective, and foster personal growth by deepening our understanding of social issues.




**HOD HOME SCIENCE**

H.O.D. Deptt. Home Science
Govt. College for Women
Gandhi Nagar, Jammu.

**TEACHER CONCERN**

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS
## 2021-2022

| Slno | Name of Camp & Place | Dates | Vacancies/No. of students | Level |
|---|---|---|---|---|
| 1. | EBSB online camp | 26thJuly-31 July 2021 | 02 | National |
| 2. | CATC, Gurez, Srinagar | 16 sept to 24 sept 2021 | 03 | State |
| 3. | CATC, Jakli | 4 oct to 12 Oct 2021 | 10 | State |
| 4. | CATC , Nagrota | 16 to 21 Oct 2021 | 20 | State |
| 6. | Trekking Camp, Ajmer | 28 Oct to 5 Nov. 2021 | 5 | National |
| 7 | RDC Camp ,New Delhi | 19Dec 2021to 30th Jan 2022 | 3 | National |
| 8 | CATC Camp,Nagrota | 31Jan 2022 to 7 March 20 | | State |
| 9 | CATC Nagrota | 20-29 April 2022 | 14 | State |
| 10 | CATC Srinagar (Shooting) | 24-31 may 2022 | 05 | State |

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date: 16.4.2021**

This is to inform that Riya Sharma and Janvi Sharma have been selected to participate in the online EBSB Camp with effect from 26-31st July 2021. You are required to attend the online camp.

SLT NEELIMA
ANO

Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: EBSB online camp**

**Date: 26thJuly-31July 2021**

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Riya Sharma | JK19SWN270084 | **Riya got First Prize** in Debate on Rolc of Youth In National Security |
| 2. | Janvi Sharma | JK18SWN270076 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:09.9.2021**

This is to inform that our college has received 03 vacancies for Combined Annual Training Camp, Gurez , Srinagar with effect from 16th September-24th September 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 13th September 2019. The selction of final 03 cadets will be based on physical fitness and regularity of atendance.

SLT NEELIMA
ANO

Lt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Riya Sharma, | JK19SWN270084 | Cadet Riya Sharma got ADG's commendation and Best Cadet prize |
| 2 | Avneet Kour, | JK19SWN270093 | |
| 3 | Janvi Jamwal | JK18SWN270075 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

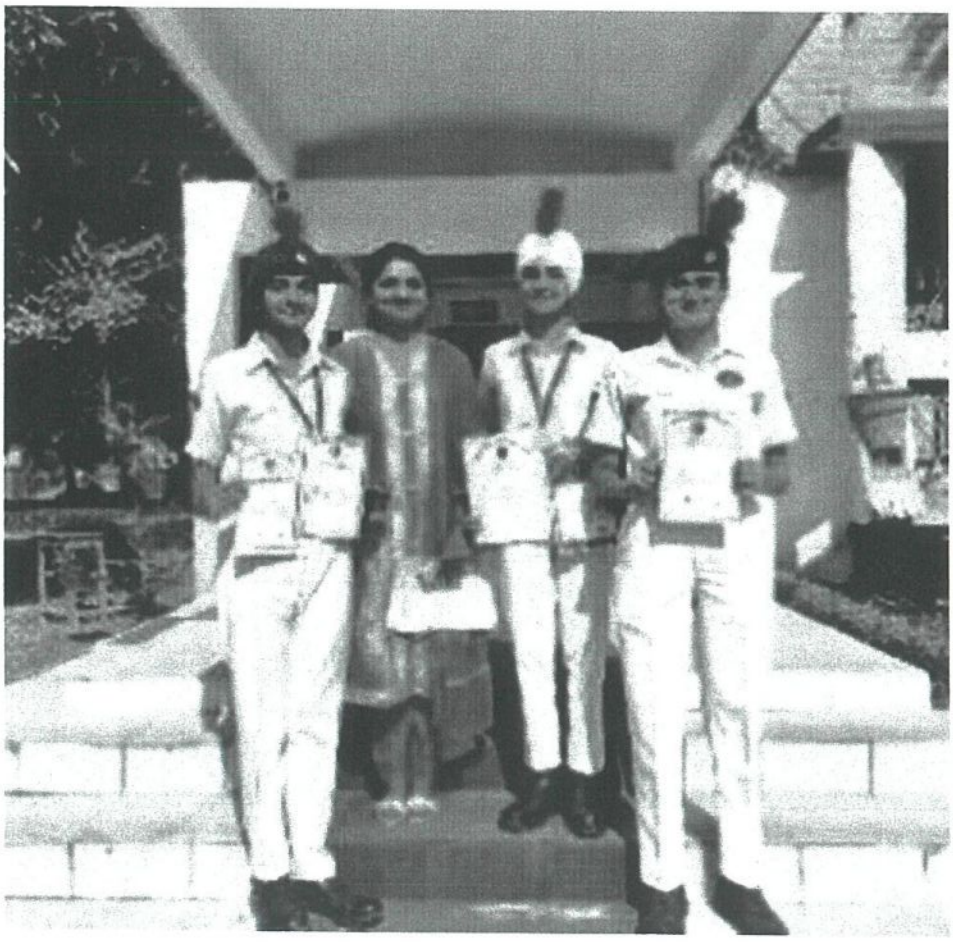
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: Gurez, Srinagar**

**Date: 16th -24th September 2021**



141

(164)

File No

Tele: 0194-2311613
E-mail Id: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House, Gogji Bagh
Srinagar- 190008

No: 002/G/CATC/NCC/ 827

18 Sep 21

The Principal

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**ALLOTMENT OF VACANCIES : COMBINED ANNUAL TRAINING CAMP (CATC)**
**(04 Oct - 13 Oct 21)**

2. A Combined Annual Training Camp (CATC-S1) is being conducted at **Jakli Center, Srinagar** from **04 Oct to 13 Oct 21**. The under mentioned vacancies of Cadets are allotted to your institution for participation in the said camp:-

| S. No | Institution | Vacancies Allotted | | | Remarks |
|---|---|---|---|---|---|
| SENIOR DIVISION | | ANOs | Cadets | | |
| | | | SD | SW | |
| k) | Islamia College Sgr | - | 03 | - | |
| l) | Amar Singh College Sgr | - | 04 | - | |
| m) | SP College Sgr | - | 04 | - | |
| n) | MAM College Jammu | - | 05 | 05 | |
| o) | SPMR College Jammu | - | 05 | 05 | |
| p) | GCW Gandhi Nagar Jammu | - | - | 10 | |
| q) | Govt Degree College Kathua | - | 05 | 05 | |
| r) | Govt Degree College Samba | - | 05 | 05 | |
| s) | Govt Degree College Doda | - | 02 | - | |
| t) | Gdc Banihal | - | 02 | - | |
| TOTAL | | | 35 | 30 | |

2. While selecting the cadets following criteria should be borne in mind:-

(c) Cadet must be enrolled in the institution.
(d) **2nd or 3rd Year** Cadets of **Senior Division**, i.e., either enrolled in **2019 or 2020**
(c) All cadets should be physically and mentally tough and self-reliant. They should be medically fit and free from diseases.
(d) This Camp is being conducted to select the Cadets for RDC - 2022. It is therefore requested that only those cadets who are efficient in drill, culture and best in academics be sent to participate, as only these cadets will be sent in Pre RDC -2022 Training Camp at Nagrota.

3. In view of above, it is requested that the ANO/CT of your institution may please be advised to select the suitable/ volunteer cadets for participation in the aforesaid camp and forward their nominal roll at the earliest.

4. **It is requested to confirm the utilization of the vacancies allotted to your institution by 22 Sep 21. In case confirmation is not received by due date, the vacancies may be allotted to another institution.**

for

Commanding Officer
1 J & K Naval Unit NCC
Srinagar

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:27.9.2021**

This is to inform that our college has received 10 vacancies for Combined Annual Training Camp, Jakli , Srinagar with effect from 4th -12th October 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 29th September 2019. The selction of final 10 cadets will be based on physical fitness and regularity of atendance.

SLT NEELIMA G
ANO ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Avneet Kour, | JK19SWN270093 | Best cadet Prize-Avneet<br>Prize in cultural activities<br>Avneet Kour, Sakshi Rajput,<br>Preeti Sharma |
| 2 | Khushi Pandey, | JK&L20SWN270105 | |
| 3 | Sakshi Rajput, | JK18SWN270085 | |
| 4 | Shriya Jamwal, | JK18SWN270088 | |
| 5 | Janvi Jamwal | JK18SWN270075 | |
| 6 | ,Janvi Sharma | JK18SWN270076 | |
| 7 | Pallavi Mangotra, | JK18SWN270074 | |
| 8 | Anshu Katal | JK&L20SWN270114 | |
| 9 | Parul Sharma | JK&L20SWN270108 | |
| 10 | Preeti Sharmav | JK18SWN270093 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

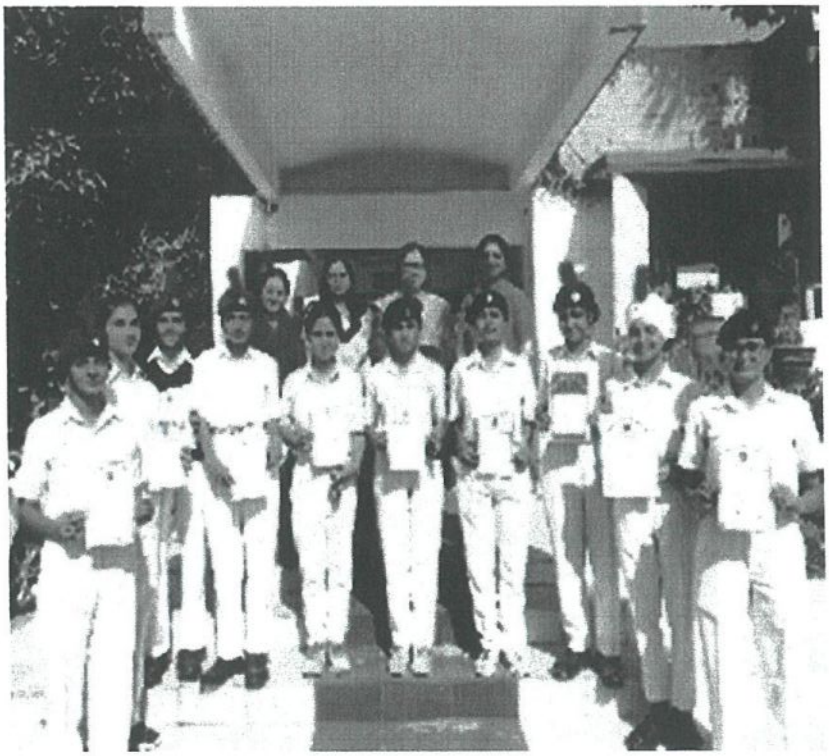
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: JAKLI, Srinagar**

**Date: 4th -12th October 2021**



# 1 J&K BATTALION NCC, SRINAGAR

## Certificate

प्रमाणित किया जाता है कि संख्या
*This is to certify that Regimental No.* JK&L19SWN/270095

रैंक *Rank* CL नाम *Name* Shriya Jamwal

पिता का नाम
*Father's Name* Sh. Kulwant Singh

विद्यालय / महाविद्यालय
*School/ College* Govt. College for Women, Gandhi Nagar

यूनिट
*Unit* 1 J&K Naval Unit NCC, Srinagar

ने राष्ट्रीय कैडेट कोर के संयुक्त वार्षिक प्रशिक्षण शिविर में भाग लिया।
*Participated in Combined Annual Training Camp of National Cadet Corps.*

स्थान *Place* JAKLI RC दिनांक से *From* 04 Oct 21 तक *To* 12 Oct 21

शिविर में इनका आचरण संतोषजनक / अच्छा /बहुत अच्छा / सर्वश्रेष्ट रहा।
*His / Her conduct during the camp has been Satisfactory / Good / Very Good / Exemplary.*

स्थान
*Place:* Srinagar

दिनाक
*Dated:* 19 Oct 2021

(Ravinder Singh)
Colonel
Camp Commandant

Tele: 0194-2311613
E-mail Id: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House, Gogji Bagh
Srinagar- 190008

No: 002/G/CATC/NCC/826

18 Sep 21

**The Principal**

_____

_____

**ALLOTMENT OF VACANCIES : ANNUAL TRAINING CAMP (ATC)**
**(16 Oct - 23 Oct 21)**

1. An Annual Training Camp (ATC) is being conducted at **NCC Camping Ground, Nagrota** from **16 Oct to 23 Oct 21**. The under mentioned vacancies of Cadets are allotted to your institution for participation in the said camp:-

| S. No | Institution | Vacancies Allotted | | | Remarks |
|---|---|---|---|---|---|
| **SENIOR DIVISION** | | **ANOs** | **Cadets** | | |
| | | | **SD** | **SW** | |
| a) | **Islamia College Sgr** | - | 25 | | |
| b) | **Amar Singh College Sgr** | - | 25 | | |
| c) | **SP College Sgr** | 01 | 25 | | |
| d) | **MAM College Jammu** | - | 10 | 15 | |
| e) | **SPMR College Jammu** | 01 | 10 | 15 | |
| f) | **GCW Gandhi Nagar Jammu** | 01 | - | 25 | |
| g) | **Govt Degree College Kathua** | - | 10 | 15 | |
| h) | **Govt Degree College Samba** | 01 | 10 | 15 | |
| i) | **Govt Degree College Doda** | - | 25 | | |
| j) | **Gdc Banihal** | | 10 | 15 | |
| **TOTAl** | | | **250** | | |

2. While selecting the cadets following criteria should be borne in mind:-

(a) Cadet must be enrolled in the institution.
(b) **2nd or 3rd Year** Cadets of **Senior Division**, i.e., either enrolled in **2019 or 2020**
(c) All cadets should be physically and mentally tough and self-reliant. They should be medically fit and free from diseases.
(d) This camp is being conducted for selection of cadets for sailing regatta at Chilka. Cadets should be competent swimmers.

3. In view of above, it is requested that the ANO/CT of your institution may please be advised to select the suitable/ volunteer cadets for participation in the aforesaid camp and forward their nominal roll at the earliest.

4. **It is requested to confirm the utilization of the vacancies allotted to your institution by 26 Sep 21. In case confirmation is not received by due date, the vacancies may be allotted to another institution.**

for

Commanding Officer
I J & K Naval Unit NCC
Srinagar

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:11.10.2021**

This is to inform that our college has received 20 vacancies for Combined Annual Training Camp,Nagrota, Jammu with effect from 16 to 23 October 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 14$^{h}$ October 2021. The selction of final 20 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Slt Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Avneet Kour, | JK19SWN270093 |
| 2 | Khushi Pandey, | JK&L20SWN270105 |
| 3 | Sakshi Rajput, | JK18SWN270085 |
| 4 | Shriya Jamwal, | JK18SWN270088 |
| 5 | Janvi Jamwal | JK18SWN270075 |
| 6 | ,Janvi Sharma | JK18SWN270076 |
| 7 | Pallavi Mangotra, | JK18SWN270074 |
| 8 | Anshu Katal | JK&L20SWN270114 |
| 9 | Parul Sharma | JK&L20SWN270114 |
| 10 | Preeti Sharma | JK18SWN270093 |
| 11 | Riya Sharma | JK19SWN270084 |
| 12 | Kiran Choudhary, | JK&L20SWN270103 |
| 13 | Komal Jargal | JK18SWN270084 |
| 14 | Meenakshi Salaan, | |
| 15 | Pinkey Pal | JK18SWN270089 |
| 16 | Jasmine Kour, | JK&L20SWN270110 |
| 17 | Jasjeet Kour, | JK&L20SWN270109 |
| 18 | Shivani Saini | JK18SWN270078 |
| 19 | Tanvi Badyal, | JK&L20SWN270116 |
| 20 | Aditi Sharma | JK18SWN270087 |

Slt. Neelima G
ANO
GCW Gandhi Naga
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: Nagrota, Jammu**

**Date: 16th – 23rd October 2021**



(173) 15V

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:20.10.2021**

This is to inform that our college has received 05 vacancies for Trekking Camp, Ajmer with effect from 28th October – 5th November 2021 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 23rd October 2021. The selction of final 05 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Sakshi, | JK18SWN270085 |
| 2 | Preeti, | JK18SWN270093 |
| 3 | Mansi, | JK18SWN270082 |
| 4 | Kusham, | JK18SWN270083 |
| 5 | Aditi | JK18SWN270087 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

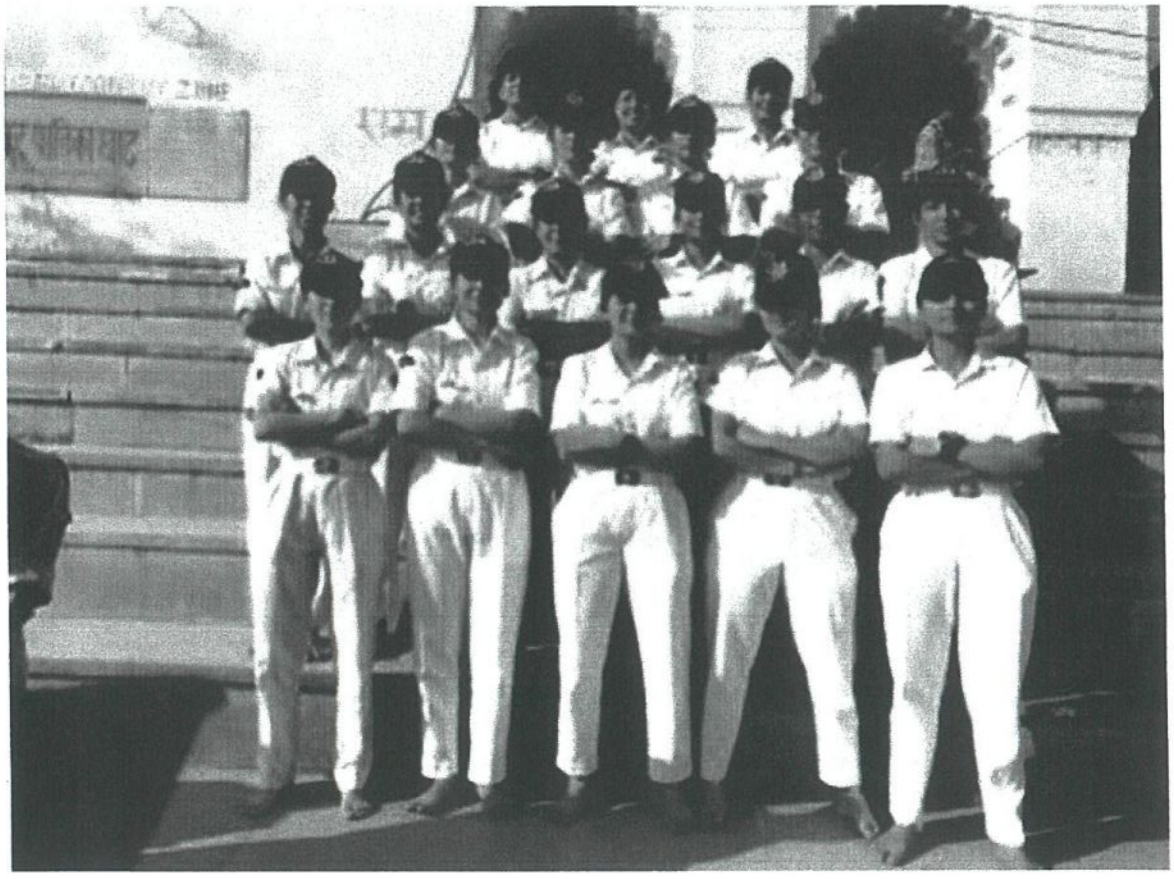
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : Trekking Camp**

**Place: Ajmer**

**Date : 28th October – 5th November 2021**



(176) 158

# PADMA SHRI PADMA SACHDEV

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:11.04.2022**

This is to inform that our college has received 14 vacancies for Combined Annual Training Camp, Nagrota, Jammu with effect from 20-29 April 2022 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 14$^{h}$ April 2022. The selction of final 14 cadets will be based on physical fitness and regularity of atendance.

SLT.NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# PADMA SHRI PADMA SACHDEV

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Khushi, | JK&L20SWN270105 |
| 2 | Parul, | JK&L20SWN270114 |
| 3 | Jasjeet, | JK&L20SWN270109 |
| 4 | Sneha, | JK&L21SWN270122 |
| 5 | Diya | JK&L21SWN270123 |
| 6 | Pallavi, | JK18SWN270074 |
| 7 | Sherry | JK&L21SWN270124 |
| 8 | Samika, | JK&L21SWN270127 |
| 9 | Taniya | JK&L21SWN270128 |
| 10 | Komal | JK18SWN270084 |
| 11 | Sujani | JK&L21SWN270136 |
| 12 | Ulfat, | JK&L21SWN270140 |
| 13 | Avantika Sharma, | JK&L21SWN270143 |
| 14 | Rupali | JK&L21SWN270145 |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# PADMA SHRI PADMA SACHDEV

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

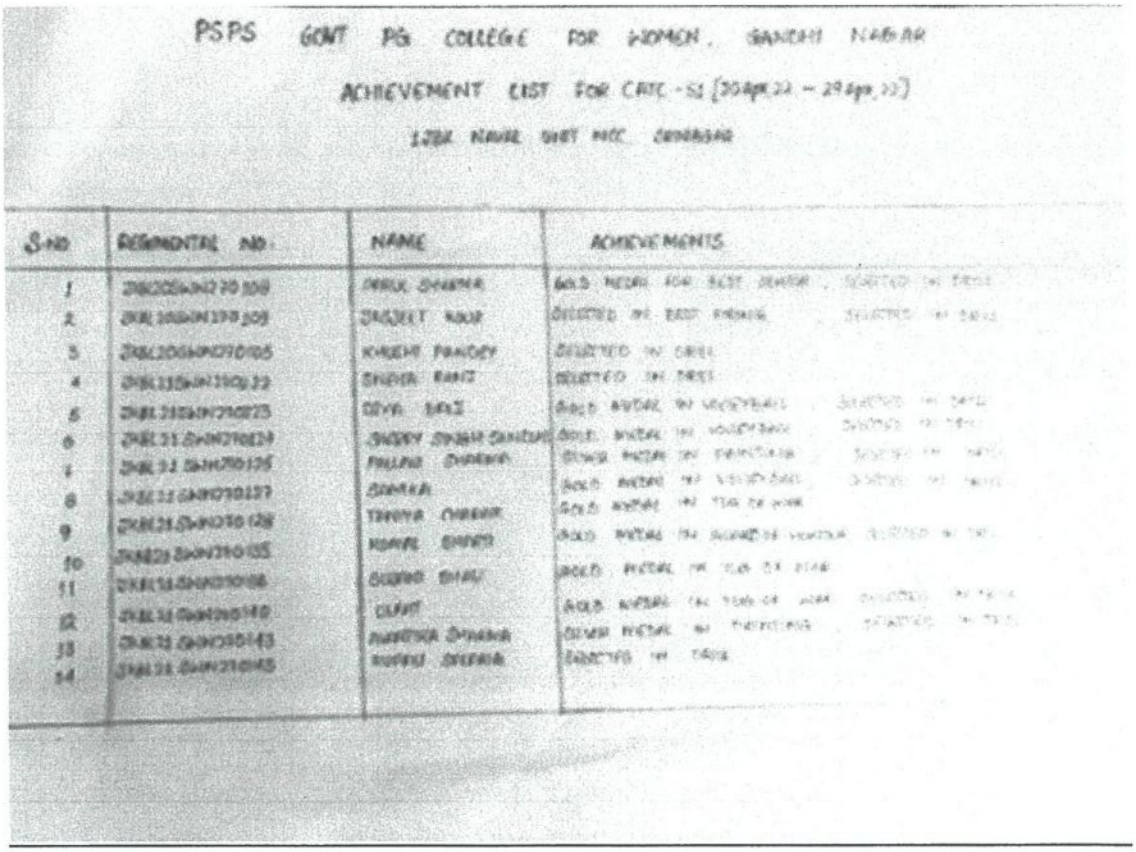
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**CAMP : COMBINED ANNUAL CAMP**

**Place: Nagrota, Jammu**

**Date: 20-29 April 2022**



PSPS GOVT PG COLLEGE FOR WOMEN, GANDHI NAGAR

ACHIEVEMENT LIST FOR CATC-51 [20 Apr 22 - 29 Apr 22]

1JK NAVAL UNIT NCC SRINAGAR

| S.NO | REGIMENTAL NO | NAME | ACHIEVEMENTS |
|---|---|---|---|
| 1 | [illegible] | [illegible] | [illegible] |
| 2 | [illegible] | [illegible] | [illegible] |
| 3 | [illegible] | [illegible] | [illegible] |
| 4 | [illegible] | [illegible] | [illegible] |
| 5 | [illegible] | [illegible] | [illegible] |
| 6 | [illegible] | [illegible] | [illegible] |
| 7 | [illegible] | [illegible] | [illegible] |
| 8 | [illegible] | [illegible] | [illegible] |
| 9 | [illegible] | [illegible] | [illegible] |
| 10 | [illegible] | [illegible] | [illegible] |
| 11 | [illegible] | [illegible] | [illegible] |
| 12 | [illegible] | [illegible] | [illegible] |
| 13 | [illegible] | [illegible] | [illegible] |
| 14 | [illegible] | [illegible] | [illegible] |

(179) 16|

# PADMA SHRI PADMA SACHDEV

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## NOTICE

**Date:18.05.2022**

This is to inform that our college has received 05 vacancies for Combined Annual Training Camp, Srinagar with effect from 24-31 May 2022 from Naval Unit NCC.All interested cadets should give their names to the undersigned before 20th May 2022. The selction of final 05 cadets will be based on physical fitness and regularity of atendance.

SLT NEELIMA
ANO

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# PADMA SHRI PADMA SACHDEV

## GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Sheetal | JK&L21SWN270126 | Sheetal selected for inter group shooting camp |
| 2 | Shivani, | JK&L20SWN270115 | |
| 3 | Jasjeet, | JK&L20SWN270109 | |
| 4 | Tanvi | JK&L20SWN270116 | |
| 5 | Khushi | JK&L20SWN270105 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## RED RIBBON CLUB

### MEETING NOTICE

**28/11/21**

Red Ribbon Club of Govt. College for Women, Gandhi Nagar, Jammu is going to organizing a series of events to commemorate WORLD AIDS DAY. Members of the Red Ribbon Club are called to attend meeting on 29th November 2021, in the staff room to discuss few important agendas.

Event Details:

- Date: December 1, 2021
- Time: 11: A.M
- Venue: College Campus

The events planned for the World AIDS Day commemoration are as follows:

1. One-day Webinar on World AIDS Day:
2. Balloon Raising Ceremony:
3. Poster and Slogan Display:
4. Pledge Taking Ceremony:

Convenor/Nodal officer

Red Ribbon Club

GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

RED RIBBON CLUB

# NOTICE FOR STUDENTS

29/11/21

Red Ribbon Club is going to organize WORLD AIDS DAY on December 1st, 2021 to raise awareness and promote understanding of AIDS. The series of events to be organized are as follows:

1. One-day Webinar on World AIDS Day:
2. Balloon Raising Ceremony:
3. Poster and Slogan Display:
4. Pledge Taking Ceremony:

The interested students for the participation in poster and slogan writing competition can give their names to Prof. Kusum (HOD Punjabi).

All the students are required to attend webinar and other ceremonies

CONVENOR/NODAL OFFICER
RED RIBBON CLUB

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## RED RIBBON CLUB

**Report: World AIDS Day Event by Red Ribbon Club**

The Red Ribbon Club of Govt. College for Women, Gandhi Nagar, organized a series of events to commemorate World AIDS Day under the patronage of Principal Dr. Sangita Nagari. The following activities took place on December 1, 2021, to raise awareness and promote understanding of AIDS:

1. **Webinar:** A one-day webinar was conducted on World AIDS Day. Dr. Arun Sharma, Medical Superintendent of Maternity Hospital, delivered a keynote address, focusing on the causes and prevention of AIDS, as well as the importance of counseling and guidance for HIV-positive individuals. Dr. Revika Arora, Convenor/Nodal officer, facilitated the proceedings, and Prof. Ambica delivered the vote of thanks. Over 70 students, faculty members, and Red Ribbon Club committee members actively participated in the webinar.

2. **Balloon Raising Ceremony**: A Balloon Raising ceremony was held to create awareness for the cause. Red balloons were released into the air by several individuals, including Dr. Sangita Nagari (College Principal), members of the Red Ribbon Club (Prof. Revika Arora, Nodal Officer, Prof. Abhinav, Prof. Manmeet, Prof. Ambica, Prof. Kusum), and student volunteers (Shivani Rasgotra, Ananya Jain, and Mishi Dranch). Additionally, Prof. B.D. Sehgal, Prof. Mohinderpal, and Prof. Anupama were present on the occasion.

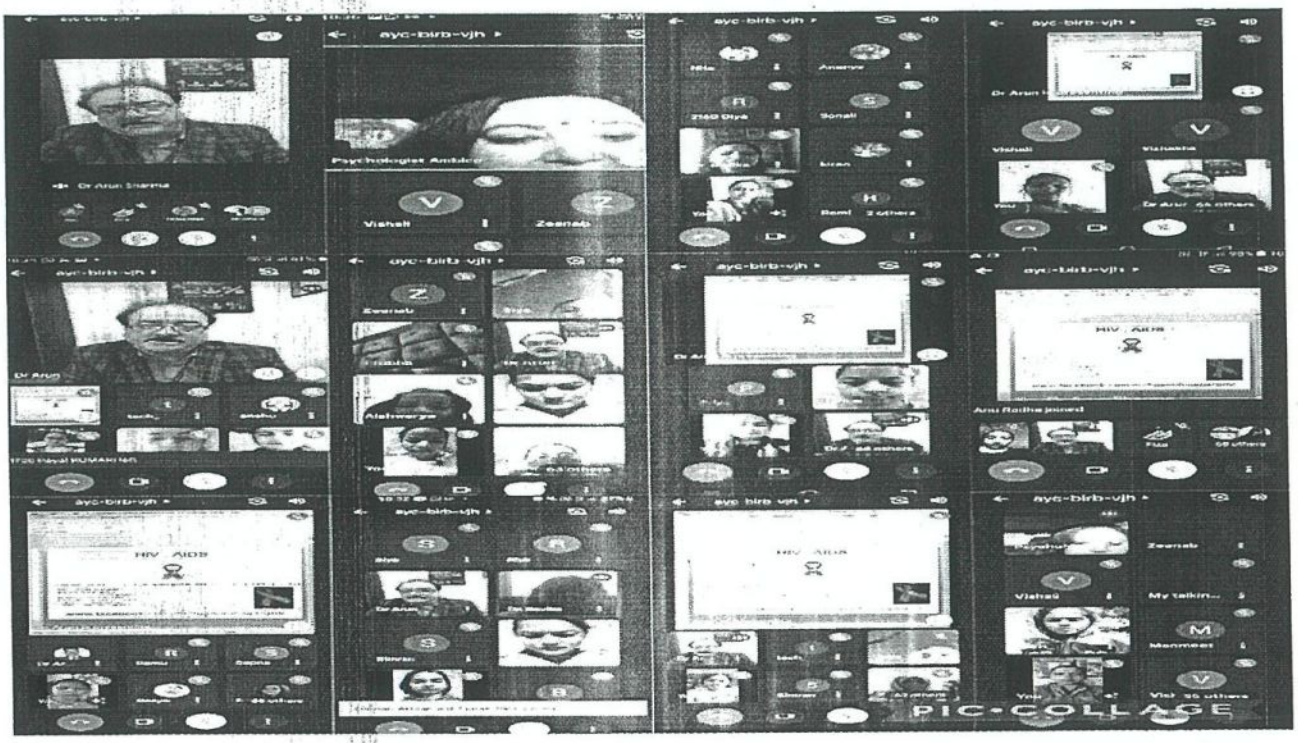
3. **Poster and Slogan Display:** Students of the College exhibited beautifully designed posters and slogans depicting the cause of World AIDS Day. These visual representations helped to raise awareness and engage the college community.

4. **Pledge Taking Ceremony:** The event concluded with a pledge taking ceremony, aimed at creating awareness and emphasizing the importance of addressing the HIV/AIDS epidemic. Participants made a commitment to actively support the cause and work towards preventing the spread of the disease.

The series of events organized by the Red Ribbon Club successfully promoted awareness and understanding of HIV/AIDS among the college students, faculty members, and the wider community. The active participation and engagement throughout the activities highlighted the significance of World AIDS Day and reinforced the importance of education, prevention, and support in combating the disease.

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## RED RIBBON CLUB




Thursday, December 2, 2021

# Educational institutions hold awareness programs



JL NEWS SERVICE

JAMMU, Dec 1: Red Ribbon Club of Government Degree College for Women Gandhi Nagar under the aegis of College Principal Dr [illegible] organized [illegible] observance of World AIDS Day.

The Department of Internal Medicine, Government Medical College Hospital as the [illegible]

Dr Sharma [illegible] the causes and prevention of AIDS and the need for creating awareness. He emphasized on the importance of [illegible] guidance for HIV positive patients.

The [illegible] conducted. Dr Rekha Arora, Convenor Red Ribbon Club, was delivered by Prof Anshu Gupta, Deputy Dean of the college faculty members and red ribbon club [illegible] attended the session.

Meanwhile, to create awareness for the cause, Balwan Kalsotra [illegible] in which red balloons were released by Principal of the College Dr Sangita Nagotra, Red Ribbon Club members, Prof Rekha Arora, Nodal Officer Red Ribbon Club, Prof Manmeet Pal Singh, Prof Ashwani Kumar and students [illegible] Shivani Rasgotra, Aruneeta Jain and Nisha Dogra. Prof R D Sehgal, Prof Mandeep Kaur and Prof Anupama were also present on the occasion.

The students of [illegible] displayed beautiful posters and slogans highlighting the cause. In the end, [illegible] concluded with the [illegible] and future endeavours [illegible] GDC Udhal [illegible] college & Udhal organized [illegible] programme on World AIDS Day [illegible] campus.

The theme for the [illegible] AIDS' was well [illegible] The programme started [illegible] welcome address by the Patron [illegible] Principal Dr Jaspreet Singh. He urged [illegible] about HIV & AIDS and [illegible] Dr Jaspreet Singh [illegible] that [illegible] are available [illegible] in another earth. [illegible] precautions, characteristics [illegible] presented by the [illegible] college.

A detailed and [illegible] the latest data [illegible] Dr Vijeter Rasoul of the [illegible] Internal Medicine.

Other staff members [illegible] Ahmad Kaloo, Prof Zaffar [illegible] Atul Rasoul also [illegible] about the downfall [illegible] Many senior citizens [illegible] programme and [illegible] college for conducting [illegible] programmes in the [illegible]

## ACTIVITY REPORT

1. **Warm Welcome:** Upon arrival, we were greeted warmly by the staff and children at Bal Niketan. The atmosphere was friendly and welcoming, reflecting the care and love provided to the children.
2. **Interaction with Children:** We engaged in various activities with the children, including games, drawing, and storytelling. It was heartening to witness their enthusiasm and creativity, despite their challenging circumstances.
3. **Living Conditions:** We inspected the living quarters and observed that the facilities were decent, but some areas required improvement. The staff expressed their need for essential supplies, such as bedding, clothing, and educational materials.
4. **Education and Skill Development**: Bal Niketan had a small school setup within the premises. We discussed the importance of providing quality education and vocational training to prepare the children for a better future.
5. **Health and Nutrition:** We inquired about the healthcare facilities and nutrition provided to the children. While they seemed generally healthy, there was a need for a regular health check-up program and improved nutritional support.
6. **Emotional Support:** Many of the children faced emotional challenges due to their past experiences. We discussed the importance of counseling and support to help them cope with their traumas and build emotional resilience.
7. **Donation and Support:** We encouraged our students to contribute books, stationery, toys, and other essential items for the children.






**PRESS RELEASE**

(201)

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

## NOTICE

6/8/21

Red Ribbon Club of our college has been asked by the JK AIDS Control Society, under the directions of the National AIDS Control Organization (NACO), to organize a series of activities aimed at spreading awareness about AIDS, TB, blood donation, and COVID-19. Members of the Red Ribbon Club are called to attend meeting on 7th August 2021, at 11:30 AM in the staff room to discuss few important agendas.

Convenor/Nodal officer
Red Ribbon Club

GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
RED RIBBON CLUB

# NOTICE FOR STUDENTS

## 09/08/21

Red Ribbon Club of our college in collaboration with JK AIDS Control Society, H&ME Department, Jammu, under the directions of the National AIDS Control Organization (NACO), is going to organize a series of activities aimed at spreading awareness about AIDS, TB, blood donation, and COVID-19 on online mode.

The following events and competitions will be organized:

| S.NO. | NAME OF CAMPAIGN | DATED | ACTIVITIES |
|---|---|---|---|
| 1. | HIV Awareness Campaign | 13/08/21 | Record a 30-60 sec self video and upload on the link provided in the whatsapp grp. |
| 2. | TB Awareness Campaign | 16/08/21 | Slogan writing competition |
| 3. | Blood donation Campaign | 18/08/21 | Poster making competition |
| 4. | Covid -19 | 20/08/21 | Mask making competition |

All interested students can actively participate in these activities and competitions. Flyer and instructions would be regularly shared to the students in whats-app group.
Interested students can sent their entries through below given link.
rrcgcwclub@gmail.com

Ranjit

CONVENOR/NODAL OFFICER
RED RIBBON CLUB

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

**REPORT**

The Red Ribbon Club of Govt. College for Women, Gandhi Nagar, in collaboration with the J&K AIDS Control Society and the H&ME Department, Jammu, organized a series of awareness campaigns and contests to promote HIV awareness, TB awareness, and blood donation. These events aimed to educate and engage students in spreading awareness about these important health issues.

**HIV Awareness Promotional Video Contest (13th August 2021):**

The Red Ribbon Club organized an intra-college promotional video contest as part of the HIV Awareness Campaign. Students actively participated and created engaging videos on HIV awareness. The videos highlighted the stigma attached to HIV, HIV prevention, and the importance of supporting this cause. The contest was judged by Prof. Mamta and Prof. Deepika Gupta. Gazalpreet Kour secured the first position, Meemansa secured the second position, and Amisha Sharma secured the third position.

The winners were rewarded with cash prizes of Rs. 1000/-, Rs. 750/-, and Rs. 500/- respectively. Principal Dr. Sangita Nagari appreciated the participants and emphasized the need for more such activities to increase HIV awareness.

**TB Awareness Slogan Writing Contest (16th August 2021):**

The Red Ribbon Club organized an intra-college slogan writing contest as part of the TB Awareness Campaign. Students prepared slogans on TB awareness, with one slogan per student as the criteria. Dr. Surjeet Kour and Ms. Neelam Bhagat judged the contest. Shazia Ashraf Naik secured the first position, Jasmeen Kour secured the second position, and Shallu Devi Jasrotia secured the third position. The winners received cash prizes of Rs. 1000/-, Rs. 750/-, and Rs. 500/- respectively.

**Poster Making Competition on Blood Donation (18th August 2021):**

The Red Ribbon Club organized an intra-college poster making competition on the topic of "Blood Donation." Students actively participated and created engaging posters highlighting the importance of donating blood. Miss Harjeet Kour and Miss Poonam judged the competition. Vaishali Choudhary secured the first position, Ananya Jain secured the second position, and Mrinalini Pathania secured the third position. The winners were rewarded with cash prizes of Rs. 1000/-, Rs. 750/-, and Rs. 500/- respectively.

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

**Mask Making Contest on COVID-19 (20th August 2021):**

The Red Ribbon Club organized an intra-college mask making contest under the Azadi Ka Mahotsava on COVID-19. Students showcased their creativity by making various types of hand-made masks. Dr. Meenakshi Bandral and Ms. Neelam Thapa judged the contest. Ila Verma secured the first position, Sonia Devi secured the second position, and Nikita Rani secured the third position. The winners received cash prizes of Rs. 1000/-, Rs. 750/-, and Rs. 500/- respectively.

Overall, these awareness campaigns and contests organized by the Red Ribbon Club in collaboration with various departments and societies were successful in promoting HIV awareness, TB awareness, and the importance of blood donation. The active participation of students showcased their enthusiasm and commitment to these causes. The efforts of the winners were recognized with cash prizes, and the college Principal Dr. Sangita Nagari appreciated the efforts of the participants and emphasized the need for more such activities to raise awareness and educate the masses. The events were successfully organized by Prof. Revika Arora, the Nodal Officer of the Red Ribbon Club, along with other members and student committees.

**OUTCOMES**

**Increased Awareness:** The campaigns and contests successfully raised awareness among the students about HIV, TB, blood donation, and COVID-19. Through their active participation, students gained knowledge about these health issues and their prevention.

**Creative Engagement:** The contests, such as video-making, slogan writing, poster making, and mask making, provided a platform for students to express their creativity and engage in meaningful activities related to the awareness campaigns. This allowed them to explore innovative ways of spreading awareness.

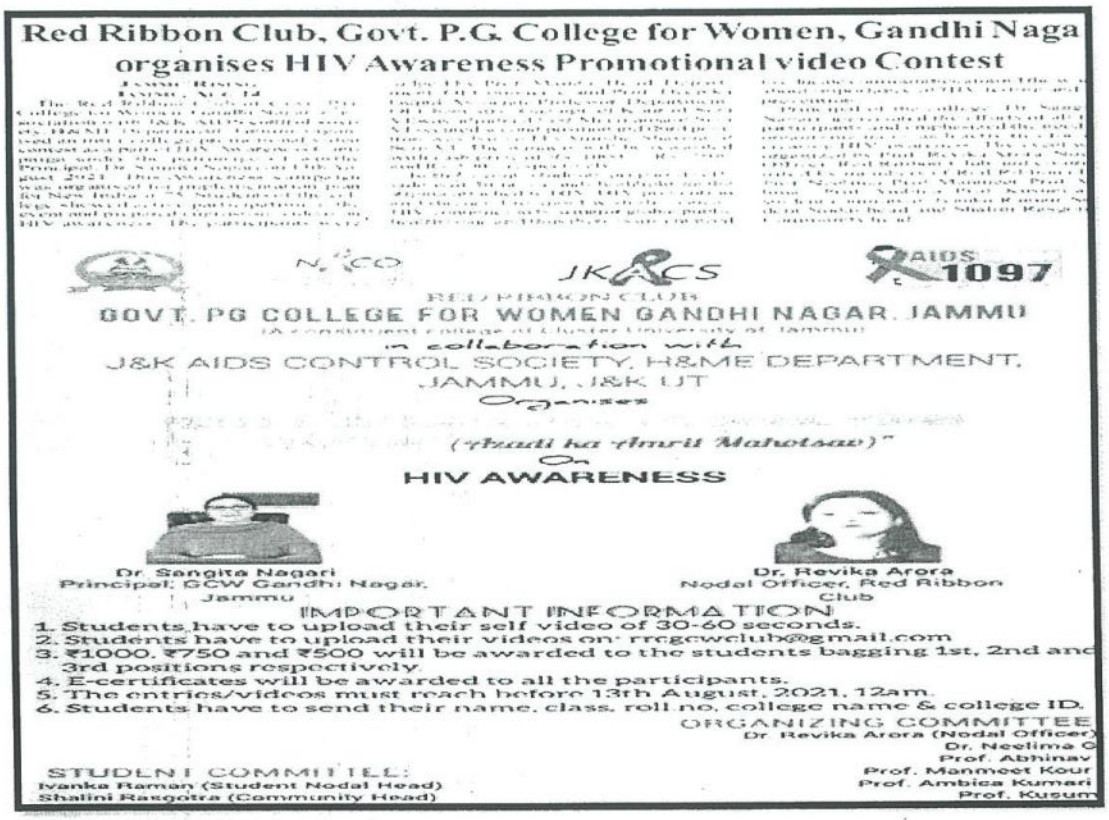
**Student Participation:** The events witnessed active participation from the students of Govt. P.G. College for Women, Gandhi Nagar. Their involvement showcased their interest in social causes and their willingness to contribute to the community.

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

**Prize Incentives:** The winners of the contests were rewarded with cash prizes, which not only recognized their efforts but also served as an incentive for other students to actively participate in future events. This encouraged healthy competition and motivation among the participants.

Overall, the outcomes of these campaigns and activities include increased awareness, active student participation, recognition of achievements, and the establishment of a foundation for future endeavors in promoting health awareness and social causes.

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB



**Red Ribbon Club, Govt. P.G. College for Women, Gandhi Naga organises HIV Awareness Promotional video Contest**

JKACS

AIDS 1097

RED RIBBON CLUB
GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
(A Constituent College of Cluster University of Jammu)
in collaboration with
J&K AIDS CONTROL SOCIETY, H&ME DEPARTMENT, JAMMU, J&K UT
Organises
(Azadi ka Amrit Mahotsav)"
On
HIV AWARENESS

Dr. Sangita Nagari
Principal, GCW Gandhi Nagar, Jammu

Dr. Revika Arora
Nodal Officer, Red Ribbon Club

IMPORTANT INFORMATION
1. Students have to upload their self video of 30-60 seconds.
2. Students have to upload their videos on: rrcgcwclub@gmail.com
3. ₹1000, ₹750 and ₹500 will be awarded to the students bagging 1st, 2nd and 3rd positions respectively.
4. E-certificates will be awarded to all the participants.
5. The entries/videos must reach before 13th August, 2021, 12am.
6. Students have to send their name, class, roll no, college name & college ID.

ORGANIZING COMMITTEE
Dr. Revika Arora (Nodal Officer)
Dr. Neelima C
Prof. Abhinav
Prof. Manmeet Kour
Prof. Ambica Kumari
Prof. Kusum

STUDENT COMMITTEE:
Ivanka Raman (Student Nodal Head)
Shalini Raogotra (Community Head)



GAZALPREET
(1st position)



MEMANSA
(2nd position)



AMISHA
(3rd position)

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

RED RIBBON CLUB
**GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU**
(A constituent college of Cluster University of Jammu)
in collaboration with
J&K AIDS CONTROL SOCIETY, H&ME DEPARTMENT
JAMMU, J&K UT
Organizes

*"Azadi ka Amrit Mahotsav"*
On
**TB AWARENESS**



Dr. Sangita Nagari
Principal, GCW Gandhi Nagar, Jammu



Dr. Revika Arora
Nodal Officer, Red Ribbon Club

**IMPORTANT INFORMATION**

1. Slogans should be self made. Copied ones will not be allowed.
2. Students have to upload their slogans on: rrcgcwclub@gmail.com.
3. Slogans should be written on a chart paper and the level of creativity depends(Only one slogan per student).
4. ₹1000, ₹750 and ₹500 will be awarded to the students bagging 1st, 2nd & 3rd positions respectively.
5. E-certificates will be awarded to all the participants.
6. The entries must be sent before 16th August, 2021, 3pm.
7. Medium of slogans should be English/Hindi.
8. Students have to send their name, contact no, class roll.no, college name & college ID/ proof .

**ORGANIZING COMMITTEE:**
Dr. Revika Arora (Nodal Officer)
Dr. Neelima G
Prof. Abhinav
Prof. Manmeet Kour
Prof. Ambica Kumari
Prof. Kusum

**STUDENT COMMITTEE:**
Ivanka Raman (Student Nodal Head)
Shalini Rasgotra (Community Head)

# GCW Gandhi Nagar Jammu organises slogan competition on TB awareness

JL NEWS SERVICE

JAMMU, Aug 17: The Red Ribbon Club of Govt. P.G. College for Women, Gandhi Nagar in association with J&K AIDS control society, H&ME Department, Jammu organised an intra-college promotional slogan writing contest as a part of TB Awareness Campaign under the patronage of worthy Principal Dr. Sangita Nagari on Monday, 16th August 2021.

This Awareness campaign was organised for implementation plan for New Indian e-75. Students of the college showed active participation in the event and prepared slogans on TB awareness. The criteria was one slogan per student.

The participants were judged by Dr Surjeet Kour Head Department of Pharmacy and Ms Neelam Bhagat Associate Professor Department of Home Science. Shazia Amrat Naz a student of 2nd semester claimed first position.

Jasmeen Kour, 2nd semester secured second position and Hanif Qureshi was awarded the third position. Both the students of 4th semester from GCW Gandhi Nagar, Jammu. The winners will be rewarded with cash prizes of Rs 1000/-, Rs 750/- and Rs 500/- respectively.

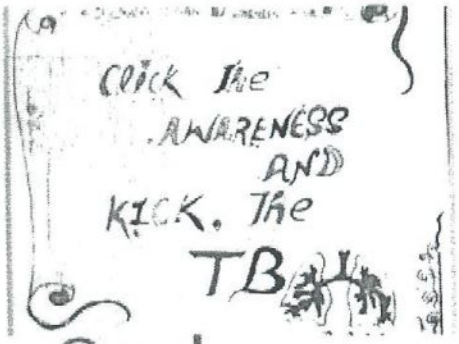
In the event, students prepared self made slogans. The merged slogans were then uploaded and were mentioned. Students prepared very good and impressive slogans for TB awareness campaign.

Principal of the college Dr. Sangita Nagari appreciated the efforts of all the participants and emphasized the need of organizing such campaigns and initiatives to create the masses about the TB. The event was organized by Prof. Revika Arora, Nodal Officer, Red Ribbon Club and was co-ordinated by members of Red Ribbon Club Prof. Neelima, Prof. Manmeet, Prof. Abhinav, Prof. Ambika, Prof. Kusum and students' committee Ivanka Raman, student Nodal Head and Shalini Rasgotra, community head.

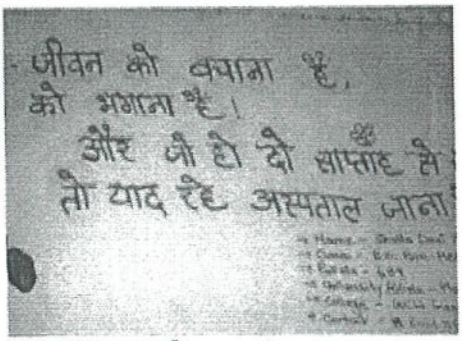
# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

1st




2nd




3rd



SHAZIA 1ST POSITION

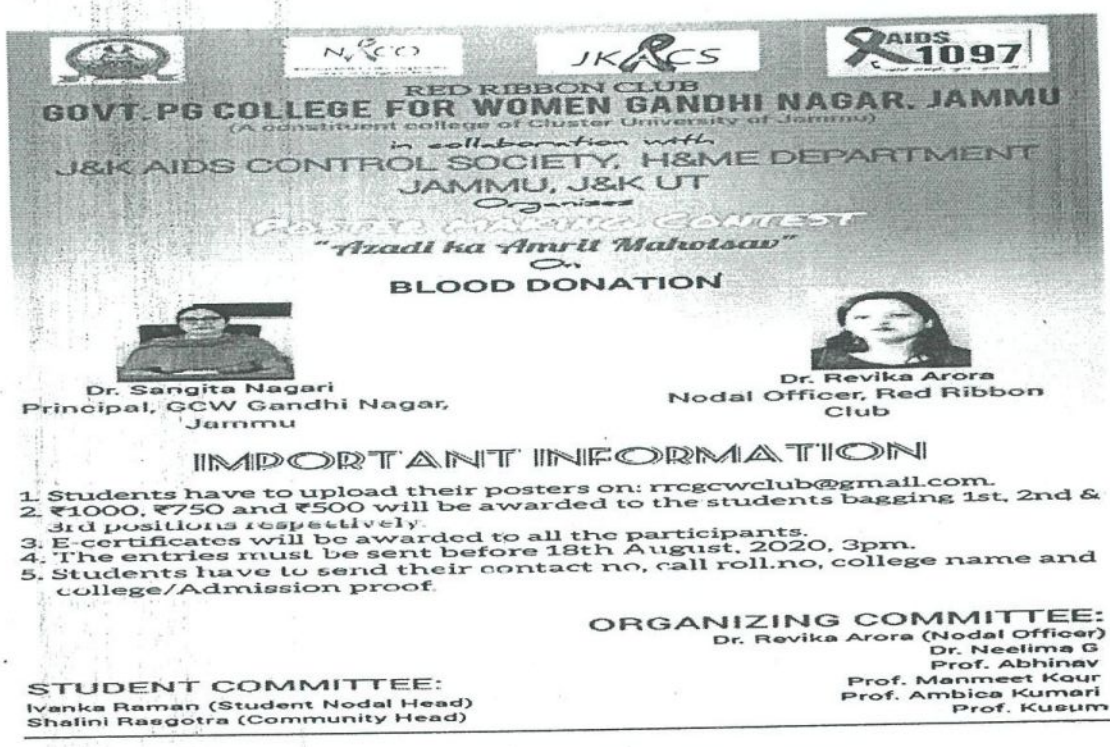


JASMEEN 2ND POSITION



SHALLU 3RD POSITION

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB




## GPGCW Gandhinagar hosts poster making competition on Blood Donation

IBJL NEWS SERVICE

JAMMU, Aug 18: The Red Ribbon Club of the Government PG College for Women, Gandhi Nagar in association with J&K AIDS Control Society, H&ME Department, Jammu today organised an intra college poster making competition on the topic 'Blood Donation' under the patronage of Principal, Dr. Sangita Nagari. Students of the college showed active participation in the event and prepared impressing posters on Blood Donation. The participants were judged by Assistant Professor Bonny Harleen Kaur and Assistant Professor, Hindi Poonam.

The first position was bagged by Vaishali Chowdhary pursuing her 3rd semester and secured second position, while third position was

## GCW Gandhinagar hosts poster making competition on Blood Donation

NEWSPOST BUREAU

Jammu Tawi, August 18

THE Red Ribbon Club of Government PG College for Women, Gandhi Nagar in association with J&K AIDS control society, H&ME Department, Jammu today organised an intra college poster making competition on the topic 'Blood Donation' under the patronage of Principal, Dr. Sangita Nagari. Students of the college showed active participation in the event and prepared impressing posters on Blood Donation. The participants were judged by Assistant Professor Bonny Harleen Kaur and Assistant Professor, Hindi Poonam.

The first position was bagged by Vaishali Chowdhary pursuing her 3rd semester and secured second position, while third position was



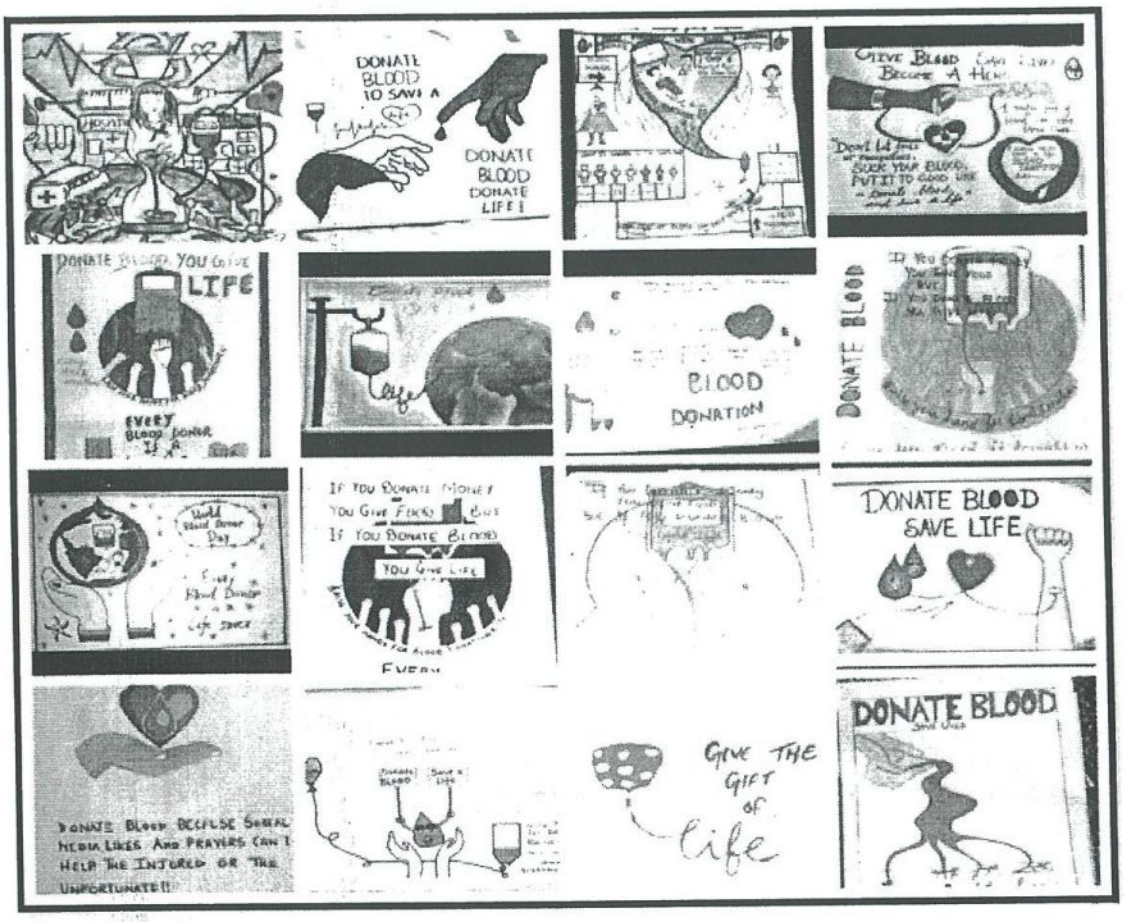
declared by Mridula Pathania pursuing her 3rd semester and secured second position, Rs. 750 for third position and Rs. 500 for the consolation prize which is given to the first

position, Rs. 750 for second position and Rs. 500 for the third position. In this event, students prepared self-made

posters highlighting the importance of donating blood and the need to stand with this cause. An adequate

Local people thank J&K

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB






Vaishali Choudhary
1st position



Ananya Jain
2nd position



Mrinalini Pathania
3rd position

# GOVERNMENT COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## RED RIBBON CLUB

RED RIBBON CLUB
**GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU**
(A constituent college of Cluster University of Jammu)
in collaboration with
J&K AIDS CONTROL SOCIETY, H&ME DEPARTMENT
JAMMU, J&K UT
Organises

*"Azadi ka Amrit Mahotsav"*
On
**COVID-19**



Dr. Sangita Nagari
Principal, GCW Gandhi Nagar, Jammu



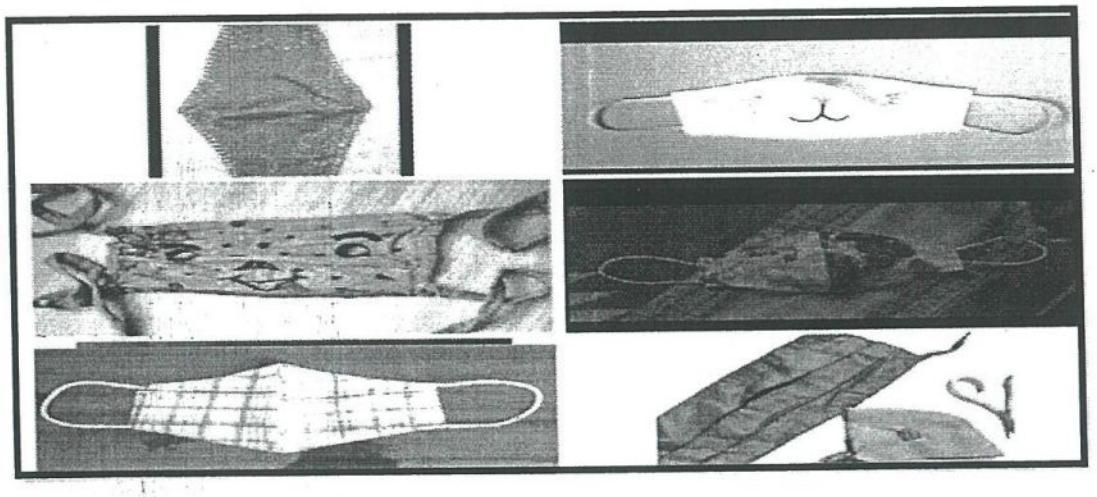
Dr. Revika Arora
Nodal Officer, Red Ribbon Club

**IMPORTANT INFORMATION**

1. Design of the masks should not be copied.
2. Students have to upload the pictures of the masks on: rrcgcwclub@gmail.com.
3. ₹1000, ₹750 and ₹500 will be awarded to the students bagging 1st, 2nd & 3rd positions respectively.
4. E-certificates will be awarded to all the participants
5. The entries must be sent before 20th August, 2021, 3pm

**ORGANIZING COMMITTEE:**
Dr. Revika Arora (Nodal Officer)
Dr. Neelima G
Prof. Abhinav
Prof. Manmeet Kour
Prof. Ambica Kumari
Prof. Kusum

**STUDENT COMMITTEE:**
Ivanka Raman (Student Nodal Head)
Shalini Rasgotra (Community Head)





Ila Verma
1st position



Sonia Devi
2nd position



Nikita Rani
3rd position

**PSPS GCW, Gandhinagar, Jammu**

**Notice**

It is to inform all the committee members that there is a meeting on 16th of December, 2021 at 12.30 pm in college staff room. All are requested to join.

**Convenor**

**Red Cross Unit**

**15.12.2021**

# Activity Report

The State organ and tissue transplant organization (SOTTO), J&K in collaboration with red cross unit, Padma Shri Padma Sachdev, Govt. P.G. College For women, Gandhinagar coordinated series of events under an awareness programme by organizing lecture and poster/painting competition on the topic-"Human Organ Donation" on 17th December,2021. The key speaker for the day was Dr. Sanjeev Puri, Joint Director, SOTTO, J&K. He emphasized on the roles and responsibilities of SOTTO and the change such awareness programme can bring in the society. Dr.Irfan Ahmed Lone, transplant coordinator, SOTTO,J&K highlighted the historical background of SOTTO by throwing light on the Organ Donation act of 1994. The chief patron of the programme was Dr. Sangita Nagari, Principal of the college. She motivated the students to serve humanity by donating organs. The whole program was conducted under the guidance and supervision of Dr. Revika Arora, Nodal officer, Red Cross unit. The program was coordinated by Dr. Suraj Mohani Jamwal, HOD Sociology. Dr. Ashok Kumar, Assistant Professor, Department of Biochemistry was technicalhost for the event. It was a highly interactive session wherein queries were well responded. Dr. Sanjeev Puri, Dr. Mohinder Pal, HOD Statistics and Dr. Harjeet Kour, Associate Professor ,Department of Botany were the jury members for the painting competition. The first, second and third positions were bagged by Vanshika Slathia,Vanshika Thakur and Nandini Manhas respectively. The program ended successfully with the support and cooperation of all the members. Thevote of thanks was presented by Ms. Eisha Gohil, Assistant Professor,Department of Psychology.







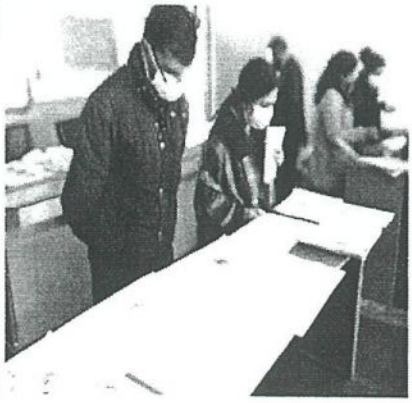




RED CROSS UNIT

PADMA SHRI PADMA SACHDEV
GOVT. P.G. COLLEGE FOR WOMEN
GANDHI NAGAR JAMMU





# GOVERNMENT PG COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU

## NCC CAMPS FOR THE YEAR 2021-22

| S.NO. | NAME OF THE CAMP AND PLACE | DATE | VACANCIES |
|---|---|---|---|
| 1 | CATC CAMP AT JAKLI REGIMENTAL CENTRE RANGRETH SRINAGAR | 22/09/2021 TO 30/09/2021 | 30 |
| 2 | SSB TRAINING AT NAGROTA | 24/09/2021 TO 03/10/2021 | 3 |
| 3 | CATC CAMP AT JAKLI REGIMENTAL CENTRE RANGRETH SRINAGAR | 04/10/2021 TO 12/10/2021 | 25 |
| 4 | CATC CAMP AT NAGROTA | 19/10/2021 TO 27/10/2021 | 15 |
| 5 | ALL INDIA GIRLS TREKKING EXPEDITION AJMER TREK CAMP | 08/11/2021 TO 15/11/2021 | 6 |
| 6 | SNIC CAMP AT DELHI | 10/12/2021 TO 19/11/2021 | 2 |
| 7 | CATC CAMP AT NAGROTA | 20/04/2022 TO 29/04/2022 | 40 |
| 8 | CATC CAMP Held at CBS Khrew. | 21/05/2022 To 02/06/2022 | 15 |

ANO : Lt. Dr. Revika Arora

ANO
1 J&K ... NCC
Govt ...
Ga...

(215)

Tele: 0194-2311069

(195)

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 0022/G/NCC/CATC/

07 Sep 2021

The Principal

GCW Gandhi Nagar, Jammu
GCW Udhampur
GCW MA Road, Srinagar
GCW Nawa Kadal, Srinagar
GDC Ganderbal

**ALLOTMENT OF VACANCIES FOR COMBINED ANNUAL TRAINING CAMP (CATC) TO BE HELD AT JAK LI REGIMENTAL CENTRE RANGRETH, SRINAGAR WEF 22 SEP TO 30 SEP 2021**

1. It is intimated that this Bn is conducting Combined Annual Training Camp (CATC) to be held at JAK LI Regimental Centre Rangreth, Srinagar w.e.f. **22 Sep** to **30 Sep 2021**. Following SW vacancies are hereby allotted to the under mentioned Institutions: -

| S.No | Name of Institution | | Vacancies allotted | Reserve |
|---|---|---|---|---|
| (a) | GCW,Gandhi Nagar, Jammu | - | 30 SW | 20 SW |
| (b) | GCW,Udhampur | - | 20 SW | 10 SW |
| (c) | GCW, MA Road, Srinagar | - | 20 SW | 10 SW |
| (d) | GCW, Nawa Kadal, Srinagar | - | 20 SW | 10 SW |
| (e) | GDC, Ganderbal | - | 30 SW | 20 SW |

2. Institutions are requested to forward names of suitable NCC Cadets to be detailed for the CATC by **15 Sep 2021** positively. Camp documents of the cadets must reach this office by **17 Sep 2021**. Institution must earmark reserve to ensure complete utilization of allotted vacancies.

3. Forwarded for your further necessary action please.

Administrative Officer
Capt/Major
1 J&K Girls Bn NCC

GANDHI NAGAR JAMMU

[illegible] CATC TO BE HELD AT TAKH CENTRE [illegible]

[illegible]

| S.No | NAME | REGISTRATION NUMBER |
|---|---|---|
| 1 | [illegible] Dutta | [illegible] |
| 2 | [illegible] Pandita | [illegible] |
| 3 | [illegible] Bhagat | JK&L19SWA/180[illegible] |
| 4 | [illegible] Choudhary | JK&L19SWA/180364 |
| 5 | Kajal Manhas | JK&L19SWA/180369 |
| 6 | Rupali devi | JK&L19SWA/180374 |
| 7 | Srishti Rai | JK&L19SWA/180353 |
| 8 | Priya Charak | JK&L19SWA/180303 |
| 9 | Isha Devi | JK&L19SWA/180304 |
| 10 | Shikha Bhagat | JK&L19SWA/180359 |
| 11 | Sharan Kumari | JK&L19SWA/180357 |
| 12 | Varsha | JK&L19SWA/180375 |
| 13 | Deepti Sharma | JK&L19SWA/180370 |
| 14 | Angali Devi | JK&L19SWA/180380 |
| 15 | Gagandeep Kaur | JK&L20SWA/187027 |
| 16 | Shewta Bhagat | JK&L20SWA/187039 |
| 17 | Tapasvani Khorana | JK&L20SW/187045 |
| 18 | Marjam | JK&L20SWA/187031 |
| 19 | Liyancy | JK&L20SWA/187041 |
| 20 | Isha Kumari | JK&L20SWA/187049 |
| 21 | Riya Andotra | JK&L20SWA/187058 |
| 22 | Bhumika Sharma | JK&L20SWA/187059 |
| 23 | Rachna devi | JK&L20SWA/187082 |
| 24 | Sonia Parihar | JK&L20SWA/187076 |
| 25 | Manisha devi | JK&L20SWA/187083 |
| 26 | Nusrat Bano | JK&L20SWA/187050 |

NCC/05310028
Lt Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

| | | |
|---|---|---|
| 27 | Vaishali devi | JK&L20SWA/187084 |
| 28 | Priyanka Rani | JK&L20SWA/187085 |
| 29 | Linky Sharma | JK&L20SWA/187086 |
| 30 | Preetham | JK&L19SWA/187007 |

RESERVED CADETS

| S NO | NAME | REGIMENTAL NUMBER |
|---|---|---|
| (1) | Muskan Mehra | JK&L19SWA/187015 |
| (2) | Simran Rani | JK&L19SWA/187385 |
| (3) | Ashima Sharma | JK&L19SWA/187012 |
| (4) | Gurpreet Kumar | JK&L19SWA/187025 |
| (5) | Shilpi Sawram | JK&L19SWA/187024 |
| (6) | Neelu choudhary | JK&L19SWA/187004 |
| (7) | Ruchika Sharma | JK&L19SWA/187400 |
| (8) | Palvi Sharma | JK&L19SWA/187006 |
| (9) | Mushon Bhagat | JK&L19SWA/187014 |
| (10) | Raja devi | JK&L20SWA/187052 |
| (11) | Ram devi | JK&L20SWA/187057 |
| (12) | Anam Sehetradi | JK&L20SWA/187062 |
| (13) | Shallu jasrotia | JK&L20SWA/187078 |
| (14) | Reetika sharma | JK&L20SWA/187079 |
| (15) | Niharika Santhal | JK&L20SWA/187043 |
| (16) | Manvi Pajgotra | JK&L20SWA/187047 |
| (17) | Parikisha Slathia | JK&L20SWA/187033 |
| (18) | Roshni Rajak | JK&L20SWA/187038 |
| (19) | Nusrat Bano | JK&L20SWA/187050 |
| (20) | Saviha | JK&L20SWA/187053 |

ANO Signature

(228)

(13)

Tele 0194-2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 001/G/NCC/SSB/855

08 Sep 2021

The Principal

GCW Gandhi Nagar, Jammu

GCW Udhampur

**SSB TRAINING : SEP 2021**

1. It is intimated that NCC Group HQ, Jammu is going to conduct SSB Capsule at NCC Camping Ground Nagrota, Jammu w.e.f **24 Sep** to **03 Oct 2021**. Following SW vacancies are hereby allotted to the under mentioned Institutions :-

(a) GCW Gandhi Nagar, Jammu - 03

(b) GCW Udhampur - 02

2. **Prerequisites**. Following is expected from aspirant on her arrival. -

(a) Good communication skills.
(b) Should be able to converse and communicate in English.
(c) Should be able to give good lecturette in English.
(d) Should be very motivated and determined.
(e) Officers detailing cadets for the subject SSB Capsule should get convinced that cadets has got potential to become commissioned officer in Armd Forces.
(f) All cadets to get adequate stationery material alongwith them.
(g) All cadets to get RTPCR done not more than 72hr before camp starts.

3. You are requested to forward nominal roll of 2nd/3rd year cdts to this Bn by **12 Sep 2021** positively for onward submission to higher HQs.

4. Please ensure full utilization of allotted vacancies.

Administrative Officer
Capt/Major
1 J&K Girls Bn NCC

Govt. College for Women
Receipt/Dispatch
No. 3546
9/9/21
M.A. Qandhi Nagar, Jammu

# GICW GANDHI NAGAR, JAMMU

## NOMINAL ROLL FOR SSB TRAINING AT NAGROTA JAMMU

W.E.F 24-9-21 TO 3-10-21

| SNO | NAME | REGIMENTAL NO. |
|---|---|---|
| 1 | Sukruti Singh jasrotia | JK&L20SWA/187029 |
| 2 | Shallu devi | JK&L20SWA/187078 |
| 3 | Uttrsna slathia | JK&L20SWA/187032 |

ANO Signature

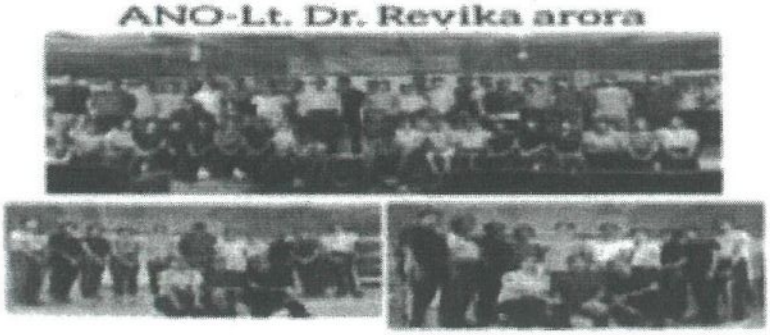
1 J&K ANO Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

02-10-21 to 10-10-21 , SSB Training Camp At Nagrota , No. of Vacancies- 03, ACHIEVEMENT- 03 cadets rewarded for stage management and dance

# SSB CAMP AT NAGROTA

P.S.P.S COLLEGE GANDHI NAGAR
JAMMU

ANO-Lt. Dr. Revika arora



Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

(231)

Tele: 0194-2311069

(206)

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 0022/G/NCC/CATC/

15 Sep 2021

The Principal

GCW Gandhi Nagar, Jammu
GCW Udhampur
GCW MA Road, Srinagar
GCW Nawa Kadal, Srinagar
GDC Ganderbal

**ALLOTMENT OF VACANCIES FOR COMBINED ANNUAL TRAINING CAMP (CATC) TO BE HELD AT JAK LI REGIMENTAL CENTRE RANGRETH, SRINAGAR WEF 04 OCT TO 12 OCT 2021**

1. It is intimated that NCC Gp HQ, Srinagar is conducting Combined Annual Training Camp (CATC) to be held at JAK LI Regimental Centre Rangreth, Srinagar w.e.f. **04 Oct** to **12 Oct 2021**. Following SW vacancies are hereby allotted to the under mentioned Institutions: -

| S.No | Name of Institution | | Vacancies allotted | Reserve |
|---|---|---|---|---|
| (a) | GCW,Gandhi Nagar, Jammu | - | 20 SW | 10 SW |
| (b) | GCW,Udhampur | - | 15 SW | 08 SW |
| (c) | GCW, MA Road, Srinagar | - | 10 SW | 05 SW |
| (d) | GCW, Nawa Kadal, Srinagar | - | 05 SW | 03 SW |
| (e) | GDC, Ganderbal | - | 05 SW | 03 SW |

2. Institutions are requested to forward names of suitable 2nd / 3rd year NCC Cadets to be detailed for the CATC by **18 Sep 2021** positively. Camp documents of the cadets must reach this office by **25 Sep 2021**. Institution must earmark reserve to ensure complete utilization of allotted vacancies.

3. Forwarded for your further necessary action please.

Administrative Officer
Capt/Major
1 J&K Girls Bn NCC

# GCW GANDHI NAGAR, JAMMU

## NOMINAL ROLL FOR CATC TO BE HELD AT JAK LI REG. CENTRE RANGRETH SRINAGAR 4-10-2021 TO 12-10-2021

| SNo | NAME | REGIMENTAL NUMBER |
|---|---|---|
| 1) | Puneet Kour | JK&L20SWA/187028 |
| 2) | Avni Dutta | JK&L19SWA/180351 |
| 3) | Varsha Sharma | JK&L19SWA/180375 |
| 4) | Ruchika Sharma | JK&L19SWA/180400 |
| 5) | Sonia Devi | JK&L19SWA/187019 |
| 6) | Shilpi Sawan | JK&L19SWA/187024 |
| 7) | Liyancy | JK&L20SWA/187041 |
| 8) | Anjali Pal | JK&L20SWA/187042 |
| 9) | Sonia Parihar | JK&L20SWA/187076 |
| 10) | Nikka Kar | JK&L20SWA/187074 |
| 11) | Rachna Devi | JK&L20SWA/187082 |
| 12) | Vishali Devi | JK&L20SWA/187077 |
| 13) | Ameet Kour | JK&L20SWA/187051 |
| 14) | Malkit Kour | JK&L20SWA/187046 |
| 15) | Sukriti Singh | JK&L20SWA/187033 |
| 16) | Srishti Rai | JK&L19SWA/180353 |
| 17) | Rinchin Angma | JK&L19SWA/180354 |
| 18) | Kajal Thakur | JK&L19SWA/180376 |
| 19) | Isha Devi | JK&L19SWA/180384 |
| 20) | Isha Kumari | JK&L20SWA/187049 |
| 21) | Ram Devi | JK&L20SWA/187057 |
| 22) | Sarika | JK&L20SWA/187053 |
| 23) | Janvi Rajput | JK&L20SWA/187081 |
| 24) | Priyanka Rani | JK&L20SWA/187085 |
| 25) | Pinky Sharma | JK&L20SWA/187086 |

NCC/05310028
Lt. Dr. Rachika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

RESERVED CADETS

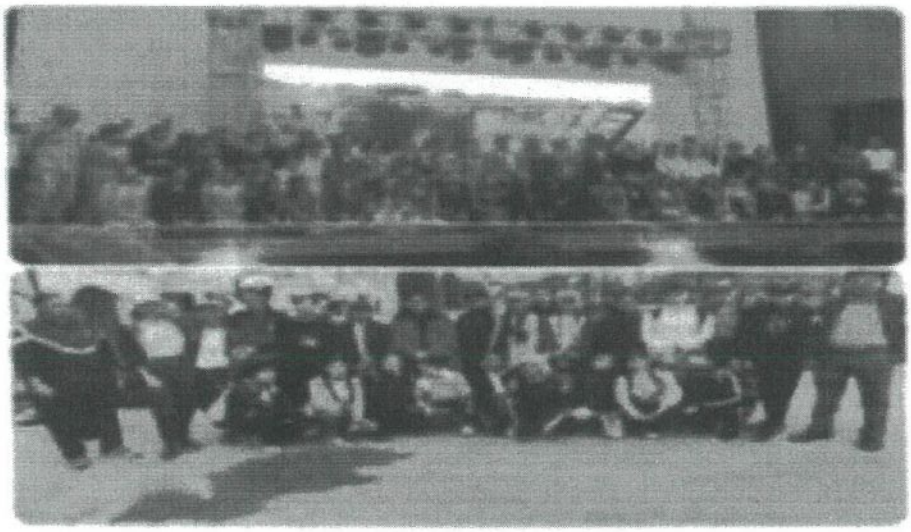
| S.NO | NAME | REGIMENTAL NUMBER |
|---|---|---|
| 1 | Marjam | JK&L20SWA/187031 |
| 2 | Jagdeep Kaur | JK&L20SWA/187037 |
| 3 | Niharika Santhal | JK&L20SWA/187043 |
| 4 | Nusrat Bano | JK&L20SWA/187050 |
| 5 | Shallu Devi | JK&L20SWA/187078 |

ANO

1 J&K ... Bn NCC
Govt. C... Women
Gandhi Nagar, Jammu

04-10-2021 to 12-10-2021, CATC Camp at JAKLI centre Regimental centre Rangreth Srinagar ,
No of Vacancies- 24
ACHIEVEMENT- 01 Cadet Best in firing

## CAMP AT JAKALI CENTRE
## REGIMANTAL CENTRE RANGRETH SRINAGAR



NCC/063710028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

(235)

Tele 0194-2311069

(258)

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 0022/G/NCC/CATC/

20 Oct 2021

The Principal

GCW Gandhi Nagar, Jammu

GCW Udhampur

**ALLOTMENT OF VACANCIES FOR COMBINED ANNUAL TRAINING CAMP (CATC) AT NCC CAMPING GROUND NAGROTA, JAMMU W.E.F. 19 - 27 OCT 2021**

1. Ref this Bn letter No. 0022/G/NCC/CATC DATED 13 Oct 2021.

2. Following additional SW vacancies are hereby allotted to the under mentioned Institutions: -

(a) GCW Gandhi Nagar, Jammu - 15 SW

(b) GCW Udhampur - 10 SW

3. You are requested to send cadets who are willing to participate in RDC-22 at Delhi.

4. **Eligibility criteria: -**

(a) Physically and mentally fit.

(b) Good personality.

(c) 2nd / 3rd year cadet.

(d) Interested in RDC.

(e) Good communication skills for cadet who interested for Best Cadet.

5. Pl ensure full utilization of allotted vacancies.

(Jyoti)
Maj
Adm Offr
For CO

20/10/21

GTCW GANDHI NAGAR, JAMMU

NOMINAL ROLL FOR CATC NAGROTA W.E.F 19-10-2021 to 27-10-2

| S NO | NAME | REGIMENTAL NUMBER |
|---|---|---|
| 1 | Brumika Sharma | JK&L20SWA/187059 |
| 2 | Komal Meena | JK&L20SWA/187035 |
| 3 | Priyanka devi | JK&L20SWA/187030 |
| 4 | Meenakshi Basan | JK&L20SWA/187056 |
| 5 | Riya Andotra | JK&L20SWA/187058 |
| 6 | Bhagandeep kour | JK&L20SWA/187080 |
| 7 | Priya kumari | JK&L20SWA/187051 |
| 8 | Pratiksha slathia | JK&L20SWA/187033 |
| 9 | Shallu Jasrotia | JK&L20SWA/187078 |
| 10 | Roshni Rajak | JK&L20SWA/187038 |
| 11 | Tania chib | JK&L20SWA/187072 |
| 12 | Vaishali chaudhary | JK&L20SWA/187048 |
| 13 | Sarika kumari | JK&L20SWA/187036 |
| 14 | Rabiya Pawar | JK&L20SWA/187069 |
| 15 | Arshi Dogra | JK&L20SWA/187054 |

ANO
J&K Girls Bn NCC
for Women
Govt. College
Gandhi Nagar, Jammu

ANO

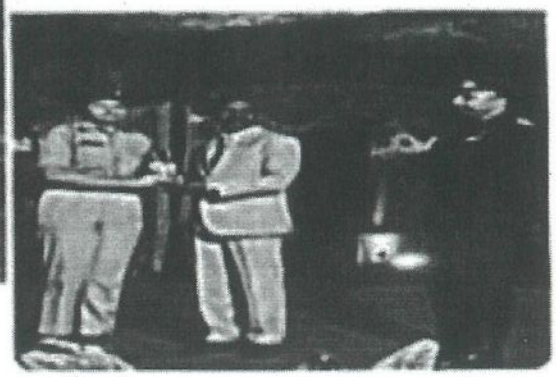
. 19-10-21 to 27-10-21, CATC camp at Nagrota , No. of Vacancies- 25,

ACHIEVEMENT – o1 cadet Best in firing , 01 cadet all rounder and 01 cadet Best fresher

NAVAL CATC CAMP AT NAGROTA







NCC/05310028
Lt. Dr. Ravi Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 JaK Girls Bn Srinagar

238

Tele 0194-2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No 006/G/NCC/Trek/

05 Nov 2021

The Principal

GCW Gandhi Nagar, Jammu

GCW Udhampur

**ALL INDIA AJMER TREKKING-I (GIRLS)**

1. It is intimated that NCC SW Cadets of your Institutions are proceeding to attend All India Ajmer Trekking-I Girls to be held at Ajmer Rajasthan w.e.f. 08 Nov to 15 Nov 2021. Lt (Dr) Revika Arora and CT Shallu Jasrotia of your Institutions are required to drop the cdts at railway station, Jammu on 6th Nov 2021. You are requested to spare the ANO for the same.

2. Your cooperation is highly apperciated pl.

(Abhijit Nayyar)
Col
CO

Gow Gandhi Nagar Jammu
Nominal Roll for all India girls [illegible] (Ajmer Trek) camp from [illegible]

| S.No | NAME | REGIMENTAL NUMBER |
|---|---|---|
| 1 | Taanya Rana | JK&L19SWA/180376 |
| 2 | Vishali | JK&L19SWA/187371 |
| 3 | Mushan Mehra | JK&L19SWA/187015 |
| 4 | Vishali Sharma | JK&L19SWA/180382 |
| 5 | Neelu Choudhary | JK&L19SWA/187004 |
| 6 | Shalini Choudhary | JK&L19SWA/187016 |

ANO Signature

ANO
1 J&K Girls Bn NCC
Govt. C[illegible] Women
Gand[illegible] Jammu

# 08-11-21 to 15-11-21, Ajmer Trekking Camp , No. of Vacancies- 06

**AJMER TREKKING CAMP, RAJASTHAN**



NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# IJ&K Girls BN NCC

## Govt. College for Women,

## Gandhi Nagar

## NOTICE

**Dated : 13th November 2021**

This is hereby informed you all that there is a SNIC camp going to be held at Delhi. The cadets interested to participate may submit their names by —16th November 2021. The selections will be done on 16th of Nov 2021. Please make sure that cadets once detailed are not changed at a later stage.

Note the following:

No. Of vacancies allotted:- 2

From of 10th Dec TO 19th Dec 2021

Lt. Dr. Revika Arora

ANO
1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar Jammu

| Sr | Name | Regimental No |
|---|---|---|
| 1) | Aradhana | [illegible] |
| 2) | Riya Andotra | JK20 SwA/187038 |

RESERVED CADETS

| Sr | Name | Regimental No |
|---|---|---|
| 1) | Simranjeet Koux | JK20 SwA/187067 |
| 2) | Rashmi Rajak | JK20 SwA/187038 |

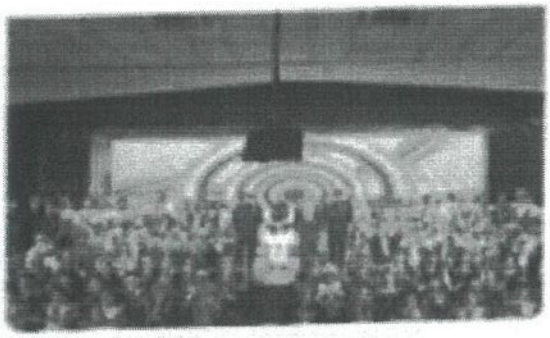
ANO Signature

ANO
1 J&K Girls Bn NCC
Govt. ( for Women
Ganc. ammu

# 10-12-21 to 19-12-21, SNIC Delhi , No. of Vacancies- 02.

## SNIC AT DELHI







NCC/15310029
Lt. Dr. Revita Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

244

Govt. College for

Women,

Gandhi Nagar

# NOTICE

**Dated : 15th of March 2022**

This is hereby informed you all that there is a CATC camp going to be held at camping ground nagrota. The cadets interested to participate may submit their names by – 20th of March 2022. Please make sure that cadets once detailed are not changed at a later stage.

Note the following:

No. Of vacancies allotted:- 40

From :- 20th of April to 29th of April 2022

ANO

Lt. Dr. Revika Arora

1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar Jammu

# GICW GANDHI NAGAR, JAMMU

NOMINAL ROLL FOR CATC NAGROTA W.E.f 20-4-2022 to 29-4-2022

| S.No | NAMES | REGIMENTAL NUMBER |
|---|---|---|
| (1) | Gagandeep Kaur | JKL20SWA/187080 |
| (2) | Riya Andotra | JKL20SWA/187058 |
| (3) | Akshati Dogra | JKL20SWA/187054 |
| (3) | Rachna devi | JKL20SWA/187082 |
| (4) | Bhumika sharma | JKL20SWA/187059 |
| (5) | Roshni Rajak | JKL20SWA/187038 |
| (6) | Tania chib | JKL20SWA/187072 |
| (7) | Saneha Kumari | JKL20SWA/187048 |
| (8) | Ram devi | JKL20SWA/187057 |
| (9) | Malkit Kaur | JKL20SWA/187046 |
| (10) | Vaishali chaudhary | JKL20SWA/187036 |
| (11) | Isha Kumari | JKL20SWA/187049 |
| (12) | Priya Kumari | JKL20SWA/187051 |
| (13) | Pinky sharma | JKL20SWA/187086 |
| (14) | Nita Devi | JKL21SWA/187090 |
| (15) | Prabha Kumari | JKL21SWA/187091 |
| (16) | Riya sharma | JKL21SWA/187092 |
| (17) | Riya chaudhary | JKL21SWA/187094 |
| (18) | Tannu Sharma | JKL21SWA/187093 |
| (19) | Riya saini | JKL21SWA/187096 |
| (20) | Sanjana Manhas | JKL21SWA/187101 |
| (21) | Seema Kumari | JKL21SWA/187102 |
| (22) | Vishali Kaith | JKL21SWA/187097 |
| (23) | Riya Kaith | JKL21SWA/187104 |
| (24) | Taniya devi | JKL21SWA/187108 |
| (25) | Ramjam Kumari | JKL21SWA/187109 |
| (26) | Reema Bhagat | JKL21SWA/187111 |

NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GICW, Gandhi Nagar
1 J&K Girls Bn Srinagar

| | | |
|---|---|---|
| 27 | Tania Chib | JKL21SWA/187113 |
| 28 | Chitvi | JKL21SWA/187114 |
| 29 | Ankeeta Langeh | JKL21SWA/187117 |
| 30 | Aishwarya Rana | JKL21SWA/187122 |
| 31 | Mansi Bhatia | JKL21SWA/187125 |
| 32 | Tanisha | JKL21SWA/187130 |
| 33 | Siya devi | JKL21SWA/187131 |
| 34 | Himani | JKL21SWA/187126 |
| 35 | Preeti devi | JKL21SWA/187127 |
| 36 | Rohini devi | JKL21SWA/187132 |
| 37 | Siya devi | JKL21SWA/187133 |
| 38 | Anshu sharma | JKL21SWA/187134 |
| 39 | Vishakha Chib | JKL21SWA/187137 |
| 40 | Hitakshi sharma | JKL21SWA/187138 |

ANO Signature

ANO
38 BN NCC
Govt. College for Women
Gandhi Nagar, Jammu

20-04-22 to 29-04-22, CATC Camp at Nagrota , ACHIEVEMENTS- 01 Medal in Piloting ,0 1 Medal in firing , Silver Medals in Tug of War , 01 Best senior , No. of vacancies- 40



Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar.

# 1J&K Girls BN NCC

## Govt. College for Women,

## Gandhi Nagar

## NOTICE

**Dated : 15th of April 2022**

**This is hreby informed you all that there is a CATC camp going to be held at CBS (CENTRE BATTLE SCHOOL) KHREW SRINAGAR. The cadets interested to participate may submit their names by – 22nd of April 2022. Please make sure that cadets once detailed are not changed at a later stage.**

**Note the following:**

**No. Of vacancies allotted:- 15**

**From :- 21th may of 2022 to 2 June 2022**

**ANO**

**Lt. Dr. Revika Arora**

# GCW GANDHI NAGAR, JAMMU.

NOMINAL ROLL OF CATC CAMP HELD AT CBS (CENTRE BATTLE SCHOOL) Khrew SRINAGAR 21 May 2022 to 2 June 2022

| S.NO | NAME | REGIMENTAL No. |
|---|---|---|
| 1 | Sukriti Jasrotia | JK&L28SWA/187029 |
| 2 | Vishali choudhary | JK&L20SWA/187036 |
| 3 | Shallu devi | JK&L21SWA/187142 |
| 4 | Sanjana Sharma | JK&L21SWA/187146 |
| 5 | Dipakshi Rani | JK&L21SWA/187095 |
| 6 | Shallu jasrotia | JK&L20SWA/187078 |
| 7 | Parvi | JK&L21SWA/187099 |
| 8 | Simran changatra | JK&L21SWA/187103 |
| 9 | Tanisha | JK&L21SWA/187130 |
| 10 | Shivani dutta | JK&L21SWA/187124 |
| 11 | Ojasvi | JK&L21SWA/187114 |
| 12 | Utirsha Slathia | JK&L20SWA/187032 |
| 13 | Mansi Bhadia | JK&L21SWA/187125 |
| 14 | Sneha Rani | JK&L21SWA/187106 |
| 15 | Priyanka | JK&L20SWA/187085 |

ANO Signature

1 J... NCC
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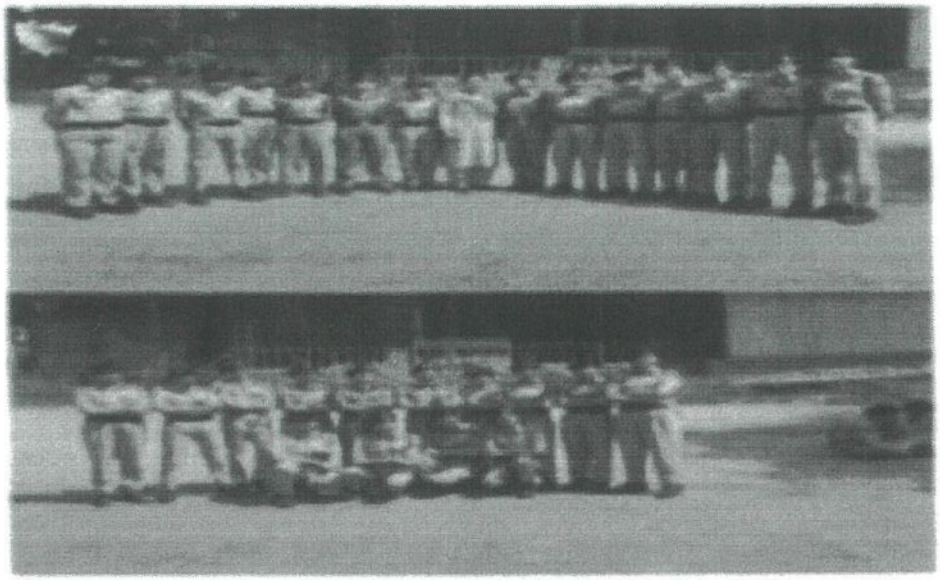
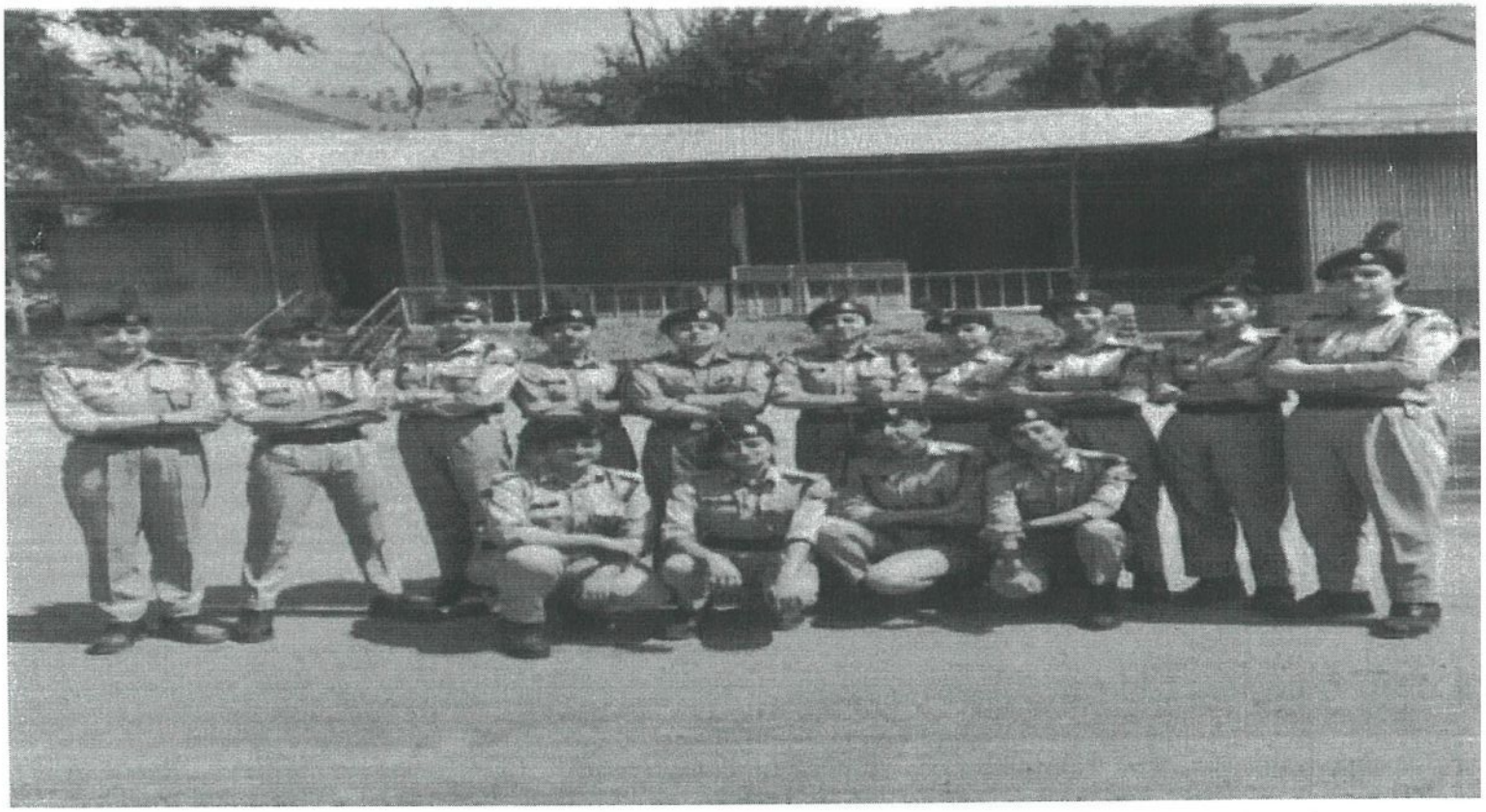
Gan... ...mu

CATC Camp held at CBS ( Centre Battle School ) Khrew ,Srinagar , No. of cadets=15
ACHIEVEMENTS- o1 Best Cadet , 01 Best Solo Dance , 01 Best Painting , 01 Best Debate and Best Duet Dance





NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# DEPARTMENT OF SOCIOLOGY

# PSPS GCW, GANDHINAGAR, JAMMU

# ACTIVITY REPORT

# ON

***One day Workshop on Gender Sensitisation organized on 3rd December, 2021***

# Govt. PG College for Women Gandhi Nagar Jammu

(A Constituent College of Cluster University of Jammu)

UNIFIED PLURALITY

## DEPARTMENT OF SOCIOLOGY

IN COLLABORATION WITH IQAC &

*Under the Banner of Azadi ka Amrit Mahotsav*

**Is Organizing a Workshop on**

# *Gender Sensitization*

**on 3rd December,2021 (Friday, 12 noon to 2p.m)**

**Venue: College Auditorium**



**Dr. Sangita Nagari**
Principal
GCW,Gandhinagar,
Jammu
(Patron)

आज़ादी का अमृत महोत्सव

**Organizing Committee**

- Dr.Suraj Mohani Jamwal (H.O.D)
- Dr. Shelly Sabharwal



**Prof. Vishav Raksha**
HOD, Sociology & Director,
Centre for Women studies
University of Jammu
(Resource Person)

# ACTIVITY REPORT

The Department of Sociology, Government PG College for Women, Gandhinagar, Jammu in collaboration with IQAC organized a workshop on 'Gender Sensitization', under the banner of 'Azadi ka Amrit Mahotsav' in the college auditorium.

The programme was held under the patronage of worthy College Principal, Prof (Dr.) Sangita Nagari. She acknowleged the importance of organizing such events so as to sensitise the students and the society at large on the gender and the gender related issues. The various committee members of Azadi ka Amrit Mahotsav, Prof.Sujata Slathia (H.O.D Economics), Prof.Mala Bhasin (H.O.D Botany), Dr.Roopali Slathia (Physical Director) and IQAC Convenor Dr. Suresh Bhat graced the occasion.

The programme begins with the lightning of the lamp by the dignitaries. The welcome address was given by the H.O.D Sociology, Dr. Suraj Mohani Jamwal. The resource person of the programme was Prof.(Dr.) Vishav Raksha (H.O.D Sociology & Director, Centre for Women Studies, University of Jammu). There were two sessions in the programme. In the first session Prof. Vishav Raksha focused on the conceptual understanding of the Gender, wherein she highlighted how the social construction of gender takes place, the influence it has in our day to day life. She emphasized on the need to change the perspective on gender, the need for sensitization right from the early life of a child. She stressed upon the impressive role which an educational institution can play in gender sensitisation and thereby in bringing social change. The second session involved the activities and interaction with the students. The event concluded with a formal vote of thanks by Dr.Shelly Sabharwal. The programme was hosted by Ms. Meliha Mustaq and Ms. Muskan Sharma (3rd sem students). The faculty members Prof. Suman Charak Jamwal, Dr. Pooja Charak, Prof.Eisha Gohil, Prof.Jagmeet Kour, Prof.Varun and others were also present. Around 300 students participated in the event following all the Covid related guidelines.



हो। साथ ही वे खुले रूप से कहीं भी आ जा

## महिला कॉलेज में हुई एक दिवसीय कार्यशाला

जम्मू। आजादी का अमृत महोत्सव के तहत शुक्रवार को महिला कॉलेज गांधी नगर ने जेंडर सेंसिटाइजेशन पर एक दिवसीय कार्यशाला हुई। इसमें कालेज की प्राचार्य प्रो. संगीता नागरी बतौर मुख्य अतिथि रहीं। वहीं, प्रो. विश्व रक्षा ने जेंडर की वैचारिक समझ से छात्रों और बाकी दर्शकों को अवगत करवाया। संवाद

## जेयू के महिला अध्ययन केंद्र ने करवाया वेबिनार

जम्मू। जेयू के महिला अध्ययन केंद्र ने शुक्रवार को वेबिनार करवाया। इस दौरान प्रो. गुरप्रीत बल ने श्रोताओं को जागरूक किया। बताया कि महिलाओं की स्थिति खराब है। महिलाओं की स्थिति को शिक्षा के माध्यम से ही सुधारा जा सकता है। संवाद

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# Profile of the Resource Person



**PROF. VISHAV RAKSHA:**

- **Head of the Department**

Department of Sociology, University of Jammu, Jammu.

- Director, Centre for Women Studies, University of Jammu.

**Email Address** : vraksha2@gmail.com

**Contact Number** : 9419197676

**Permanent Address** : Happy Model Complex, Ward No 11,

House No : 50, Shiv Nagar, Udhampur -182101.

**TEACHING EXPERIENCE:** 22 years

**AREA OF SPECIALISATION:** Gender studies, Marginalised Groups (Subaltern studies), Research Methodology, Folk and Media studies, Political Sociology.

# CERTIFICATE OF APPRECIATION

PSPS Govt. College for Women Gandhinagar, Jammu
(A Constituent College of the Cluster University of Jammu)

UNIFIED PLURALITY

## *CERTIFICATE OF APPRECIATION*

**THIS CERTIFICATE IS PROUDLY PRESENTED TO**

***Prof. Vishav Raksha***

**Head, Department of Sociology (University of Jammu)**

This certificate is to appreciate and thank you for your presence and for delivering a lecture as a **Resource Person** in One day Workshop on Gender Sensitisation organized by the Department of Sociology in collaboration with IQAC of PSPS, GCW, Gandhinagar, Jammu on **3rd of December 2021.**

| | | |
|---|---|---|
| **Dr. Sangita Nagari** | **Dr. Suresh Bhat** | **Dr. Suraj Mohani Jamwal** |
| (Principal) | (Convenor, IQAC) | (H.O.D, Sociology) |

# Invited lecture

on the topic

"Dusk to Dawn: Poetic Voices on Current Times in South Asia and Beyond"

by



Dr. Chandra Mohan
General Secretary of the Comparative
Literature Association of India

**Department of English**
**Govt. P.G. College for Women, Gandhi Nagar, Jammu**

**Notice**

Date: 30.06.2021

Dear Faculty Members,

I hope this message finds you well. I am writing to inform you about an upcoming meeting to discuss and plan an Extension Lecture titled "Dusk to Dawn: Poetic Voices on Current Times in South Asia and Beyond." This lecture aims to explore the rich and diverse poetic expressions that emerge from South Asia and their relevance to broader global contexts.

As members of the English Department, your valuable input and expertise are essential in ensuring the success of this event. We would greatly appreciate your presence at the meeting to contribute your ideas, suggestions, and help organize the lecture in the most effective manner.

Date: 1.07.2021
Time: 12:00 pm
Venue: Google platform

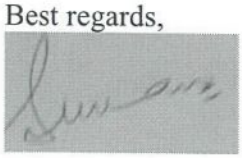
Agenda:

Introduction and overview of the Extension Lecture
Defining the objectives and theme
Selection of speakers
Discussion on possible formats and activities
Determining the logistics and necessary resources
Assigning responsibilities and forming subcommittees, if required
Setting a timeline for the preparation and execution of the event
Any other relevant matters
Please come prepared with your thoughts and any potential recommendations for poets, speakers, or additional activities related to the theme. Your active participation will be crucial in shaping the lecture into an enriching and meaningful experience for the students and the wider academic community.

We look forward to your presence and valuable contributions in planning this Extension Lecture. Let us come together to celebrate the poetic voices of South Asia and beyond.

Thank you.

Best regards,



Dr. Suman Charak
Head, Department of English

**Department of English**
**Govt. P.G. College for Women, Gandhi Nagar, Jammu**

**Notice**

Date: 01.07.2021

**Extension Lecture on "Dusk to Dawn: Poetic Voices on Current Times in South Asia and Beyond"**

Dear Students and Faculty Members,

We are delighted to inform you that the Department of English at Govt. P. G. College for Women, Gandhinagar, Jammu, is organizing an Extension Lecture on the topic "Dusk to Dawn: Poetic Voices on Current Times in South Asia and Beyond." This lecture aims to provide a platform for engaging discussions on contemporary poetry and its reflection on the socio-cultural landscape of South Asia and beyond.

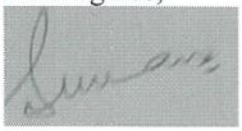
We are honoured to have Dr. ChandraMohan, General Secretary of the Comparative Literature Association of India, as the esteemed Resource Person for this lecture. Dr. ChandraMohan is a renowned scholar and expert in the field of comparative literature, and his insights on poetic voices will undoubtedly enrich our understanding of the current times.

We encourage all students and faculty members from the English Department to attend this enlightening lecture. It promises to be an intellectually stimulating event, offering valuable perspectives on the role of poetry in capturing the essence of contemporary society.

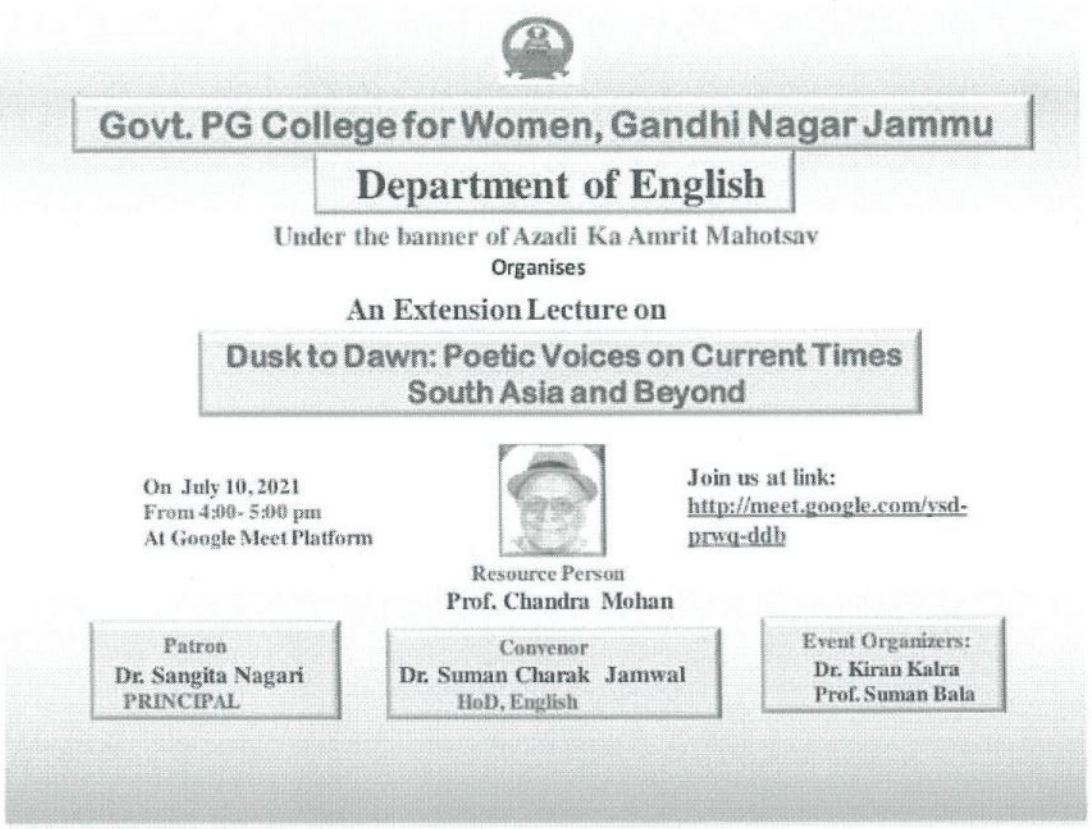
We look forward to your active participation and engagement in this extension lecture. Let us come together as a community of learners and celebrate the beauty of poetry and its profound impact on our understanding of the world.

Date: 10.07.2021
Time: 4:00 to 5: 00 pm
Venue: Google meet Platform

Best regards,



Dr. Suman Charak
Head, Department of English




**Report**

11 July 2021

**EXTENSION LECTURE ON LITERATURE ORGANISED BY THE DEPT. OF ENGLISH, GOVT. P. G. COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU**

An Extension lecture on the topic " Dusk to Dawn : Poetic Voices on current times South Asia and beyond " was organised by the Department of English for the Students and Faculty of Govt. P. G. College for Women, Gandhinagar, Jammu.

The Resource Person for the lecture was Dr. ChandraMohan, General Secretary, Comparative Literature Association of India and has taught literature at the Universities of Delhi, Calgary and Miami International. He is the recipient of Fulbright Senior Fellowship in Canadian Studies.

The Aim of this literary discourse is to hone the skills of the students particularly having literary taste.

The Focus of the deliberation was to voice the Covid pandemic crisis at the global level through different genres of literature. Since "Literature is the art of discovering something extraordinary about ordinary people and saying with ordinary words something extraordinary".

The Resource Person has spoken at large on the disastrous effects of corona pandemic and the challenges that the mankind has faced through beautiful poetic verses.

The interplay of pain and suffering at global level form the core of this discourse.He quoted eminent poets of this period Dr. Karan Singh, Dr. Rita Malhotra, Dr. Anamika, keki.N daruwalla.

Dr. Sangita Nagari, the Principal of the College applauded the efforts of the department and encouraged the faculty to organise such literary activities in future also to enrich the students.Dean

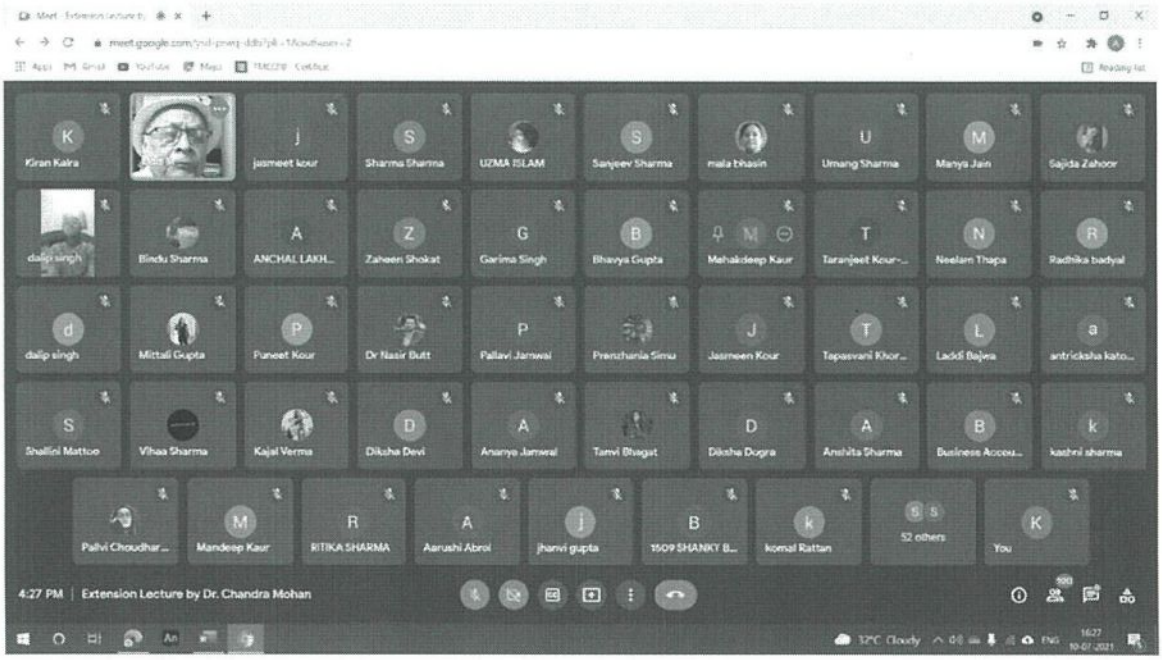
Humanities and Liberal Arts, Dr. Geetanjali Rana also appreciated this literary venture.

Earlier the Programme was initiated by Prof. Suman Bala. Dr. Suman Charak Jamwal , HOD , Dept. of English presented the Formal Welcome Address.

The delegates and participants from various universities and colleges across the country also joined this literary treat.

The programme concluded with the formal vote of thanks by Dr. Kiran Kalra.

Glimpses of the Activity


Kiran Kalra
jasmeet kour
Sharma Sharma
UZMA ISLAM
Sanjeev Sharma
mala bhasin
Umang Sharma
Manya Jain
Sajida Zahoor
dalip singh
Bindu Sharma
ANCHAL LAKH...
Zaheen Shokat
Garima Singh
Bhavya Gupta
Mehakdeep Kaur
Taranjeet Kour-...
Neelam Thapa
Radhika badyal
dalip singh
Mittali Gupta
Puneet Kour
Dr Nasir Butt
Pallavi Jamwal
Prenzhania Simu
Jasmeen Kour
Tapasvani Khor...
Laddi Bajwa
antriksha kato...
Shallini Mattoo
Vihaa Sharma
Kajal Verma
Diksha Devi
Ananya Jamwal
Tanvi Bhagat
Diksha Dugra
Anshita Sharma
Business Accou...
kashni sharma
Pallvi Choudhar...
Mandeep Kaur
RITIKA SHARMA
Aarushi Abrol
jhanvi gupta
1509 SHANKY B...
komal Rattan
52 others
You
4:27 PM | Extension Lecture by Dr. Chandra Mohan

# GOVT. P.G. COLLEGE FOR WOMEN Gandhi Nagar, Jammu

(A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

## DEPARTMENT OF ENGLISH

## Letter of Appreciation

Prof. Chandra Mohan General Secretary CLAI

WCG/8491 Dated 12.10.2021

I am writing this letter to extend my heartiest appreciation towards you for chairing a session in a Two-Day Online National Seminar on "Language, Literature and Communication Skills: A Comprehensive Approach to Human Life" organized under Literary & Language Club, by the Department of English, Govt P.G. College for Women, Gandhi Nagar, Jammu from 4th-5th October 2021.

I sincerely appreciate your concern and the time spent for deliberations which really helped the listeners and opened new perspective for available opportunities.

Best Regards,

Dr. Suman Charak Jamwal Convener, Seminar



# Govt. College for Women Gandhi Nagar Jammu

# NOTICE

30 May 2021

Greetings to All

In collaboration with Art of Living, NSS Unit of Govt PG College for Women Gandhi Nagar Jammu under the patronage of worthy Principal Dr.Sangita Nagari and supervision of NSS Programme officer Prof. Mala Bhasin organises three days workshop on Covid Care– Boosting Your Immunity by Breathing and Meditation from 1–3 of June, 2021 at 4:00pm.

- Event: 3days workshop on Covid Care– Boosting Your Immunity by Breathing and Meditation.
- From 1st to 3rd June,2021 at 4:00pm.
- Compulsory for all NSS Volunteers.
- Register yourself at the provided link: https://bit.ly/2SjVCAN

NSS Programme officer:
Prof. Mala Bhasin.

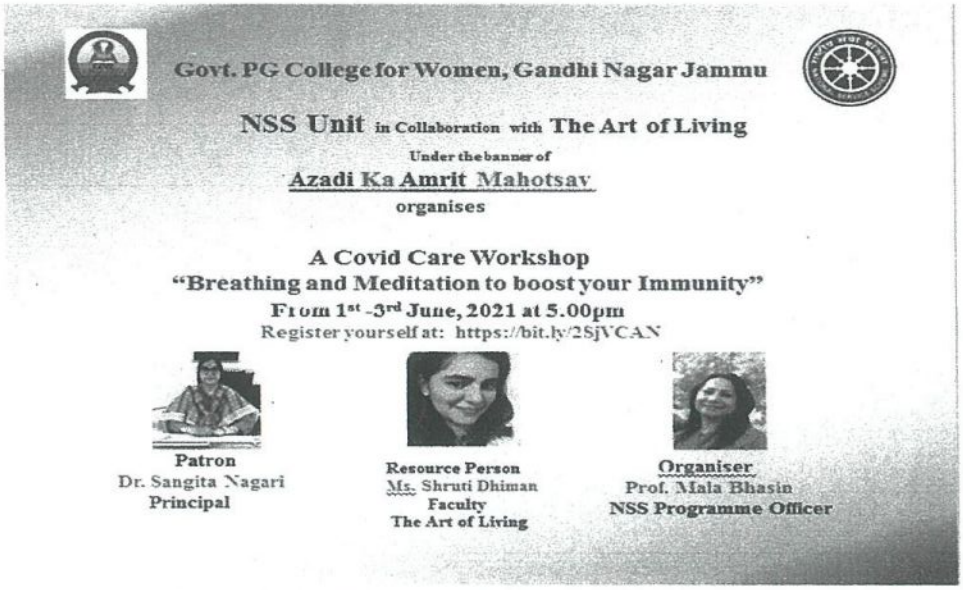
12/49 pm

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY REPORT

## Covid Care Workshop (01.06.2021- 03.06.2021)

**NSS Unit** organised **Three day's online Covid Care workshop** from 01.06.2021 to 03.06.2021 on theme –**Boost your immunity by Breathing and Meditation** for the 100 NSS volunteers in collaboration with The Art of Living. The aim of this workshop was to make aware the volunteers about the effective breathing techniques and their benefits in boosting the immune system, in relieving stress, anxiety and depression. The resource person of the workshop was Ms. Shruti Dhiman, Faculty of The Art of living.




Flyer of the 3 day's Workshop (onlone mode)

Bhasin


Principal
Surbi Singh
Shruti Dhiman
Neelika Sharma
Tanu Jaiswal
Amoksha Rasotra
Riya Choudhary 2076
mala bhasin
Manisha Raina
Urvashi devi90
Raghvi Billawria
Shruti mahajan1114
Raghvi Billawria
Arti gupta
Rishika Sharma
Mallika Choudhary
Taniya sharma
Sujagya Sharma
Kashish

Bhasin

the transfers are limited to a particular period of the financial ... tained.

# 3- Day 'Breathing & Meditation Workshop' concludes at GCW Gandhi Nagar

**EARLY TIMES REPORT**

**JAMMU**, June 3. Three day breathing and Meditation Workshop under Azadi ka Amrit Mahotsav concluded today at Government College for Women Gandhi Nagar.

The online workshop–Boost your immunity by Breathing and Meditation was organized by NSS Unit of Government PG College for Women Gandhi Nagar in collaboration with The Art of Living and under the patronage of Principal Dr. Sangita Nagari between 1st of June to 3rd of June, 2021 wherein a total of 100 volunteers participated.

The aim of this workshop was to make the volunteers aware about the effective breathing techniques and their benefits in boosting the immune system, in relieving stress, anxiety and depression.

The resource person of the programme was Shruti Dhiman, Faculty of the Art of Living. She explained the importance of correct breathing and meditation in detoxifying the body and clearing the energy channels. She also demonstrated and practiced various asanas and pranayamas viz., Bharamari, Kapal Bhati, Bhastrika, Nadi Shodan, etc. She said that breathing from the abdomen boosts respiration and ensures a rich supply of oxygen to the brain and signals that all is well. The Principal Dr. Sangita Nagari, in her virtual address, applauded the efforts of NSS PO and volunteers. She emphasized the importance of breathing and meditation in our life. She further stated that breath is the link between the body and mind. Our vital source of energy and the key to healthy and stress free living lies in right breathing and it can heal us from worries and anxieties as when we breathe correctly, we can throw out 90% of toxins from our body. She also highlighted that conducting such workshops helps the students to reduce stress levels, maintain mental hygiene and rejuvenates the body and mind.



A view of webinar.

The workshop was conducted under the supervision of NSS Programme Officer, Prof. Mala Bhasin. NSS Volunteers-Surbi Singh, Shweta Pathak, Anoksha Rasotra and Komal Gupta also contributed in the successful management of the workshop.

# 3- Day 'Breathing & Meditation Workshop' concludes at GCW Gandhi Nagar

**JL NEWS SERVICE**

**JAMMU, Jun 3:** Three day breathing and Meditation Workshop under Azadi ka Amrit Mahotsav concluded today at Government College for Women Gandhi Nagar.

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The Principal Dr. Sangita Nagari, in her virtual address, applauded the efforts of NSS PO and volunteers. She emphasized the importance of breathing and meditation in our life.

She further stated that breath is the link between the body and mind.

Our vital source of energy and the key to healthy and stress free living lies in right breathing and it can heal us from worries and anxieties as when we breathe correctly, we can throw out 90% of toxins from our body.

Tehreem

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# Govt PG College for Women Gandhi Nagar Jammu

# NOTICE

## (2nd July, 2021)

~~2073(B.A)~~ 2 July 2021 / 21 am

Govt. PG College for Women Gandhi Nagar Jammu
in collaboration with
Mahatma Gandhi National Council of Rural Education (MGNCRE)
Department of Higher Education,
Ministry of Education, Govt. of India
organizes
Workshop on Guidance for Psychosocial Counselling and

flyer -MGNCRE.pdf
1 page • 295 kB • PDF

9:17 am

Dear Volunteers
We are going to organise a national level lecture tomorrow at 11:00am, you are directed to fill the registration form to attend this lecture.All other details are in flyer. So quickly fill the registration form.

Regards:
Prof. Mala Bhasin
NSSPO

9:21 am

Govt. PG College for Women Gandhi Nagar Jammu
in collaboration with
Mahatma Gandhi National Council of Rural Education (MGNCRE)
Department of Higher Education,
Ministry of Education, Govt. of India
organizes

Workshop on Guidance for Psychosocial Counselling and
Covid Helper Skills Support
On 3rd July, 2021 at 11: 00am
Join us at https://meet.google.com/uda-kpkx-nmh



Patron
Dr. Sangita Nagari
PRINCIPAL



Resource Person
Mr. Ajay
MGNCRE, GOI



Organizer's
Prof. Mala Bhasin NSSPO
Prof. Suman Bala ANO

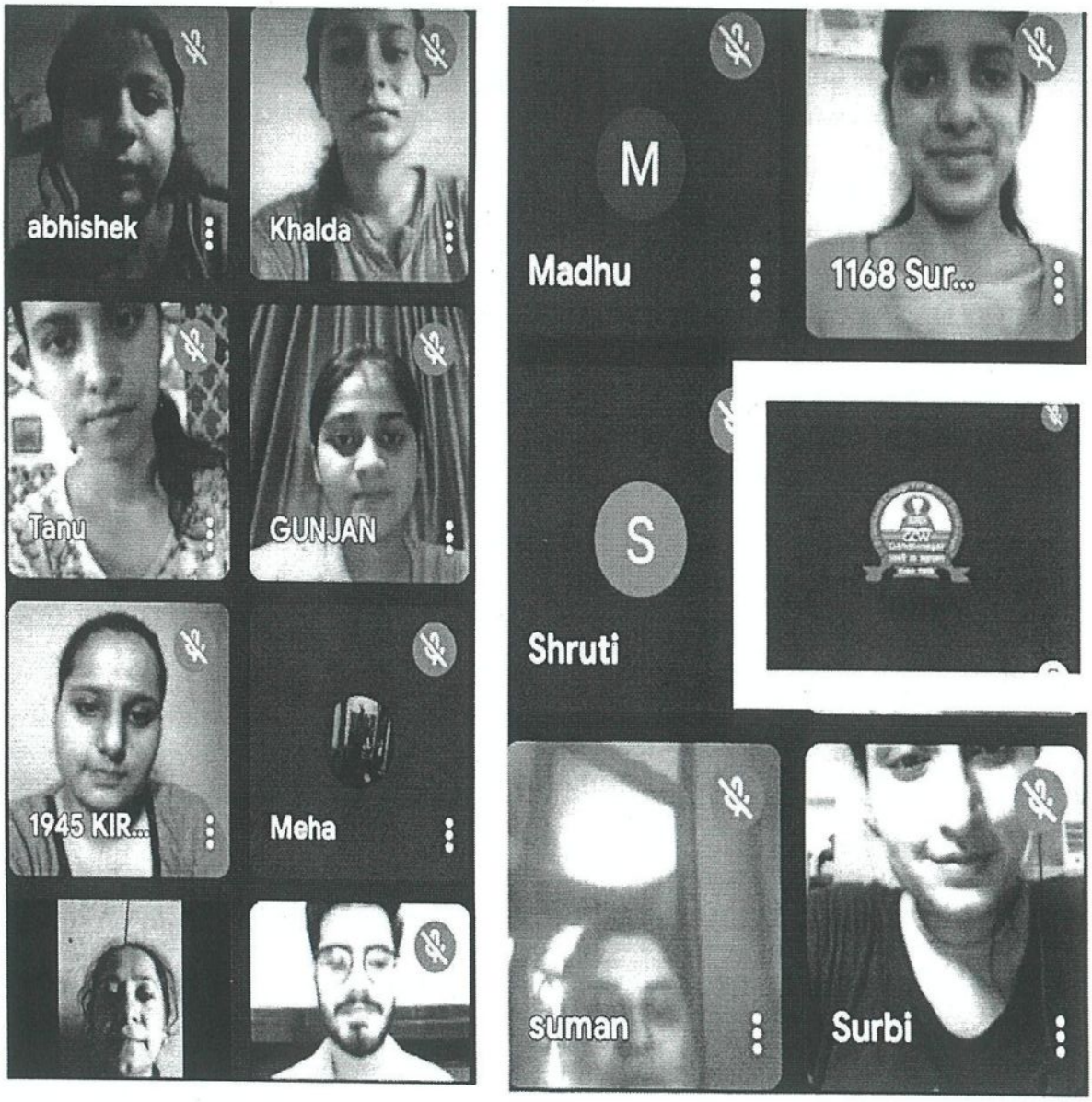
## Govt PG College for Women Gandhi Nagar Jammu

## Activity Report

## Workshop on Developing Covid Helper Skills (03.07.2021)

An Online Workshop on "Guidance for Psycho-social Counselling and Covid Helper Skills Support " was conducted by NSS Unit and NCC 2 J&K Girls Bn. Jammu in Collaboration with Mahatma Gandhi National Council of Rural Education, Ministry of Higher Education , Govt. of India on 3rd July, 2021 wherein 98 NSS volunteer and NCC Cadets participated along with 9 faculty members. The main objective of this Workshop was to create Teams who will voluntarily help the Covid patients and aid them emotionally and psychologically. Mr. Ajay from MGNCRE, the Resource person of the session, explained the various methods to acquire skills of a Covid Helper in an interesting and interactive manner. He also apprised the participants about psycho-social techniques to help Covid patients to win over their stress and anxiety. The Programme was coordinated by Prof. Mala Bhasin, NSS Programme Officer and Prof. Suman Bala, Associate NCC Officer.

Bhasin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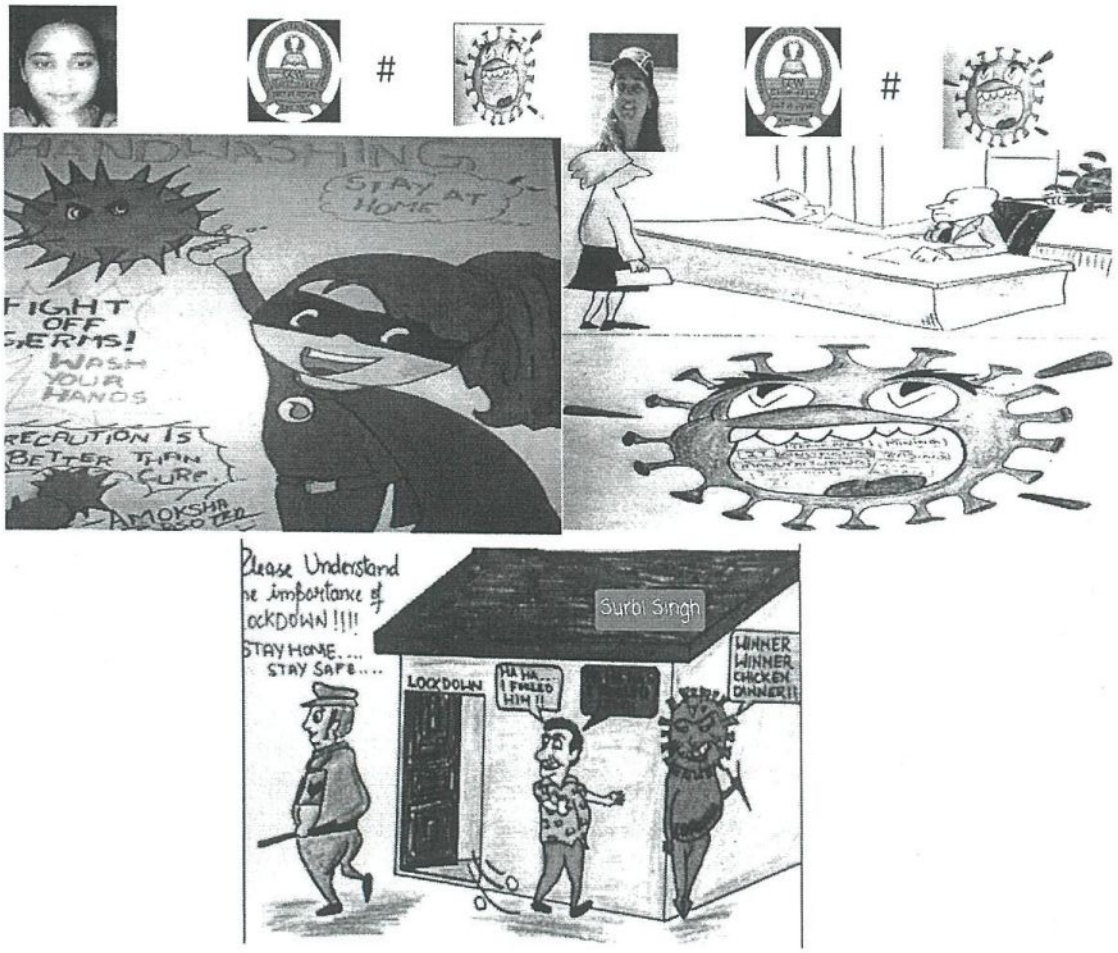
# ACTIVITY OUTCOME

**1.** The main objective of this workshop was to create teams of the students who will voluntarily help the Covid-19 patients and aid them emotionally and psychologically.

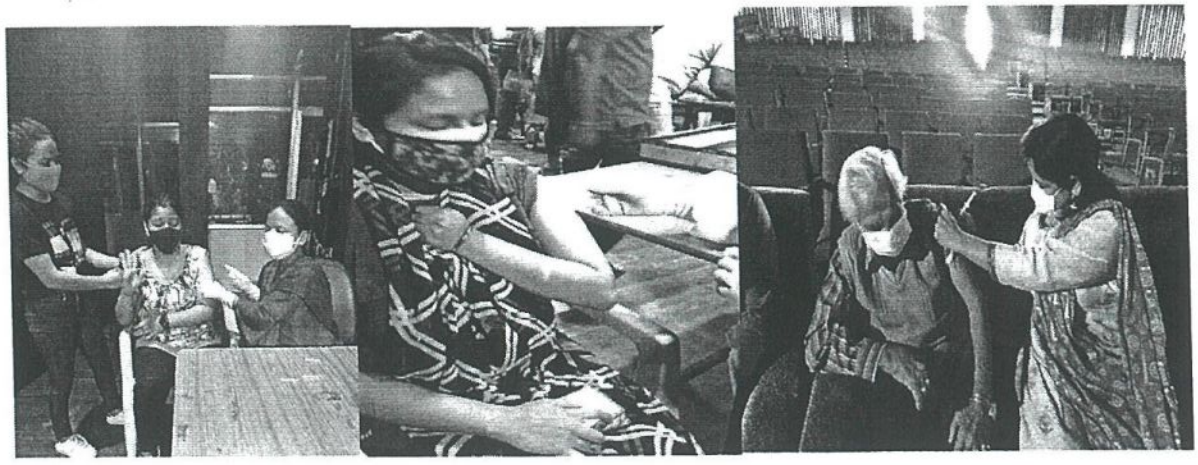
**2.** Volunteer teams created awareness regarding Covid -19 through Poster Making and a video of the posters was uploaded on different social media handles.



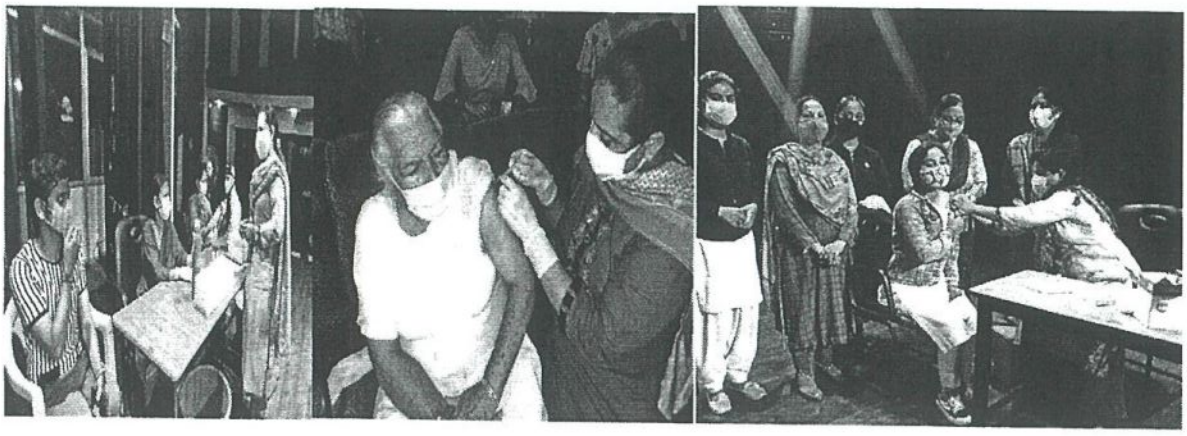
**3.** Students made videos of how to wear double masks during the second wave of Covid-19 and posted them on social media for mass awareness.




**4.** Two Vaccination Drives were conducted in the premises of the college. Keeping in view all the Covid-19 protocols, Vaccination Teams comprised of Prof. Mala Bhasin (NSSPO); Prof. Suman Bala (ANO) and 10 volunteer students in each team. In collaboration with District Administration and Department of Family welfare, MCH and immunization, about 900 people were vaccinated in the first drive whereas almost 2000 students were vaccinated in the second drive.



Bhasin



5. The students involved themselves voluntarily during this pandemic situation to help the affected to come out of the crisis and start a fresh. The NSS and NCC, both the volunteer organizations inculcate the emphatic qualities in the volunteers/ cadets and hence the Noble Work never ends.

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तारीख / Date 27.8.2021
ज्ञापन संख्या / Memo no. MGNCRE/SAP/HP/26

भारत सरकार / Government of India
[illegible] / Mahatma Gandhi National Council of Rural Education
[illegible] / Department of Higher Education
[illegible] / Ministry of Education

## *Certificate of Appreciation*

This is to certify that Prof. Mala Bhasin from Govt. PG College for Women Gandhi Nagar Jammu coordinated in formation of five student volunteer team in the area of Hospital Management, Non-Hospital Management, Support to Covid affected families, Medical Supplies, Psychosocial support to Covid patients and their family members as a part of Beat Covid Campaign initiative of MGNCRE, Ministry of Education Government of India. Her extraordinary efforts are highly appreciated.

| | | |
|---|---|---|
| Mr. Samarth Sharma<br>Programme Coordinator<br>MGNCRE, Ministry of Education<br>Government of India | Dr. Shatrughan Bhardwaj<br>Regional Coordinator<br>MGNCRE, Ministry of Education<br>Government of India | Dr W G Prasanna Kumar<br>Chairman<br>MGNCRE, Ministry of Education<br>Government of India |

सत्यमेव जयते

# Certificate

Where there is Rural Wellbeing there is Universal Prosperity

**This is to certify that Govt.PG College for Women Gandhi Nagar, Jammu is now recognized as Swachhta Action Plan Institution. The Institution has successfully formed the Swachhta Action Plan Committee and constituted the working groups Post COVID-19 for Sanitation & Hygiene, Waste Management, Water Management, Energy Management and Greenery along with the observation of two environment related days to inculcate in faculty, students and community, the practices of Swachhta and Reduction, Reuse and Recycling of Resources.**

**Dr. W G Prasanna Kumar**
**Chairman**

Mahatma Gandhi National Council of Rural Education
Department of Higher Education, Ministry of Education
Government of India

Cert SAP MGNCRE/Mob/September/2021

(310)

Govt. College for Women Gandhi Nagar Jammu

# NOTICE

**Date: 15.11.2021**

NSS Units is going to celebrate Communal Harmony Week and Flag Day from 19- 25th of November, 2021in blended mode. All the volunteers are directed to participate and give their names in the NSS group by tomorrow.

**NSS UNIT**
of
**Govt. PG College for Women Gandhi Nagar Jammu**
organises

**Communal Harmony Campaign Week and Flag Day- 2020**
**( 19th - 25th of November)**

Events:
**Poster Making -19.11.2020**
**Essay Writing: 21.11.2020**
**Know My Jammu & Kashmir: 23.11.2020**
**Slogan Writing-20.11.2020**
**Music for Harmony- - 22.11.2020**
**Quiz - 24.11.2020**
Funds Raising on Flag Day- 25.11.2020



**Patron**
Prof. (Dr. Sangita Nagari
**(Principal)**



**Coordinator**
Prof. Mala Bhasin
**(NSS Programme Officer)**

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**Govt. College for Women Gandhi Nagar Jammu**

**Activity Report**

NSS Units of Govt. College for Women Gandhi Nagar observed Communal Harmony Week and Flag Day from 19- 25th of November, 2021 in order to promote the ethos of communal harmony and national integration. A week-long series of activities were organised for NSS volunteers under the patronage of worthy Principal Dr. Sangita Nagari and supervision of NSS Programme Officer- Prof. Mala Bhasin. With the common theme- Communal Harmony and National Integration", the online and offline activities of Poster Making, Slogan Writing, Essay Writing, Cleanliness drive, Rangoli Making, Debate- were organized wherein 30 volunteers showcased their creativity and talent. Applauding the efforts of NSS PO and volunteers, Principal Dr. Sangita Nagari impressed upon the volunteers that they should work for the betterment of the society and nation as whole. She emphasized the need for co-operation and unity to develop peace and harmony through self- confidence and positive thinking. The week long programme concluded on 25.11.2021 with activity- "Fund raising on Flag day" in which the volunteers participated very enthusiastically and raised voluntary donation for the noble cause. A common collage of activities was also posted at different social media platforms.

Government College For Women Gandhinagar
GCW Gandhinagar
असतो मा सद्गमय
Estd. 1959

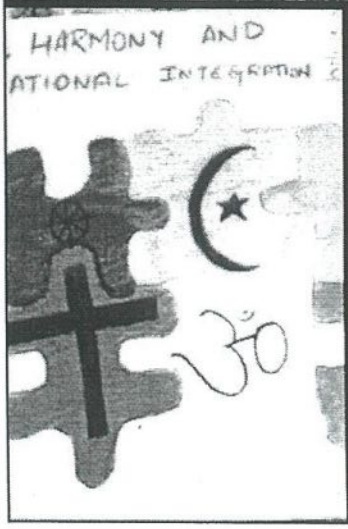
# Communal Harmony Week & Flag Day-2021

## (19.11.2021 To 25.11.2021)

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

**Event- 1 Poster Making ( Handmade)**
**( 19.11.2021)**







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Government College For Women Gandhinagar
GCW Gandhinagar
असतो मा सद्गमय
Estd. 1969

# Communal Harmony Week & Flag Day-2021

(19.11.2021 To 25.11.2021)

## Event-2 Slogan Writing (20.11.2021)

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME




- PROGRESS RESTS ON PEACE, DESTRUCTION RESTS ON DIVISIONS, FORGIVING COLLECTIVENESS IS OUR ONLY VISION.

A COMMUNITY DIVIDED IS NATION DIVIDED
A COMMUNITY UNITED IS A NATION ENLIGHTENED
COMMUNALISM IS A BANE.
WE ARE ALL ONE.
ONE AND THE SAME.

TO SURVIVE IN PEACE & HARMONY
UNITED AND STRONG, WE MUST
HAVE, ONE PEOPLE, ONE NATION

(314)

# Communal Harmony Week & Flag Day-2021

## (19.11.2021 To 25.11.2021)

## Event-3 Essay Writing (21.11.2021)

### COMMUNAL HARMONY AND NATIONAL INTEGRATION

India is a country consisting of people from different backgrounds, mixed cultures, and various religious practices. It brings in a harmony of varied diversities together in its land, so it would be a great feeling if India could properly implement the idea of National Integration.

National Integration refers to the perception of single national identity among people of a country belonging to various races, castes and religion.

Communal Harmony refers to the harmony, acceptance and love among the people of various communities belonging to different castes, races and religion.

Communal Harmony is the most important pre-condition for feeling of Unity and National Integration in India.

India has witnessed a great diversity of faith and religion from the earliest times, but this has not interfered with the peaceful pursuit of the ways of life of different sections. Christians and Jews who came to India in the first century of the Christian era found hospitable reception here. After several centuries, the Parsis and Muslims received equal reception. Ever since then, India has been marked by the prosperity of communities belonging to different religions. The people of India values the importance of National Integration.

The dictum of catholicity of Indian Culture, 'live and let live', have been forged through ages, different religious races and cultures of the vast country into a united concept of oneness that is India. It was this inherent unity and communal harmony which enabled India to fight against the British might as one man for freedom.

The Preamble to the Constitution described India as a Sovereign Socialist Secular Democratic Republic and secures to all citizens liberty of thought, expression belief, faith and worship Articles 25 to 30, in particular, guarantee to everyone the right of freedom of religion, freedom of conscience and the right freely to profess, practice and propagate religion.

Conclusion It is the sacred duty of our political leaders to inject the importance of communal harmony in their political programs. The danger of communalism can be averted if the self-defeating and suicidal slogans like 'my state, my language, my caste and after all my religion' are supreme, give way to the noble sentiment of India first and last and always. It will integrate our emotions and aspirations and ensure Communal Harmony and National integration of the country. Then the slogan 'unity in diversity' will be true and be our hopes and aspirations.

NSS volunteer
Nirmaljeet kour
B.A 5th sem.
1641

### Communal harmony and national integration

*We are only as strong as we are united, as weak as we are divided*

National integration refers to the perception of single national identity among people of a country belonging to various races, castes and religion; communal harmony refers to the harmony, acceptance and love among the people of various communities. The National Integration Council (NIC) was formed under the guidance of Prime Minister Jawaharlal Nehru (1961). The main vision of this is to make India free from communal and all other forms of violence where all citizens live together. The mission is to promote communal harmony, strengthening National Integration and fostering unity in Diversity.

**"UNITY IS STRENGTH"**

By MELIHA MUSHTAQ (NSS volunteer)

Sem. 3rd

Course: BA

Roll no: 2081

### ESSAY-COMMUNAL HARMONY&NATIONAL INTEGRATION

*"A community divided is nation divided,a community united is a nation enlightened." Communal harmony is the most important precondition for feeling of unity and national integration in India.*

*Communal harmony refers to the harmony,acceptance and love among the people of various communities belonging to different castes,races and religion.*

*National Integration refers to the perception of single national identity among people of a country belonging to various races,castes and religion.*

*The dictum of catholicity of Indian Culture,'live and let live',have been forged through ages different religions races and cultures of the vast country into a united concept of oneness that is India. It was this inherent unity and communal harmony which enabled India to fight against the British might as one man for freedom. The people of India values the importance of National Integration.*

*National integration builds the power of togetherness. National integration promotes strength and power of the country. National integration refers to the unity and integrity of the nation. There is diversity in the culture,traditions,customs and languages of the people,but we are all united as Indians. A nation's growth and development depends on its unity and integrity. Without national integration a nation cannot have the strength and power to forge ahead and make sustainable progress. National integration lies as the foundation of a nation for its social and economic well being,progress and prosperity.*

*Communal harmony is the principle of peace and harmony existing amongst various religious communities free from violence and hatred. It involves toleration and respect for each other's belief such that non-violence prevails. There are some incidents of commual disharmony like;Bharuch riots,Anti-Sikh riots,Bombay riots,Gujarat riots,Muzzafarnagar riots. Communal harmony is necessary for country. Equality is an essential aspect of communal harmony,along with acceptance. Communal harmony day or Sadhbhavna Diwas celebrates this idea on 20th august of every year in India.*

*"DON'T HATE,APPRECIATE"*

### HARMONY

**Introduction** -

*Communal Harmony is necessary for every nation. Only if there is peace and harmony in the country can it grow. India is known to maintain communal harmony even as people of different religions and castes reside here. It is known for its secular ways. The state does not follow any official religion. It gives its citizens the freedom to choose their religion and change it at any time. Strict action is taken against individuals or groups who try to tamper with the communal harmony of the country.*

**Conclusion** -

Tharsis

Government College For Women Gandhinagar
GCW Gandhinagar
असतो मा सद्गमय
Estd. 1969

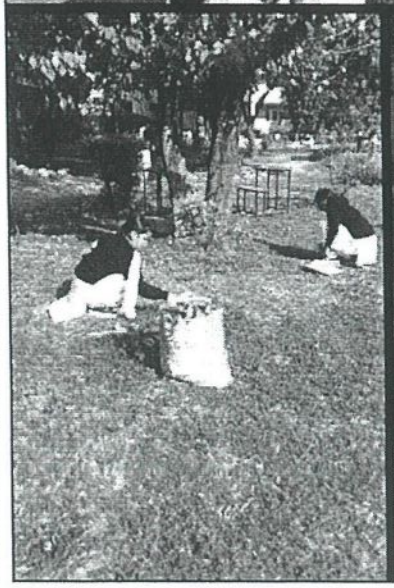
# Communal Harmony Week & Flag Day-2021

(19.11.2021 To 25.11.2021)

## Event- 4 Cleanliness Drive (22.11.2021)

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME







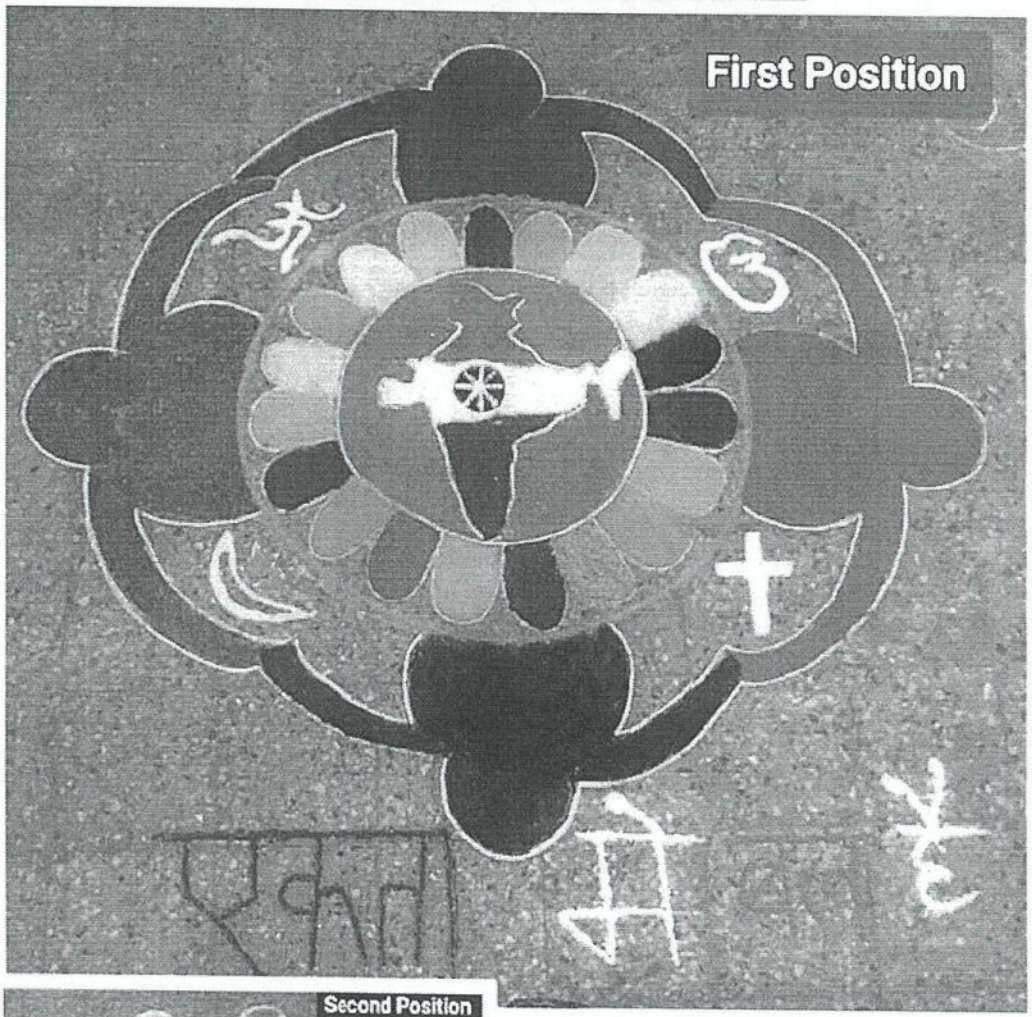
Government College For Women Gandhinagar
GCW Gandhinagar
असतो मा सद्गमय
Estd. 1959

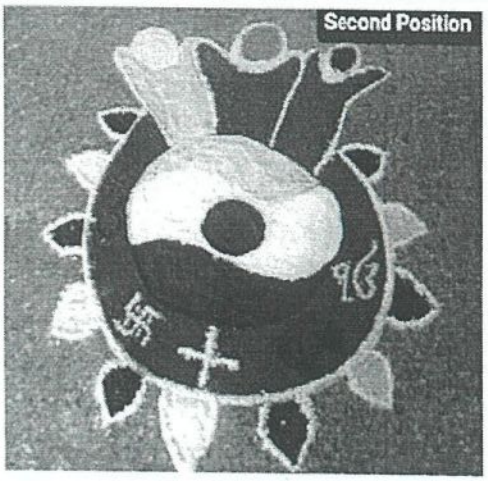
# Communal Harmony Week & Flag Day-2021

(19.11.2021 To 25.11.2021)

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

## Event- 5 Rangoli Making Competition (23.11.2021)



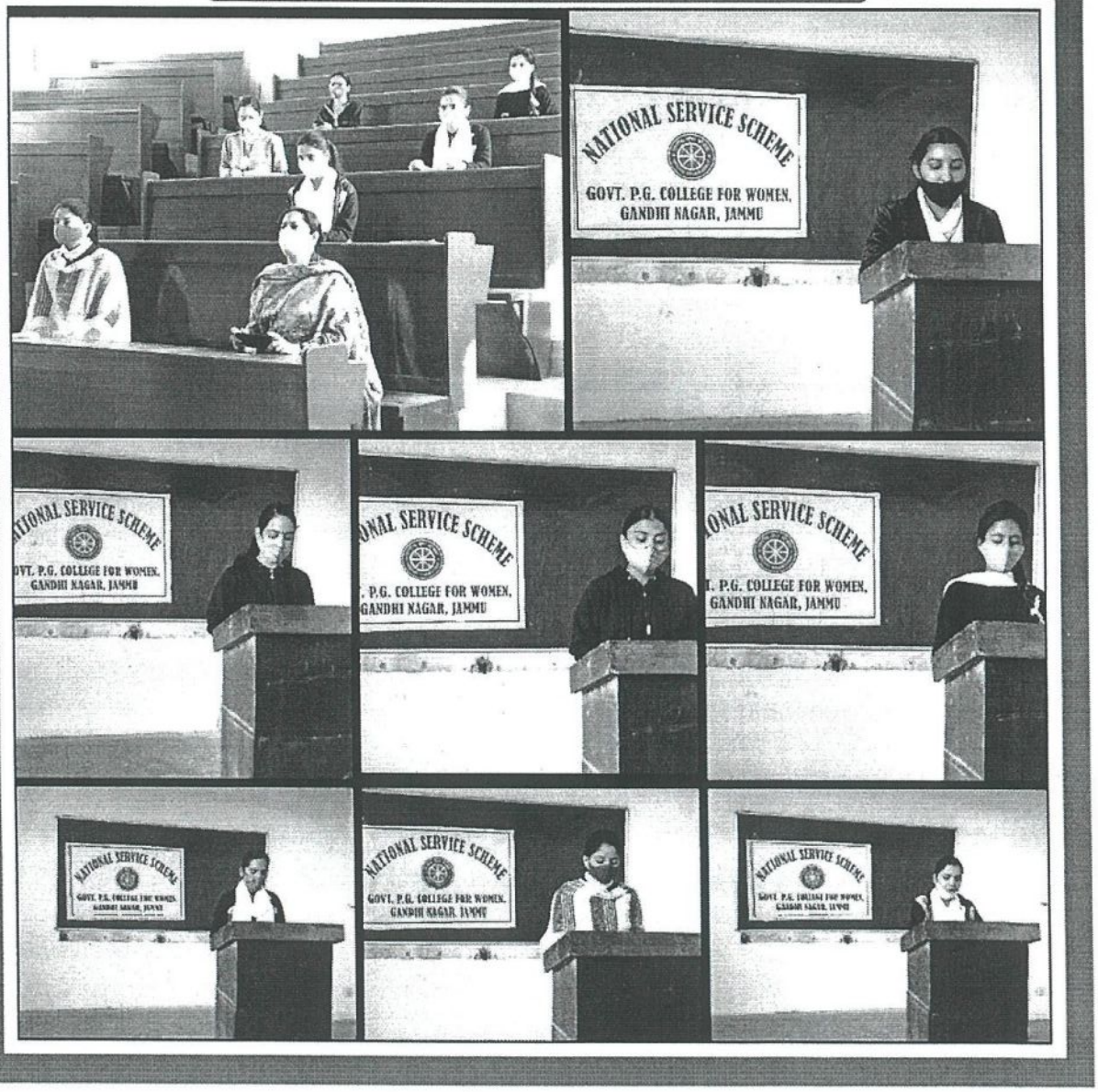






# Communal Harmony Week &Flag Day-2021

## (19.11.2021 To 25.11.2021)

## Event-6 Two to Three Minute Speech



# Communal Harmony Week & Flag Day-2021

## (19.11.2021 To 25.11.2021)

## Event-7 Fund Raising on Flag Day



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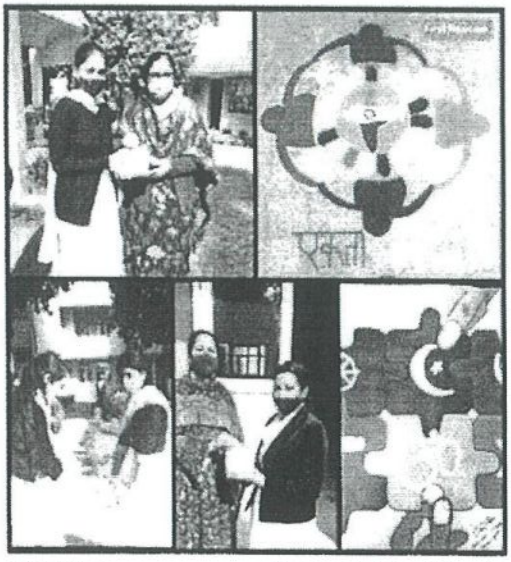
# Communal Harmony Week, Flag Day



YB News
Jammu, Nov 25

A week-long series of activities were organised by NSS Units of Government PG College for Women Gandhi Nagar to observe Communal Harmony Week and Flag Day from 19- 25th of November to promote the ethos of communal harmony and national integration. The NSS volunteers under the patronage of Principal Dr. Sangita Nagari and supervision of NSS Programme Officers- Prof. Mala Bhasin and Dr. Monika Hans hosted a series of activities on the common theme- Communal Harmony and National Integration

The online and offline activities hosted by the college included Poster making, Slogan Writing, Essay Writing, Cleanliness drive, Rangoli Making and a Debate competition which witnessed participation of 30 volunteers

Applauding the efforts of NSS POs and volunteers, Principal Dr. Sangita Nagari impressed upon the volunteers to work for the betterment of the society and nation as a whole. She emphasized the need for cooperation and unity to promote peace and harmony. The week-long programme concluded with Fundraising on Flag Day. The volunteers participated enthusiastically and collected donations for the noble cause. A common collage of activities was also posted at different social media platforms.

# GPGCW Gandhi Nagar organises serie of online, offline activities

Earth News Service

**Jammu, Nov 25** A week long series of activities were organised by NSS Units of Government PG College for Women Gandhi Nagar to observe Communal Harmony Week and Flag Day from 19 25th of November to promote the ethos of communal harmony and national integration

The NSS volunteers under the patronage of Principal Dr Sangita Nagari and supervision of NSS Programme Officers Prof. Mala Bhasin and Dr Monika Hans hosted a series of activities on the common theme Communal Harmony and National Integration

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Bhasin

**Govt. College for Women Gandhi Nagar Jammu**

# NOTICE

**Date: 26.06.2021**

NSS Unit in collaboration with Sparkle Women Club is going to celebrate Van Mahotsav by organizing a mega Plantation Drive on 5th July 2021 in the College Campus. Due to Covid -19, senior volunteers (10 only) are directed to give their names in the NSS group for the above event by tomorrow.

Prof. Mala Bhasin
NSS Programme officer

# ACTIVITY REPORT

## Plantation Drive (05.07 2021)

NSS Unit conducted mega plantation drive in collaboration with Sparkle Women Club Jammu under the patronage of Dr. Sangita Nagari, Principal of the College and supervision of NSS Programme Officer, Prof. Mala Bhasin. About 200 plants Medicinal and Fruit saplings were planted by a team of 10 senior NSS volunteers, 10 Faculty and 16 members of the club.















Thanks!

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**Padma Shri Padma Sachdev**

**Govt. College for Women Gandhi Nagar Jammu**

# NOTICE

22 May 2022

NOTICE
International Day for Biodiversity 2022

■ Theme:
Building a shared future for all life

Event –DIGITAL POSTER MAKING

*The event is for all the semesters i.e.1st, 3rd and 5th.

*Time of submission: All enteries should be submitted before 3 PM on 22nd May in this whatsappgroup.
https://chat.whatsapp.com/LIUYN75a48D3HsZnHTXjvP
NSS PO:
Prof. Mala Bhasin 9:24 am ✓✓

NOTICE

All the NSS Volunteers are directed to participate in Cleanliness Drive in the College followed by Welcome To Our New Principal Prof. Minu Mahajan, tomorrow on 23.05.2022 at 10:00am.
*The event is compulsory for volunteers of all the semesters i.e.1st, 3rd and 5th.
* Refreshment shall be served to the participants.

NSS PO:
Prof. Mala Bhasin 6:09 pm ✓✓

## Padma Shri Padma Sachdev

## Govt. College for Women Gandhi Nagar Jammu

## Activity Report

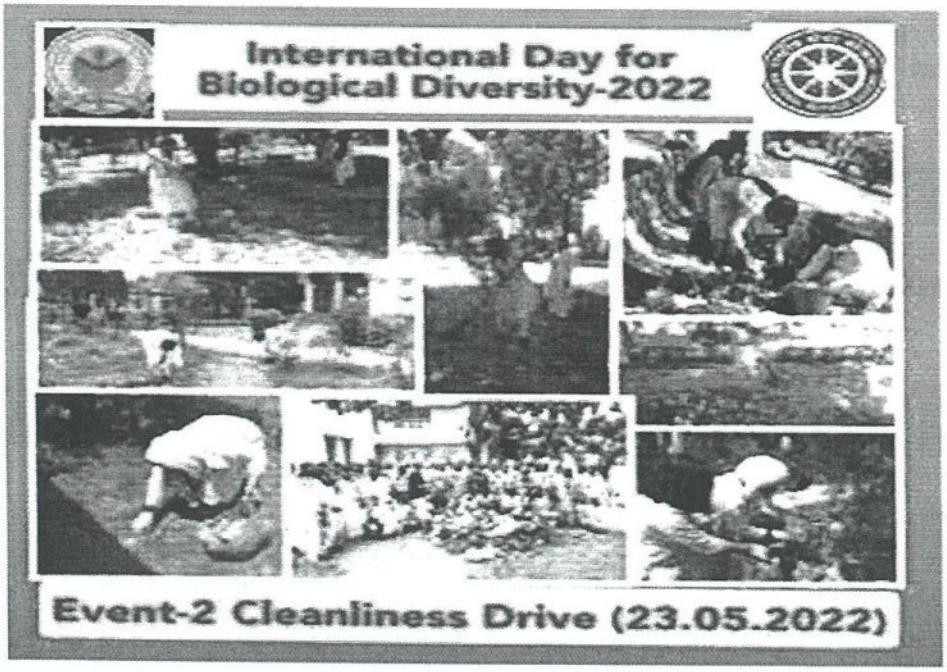
### International Day for Biological Diversity (22nd - 23rd May,2022)

NSS Unit-1 organised two days event to celebrate "International Day for Biological Diversity" under the patronage of worthy Principal Prof. Minu Mahajan and supervision of NSS Programme Officer Prof. Mala Bhasin. The theme of this year is "Building a shared future for all life" which emphasizes hope, solidarity and the importance of working together at all levels to build a future of life in harmony with nature.

A Digital Poster Making Competition on the theme- Building a shared future for all life, was organised on 22nd May, 2022, wherein 28 volunteers showcased their creative talent. The posters were adjudged by NSS Committee members- Dr. Harjeet Kour Sodhi, Prof. Sugandha Mahajan and Prof. Abhinav Sharma. The first and second positions were bagged by Anuradha Sharma of BSc. Sem.-1st and Nirmaljeet Kour of BA Sem.-5th whereas Haspreet Kour of BSc.Sem.-1st got third position. A Cleanliness drive was also organised on 23rd May, 2022 in the College Campus wherein 57 volunteers participated actively and cleaned the campus. They collected the waste in paper/ cloth bags and disseminated the message of saving the environment by reducing the plastic use in our daily routine.

Prof. Minu Mahajan, Principal of the College, appreciated the efforts of NSS Programme Officer for organizing the events with great zeal and enthusiasm. She encouraged the students to make a plan to take action so as to make our mother planet a happier and healthier place to live for all life. The Cleanliness drive was coordinated successfully by Senior Volunteers- Shriya Kalla and Gunjan Rajput.


International Day for
Biological Diversity-2022
INTERNATIONAL
BIODIVERSITY DAY
Event-1 Digital Poster Making (22.05.2022)


International Day for
Biological Diversity-2022
Event-2 Cleanliness Drive (23.05.2022)

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Govt. College for Women Gandhi Nagar, Jammu

# ACTIVITY REPORT

ON

# DESH BHAKTI GEET COMPETITION

Govt. College for Women

Gandhi Nagar, Jammu

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## Notice

## 26-12-2021

Dear Students,

As part of the 'Azadi ka Amrit Mahotsav' celebrations and under the banner of 'Know your Constitution,' the Department of Music, in collaboration with IQAC, is organizing a **'Desh Bhakti Geet'** competition. This event aims to foster patriotism and showcase the zeal and enthusiasm of our students towards our beloved motherland.

Details of the event are as follows:

Date: 29-12-2021 Time: 12:00 P.M. Venue: Online mode

We invite all interested students to participate and showcase their singing talents by performing patriotic songs like "Teri mittimai mil javan," "Mera Desh Mera Mulk," "O Des mere," "Salam un Shaheedon ko jo kho gye," and "Ae mere watan ke logon."

To participate, please register your name with Prof. Priyanka Sharma (H.O.D. Dept. of Music).

We encourage every student to come forward and be a part of this celebration of our progressive India and its glorious history. Your participation will make this event even more vibrant and meaningful.

We look forward to your enthusiastic participation.

Best regards,

Dr. Priyanka Sharma

Head

Department of Music

G C W Gandhi Nagar, Jammu

Govt. College for Women

Gandhi Nagar, Jammu

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## Activity Report: 'Desh Bhakti Geet Competition'

The Department of Music, Padma Shri Padma Sachdev Government P.G College for Women, Gandhi Nagar Jammu, in collaboration with IQAC, proudly presented the 'Desh Bhakti Geet' competition as part of the grand 'Azadi ka Amrit Mahotsav' celebrations. Under the esteemed patronage of the revered Principal, Dr. Sangita Nagari, this online event embodied the spirit of patriotism and love for our motherland. Dr. Sangita Nagari commended the students for their unwavering patriotic spirit, praising their fervor and enthusiasm towards the nation. The competition witnessed a magnificent showcase of talent, as the participants showcased their deep love for the country through soul-stirring renditions of iconic patriotic songs.

Priya Kumari, a brilliant talent from the 3rd semester, claimed the prestigious first position, while NavleenKour from the 5th semester secured the deserving second position. In a delightful turn of events, the third position was shared between Prachi Sudan from the 3rd semester and Vaishnavi Sharma from the 1st semester. The event also featured commendable performances by Reetika Sharma, JanpreetKour, and Mancy from the 3rd semester, as well as Siya Devi, Tanu Devi, HarpreetKour, and Sneha Devi from the 1st semester.

This extraordinary event was meticulously organized under the esteemed guidance of Dr. Sujata Salathia, HOD Economics, in perfect coordination with Dr. Priyanka Sharma, HOD Music. The distinguished panel of judges, Dr. Priyanka Sharma and Prof. Rahul Kumar, expertly evaluated the performances, adding a touch of professionalism and expertise to the proceedings.

It is essential to highlight that the 'Azadi ka Amrit Mahotsav' is an illustrious initiative by the Government of India, dedicated to commemorating the glorious 75 years of progressive India, celebrating its incredible achievements, rich culture, and the remarkable history of its people.

This event, a heartfelt tribute to the nation, stood as a testament to the remarkable talent and deep-rooted passion that thrives within the students of Padma Shri Padma Sachdev Government P.G College for Women, Gandhi Nagar Jammu. Their soulful renditions and unwavering love for the motherland left an indelible mark, symbolizing the essence of patriotism and unity. 12 students participated in the competition.



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## naugurates nt

ing his round to the hospi- e interacted with patients mergency and medicine and enquired about the es being provided to

appreciated the role of hcare workers during the wo years in the wake of 3-19 and asked them to nue to serve the ailing nity with a missionary

He said that being a hcare worker is a blessing everyone should put in best s to come upto the expec- ns of the patents.

ncipal and Dean, GMC nu, Dr. Shashi Sudhan ma, informed that major vement in terms of infra- ure like 100 bedded new gency block, DRDO hospi- /CH hospital, oxygen gen- n plants, oxygen support- eds, ventilators and critical beds for pediatrics and patients has been ved during the last one and many major projects State Cancer Institute, and Joint Hospital, 275 ed additional block, upgra- n of Chopra Nursing Home humping/sanitation system IC are likely to be complet- 2022.

## Women College Gandhi Nagar organizes 'Desh Bhakti Geet' competition

GJ REPORT

JAMMU, DEC 29: The Department of Music, Padma Shri Padma Sachdev Government P.G College for Women, Gandhi Nagar Jammu, in collaboration with IQAC under the banner 'Know your Constitution' as a part of 'Azadi ka Amrit Mahotsav' organised 'Desh Bhakti Geet' competition in online mode under the patronage of worthy Principal Dr. Sangita Nagan.

On this occasion she appreciated the students for their patriotic spirit and their zeal and enthusiasm towards motherland.

In this competition First position was bagged by Priya Kumari of 3rd semester, Second position was bagged by Navleen Kour of 5th semester where as Third position was shared between Prachi Sudan of 3rd semester and Vaishnavi Sharma of 1st semester.

Other students who participated in the competition are Reetika Sharma, Janpreet Kour and Mancy of 3rd semester and Shye Devi, Tanu Devi, Harpreet Kour and Sneha Devi of 1st Semester. Teri mitti mai mil jawan, Mera Desh Mera Mulk, O Des mere, Salam un Shaheedan ko jo kho gye, Ae mere watan ke logan songs were sung by the students with great zeal and passion for their motherland.

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Govt. College for Women Gandhi Nagar, Jammu

# ACTIVITY REPORT

ON

## ANNUAL VEERANNA DEBATE COMPETITION

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Govt. College for Women

Gandhi Nagar, Jammu

# Notice

Date: 01/03/2022

Invitation to Participate in Annual Veerana Aivalli Memorial Debate Competition

Dear Students,

We hope this notice finds you in good health and high spirits. We are pleased to announce the upcoming Annual Veerana Aivalli Memorial Debate Competition, organized by DSW, University of Jammu. This prestigious event aims to promote intellectual discourse and enhance your debating skills.

Event Details: Date: 11th March, 2022 Time: 11.00 A.M. Venue: Brigadier Rajinder Singh Auditorium, University of Jammu

Topic: "In the Opinion of the House, it is the Culture of sports and not just Government Policy that can improve Indian Medal Tally at Olympics-2024."

We invite all interested students to participate in this exciting competition. This is an excellent opportunity for you to showcase your talent, critical thinking abilities, and public speaking skills. By participating, you will not only gain valuable experience but also have a chance to win recognition and prizes.

Students may submit names to Prof. Chetna Mahajan.

We look forward to your enthusiastic participation and seeing you at the Annual Veerana Aivalli Memorial Debate Competition.

Convenor
Convenor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

23.05.22

Principal
Padma Shri Padma Sachdev
Govt. College for Women
Gandhi Nagar
Jammu (J&K)

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Govt. College for Women

Gandhi Nagar, Jammu

## Activity Report: Annual Veerana Aivalli Memorial Debate Competition

On March 11, 2022, The Padma Shri Padma Sachdev College for Women organized the 20th Annual Veerana Aivalli Memorial Debate Competition at the Brigadier Rajinder Singh Auditorium, University of Jammu. The competition aimed to foster intellectual discourse and improve the debating skills of the participants.

After the successful completion of the event, a felicitation ceremony was held on the college campus to honour the winners. The Principal of the college, Prof. (Dr.) Sangita Nagarl, extended her warm congratulations and motivation to the participants and the faculty associated with the competition. In her speech, she expressed her admiration for the hard work and dedication exhibited by the students, considering it a proud moment for the institution. She encouraged the students to build upon their achievements and continue striving forward with the same level of dedication and commitment, emphasizing the importance of becoming valuable citizens of the country.

The topic of the debate competition was "In the Opinion of the House, it is the Culture of sports and not just Government Policy that can improve Indian Medal Tally at Olympics-2024." A total of 29 teams participated, representing different semesters of the college.

The team consisting of Ojasvi Dubey from Semester 1 and Mahroash Malik from Semester III represented the college. Ojasvi Dubey was awarded the Consolation Prize for her commendable performance.

The participants were guided and mentored by Dr. Surjit KourRaina, the convener of the Literary Committee, along with Prof. Chetna Mahajan and Prof. Paramjeet Singh. The presence of Dr. Revika Arora, coordinator CLUJ, and Dr. Javed Iqbal, Assistant Dean CLUJ, added further significance to the occasion.

The felicitation ceremony not only recognized the winners but also appreciated the efforts of all the participants. It served as a platform to acknowledge their hard work, critical thinking abilities, and public speaking skills.

The event concluded with a sense of accomplishment and pride, as the participants and faculty members were recognized for their dedication and contributions. The Annual Veerana Aivalli Memorial Debate Competition has once again showcased the college's commitment to fostering intellectual growth and nurturing talented individuals.

Overall, the competition and the subsequent felicitation ceremony proved to be a grand success, promoting a culture of academic excellence and encouraging students to engage in meaningful debates and discussions.

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[illegible]

[illegible] honorarium were being subjected to gross injustice by reducing the said amount to Rs. 4000. He said that the honorarium of VDGs should be equivalent to minimum wages as being paid in [illegible] than 4000 and having around 27000 members. The honorarium paid to the VDC SPOs was equally distributed amongst the VDC members as per the prevalent practice. The said practice [illegible] of the people, were used by the Saffron party in its election campaigns for political gains. He regretted that after assuming power it ruthlessly ignored and disregarded them like disposable com- [illegible] sers also [illegible] where their [illegible] which should

# GCW, Gandhi Nagar felicitates Prize winners of Annual Veerana Aivalli Memorial Debate Competition

NEWSPOINT BUREAU
*Jammu Times, March 15*

PADMA SHRI Padma Sachdev Govt. P.G. College for Women, Gandhinagar, Jammu felicitates the Prize winners of Annual Veerana Aivalli Memorial Debate Competition.



The felicitation ceremony was graced by the Principal of the college Prof. (Dr.) Sangita Nagari who congratulated and motivated the participants and the faculty associated with the competition. In her speech, the Principal lauded the hard work and dedication of the students. She said that it is a proud moment for the institution. She also urged the students to ride upon their accomplishments and continue to strive forward in pursuit of their dreams with the same dedication and commitment so that they can be valuable citizens of the country. The 20th Annual Veerana Aivalli Memorial Debate Competition was held on 11th of March, 2022 at Brigadier Rajinder Singh Auditorium, University of Jammu. The topic for the same was "In the Opinion of the House, it is the Culture of sports and not just Government Policy that can improve Indian Medal Tally at Olympics-2024." Ojasvi Dubey from Semester 1 and Mahroash Malik from Semester III represented the college where around 29 teams participated. Ojasvi Dubey got Consolation Prize.

The team of the participants was guided by Dr Surjit Kour Raina; convener Literary committee, Prof Chetna Mahajan and Prof Paramjeet Singh, Dr Revika Arora, coordinator CLUJ and Dr Javed Iqbal, Assistant Dean CLUJ were also present on the occasion.

Skour
Convenor
Cultural Committee
Govt. College for Women
Gandhi Nagar, Jammu

Principal
Padma Shri Padma Sachdev
Govt. College for Women
Gandhi Nagar
Jammu (J&K)

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# PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF COMMERCE

## REPORT OF

# NATIONAL LEVEL ONLINE QUIZ COMPETITION ON "DIRECT TAXES LAW AND PRACTICES"

## (27.12.2021)

## PRESS RELEASE

**Padma Shri Padma Sachdev Government College for Women, Gandhi Nagar, Jammu organised National Level Competition on "Direct Taxes Law and Practices" (27.12.2021)**

### PSPS GCW Gandhi Nagar organizes online quiz competition on "Direct Taxes Law and Practices"

*Refugee Message Bureau*

**Jammu, December 28:** Padma Shri Padma Sachdev Government College for Women Gandhi Nagar, Jammu organises National Level Competition on "Direct Taxes Law and Practices" Department of Commerce, Padma Shri Padma Sachdev Government College for Women Gandhi Nagar, Jammu organised National Level online Quiz Competition on "Direct Taxes Law and Practices" on 26th December 2021. Students from different States/UTs of India participated in the quiz competition. A total number of 115 students participated in the competition wherein 40% students have secured more than 80% marks.

All the meritorious students awarded with the e-certificate after the event. Students from various institutions including D. A. V. College Jalandhar (Punjab), Delhi College of Arts and Commerce, Maharani Janki Kunwar College Bettiah Bihar, Chaudhary Charan Singh College Meerut, Drishti IAS Delhi, CTIPS Jalandhar, Padma Shri Padma Sachdev GCW Gandhi Nagar Jammu, GDC Akhnoor, MAM College, GDC Paloura, GGM Science College, GCW Parade, GDC Billawar, GDC Kathua, Govt. SPMR College of Commerce, Govt. Polytechnic College Vikram Chowk, GDC Sidhra, GDC Kunjwani, GCW Bhagwati Nagar, Jammu, etc. Dr. Sangita Nayarim, Principal of the college appreciated the efforts of the department and encouraged them to organise more events in the future also. Competition was organised under the supervision of Prof. Mamta Gupta (H.O.D.). Dr. Asha Rani was the organising secretary of the event.

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## REPORT OF ACTIVITY

Department of Commerce, Padma Shri Padma Sachdev Government College for Women Gandhi Nagar, Jammu organised National Level online Quiz Competition on **"Direct Taxes Law and Practices"** on 27th December 2021. Students from different States/UTs of India participated in the quiz competition. A total number of 115 students participated in the competition wherein 40% students have secured more than 80% marks. All the meritorious students awarded with the e-certificate after the event. Students from various institutions including D. A. V College Jalandhar (Punjab), Delhi College of Arts and Commerce, Maharani Janki Kunwar College Bettiah Bihar, Chaudhary Charan Singh College Meerut, Drishti Ias Delhi, CTIPS Jalandhar, Padma Shri Padma Sachdev GCW Gandhi Nagar Jammu, GDC Akhnoor, MAM College, GDC Paloura, GGM Science College, GCW Parade, GDC Billawar, GDC Kathua, Govt. SPMR College of Commerce, Govt. Polytechnic College Vikram Chowk, GDC Sidhra, GDC Kunjwani, GCW Bhagwati Nagar, Jammu, etc. Dr. Sangita Nagari, Principal of the college appreciated the efforts of the department and encouraged them to organise more events in the future also. Competition was organised under the supervision of Prof. Mamta Gupta (H.O.D). Dr. Asha Rani was the organising secretary of the event.

# PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF COMMERCE

## REPORT ON

## NATIONAL LEVEL ONLINE QUIZ COMPETITION ON "AUDITING AND CORPORATE GOVERNANCE"

## (22.01.2021)



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## DEPARTMENT OF COMMERCE

NO1- WCG/DOC/22/01
DATED: 20th January,2022

## NOTICE

Staff meeting of the Department of Commerce will be held on 20th January,2022 at 1:00 P.M Via Online Mode on Zoom Meet. All are directed to attend the said meeting. Link for the meeting.

https://us04web.zoom.us/j/969546780?pwd=bRTHLW

HOD
H.O.D. Commerce
COMMERCE
PGPSGCW
Gandhi Nagar, Jammu

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## DEPARTMENT OF COMMERCE

NO:- PGI/DOC/22/02
DATE: 21 -01-2022

## NOTICE

This is for the information of all students of B.com 5th semester that department of commerce is organising an online quiz competition at National Level on "**AUDITING AND CORPORATE GOVERNANCE**" will be held on 22-01-2022 Via Online Mode on Google Meet Link .

Join with the link on google meet

https://meet.google.com/iis-dnzi-cbf

Interested students can give their name to representative of the class/Concern incharge.

HOD
COMMERCE

H.O.D. Commerce
PSPSGCW
Gandhi Nagar, Jammu

**PRESS RELEASE**

## National Level Competition on

## "Auditing and Corporate Governance" (22.01.2022)

UT

JAMMU, SUNDAY
23, JANUARY 2022

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# *PSPS GCW Gandhi Nagar, organizes National Level Competition on "Auditing and Corporate Goverance"*

*Refugee Message Bureau*

**Jammu, January 22:**

Department of Commerce, Padma Shri Padma Sachdev Government College for Women Gandhi Nagar, Jammu organised National Level online Quiz Competition on "Auditing and Corporate Goverance" on 22nd January 2022. Students from different States/UTs of India participated in the quiz competition. A total number of 121 students participated in the competition wherein 38% students have secured more than 80% marks. All the meritorious students awarded with the e-certificate after the event. Students from various institutions including D. A. V College Jalandhar (Punjab), Delhi College of Arts and Commerce, Delhi University, Padma Shri Padma Sachdev GCW Gandhi Nagar Jammu, GDC Akhnoor, GDC Paloura, GGM Science College, GCW Parade, GDC Billawar, Govt. Polytechnic College Vikram Chowk, Govt. SPMR College of Commerce, GDC Kunjwani, etc. Dr. Sangita Nagaria, Principal of the college appreciated the efforts of the department and encouraged them to organise more events in the future also. Competition was organised under the supervision of Prof. Mamta Gupta (H.O.D). Prof. Rashmi Kumari was the organising secretary of the event.

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PSPS GOVT. PG COLLEGE FOR WOMEN, GANDHINAGAR,JAMMU

## MEETING NOTICE

It is to inform all the members of the College Red Cross Unit that there will be a meeting in the College staff room on22.04.2022at 12.30 pm. All the committee members are directed to attend the same.

**Convenor**

Red Cross Unit

Dated:20.04.2022

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PSPS GOVT. PG COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU

**Notice: Celebration of Red Cross Day**

It is to inform you all that the college Red Cross Unit is going to visit Bal Niketan, Amphalla, Jammu on 5th of May, 2022 to commemorate the celebration of Red Cross Day which is held every year on 8th of May. Interested students can give their names to the Convenor, Red Cross Unit till 04.05.2022.

Regards

**Convenor**

**Red Cross Unit**

**Dated:22.04.2022**

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# ACTIVITY REPORT

1. **Warm Welcome:** Upon arrival, we were greeted warmly by the staff and children at Bal Niketan. The atmosphere was friendly and welcoming, reflecting the care and love provided to the children.
2. **Interaction with Children:** We engaged in various activities with the children, including games, drawing, and storytelling. It was heartening to witness their enthusiasm and creativity, despite their challenging circumstances.
3. **Living Conditions:** We inspected the living quarters and observed that the facilities were decent, but some areas required improvement. The staff expressed their need for essential supplies, such as bedding, clothing, and educational materials.
4. **Education and Skill Development**: Bal Niketan had a small school setup within the premises. We discussed the importance of providing quality education and vocational training to prepare the children for a better future.
5. **Health and Nutrition:** We inquired about the healthcare facilities and nutrition provided to the children. While they seemed generally healthy, there was a need for a regular health check-up program and improved nutritional support.
6. **Emotional Support:** Many of the children faced emotional challenges due to their past experiences. We discussed the importance of counseling and support to help them cope with their traumas and build emotional resilience.
7. **Donation and Support:** We encouraged our students to contribute books, stationery, toys, and other essential items for the children.

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PRESS RELEASE

# GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## Sub criterion-3.4.3

# EXTENSION ACTIVITIES

## OF

## NAAC CRITERION-III

# RESEARCH INNOVATIONS AND EXTENSION

2022-23

Govt. College for Women IQAC Gandhi Nagar, Jammu

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Constituent College of Cluster University of Jammu
E-mail: principalf@gcwgandhinagar.com

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Govt. College for Women Gandhi Nagar, Jammu IQAC

# Office of the Principal

## Govt. P.G. College for women Gandhi Nagar, Jammu

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

No: GPGC/13216
Dtd: 6/1/2023

## ORDER

A sports committee of the following staff members is hereby re-constituted for the session 2022-23.

1. Prof. Yash Pal Sharma, Convenor
2. Prof. Yash Pal Sharma, Member
3. Prof. Nidhi Suri, Member
4. Prof. Abhinav Sharma, Member
5. Prof. Varun Sharma, Member
6. Prof. Eisha Gohil, Member
7. Prof. Pooja Charak, Member
8. Prof. Harmeet Singh, Member
9. Prof. Suganda, Member
10. Prof. Rohit Gupta, Member
11. Prof. Rajinder Kumar, Member
12. Prof. Swarn Singh, Member
13. Dr. Roopali Slathia, Physical Director
14. Ms. Kouser Akhter, Section Officer
15. Ms. Padma Sharma, Accountant

Principal

# Office of the Principal

## Govt. P.G. College for women Gandhi Nagar, Jammu

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

No/GWC-91/2061
Dtd 6/9/2023

## ORDER

A sports committee of the following staff members is hereby constituted for the session 2022-23.

1. Prof. Yash Pal Sharma, Convenor
2. Prof. Malti Rajput, Member
3. Prof. Nidhi Suri, Member
4. Prof. Abhinav Sharma, Member
5. Prof. Varun Sharma, Member
6. Prof. Eisha Gohil, Member
7. Prof. Pooja Charak, Member
8. Prof. Harmeet Singh, Me,mber
9. Dr. Rcopali Slcthia, Physical Director
10. M.s. Kouser Akhter, Section Officer
11. M.s. Padma Sharma, Accountant

Principal

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## Minutes of Meeting

A meeting of the college sports committee was held under the chairmanship of worthy Principal Prof. Minu Mahajan on 07.10.2022 at 10:30 am to discuss various issues pertaining to sports activities for the session 2022-2023.

**Agenda items discussed in the meeting were:**

a) Rates of refreshment for players during practice and match days.
b) Honorarium of specialised coaches for coaching to college teams.
c) Sports uniforms for players.

A threadbare discussion was held on each agenda item in the meeting. The following resolution/decisions were taken:

- It was unanimously decided that refreshment rates during game practice days will remain same whereas there will be increase in refreshment rates of match days. The new rates proposed by the committee for refreshment for the session 2022-2023 will be as under:

| Event | On Practice Day | On Match Day |
|---|---|---|
| Hockey & Football | Rs. 50/- | Rs. 100/- |
| Cricket | Rs. 70/- | Rs. 120/- |
| Other Games | Rs. 50/- | Rs. 100/- |

- Pertinent to mention that in order to impart specialised coaching to selected players ten days coaching camp prior to the tournament is organised. Coaches of different disciplines are required. Committee resolved that coaches with experience in the field and either have NIS diploma or represented the state at least in Senior national may be hired for 10 days @ Rs 500/-day maximum up to Rs 5000/- as honorarium.
- As per past practice uniforms will be provided free of cost to the selected players of different games/sports for participation in Inter-collegiate tournaments and may be purchased from GeM portal on L1 bases at the

earliest so that they can be distributed among selected players for inter-college competitions.

- It was also resolved that the material required for maintaining ground will be purchased from GeM and if not available on GeM, then from local market after observing all the codal formalities. Requisition of following items is given by Physical Director:
  Khurpa-4, Dhrat-4, Barsha-4, Axe-2, Lime Powder- 40kg.
- Since some Gym equipments are not in working condition, the committee resolved that the gym shall be made functional by repairing those equipments/machines so that students as well players can avail the facility.

- Electric Grass cutting machine is required for the maintaining and preparing the Sports Ground for the Sports Activities whereas Petrol Grass cutting machines which are not in working condition may be repaired.
- College received application from **Param Football Club** for opening Football Academy in the college. Sports committee resolved that college administration may seek permission from Department of Higher Education regarding opening of an academy in the college premises/sports ground.
- Committee unanimously resolved to organise Intra-mural sports activities. The expenditure on account of honorarium to officials, light refreshment to players as well as officials, mementos, medals, etc shall be bear by the college by completing all the codal formalities.

Following members of sports committee attended the meeting:

1. Prof. Yash Paul — Convenor
2. Prof. Malti Rajput — Member
3. Prof. Nidhi Suri — Member
4. Prof. Abhinav Sharma — Member
5. Prof. Varun Sharma — Member
6. Prof. Eisha Gohil — Member
7. Prof. Pooja Charak — Member
8. Prof. Harmeet Singh — Member

9. Dr. Roopali Slathia — Physical Director
10. Ms Kouser Akhter — Section Officer
11. Ms. Padma Sharma — Accountant

Meeting ended with formal vote of thanks to the chair.

Minutes submitted for approval of the chair.

Principal

No:- PE/SC(303
Date:- 14-11-2023

The Principals
GGM Sc. College/MAM College
GCW Gandhi Nagar College
SPMR College of Commerce
GCOE Jammu.

Sub:- Fixture for Inter-Collegiate Tournaments/ Competitions 2022-2023

Sir/Madam,

Kindly find enclosed herewith a copy of the fixture for Inter- Collegiate tournaments/competitions of Cluster University of Jammu 2022-2023.

Thanking You

Yours Sincerely,

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

Copy to:-
1. Principals of constituent colleges of cluster university of jammu for information
3. S.S to the V.C. for kind Information of the Hon'ble Vice- Chancellor please .
4. Physical Directors of constituent colleges of cluster university of jammu for information .
5. Dy. Director Youth Services and Sports , Jammu Division for information.
6. F.A Cluster University of jammu for information .
7. The Sports Officer , M.A.Stadium Jammu .
8. P.A. to the Registrar for information of the Registrar.
9. Office File

*General Note:*

1.The competing teams shall turn-up half an hour before the actual start of the match.

2. One copy of Eligibility proforma of players duly filled in with neat and clean handwriting and signed by the principal of the concerned colleges is required with registration numbers.

3. Decision of Referee will be final and binding to all the Teams. If there is any doubt regarding decision of Umpire/Referee, the concerned Team Manager have to deposit protest fee Rs 1000/= along with the written protest within 2 hours.

4. The organising Committee reserves the right to change the Venue, duration of the game and timing of competition, if required.

5. In knock-out, if the tie occurs, the tie breaker (penalty Stroke/ Penalty Shot) will be applied, especially in Hockey and Football.

6. Rules of the AIU and the concerned Federations shall be applicable to the Inter-Collegiate Competitions.

7. No teams shall be allowed to take part in any Inter-Collegiate Competitions without complete eligibility performa duly signed by the concerned HOD/Principal.

8. No student shall be allowed to take part in any Inter-Collegiate Competitions without identity card issued by the concerned Head of the Institute/Principal.

Eligibility Rules

1. Age limit of the student shall be minimum 17 years and maximum up to 25 years.

2. Only a bonafide full time student, who is enrolled for a course, which is of a minimum duration of one academic year and whose examination is conducted by the Cluster university, shall be eligible to participate in the Inter-Collegiate Tournament.

3. Not more than 8 years have elapsed since a students passed examination qualifying for first admission to be Cluster University or college affiliated with the Cluster University.

(Dr. Vinod Bakshi)
Sports Coordinator
CLU

DIRECTORATE OF SPORTS

CLUSTER UNIVERSITY OF JAMMU

INTER-COLLEGIATE TOURNAMENTS 2022-2023

# FIXTURE

1. NAME OF THE EVENT: FOOTBALL (MEN)

Venue :- GGM Science, College
Organize by: GGM Science, College
Date: 6th & 7th Dec, 2022
Time: 9:30 AM.

1. SPMR COLLGE OF COMMERCE. — 1 — 6-12-22 11.30 a.m.
2. GOVT. COLLEGE OF EDUCTION. — 1
3. GGM SCIENCE COLLEGE. — 2 — 6-12-2022 1.30 p.m.
4. GOVT. MAM COLLEGE. — 2

3 — FINAL 7-12-2022 11.00 a.m.

*NOTE : Tournament will be conducted as per AIU and Football Federation of India rules*

1. 2. 3. 4.

Venue: Govt. College of Education
Organise by:- Govt. College of Education
Date: 08th & 09 Dec., 2022
Time: 9.30 AM

1. GOVT. SFMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

SYLLBUS FOR INTER-COLLEGE YOGA & PART-A: COMPULSORY ASANA: HOLD THE POSITION FOR 45 SECONDS EACH ASNA(MEN & WOMEN) CHAMPIONSHIP 2020-21

1. PASHIMOTASSANA
2. SARVANGASNA
3. PURN DHANURASNA
4. KARNA PIDASANA

PART-B SURYNAMASKAR (FOR MEN AND WOMEN IN TWELEVE COUNTS)

PART-C (OPTIONAL ASNAS- SELECT ANY THREE ASNAS: HOLD POSITION FOR 30 SECONDS)

FOR MEN

1. MAYURASANA
2. PADMABAKASANA (URDHAVA KUTUTASANA)
3. HANUMAN ASANA
4. TITLIBHASANA
5. PURN CHAKARASANA 6. SETUBANDHASANA
7. VRICHIKASANA 8. PURN SHALABHASAN
9. EKAPAD RAJKAPOTASANA
10. PURNA BHUJANGASAN

(FOR WOMEN)

1. VATAYASANA
2. PURNA BHUJANGASAN
3. PURNA MATSENDRASANA
4. EKAPAD SHIRASANA
5. ARDHA BADH PADMOTANASANA
6. VIBAKTHA PASCHIMOTTASANA
7. NATARAJASNA
8. EKAPAD RAJKAPOTASANA
9. PURN CHAKARASAN
10. TRIVIKRAMASANA

PART-D (SHAT KARMAS FOR BOYA AND WOMEN: PERFORM IN 2 MINUTES)

I. SHIT KARM KAPAL BHATI (JAL KAPAL BHATI)
II. JAL NETI/RUBBER NET

Note:

1. Inter college Yoga Championship shall be held for both boys and Girls Sections separately in the Asanas and Kriyas (Exercises).
2. A team may consists maximum of five competitors.
3. If team less than five competitors than their performance will be considered for individual.
4. Dress: The men and women competitors will wear the following dresses

(Men-Short and Vest/Sports shirt)

(Women - Short and Sports shirts/Gymnastic costume)

1 2 3 4

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Game Incharge: Dr Roopali Slathia

Name of the Tournamert: YOGA

His/Her Status: physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | HASTHA SHARMA | SUNIL KUMAR | KANTA DEVI | 26-03-2003 | SemV | 20020560012 | 2020 |
| 2. | MANBI SHARMA | RAKESH SHARMA | SUNITA SHARMA | 29-01-2004 | SemII | 22020070841 | 2021 |
| 3. | NILAKSHI BHARDWAJ | HARBANS LAL SHARMA | SANTOSH DEVI | 09-09-2005 | Seml | 1301 | 2022 |
| 4. | SUNAINA SHARMA | SURESH KUMAR | REKHA DEVI | 21-03-2005 | Seml | 1062 | 2022 |

Physical Director

Principal

3.Fencing (Men/Women)

Venue: GCOE, Jammu
Organise by:- GCOE, Jammu
Date: 9th Dec, 2022
Time: 11.00 AM.

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

*[NOTE: The Fixture for the Events will be drawn on the spot. Tournament will be conducted as per AIU and Fencing Federation of India rules]*

4.NAME OF THE EVENT: HOCKEY (MEN)

Venue :- Hakku Studium, Jammu
Organise by:- MAM College
Date: 13th & 14th Dec.,2022
Time: 9:30 AM.

1. SPMR COLLGE OF COMMERCE.
2. GOVT. COLLEGE OF EDUCTION.
3. GOVT. MAM COLLEGE.
4. GGM SCIENCE COLLEGE.

1 — 13-12-2022, 11.30 a.m.
2 — 13-12-2022, 1.30 p.m.
3 — FINAL 14-12-2022, 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Hockey (Men) Federation of India rules.*

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Silver

Name of the Tournament: FENCING

Game Incharge: Dr. Vash Paul

His/Her Status: Associate Prof

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | SAMREEN RAHO | MOHD RAHO | SHAHNAZ PARVEEN | 08-11-2004 | Semi | 220104450 | 2022 |
| 2. | NANCY KOTWAL | MOHINDER SINGH | SATYA DEVI | 15-09-2004 | Semi | 22020200082 | 2022 |
| 3. | MANSI SHARMA | OM DUTT SHARMA | KIRAN SHARMA | 25-12-2004 | SemII | 21020070334 | 2021 |
| 4. | HARSHITA KHATURIA | ARUN KUMAR KHATURIA | ANURADHA SHARMA | 31-10-2001 | SemVII | 31 (INT.ZOOLOGY HONS) | 2019 |
| 5. | GYAN KOUR | GURCHARAN SINGH | DAVINDER KOUR | 16-01-2004 | SemIII | 21020070233 | 2019 |

For

8/12/22

Physical Director
Govt. College for Women
Gandhi Nagar

Principal
Principal
Govt. College for Women
Gandhi Nagar, Jammu

5.NAME OF THE EVENT: JUDO (MEN & WOMEN)

Venue: Govt. SPMR College of Commerce
Organise by:- Govt. SPMR College of Commerce, Jammu
Date: 16th Dec, 2022
Time: 9.30 AM

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

Weight Category (Men)
1.56 Kg
2. 60 Kg
3. 66 Kg
4. 73 Kgs
5. 81 Kgs
6. 90 Kgs
7. 100 Kg
8. +100 Kg

Weight Category (Women) 1.44Kg
2. 48 Kg
3. 52Kg
4. 57 Kg
5. 63 Kg
6. 70 Kg
7. 78 Kg
8. Above 75 Kg open

*[NOTE:- Tournament will be conducted as per AIU and Judo Federation of India rules]*

6.NAME OF THE EVENT: TABLE-TENNIS (MEN)

Venue :- GCOE, Jammu
Organise by:- GCOE, Jammu
Date: 21st & 22nd Dec, 2022
Time: 9.30 am

1. GGM SCIENCE COLLEGE.
2. GOVT.MAM COLLEGE.
3. GOVT. COLLEGE OF EDUCTION.
4. SPMR COLLGE OF COMMERCE.

1 — 21-12-22 1.00 p.m.
2 — 21-12-2022 2.00 p.m.
3 — FINAL 22-12-2022 1.00 p.m.

*NOTE:- Tournament will be conducted as per AIU and Table-Tennis Federation of India rules*

1 2. 3. 4

7.NAME OF THE EVENT: TABLE –TENNIS (WOMEN)

Venue :- GCOE, Jammu
Organise by:- GCOE, Jammu
Date: 21st & 22nd Dec, 2022
Time: 9.30 A.M.

1. GOVT. MAM COLLEGE.
2. SPMR COLLGE OF COMMERCE.
3. GOVT. COLLEGE OF EDUCTION.
4. GGM SCIENCE COLLEGE
5. GCW GANDHI NAGAR.

Bye → 3 → 21-12-2022 11.30 a.m.
1. 21-12-2022 9.30 a.m.
Bye → 2 → 21-12-2022 10.30a.m.
4 22-12-2022 Final 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Table –Tennis Federation of India rules*

8. NAME OF THE EVENT: KABADDI (MEN)

Venue :- GCW Gandhi Nagar
Organise by: GCW Gandhi Nagar, Jammu
Date: 10th & 11th Jan.2023
Time: 9.30 am

1. GOVT. MAM COLLEGE.
2. GGM SCINECE COLLEGE.
3. GCOE
4. SPMR COLLEGE OF COMMERCE.

1 → 10-01-22 1.00 p.m.
2 → 10-01-2022 2.30 p.m.
3 FINAL 11-01-2022 1.00 p.m.

*NOTE: Tournament will be conducted as per AIU and Kabaddi Federation of India rules*

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Name of the Tournament: TABLE-TENNIS

Game Incharge: Dr. Roopali Slathia

His/Her Status: Physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | SHIVANI SHARMA | SUN L KUMAR | MURTI DEVI | 24-02-2003 | SemV | 20020040126 | 2020 |
| 2. | ZAHRA BATOO | GULAM MOHD | SAYEEDA BANO | 25-05-2000 | SemV | 19020070674 | 2019 |
| 3. | ISHRAT FATIMA | MOHAMMAD SAD Q | HALIMA BANOO | 13-12-2001 | SemV | 20020070523 | 2020 |
| 4. | PRABLEEN KAUR | JAGJEET S NGH | MANPREET KOUR | 10-04-2003 | SemIII | 21020030034 | 2021 |

Physical Director

Principal

Date of
22-12-2022

Inter-collegiate Table Tennis Tournaments of CLUJ

# Govt. SPMR College of Commerce men, GCW Gandhi Nagar women lift trophies



*Prof. Satish Sharma chief guest, Dr. Vinod Bakshi Sports Coordinator CLUJ along with players and officials in Table tennis Men & Women tournament.*

■ STATE TIMES NEWS

JAMMU: Govt. SPMR College of Commerce won men and GCW Gandhi Nagar lifted women trophies of the Inter-Collegiate Table Tennis (Men & Women) Tournaments organized by Cluster University of Jammu at Government College of Education (GCoE)Jm here on Wednesday.

In men's section final, Govt. SPMR College of Commerce beat and GGM Science College by 3-0 while in women's final, GCW Gandhi Nagar outplayed GGM Science College by 3-0.

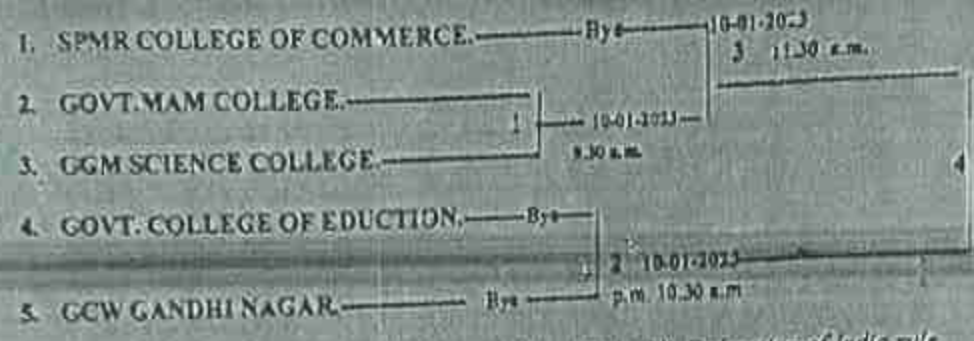
The tournament was organized under the supervision of Harandeep Kralia, Physical Director GCoE Jammu and overall supervision of Dr. Vinod Bakshi, Sports Coordinator, CLUJ.

In the closing ceremony, Prof. Satish Sharma, was the Chief Guest, who gave away trophies to winner and runner-up teams.

Prof. Jyoti Parihar, Prof. Deep Kumar, Prof. Rubina Yasmeen, Prof. Vinay Lata, Sa Ajaz Malik, Physical Director Govt SPMR College of Commerce, Dr. Roopali Slathia, Physical Director GCW Gandhi Nagar Jammu and were among the various dignitaries present during the occasion.

The matches were officiated by Rekha Ratra and Ajay Ratra.

Organise by: GCW Gandhi Nagar, Jammu
Date: 10th & 11 Jan.2023
Time: 9.00 AM.




*NOTE: Tournament will be conducted as per AIU and Kabaddi Federation of India rule*

10.NAME OF THE EVENT: Kho-Kho (MEN)

Venue :- GCW Gandhi Nagar, Jammu
Organise by:- GCW Gandhi Nagar, Jammu
Date: 12th & 13th Jan. 2023
Time: 9:30 AM.




*NOTE: - Tournament will be conducted as per AIU and Kho-Kho Federation of India rules*

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

Participation

## ELIGIBILITY PERFORMA

Name of the Tournament: kabaddi

Game Incharge: Dr. Roopali

His/Her Status: Physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | VISHALI KAITH | Lt. Deepak Kumar | Smt. Geeta Devi | 02-01-2003 | SemIII | 21020060184 | 2021 |
| 2. | RUCHIKA SINGH | Mr. Rajeev Sigh | Smt. Rimpy | 28-11-2003 | SemIII | 21020370337 | 2021 |
| 3. | SANGHVI SINGH | Mr. Shishu Pal | Smt. Ritu Sharma | 06-10-2004 | Seml | 22020070337 | 2022 |
| 4. | SHEETAL | Mr. kishori Lal | Smt. Meena Devi | 16-10-2003 | Seml | 20020180061 | 2022 |
| 5. | Manshu Devi | Mr. Paramjeet Singh | Smt. Paramjeet Kour | 01-03-2003 | SemIII | 2102050012 | 2020 |

DR. ROOPALI SLATHIA
Physical Director
Govt. P.G. College for Women Gandhi Nagar
Jammu

Principal

Venue :- GCW Gandhi Nagar, Jammu
Organise by: GCW Gandhi Nagar, Jammu
Date: 12th & 13th Jan. 2023
Time: 9:30 AM.

1. GOVT.MAM COLLEGE. ——— Bye ——— 12-01-2023 12.00 Noon (3.)
2. GGM SCIENCE COLLEGE. ——— (1.) 12-01-2023 ———
3. GOVT. COLLEGE OF EDUCTION. ——— 16.00 am
4. GCW GANDHI NAGAR ——— Bye ——— (2.) 12-01-2023 11.00 a.m.
5. SPMR COLLGE OF COMMERCE. ——— Bye ———

(4.) 13-01-2023 Final 11.00 a.m.

*NOTE:- Tournament will be conducted as per AIU and Kho-Kho Federation of India rules*

12. NAME OF THE EVENT: BADMINTON (MEN)

Venue :- MAM College, Jammu
Organise by:- MAM College, Jammu
Date: 17th & 18th Jan. 2023
Time: 9:30 AM.

1. SPMR COLLEGE OF COMMERCE. ———
2. GOVT. COLLEGE OF EDUCTION. ——— (1) 17-01-2023 1.00 Noon
3. GGM SCIENCE COLLEGE. ———
4. GOVT. MAM COLLEGE. ——— (2) 17-01-2023 2.30 p.m.

(3) FINAL 18-01-2023 1.00 p.m.

*NOTE: Tournament will be conducted as per AIU and Badminton Federation of India rules*

1. 2. 3. 4. 5.

## Inter-Collegiate Kho-Kho Tourney

# Science College lifts trophy in Men's category, GCW Gandhi Nagar in Women's section

*Excelsior Sports Correspondent*

JAMMU, Dec 27: GGM Science College lifted the trophy of Inter-Collegiate Kho-Kho Tournament in Men's Section while GCW Gandhi Nagar College won the title in Women's category here today.

Final matches of the Inter-Collegiate Kho-Kho (Men) and Women) games were played today in Government College for Women (GCW) Gandhi Nagar, Jammu. Dr Vinod Bakshi (Sports Coordinator CUJ and Physical Director GGM Science College) was the chief guest while Ajaz Malik (Physical Director, Government SPMR College of Commerce) was the guest of honour on the occasion.

In Men's section, GGM Science College lifted the trophy by defeating Government SPMR College of Commerce with 15-09 points whereas in Women's Section, GCW Gandhi Nagar College lifted the trophy by defeating Government MAM College by 14-04.

The Tournament was organized under the supervision of Dr Sudesh Slathia (Physical Director, GCW Gandhi Nagar) and overall supervision of Dr Vinod Bakshi. The matches were officiated by Gurpreet Kour, Amrinderpal Singh, Sahil Dev Singh and Rohit Sharma.



*Winning team of GGM Science College posing with Sports officials.*

Prof Nidhi Suri, Yashmati Ramender, Kalia (Physical Director, GCOE Jammu), Neena Sawhney (Physical Director, Government MAM College), Neelam Chaloura (Assistant Physical Director, Government MAM College) were among various dignitaries present on the occasion.

13.NAME OF THE EVENT: BADMINTON (WOMEN)

Venue :- MAM College, Jammu
Organise by:- MAM College Jammu
Date: 17th & 18th Jan. 2023
Time: 9:30 AM.

1. GCW GANDHI NAGAR. — Bye — 3 — 17-01-2023 12.00 Noon
2. GOVT. COLLEGE OF EDUCTION. — 1 — 17-01-2023 10.30 a.m.
3. SPMR COLLEGE OF COMMERCE. — 1 — 17-01-2023 10.30 a.m.
4. GGM SCIENCE COLLEGE. — Bye — 2 — 17-01-2023 11.00 a.m.
5. GOVT. MAM COLLEGE. — Bye — 2 — 17-01-2023 11.00 a.m.

4 — 18-01-2023 Final 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Badminton Federation of India rules*

14.Cross Country (Men/Women)

Venue: GGM Science College
Organise by:- GGM Science College, Jammu
Time: 7.30 AM.
Date: 20th Jan. 2023

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

*[NOTE: The Fixture for the Events will be drawn on the spot. Tournament will be conducted as per AIU and Cross Country Federation of India rules]*

Venue :- GGM Science College
Organise by:- GGM Science College
Date: 19th & 20th Jan. 2023
Time: 9:30 AM.

1. GOVT. MAM COLLEGE
2. GOVT. COLLEGE OF EDUCTION.
3. GGM SCIENCE COLLEGE.
4. SPMR COLLEGE OF COMMERCE

1 — 19-01-2023, 1.00 p.m.
2 — 19-01-2023, 2.00 p.m.
3 — FINAL 20-01-2023, 1.00 p.m.

*[NOTE: Tournament will be conducted as per AIU and Netball Federation of India rules]*

16. NAME OF THE EVENT: NETBALL (WOMEN)

Venue :- GGM Science College
Organise by:- GGM Science College
Date: 19th & 20th Jan. 2023
Time: 9:30 AM.

1. GGM SCIENCE COLLEGE — Bye
2. GOVT. MAM COLLEGE
3. SPMR COLLEGE OF COMMERCE — 1 — 19-01-2023, 10.00 am
4. GOVT. COLLEGE OF EDUCTION — Bye
5. GCW GANDHI NAGAR — Bye

3 — 19-01-2023, 12.00 Noon
2 — 19-01-2023, 11.00 am
4 — 20-01-2023, Final 11.00 a.m.

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Gold.

Name of the Tournament: NETBALL

Game Incharge: Dr. Roopali Sinha

His/Her Status: Physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING XII |
|---|---|---|---|---|---|---|---|
| 1. | Vibhuti Bhat | Vinod Bhat | Daizy Bhat | 16-12-2002 | SEMIII | 21020060125 | 2021 |
| 2. | Aastha Sharma | Sunil Kumar | Kanta Devi | 26-03-2003 | SEMV | 2020560012 | 2020 |
| 3. | Ritika | Shamsher Singh | Anju Bala | 21-02-2005 | SEMI | 2202018008C | 2022 |
| 4. | Janvi Biloria | Gulab Singh | Kiran Devi | 15-02-2004 | SEMI | 22020220049 | 2022 |
| 5. | Ishika Jandiyal | Ravinder Jandyal | Ranjana Jandiyal | 09-12-2002 | SEMIII | 21020070605 | 2021 |
| 6. | Shivani Devi | Surjeet Kumar | Babli Devi | 19-09-2003 | SEMI | 22020390078 | 2022 |
| 7. | Amandeep Kour | Sheetal Singh | Lovepreet Kour | 30-06-2004 | SEMI | 2202020056 | 2022 |
| 8. | Sunana Sharma | Amit Kumar | Neena Magotra | 07-02-2005 | SEMI | 2202010031 | 2022 |
| 9. | Harmandeep Kour | Surinder Singh | Baljinder Kour | 28-07-2004 | SEMI | 22020280038 | 2022 |
| 10. | Khushi Sharma | Madan Lal | Veena Devi | 01-01-2004 | SEMI | 22020390099 | 2022 |
| 11. | Vijay Bharti | Ram Pau | Kamlesh Kumari | 02-01-2003 | SEMIII | 21020070690 | 2021 |
| 12. | Sheetal | Kishori Lal | Meena Devi | 16-10-2003 | SEMI | 22020180061 | 2022 |

Physical Director

18.01.22

Principal

# Cluster Varsity holds 3-team Netball event

■ STATE TIMES NEWS

JAMMU: With just four affiliated colleges, the Cluster University of Jammu (CLUJ) organised inter-college competitions involving a maximum of three teams.

In the newly introduced team event of Netball, only three teams took part in men section and two in women category.

The men's title trophy in this competition went to hosts GGM Science College, who beat Government MAM College 25-21. In a preliminary round match, GGM Science College defeated Government SPMR College of Commerce 29-25.

On the other hand, the women's trophy went to GCW Gandhi Nagar, who beat MAM College 24-18.

In the finals, Principal GGM Science College, Prof. Rajesh Gupta was the chief guest who encouraged the teams. This tournament held under the supervision of Dr. Vinod Bakshi, Sports Coordinator, CLUJ. Among other prominent present were Aijaz Malik, Dr. Roopali Slathia, Neelam Chalotra, Dr. Asif Gull and Neelam.

The competition officiated by the technical panel including Amit Sharma, Maverick Batra, Abhishek and Mohin Sharma.



Participating teams posing for photograph with dignitaries in Jammu on Thursday

17.NAME OF THE EVENT: VOLLEYBALL (MEN)

Venue :- SPMR College of Commerce
Organise by:- SPMR College of Commerce
Date: 02 & 03 Feb. 2023
Time: 9:30 AM.

1. GGM SCIENCE COLLEGE.
2. GOVT. COLLEGE OF EDUCTION.
3. SPMR COLLGE OF COMMERCE.
4. MAM COLLEGE

1 — 02-02-23, 1.00 p.m.
2 — 01-01-2023, 2.30 p.m.
3 — FINAL 03-02-2023, 1.00 p.m.

*NOTE: Tournament will be conducted as per AIU and Volleyball Federation of India rules*

18.NAME OF THE EVENT: VOLLEYBALL (WOMEN)

Venue :- SPMR College of Commerce
Organise by:-SPMR College of Commerce
Date: 02 & 03 Feb. 2023
Time: 9:30 AM.

1. SPMR COLLGE OF COMMERCE — Bye — 02-02-2023, 3. 11.00 a.m.
2. GCW GANDHI NAGAR
3. GOVT. COLLEGE OF EDUCTION. — 1 — 02-02-2023
4. GGM SCIENCE COLLEGE — Bye
5. GOVT.MAM COLLEGE. — Bye — 2. 02-02-2023, 10.00 a.m.

4. 03-02-2023, Final 11.00 a.m.

*NOTE: Tournament will be conducted as per AIU and Volleyball Federation of India rules*

1. 2. 3. 4.

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Name of the Tournament: Inter-college Volley Ball

Game Incharge: Dr. Rupali Gatti

His/Her Status: Physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | RADHIKA RAI | CHAIN SINGH | SUMAN BALWAL | 10-02-2003 | SemV | 20020030112 | 2020 |
| 2. | BANDHANA DEVI | OM PRAKASH | SANTOSH DEVI | 10-10-2002 | SemIII | 21020070865 | 2021 |
| 3. | POONAM | GIAN SINGH | VIJAY LAXMI | 09-04-2003 | SemIII | 20020030184 | 2020 |
| 4. | ISHIKA JANDIYAL | RAVINDER JANDIYAL | RANJANA JANDIYAL | 09-12-2003 | SemIII | 21020070605 | 2021 |
| 5. | SHERRY SINGH | GOBINDER SINGH | RAJINDER KOUR | 12-09-2003 | SemIII | 21020070348 | 2021 |
| 6. | KHUSHI SHARMA | ANIL KUMAR | ANU SHARMA | 25-07-2003 | SemIII | 21020070680 | 2021 |
| 7. | SAHANI CHOUDHARY | TARSEM SINGH | VIJAY KUMARI | 30-08-2004 | Sem I | 22020330011 | 2022 |
| 8. | NIDDOSH KUMARI | KULDEEP SINGH | KAMLESH KUMARI | 22-05-2002 | Sem V | 20020560009 | 2020 |
| 9. | MUSKAN CHOUDHARY | ALLAH RAHIM | RAVEENA BEGUM | 05-09-2003 | Sem I | 22020180064 | 2022 |
| 10. | SHAZIA QUARESHI | BAGH ALI | ZAREENA BANO | 01-04-2004 | Sem I | 22020360083 | 2022 |
| 11. | SHEETAL | KISHORI LAL | MEENA DEVI | 16-10-2003 | Sem I | 22020180061 | 2022 |
| 12. | MANVI CHIB | SURESH SINGH | CHANCHALA DEVI | 29-12-2004 | Sem I | 22020130023 | 2022 |

Physical director

Principal
P. S. P. S.
Govt. P.G. College for Wome
Gandhi Nagar, Jammu

Venue :- GGM Science College
Organise by:- GGM Science College, Jammu
Date: 7th & 8th Feb. 2023
Time: 9.00 AM.

1. GOVT.MAM COLLEGE
2. SPMR COLLGE OF COMMERCE.
3. GOVT. COLLEGE OF EDUCTION .
4. GGM SCIENCE COLLEGE

14-02-2023
1 07-02-23 9.30 a.m.
2 07-02-2023 1.00 p.m.
3 FINAL 08-02-2023 9.30 a.m.
16-02-23

Note:-
1. All the Matches consists of 20 overs.
2. First match will start 9.00 am and 2nd match start 12.30 pm
3. College will provide their balls of 5G Club quality

going to be held on 14 to 16 of Feb.

20 NAME OF THE EVENT: CRICKET (WOMEN)

Venue :- GCW Gandhi Nagar
Organise by:- GGM Science College, Jammu
Date: 7th & 8th Feb. 2023
Time: 9:00 AM.

1. GGM SCIENCE COLLEGE .
2. GOVT.MAM COLLEGE .
3. GCW GANDHI NAGAR.
4. GOVT. COLLEGE OF EDUCTION
5. SPMR COLLGE OF COMMERCE.

Bye
3. 07-02-2023 3.00 p.m.
1. 07-02-2023 9.00 am
4 08-02-2023 Final 9.30 a.m.
Bye
2. 07-02-2023 12.00 Noon

21.NAME OF THE EVENT: HANDBALL (MEN)

Venue :- GCW Gandhi Nagar, Jammu
Organise by: GCW Gandhi Nagar, Jammu
Date: 13th Feb, 2023
Time: 9:30 AM.

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE.
3. GOVT. COLLEGE OF EDUCTION.
4. GOVT.MAM COLLEGE -

1 — 13-12-2022 10.00 a.m.
2 — 13-12-2022 12 Noon
3 — FINAL 13-12-2022 2.00 pm

*[NOTE: Tournament will be conducted as per AIU and Handball Federation of India rules]*

22.NAME OF THE EVENT: BASKETBALL (MEN)

Venue :- MA Stadium
Organise by:- GCOE, Jammu
Date: 14th & 15th Feb, 2023
Time: 9:30 A.M.

1. GGM SCIENCE COLLEGE.
2. SPMR COLLGE OF COMMERCE.
3. GOVT. COLLEGE OF EDUCTION.
4. GOVT. MAM COLLEGE.

1 — 14-02-23 1.00 p.m.
2 — 14-02-2023 2.30 p.m.
3 — FINAL 15-02-2023 1.00 p.m.

*NOTE: Tournament will be conducted as per AIU and Basketball Federation of India rules*

23.NAME OF THE EVENT: BASKETBALL (WOMEN)

Venue :- MA Stadium
Organise by:- GCOE, Jammu
Date: 14th & 15th Feb, 2023
Time: 9:30 A.M.

1. SPMR COLLEGE OF COMMERCE
2. GOVT. COLLEGE OF EDUCTION
3. GOVT. MAM COLLEGE.
4. GCW GANDHI NAGAR.
5. GGM SCIENCE COLLEGE.

Bye — Bye 14-02-2023 12.00 Noon
1 — 14-02-2023 9.30 a.m.
Bye
Bye — 11.00 a.m.
2 — 14-02-2023
3 — 15-02-2023 Final 11.00 a.m.
4

*NOTE: Tournament will be conducted as per AIU and Basketball Federation of India rules*

1 2 3 5

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR,

## JAMMU

Gold.

### ELIGIBILITY PERFORMA

Name of the Tournament: BASKETBALL

Game Incharge: Dr. Rupali Slathia

Hisher Status: physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. |
|---|---|---|---|---|---|---|
| 1. | Anamika Sharma | Ganesh Sharma | Parveen Sharma | 12-04-2003 | SEM II | 21020070752 |
| 2. | Ritika Choudhary | Jagbir Singh | Veena Choudhary | 07-06-2002 | SEMV | 20020070353 |
| 3. | Anushika Sharma | Sanchal Sharma | [illegible] Sharma | 20-05-2004 | SEM III | 21020070839 |
| 4. | Archana Kumari | Harpa Singh | Vijay laxmi | 26-09-2002 | SEMV | 20020040137 |
| 5. | Pawani Jamwal | Dasandi Singh Jamwal | Jyoti Jamwal | 27-12-2003 | SEMI | 22020330034 |
| 6. | Saru Dubey | Suresh Kumar Dubey | Renu Dubey | 30-11-2003 | SEMI | 22020270028 |
| 7. | Sherry Singh Sandlas | Gobinder Singh Sandlas | Rajinder Kaur | 12-09-2003 | SEMIII | 21020070348 |
| 8. | Simran Pawar | Suraj Singh | Mohani Pawar | 30-09-2004 | SEMI | 22020330007 |
| 9. | Khushi Sharma | Anil Kumar | Anu Sharma | 25-07-2003 | SEMVIII | 21020070680 |
| 10. | Komal Singh | Sohan Singh | Nirma Singh | 20-06-2004 | SEMI | 220118424 |
| 11. | Manpreet Singh | Karan Singh | Raj Kour | 15-07-2003 | SEMI | 22020270034 |
| 12 | Ayushi Sambyal | Avinash Singh | Anita Sambyal | 03-11-2001 | SEMV | 20020560031 |

Physical Director

Principal
Principal
Govt. P.G. College for Women
Gandhi Nagar, Jammu

College of Commerce, here on Friday.

Dr. Surinder Sharma, Principal SPMR College of Commerce was the Chief Guest and Dr. Vinod Bakshi Sports Coordinator CLUJ was the Guest of Honour on the occasion. In Men's section, Govt. SPMR College of Commerce won the trophy by obtaining 34 points. Govt. MAM College remained runner up by obtaining 21 points.

In Women's section, Govt. MAM College won the trophy by obtaining 13 points. Govt. SPMR College of Commerce remained runner up by obtaining 10 points and GCM Science College remained in third position by obtaining 06 points.



*Dr. Surinder Sharma, Principal SPMR College of Commerce with Dr. Vinod Bakshi Sports Coordinator CLUJ and other officials during Judo competition*

The tournament was organised under the supervision of Ajaz Malik, Physical Director SPMR College of Commerce and under overall supervision of Dr. Vinod Bakshi, Sports Coordinator Cluster University of Jammu.

Dr. Shafkat Jahangir, Prof. Aptha Ali, Prof. Archana Kaul, Dr. Sandya Bhardwaj, Sh. Ramandeep Kralia, Physical D... GCOE Jammu and Smt. N... Chalotra, Assistant Physical Dire... MAM College, Jammu were among ... from different parts of the state during the ... The matches were officiated by ... Bhan Singh, Rameshwar Singh, Ranjodh Singh.



*Winners posing for a group photograph at MAM College on Tuesday.*

Dated 2/12/2022

## GCoE hosts inter-college Basketball C'ship

*Excelsior Sports Correspondent*

JAMMU, Dec 20: Government College of Education (GCoE) Jammu hosted a two day inter-college Basketball championship for both men and women at Govt MAM College, which was organised by Cluster University of Jammu (CLUJ), here today.

The programme started with national anthem wherein participants from all the constituent colleges of the Cluster University of Jammu participated.

Dr. Vinod Bakshi, Sports Coordinator, CLUJ was the chief guest in the event, while Dr. Rupali Salathia, Physical Director, PSP GCW Gandhi Nagar was the guest of honor and Ramandeep Kaur, Physical Director of GCOE coordinated the overall event.

Players participated in the event with a lot of enthusiasm and played the sports in the spirit of the game. In men's Basketball competition, the overall trophy was won by GCM Science College, while 2nd position was won by Govt. MAM College Jammu.

In women's category, the overall trophy was won by PSP GCW Gandhi Nagar, while 2nd position was bagged by Govt. SPMR College of Commerce.

Amit Kalsi, Mohani Verma, NIS and Vineet Pangotra from DYSS were the officials of the matches.

Venue :- MA, Stadium, Jammu
Organise by:- Govt. SPMR College of Commerce
Time: 10:00 A.M.
Date: 17th Feb., 2023

1. M.A.M. COLLEGE
2. GOVT. SPMR COLLEGE OF COMMERCE
3. GOVT. COLLEGE OF EDUCATION
4. GCW GANDHI NAGAR
5. GGM SCIENCE COLLEGE

## Weight Category (Men)

1. 46-48 Kg Minimum Weight
2. 51 Kg Fly
3. 54 Kg Bantam
4. 57 Kg Feather
5. 60 Kg Light
6. 63 5 Kg Light welter
7. 67 Kg Welter
8. 71 Kg Light Middle
9. 75 Kg Middle
10. 80 Kg Light Heavy
11. 86 Kg Cruiser
12. 92 Kg Heavy
13. 92 + Kg Super Heavy

## Weight Category (Women)

1. 45-48 Kg Minimum Weight
2. 50 Kg Light Fly
3. 52 Kg Fly
4. 54 Kg Bantam
5. 57 Kg Feather
6. 60 Kg Light
7. 63 Kg Light Welter
8. 66 Kg Welter Weight
9. 70 Kg Light Middle
10. 75 Kg Middle
11. 81 Kg Light Heavy
12. 81+ Kg Heavy Weight

Kindly Send your boxer along with Medical fitness Certificate, COWIN vaccination Certificate DOSE -1 DOSE -2/rapid test report

*Note: Rules of Boxing Federation of India shall apply to the inter-collegiate Competition unless otherwise modified in this rules.*

1 2 3 4 5

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

Participation

## ELIGIBILITY PERFORMA

Name of the Tournament: Boxing

Game Incharge: Dr. Rupali Chatterji

His/Her Status: physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | RCLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | SIMRAN | JOGINDER KUMAR | KAMLESH KUMARI | 26-11-2001 | SemVI | 6005589315 | 2019 |
| 2. | VILAKSHI BHARDAWAJ | HARBANSLAL SHARMA | SANTOSH DEVI | 09-09-2005 | Sem I | 1801 | 2022 |
| 3. | LEELA DEVI | PURAN CHAND | BABLI DEVI | 03-09-2004 | Sem I | 22020140135 | 2022 |

Physical Director

Principal
P. S. P. S.
Govt. P.G. College for Women
Gandhi Nagar, Jammu

Venue :-GCOE, Jammu
Organise by:- GCOE, Jammu
Date: 21st & 22nd Feb. 2023
Time: 9:30 AM.

1. GGM SCIENCE COLLEGE
2. MAM COLLEGE
3. GOVT. COLLEGE OF EDUCATION.
4. SPMR COLLGE OF COMMERCE

1 — 21-02-2023 1.00 p.m.
2 — 21-02-2023 2.00 p.m.
3 — FINAL 22-02-2023 1.00 p.m.

*[NOTE: Tournament will be conducted as per AIU and Chess Federation of India rules]*

26 NAME OF THE EVENT: CHESS (WOMEN)

Venue :-GCOE, Jammu
Organise by:- GCOE, Jammu
Date: 21st & 22nd Feb. 2023
Time: 9:30 AM.

1. GOVT. COLLEGE OF EDUCTION
2. GCW GANDHI NAGAR
3. GOVT.MAM COLLEGE
4. SPMR COLLGE OF COMMERCE
5. GGM SCIENCE COLLEGE

Bye — 3 — 21-02-2023 11.30 a.m.
1. 21-02-2023 9.30 a.m.
Bye — 2. 21-02-2023 10.30 a.m.
4 — 21-02-2023 Final 11.00 a.m.

*[NOTE: Tournament will be conducted as per AIU and Chess Federation of India rules]*

# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## ELIGIBILITY PERFORMA

Gold.

Name of the Tournament: CHESS

Game Incharge:

His/Her Status:

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING XII |
|---|---|---|---|---|---|---|---|
| 1. | Meenakshi Rajput | Romesh Singh | Asha Devi | 10-03-2004 | SEMIII | 21020040243 | 2021 |
| 2. | Aisha Mumtaz | Mumtaz Hussain | Tahira Begam | 01-03-2003 | SEMV | 20020070366 | 2020 |
| 3. | Harshita Khujaria | Arun Kumar khajuria | Anuradha Sharma | 31-10-2001 | SEMVII | 19532120030 | 2019 |
| 4. | Esha Rana | Surjeet Singh | Girja Devi | 16-11-2002 | SEMI | 22020130041 | 2021 |
| 5. | Nandani Mahajan | Vinay Mahajan | Ritu Gupta | 30-06-2004 | SEMI | 220201040011 | 2022 |

Physical Director

Principal

(33)

# GCoE hosts inter-college Chess tournament



*Participants of Chess competition posing for a group photograph at GCoE in Jammu on Monday.*

*Excelsior Sports Correspondent*

JAMMU, Jan 23: Government College of Education (GCoE), Jammu hosted inter-college Chess competition for both men and women, here today.

The programme started with the national anthem and the participants from all the constituent colleges of the Cluster University of Jammu were present in the event. Prof. Aekta Gupta, Principal GCoE Jammu was the chief guest and Dr Vinod Bakshi, Sports Coordinator, Cluster University of Jammu was the guest of honor in the event.

Ramandeep Kanalia, Physical Director of GCoE coordinated the overall event.

In men's competition, the overall trophy was won by GGM Science College by defeating SPMR College of Commerce Jammu by 3-1. In women's competition, the overall trophy was secured by PSPSGCW Gandhi Nagar by defeating GCoE Jammu by 3-1. Arvindh was the match official of today's matches.

The programme was attended by Prof. Anju Bala, Prof. Satish Kumar, Prof. Mamta, Prof. Rubina Yasmeen, Prof. Vinay Lata, Prof. Shamboo Nath, Dr. Deep Kumar Rangotra, Prof. Shapia, Prof. Shubhra, Prof. Seema, Prof. SushmaBala from GCoE Jammu, Aiaz Malik, Physical Director from Govt. SPMR College of Commerce, Jammu and Dr Rupali Saladiia, Physical Director, PSPSGCW Gandhi Nagar, Jammu along with non-teaching and supporting staff.

27 .NAME OF THE EVENT: GATKA (MEN & WOMEN)

Venue: GGM Science College
Organise by:- GGM Science College
Date: 23rd Feb, 2023
Time: 9.30 AM.

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

Weight Category (Men)
1.56 Kg
2. 60 Kg
3. 66 Kg
4. 73 Kgs
5. 81 Kgs
6. 90 Kgs
7. 100 Kg
8. +100 Kg

Weight Category (Women)
1.44 Kg
2. 48 Kg
3. 52Kg
4. 57 Kg
5. 63 Kg
6. 70 Kg
7. 78 Kg
8. Above 75 Kg open

*[NOTE: Tournament will be conducted as per AIU and Gatka Federation of India rules]*

28.NAME OF THE EVENT: SOFTBALL (MEN)

Venue: GGM Science College
Organise by:- GGM Science College
Date: 24th Feb. 2023
Time: 10.30 AM.

1. GGM SCIENCE COLLEGE. ——— 1 ——— 24-02-23, 10.00 a.m.
2. SPMR COLLEGE OF COMMERCE. ——— 1 ———
3. GOVT. COLLEGE OF EDUCTION. ——— 2 ——— 24-02-2023, 12.00 Noon
4. GOVT. MAM COLLEGE. ——— 2 ———
3 FINAL 24-02-2023 2.00 p.m.

*[NOTE: Tournament will be conducted as per AIU and Softball Federation of India rules]*

(ST)

Gold

# PSPS GOVT. PG COLLEGE FOR WOMENGANDHI NAGAR JAMMU

## ELIGIBILITY PERFORMA

Name of the Tournamont: Inter-College Gatka

Game Incharge: Dr. Roopali Slathia

His/Her Status: Physical Director

Session: 2022-2023

| S.NO | NAME | FATHER'S NAME | MOTHER'S NAME | D.O.B | SEM | ROLL NO. | YEAR OF PASSING 12TH |
|---|---|---|---|---|---|---|---|
| 1. | Ravneet Kour | Tarlok Singh | Shushma Devi | 08-03-2005 | Sem I | 22020130113 | 2022 |
| 2. | Harsheen Kour | Ajeet Singh | Mandeep Kour | 20-11-2002 | Sem III | 2102007026? | 2021 |
| 3. | Manleen Kour | S. Narinderpal Singh | Harpreet Kour | 25-04-2003 | Sem III | 21020070244 | 2021 |
| 4. | Joyleen Kour | Sukhvinderject Singh | Parminder Kour | 30-10-2002 | Sem V | 20020070113 | 2020 |
| 5. | Avneet Kour | Satinder Singh | Satwant Kour | 25 06-2002 | Sem V | 20020070399 | 2020 |

Physical Director

Principal

*Inter-collegiate Gatka Tournament of CLUJ*

# Govt SPMR College of Commerce wins men's trophy, GCW G'Nagar women's title



*Dr. Manmeet Singh, Chairman Gatka Association J&K with other officials and Gatka players.*

■ STATE TIMES NEWS

JAMMU: Govt. SPMR College of Commerce lifted men and GCW Gandhi Nagar claimed women trophy of Inter-Collegiate Gatka (Men & Women) Tournament organized by Cluster University of Jammu in GGM Science College, here on Thursday.

In men's final, Govt. SPMR College of Commerce after a tough fight beat GGM Science College in extra time while GCW Gandhi Nagar outplayed Govt MAM College in women's final and lifted the trophies.

Dr. Manmeet Singh, Chairman Gatka Association J&K was the Chief Guest and Er. Ravinder Singh, President Gatka Association J&K was the Guest of Honour on the occasion, who gave away trophies to winner and runner-up teams.

The tournament was organized under the overall supervision of Dr. Vinod Bakshi Sports Coordinator, CLUJ & Physical Director GGM Science College Jammu.

Aijaz Malik, Physical Director Govt. SPMR College of Commerce, Dr. Roopali Slathia, Physical Director, GCW Gandhi Nagar Jammu, Neelam Chalotra, Assistant Physical Director Govt. MAM College Jammu, Neelam were among the various dignitaries present during the occasion.

The matches were officiated by Amarjeet Singh, Simrandeep Kour, Sharle Kour, Varundeep Singh, Jasvinder Singh, Harpreet Singh and Ravinder Singh.

Date 24-02

SESSION

# SPMR College, GCW Gandhi Nagar lift Gatka trophies

*Excelsior Sports Correspondent*

JAMMU, Feb 23: Govt. SPMR College of Commerce lifted the men's trophy, while GCW Gandhi Nagar clinched the women's trophy of the inter-collegiate Gatka tournament, organized by Cluster University of Jammu at GGM Science College, here today.

Dr. Manmeet Singh, chairman Gatka Association J&K was the chief guest and Ravinder Singh, president Gatka Association J&K was the guest of honor on the occasion.

The tournament was organized under the overall supervision of Dr. Vinod Bakshi Sports Coordinator, CLUJ and Physical Director GGM Science College Jammu.

In the men's section the final match was played between Govt. SPMR College of Commerce and GGM Science College. After a very tough fight Govt. SPMR College of Commerce beat GGM Science College in extra time, while in the women's section GCW Gandhi Nagar defeated Govt. MAM College and lifted the trophy.

Aijaz Malik, Physical Director Govt. SPMR College of Commerce, Dr. Roopali Slathia, Physical Director GCW Gandhi Nagar Jammu, Neelam Chalotra, Assistant Physical Director Govt. MAM College Jammu and Neelam were among the various dignitaries present during the occasion.

The matches were officiated by Amarjeet Singh, Simrandeep Kour, Sharleen Kour, Varundeep Singh, Jasvinder Singh, Harpreet Singh and Ravinder Singh.



*Players posing for a group photograph along with dignitaries at GGM Science College Jammu on Thursday.*

34.NAME OF THE EVENT: **ATHLETIC (MEN & WOMEN)**

Venue: SPMR College of Commerce
Organise by:- SPMR College of Commerce
Time: 9.30 AM.
Date: Last Week of March, 2023

1. GOVT. SPMR COLLEGE OF COMMERCE
2. GGM SCIENCE COLLEGE
3. GOVT. COLLEGE OF EDUCATION
4. M.A.M. COLLEGE
5. GCW GANDHI NAGAR

*[NOTE: Tournament will be conducted as per AIU and Power Lifting Federation of India rules]*

1.Sh. Aijaz Malik (Physical Director, Govt. SPMR College of Commerce Jammu)

2.Dr. Roopali Slathia (Physical Director, PS PS Govt. PG College for Women Gandhi Nagar Jammu)

3.Smt. Neelam Chalotra (Assistant Physical Director, Govt. MAM College Jammu)

4.Sh. Ramandeep Kralia (Physical Director, GCOE Jammu) 27/3/23

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

# Office of the principle PSPS Govt. College for Women Gandhi Nagar, Jammu

List of Participation in the inter-collegiate tournament of Cluster University of Jammu and intra-mural tournament of the college during the session 2022-23. Almost 59 girls 254 player participated in the below mentioned tournament.

| S.NO | Activity | Dates/Position | Participating |
|---|---|---|---|
| 1. | Yoga Inter-college | 08/12/2022 Participation | 04 |
| 2. | Fencing inter-college | 09/12/2022 Runner-up | 05 |
| 3. | Basket Ball Inter-college | 19-12-2022 Winners | 12 |
| 4. | Kho-kho Inter-college | 26/12/2022 Winners | 12 |
| 5. | Net ball Inter-college | 10/01/2023 winners | 12 |
| 6. | Chess Inter-college | 20/01/2023 winners | 05 |
| 7. | Gatka Inter-college | 23/12/2023 winners | 05 |
| 8. | Table-tennis Inter-college | 22/12/2022 winners | 04 |

## INTRA-MURAL ACTIVITIES

| S.No | Activity | Participating |
|---|---|---|
| 1. | Cross- country | 25 |
| 2. | Volleyball | 36 |
| 3. | Run for unity (Ekta Diwas) | 50 |

| | | |
|---|---|---|
| 4. | Kho-Kho | 24 |
| 5. | chess | 10 |
| 6. | Gatka | 10 |
| 7. | One week Cricket coaching camp | 25 |
| 8. | Yoga | 15 |

- 04 girls participated in Inter- University Fencing competition.
- 20 girls participated State Chancellor Trophy at Jammu University.
- Different playfields were maintained Athletics track, Kho-kho, Kabaddi, Volleyball, cricket and Handball.

Physical Director

Co-ordinator (Sports)
Cluster University of Jammu
Jammu

Principal

# CLUSTER UNIVERSITY OF JAMMU

**LIST OF THE PLAYERS OF GCW GANDHI NAGAR JAMMU COLLEGE WHO REPRESENTED CLUSTER UNIVERSITY OF JAMMU IN ALL INDIA/NORTH ZONE INTER-UNIVESRITY COMPETITIONS DURING THE SESSION 2022-2023.**

**Name of the Tournament:-Fencing (Women)**

| S. No | Full Name of the Sports Person | Father's Name | Mother 's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | SamreenRafiq | Mohd. Rafiq | Shahnaz Parveen | GCW Gandhi Nagar Jammu | Sem I-220104450 |
| 2 | Nancy Kotwal | Mohinder Singh | Satya devi | -do- | Sem I-22020200082 |
| 3 | Mansi Sharma | Om Dutt Sharma | Kiran Sharma | -do- | Sem III-21020070334 |
| 4 | GyanKour | Gurcharan Singh | DavinderKour | -do- | BA Sem III-21020070233 |

**Name of the Tournament:-Kho-Kho ( Women)**

| S. No | Full Name of the Sports Person | Father's Name | Mother 's Name | College in which studying | Present Class |
|---|---|---|---|---|---|
| 1 | Diksha Sharma | Bansilal | Radha Rani | GCW Gandhi Nagar | BA Sem V-070102 |
| 2 | Ulfat | B.A. Khan | Anwar Begam | -do- | BA Hons.Sem III-60045 |
| 3 | Ishrat Fatima | MohdmadSadiq | Halima Banu | -do- | BASem V-70523 |
| 4 | Nazia Bibi | Sabar Ali | Zulakaha Bibi | -do- | BA Sem I-38003 |
| 5 | HaneetKour | Jaspal Singh | TirthKour | -do- | B.ScSem I-30073 |

Co-ordinator (Sports)
Cluster University of Jammu
Jammu

(Dr. Vinod Bakshi)
Sports Coordinator
CLUJ

# Activity Report

"Placement Drive in collaboration with NIIT-IFBI "

Dated: 06-10-2022

# Padma Shri Padma Sachdev
# Govt. College for women Gandhi Nagar, Jammu

## Career Counseling and Placement Cell

## Meeting Notice

There will be a meeting of members of Career Counseling and Placement Cell of the college regarding organizing placement drive by NIIT IFBI.

**Convenor**

**Date: 3-10-2022**
**Time: 4:30PM**
**Venue: Principal chamber**

PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU

## Minutes of Meeting

**Date and Time:** 03-10-2022 at 4:30 PM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling & Placement Cell)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

**Agenda of the Meeting:**

- Planning and Execution of "A Placement Drive in College campus"

**Resolution:**

It is unanimously decided that:

- The Placement Drive will be conducted on 06-10-2022.
- The Placement Drive will be organised in collobaration with NIIT-EBI.
- The placement will be conducted in the smart classroom.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

PRINCIPAL

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

# Notice

**03-10-2022**

NIIT IFBI in collaboration with Career Counseling and Placement Cell of the college is organising Placement Drive for the College students.

**Convenor**

**Date: 06-10-2022**
**Venue: Smart Classroom**



*Students and faculty members posing for a group photograph during placement drive at GCW Gandhi Nagar Jammu on Thursday.*

# Campus placement drive held at GCW Gandhi Nagar

*Excelsior Correspondent*

JAMMU, Oct 6: Career Counselling and Placement Cell of Padma Shri Padma Sachdev, Govt PG College for Women, Gandhi Nagar in collaboration with NIIT-IFBI conducted placement/ selection drive for the Relationship Manager in ICICI Bank with a salary of Rs 2.45 to 3.1 lakh per annum, here today in the College Campus.

In the beginning of the drive, Prof Rajni Kumari, convenor of Career Counselling and Placement Cell welcomed the gathering and gave a short brief about the programme.

Rajendra Jodha, Area Head, NIIT spoke about the need for training to join a bank and interacted with the students and spoke about the changing skill sets of a bank employee.

Prof Minu Mahajan, Principal of the College lauded the efforts of the committee and thanked the team from NIIT-IFBI for conducting this placement drive in the college to provide students with the recruitment opportunities

Approximately 50 pass out and final year students of the college participated in the drive, wherein as many as 31 students were shortlisted for the preliminary round. The shortlisted students will be tested at different levels before being absorbed as Relationship Managers by ICICI Bank.

Rahul Sharma, Head, NIIT, Jammu was also present. The organizing committee members including Dr Renu Rajput, Prof Malti Rajput, Prof Neelam Thapa, Prof Sugandha Mahajan and Prof Rajinder Kumar were also part of the placement drive.

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

## Outcomes of "Placement Drive in collobaration with NIIT-IFBI "
## Dated: 06-10-2022

1. Successful Placements: NIIT IFBI placed students in various roles within the finance, banking, and insurance sectors included post of relationship manager in ICICI Bank.
2. Industry Partnerships: NIIT IFBI have established partnerships and collaborations with leading banks, financial institutions, and insurance companies. These partnerships provide students with opportunities for internships, training programs, and direct placements.
3. Job Offers: The placement drive conducted by NIIT IFBI resulted in job offers extended to students by reputed companies in the finance, banking, and insurance sectors.
4. Skill Development: Even if immediate placements were not secured for all students, the placement drive helped students develop their skills and knowledge in finance, banking, and insurance. The training provided by NIIT IFBI can enhance their employability and increase their chances of securing suitable positions in the future.

Convener

# Activity Report

## Awareness Talk on Competitive Examinations (JKSSB,JKAS etc.)
## Dated: 21-12-2022

# KIRAN COMMERCE ZONE

278, Exchange Road, Jammu.180001 Ph:7006026529 / 9419148295

To,

The Principal,

Govt. College For Women, Gandhi Nagar

Jammu

Sub: Requesting Permission for the career counselling of the students in your prestigious college

Respected Ma'am ,

I , hereby, request your due permission for the career counselling of the students in your college under your supervision. We are providing free coaching for Competitive Exams from past 2 years on our YouTube Channels ( Kiran Commerce Zone & Wings Ek Udaan ). More than 250k followers/subscribers getting benefits through our well Qualified as well as experienced Mentors in their respective Stream.

I would also like to mention that, we maintain successful record of Passing students in their respective fields. Now we would like the students of your respective college to excel in their career path and guidance from our experienced mentors.

It is a humble request from our side to give us permission for the career counselling in your respective college. We will be highly thankful.

Thanks & Regards,

Kiranjeet Singh

Director ( Kiran Commerce Zone

Co- founder (Wings ek udaan)

# PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN
# GANDHINAGAR, JAMMU

## Minutes of Meeting

**Date and Time:** 19-12-2022 at 4:00 PM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling & PlacementCell)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

**Agenda of the Meeting:**

- Planning and Execution of Awareness talk on competitive examinations (JKSSB,JKASetc.)

**Resolution:**

It was unanimously decided that:

- The Awareness talk on competitive examinations (JKSSB,JKAS etc.) will be conducted on 21-12-2022
- The lecture will be organized in collaboration with EC and Alumni Association of the college.
- Mr. Arshad Noornari, JKAS will be the keynote speaker.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

**PRINCIPAL**

(5C)

# P. S. P. S. Govt. P. G. College for Women Gandhi Nagar Jammu

## Career Counselling and Placement Cell in collaboration with Institutional Innovative club and Alumni Association of the College



'rof. Minu Mahajan
'rincipal

Organising

***An awareness talk on Competitive Exams ( JKSSB , JKAS etc. )***

***21 Dec 2022 ( 10:30 A.M. to 11:30 )***

***Venue: Deptt of Commerce RKB Room No. 8***

Resource Persons

1. Ms. Rhythm Bhatia -MBA/B.ed (Director)
2. Mr. Arshad Noomani - JKAS (Financial Manager, Directorate of Industries and Commerce), Udhyog Bhawan, Bahu Plaza
3. Mr. Anuj Mahajan – CA

stance Scheme for poor and needy girls), Pension Sharma, Convener COPC, Prof. Shrdha Anand.

# PSPS Govt.PG College organises awareness Lecture

**YB News**
**Jammu,Dec 21**

Career Counseling and Placement Cell, in Collaboration with Institutional innovation Club and Alumni Association of Padma Shri Padma Sachdev Govt PG College for Women organised an Awareness Talk on preparation of Competitive Exams in the Department of Commerce here today.

The programme started with the formal welcome of the Resource Person, Prof. Mamta Gupta, Dean Commerce and a galaxy of intellectuals and student aspirants.

Rhythm Bhatia, Alumnus of the College apprised students about various career opportunities in the field of Commerce. She also stressed upon gaining skills to become an entrepreneur.

Neha Thapa, another alumnus deliberated upon getting admission in higher Education through exams like CAT, MAT, GREF etc.

Mohammad Arshad Nomani, Resource Person of the day highlighted the roadmap for the preparation of Civil Services Examinations and motivated the students to aid their studies with time management to achieve the goal.

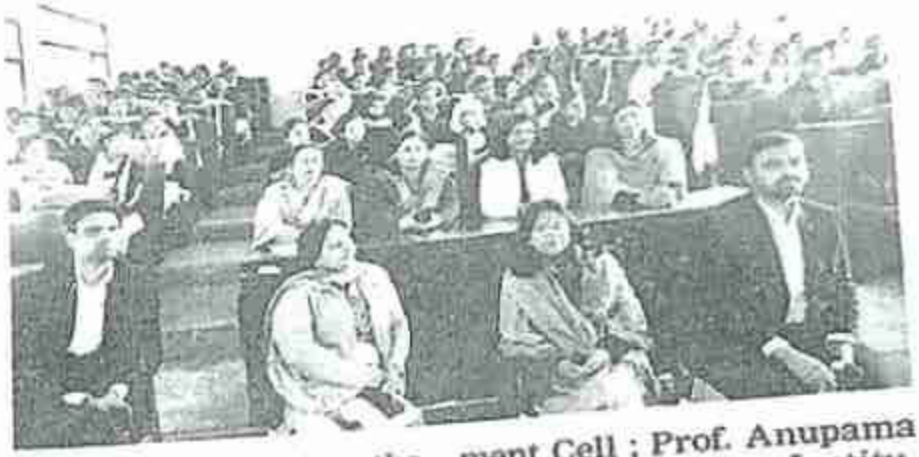
CA, Anuj Mahajan , the other Resource Person explained the stepping stones to become a Chartered Accountant and Entrepreneur.

On behalf of the Principal of the College , Dr. Irvinder Kour appreciated the efforts of the organizing Committee comprising Prof. Rajni Kumari.

# 30th annual conference on begins

# Lecture on 'Preparation of Competitive Exams' held





NL CORRESPONDENT

JAMMU TAWI, DEC 21 Career Counseling and Placement Cell, in Collaboration with Institutional innovation Club and Alumni Association of Padma Shri Padma Sachdev Govt PG College for Women organised an Awareness Talk on preparation of Competitive Exams in the Department of Commerce here today.

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CA, Anuj Mahajan, the other Resource Person explained the stepping stones to become a Chartered Accountant and Entrepreneur.

On behalf of the Principal of the College, Dr. IrvinderKour appreciated the efforts of the organizing Committee comprising Prof. Rajni Kumari, Convenor Career Counselling and Placement Cell ; Prof. Anupama Sharma, Convenor Institution Innovation Club and other members Prof. Malti, Prof.Neelam, Prof. Rajinder Kumar. She also stressed on the need of conducting awareness programs on Career opportunities on regular intervals.

The Programme concluded with the formal Vote of thanks by Prof.SumanBala, member Institutional innovation Club.

| S.No | Name | Roll no | Sign. | Sem |
|---|---|---|---|---|
| 1 | Lakshmi Devi | 1149 | Lakshmi | 3rd |
| 2 | Samaiti Kumari | 1194 | Samaiti | 3rd |
| 3 | Gurpreet Kour | 1228 | Gurpreet Kour | 3rd |
| 4. | Mandeep Kour | 1214 | Mandeep Kour | 3rd |
| 5. | Jaspreet Kour | 1195 | Jaspreet | 3rd |
| 6. | Shivani Chaudhary | 1184 | Shivani | 5th |
| 7. | Richika Choudhary | 1145 | Richika | 5th |
| 8. | Shivani Sharma | 1124 | Shivani | 3rd |
| 9. | Ritika Devi | 1111 | Ritika Devi | 3rd |
| 10 | Gurvinder Kour | 1107 | Gurvinder Kour | 5th |
| 11 | Diksha Devi | 1194 | Diksha | 5th |
| 12 | Anmol Mandotra | 1161 | Anmol Mandotra | 5th |
| 13 | Shakti Gupta | 1157 | Shakti | 5th |
| 14 | Manisha Bharti | 1217 | Manisha Bharti | 5th |
| 15 | Khushi Luni | 1207 | Khushi Luni | 5th |
| 16 | Navneet Kour | 1150 | Navneet Kour | 5th |
| 17. | Sonia Choudhary | 1234 | Sonia Choudhary | 5th |
| 18. | Sunidhi Rajput | 1265 | Sunidhi Rajput | 3rd |
| 19. | Akanksha | 1108 | Akanksha | 3rd |
| 20. | Maithli Mahajan | 1140 | Maithli | 3rd |
| 21. | Manshu Saini | 1197 | Manshu | 3rd |
| 22. | Kaniksha Thappa | 1287 | Kaniksha | 3rd |
| 23. | Samiksha Sharma | 1107 | Samiksha | 3rd |
| 24. | Harshita Gupta | 1127 | Harshita | 3rd |
| 25. | Sunali Sharma | 1236 | Sunali | 3rd |
| 26. | Harpreet Kaur. | 1135 | Harpreet Kaur | 3rd |
| 27 | Shivani Sharma | 1142 | Shivani | 3rd |
| 28 | Bhawna | 1285 | Bhawna | 3rd |
| 29 | Kiran Thakur | 1217 | Kiran | 3rd |

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

### Program Outcomes of Awareness Talk on Competitive Exams(JKSSB,JKAS etc.)
### Dated: 21-12-2022

The program outcomes of awareness talk on competitive exams such as JKSSB (Jammu and Kashmir Services Selection Board) and JKAS (Jammu and Kashmir Administrative Services):

1. **Knowledge of Exam Structure**: Participants gain a clear understanding of the exam structure, including the different stages, subjects, and marking schemes. They become familiar with the eligibility criteria, syllabus, and examination pattern of the specific competitive exams.
2. **Awareness of Exam Dates and Deadlines**: Participants are informed about the upcoming exam dates, application deadlines, and other important dates related to the competitive exams. They understand the timeline and can plan their preparation accordingly.
3. **Understanding of Exam Preparation Strategies**: The awareness talk provides participants with insights into effective preparation strategies for the competitive exams. They learn about recommended study materials, time management techniques, and strategies to excel in different sections of the exams.
4. **Awareness of Available Resources**: Participants gain knowledge about the available resources, both online and offline, to support their exam preparation. This includes information about relevant websites, books, coaching institutes, study groups, and mock tests.
5. **Clarity on Exam Syllabus and Topics**: The awareness talk ensures that participants have a clear understanding of the syllabus and the topics that they need to cover for the competitive exams. They are provided with a breakdown of the subjects and topics, helping them create a structured study plan.
6. **Motivation and Confidence Building**: The talk aims to motivate and inspire participants to pursue their goals of cracking the competitive exams. It instills confidence in them by highlighting success stories, sharing tips for managing exam-related stress, and providing encouragement throughout the session
7. **Guidance on Application Process**: Participants receive guidance on the application process for the competitive exams, including the registration procedure, documentation requirements, and online application submission. They are informed about any specific guidelines or instructions related to the application process.
8. **Understanding of Exam Scoring and Cut-off Criteria**: The awareness talk clarifies the scoring system and cut-off criteria for the competitive exams. Participants gain insights into how their performance will be evaluated, including the minimum qualifying marks and the weightage given to different sections.
9. **Introduction to Interview and Personality Assessment**: For exams that include an interview or personality assessment round, participants are provided with an overview of the interview process, expected questions, and tips for effective communication and presentation skills.
10. **Access to Post-Talk Support**: Participants are informed about ongoing support systems, such as mentorship programs, study circles, or online forums, that they can utilize after the awareness talk to address any further queries and receive additional guidance.

These program outcomes aim to equip participants with the necessary information, resources, and strategies to prepare effectively for competitive exams such as JKSSB and JKAS. The talk aims to empower participants to take informed decisions, build confidence, and navigate the exam preparation process more efficiently.

Convener

# Activity Report

Seminar cum workshop
on
"Career Opportunities in Beauty Industry and Personal Grooming"
Dated: 16-02-2023

PADMA SHRI PADMA SACHDEV GOVT. COLLEGE ...

GANDHINAGAR, JAMMU

**Minutes of Meeting**

**Date and Time:** 13-02-2023 at 4:00 PM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling & PlacementCell)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

**Agenda of the Meeting:**

- Planning and Execution of Seminar cum workshop on Career Opportunities in Beauty Industry, Personal Grooming during Interviews and Personality Development for the college students by VLCC Training Institute of Beauty & Nutrition

**Resolution:**

It was unanimously decided that:

- The Seminar cum workshop on Career Opportunities in Beauty Industry, Personal Grooming during Interviews and Personality Development for the college students by VLCC Training Institute of Beauty & Nutrition will be conducted on 16-02-2023.
- The venue for the workshop will be smart classroom.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugancha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

**PRINCIPAL**

# Career Counselling and Placement Cell
# of
# Padma Shri Padma Sachdev
# Govt College for women
# Gandhi Nagar Jammu

In collaboration with

VLCC INSTITUTE OF BEAUTY & NUTRITION

Skill India

N·S·D·C National Skill Development Corporation

Is Organising

## CAREER COUNSELLING SEMINAR/WORKSHOP

**Date : 16th February**

**Time : 12 pm**

**Venue : Smart Classroom**

YOUR PATHWAY FOR EXCELLENCE

# Workshop by VLCC- Training Institute of Beauty and Nutrition

■ STATE TIMES NEWS

JAMMU: Career Counseling and Placement Cell of Padma Shri Padma Sachdev (PSPS) Government College for Women (GCW) Gandhi Nagar Jammu in collaboration with VLCC Training Institute of Beauty & Nutrition organises seminar-cum-workshop on 'Career Opportunities in Beauty Industry; Personal Grooming' during Interviews and Personality Development in Smart Classroom of the College.

The programme started with the formal welcome of the Chief Guest Prof. Mimi Mahajan, Principal of the College and Resource Persons Khushi Punj, Business Partner with VLCC Khushi Rally, the Skin Trainer, Mamta, Make-up Trainer and team of experts.

Prof. Mimi Mahajan, encouraged the girl students to be future Entrepreneurs, to break social taboos and fly high in the open sky of ambitions and quoted " Going up the Hill is difficult but view from there is always beautiful".



*Faculty of PSPS GCW Gandhi Nagar posing with VLSS members.*

Khushi Punj, in her presentation talked about conventional and non-conventional careers, various placement opportunities in this field n India and Abroad.

She also stressed upon the courses offered by the VLCC Training Institute in Beauty Industry. Khushi Rally and Mamta conducted the demonstration session for a daily make-up look and interacted with the students , cleared their doubts and provided make up tips.

The proceedings of programme were conducted by Prof. Sugandha and concluded with the vote of thanks by Prof. Malti.

The programme was coordinated by Prof. Rajni Kumari, Convener Career Counseling Cell and members- Prof. Renu Rajput, Prof. Rajinder and Prof Suman Bala.

public

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

### Program Outcomes of Workshop by VLCC- Training Institute of Beauty and nutrition
### Dated:16-02-2023

1. **Knowledge and awareness**: The workshop can provide participants with valuable knowledge and awareness about various aspects of beauty and wellness, including skincare, nutrition, exercise, mindfulness, and self-care practices. Participants can gain insights into the importance of maintaining overall well-being and the impact it has on their beauty and confidence.
2. **Skill development**: The workshop can focus on practical skills related to beauty and wellness, such as skincare routines, makeup application techniques, hair care methods, or stress management exercises. Participants can learn hands-on skills and strategies to improve their beauty and wellness practices.
3. **Self-care and empowerment**: The workshop can emphasize the importance of self-care and empower participants to prioritize their well-being. It can provide tools and techniques for self-care, stress reduction, and self-esteem enhancement, promoting a positive body image and self-confidence.
4. **Industry insights**: The workshop can provide insights into the beauty and wellness industry, including trends, products, and services. Participants can gain an understanding of the industry's standards, ethical practices, and emerging opportunities, which can be useful for those interested in pursuing careers in this field.
5. **Healthy lifestyle promotion**: The workshop can encourage participants to adopt and maintain a healthy lifestyle by incorporating wellness practices into their daily routines. This can include promoting regular exercise, proper nutrition, sleep hygiene, and stress management techniques.
6. **Networking and community building**: The workshop can bring together individuals with shared interests in beauty and wellness, providing opportunities for networking and community building. Participants can connect with like-minded individuals, exchange ideas, and establish support networks.
7. **Practical application**: The workshop can include interactive activities and demonstrations where participants can practice the skills and techniques learned. This hands-on approach allows participants to apply their knowledge and receive feedback, enhancing their learning experience.
8. **Motivation and inspiration**: The workshop can inspire participants to take action towards improving their beauty and wellness practices. Through motivational talks, success stories, and personal anecdotes, participants can be encouraged to set goals, make positive changes, and sustain their commitment to their well-being.
9. **Continued learning resources**: The workshop can provide participants with resources and references for further learning and exploration in the field of beauty and wellness. This can include recommended books, websites, online courses, or additional workshops, allowing participants to continue their education beyond the workshop.

Convenor

# Activity Report

## SEED - The Start up festival
## Dated: 18-03-2023

The Power to Empower

*Kr. Ritu Singh, Chairperson Ficci Flo JK&L*
*Email:kritusingh.dps@gmail.com*

To,
Mrs. Meenu Mahajan,
Principal,
Government Girls College.
Gandhi Nagar, Jammu

13th March 2023

Dear Madam,

**Subject: Outreach for Student Participation at "SEED" The Start up Festival at Royal Retreat, Hari Niwas Palace, Jammu on Saturday 18th March 2023.**

Jai Deva,
As an Outreach to the Start up Eco system, I have curated a festival called **SEED** over 2 days in Jammu to promote, support and provide opportunities for budding entrepreneurs & students in their journey whilst they establish their goals and dreams for the same.

On Day 2 of the Festival i.e. the 18th March 2023, we have planned a series of events, with Motivational Speakers. Panel Discussions, Workshops, screening of Films, a vibrant market place and a Food Festival along with detailed information to schemes available for budding entrepreneurs, students & Start ups to maximize their interest in the eco system.

Attached is our Deck for the same.

We look forward to receive a list of participants latest by Tuesday the 14th March 2023, so that we can close in on all details. Upon your confirmation, we will share the list of our Eminent Speakers and Panelists.

Your confirmation can be emailed to us on kritusingh.dps@gmail.com &
flojammu-kashmirandladakh@ficci.com

Yours Sincerely,

Kunwarani Ritu Singh
Founding Chairperson
FICCI FLO Jammu-Kashmir & Ladakh

JAMMU

## Minutes of Meeting

**Date and Time:** 17-03-2023 at 4:30 PM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling & PlacementCell)
- Prof. Malti Rajput (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)

**Agenda of the Meeting:**

- With reference to letter received from FICCI FLO JKL, planning a visit of students to Royal Retreat , Hari Niwas Palace, Jammu on 18th of March, 2023 for SEED - The Start up festival organized by Adishree Singh and Team AGENC in Collaboration with FICCI FLO JKL , MIET and Maharaja Hari Singh Foundation to promote start up culture in Jammu.

**Resolution:**

It was unanimously decided that:

- The participation in the said event will be organized in collaboration with IIC of the college.
- 30 students from hostel will attend the said event.
- Prof. Suman Bala and Prof. Anupama Sharma will accompany the students.
- College bus will be used for the transportation.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

PRINCIPAL



*Ritu Singh presenting a memento to a dignitary during the event at Jammu on Sunday.*

# SEED- a startup festival organized

*Excelsior Correspondent*

JAMMU, Mar 19: SEED- brainchild of Adishree Singh and team AGENC in collaboration with FLO JKL, MIET, and Maharaja Hari Singh Foundation promoted startup culture in Jammu, today.

The startup festival was launched over 2-days as an outreach to the startup ecosystem from Jammu & Kashmir by Ritu Singh.

The festival started with a session at MIET, laying emphasis on pitching, networking, awards and participation of stakeholders from IIT, IIIM, IIM, JKEDI, SMVDU, SKUAST, BGBSU and MIET as well as women entrepreneurs from FLC.

Ritu Singh shared her blue sky vision of creating 50 unicorns by 2030 and emphasized how SEED will create a positive impact on the same.

Maharaja Hari Singh Foundation and Hari Niwas hosted "Sufi under the Stars" at the iconic Amar Mahal by Ustad Ma Zila Khan and her musicians.

She paid reverence to the Shakti force in a powerful rendition of the Devi stotras and her melody of Ghazals, Sufiana and curated songs for "SEED", reviving the age old traditions of the royal household, MK Ajatshatru Singh at Ritu Singh along with their daughter Adishree Singh played impeccable hosts giving Jammu a taste of their royal patronages.

On day-2, a curated series of talks, workshops, panel discussions, film screenings by industry leaders and motivational speakers to inspire the next generation of entrepreneurs, wherein guests of honour were Dr. Rashmi Singh Commissioner State Taxes, Prof. Manoj Gaur Director IIT Jammu, Vivek Sharma CIO IIM.

The list of speakers included Ritu Singh, Jyotika Jalani, Varuna Anand, Adishree Singh, Aditi Chopra, CA Ayush Sawhney, Nukul Mehra, Delight William and Suvidha Jain.

The panelists on the reverting discussions were Shristi Nagpal, Goumtesh Singh, Capt. Sachin Verma, Sonad Gupta, Ridhima Dewan, Vasudha Prabhakar, Mannat Kharbanda, Shreya Jain, Akshat Dhawan, Himani Kapoor and Harjot Singh.

A powerful face yoga session by Kanupriya Garg, while film screening "Girnein" by Sonalika Jain and a film on female feticide by Dr. Virender Sharma were also screened during the event.

The participants were students and faculty from IIT Jammu, IIM Jammu, MIET, GCW Gandhi Nagar, GCW Akhnoor, GCW Parade, alumni from DPS and others.

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

### Program Outcomes of SEED - The Start up festival
### Dated: 18-03-2023

For a start-up festival like SEED (Start-up Entrepreneurship and Empowerment Drive) organized by FICCI FLO (Federation of Indian Chambers of Commerce and Industry Ladies Organization), the program outcomes can be:

1. **Networking Opportunities**: SEED provided a platform for start-ups, entrepreneurs, investors, mentors, and industry experts to connect and network.
2. **Knowledge Exchange**: The festival aimed to promote knowledge sharing among participants. The program provided a platform for entrepreneurs to learn from industry leaders and subject matter experts through keynote speeches, panel discussions, workshops, and presentations on various topics relevant to start-ups and entrepreneurship.
3. **Skill Development**: SEED focused on enhancing the skills and capabilities of start-up founders and aspiring entrepreneurs.
4. **Funding and Investment Opportunities**: SEED aimed to bridge the gap between start-ups and potential investors. The program included connecting entrepreneurs with angel investors, venture capitalists, and other funding sources. It provides a platform for start-ups to pitch their ideas, showcase their products or services, and secure funding or investment for business growth.
5. **Showcasing Innovations**: The festival serves as a platform for start-ups to showcase their innovative products, services, and solutions. The program outcome includes providing visibility and recognition to participating start-ups, increasing brand awareness, and facilitating potential collaborations or partnerships with other participants or industry stakeholders.
6. **Policy Advocacy**: SEED emphasized the importance of supportive policies and regulations for fostering a favorable start-up ecosystem.
7. **Inspiration and Motivation**: SEED aimed to inspire and motivate aspiring entrepreneurs. The program included featuring success stories of accomplished entrepreneurs who have overcome challenges and achieved significant milestones in their entrepreneurial journey. Such stories serve as inspiration and motivation for participants to pursue their entrepreneurial dreams.
8. **Women Empowerment**: FICCI FLO, being an organization focused on women empowerment, aims to encourage and support women entrepreneurs through SEED. The program provided a platform specifically dedicated to women-led start-ups, highlighting their achievements, and fostering an inclusive environment that promotes gender diversity in entrepreneurship.
9. **Collaboration and Partnerships**: SEED encouraged collaboration and partnerships among start-ups, industry players, and other stakeholders. The program outcome includes facilitating interactions and discussions that lead to potential collaborations, joint ventures, or partnerships among participants, thereby fostering a collaborative ecosystem.

**Convenor**

# Activity Report

Orientation lecture on
"Career Opportunities in All India Radio - The Roadmap"
Dated: 12-04-2023

Principal,
Padma Shri Padma Sachdev,
Govt. College for Women,
Gandhi Nagar, Jammu.

**Sub: Request to conduct career awareness talk.**

Madam,

Apropos to the subject, I share that I Madhvi Sharma, am an alumnus of this prestigious institution. I passed out from this college in 1984 and currently I am working with AIR in the capacity of Senior Broadcaster.

Madam, I want to share my long experience in this field and also the various career opportunities at AIR. I understand that the young generation is not very aware of it. I want to sensetize the current students of the college about it as my moral duty towards my Alma matar.

Kindly give some convenient time.

Thanks & Regards



Madhvi Sharma
5/4/23

Mobile No: 9419102359
E-Mail: principal@gcwgandhinagar.com
principalgcwgan.ghnagar@gmail.com
Fax/Land Line No 01912435158

OFFICE OF THE PRINCIPAL
PADMA SHRI PADMA SACHDEV
GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

No. WCG/94
Dated: 06/04/23

Dear Madhvi Jee

Your alma matar is really proud to see you established so well in the AIR. We appreciate your connection for your younger sisters to enlighten them about carreer opportunities in your field of excellence. Your are requested to schedule a talk on 12th April at 12:00 P.M in the college auditorium on the topic "Carreer Opportunities in AIR-The Readmap".

Kindly confirm.

Regards

06.04.23

**Prof. Minu Mahajan,**
**(Principal)**

**PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU**

## Minutes of Meeting

**Date and Time:** 06-04-2023 at 10:30 AM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling & Placement Cell)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

**Agenda of the Meeting:**

- Planning and Execution of awareness lecture on "Career Opportunities in All India Radio - The Roadmap"

**Resolution:**

It was unanimously decided that:

- The awareness lecture on "Career Opportunities in All India Radio - The Roadmap" will be conducted on 12-04-2023.
- The lecture will be organized in collaboration with Alumni Association of the college.
- Ms. Madhvi Sharma, Senior Broadcaster, All India Radio will be the resource person.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

PRINCIPAL

# Alumni Association

of

# Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar, Jammu

in collaboration with

***Career Counselling And Placement Cell***

*organizing an Orientation Lecture on*

## *"Career Opportunities In AIR- The Roadmap."*



Patron

*Prof. Minu Mahajan*

Principal

*Venue:- College Auditorium*

*Date: 12-04-2023*

*Time 12.00PM*



Resourse Person

*Ms. Madhvi Sharma*

Senior Broadcaster, AIR

**Organizing committee**

Prof Rajni Kumari, Associate Professor in Economics
Prof Renu Rajput, Associate Professor in Physics
Prof Rajinder Kumar, Assistant Professor in Physics
Prof Sugandha Mahajan, Assistant Professor in Botany
Prof Malti Rajput, Assistant Professor in Chemistry
Prof Neelam Thapa, Assistant Professor in English
Prof Suman Bala, Assistant Professor in English

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# 'SPS GCW organises Orientation Lecture



*Alumni Association members, students and faculty posing for a group photograph*

**STATE TIMES NEWS**

MMU Alumni Association collaboration with Career unseling and Placement Cell Padma Shri Padma Sachdev ernment College for men Gandhinagar Jammu Wednesday organised an on tation lecture on 'Career Opportunities in All India Radio The Roadmap for the College students'

The Programme started with the formal welcome of the Resource Person for the day Madhvi Sharma, Senior Broadcaster, All India Radio, the most Vibrant and Adoptable Personality really blessed by the Goddess Saraswati; Prof. Mini Mahajan, Principal of the College, the galaxy of Intellectuals and the students.

Prof. Mini Mahajan expressed gratitude to Madhvi, the Alumnus of PSPS GCW Gandhinagar (1984 Batch) who readily agreed to act as torchbearer for the students in the world of Radio. She also encouraged the students to keep the flame of curiosity always on and learn by experience, recognize their strength and set the goals. Madhvi in her mesmerizing voice, motivated the students to be part of Radio world to polish their communication skills, overall personality and maintain a connection with regional languages to bloom and grow. She also enlightened the students about the Casual Announcer Test and other posts advertised in the radio. The Proceedings of the programme were conducted by Prof. Supradha and concluded with the formal Vote of thanks by Prof. Neelam Thapa.

The whole programme was coordinated by Prof. Rajni Kumari, Convener Career Counseling Cell and members Prof.Renu Rajput, Prof. Malti Rajput, Prof. Suman Bala and Prof. Rajender Kumar.

# 'ISF commemorates its bravehearts at NPM

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

## Program Outcomes of Lecture on Career Opportunities in AIR
## Dated: 12-04-2023

A career as an announcer in All India Radio (AIR) can offer various opportunities to individuals interested in broadcasting and communication. Here are some potential career paths within AIR for announcers:

1. **Radio Announcer/Presenter**: As an announcer or presenter, you would be responsible for hosting programs, introducing music, conducting interviews, and engaging with listeners. You may work across different program genres, such as music shows, talk shows, educational programs, cultural programs, and more.
2. **News Reader/Anchor**: In this role, you would deliver news bulletins, read news scripts, and provide updates on current events. News readers or anchors in AIR are responsible for presenting news in a clear, unbiased, and engaging manner.
3. **Voiceover Artist**: As a voiceover artist, you would lend your voice to various programs, commercials, announcements, and promotional materials. This includes recording voiceovers for radio advertisements, documentaries, public service announcements, and other audio content.
4. **Program Producer**: As a program producer, you would be involved in planning, developing, and producing radio programs. This includes creating content, conducting research, scheduling interviews, editing audio, and ensuring the smooth execution of programs.
5. **Specialized Program Host**: Depending on your interests and expertise, you may have the opportunity to host specialized programs focused on specific genres or subjects. This could include hosting music shows, cultural programs, literary programs, sports shows, or programs targeting specific communities or languages.
6. **Radio Drama Artist**: AIR is known for its radio dramas and plays. As a radio drama artist, you would lend your voice to different characters and bring scripts to life through sound. This role requires the ability to perform with vocal versatility and convey emotions through voice acting.
7. **Language Interpreter**: With proficiency in multiple languages, you may have opportunities to work as a language interpreter for programs that require translation or bilingual communication. This role involves interpreting content accurately and effectively for listeners.
8. **Program Coordinator/Executive**: As you gain experience and expertise, you may progress into roles that involve coordinating programs, managing schedules, overseeing program quality, and ensuring adherence to broadcasting guidelines and regulations.

To pursue a career in All India Radio, it is advisable to stay updated with recruitment notifications and opportunities advertised by the Prasar Bharati, which oversees AIR. Additionally, gaining practical experience, building a strong portfolio, and enhancing your communication skills can strengthen your prospects in securing a role as an announcer in All India Radio.

Convenor

# Activity Report

## Awareness Programme
## on
## "Career opportunities in MBA"
## Dated: 23-05-2023

# THE BUSINESS SCHOOL
UNIVERSITY OF JAMMU
JAMMU - 180 006

P : 0191-2430133
E : directortbs@jammuuniversity.ac.in
W : www.tbsju.in
www.jammuuniversity.ac.in


No. TBS/JU/23/10172

Director

Dated 22-05-2023

**Principal**
**Government College for Women**
**Gandhinagar**

**Dear Madam**

This is with regard to "Career Counseling for Undergraduates" initiated by The Business School, University of Jammu to create awareness about the various career options associated with MBA Program. You are requested to kindly give us an opportunity to interact with your students of the final year on **23rd May, 2023**.

Looking forward to your positive response.

Thanking you in anticipation.

Vinay Chauhan

**Prof. Vinay Chauhan**
**Director**
**The Business School**

# PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU

## Minutes of Meeting

**Date and Time:** 22-05-2023 at 4:30 PM
**Venue:** Chamber of the Principal
**Chairperson:** Prof. Minu Mahajan (Principal)

**Members Present:**

- Prof. Rajni Kumari (Convener, Career Counseling and Placement Cell)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

**Agenda of the Meeting:**

- With reference to letter received from the Business School, University of Jammu dated 22-05-2023, planning and organising of Awareness Programme on "Career Options in MBA".

**Resolution:**

It was unanimously decided that:

- The programme will be organized on 23-05-2023 at 1PM in the college auditorium.
- Students for sem 6th will attend the programme.

**Members of the Career Counseling and Placement cell.**

- Prof. Rajni Kumari (Convener)
- Prof. Renu Rajput (Member)
- Prof. Malti Rajput (Member)
- Prof. Neelam Thapa (Member)
- Prof. Suman Bala (Member)
- Prof. Rajinder Kumar (Member)
- Prof. Sugandha Mahajan (Member)

The meeting ended with the formal vote of thanks to the Chair.
Submitted to the Worthy Principal for approval.

**PRINCIPAL**

following the lecture, atten

# GCW Gandhi Nagar organises awareness programme on career opportunities

GJ REPORT

JAMMU, MAY 23: Career Counselling and Placement Cell of Padma Shri Padma Sachdev Government College for Women Gandhinagar, joining hands with TBS, University of Jammu, today conducted an Awareness Programme on "Career Options in MBA".

The Programme started with the formal welcome of the Resource Persons for the day - Prof. Alka Sharma, and Director SIIEDC: Dr. Rachna Mahajan, Associate Professor : Dr. Farah Choudhary , Senior Assistant Professor : Isha, Aditya, Aryan - the Students of Semester-2 from TBS as young motivational speakers; Prof. Minu Mahajan, Principal of the College; a galaxy of Intellectuals and around 470 students of ongoing Semester -6.

Prof. Minu Mahajan, in her address, encouraged the students to keep the flame of knowledge always on. To recognize their strengths, learn by the experience of others. She also enlightened the students about the importance of goal setting in life and how the Career Counselling Cell of the College is striving hard to apprise students to meet the challenges of life.




Students of GCW Gandhi Nagar posing for a group photograph on Tuesday.

The Resource Persons deliberated on various career options associated with the MBA Program through a powerpoint presentation. They also apprised students about IMA Entrance test , CAT , MAT Test wherein the focus was upon registration, preparation , syllabus , exam pattern etc. The lecture concluded with the interaction and question answer session.

The Proceedings of the programme were conducted by Prof. Neelam Thapa and concluded with the formal Vote of thanks by Prof.Renu Rajput, whole programme was coordinated by Prof. Rajni Kumari, Convener Career Counseling Cell and members- Prof. Mahi Rajput, Prof. Suman Bala, Prof. Sugandha Mahajan and Prof. Rajinder Kumar.

## Career Counseling and Placement Cell
## Padma Shri Padma Sachdev GCW Gandhi Nagar, Jammu

### Program of Awareness Programme on Career opportunities in MBA
### Dated: 23-05-2023

An MBA (Master of Business Administration) degree opens up a wide range of career opportunities across various industries and sectors. Here are some of the popular career paths that MBA graduates often pursue:

1. **Management Consultant**: As a management consultant, the students can work with organizations to solve complex business problems and improve their overall performance. They can analyze issues, develop strategies, and provide recommendations to enhance efficiency and profitability.
2. **Investment Banking**: MBA graduates often pursue careers in investment banking, where they work on financial transactions such as mergers and acquisitions, IPOs, and corporate restructuring. Roles include investment banking analyst, associate, and eventually vice president or director.
3. **Marketing Manager**: Marketing managers develop and implement strategies to promote products or services, conduct market research, manage advertising campaigns, and analyze consumer behavior. MBA graduates with a specialization in marketing can excel in this role.
4. **Financial Manager**: Financial managers oversee an organization's financial health, including budgeting, financial planning, and investment management. They analyze financial reports, make strategic decisions, and ensure compliance with regulations.
5. **Operations Manager**: Operations managers are responsible for optimizing the production and delivery of goods and services. They oversee supply chain management, process improvement, and quality control to maximize efficiency and minimize costs.
6. **Entrepreneurship**: Many MBA graduates choose to start their own businesses or join startups. An MBA equips you with the skills and knowledge needed to develop business plans, secure funding, and manage various aspects of a startup.
7. **Human Resources Manager**: HR managers handle employee recruitment, training, and development, performance management, and compensation and benefits. They ensure that the organization has a talented and motivated workforce.
8. **Business Development Manager**: Business development managers identify and pursue growth opportunities for a company. They establish strategic partnerships, negotiate deals, and expand the company's customer base.
9. **Product Manager**: Product managers oversee the development and launch of new products or services. They conduct market research, define product strategies, coordinate with cross-functional teams, and manage the product life cycle.
10. **Non-profit Management**: MBA graduates can pursue careers in the non-profit sector, working as executive directors or program managers for non-profit organizations. They apply business principles to achieve the organization's social or environmental goals.

These are just a few examples, and there are numerous other career paths available to MBA graduates depending on their interests, specialization, and industry preferences. MBA programs often provide opportunities for internships, networking, and career services, which can further enhance job prospects.

Convener !

# Activity Report

## Awareness Lecture on
## "Education Abroad Opportunities"
## Dated: 27-03-2023

Prof-Rajni 124

Respected Sir / Madam,

**Subject: Permission letter to Principal for conducting Seminar /Workshop.**

**Greetings of the day.**

Gateway Abroad is a global leader in international educational services. We have been in the industry for close to 20 years and know the best practices to help the students realize their dream of studying abroad. Our range of services, experienced staff and foothold in the industry ensures that the student's international future is bright and rewarding. As part of our stay in business, we conduct seminars and workshops in various educational institutes.

We intend to conduct a Seminar at your institution wherein the students would be apprised about benefits of pursuing their higher education abroad. The presentation has been designed solely to help the students gather the correct and updated information from the industry experts having vast experience.

We would like to request your good office to allow us to conduct a Seminar/Workshop with the theme: "Education Abroad Opportunities" to be facilitated to the 2nd and 3rd year students.
We shall require an auditorium or a hall with audio-video facilities.
We would also like to ask for your assistance or recommendations for the best duration for this upcoming plan. We welcome your intelligent suggestions regarding this matter.

Hoping for your favorable response about the matter.

With warm regards,

Truly yours,

Vinay Kamal
Gateway Abroad (J&K)

(127)

G20 भारत 2023 INDIA

# Padma Shri Padma Sachdev Govt College for women Gandhi Nagar Jammu



Patron
Prof. Minu Mahajan
Principal

Career Counselling / Placement Cell
Organizing
An Awareness Program
on

"Education Abroad Opportunities"
for Sem. 3rd and 5th Students.

Venue:- RKB-12
Time:- 10.30 a.m.
Date : 27/03/2023

Organising committee
Prof Rajni Kumari, Associate Professor in Economics
Prof Renu Rajput, Assistant Professor in Physics
Prof Rajinder Kumar, Assistant Professor in Physics
Prof Sugandha Mahajan, Assistant Professor in Botany
Prof Malti Rajput, Assistant Professor in Chemistry
Prof Neelam Thapa, Assistant Professor in English
Prof Suman Bala Assistant Professor in English

# PSPS GCW Gandhinagar hosts awareness lecture on education abroad




■JL NEWS SERVICE

**JAMMU, Mar 27:** The Career Counselling and Placement Cell of Padma Shri Padma Sachdev Government College for Women, Gandhinagar organised an awareness lecture on "Education Abroad Opportunities" in the college today.

The programme began with a formal welcome of the chief guest, Prof Minu Mahajan, Principal of the college; Prof Neelam Bhagat, Associate Professor in the Department of Home Science; and Vinay Kamal, Lead Counsellor of Gateway Abroad Consultants for Higher Education Abroad.

Prof Mahajan encouraged students to break out of their cocoons and fly high in pursuit of their ambitions.

She added that a lack of guidance can hinder progress but the efforts of the college's Career Counselling Cell have provided opportunities to students at their doorstep.

In his interactive presentation, Vinay Kamal talked about various courses offered by foreign universities, their selection process and an overview of admission guidance and visa assistance. He also motivated and informed students about IELTS, GRE and GMAT tests to help them fulfill their dream of pursuing higher education abroad. The proceedings of the programme were conducted by Prof Sugandha and concluded with a formal vote of thanks by Prof Suman Bala.

The entire programme was coordinated by Prof Rajni Kumari, Convener of the Career Counselling Cell, and members Prof Renu Rajput, Prof Malti Rajput and Prof Rajinder Kumar.

# Awareness lecture by Gateway Abroad Consultants for Higher Education

(131)



Photo by Harinder

**TT CORRESPONDENT**

**JAMMU, MAR. 27:** Career Counseling and Placement Cell of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar Jammu organised an Awareness Lecture on "Education Abroad Opportunities" for 3rd and 5th Semester students on 27th of March, 2023 in Radhakrishan Block of the College.

The Programme started with the formal welcome of the Chief Guest Prof. Minu Mahajan, worthy Principal of the College; Prof. Neelam Bhagat, Associate Professor, Deptt. of Home Science and Resource Person Mr. Vinay Kamal , Lead Counsellor of Gateway Abroad Consultants for Higher Education Abroad.

Prof. Minu Mahajan, encouraged the students to break the Cocoons and fly high in the open sky of ambitions. She added that lack of guidance hinder us to do well but the efforts of College Career Counseling Cell has provided the opportunities to students at doorstep.

Vinay Kamal, in his interactive Presentation talked about various Courses offered by the Foreign Universities, their Selection process and overview of Admission Guidance and Visa assistance.

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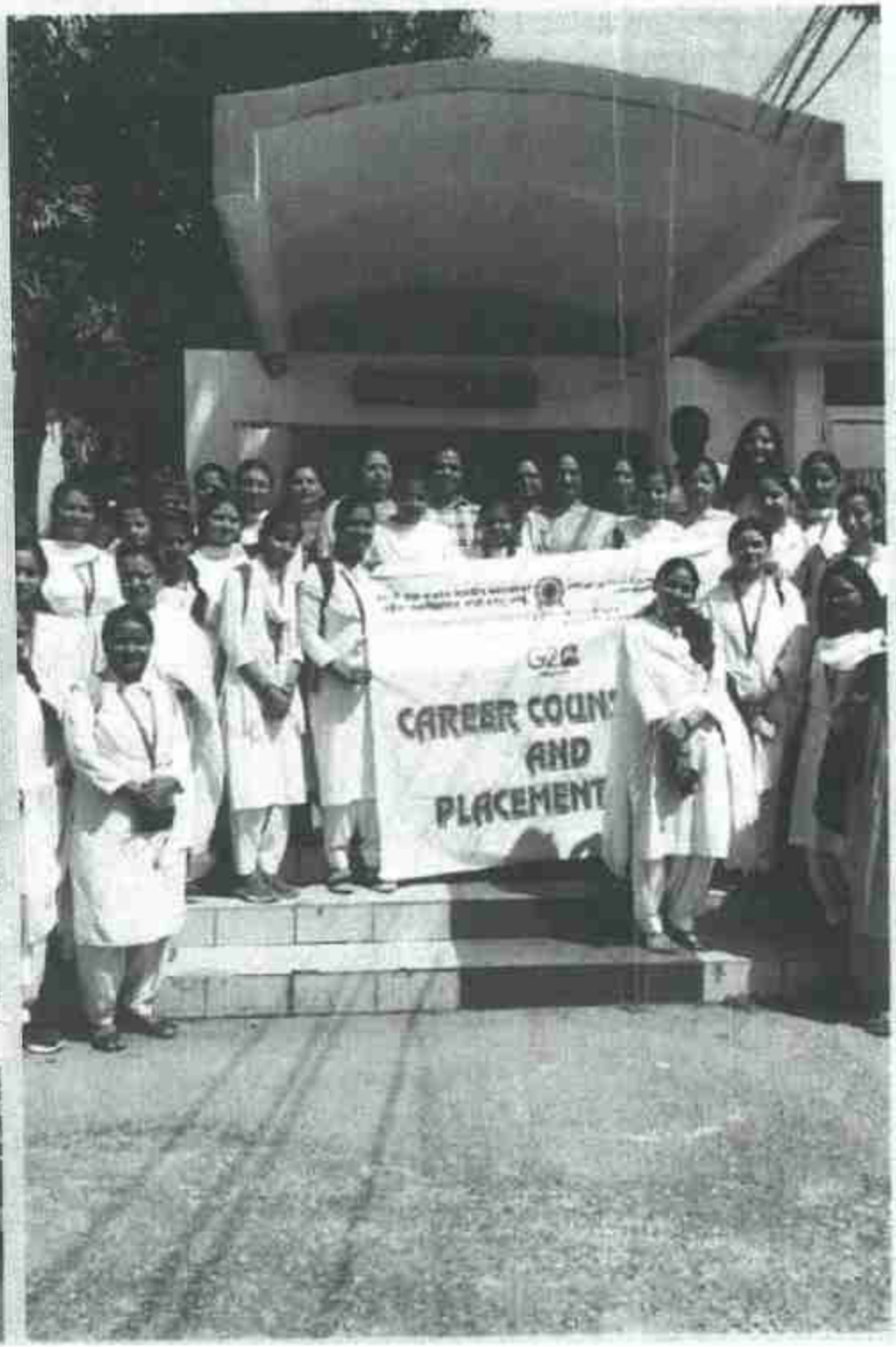
CAREER COUNSELING
AND
PLACEMENT CELL






CAREER COUN
AND
PLACEMENT

# Career Counseling Cell of PSPS GCW Gandhi Nagar organizes awareness lecture

(134)

**JAMMU BULLETIN NEWS**
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# Activity Report

## Free Coaching Classes for Common University Entrance Test
## Dated: 25-05-2023 to 05-06-2023



UNIVERSITY OF JAMMU

# DEPT OF COMPUTER APPLICATIONS
# P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
**(A Constituent College of Cluster University of Jammu)**

## Report on Free Coaching Classes for Common University Entrance Test

The Department of Computer Applications and Career Counselling Cell of PSPS Govt. College for Women Gandhi Nagar Jammu organized a series of free coaching classes to prepare students for the upcoming Common University Entrance Test (CUET) for postgraduate courses in Computer Applications. The initiative aimed to equip 6th-semester students with the necessary knowledge and skills to excel in their academic pursuits.

Under the visionary leadership of Prof. Minu Mahajan, the esteemed principal of the college, a total of 16 enthusiastic students actively participated in the coaching classes, which were conducted from May 25th to June 5th, 2023. Prof. Rohit Gupta, the Head of the Department of Computer Applications, served as the dedicated resource person, guiding and mentoring the students throughout the coaching program.

The coaching classes were conducted in the state-of-the-art smart classroom of the college, equipped with contemporary audio-visual aids to facilitate effective and engaging learning experiences. Prof. Rohit Gupta leveraged various teaching methodologies to cover essential topics such as computer fundamentals, computer architecture, binary arithmetic, and binary logic. The students benefitted immensely from the comprehensive curriculum and interactive sessions, which fostered a deep understanding of the subjects.

The successful execution of these coaching classes was made possible through the collaborative efforts of the Career Counselling Cell and the Department of Computer Applications under the stewardship of Prof. Minu Mahajan, the worthy principal of the college. The free coaching classes for the CUET not only demonstrate the college's dedication to fostering educational growth but also serve as a testament to the institution's commitment to empowering its students with the necessary skills and knowledge to succeed in their chosen field of study.

TRULY TIMES
JAMMU, WEDNESDAY, JUNE 14, 2023

# SPS Govt P.G College for Women Empowers Students with Free Coaching Classes for Common University Entrance Test



# PSPS Govt Women College empowers students with free coaching classes for Common University Entrance Test



Office of the Principal
Soil Conservation Training School, Mit

PSPS Govt Women College empowers students with free coaching classes for Common University Entrance Test



# PSPS گورنمنٹ ویمن کالج طالبات کو کامن یونیورسٹی کے



# PSPS GCW Gandhi Nagar organizes free coaching classes to prepare students for CUET



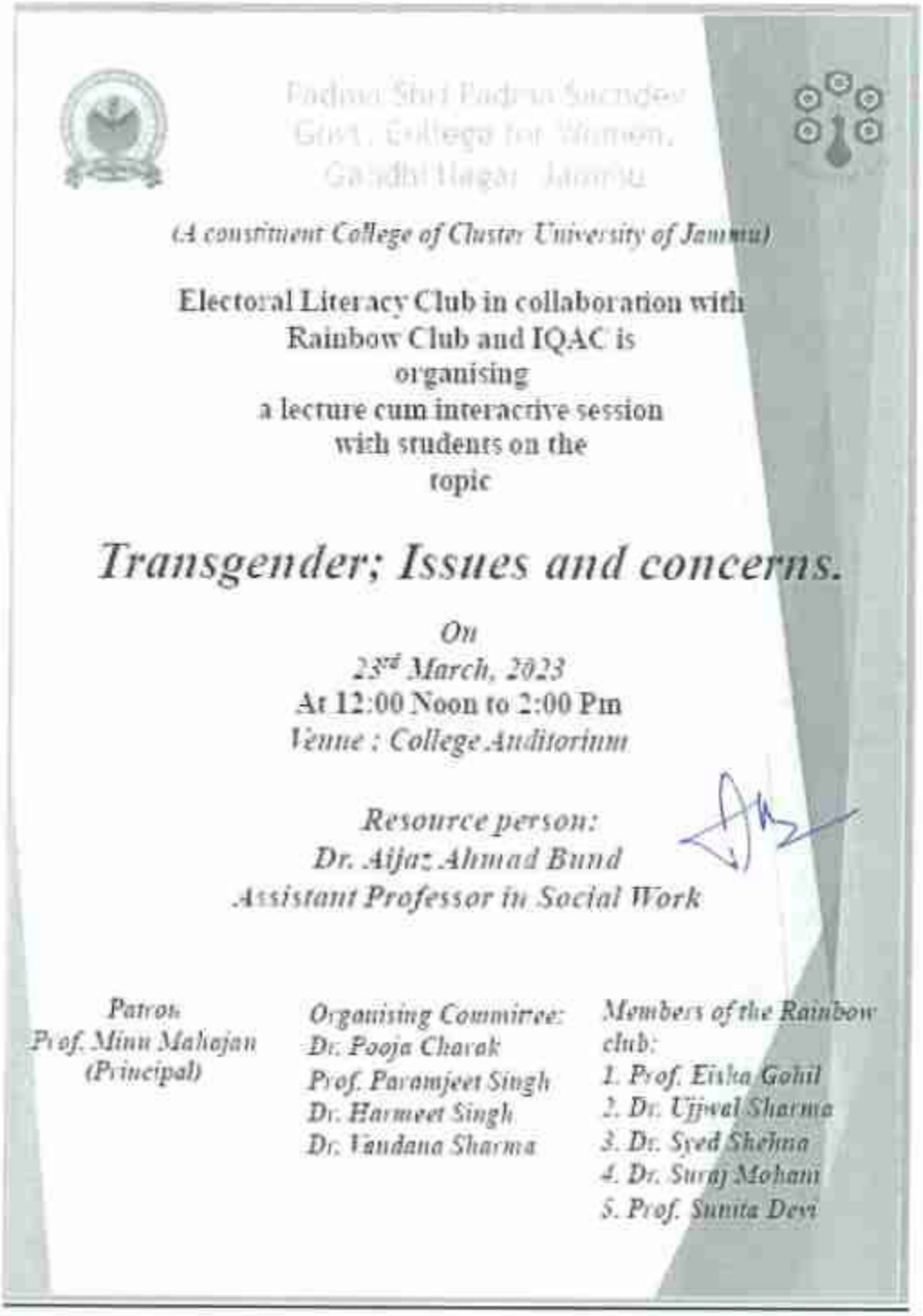
CLUSTER UNIVERSITY OF JAMMU

## DEPT OF COMPUTER APPLICATIONS
## P.S.P.S GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
(A Constituent College of Cluster University of Jammu)

### Outcome of Free Coaching Classes for Common University Entrance Test

The coaching classes were conducted in the state-of-the-art smart classroom of the college, equipped with contemporary audio-visual aids to cover essential topics such as computer fundamentals, computer architecture, binary arithmetic, and binary logic. The students benefitted immensely from the comprehensive curriculum and interactive sessions, which fostered a deep understanding of the subjects. The classes provided holistic educational opportunities for the student in nurturing academic excellence with the necessary skills and knowledge and enabling students to perform exceptionally well in competitive examinations.

**Electoral Literacy Club Of PSPS, GCW Gandhi Nagar College Organised Lecture cum Interactive Session on Transgender; Issues & Concern On 23rd March 2023**



# Electoral Literacy Club

## Minutes of Meeting

Date & Time [illegible] at 11:00 AM

Venue: [illegible]

Prof Mina Mahajan

Faculty Present

Dr. Pooja Charak (Convenor) Prof.Paramjeet Singh Dr. Harmeet Singh
Prof. Sunita Devi

Dr. Vandana Sharma

**Agenda of the Meeting:**

The agenda of the meeting was to discuss and seek suggestions for conducting online Lecture regarding Transgender : Issues and Concerns in collaboration with IQAC for the college students.

**Consent Items:**

1. It was resolved to hold online Lecture cum Interaction session on 23rd March 2023 at 12:00.
2. It was decided that the venue for the event would be the College Auditorium.
3. It was emphasized that the session would be held under the aegis of College IQAC with joint collaboration of Electoral Literacy Club & Rainbow Club of college.
4. It was unanimously decided that the Resource Person of the event will be Dr. Aijaz Ahmad Bund, Assistant Professor in Social Work Department, GDC Pulwama,Kashmir.
5. It was decided that Welcome address , Banner, Flyer ,Vote of Thanks and Press release, will be prepared by Dr.PoojaCharak, Prof.Paramjeet Singh & Dr. Harmeet Singh , Prof. Sunita Devi and Dr. Vandana Sharma respectively.
6. It was consented that Ms. Mehrosh Malik act as Moderator and Ms. Ashpreet Kaur will take care of the Stage management.

The meeting ended with vote of thanks to the chair and was attended by

Prof.Paramjeet Singh

Dr. Harmeet Singh

Prof. Sunita Devi

Dr. Vandana Sharma

Dr.PoojaCharak (Convenor)

Prof. Mina Mahajan
(Principal)

OFFICE OF THE PRINCIPAL
PADMA SHRI PADMA SACHDEV
GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
(CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

No. WCG/1846
Dated: 24/3/2023

Dr. Aijaz Ahmad Bund,
Assistant Professor in Social Work,
GDC Pulwama, Kashmir

**Subject: Invitation as Resource Person for conducting an online lecture.**

Sir,

We feel delighted to invite you for conducting an interactive session with students regarding "**Transgenders: Issues & Concerns**", to be held on 23rd of March, 2023 at 12:00 noon in P.S.P.S. Govt. P.G. College for Women, Gandhi Nagar, Jammu.

Thanking you,

Yours faithfully

Principal

OFFICE OF THE PRINCIPAL,
Padma Shri Padma Sachdev
GOVT. COLLEGE FOR WOMEN
Gandhi Nagar, Jammu
(A constituent College of Cluster University of Jammu)
(NAAC Accredited Grade "A")

No: WCG/ 78
Dt: 5/04/2023

# ELECTORAL LITERACY CLUB AND RAINBOW CLUB ORGANIZED AN INTERACTIVE SESSION ON THE TOPIC "TRANSGENDER ISSUES AND CONCERNS"

## PRESS RELEASE

Electoral Literacy Club and Rainbow Club, in collaboration with IQAC, of Padma Shri Padma Sachdev, Govt College For Women,Gandhi Jammu, organized an interactive session on the topic-"Transgender Issues and Concerns" on 23rd March 2023.The programme was held under the patronage of Principal Prof.Minu Mahajan. The speaker on the occasion was Prof Aijaz Ahmed, Assistant Professor of Social Work, GDC Pulwama. The welcome address was given by Prof Harmeet Singh, member of Electoral Literacy Club. Prof Ahmed provided insights on the problems and issues faced by the transgender community in J&K UT. He sensitised the audience about the importance of inclusivity in social dynamics where every individual is given respect irrespective of their gender orientation and expression. He also talked about legal aspects of property inheritance by transgender community. His words elicited multiple questions from the student community which were satisfactorily answered by him. The Principal of the college highlighted the need to discuss issues related to transgender community in public forums to create awareness and reduce stigma towards them. The event was organised under the guidance of Convenor IQAC Prof Yashpal Sharma and was coordinated by Dr Pooja Charak, Prof Paramjeet Singh, Dr Harmeet Singh, Dr Vandana Sharma, Prof Eisha Gohil, Dr Ujjwal Sharma, Dr Syed Shehna, Dr Suraj Mohani and Prof Sunita Devi.

A total of 103 students and 22 faculty members participated in the event. The event was moderated by Ms Ashpreet and Ms Mehrosh, students of 3rd and 5th semester.

The vote of thanks was presented by Prof Sunita Devi. She thanked the Principal, IQAC Convenor, Resource person, faculty members and students for active participation. She also acknowledged Mr Paras , Mr Subhash, Mr Vikram Singh for their technical support.

Principal



## PSPS GCW Gandhi Nagar Jammu Electoral Literacy Club and Rainbow Club organised an interactive session on the topic "Transgender Issues and Concerns



# 6

Edit/Op-

## EDITORIAL

### Harnessing Renewable Energy

## Inflation man

## Night Bus Service: Div Com Directs For Immediate Induction Of Buses On Routes



## Jairam Writes To CBI Chief, Seeks Shah's Q Over 'Sangma Govt Most-Corrupt' Remar



## Interactive session on the topic- "Transgender Issues and Concerns' held



STUDENTS DURING THE PROGRAMME AT DCM, GANDHI NAGAR

## Waqf To Constitute Its Own Rule Committee To Decide Moon Sigh

GRIEVANCE

## ROAD PASSING THROUGH GUJJAR BASTI, BELI CHARANA IN SHAM







(153)

OFFICE OF THE PRINCIPAL
Padma Shri Padma Sachdev
GOVT. COLLEGE FOR WOMEN
Gandhi Nagar, Jammu
(A constituent College of Cluster University of Jammu)
(NAAC Accredited Grade "A")

Prof. Mona Mahajan
Principal

No: WCG/235
Dt: 24/4/2023

# Letter of Appreciation

I would like to express my heartfelt gratitude to Dr Aijaz Ahmed Bund, Assistant Professor in Social work, Govt. Degree College Pulwama for sparing his Valuable time for conducting an Online Interactive Session with students on the topic **Transgenders: Issues and Concerns** held on 23rd of March 2023 organized by Electoral Literacy Club and Rainbow Club of the College.

His effort and diligence is highly commendable.

Principal

**Outcome Of Avtivity**

Electoral Literacy Club and Rainbow Club, in collaboration with IQAC, of Padma Shri Padma Sachdev, Govt College For Women,Gandhinagar Jammu, organized an interactive session on the topic-"Transgender Issues and Concerns" on 23rd March 2023.The programme was held under the patronage of Principal Prof.Minu Mahajan. The speaker on the occasion was Prof Aijaz Ahmed, Assistant Professor of Social Work, GDC Pulwama. Prof Ahmed provided insights on the problems and issues faced by the transgender community in J&K UT. He sensitised the audience about the importance of inclusivity in social dynamics where every individual is given respect irrespective of their gender orientation and expression. He also talked about legal aspects of property inheritance by transgender community. His words elicited multiple questions from the student community which were satisfactorily answered by him.

Outcome of the session :-

- Students and audience learnt acceptable terms for gender and sexual identity in the lesbian, gay, bisexual, transgender, or queer community.
- The session summarized challenges in the care of the lesbian, gay, bisexual, transgender, or queer community.
- Students got more sensitized about lgbtq+ issues and concerns.
- Students queries were answered and awareness through the session was propagated about lgbtq community.
- It helped students engage better and get deep insights about lgbtq legal, social and political issues.

Academic :- Electoral literacy club.

Transgender, Issues and Concerns (23rd March 20

| S.no | Name of Students | Semester | Mobile No. | Sign |
|---|---|---|---|---|
| 1 | Akanksha | 4th | 7850694016 | Akanksha Rathore |
| 2. | Manisha Devi | 4th | 9088420808 | Manisha |
| 3. | Ankita Jandyal | 4th | 9882398160 | Ankita |
| 4 | Priyanka Verma | 4th | 8628298420 | Priyanka |
| 5. | Rahul Sharma | 4th | 6005087704 | Rahul |
| 6. | Shalu Jaiswal | 4th | 6005249594 | Shalu |
| 7 | Khushboo Nayeem | 4th | 6005821531 | Khushboo |
| 8 | Kshma Negi | 4th | 8675030723 | Kshma |
| 9. | Sonu | 4th | 9858543516 | Sonu |
| 10. | Sumiti Sharma | 4th | 9418782602 | Sumiti Sharma |
| 11 | Jashveel Kaur | 4th | 9797253127 | Jashveel |
| 12. | Vishali Devi | 4th | 9625624937 | Vishali |
| 13 | Akanksha Verma | 4th | 7544022206 | Akanksha |
| 14. | Sanpreet Kaur | 4th | 9682100136 | Sanpreet |
| 15 | Kamaljeet Kaur | 4th | 8894553989 | Kamaljeet |
| 16 | Pooja Devi | 4th | 8082976583 | Pooja Devi |
| 17 | Sanju Kumari | 4th | 6005261833 | Sanju |
| 18 | Gaurav Thakur | 4th | 7006210612 | Gaurav Thakur |
| 19 | Asiya Bano | 4th | 7889231681 | Asiya |
| 20 | Sadiya Jabeen | 4th | 8082005981 | Sadiya |
| 21 | Sonia Choudhary | 4th | 8103[illegible] | Sonia |
| 22 | Nasia Begum | 4th | 9541096226 | Nasia |
| 23 | Mansezo Kasser | 4th | 7006742810 | Mansezo |
| 24 | Radha Kausic | 4th | 6005[illegible]500 | Radha |
| 25 | Nikita Sharma | 4th | 9103129703 | Nikita Sharma |
| 26 | Mehul Sharma | 4th | 8894027884 | Mehul Sharma |
| 27 | Monika Sharma | 4th | 9103235521 | Monika Sharma |
| 28 | Minakshi Gupta | 4th | 9596[illegible]111 | Minakshi |
| 29 | Vishal Sharma | 4th | 9906[illegible]566 | Vishal Sharma |
| 30 | Shalini Pathak | 4th | 6006[illegible]533 | Shalini Pathak |
| 31 | Kajal Devi | 4th | 9103[illegible]956 | Kajal Devi |
| 32 | Kaak Sharma | 4th | 8809[illegible]2486 | Kaak Sharma |
| 33 | Manika Sharma | 4th | 9625[illegible]056 | Manika |
| 34 | Vandana Kumari | 4th | 9103[illegible]566 | Vandana |
| 35 | Sonia Rana | 4th | 9[illegible]850 | Sonia Rana |
| 36 | Rupanshi Sharma | 4th | 9622152461 | Rupanshi Sharma |
| 37 | Sakshma Kaur | 4th | 9646[illegible]429 | Sakshma Kaur |
| 38 | Sanam Kaur | 4th | 1298[illegible]5604 | Sanam Kaur |
| 39 | Khushboo Angural | 4th | 7889[illegible]950 | Khushboo |
| 40 | Kandarya | 4th | 7480[illegible]989 | Kandarya |
| 41 | Rahul Saini | 4th | [illegible] | Rahul Saini |
| 42 | Sarita Sharma | 4th | 6005[illegible]0911 | Sarita Sharma |
| 43 | Anjali Thakur | 4th | 8[illegible] | Anjali Thakur |
| 44 | Rekha Kaur | 4th | 7[illegible]754 | Rekha Kaur |
| 45 | Sanchita Thakur | 4th | [illegible]9[illegible]45 | Sanchita Thakur |
| 46 | Simranjeet Kaur | 4th | 9990[illegible]285 | Simranjeet Kaur |
| 47 | Simarjeet Kaur | 4th | 9[illegible]8[illegible] | Simarjeet Kaur |
| 48 | Meenakshi | 4th | 9[illegible]0695 | Meenakshi |
| 49 | Sakshi | 4th | [illegible] | Sakshi |
| 50 | Vishu Gupta | 4th | [illegible] | Vishu Gupta |
| 51 | Mahi Chauhan | 4th | 9[illegible]123 | Mahi |
| 52 | Neha Devi | 4th | [illegible]2397 | Neha |

**Minutes of the Meeting**

A meeting of Electoral Literacy Club was held on 09.05.2023 at 1.00 P.M in the Political Science department.

Agenda: The agenda of the meeting was to discuss the plan of action for an upcoming event on 16.05.2023.

The committee members of Electoral literacy Club along with Rainbow club and Social Work Department discussed the plan of action for a One day program cum interactive session on the topic, "Transgenders: Representations & Realities".

The following points were discussed:

1. The date of the event was finalized as 16.05.23
2. The members decided that two lectures would be conducted in the same event, wherein two resource persons would be invited.
3. Various duties were assigned to the committee members of both the clubs.
4. It was decided that a meeting of student counsel would also be convened for a smooth conduct of the event.
5. It was further resolved that a lunch would be organized for the resource persons along with some refreshments for the student counsel.
6. The committee members unanimously decided that the certificates pertaining to the event would also be distributed among the organizing committee and student counsel.

Following members attended the meeting:

Members of Electoral Literacy Club:

1. Dr. Pooja Charak
2. Prof. Paramjeet Singh
3. Prof. Harmeet Singh
4. Dr. Varun Sharma
5. Prof. Vandana Sharma

Members of Rainbow Club:

1. Prof. Eisha Gohil
2. Dr. Ujjwal Sharma
3. Dr. Syed Shehna
4. Dr. Suraj Mohan Jamwal
5. Prof. Sunita Devi

Mobile: 9419102359
Tele & Fax: 0191-2435158
E-Mail: principalgcwgandhinagar@gmail.com

# OFFICE OF THE PRINCIPAL
# PADMA SHRI PADMA SACHDEV
# GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR JAMMU

No/GCW-GN/423
Dt: 12/5/2023

Mr. Jaspreet Singh
Research Scholar in Social Work
Central University of Jammu

**Subject: Invitation as Resource Person for conducting an interactive session.**

Dear Sir,

We feel delighted tc invite you for conducting a **one-day Programme and Interactive Session** with students on the topic **"Transgenders: Representations and Realities"** to be held on **16th of May, 2023 (Tuesday), at 01:30 PM** in the auditorium of PSPS Govt. College for Women Gandhi Nagar, Jammu. Kindly grace the event with your benign presence.

Thanking You,

Yours sincerely

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

Principal

Mobile: 9419102559
Tele & Fax: 0191-2435158
E-Mail: principalpscwgandhinagar@gmail.com

# OFFICE OF THE PRINCIPAL
# PADMA SHRI PADMA SACHDEV
# GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR JAMMU

No/WC/1429
Dt:-12/5/2023

Ms. Jyoti Sharma,
Advocate
High Court of Jammu & Kashmir and Ladakh at Jammu.

**Subject: Invitation as Resource Person for conducting an interactive session.**

Dear Medam,

We feel delighted to invite you for conducting a **one-day Programme and Interactive Session** with students on the topic "**Transgenders: Representations and Realities**" to be held on **16th of May, 2023 (Tuesday), at 01:30 PM** in the auditorium of PSPS Govt. College for Women Gandhi Nagar, Jammu. Kindly grace the event with your benign presence.

Thanking You.

Yours sincerely

Principal
Padma Shri Padma Sachdev
Govt. College for Women
Gandhi Nagar, Jammu

# Padma Shri Padma Sachdev
# Govt. College For Women Gandhi Nagar Jammu
(A Constituent College of Cluster University of Jammu)



**Patron**
Prof. Minu Mahajan
(Principal)

*Electoral Literacy Club and Rainbow Club*
*Department of Social Work*
*In collaboration with*
*IQAC*
*Is Organizing a*
*One-Day Program cum Interactive Session*
*On The Topic*

## *TRANSGENDER: REPRESENTATIONS AND REALITIES*

16th of May, 2023
Venue: College Auditorium
Time: 1:30 PM

## Resource Persons

**Ms. Jyoti Sharma**
(Advocate, Jammu and Kashmir and Ladakh High court, at Jammu)

**Mr. Jaspreet Singh**
(Research Scholar, Central University of Jammu)

## Organizing Team

**Members of The Electoral Literacy Club:**
1. Dr. Pooja Charak
2. Prof. Paramjeet Singh
3. Dr. Harmeet Singh
4. Dr. Varun Sharma
5. Prof. Sunita
6. Dr. Vandana Sharma

**Members of The Rainbow Club:**
1. Prof. Kisha Gandi
2. Dr. Upwal Sharma
3. Dr. Syed Shehan
4. Dr. Sarai Mohani Jamwal
5. Prof. Sunita

OFFICE OF THE PRINCIPAL,
Padma Shri Padma Sachdev
GOVT. COLLEGE FOR WOMEN
Gandhi Nagar, Jammu
(A constituent College of Cluster University of Jammu)
(NAAC Accredited Grade "A")

Prof Minu Mahajan
Principal

Email: [illegible]
Website: www.gcwgandhinagar.com/Mobile No: [illegible]

No: WCG/ 466
Dt: 16/5/2022

PSPS GCW GANDHI NAGAR JAMMU HOSTS A ONE DAY PROGRAMME CUM ACTIVITY SESSION ON THE TOPIC " TRANSGENDER : REPRESENTATIONS AND REALITIES "

PSPS GCW Gandhi Nagar Jammu hosted a programme and interactive activity titled "Transgender:Representations and Realities." The event was organised by the Electoral Literacy Club, Rainbow Club, and Department of Social Work in collaboration with IQAC designed to raise awareness about the issues faced by transgender individuals and to promote understanding and acceptance of the transgender community.

The event began with lamp lighting. A formal welcome address was given by Dr Pooja Charak, HOD Political Science and Convenor of Electoral Literacy Club. Prof Minu Mahajan, Principal of the College spoke about the challenges the transgenders face in accessing healthcare, education, and employment. She also highlighted the importance of representation in the media and the need to challenge stereotypes and misconceptions about transgender individuals.

Resource Persons of session were Jaspreet Singh, Research Scholar, Central University of Jammu and Ms Jyoti Sharma, Advocate Jammu & Kashmir and Ladakh High Court, Jammu. The event also featured an interactive session, where resource persons had the opportunity to engage in meaningful conversations about transgender issues with staff members and students.
Prof Yash Paul,Convenor IQAC, Dr Rupinder kour HOD, Department of Education, Dr Bhagwati and Dr Poonam were also present during the event. Prof Paramjeet Singh, Dr Harmeet Singh, Dr Varun Sharma, Dr Sunita, Dr Vandana Sharma, Dr Ujjwal Sharma, Dr Syed Shehna, Dr Suraj Mohani Jamwal and Dr Ashok Kumar organised the event.
Prof Eisha Gohil, HOD of Department of Psychology and Convenor of Rainbow Club, presented a formal vote of thanks.
Meliha Mushtaq and Shaheen Kotwal of Semester Vth and IVth respectively moderated the event.

## Awareness e Ban'



emphasised on the need for collaborative efforts to eliminate the use of polythene, envisioning a cleaner and greener future for Jammu. The Deputy Mayor highlighted the significance of youth engagement in environmental initiatives and encouraged students to become ambassadors of change.

The programme was compered by Prof. Preeti Dogra, Head, Department of EVS. The formal vote of

# PSPS Govt College for Women hosts activity session on "transgender: representations and realities"

JL NEWS SERVICE

JAMMU, May 16: Padma Shri Prabha Sachdev Government College for Women hosted a programme and interactive activity titled "Transgender: Representations and Realities". The event was organised by the Electoral Literacy Club, Rainbow Club, and Department of Social Work in collaboration with IQAC to raise awareness about the issues faced by transgender individuals and to promote understanding and acceptance of the transgender community.

The event began with lamp lighting. A formal welcome address was given by Dr Pooja Chazik, HOD Political Science and Convenor of Electoral Literacy Club. Prof Minu Mahajan, Principal of the College spoke about the challenges the transgenders face in accessing healthcare, education, and employment. She also highlighted the importance of representation in the media and the need to challenge stereotypes and misconceptions about transgender individuals. Resource Persons of



session were Jaspreet Singh, Research Scholar, Central University of Jammu and Mr Amit Sharma, Advocate Jammu & Kashmir and Ladakh High Court, Jammu. The event also featured an interactive session, where resource persons had the opportunity to engage in meaningful conversations about transgender issues with staff members and students.

Prof Yash Paul, Convenor IQAC, Dr Rajender Attri HOD, Department of Education, Dr Bhagwati and Dr Poonam were also present during the event. Prof Paramjeet Singh, Dr Harneet Singh, Dr Varun Sharma, Dr Sunita, Dr Vandana Sharma, Dr Utpal Sharma, Dr Syed Shehla, Dr Suraj Mohan Jamwal and Dr Ashok Kumar organised the event.

Prof Rubi Gehi, HOD of Department of Psychology and Convenor of Rainbow Club, presented a formal vote of thanks.

Mehlia Mushtaq and Shaheen Kausar of Semester VIth and IVth respectively moderated the event.

# Seminar on Drug Abuse and Addiction

## JKBS invites LG's kind attention to Bhagwati Nagar Kusht Ashram

Members of Jammu and Kashmir Bidhai Sabha hit by their general secretary



...ji Ram, visited the Kusht Ashram at Bhagwati Nagar and expressed concern at the pitiable condition of leprosy patients living over there. The said patients stated that the ration which was being supplied to them by the government has been stopped and now they being provided only rations and medicines. Situation has to be tried themselves. Sabha members appealed to the member Lieutenant Governor Shri Manoj Kumar Sinha to kindly have the matter raised into by the concerned department and directions be passed to ensure that the ration and other necessary things of their daily usage regularly provided to them on humanitarian ground.

# Apni Party w life of youth i

### *LG administration has given rise a*

**SAMBA, MAY 16**

Apni PARTY Provincial President, Jammu and Former Minister, S. Manjit Singh said that the Apni Party will give a dignified and prosperous life to the youth in Jammu and Kashmir.

Addressing a meeting of youth at Panchayat Ban, the former minister said that the Apni Party will bring back the peace and prosperity with equitable development in Jammu and Kashmir. "The youth in J&K are in distress with no hope of employment and growing concern over the unfair selection process in various recruitments. If we form the Govt, the dignified and prosperous life of the youth will be restored," he said.



He said that, "We will end the ... discrimination with the people ... with the formation of the Govt in Jammu and Kashmir and ... restoration of statehood. The people in all the areas are ... unjustified with the LG administ...

# PSPS GCW Gandhi Nagar Jammu hosts Programme cum Activity session

PSPS GCW Gandhi Nagar Jammu hosted a programme and interactive activity titled "Transgender Representations and Realities." The event was organized by the Electoral Literacy Club, Rainbow Club, and Department of Social Work in collaboration with IQAC designed to raise awareness about the issues faced by transgender individuals and to promote understanding and acceptance of the transgender community.



The event began with a lamp lighting. A formal welcome address was given by Dr Pooja Charak, HOD Political Science and Convenor of Electoral Literacy Club. Prof Mohd Mahajan, Principal of the College spoke about the challenges the transgender community faces in accessing healthcare, education, and employment. She also highlighted the importance of representation in the media and the need to challenge stereotypes and misconceptions about transgender individuals.

Resource Persons of the session were Jaspreet Singh, Research Scholar, Central University of Jammu and Ms. Lyal Sharma, Advocate, Jammu & Kashmir and Ladakh High Court, Jammu. The event also featured an interactive session where resource persons had the opportunity to engage in meaningful conversations about transgender issues with staff members and students.

Prof Yash Paul Dewanta, IQAC, Dr Rupinder Kaur, HOD, Department of Education, Dr Bhagwan and Dr Parveen were also present during the event. Prof Parampreet Singh, Dr Harmeet Singh, Dr Varun Sharma, Dr Sunita, Dr Vandana Sharma, Dr Vishal Sharma, Dr Syed Shehna, Dr Suraj Mahajan, Jammwal and Dr Ashok Kumar organized the event.

## Gov Naga

JAMMU: ...Commerce, College ... Bhagwati... Organized a ... the topic "... Change," patronage ... Abrol, Princi... lege. The ac... started on ... of activities ... bration. ... Presidency ... program of ... ening of ... Principal of ... The progra... formal wel... by Prof. Lalit ... of the ... Commerce. ... ing on ... Warmly gre...

## Young Scientists of APS Dhar

## "BJP party to clear its stan

## Resource Persons

1. Ms. Jyoti Sharma - Advocate
2. Mr. Jaspreet Singh - Research Scholar.

## organising committee

1. Electoral Literacy Club
   - Dr. Pooja charak
   - Prof Paramjeet Singh
   - Dr. Harmeet Singh
   - Dr. Varun Sharma
   - Prof. Sunila
   - Dr. Nandana Sharma

## Rainbow Club

1. Prof. Eisha Goel
2. Dr. Ujjwal Sharma
3. Dr. Syed Shehna
4. Dr. Suraj Mohan Jamwal

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# Padma Shri Padma Sachdev Govt. College for Women, Gandhi Nagar, Jammu

## CERTIFICATE

### Of Appreciation

This certificate is presented to

Mr Jaspreet Singh, Research Scholar CCUSJ

For delivering a lecture as a **Resource Person** in creating awareness about the topic **Transgender: Representations and Realities** on 16th May 2023 at PSPS GCW Gandhi Nagar Jammu.

PRINCIPAL

IQAC COORDINATOR

179

# Padma Shri Padma Sachdev Govt. College for Women, Gandhi Nagar, Jammu

## CERTIFICATE

### Of Appreciation

This certificate is presented to

Ms Jyoti Sharma, Advocate, J&K and Ladakh High Court

For delivering a lecture as a **Resource Person** in creating awareness about the topic **Transgender: Representations and Realities** on 16th May 2023 at PSPS GCW Gandhi Nagar Jammu.

PRINCIPAL

IQAC COORDINATOR

180

# Activity Outcome

PSPS GCW GANDHI NAGAR JAMMU HOSTS A ONE DAY PROGRAMME CUM ACTIVITY SESSION ON THE TOPIC " TRANSGENDER : REPRESENTATIONS AND REALITIES "

PSPS GCW Gandhi Nagar Jammu hosted a programme and interactive activity titled "Transgender: Representations and Realities." The event was organised by the Electoral Literacy Club, Rainbow Club, and Department of Social Work in collaboration with IQAC designed to raise awareness about the issues faced by transgender individuals and to promote understanding and acceptance of the transgender community.

Resource Persons of session were Jaspreet Singh, Research Scholar, Central University of Jammu and Ms Jyoti Sharma, Advocate Jammu & Kashmir and Ladakh High Court, Jammu. The event also featured an interactive session, where resource persons had the opportunity to engage in meaningful conversations about transgender issues with staff members and students.

Around 300 college students attended the event and got sensitized about the transgender issues ,concerbs and reality.

Outcome of the session-

1) The event was successfully conducted by college authority ,and students got more educated about transgender and lgbtq+ community.
2) Both resource persons succeeded in sensitising and making students aware about the transgender people rights and raised concern over the proper representation of lgbtq+ community in society.
3) Students of the college interacted with the resource persons and raised their queries and doubts regarding the issue.

4) The overall event ended successfully with awareness in young fertile minds about the third gender and lgbtq+ community.

# RED RIBBON CLUB

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## Activity Outcome

The World AIDS Day 2022 event was a resounding success, with active participation from students and staff. The theme of "Equalise: Achieve Equality to End HIV" resonated well with the audience, fostering awareness and empathy. The event facilitated informative exchanges through health department stalls and creative displays. The presence of the chief guest added prestige, and student performances left a lasting impact. Overall, the event achieved its goal of raising HIV awareness and promoting unity.

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## YUVA TOURISM CLUB

## ACTIVITY

## LOGO-MAKING COMPETITION

# P.S.P.S GOVT. PG COLLEGE FOR WOMEN
# GANDHINAGAR, JAMMU
A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY JAMMU

## Yuva Tourism Club Committee

is Organizing a

## Workshop

on

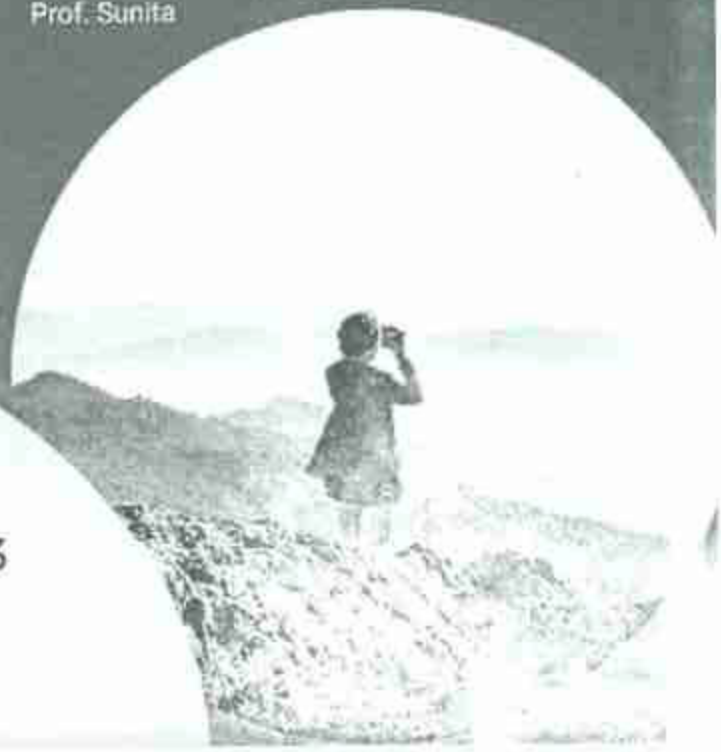
with the Theme



Patron
Prof. Minu Mahajan
(Principal)

### ORGANIZING COMMITTEE

Prof. Anju Bala (Committee Convenor)
Prof. Rahul Sharma (Co Convenor)
Prof. Malti Rajput
Prof. Ajaz Ahmad Lone
Dr. Suraj Mohani Jamwal
Prof. Renu Sharma
Prof. Sunita



VENUE: SMART CLASS ROOM
TIME: 12:30 PM TO 2:00 PM
DATE: 2ND OF FEBRUARY 2023

**P.S.P.S Government College for Women, Gandhi Nagar Jammu**

# Yuva Tourism Club

*Minutes of Meeting*

**Date and Time**: 10th May, 2023, (12:30PM)

**Venue: Principal Chamber**

**Chairperson: Prof Minu Mahajan (Principal)**

**Members Present:**

| | |
|---|---|
| Prof. Anju Bala | (Convener) |
| Prof. Rahul Sharma | (Co- Convener) |
| Prof .Malti Rajput | (Member) |
| Prof .Ajaz Ahmad Lone | (Member) |
| Prof. Suraj Mohani Jamwal | (Member) |
| Prof. Renu Sharma | (Member) |
| Prof. Sunita Kumari | (Member) |

**Agenda of the Meeting:**

**Agenda: To organize digital logo competition on 19-05-2023.**

**Discussion:**

**Merit Certificates**: It was decided to distribute 1st, 2nd, and 3rd merit certificates among the winners of the digital logo competition. Additionally, participation certificates will be given to all the candidates who submit their entries.

**Selection of Judges**: Three senior faculty members will be chosen as judges for the competition. The responsibility of selecting the judges was assigned to the organizing committee.

**Flyer Design:** Dr. Sunita Devi volunteered to create the flyer for the digital logo competition. She will be responsible for designing an attractive and informative flyer to promote the event.

**Press Release:** Prof.Ajaz Ahmed took the responsibility of preparing a press release for the competition. The press release will be sent to local media outlets and posted on the college's website and social media platforms.

**Information Circulation**: Dr. Suraj Mohini, Dr. Malti, and Dr. Renu Sharma were tasked with circulating information about the competition among students through various channels such as social media, notices, and word-of-mouth.

**Student Motivation:** Dr. Rahul Sharma and Dr. Anju Bala emphasized the importance of motivating students to join the Yuva Tourism Club. They encouraged all members to actively promote the benefits and opportunities offered by the club to attract more student participation.

**Adjournment:**

The meeting was adjourned by the [illegible]

**P.S.P.S Government College for Women, Gandhi Nagar Jammu**

## Yuva Tourism Club

***Minutes of Meeting***

attendance and participation.

**Signature of Committee Members**

Prof. Sunita Kumari .....

Prof. Renu Sharma .....

Prof. Suraj Mohani Jamwal .....

Prof .Ajaz Ahmad Lone.....

Prof .Malti Rajput .....

Prof. Rahul Sharma.....

**Prof Anju Bala**

**Convener Yuva Tourism Club**

**Principal**

**Prof. Minu Mahajan**

# PSPS GCW Gandhi Nagar organises Digital logo Competition



*Faculty along with students during the contest.*

**STATE TIMES NEWS**

JAMMU: The Yuva Tourism Club of PSPS Govt. College for Women, Gandhinagar, Jammu, successfully organized a digital logo competition, showcasing the exceptional talents of the students. The event was held under the enthusiastic leadership of Prof. Minu Mahajan, the esteemed Principal of the college, and was coordinated by Prof. Anju Bala, the dedicated convenor of the Club. The digital logo competition aimed to provide a platform for the students to showcase their creativity and design skills. It witnessed enthusiastic participation from students across various disciplines, who demonstrated their artistic prowess through captivating logo designs.

After a thorough evaluation by a panel of esteemed judges (Prof Anjana Gupta HOD Chemistry and Prof. Indu Khajuria Associate Professor , the winners of the competition were announced. Anushka emerged as the deserving recipient of the first prize, showcasing her exceptional artistic abilities and innovative approach to logo design. Alka Gupta and Isha jointly secured the second position, impressing the judges with their unique and eye-catching designs. The third prize was collectively shared by Ashpreet Kaur, Samridhni, Diksha Hans, and Parul, who displayed their talent and creativity through their outstanding logo submissions. The success of the digital logo competition can be attributed to the dedication and guidance of Prof. Minu Mahajan, whose inspiring leadership ensured the smooth execution of the event. Prof. Anju Bala, as the convenor of the competition, worked tirelessly to ensure the participation and coordination of all the participants. The success of the digital logo was greatly attributed to the instrumental contributions of the committee members. Dr. Rahul Sharma, as the Co-Convenor, played a significant role in coordinating the event. The expertise and dedication of Prof. Malti Rajput, Dr. Renu Sharma, Prof.Ajaz Ahmed, Dr. Suraj Mohini, and Prof. Sunita Devi were vital in ensuring the smooth execution and success of the competition.

Convener
Yuva Tourism Club

*Mera connect programme organized in Jammu West Constituency*

# CUET students of J&K under stress after allotted centres outside J&K: Bhalla



Jammu, May 19:

A mass connect programme today organized in Jammu West Constituency organized by Rajesh Gupta, Vice President BJP Jammu (Urban). The programme was presided over by BJYM Working President Raman Bhalla in presence of former Minister JKE Yogesh Sawhney as Chief Guest, District President Jammu (Urban). The distinguished gathering during the course of the programme, during the meeting were elections, local development.

Speaking on the occasion, Bhalla accused the BJP Govt of putting the Union Territory's infrastructure development "subservient to the pleasure of its vested interests". He said the "lust of collusion and vision" has made the people of Jammu and Kashmir suffer on the development front. "Enamis bring in power at the Centre and in Jammu and Kashmir, the party has failed miserably when it comes to governance and for Jammu and Kashmir, therefore BJP has nothing to showcase as its achievement.

Bhalla referring to the unrest unfolding the people of Jammu and Kashmir, here in the theatres of an extremely low administration has proved to give a pain to the urbanites and projects aimed at overall economic and livelihood advantage to the people of the region. "It is still very harrowing and tragic that every time, major or minor, lightning every month, in our frontiers now Kashmir gangrene and peoples notwithstanding the, while, the Congress leader said, adding that the support, cooperation and feedback of people will be sought for the party to get their grievances addressed promptly and properly. Bhalla said that frustrated of expectation in every situation. "They are unable to even feed their children with milk, the price of cooking gas has crossed Rs 1000, petrol and diesel touching Rs 200, the poor villagers is not getting flour and oil. But the Modi government of the country is not worried about it. Together we will take this struggle forward and win. We need your support to fight a war of freedom and against the government that unfolding country's progress.

Bhalla reminded the BJP of the massive 2014 Jammu wonder for development and welfare and said that instead of doing a little bites this to the wall. The developmental machinery came to a grinding halt and the utility services suffered major job due to the unfathomed approach of the BJP leaders. Bhalla said that while the Jammu and Kashmir Government is spending crores and crores rupees to its public to avoid the Union Government. Bhalla compared BJP for indulging in electric and playing unethical politics by orchestrating against the overall success of people the people have sent expressing conditions but they will get their decisive thrashment the day of reckoning.

Meeting on to local issues, Bhalla said that people in Jammu are responding for elections to be held, and have made up their mind to vote for the BJP government. Upcoming local body elections will be a testimony to that, he said. Now challenges arise everyone under the BJP regime and no section is left untouched whether it be students, youth, women, the elderly, or the farmers.

Commenting on the recent row on CUET exam, he said that students of J&K are constantly distressed that they have been allotted centres outside Jammu & Kashmir. The former Minister also said that it will be a major disadvantage to those who are financially compelling, the administration should realize that education and opportunity should not be compromised. Bhalla sought Lt. Administration to convey to Jammu Kashmir students not to the area because of National Testing Agency (NTA) designating their exam centres for the scheduled (CUET) outside the Union Territory.

Bhalla said thousands of these CUET aspirants in Jammu and Kashmir have been allotted centres in other centres outside J&K UT without any concern for the same thus putting them in great financial stress. A number of such students from Jammu Kashmir have been allotted exam centres in Punjab, Haryana and even in Andhra Pradesh and other States thus making it almost impossible for many because of unaffordable air fare through NTA exams and dumbed legislature.

This has come as a big shock to these aspirants as they were not expecting due for a normal college admission they will have to travel beyond the city with a heavy pocket as their parent, added Bhalla. Bhalla demanded Lieutenant Governor to take immediate intervention to the NTA regarding the difficulties being encountered and demanded centres adhering to resolve the issue so that all the J&K candidates may appear in CUET exam in the centres in Jammu and Srinagar," Bhalla said.He asked the concerned agency not to be worsening the concerns of UT. Speaking on the occasion Secretary BJP Jammu (Urban) Sanjay Sethi, Mahajan, Vice President Jammu (Urban) Ashok Khajuria, Secretary Jammu (Urban) Ashok Khajuria, Secretary Jammu (Urban) Ashok Khajuria, Secretary

*OFFICE OF THE PRINCIPAL*
*PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN*
*Gandhi Nagar, Jammu*

No. :WCG/ Dated: 19/5/2023

## Event Outcome Report: Digital Logo Competition for Ecotourism club"

*Date: May 19, 2023*

**Introduction:** The Digital Logo Competition organized by the Yuva Tourism Club of P.S.P.S. Govt. College for Women, Gandhinagar, Jammu, stands as a testament to the institution's commitment to nurturing and showcasing the exceptional talents of its students. This meticulously planned and executed event provided an invaluable platform for students from diverse disciplines to exhibit their prowess in design, creativity, and artistic expression.

**A Platform for Creativity:** The competition witnessed a commendable level of enthusiasm and participation from students, transcending the boundaries of academic disciplines. Under the overarching objective of promoting creativity, the event garnered an impressive array of logo submissions. The designs, reflective of the participants' distinct perspectives, underscored their artistic and imaginative capabilities.

**Judicial Evaluation and Noteworthy Winners:** A distinguished panel of judges, comprising Prof. Anjana Gupta (Head of Department, Chemistry) and Prof. Indu Khujaria, assumed the pivotal role of evaluating the logo submissions. Their meticulous scrutiny of the entries ensured that the winners were selected based on their adherence to design principles, aesthetic appeal, and innovative approach.

The results unveiled Anushka as the recipient of the first prize. Her logo stood out for its meticulous attention to detail, harmonious composition, and visionary design approach. Abia Gupta and Isha were awarded the second position for their remarkable logos that seamlessly blended creative elements with conceptual depth. The third prize was conferred upon a collective effort, recognizing the outstanding contributions of Ashpreet Kour, Samudhani, Diksha Hans, and Parul. Their designs demonstrated a remarkable fusion of artistic finesse and originality.

**Leadership and Coordination:** The resounding success of the Digital Logo Competition is attributed to the dynamic and visionary leadership of Prof. Minu Mahajan, the esteemed Principal of P.S.P.S. Govt. College for Women. Her guidance and strategic acumen played a pivotal role in orchestrating a seamless execution of the event. Prof. Anju Bala, as the dedicated convenor of the Yuva Tourism Club, exhibited meticulous coordination skills, ensuring that every facet of the competition functioned seamlessly.

**Contributions of the Committee:** The instrumental role played by various committee members cannot be overstated. Dr. Rahul Sharma, as the Co-Convenor, displayed commendable

dedication in managing logistical intricacies. The expert insights and unwavering commitment of Dr. Malti Rajput, Dr. Renu Sharma, Prof. Ajaz Ahmed, Dr. Suraj Mohini, and Dr. Sunita Devi significantly contributed to the meticulous planning, execution, and ultimate success of the competition.

**Societal Impact and Future Implications:** Beyond the immediate showcasing of talent, the Digital Logo Competition left an indelible impact on the college community. It epitomized the institution's dedication to fostering a culture of creativity and artistic expression among its students. The event also served as a reminder of the profound impact that collaborative efforts and efficient coordination can have in realizing ambitious undertakings.

**Conclusion:** In conclusion, the Yuva Tourism Club Digital Logo Competition served as a definitive exemplar of the commitment, talent, and leadership that define P.S.P.S. Govt. College for Women, Gandhinagar, Jammu. It marked a resounding achievement in providing a platform for students to shine, fostering creativity, and showcasing the institution's dedication to holistic development. The event's legacy will undoubtedly inspire future generations of students to explore and celebrate their artistic potential.

Convener Yuva Tourism Club







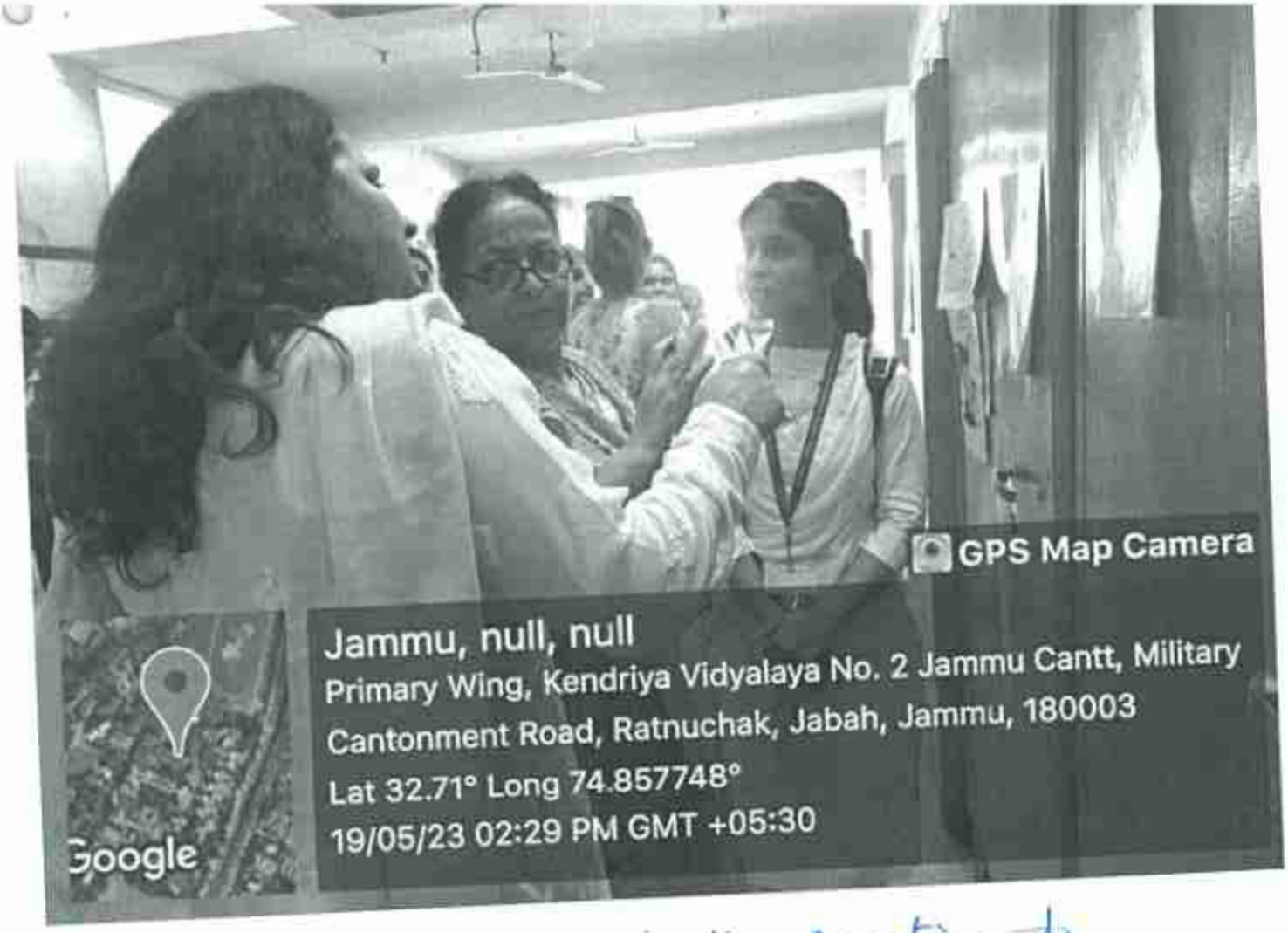






Photographs of various logos prepared by participants

Convener Yuva Tourism club




Judges asking the Questions to participants regarding the theme which they want to express in their Logo.

A

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU

## YUVA TOURISM CLUB

## ACTIVITY

## TOURISM VLOGGING

# P.S.P.S Government College for Women, Gandhi Nagar Jammu

## Yuva Tourism Club

*Minutes of Meeting*

**Date and Time**: 27 January 2023, (12:30PM)

**Venue: Principal Chamber**

**Chairperson: Prof Minu Mahajan (Principal)**

**Members Present:**

| | |
|---|---|
| Prof. Anju Bala | (Convener) |
| Prof. Rahul Sharma | (Co- Convener) |
| Prof .Malti Rajput | (Member) |
| Prof .Ajaz Ahmad Lone | (Member) |
| Prof. Suraj Mohani Jamwal | (Member) |
| Prof. Renu Sharma | (Member) |
| Prof. Sunita Kumari | (Member) |

**Agenda of the Meeting:**

The agenda of the meeting was to decide the possible roadmap of the activity

**Consent Items:**

- ✓ It was unanimously decided that the topic of the activity would be "Explore the Unexplored" and activity will be held in the Smart Class Room on 02/02/2023.
- ✓ It was decided that topic of the activity would be disseminated to student fraternity on various social media plat forms of the college.
- ✓ It was suggested that participants have to present video vlog of 2-3 minutes duration of unexplored area of their environs.
- ✓ It was decided that, two jury members will be nominated for the evaluation of video vlog content and presentations of students.
- ✓ It was decided that participants would receive prizes based on their performances as judged by the jury. Moreover, certificates will be awarded to the participants.
- ✓ It was proposed that, being the first activity of the club banner will be designed for the club activities.
- ✓ It was decided that refreshment would be served to participants. Regarding this an advancement amount of 2000/ will be drawn from the office.
- ✓ It was decided that principal ma'am would be chief guest of the event.
- ✓ Meeting ended with vote of thanks to chair.

**P.S.P.S Government College for Women, Gandhi Nagar Jammu**

## Yuva Tourism Club

*Minutes of Meeting*

**Signature of Committee Members**

Prof. Sunita Kumari .....

Prof. Renu Sharma .....

Prof. Suraj Mohani Jamwal .....

Prof .Ajaz Ahmad Lone.....

Prof .Malti Rajput .....

Prof. Rahul Sharma.....

**Prof Anju Bala**

**Convener Yuva Tourism Club**

**Principal**

**Prof. Minu Mahajan**

# Yuva Tourism Club Committee

is Organizing a

# Workshop

on

with the Theme



Patron

Prof. Minu Mahajan

(Principal)

## ORGANIZING COMMITTEE

Prof. Anju Bala (Committee Convenor)
Prof. Rahul Sharma (Co Convenor)
Prof. Ajaz Ahmed Lone
Prof. Renu Sharma
Prof. Malti Rajput
Dr. Suraj Mohani Jamwal
Prof Sunita



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# GCW Gandhinagar organises workshop on "Explore the Unexplored"

JL NEWS SERVICE




**JAMMU, Feb 2:** The Yuva Tourism Committee of P.S.P.S. Govt. P.G. College for Women Gandhi Nagar, Jammu, organised a workshop on the theme "Explore the Unexplored" under the charismatic leadership of Prof Minu Mahajan, Principal of the College. The inchoation of the event started with inaugural address from Prof Anju Bala, the convener of the committee, wherein she welcomed the chief guest Prof Minu Mahajan, and highlighted the need and importance of the tourism in contemporary times.

The Principal appreciated the efforts and applauded the participants and the committee members for organizing such a wonderful event in her speech. The ten participants presented their videos along with oral presentation of various unexplored areas of Jammu and Kashmir.

The participants presented were evaluated by a penal of jury viz: Prof Irvinder Kour (H.O. D, Home Science) and Prof Anjana Gupta (H.O. D, Chemistry), as per their judgement Ms. Haspreet Kour, Ms. Rehana Kousar and Ms. Noriena Javaid bagged 1st, 2nd and 3rd position respectively.

On this occasion Coordinator IQAC, Dr.Yash Pal motivated students for successful life by sharing his life experiences. The finale ended with the vote of the thanks by Dr Rahul Sharma.

He further congratulated all the committee members viz: Prof Malti Rajput, Dr Suraj Mohani Jamwal, Dr. Renu Sharma, Prof Sunita and Prof Ajaz Ahmad Lone for their efforts to made this programme successful.

Convenor
Yuva Tourism club

# PSPS GCW Gandhi Nagar organises Digital logo Competition



*Faculty along with students during the contest*

**STATE TIMES NEWS**

JAMMU: The Yuva Tourism Club of PS-PS Govt. College for Women Gandhinagar, Jammu successfully organised a digital logo competition showcasing the exceptional talents of the student. The event was held under the mind-blowing leadership of Prof. Mani Mahajan, the [illegible] Principal of the college, and was coordinated by Prof. Anju Bala, the dedicated convener of the Club. The digital logo competition [illegible] the students to [illegible] their [illegible] and design skills. [illegible] enthusiastic participation from students across various disciplines [illegible] to possess [illegible] logo designs.

After a thorough examination by a panel of [illegible] judges—Prof. Anjana Gupta, H.O.D. Chemistry, and Prof. Indu Khajuria, Associate Professor—the winners of the competition were announced. Anjali has emerged as the deserving recipient of the first prize, showcasing her exceptional [illegible] and innovative approach to logo design. Anju Gupta and Isha [illegible] secured the second position, surprising the judges with their unique and [illegible] designs. The third prize was [illegible] shared by Ashpreet Kaur, Samadhana, Dhisha Hans and Parul, who displayed their talent and creativity through their outstanding logo submissions. The success of the digital logo competition can be attributed to the dedication and guidance of Prof. Mani Mahajan, whose inspiring leadership ensured the smooth execution of the event. Prof. Anju Bala, as the [illegible] of the competition, worked tirelessly to ensure the participation and coordination of all the participants. The success of the digital logo [illegible] attributed to the instrumental contribution of the committee members. Dr. Rahul Sharma, as the Co-Convener, played a significant role in coordinating the event. The expertise and dedication of Prof. Malti Rajpur, Dr. Rena Sharma, Prof. Anju Ahmed, Dr. Sonu Mohan, and Prof. Sunita Devi were vital in ensuring the smooth execution and success of the competition.

Convener Yuva Tourism club




Worthy Principal and committee members participating in the activity

Convenor Yuva Tourism club



Participant presenting her presentation on Tourism Vlog.



Students and Staff along with principal of College enjoying the beautiful videos on various Tourist spots

# P.S.P.S Government P.G College for Women Gandhi Nagar, Jammu

*Constituent College of Cluster University of Jammu*

This is to certify that

*Haspreet Kour*

of B.Sc semester 3rd has got 1St Position in workshop on *Tourism Vlogging* organised by

**Yuva Tourism Committee** on *the theme "explore the unexplored"*

*held on 02, Feburary,2023.*

Prof. Rahul Sharma
*Co-Convener Yuva Tourism Committee*

Prof Anju Bala
*Convener Yuva Tourism Committee*

Prof. Minu Mahajan
*Principal*

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**P.S.P.S Government P.G College for Women Gandhi Nagar, Jammu**

*Constituent College of Cluster University of Jammu*

This is to certify that

*Noriena Javid*

of B.A semester 3rd has got 3rd Position in workshop on *Tourism Vlogging* organised by

**Yuva Tourism Committee** on *the theme "explore the unexplored"*

*held on 02, Feburary,2023.*

| Prof. Rahul Sharma | Prof Anju Bala | Prof. Minu Mahajan |
|---|---|---|
| *Co-Convener Yuva Tourism Committee.* | *Convener Yuva Tourism Committee* | *Principal* |

*OFFICE OF THE PRINCIPAL*
*PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN*
*Gandhi Nagar, Jammu*

No. :WCG/ Dated: 2/2/2023

**Event Outcome Report: Yuva Tourism Committee Workshop on "Explore the Unexplored"**

*Date: February 2, 2023*
*Event: Workshop on "Explore the Unexplored"*

**Introduction:** On February 2, 2023, the Yuva Tourism Committee of P.S.P.S. Govt. College for Women, Gandhi Nagar, Jammu, orchestrated an insightful workshop under the theme "Explore the Unexplored." The event, a testament to the committee's dedication to fostering awareness about uncharted territories, was orchestrated under the dynamic leadership of Prof. Minu Mahajan, the Principal of the College.

**Inaugural Address and Purpose:** The proceedings commenced with an inaugural address by Prof. Anju Bala, the convener of the Yuva Tourism Committee. In her welcoming remarks, she extended a warm welcome to the esteemed chief guest, Prof. Minu Mahajan, and emphasized the contemporary relevance and significance of tourism. The necessity to explore the unexplored regions was underscored as a means to unveil hidden treasures and promote responsible tourism. Prof. Minu Mahajan lauded the efforts of the participants and committee members in organizing such a remarkable event, highlighting its importance in enhancing awareness about uncharted destinations.

**Participant Presentations and Evaluation:** Ten participants took center stage to present videos and deliver oral presentations on various unexplored areas of Jammu and Kashmir. The presentations, accompanied by visual aids, encapsulated the cultural, historical, and natural richness of these undiscovered locations. An esteemed panel of jury members, Prof. Irvinder Kour (Head of Department, Home Science) and Prof. Anjana Gupta (Head of Department, Chemistry), assessed the presentations based on content, delivery, and overall impact.

**Recognition of Outstanding Contributions:** Ms. Haspreet Kour, Ms. Rehana Kousar, and Ms. Noriena Javaid emerged as the winners, clinching the 1st, 2nd, and 3rd positions, respectively. Their presentations exhibited a deep understanding of the unexplored areas and effectively

communicated the essence of these regions to the audience. The recognition bestowed upon them is a testament to their comprehensive research and compelling presentation skills.

**Guest Speaker's Insight:** The occasion also featured an insightful talk by Dr. Yash Pal, Coordinator of the Internal Quality Assurance Cell (IQAC). Drawing from his personal experiences, he motivated the participants by sharing valuable life lessons. His words resonated with the attendees, reinforcing the importance of perseverance, determination, and continuous learning in the pursuit of a successful life.

**Conclusion and Acknowledgments:** The workshop concluded with a vote of thanks delivered by Dr. Rahul Sharma, acknowledging the collective efforts that led to the success of the event. He extended congratulations to the entire Yuva Tourism Committee, including Prof. Malti Rajput, Dr. Suraj Mohani Jamwal, Dr. Renu Sharma, Prof. Sunita, and Prof. Ajaz Ahmad Lone, for their unwavering dedication and meticulous planning that culminated in the event's success.

**Final Thoughts:** In retrospect, the "Explore the Unexplored" workshop orchestrated by the Yuva Tourism Committee of P.S.P.S. Govt. College for Women, Gandhi Nagar, Jammu, served as an enlightening platform. It not only facilitated the dissemination of knowledge about lesser-known regions but also fostered an atmosphere of learning, exchange of ideas, and appreciation for the uncharted wonders within our reach. The event's impact is poised to resonate within the college community, inspiring future pursuits in the realm of exploratory travel and cultural enrichment.

Convenor
YTC

P.SP.S GOVT COLLEGE FOR ...
NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF
# ORGANISED "NUKKAD NATAK"
# ON
# "SAY NO TO DRUGS AND YES TO LIFE"
# (09-09-2022)

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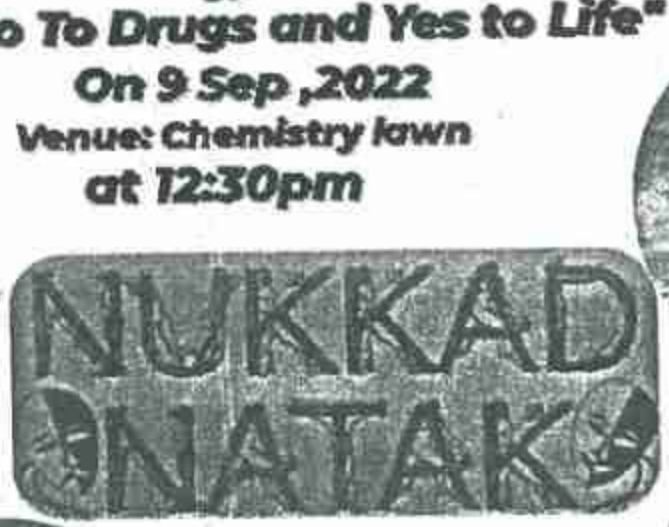
# Padma Shri Padma Sachdev
# Govt. PG College for Women Gandhi Nagar Jammu
## (A Constituent College of Cluster University of Jammu)

UNIFIED PLURALITY

**NASHA MUKT BHARAT PROGRAMME COMMITTEE**
**is Organising**
**"NUKKAD NATAK"**
**On**
**"Say No To Drugs and Yes to Life"**
**On 9 Sep ,2022**
**Venue: Chemistry lawn**
**at 12:30pm**



of. Minu Mahajan
Principal
Patron










**Organising Committee :**

1. Prof. Rashmi Kumari (Convener)
2. Dr.Suraj Mohani Jamwal
3. Prof. Paramjeet Singh
4. Prof. Swarn Singh
5. Prof. Kusum

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# Report

9-2022 (Friday)

## ad Natak

### ose of the Activity

led awareness on drug abuse and its harmful effects on drug addicts in
cular and society in general

Rashmi



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antonment Road, Ratnuchak, Jabah, Jammu, 180003

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Longitude
74.85787333333333°

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Altitude 262.1 meters

MT 07:13:09 AM

Friday, 09.09.2022




GPS Ma
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antonment Road, Ratnuchak, Jabah, Jammu, 180003

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Altitude 262.1 meters

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Friday, 09.09.2022




## Nukkad Natak held under NASHA MUKT BHARAT ABHIYAN held at PSPS Government College for Women, Gandhinagar

The Nasha Mukt Bharat Programme Committee of PSPS Government College for Women, Gandhinagar Jammu organized Nukkad Natak activity under Nasha Mukt Bharat Abhiyan where student activists through their performances created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general. On the occasion, Prof. Minu Mahajan, the Principal of the college, sensitized the participants, students and staff about the role of parents and society in stopping the menace of drug abuse in the society. Prof. Rashmi Kumar, Convenor, welcomed the Principal, staff, students along with the participants. Prof. Suresh Bhat (Convenor IQAC), Prof. Mala Bhasin (Staff Secretary), Prof. Mamta Gupta (Dean Commerce), Prof. Sujata Slathia (Dean Arts), Prof. Kalmesh Slathia (Dean Sciences) were also present on the occasion. Prof. Surabhi Mohini, Prof. Paramjeet Singh, Prof. Swarn Singh, Prof. Kusum were the organizing members of the event.

Rashmi

# Nukkad Natak held at GCW Gandhi Nagar

*Excelsior Correspondent*

JAMMU, Sept 9: The Nasha Mukt Bharat Programme Committee of PSPS Government College for Women, Gandhinagar organized Nukkad Natak activity under Nasha Mukt Bharat Abhiyan, where student activists, through their performances, created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

On the occasion, Prof. Minu Mahajan, the Principal of the College, sensitized the participants, students and staff about the role of parents and society in stopping the menace of drug abuse in the society.

Prof. Rashmi Kumari Convenor, welcomed the Principal, staff, students along with the participants. Prof. Suresh Bhat (Convenor IQAC), Prof. Mala Bhasin (Staff Secretary), Prof. Mamta Gupta (Dean Commerce), Prof. Sujata Slathia (Dean Arts), Prof. Kalmesh Slathia (Dean Sciences) were also present on the occasion.

Prof. Suraj Mohini, Prof. Paramjeet Singh, Prof. Swarn Singh, Prof. Kusum were the organizing members of the event.



***Students posing for photograph during Nukkad Natak at GCW Gandhi Nagar.***

## OUTCOMES

ckad Natak on drugs abuse had played an important role in giving a platform to the students how their talents. The students have learnt to work as a team and each character has its own :. It had built confidence among students to raise voice against evils of our society. Apart from ning how drugs have adversely affected families, students have also learnt role played by vernment departments and NGOs to create awareness among masses. They have also learnt role of police and other security agencies who are keeping eye on the drugs smugglers. Drugs addiction centres have been opened and counselling of the patients (consumers) take place. ey are motivated to overcome life threatening narcotic substances. Nukkad Natak formances tend to leave a lasting impression on the audience due to their interactive nature l direct engagement. The use of music, dialogues, and visual elements helps reinforce the ssages conveyed in the play. This lead to better knowledge retention among the audience, suring that the information about drug abuse and its consequences stays with them for a longer riod.

DRUGS ,SAY YES TO LIFE"

| S.NO | NAME | SEMESTER |
|---|---|---|
| 1. | Riya ancotra | 4th |
| 2. | Vishakha Chib | 2nd |
| 3. | Shreya | 2nd |
| 4. | Mansi | 4th |
| 5. | Reetika | 2nd |
| 6. | Riya Saini | 2nd |
| 7. | Tanashika | 4th |
| 8. | Sneha | 4th |
| 9. | Vishali Devi | 4th |
| 10. | Ishita Jolly | 2nd |
| 11. | Sukanya | 4th |
| 12. | Isha Sharma | 4th |
| 13. | Mandeep kour | 4th |

Riya
Vishakha Chib
Shreya.
Mansi
Reetika
Riya
Tanashika
Sneha
Vishali
Ishita
Sukanya
Isha
Mandeep Kour

Vishali

# P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

## NASHA MUKT BHARAT ABHIYAN COMMITTEE

## REPORT OF

## ORGANISED "LECTURE ON NASHA MUKT J&K CAMPAIGN"

## ON

## (14-09-2022)



# Report

## 14-09-2022 (Wednesday)

**LECTURE ON NASHA MUKT J&K CAMPAIGN 2022, UNDER NASHA MUKT BHARAT ABHIYAN**

## Purpose of the Activity

Created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

**Padma Shri Padma Sachdev**
**Govt. PG College for Women Gandhi Nagar Jammu**
**(A Constituent College of Cluster University of Jammu)**

NASHA MUKT BHARAT PROGRAMME COMMITTEE AND IQAC
IN COLLABORATION WITH
SOCIAL WELFARE DEPARTMENT JAMMU&KASHMIR
IS
ORGANISING



Prof. Minu Mahajan
Principal

***Lecture on "Nasha mukt J&k campaign 2022"***
***On 14th sept, 2022 at 12:00 PM***

***Venue : Smart Class Room MG Block***

***Resource Person***

***~Ms Palvi Singh***
***~ Dr.Suraj Mohani Jamwal***

ORGANISING COMMITTEE :

1. ***Prof. Rashmi Kumari (Convener)***
2. ***Dr.Suraj Mohani Jamwal***
3. ***Prof. Paramjeet Singh***
4. ***Prof. Swarn Singh***
5. ***Prof. Kusum***

NASHA MUKT
BHARAT ABHIYAN


















## PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISES LECTURE ON NASHA MUKT J&K CAMPAIGN 2022, UNDER NASHA MUKT BHARAT ABHIYAN

Nasha Muk: Bharat Abhiyan committee, IQAC of the college in collaboration with social welfare department, Union Territory of Jammu and Kashmir organised lecture on Nasha Mukt J&K campaign 2022, under Nasha Mukt Bharat Abhiyan

Prof,.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan) committee in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college along with other speakers.

Professor Minu Mahajan Principal of the college said that college teacher's directly deal with youth and we need to aware them about harmful effect of drugs,. She advised Teachers to interact with students and educate them about harmful effects of drugs and inform them about various de-addiction facilities available across the UT.

Dr. Suraj Mohini Jamwal first speaker of the programme stated that drug abuse is occurring across all age groups due to lack of community intervention, she emphasized the role of civil society to control the menace of drug abuse.

Mr Manjeet Singh, Tehsil social welfare officer, Jammu, in his address said, that social welfare department of UT of Jammu and Kashmir in collaboration with police, doctors, psychologist and teachers is conducting various awareness programs. Ms Shikha Programme Manager and Counsellor JKSPYM, Purkhoo, motivated all the audience in resulted oriented methodologies, in putting of impact of kicking off drugs.

Dr Sunita presented Vote Of Thanks .Dr Suresh Bhat Sconvener IQAC was present on the occasion. Prof. Paramjeet Singh and Dr. Kusum organised the lecture, almost 100 students were present on the occasion.

## OUTCOMES

ecture was really fruitful for the students as it was discussed about how the pressure of rn society and individualistic life creates a challenge for the youth in our society to stay and cautious of falling in the drug addiction traps. They learnt that Drugs misuse have ng consequences. A student with a drug arrest or policy violation may find their career es limit, and may in fact be ineligible for employment in the career path they have chosen. students also learnt that there are other ways to relax, should not believe in false uragements by fake friends, should choose friend wisely, remain attentive, should be aware e drugs and always trust family and teachers. The students took keen interest in the lecture nad promised to remain at distance from drugs, to spread awareness among people about ects of drugs, to help security agencies and other NGOs to stop drugs users to come over evil and motivating them joining de-addiction centres.

## PROFILE OF RESOURCE PERSONS

1.MANJEET SINGH

Working as Tehsil Social Welfare Officer,Jammu,j&k

From last 5 years

2.NAME: SHIKHA

AGE: 27

EDUCATION:

Graduation from University of Delhi

Masters in Social Work (Central university of Jammu)

CURRENT WORK:

- Centre in Charge Cum Counselor JKSPYM project of Ministry of Social Justice and empowerment. GOI
- J&K Society for promotion of youth and masses.

P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# ORGANISED "SLOGAN WRITING COMPETITION"

# ON

# "CRISIS OF DRUG ADDICTION"

(07-10-2022)



A meeting of the college Nasha Mukt Bharat Abhyan was held in the principal chamber on 29 Sept at 3 P.M. The purpose of the meeting was to discuss the various modalities of the activities under Nasha Mukt Bharat Abhyan. After detailed discussion it was decided that :-

In collaboration with Commerce Department Slogan-making competition will be organised in Smart classroom.

Prof. Mamta Gupta (HOD Commerce) & Prof Kamlesh Slathia (HOD Geography) will adjudge the best slogan & declare the 1st, 2nd & 3rd winners in the Competition.

Notice for this competition will be pasted in notice boards a week before the due date & will also be circulated in the What's app groups of students by heads of different departments, so that maximum number of students may participate in the Competition & the basic purpose of creating awareness about this menace be achieved.

Principal
GGM College for Women
Gandi Nagar Jammu

were sent before the principal for approval.

The following members of committee attended the meeting.

Prof. Rashmi Kumari

Dr. Suraj Mohan Jamwal

Prof. Paramjeet Singh

Prof. Sworn Singh

Prof./Dr. Kusum

Prof. Sunita Devi Gupta

Principal.

Principal
PSPS Govt. College for Women
Gandhi Nagar, Jammu

# Report

## 07-10-2022 (Friday)

## Slogan Writing competition on the Topic "Crisis of Drug Addition"

### Purpose of the Activity

Created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

**Padma Shri Padma Sachdev**
**Govt. PG College for Women Gandhi Nagar Jammu**
**(A Constituent College of Cluster University of Jammu)**

**NASHA MUKT BHARAT ABHIYAN COMMITTEE**
**IN COLLABORATION WITH DEPARTMENT OF COMMERCE**

**IS ORGANISING**

**SLOGAN WRITING COMPETITION**

**ON THE**

***Topic : "Crisis of Drug Addiction"***

***Venue : Smart Class room***
***Date : 7th of Oct,2022***
***Time : 12:00 pm***



Prof. Minu Mahajan
Principal

**ORGANISING COMMITTEE**

1. Prof. Rashmi kumari (Convenor)
2. Dr.Suraj Mohani Jamwal
3. Prof.Paramjeet Singh
4. Prof.Swarn Singh
5. Prof.Kusum
6. Prof.Sunita


NASHA MUKT
BHARAT ABHIYAN
SAY NO TO DRUGS, SAY YES TO LIFE
NASHA MUKT BHARAT ABHIYAM COMMITTEE

PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISES SLOGAN WRITING COMPETITION ON TITLE "CRISIS OF DRUG ADDICTION" , UNDER NASHA MUKT BHARAT ABHIYAN,2022.

Nasha Mukt Bharat Abhiyan committee, IQAC of the college in collaboration with Department of Commerce ( PS PS Govt (PG) College for Women, Gardhi Nagar Jammu) Union Territory of Jammu and Kashmir organised Slogan Writing Competition, titled "Crisis of Drug Addiction, under Nasha Mukt Bharat Abhiyan

Prof,.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan) committee in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college along with Judges.

Professor Minu Mahajan Principal of the college said that college faculty and students are direct stakeholders of society and it's there duty to reform drug addicted society through education.She advised Teachers to interact with students and educate them about harmful effects of drugs. 11 students participated in the competition.

Dr Kamlesh Salathia (Dean Sciences) and Dr Mamata Gupta ( Dean Commerce) adjudicated the competition.Akanksha from Semester 2nd, Rashmi Charak from Semester 2nd and Tisha from Semester 2nd stood 1st, 2nd and 3rd respectively.

Prof Sunita presented Vote Of Thanks .Dr Suresh Bhat Convenor,IQAC was present on the occasion. Dr Suraj Mohini Jamwal, Prof. Paramjeet Singh, Prof Swaran Singh and Prof Kusum organised the event.Prof Mamata Kundal were also present on the occasion.

# Jammu organised Slogan Writing Competition

NEWSPOINT BUREAU
*Jammu Tawi, October 7*

NASHA Mukt Bharat Abhiyan committee, IQAC of the college in collaboration with Department of Commerce ( PS PS Govt (PG) College for Women, Gandhi Nagar Jammu) Union Territory of Jammu and Kashmir organised Slogan Writing Competition, titled "Crisis of Drug Addiction, under Nasha Mukt Bharat Abhiyan Prof..Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan) committee in her welcome address, welcomed chief patron Prof. Minu Mahajan, principal of the college along with Judges. Professor Minu Mahajan Principal of the college said that college faculty and students are direct stakeholders of society and it's there duty to reform drug addicted society through education.She advised Teachers to interact with students and educate them about harmful effects of drugs. 11 students participated in the competition. Dr Kamlesh Salathia (Dean Sciences) and Dr Mamata Gupta ( Dean Commerce) adjudicated the competition. Akanksha from Semester 2nd, Rashmi Charak from Semester 2nd and Tisha from Semester 2nd stood 1st, 2nd and 3rd respectively. Prof Sunita presented Vote Of Thanks .Dr Suresh Bhat Convenor,IQAC was present on the occasion. Dr Suraj Mohini Jamwal, Prof. Paramjeet Singh, Prof Swaran Singh and Prof Kusum organised the event.Prof Mamata Kundal were also present on the occasion.

# SLOGAN - WRITING COMPETITION ON CRISIS OF DRUG ADDICTION

| il No | Judge 1 (10) | Judge 2 (10) | Total (20) | I st/II/III winner |
|---|---|---|---|---|
| 1. | 8 | 7 | 15 | |
| 2. | 6 | 8 | 14 | |
| 3. | 5 | 6 | 11 | |
| 4. | 7 | 8 | 15 | |
| 5. | 6 | 8 | 14 | |
| 6. | 6 | 9 | 15 | |
| 7. | 6 | 2 | 8 | |
| 8. | 8 | 8 | 16 | 3rd |
| 9. | 9 | 9 | 18 | Ist |
| 10. | 8 | 9 | 17 | 2nd. |
| 11. | 7 | 8 | 15 | |

I st — Akanksha — Sem 2nd

II nd — Rashmi Chandel — Sem 2nd

III rd — Ritu — Sem 2nd

Rashmi

# CRISIS of DRUG ADDICTION

| Roll No. | Presentation (5) | Creativity (5) | Total (10) |
|---|---|---|---|
| 1 | 4 | 3 | 7 |
| 2 | 4 | 4 | 8 |
| 3 | 3 | 3 | 6 |
| 4 | 4 | 4 | 8 |
| 5 | 4 | 4 | 8 |
| 6 | 6 | 3 | 9 |
| 7 | 1 | 1 | 2 |
| 8 | 4 | 4 | 8 |
| 9 | 6 | 3 | 9 |
| 10 | 6 | 3 | 9 |
| 11. | 4 | 4 | 8 |

04/10/2021

Kanlesh Slathia

## OUTCOME OF SLOGAN WRITING

Slogans writings on crisis of Drugs addiction had played an important role in creating awareness among students and college's teaching/non-teaching staff because it grabs attention, makes a strong first impression. It helped students to bring out their thoughts and creativity to counter drugs menace in society. It has helped students to worked as team with an attitude of integrity and coherence. It also increased the observational skills, response to thoughts and concern of students towards drugs abuse. Later, to expand this campaign and to spread awareness outside college campus, the pictures were uploaded on various social media platforms and were also shared with press media.



**PSPS Govt. College for Women Gandhinagar, Jammu**
**(A Constituent College of the Cluster University of Jammu)**

# Certificate of Appreciation

This is to certify that **Miss AKANKSHA of** B.Com Semester-II from **Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar, Jammu** has been awarded first prize in Slogan Writing **Competition** organised by the *Nasha Mukt Bharat Abhiyan Committee*, on 7th of October, 2022.

**Prof. Minu Mahajan**
**PRINCIPAL**

**Prof. Rashmi Kumari**
**CONVENER**

P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF
# ORGANISED "POSTER MAKING COMPETITION"
# ON
# "QUIT DRUGS,CHOOSE LIFE"
# (20-10-2022)

OFFICE OF THE PRINCIPAL PADMA SHRI PADMA SACHDEV

GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

No: WCG/NMBA/22/07

DATED :15-10-2022

**NOTICE**

A meeting of the Nasha Mukt Bharat Abhiyan committee of the college will be held on 17-10-2022 at 10:30 A.M in the Principal Chamber. All the committee members are requested to attend the said meeting.

CONVENOR

# GOVT. PG. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

(A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY JAMMU)

# Nasha Mukt Bharat Abhiyan committee

*is Organising*

Poster making Competition

On

"Quit Drugs Choose Life"

Venue: Smart Class Room (Mahatma Gandhi Block)
Date: 20th of Oct., 2022
Time: 11:30 AM

**Patron**
Prof. Minu Mahajan
Principal

**ORGANISING COMMITTEE:**
Prof. Rashmi Kumari (convenor)
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swarn Singh
Prof. Kusum
Prof. Sunita

A meeting of the college Nasha Mukt Bharat Abhiyan was held in the principal chamber on 7 October, 2022 at 10:30 am. The purpose of the meeting was to discuss the various modalities of the activities under "Nasha Mukt Bharat Abhiyan". After detailed discussion it was decided that :-

Poster - making competition will be organised in Smart class room.

Prof. Indu Khajuria, Prof. Mala Bhasin & Prof Rajni Dogra will adjudge the best poster & declare the 1st, 2nd & 3rd winners in the competition.

Notice for this competition will be pasted in notice boards ~~before week~~ the due date & will also be circulated in the whats'app groups of students by heads of different departments, so that maximum number of students may participate in the competition & the basic purpose of creating awareness about this menace be achieved.

were put before the principal for approval.

The following members of committee attended the meeting.

Prof. Rashmi Kumari

Dr. Suraj Mohan Jamwal

Prof. Parampreet Singh

Prof Swaran Singh

Prof / Dr. Kusum

Prof Sunita

Principal

Principal
PSPS Govt. College for Women
Gandhi Nagar, Jammu

No: WCG/NMBA/22/08
DATE: 18-10-2022

# NOTICE

This notice has been drafted to inform the students of B.A/B.Sc./B.com of all Semesters that NASHA MUKT BHARAT ABHIYAN Committee of the college in collaboration with IQAC is organising a Poster Making Competition on" QUIT DRUGS CHOOSE LIFE" on 20th of October,2022 at 11:30 am in Smart Classroom (Mahatma Gandhi Block).

Interested students can give their names to the Convenor or any member of the committee of NMBA.

Principal

Convenor

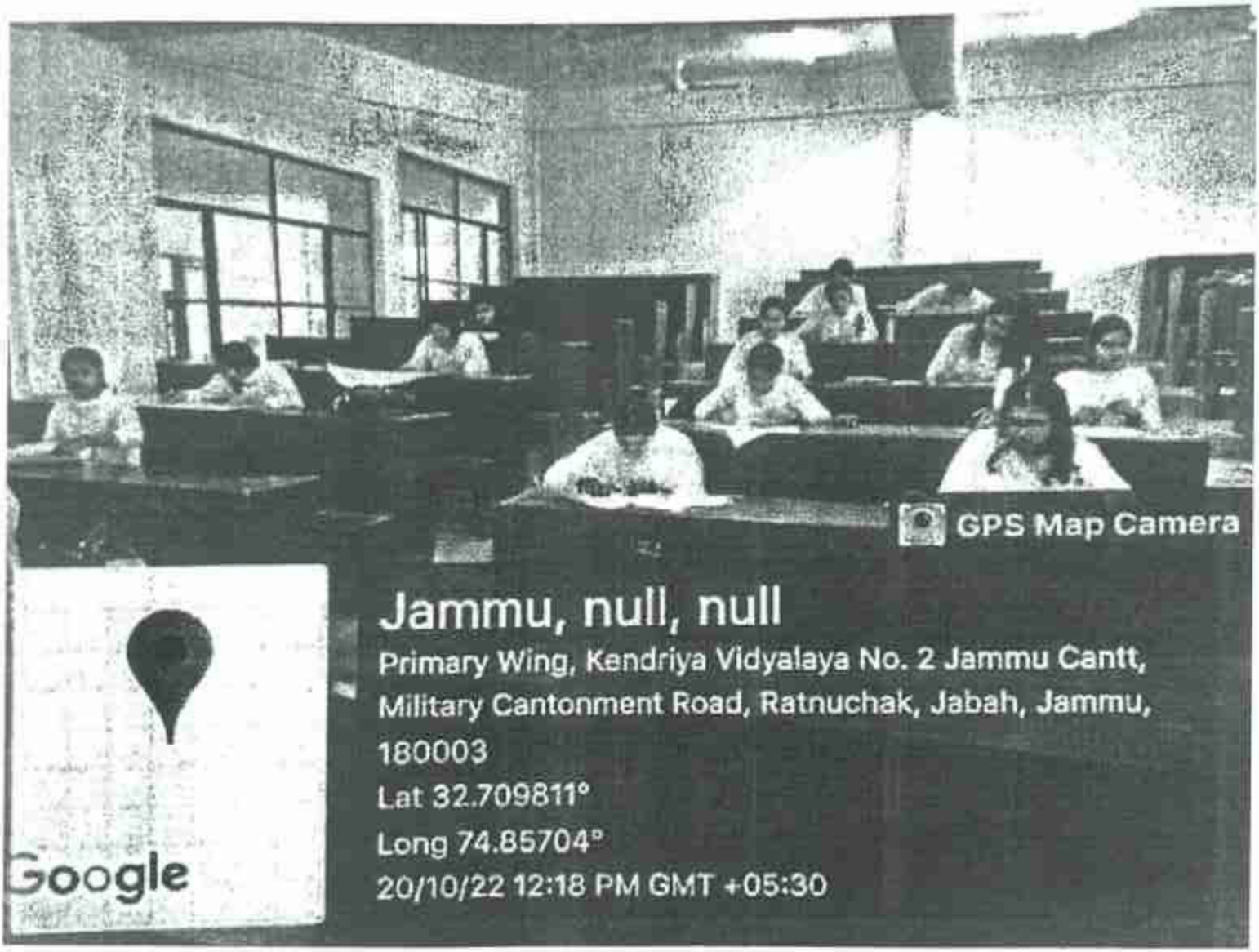
Principal
PSPS Govt. College for Women
Gandhi Nagar, Jammu

19-10-2022 (Wednesday)

**Poster Making competition on the Topic "Quit Drugs,Choose Life"**

Purpose of the Activity

reated awareness on drug abuse and its harmful effects on drug addicts articular and society in general.



# PSPS Women PG College organises Poster making competition

YB News
Jammu, Oct 20

Nasha Mukt Bharat Abhiyan Committee, in collaboration with IQAC of the Padma Shri Padma Sachdev Government (PG) College for Women, Gandhi Nagar today organised a Poster Making Competition on the theme "Quit Drugs, Choose life" here under Nasha Mukt Bharat Abhiyan".

Prof. Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee), in her welcome address, welcomed chief patron Prof. Minu Mahajan, principal of the college along with Judges.

Hailing the organizers of the event, the Principal said that the College faculty and students are messengers of future drug free society.

Prof Mala Bhasin (HOD Botany), Prof Indu Khajuria and Prof Rajni Dogra adjudicated the competition.

Shurti Sharma from Semester 1st , Sanvi Gupta from Semester 1st and Gazal from Semester 1st stood 1st, 2nd and 3rd respectively.

Dr.Suresh Bhat Convenor, IQAC was present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

# PSPS Women PG College organises Poster making competition on "Quit Drugs, Choose Life"

BJL NEWS SERVICE



JAMMU, Oct 20: Nasha Mukt Bharat Abhiyan Committee, in collaboration with IQAC of the Padma Shri Padma Sachdev Government (PG) College for Women, Gandhi Nagar today organised a Poster Making Competition on the theme "Quit Drugs, Choose life" here under Nasha Mukt Bharat Abhiyan".

Prof. Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee), in her welcome address, welcomed chief patron Prof. Minu Mahajan, principal of the college along with Judges.

Hailing the organizers of the event, the Principal said that the College faculty and students are messengers of future drug free society.

Prof Mala Bhasin (HOD Botany), Prof Indu Khajuria and Prof Rajni Dogra adjudicated the competition.

Shurti Sharma from Semester 1st , Sanvi Gupta from Semester 1st and Gazal from Semester 1st stood 1st, 2nd and 3rd respectively. Dr.Suresh Bhat Convenor, IQAC was present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

# Govt. College for Women Gandhi Nagar organised Poster making competition on "Quit Drugs, Choose Life"



Jammu, Aug 20 : Nasha Mukt Bharat Abhiyan committee in collaboration with IQAC of the PSPS Govt (PG) College for Women, Gandhi Nagar, Jammu organised Poster Making Competition, theme "Quit Drugs, Choose life"under Nasha Mukt Bharat Abhiyan" in Smart Class Room of the College.

Prof. Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee) in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college along with Judges.

Professor Minu Mahajan Principal of the college said that college faculty and students are messengers of future drug free society.

Prof Mala Bhasin (HOD) Botany), Prof Indu Khajuria and Prof Rajni Dogra adjudicated the competition.

Shurti Sharma from Semester 1st, Sanvi Gupta from Semester 1st and Gazal from Semester 1st stood 1st, 2nd and 3rd respectively.

Dr. Suresh Bhat Convenor, IQAC was present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh, Prof Kusum and Prof Sunita organised the event.

PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISED POSTER MAKING COMPETITION ON TITLE "QUIT DRUGS,CHOOSE LIFE" UNDER NASHA MUKT BHARAT ABHIYAN COMMITTEE ,2022.

Nasha Mukt Bharat Abhiyan committee in collaboration with IQAC of the PSPS Govt (PG) College for Women, Gandhi Nagar , Jammu organised Poster Making Competition, theme"Quit Drugs,Choose life"under Nasha Mukt Bharat Abhiyan" in Smart Class Room of the College.

Prof.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee) in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college along with Judges.

Professor Minu Mahajan Principal of the college said that college faculty and students are messengers of future drug free society.

Prof Mala Bhasin ( HOD Botany), Prof Indu Khajuria and Prof Rajni Dogra adjudicated the competition.

Shurti Sharma from Semester 1st , Sanvi Gupta from Semester 1st and Gazal from Semester 1st stood 1st, 2nd and 3rd respectively.

Dr.Suresh Bhat Convenor,IQAC was present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

**PSPS Govt. College for Women Gandhinagar, Jammu**
**(A Constituent College of the Cluster University of Jammu)**

# Certificate of Appreciation

This is to certify that Miss **Gazal** of B. Com Semester-I from **Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar, Jammu** has been awarded first prize in Poster Making **Competition** organised by the *Nasha Mukt Bharat Abhiyan Committee,* on 7th of October, 2022.

**Prof. Minu Mahajan**
**PRINCIPAL**

**Prof. Rashmi Kumari**
**CONVENER**

Koster Counting Competition

| Serial No | Judge 1 | Judge 2 | Judge 3 | |
|---|---|---|---|---|
| 1. | 20 | 09 | 10 | 39 |
| 2. | 16 | 11 | 11 | 38 |
| 3. | 14 | 10 | 10 | 34 |
| 4. | 15 | 11 | 12 | 38 |
| 5. | 14 | 08 | 10 | 32 |
| 6. | 14 | 11 | 11 | 36 |
| 7. | 15 | 10 | 17 | 42 |
| (8) | 16 | 17.5 | 18 | 52 |
| 9. | 16 | 12 | 14 | 42 |
| 10. | 14 | 11 | 12 | 37 |
| 11. | 14 | 13 | 14 | 41 |
| 12. | 15 | 12 | 13 | 40 |
| 13. | 16 | 11 | 17 | 44 |
| 14. | 15 | 13 | 15 | 43 |
| 15. | 16 | 13 | 18 | 47 |
| (16) | 14 | 15.5 | 18 | 47.5 (48) |
| 17. | 15 | 14 | 15 | 44 |
| 18. | 16 | 16 | 15 | 47 |
| (19) | 18 | 14 | 19 | (51) |
| 20. | 16 | 13 | 14. | 43 |

## OUTCOME OF POSTER MAKING COMPETITION

Poster making competition raised awareness about the dangers of drug abuse and its impact on society. The creative and visually appealing posters grabbed attention and effectively communicated the anti-drug message. The competition provides an opportunity for students to research and learned about the harmful effects of drugs. They explored the consequences of drug addiction, the importance of making healthy choices. Poster making encouraged students to think creatively and express their ideas visually. It allowed them to utilised their artistic skills and imagination to communicate complex messages effectively. This artistic expression inspired others and foster dialogue about drug abuse prevention. The competition fosters a sense of unity and collective responsibility in addressing the drug abuse issue within the community. The posters served as a constant reminder of the dangers of drugs and sparking discussions among individuals who view them. Offering prizes or certificates to the winners of the competition provided motivation for students and recognise their efforts. This recognition further inspired them to continue spreading the anti-drug message and be advocated for change.

# P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

## NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# ORGANISED "RANGOLI MAKING COMPETITION"

# ON

# "SAY NO TO DRUGS"

# (11-11-2022)

276





# Padma Shri Padma Sachdev
## Govt. PG College For Women,
## Gandhi Nagar, Jammu
## (A Constituent College of Cluster University Jammu)

Nasha Mukt Bharat Abhiyan Committee
is organizing a
***Rangoli Making Competition***
On
***'SAY NO TO DRUGS'***

Venue: Sports Ground
Date:15 th November, 2022
Time: 11:00 am

**atron**
of. Minu Mahajan
incipal

**onvenor**
of. Rashmi Kumari

**Organising committe**
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swarn Singh
Prof. Kusum
Prof. Sunita

# PS Govt PG College for Women
# ts Rangoli Making Competition

(279)

WS SERVICE



], Nov 25: Nasha Bharat Abhiyan ee of the PSPS PG) College for Gandhi Nagar, on organised Rangoli Competition on AY NO TO Drugs" asha Mukt Bharat In Sports Play of the College.

Rashmi Kumari, (Nasha Mukt Abhiyan tee), in her welddress, welcomed Prof. Sujata Incharge Principal college along with

Sujata Slathia, Principal of the appreciated the made by the Nasha arat Abhiyan com-

mittee in sensitising the students and creating awareness against such social evils. She further expressed that college faculty and students are messengers of future drug free society. Prof. Kamlesh Slathia (Dean Sciences), Prof. Indu Khajuria and Prof. Rejni Dogra judged the competition.

Arti and Priyanka (combined), Pawani Jamwal and Ritika Mehra from Semester 1st bagged 1st, 2nd and 3rd position respectively.

Dr.Anjana Gupta, Convenor, IQAC was also present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh, Prof Kusum and Prof Sunita organised the event.

15-11-2022 (Tuesday)

**Rangoli Making competition on the Topic "Say No To Drugs "**

Purpose of the Activity

Created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

Padma Shri Padma Sachdev
Govt. PG College For Women,
Gandhi Nagar, Jammu
(A Constituent College of Cluster University Jammu)



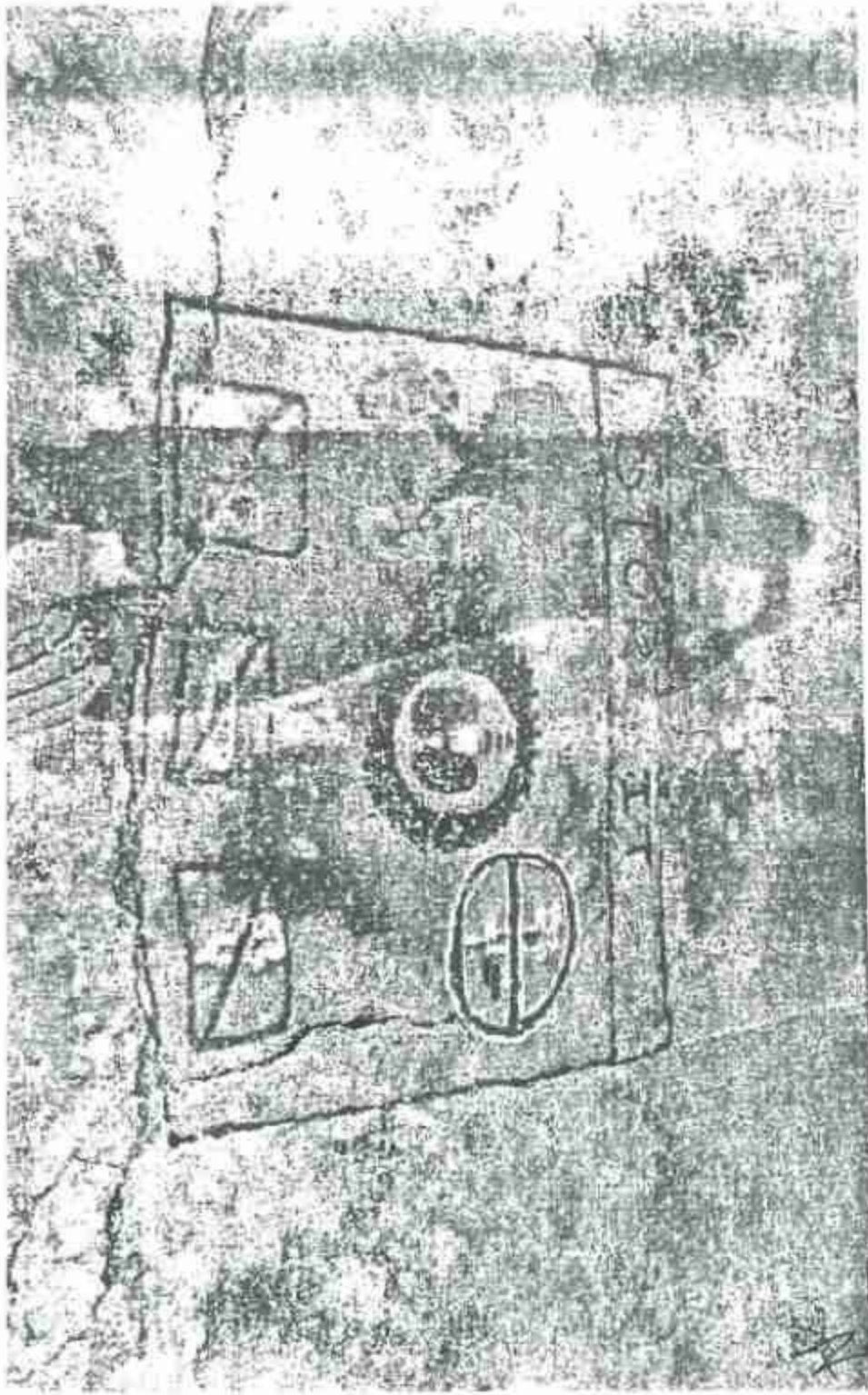
Nasha Mukt Bharat Abhiyan Committee
is organizing a
*Rangoli Making Competition*
On
*'SAY NO TO DRUGS'*

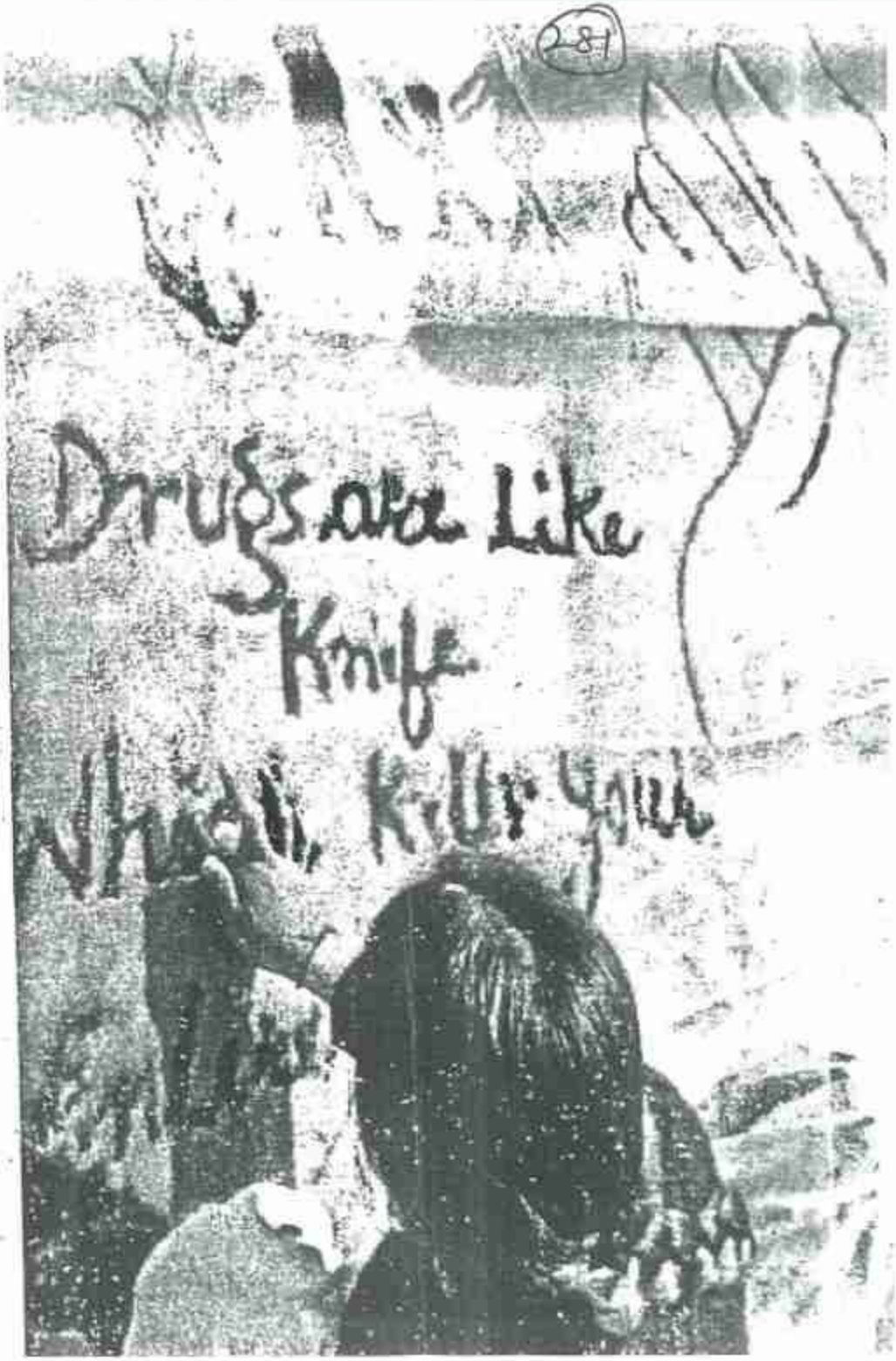
Venue: Sports Ground
Date:15 th November, 2022
Time: 11:00 am

Patron
Prof. Minu Mahajan
Principal

Convenor
Prof. Rashmi Kumari

Organising committee
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swam Singh
Prof. Kusum
Prof. Sunita




281
Drugs are Like
Knife
Which Kill You

ADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR
MMU ORGANISED RANGOLI MAKING COMPETITION ON TITLE " SAY NO TO
RUGS" UNDER NASHA MUKT BHARAT ABHIYAN COMMITTEE ,2022.

asha Mukt Bharat Abhiyan committee of the PSPS Govt (PG) College for Women, Gandhi agar , Jammu organised Rangoli Making Competition, theme"SAY NO TO DRUGS "under asha Mukt Bharat Abhiyan" in Sports Play Ground of the College.

of.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee) in her welcome ddress, welcomed chief patron Prof, Sujata Slathia, Incharge principal of the college along ith Judges.

of, Sujata Slathia, Incharge principal of the college said that college faculty and students e messengers of future drug free society.

of Kamlesh Slathia ( Dean Sciences), Prof Indu Khajuria and Prof Rajni Dogra adjudged e competition.

ti and Priyanka ( semester Ist) Pawani Jamwal and Ritika Mehra from Semester 1st stood t, 2nd and 3rd position respectively.

.Anjana Gupta Convenor,IQAC was present on the occasion. Dr Suraj Mohani Jamwal, of. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

# PSPS Govt PG College for Women hosts Rangoli Making Competition

EJC NEWS SERVICE



suittee in sensitising the students and creating awareness against such social evils. She further expressed that college faculty and students are messengers of future drug free society. Prof. Kamlesh Slathia (Dean Sciences), Prof Indu Khajuria and Prof. Rajni Dogra judged the competition.

Arti and Priyanka (combined), Pawani Jamwal and Ritika Mehra from Semester 1st bagged 1st, 2nd and 3rd position respectively.

Dr Anjana Gupta, Convenor, IQAC was also present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh, Prof Kusum and Prof Sunita organised the event.

## OUTCOMES OF RANGOLI MAKING COMPETITION

udents of the college had played an important role in giving a message against drugs abuse rough Rangoli competition. The different colours were pasted in a beautiful way to make it ntre of attraction. They had shown their hidden talents with team work and cooperation nong team members. A positive attitude was reflected in their work as they had made Rangoli ith solutions to the drugs network. Students were praised and encouraged by the judges and culty members. Photographs of the Rangoli were shared with the print media and on social edia sites. Students also took pledge to spread the message of drugs abuse and its onsequences in the society.

**PSPS Govt. P.G.College for Women Gandhinagar, Jammu**
**(A Constituent College of the Cluster University of Jammu)**

# E-Certificate of Appreciation

This is to certify that **Tanishqa Jamwal** of B.A, Semester-Ist , from **PSPS,GCW, Gandhinagar , Jammu** has participated in the Rangoli making competition organised by the college *Nasha Mukht Bharat Abhiyan Committee* on the theme, ***'Say No to Drugs, Yes to Life'***, on 15th of November, 2022.

**Prof. Minu Mahajan**
**PRINCIPAL**

**Prof. Rashmi Kumari**
**Convener**

P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# ORGANISED "ANTI-DRUG AWARENESS WALL PAINTING PROGRAMME"

# ON

# (25-11-2022)

(289)

PM

IMG_20221124_174949.jpg

# Padma Shri Padma Sachdev
# Govt. PG College For Women,
# Gandhi Nagar, Jammu
# (A Constituent College of Cluster University Jammu)



## Nasha Mukt Bharat Abhiyan Committee
## is organizing a
## *Anti-Drug Awareness*
## *Wall Painting Programme*

Venue: Radhakrishna Block (RKB)

Date: 25th November 2022

Time: 10:00 AM

**tron**

**f. Minu Mahajan**

**ıcipal**

**Organizing Committee**

Prof. Rashmi Kumari (Convenor)
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swarn Singh
Prof. Kusum
Prof. Sunita

# Report

## 25-11-2022(Friday)

## Wall Painting Programme on the Topic "Anti-Drug Awareness"

## Purpose of the Activity

Created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

Padma Shri Padma Sachdev
Govt. PG College For Women,
Gandhi Nagar, Jammu
(A Constituent College of Cluster University Jammu)



**Patron**
Prof. Minu Mahajan
Principal

Nasha Mukt Bharat Abhiyan Committee
is organizing a
***Anti-Drug Awareness***
***Wall Painting Programme***
Venue: Radhakrishna Block (RKB)
Date: 25th November 2022
Time: 10:00 AM

**Organizing Committee**
Prof. Rashmi Kumari (Convenor)
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swarn Singh
Prof. Kusum
Prof. Sunita

# PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISES ANTI - DRUG AWARENESS WALL PAINTING PROGRAMME UNDER NASHA MUKT BHARAT ABHIYAN

Nasha Mukt Bharat Abhiyan committee, IQAC of the college organised Anti-Drug Awareness Wall Painting Programme, under Nasha Mukt Bharat Abhiyan

Prof.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan) committee collaborated on the whole Programme .
Professor Minu Mahajan, Principal of the college, appreciated the painting skills and ideas of the participants. She lauded the efforts of the committee in sensitising the students and staff of the college against the menace of drug abuse.

The venue of the painting programme was Radha Krishnan Block of the college. Students painted Anti-Drug slogans on walls to educate the students and staff.Members of the committee Prof.Paramjeet Singh, Dr.Suraj Mohini Jamwal, Prof.Swarn Singh, Prof Kusum, Prof Sunita were present throughout the Programme

Radha

# PSPSGPG College, Gandhi Nagar organises Anti-Drug awareness




*Jammu:* Padma Shri Padma Sachdev Govt P.G College for Women Gandhi Nagar Jammu organises Anti-Drug awareness wall painting programme under Nasha Mukt Bharat Abhiyman

. Professor Minu Mahajan, Principal of the college, appreciated the painting skills and ideas of the participants. She lauded the efforts of the committee in sensitising the students and staff of the college against the menace of drug abuse. The venue of the painting programme was Radha Krishnan Block of the college. Students painted Anti-Drug slogans on walls to educate the students and staff.Members of the committee Prof.Paramjeet Singh, Dr.Suraj Mohini Jamwal, Prof.Swarn Singh, Prof Kusum, Prof Sunita were present throughout the Programme.

## OUTCOMES OF WALL PAINTING PROGRAMME

painting served as a visual representation that attracts attention and raises awareness ıut drug abuse. It educated the students about the risks, consequences and impact of drug ıse on individuals, families and society. The prominent display of an anti-drug message ɔugh a wall painting act as a powerful deterrent. By visually depicting the negative effects of g abuse, it discouraged individuals from experimenting with drugs. The wall painting gramme provided an opportunity for students to express their creativity and talent. It nsformed blank walls into visually captivating artworks that engaged and inspired the society. wall painting spark conversations and dialogue about drug abuse within the community. It couraged open discussions, sharing of personal experiences and the exchange of ideas on w to prevent drug abuse and support. The wall painting remains a constant reminder in the iety, served as a lasting symbol against drug abuse. It continues to influenced attitudes, raise areness and discourage drug use even ling after its creation.

PADMA SHRI PADMA SACHDEV

GANDHI NAGAR JAMMU

# Report

## 31-05-2023 (Wednesday)

**LECTURE ON WORLD NO TOBACCO DAY-2023 TOPIC ON "COMMIT TO QUIT"**

**UNDER NASHA MUKT BHARAT ABHIYAN**

## Purpose of the Activity

Created awareness about the dangers of tobacco use and promoting effective strategies for tobacco control.

Padma Shri Padma Sachdev
Govt. College For Women Gandhi Nagar Jammu
(A Constituent College of Cluster University of Jammu)



Patron
Prof. Monu Mahajan
(Principal)

Nasha Mukt Bharat Abhiyan Committee
is Organizing a
Lecture
on
World No Tobacco Day-2023
On Theme
"COMMIT TO QUIT"

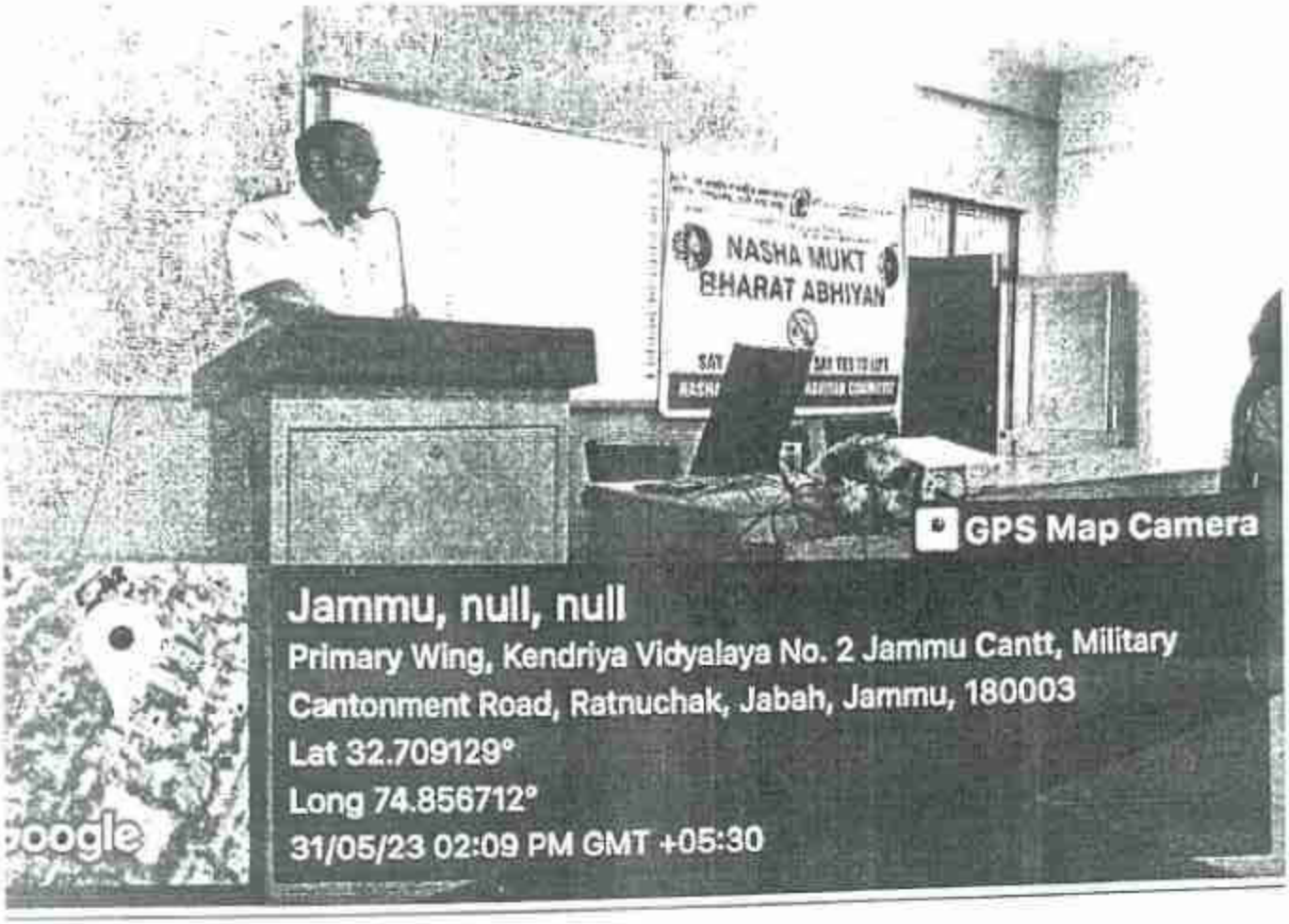


Resource Person

Dr. Gautam Sharma (MDS)
PERIODONTIST AND IMPLANTOLOGIST
UNIVERSITY OF JAMMU

Venue: College Smart Class Room
Date: 31th May, 2023
Time: 01:30 PM

Organizing Team
Nasha Mukt Bharat Abhiyan Committee


NASHA MUKT
BHARAT ABHIYAN
GPS Map Camera
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Primary Wing, Kendriya Vidyalaya No. 2 Jammu Cantt, Military
Cantonment Road, Ratnuchak, Jabah, Jammu, 180003
Lat 32.709129°
Long 74.856712°
31/05/23 02:09 PM GMT +05:30


NASHA MUKT
BHARAT ABHIYAN
GPS Map Camera
Jammu, null, null
Primary Wing, Kendriya Vidyalaya No. 2 Jammu Cantt, Military
Cantonment Road, Ratnuchak, Jabah, Jammu, 180003
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# Dr. Gautam delivers lecture on WNTD-2023

JL NEWS SERVICE

JAMMU, May [illegible] Gautam Sharma (MDS) [illegible] Oral Surgeon of the Union Territory of Jammu and former President of Indian Dental Association (IDA), today interacted with the students of Padma Shri Padma Sachdev Govt College for Women, Gandhi Nagar, on 'World No Tobacco Day'. The lecture was organized by Seva Mukt Bharat Abhiyan (NMBA) Committee of the college on the theme 'Commit to Quit'.

Prof Minu Mahajan, Principal, Padma Shri Padma Sachdev Govt College for women Gandhi Nagar, Jammu presented a bouquet to Dr Gautam Sharma and lauded the efforts of the committee for organizing the awareness session on the occasion and the services rendered by him in the field of dentistry.

She emphasized that through such lectures the students can get valuable information about the various dental issues and learn how to take care of their oral health and also how to avoid habits like tobacco consumption which lead to various oral health problems in the long run.



The welcome address was delivered by Prof Rashmi Kumari, Convenor of NMBA. She thanked the guest speaker and emphasized on the harmful and deadly effect of tobacco use and discouraged the use of tobacco.

Dr. Gautam Sharma shared his valuable knowledge with students about oral cancer, its symptoms, risk factors, preventive measures, latest updates in oral cancer treatment, dental implants, smoking cessation techniques and healthier lifestyle choices. During the lecture, Dr. Gautam Sharma graciously addressed various queries from students, including the impact of tobacco on physical and mental health, the associated economic burden, and the potential benefits of quitting. He said that the theme of this World [illegible] Day is 'Commit to Quit' which encourages individuals to make a commitment to quit tobacco use. He said that tobacco kills more than 8 million people every year. More than 7 million of those deaths are the result of direct tobacco use while around 1.3 million people who do not themselves use tobacco are exposed to second-hand smoke. Almost 80% of the world's 1.3 billion tobacco users live in low- and middle-income countries, where the burden of tobacco-related illnesses is highest. He said that tobacco kills people in many ways, not just through cancer. Tobacco causes heart disease, stroke, and lung diseases. It harms nearly every organ in the body, raises risk for tuberculosis, makes it harder for people to breathe, and can affect overall health. He said that tobacco users die on average 10 years earlier than non-users. Tobacco is also a major risk factor for non-communicable diseases such as heart disease, stroke, and diabetes. Tobacco users are more likely to develop serious complications from these diseases and have a higher risk of premature death. He said that tobacco use can also lead to poor oral health, including gum disease, tooth loss, and oral cancer. Tobacco users are also more likely to have bad breath, stained teeth, and a dull complexion. He said that tobacco use can also lead to premature aging of the skin.

## Awareness camp on Mahila Samman Savings Certificate scheme, lecture on WNT-Day held in GCW Gandhinagar College mourns demise of Prof Ghai

SV NEWS SERVICE

JAMMU, MAY 31: Students Welfare Committee of Padma Shri Padma Sachdev Government College for Women Gandhi Nagar, in collaboration with Senior Superintendent of Post Offices, Postal Division Jammu, on Wednesday organised an awareness camp on Mahila Samman Savings Certificate scheme announced exclusively for women and girl child in budget 2023-24 by Finance Minister Nirmala Sitharaman.

The awareness camp was held in the College premises as an initiative to promote financial empowerment and encourage women to take control of their financial future. Information brochures, handouts and other resource materials, summarizing key points were distributed among the students and staff. This will enable the participants to refer back to the information and continue their learning beyond the event.

A supportive and empowering environment was created among the participants and they were encouraged to take charge of their financial well-being. By providing them with the necessary knowledge, the camp contributed in building a financial secure future for women. Principal of the College, Prof. Minu Mahajan and Student's Welfare Committee thanked the organisers of the camp Keval Chander, Postmaster Gandhi Nagar, Head office, Rekha Devi, Sr. Supdt. PO Jammu Division, Pawan Kumar, Sr. Superintendent PO Jammu Division.

Later, Nasha Mukt Bharat Abhiyan Committee of the College, organised a lecture on" World No Tobacco Day "on the theme "Commit to Quit". The keynote speaker for the event was Dr. Gautam Sharma (MDS) Periodontist and Implantologist.

The welcome address was delivered by Prof. Rashmi Kumari, Convenor of NMBA.

Meanwhile, PSPS GCW Gandhinagar Jammu has mourned the demise of Padmashree Prof. Ved Kumari Ghai, a distinguished figure in the world of academia, a trailblazing social activist and an esteemed scholar known for her exceptional contribution to Sanskrit, Hindi, Dogri and English.

The college staff prayed for eternal peace to the departed soul and extended their sympathies to the bereaved family.

# areness camp on Mahila Samman Savings Certificate eme, lecture on WNT-Day held in GCW Gandhinagar

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'AN MAIL NEWS
IU, MAY 31



s Welfare Com- f Padma Shri achdev Govern- ege for Women gar, in collabora- Senior Superin- of Post Offices, ision Jammu, on ay organised an s camp on Mahila Savings Certifi- ne announced ex- or women and girl dget 2023-24 by Minister Nirmala an.

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Rashmi

**Nasha Mukt Bharat Abhiyan Committee of Padma Shri Padma Sachdev Govt. College for women, Gandhi Nagar, Jammu organized a lecture on "World No Tobacco Day "on the theme "Commit to Quit" on 31st May,2023.**

Nasha Mukt Bharat Abhiyan Committee of Padma Shri Padma Sachdev Govt. College for women, Gandhi Nagar, Jammu under the able guidance of Prof. Minu Mahajan organised a lecture on" World No Tobacco Day "on the theme "Commit to Quit" on 31st May, 2023.The keynote speaker for the event was Dr. Gautam Sharma (MDS) PERIODONTIST and IMPLANTOLOGIST.

The welcome address was delivered by Prof. Rashmi Kumari, Convenor of NMBA. She formally welcomed the guest speaker and emphasised on the harmful and deadly effects of tobacco use and discouraged the use of tobacco.

World No Tobacco Day, observed on May 31st each year, is a global initiative aimed at raising awareness about the dangers of tobacco use and promoting effective strategies for tobacco control. In line with this objective, NMBA committee has organised a special lecture to educate the students on the detrimental effects of tobacco and the importance of quitting smoking.

Prof.Minu Mahajan, the revered Principal, applauded the efforts of the committee for organising the event which is appropriate to the circumstances of the current times. She emphasised that through such lectures the younger generation will certainly realise that substance abuse is a bane for the society as it eventually leads to substance dependence and chronic health problems.

Dr. Gautam Sharma shared his valuable insights, evidence-based research, and practical tips to help individuals make informed decisions about quitting smoking and leading a healthier lifestyle. During the lecture, Dr. Gautam Sharma addressed various aspects of tobacco addiction, including its impact on physical and mental health, the associated economic burden, and the potential benefits of quitting.

The event was witnessed by around 75 students Prof Rajni Dogra (Hod economics), Prof Anupama Sharma (NSS UNIT 2), Prof Paramjeet Singh, Prof.Swarn Singh and Dr. Kusum also graced the occasion with their presence. The event concluded with a formal vote of thanks by Prof.Sunita (HOD) Social Work.

# OUTCOMES OF LECTURE ON WORLD NO TOBACC0 DAY

The lecture on World No Tobacco Day by the doctor, was a resounding success. The doctor, armed with a wealth of knowledge and expertise, delivered a compelling presentation on the dangers of tobacco use and the importance of quitting.

During the lecture, the doctor highlighted the detrimental health effects associated with smoking, including lung cancer, heart disease, and respiratory problems. They presented alarming statistics and shared real-life stories of individuals who had suffered from tobacco-related illnesses. The audience listened attentively, their faces reflecting a mixture of concern and determination.

The doctor also discussed the various resources available for smokers who wanted to quit. They introduced effective cessation methods, such as nicotine replacement therapy and counseling services, emphasizing the importance of seeking professional help. Additionally, the doctor stressed the significance of creating smoke-free environments and implementing stricter tobacco control policies.

The lecture concluded with a question-and-answer session, allowing participants to seek clarifications and share their personal experiences. Many attendees expressed their gratitude for the valuable information and inspiration provided by the doctor. Some even committed to quitting smoking and pledged to spread awareness about the dangers of tobacco among their friends and family.

Overall, the lecture on World No Tobacco Day by the doctor left a lasting impact on the audience. It served as a catalyst for change, empowering individuals to take control of their health and make informed decisions regarding tobacco use. The event played a vital role in promoting a smoke-free lifestyle and fostering a healthier community.



P.S.P.S. GOVT. COLLEGE FOR WOMEN

GANDHI NAGAR, JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# POSTER MAKING COMPETITION ON

# "SAY NO TO TOBACCO"

# (18th MAY, 2023)

**Report 18-05-2023(Thursday)**

Poster Making Competition on the theme "SAY NO TO TOBACCO".

Purpose of the Activity To raise awareness about the dangers of Tobacco use and its negative impact on health. Its aims to visually communicate the message, educate and encourage individuals to make informed decisions for a tobacco-free lifestyle

Padma Shri Padma Sachdev
Govt. College For Women Gandhi Nagar Jammu
(A Constituent College of Cluster University of Jammu)

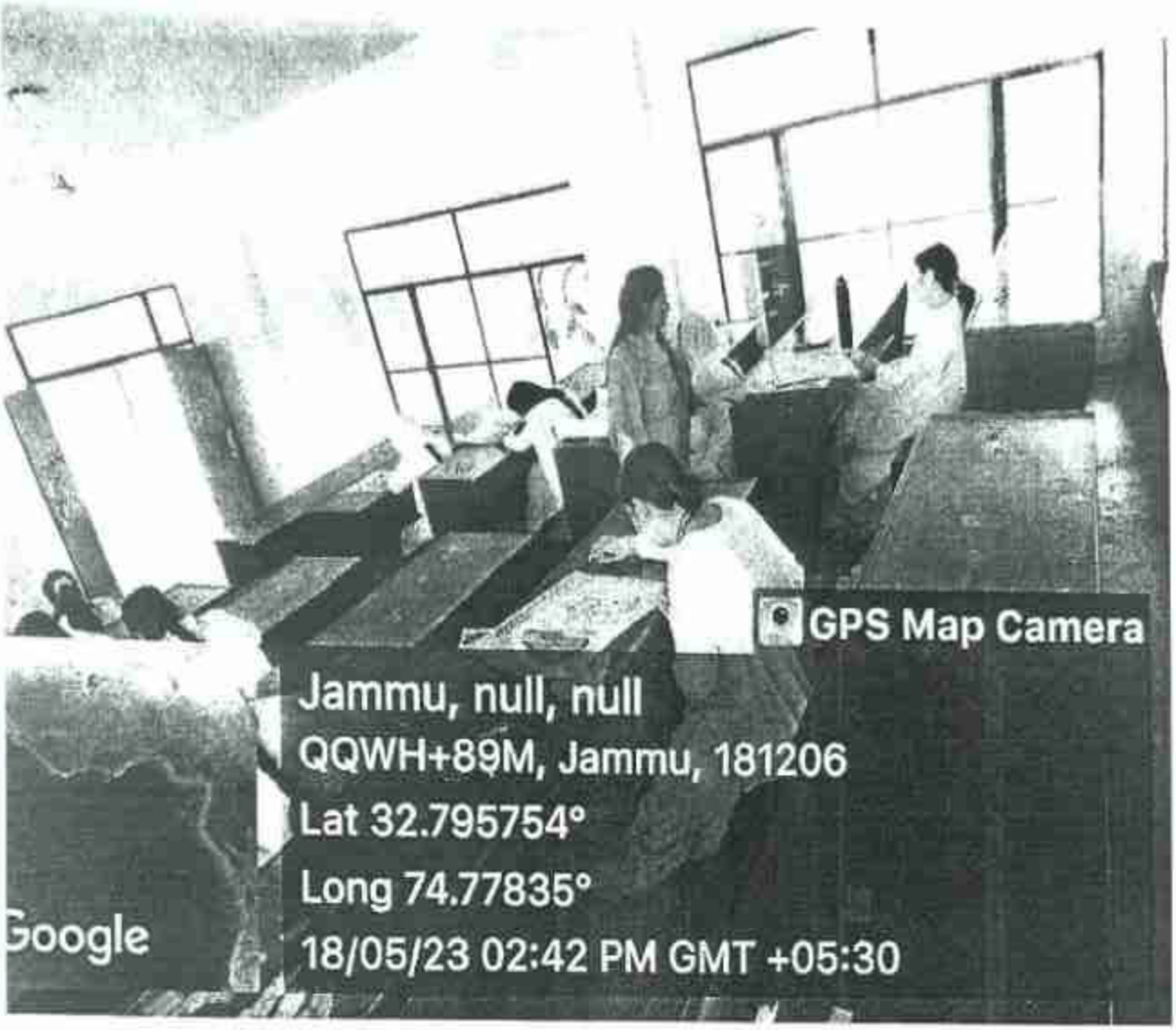


Patron
Prof. Minu Mahajan
(Principal)

*Nasha Mukt Bharat Abhiyan Committee*
*in collaboration with*
*Department of Commerce*
*is Organizing a*
*Poster making Competition*
*On Theme*
*"SAY NO TO TOBACOO"*

Organizing Team
Nasha Mukt Bharat Abhiyan Committee
and
Department of Commerce

Venue: Radhakrishna Block, Room No. 12
Date: 18th May, 2023
Time: 01:00 AM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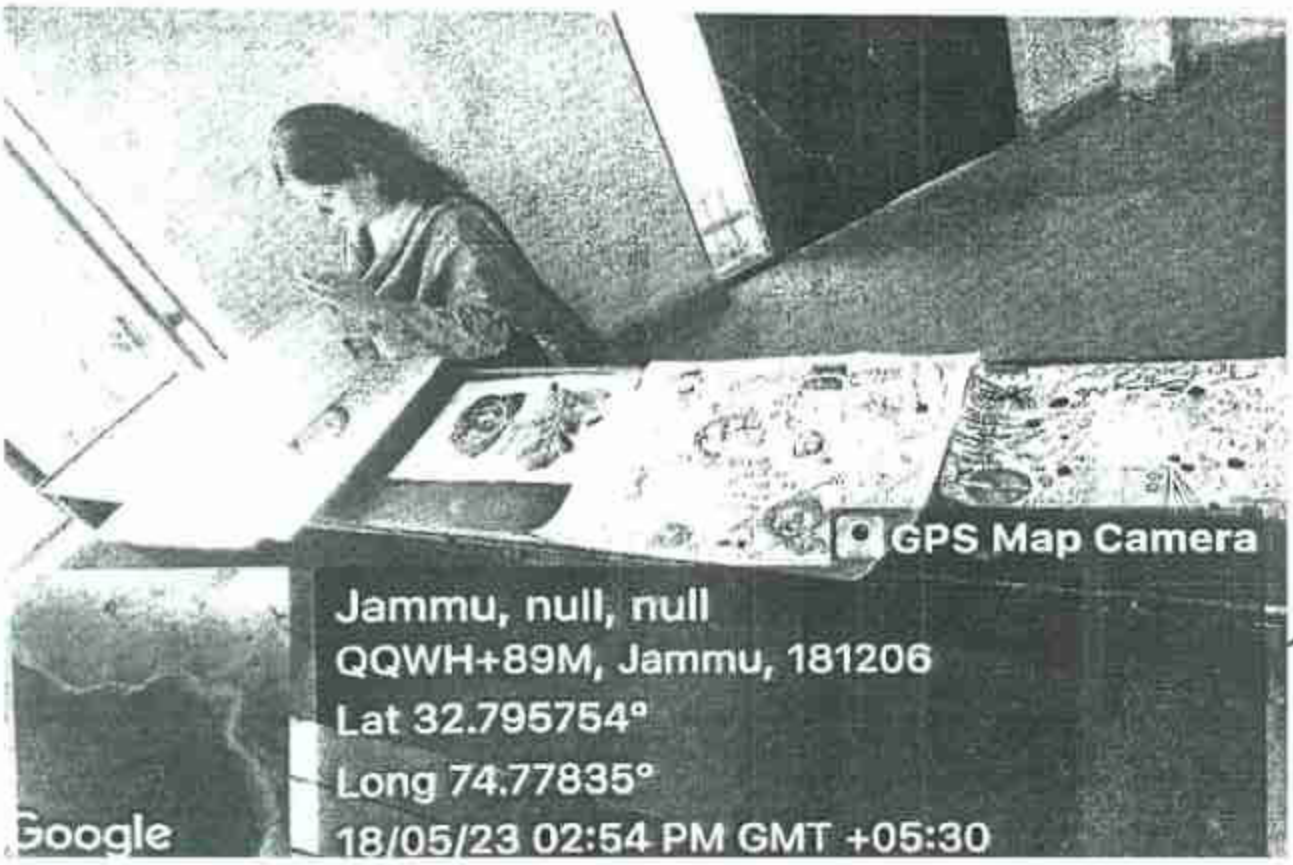
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**PRESS RELEASE**

# PSPS Govt. College for Women organises Poster-Making Competition on "Say No to Tobacco"

■JL NEWS SERVICE



**JAMMU, May 18:** Nasha Mukt Bharat Abhiyan Committee, in collaboration with Department of Commerce of Padma Shri Padma Sachdev Govt. College for Women, Gandhi Nagar, organised a Poster-Making Competition on the theme "Say No to Tobacco".

The Programme was held under the patronage of Principal Prof.Minu Mahajan. She laid emphasis on the harmful and deadly effects of tobacco use and discouraged the use of tobacco. Total 30 students participated and created colourful posters to spread awareness regarding no use of tobacco. The posters depicting consequences of tobacco consumption and drug abuse prevention were showcased beautifully by the students. Prof Mamta Gupta, HOD Commerce encouraged the participants to express their artistic talents, innovative ideas and persuasive communication skills to design posters that inspire individuals to adopt a tobacco-free lifestyle.

Prof.Rashmi Kumari, Convener of NMBA appreciated the students' efforts. She added that tobacco consumption continues to be a global public health concern, causing numerous diseases and posing a significant risk to individual's wellbeing.

Recognising the importance of education and advocacy, the committee has taken initiative to address this critical issue through the power of art and expression.

All posters were evaluated by a panel of esteemed judges: Prof. Bindo Sharma, Prof Mamta Gupta and Prof Rajni Kumari. The first position was bagged by Ms Tanvi second position by Ms Sanvi Gupta and third position bagged by Ms. Rasleen kaur, Ms. Sneha Gupta and Ms.Mehak Pawar. Whole event was conducted with the support of Prof Mamta Kandal, Prof Paramjeet Singh, Prof Swarn Singh, Prof Sunita and Dr Deepti Abrol.

## OUTCOME OF POSTER MAKING COMPETITION

The competition raised awareness among students about the dangers of tobacco use. Through the process of researching and creating posters, students gained knowledge about the harmful effects of tobacco on their health and the community. Poster-making competition provided students with a platform to expressed their creativity and artistic skills. The explored different visual elements, colours, and designs to effectively communicated the anti-tobacco message. When students see their peers actively participating in activities promoting a tobacco-free lifestyle, it can positively influence their attitudes and behaviours. The competition encouraged peer-to-peer conversations about the harmful effects of tobacco, leading to increased awareness and a potential reduction in tobacco use among students. Recognised and rewarded the creative efforts of students through prizes and certificates which served as positive reinforcement. This encouraged students to continue their advocacy against tobacco and motivated them to engaged in future initiatives promoting health and well-being.

Organizing a poster-making competition on saying no to tobacco for students can create a positive impact by raising awareness, fostering creativity, promoting teamwork, and empowering students to be agents of change in their communities.

# PADMA SHRI PADMA SACHDEV GOVT COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

## NASHA MUKT BHARAT ABHIYAN COMMITTEE

## REPORT OF PLEDGE CEREMONY

## ON

## "SAY NO TO DRUGS, YES TO LIFE"

## ON

## (26 APRIL,2023)

Purpose of the activity

To create awareness on the ill effects of the drug addiction on the individuals in particular and the society in general.

# Padma Shri Padma Sachdev
# Govt. PG College For Women Gandhi Nagar Jammu
(A Constituent College of Cluster University of Jammu)



Patron

Prof. Minu Mahajan

(Principal)

*Nasha Mukt Bharat Abhiyan Committee*

And

*NSS UNIT-I*

Organizing a

*Pledge Ceremony Against Drugs Abuse*

On Theme

*Say No To Drugs and Yes to Live*

27th April 2023

Venue: College Campus

Time: 10:30 AM

Organizing Team

Prof. Mala Bhasin (NSS Programme Coordinator, CLUJ)

Prof. Sugandha Mahajan (NSS PO-UNIT-I)

Prof. Rashmi Kumari (Convenor)

Prof. Suraj Mohan Jamwal

Prof. Paramjeet Singh

Prof. Swarn Singh

Prof. Kusum

Prof. Sunita



JAMMU, Apr 27: Nasha Mukt Bharat Abhiyan Committee (NMBAC) and NSS Unit -1 of Padma Shri Padma Sachdev Govern-ment College for Women, Gandhi Nagar, today organised a Pledge taking Ceremony wherein 83 students/ volunteers and faculty took the pledge on the theme 'Say Yes to life, No to Drugs.

The programme started with the welcome address by Prof Rashmi Kumari , Convenor NMBAC .The College Principal, Prof Menu Mahajan, in her address, emphasised that drug abuse not only affects a person's physical and mental health but also has a negative impact on their relationships, education, career, and overall well-being.

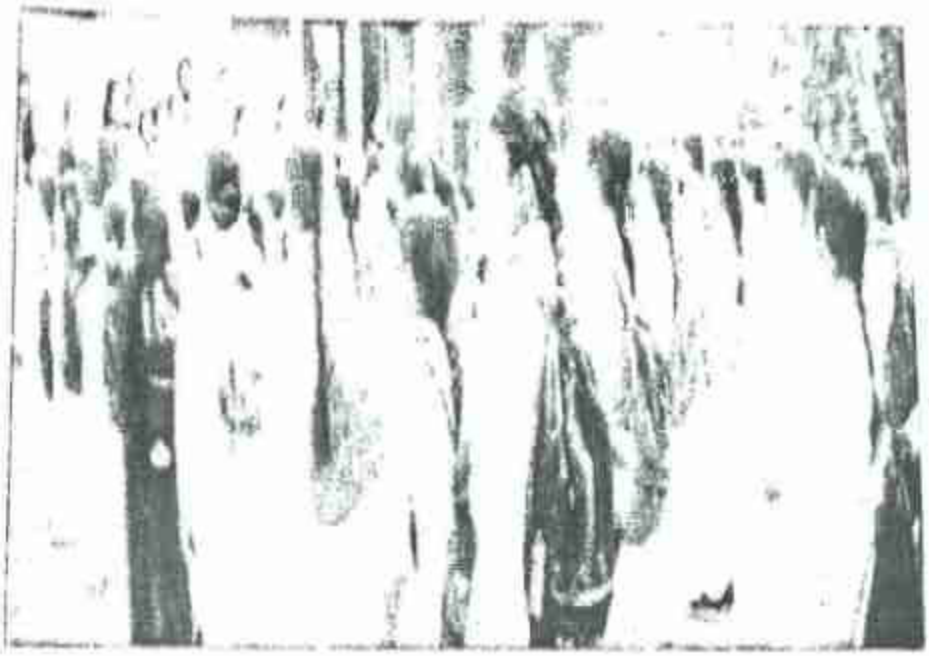
She stressed upon organizing such events in the college on regular intervals as these can play a significant role in creating a drug-free society and promoting a healthy and productive lifestyle. She also applauded the initiatives taken by the organising team of NMBAC and NSS Unit -1 for creating the awareness on drug abuse amongst the students.

Prof. Mala Bhasin, NSS Program Coordinator Cluster University Jammu, also stressed upon the need to educate people, especially young individuals, about the dangers of drug abuse and encourage them to make positive and healthy choices.

Prof Sugandha Mahajan, NSS Programme officer Unit 1 read out the pledge. Prof Mamta Gupta, Prof Anupama Sharma, Dr. Suraj Mohan, Prof Parampeet Singh, Prof Swarn Singh and

# 4 of 5 GCW Gandhinagar holds pledge ceremony on 'Say Yes to life, No to Drugs

JL NEWS SERVICE



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The programme started with the welcome address by Prof Rashmi Sharma, Convenor NMBAC. The College Principal, Prof Meena Mahajan, in her address, emphasised that drug abuse not only affects a person's physical and mental health but also has a negative impact on their relationships, education, career, and overall well-being.

She stressed upon organizing such events in the college on regular intervals. These can play a significant role in creating a drug-free society and promoting a healthy and productive lifestyle. She also appended the initiatives taken by the organising team of NMBAC and NSS Unit -1 for creating the awareness of drug abuse amongst the students.

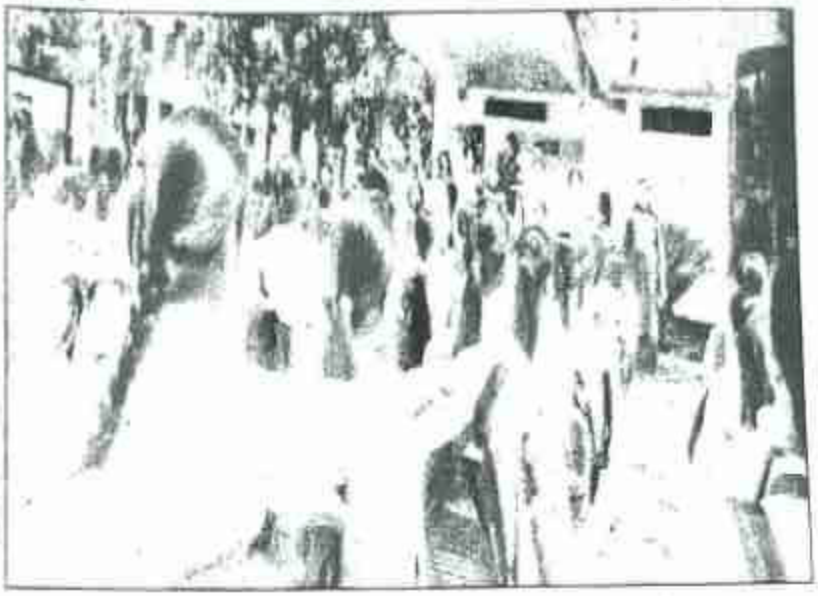
Prof Vani Bhatia, NSS Program Coordinator Cluster University Jammu, also stressed upon the need to educate people, especially young individuals, about the dangers of drug abuse and encourage them to make positive and healthy choices.

Prof Sugandha Mahajan, NSS Programme officer Unit-1 read out the pledge. Prof Vanita Gupta, Prof Anupama Sharma, Dr Sarla Mohan, Prof Parampeet Singh, Prof Swarn Singh and Prof Kusum were also present.

# Gandhi Nagar holds pledge-taking ceremony on 'Say Yes to life, No to Drugs

■ STATE TIMES NEWS

JAMMU: Nasha Mukt Bharat Abhiyan Committee (NMBAC) and NSS Unit -1 of Padma Shri Padma Sachdev (PSPS) Government College for Women, Gandhi Nagar, on Thursday organised a Pledge taking Ceremony wherein 83 students/ volunteers and faculty took the pledge on the theme 'Say Yes to life, No to Drugs'. The programme started with the welcome address by Prof Rashmi Kumari , Convenor NMBAC. The College Principal, Prof Menu Mahajan, in her address, emphasised that drug abuse not only affects a person's physical and mental health but also has a negative impact on their relationships, education, career, and overall well-being.

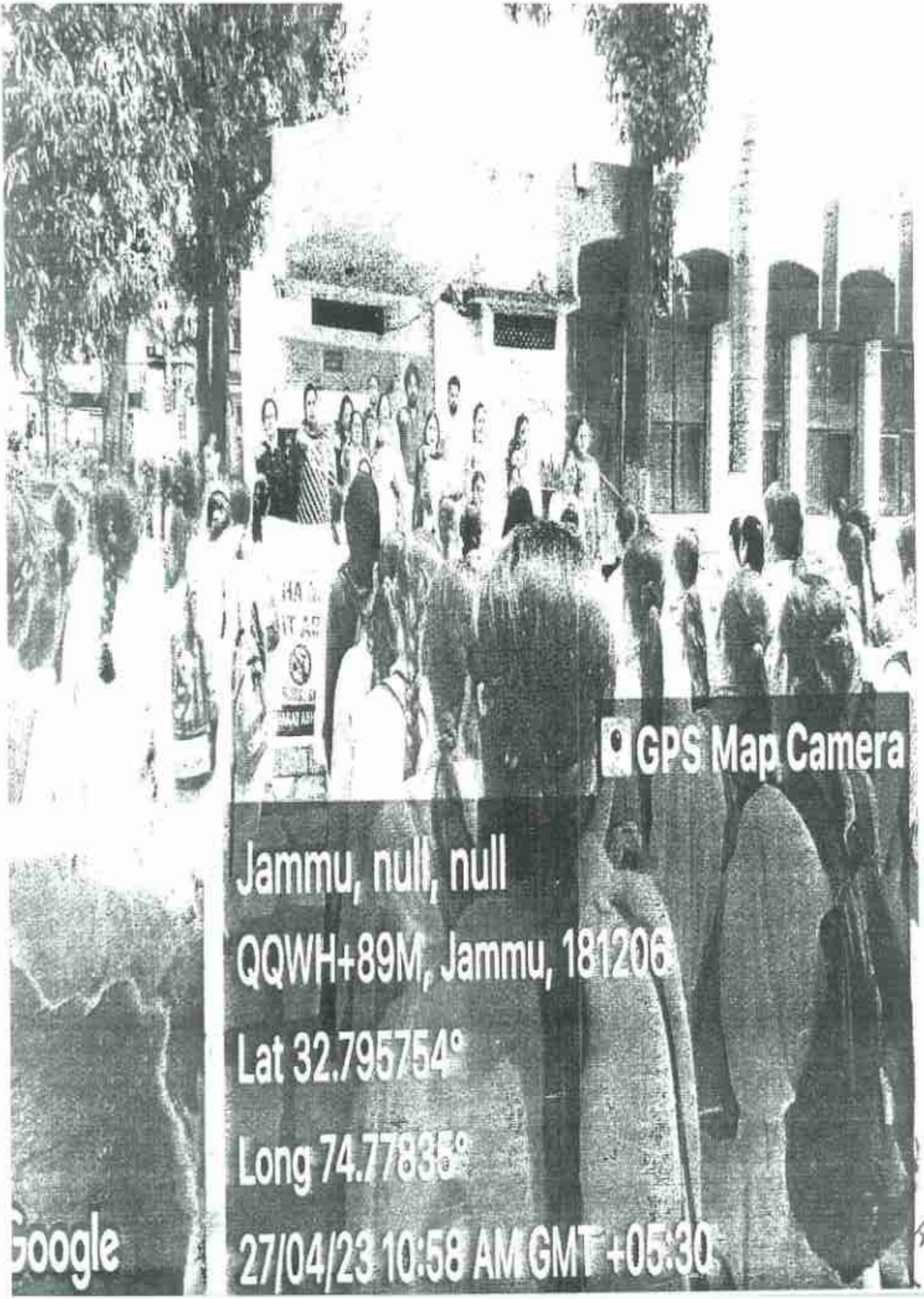


*Student and faculty members taking pledge.*

She stressed upon organizing such events in the college on regular intervals as these can play a significant role in creating a drug-free society and promoting a healthy and productive lifestyle. She also applauded the initiatives taken by the organising team of NMBAC and NSS Unit -1 for creating the awareness on drug abuse amongst the students.

Prof. Mala Bhasin, NSS Program Coordinator Cluster University Jammu, also stressed upon the need to educate people, especially young individuals, about the dangers of drug abuse and encourage them to make positive and healthy choices.

Prof Sugandha Mahajan, NSS Programme officer Unit 1 read out the pledge. Prof Mamta Gupta, Prof Anupama Sharma, Dr Suraj Mohani, Prof Paramjeet Singh, Prof Swaru Singh and Prof Kusum were also present.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P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# ORGANISED "STONE PAINTING AWARENESS PROGRAMME"

# ON THEME

# "DRUG ABUSE PREVENTION

# (20-12-2022)



**Report**

20-12-2022 (Tuesday)

## STONE PAINTING AWARENESS PROGRAM ON THEME "DRUG ABUSE PREVENTION" UNDER NASHA MUKT BHARAT ABHIYAN,2022.

**Purpose of the activity**

To create awareness on drug abuse and its harmful impacts on addicts in particular and the society in general.

Padma Shri Padma Sachdev
Govt. PG College For Women,
Gandhi Nagar, Jammu
(A Constituent College of Cluster University Jammu)



Nasha Mukt Bharat Abhiyan Committee
is organizing a
*Stone Painting Awareness Programme*
On theme
*Drug Abuse Prevention*

Venue: Radhakrishna Block (Lawn no. 19)
Date: 20th December 2022
Time: 11:00 AM

**Patron**
Prof. Minu Mahajan
Principal

**Organizing Committee**
Prof. Rashmi Kumari (Convenor)
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swam Singh
Prof. Kusum
Prof. Sunita

Press Release

**PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISED STONE PAINTING AWARENESS PROGRAM ON THEME "DRUG ABUSE PREVENTION" in 20-12-2022 UNDER NASHA MUKT BHARAT ABHIYA,2022.**

Nasha Mukt Bharat Abhiyan committee in collaboration with IQAC of the PSPS Govt (PG) College for Women, Gandhi Nagar , Jammu organised Stone Painting Awareness Program on theme "Drug Abuse prevention" under Nasha Mukt Bharat Abhiyan in Lawn No :-19 of Radhakrishnan Block of the College. Prof.Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee) in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college. Professor Minu Mahajan Principal of the college applauded the endeavours of college faculty and students. She encouraged the students to keep working for future drug free society. Prof Sujatha Salathia (Dean Arts), Prof Kamlesh Salathia ( Dean Sciences) Prof Mamta Gupta ( Dean Commerce) and Prof Mala Bhasin ( Staff Secretary) were present during the event. Dr.Yashpal Sharma Convenor,IQAC was present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

Wednesday, December 21, 2022

# Padma Shri Padma Sachdev Govt P.G. College organises stone painting awareness program on "Drug Abuse Prevention"

JL NEWS SERVICE




JAMMU, Dec 20: Nasha Mukt Bharat Abhiyan committee, in collaboration with IQAC of the Padma Shri Padma Sachdev Govt (PG) College for Women, on Tuesday organised Stone Painting Awareness Program on the theme "Drug Abuse prevention" under Nasha Mukt Bharat Abhiyan here in the College Lawn.

Prof. Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan committee) in her welcome address, welcomed chief patron Prof, Minu Mahajan, principal of the college.

Professor Minu Mahajan Principal of the college applauded the endeavours of college faculty and students. She encouraged the students to keep working for future drug free society.

Prof Sujatha Salathia (Dean Arts), Prof Kamlesh Salathia ( Dean Sciences) Prof Mamta Gupta ( Dean Commerce) and Prof Mala Bhasin ( Staff Secretary) were present during the event.

Dr.Yashpal Sharma Convenor, IQAC were also present on the occasion. Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh, Prof Kusum and Prof Sunita organised the event.

## OUTCOMES OF STONE PAINTING PROGRAMME

The stone painting programme served as a platform to raised awareness about drug abuse and its consequences. Students learned about the dangers of drug abuse, its impact on society. Stone painting allcwed students to engaged in a creative activity. Through painting, students channelised their emotions, thoughts and experiences related to drug abuse into art, fostering self-reflection and personal growth. Organising such a programme bring the community together to address the issue of drug abuse. It created an opportunity for people from different backgrounds to collaborate and shared their perspectives, experiences and knowledge. This collective effort strengthens community bonds and encouraged ongoing conversation about drug abuse prevertion. Stone painting helps build resilience, self-esteem and a sense of achievement, as students transform ordinary stones into meaningful works of arts. Painted stones used as visual aids or symbolic representations to convey anti-drug abuse messages. These painted stones serve as reminders of the dangers of drug abuse and promote a drug free lifestyle. The stone painting programme had a lasting impact. The painted stones continued to spread awareness as they were displayed to others. This sustained visibility can served as a catalyst for ongoing conversations about drug abuse, encouraged further education, prevention and support in the community.

P.SP.S GOVT COLLEGE FOR WOMEN ,GANDHI NAGAR,JAMMU

NASHA MUKT BHARAT ABHIYAN COMMITTEE

# REPORT OF

# ORGANISED "AWARENESS RUN PROGRAMME"

# ON THEME

# "DRUG AWARENESS AND PREVENTION"

# (22-12-2022)

# Report

## 26-12-2022 (Monday)

## Awareness Run Programme on the theme "Drug Awareness and Prevention."

## Purpose of the Activity

Created awareness on drug abuse and its harmful effects on drug addicts in particular and society in general.

Padma Shri Padma Sachdev
Govt. PG College For Women,
Gandhi Nagar, Jammu
(A Constituent College of Cluster University Jammu)



**Patron**
Prof. Minu Mahajan
Principal

Nasha Mukt Bharat Abhiyan Committee in
Collaboration with IQAC
is organizing an
*Awareness Run Programme*
On theme
*Drug Awareness and Prevention*

Venue: Mahatma Gandhi Block (MKB)
Date: 26th December 2022
Time: 11:00 AM

**Organizing Committee**
Prof. Rashmi Kumari (Convenor)
Dr. Suraj Mohani Jamwal
Prof. Paramjeet Singh
Prof Swarn Singh
Prof. Kusum
Prof. Sunita




NASHA MUKT
BHARAT ABHIYAN
SAY NO TO DRUGS, SAY YES TO LIFE
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PADMA SHRI PADMA SACHDEV GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU ORGANISED AWARENESS RUN PROGRAMME ON THEME "DRUG AWARENESS & PREVENTION" UNDER NASHA MUKT BHARAT ABHIYAN, 2022.

Nasha Mukt Bharat Abhiyan committee in collaboration with IQAC of the PSPS Govt (PG) College for Women, Gandhi Nagar , Jammu organised an Awareness Run Programme on theme "Drugs Awareness & prevention" under Nasha Mukt Bharat Abhiyan Run started from Mahatma Gandhi Blocked and passing via various departments of the college and concluded at the sports ground. A total of 125 students participated with great fervor & enthusiasm and raise slogan on Say no to Drugs, Say Yes to Life. The participants were from NSS, NCC units and from different streams (B.A, B.Sc & B.Com) of the college.

Prof.Rashmi Kumari convenor (Nasha Mukt Bharat Abhiyan committee) coordinated he whole program and welcome chief patron Prof Minu Mahajan, principal of the college. She

appreciated the efforts of college faculty and student's. she explained about the ill - effects of the drugs and motivate the students to spread the messages to heir friends, peers and family members.

Prof Sujatha Salathia (Dean Arts), Prof Kamlesh Salathia ( Dean Sciences) Prof Mamta Gupta ( Dean Commerce) and Prof Mala Bhasin ( Staff Secretary) were resent during the event.

Dr.Yashpal Sharma Convenor and Dr. Rupinder member (IQAC) were present on he occasion.

Dr Suraj Mohani Jamwal, Prof. Paramjeet Singh, Prof Swarn Singh,Prof Kusum and Prof Sunita organised the event.

# PSPS PG College organises awareness Run on "Drug Awareness & Prevention"

J.K. NEWS SERVICE

JAMMU, Dec 26: Nasha Mukt Bharat Abhiyan committee, in collaboration with IQAC of the PSPS Govt (PG) College for Women, Gandhi Nagar , Jammu, today organised an Awareness Run on the theme "Drugs Awareness & Prevention" under Nasha Mukt Bharat Abhiyan Run started from Mahatma Gandhi Block and passing via different departments of the college and concluded at the sports ground. A total of 125 students participated with great fervor & enthusiasm and raised slogans on Say no to Drugs, Say Yes to Life. The participants were from NSS, NCC units and from different streams (B.A, B.Sc & Com) of the college.

Prof. Rashmi Kumari convener (Nasha Mukt Bharat Abhiyan Committee) coordinated the whole program and welcomed chief patron Prof Minu Mahajan, principal of the college.

She appreciated the efforts of college faculty and students. She explained about the ill -effects of the drugs and motivated the students to spread messages among their friends, peers and family members.

Prof Geetanjali Rana (Dean Arts), Prof Sanjay Verma (Dean Sciences) Prof Mamta Gupta (Dean Commerce) and Prof Mala Bhasin (Staff Secretary) were present during the event. Dr.Yashpal Sharma Convenor and Dr. Rupinder member (IQAC) were present on the occasion.




## Khatana discuss security situatio unemployment w

## OUTCOME OF AWARENESS RUN

By participating in the awareness run, students gained knowledge about the harmful effects of drugs, the signs of addiction, and the available resources for prevention and treatment The awareness run served as a preventive measure by providing information and raising awareness among college students. It helped them make informed choices and resist peer pressure when it comes to experimenting with drugs or engaging in substance abuse. The programme empowered college students to take a stand against drug abuse. By participating in the run, they developed a sense of responsibility and become advocates for a drug-free lifestyle among their peers and within their communities. By openly addressing drug abuse through an awareness run, the programme contributed to reducing the stigma associated with addiction. It created an environment where students feel comfortable seeking help or supporting their peers without fear of judgment or discrimination. The awareness run had a lasting impact on college students' attitudes and behaviours towards drug abuse. It influenced their decision-making processes, encourage healthier lifestyles, and inspired them to continue advocating for drug abuse prevention even after the event concludes.

# PADMA SHRI PADMA SACHDEV
# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU
## DEPARTMENT OF COMMERCE

## REPORT ON
## "AWARENESS CAMP ON WOMEN EMPOWERMENT"
## (20th OCTOBER,2022)

PRESS RELEASE

# *Deptt of Commerce, PSPS GCW Gandhi Nagar organizes awareness Camp on Women Empowerment*

*Refugee Message Bureau*

**Jammu, October 20:**
Department of Commerce, PSPS Government P. G. College for Women Gandhi Nagar Jammu organized an awareness Camp on Women Empowerment in collaboration with District hub for Empowerment of Women Jammu. The Programme was organized to sensitize the girl students about their entitlements as envisaged under several women centric schemes of the Government. Prof. Minu Mahajan, Principal of the college interacted with the students and encouraged them to participate in such awareness programmes. The key note speaker of the programme was Aarushi Prof. Mamta Gupta, HoD Commerce welcomed the resource person and Prof. Mamta Kundal moderate the whole programme. In this awareness Programme Resource Person discussed in detail various women empowerment schemes/progammes as well as social issues that have an impact on lives of women in district. She also



emphasised important legal rights along with women centric schemes, self-employment schemes, skill development courses, social assistance schemes and other welfare schemes and encouraged students to become self-dependent and ready for the future challenges. The organizing members of the Programme were Prof. Rashmi and Dr. Deepti Abrol.

## OUTCOME

The lecture helped students to gained a deeper understanding of the challenges and issues faced by women in society. It can raise awareness about gender inequality, discrimination, and the importance of empowering women to achieve gender equality. Hearing from guest speakers who have overcomed obstacles and achieved success in various fields inspired students, particularly young women, to pursue their goals and aspirations with confidence. It helped them to develop a strong belief in their abilities and encouraged them to break stereotypes. Students, especially young women, may developed a stronger sense of self-worth and self-esteem by learning about the achievements of women in various fields. This contributed to increased confidence, resilience, and a positive self-image. The lecture focused on practical aspects of women empowerment, such as developing leadership skills, effective communication, negotiation, and assertiveness. Providing students with tools and strategies to navigate challenges and succeed in their personal and professional lives can be invaluable. By organizing a lecture on women empowerment, students exposed to the importance of gender equality and the need for equal opportunities for everyone. This encouraged them to become advocates for gender equality in their communities and future workplaces. The event provided a platform for students to connect with successful women professionals, guest speakers, and other attendees. Building these networks can lead to mentorship opportunities, internships, and future collaborations that can further support the empowerment and career development of the students.



# P.S.P.S. GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF COMMERCE

## REPORT FOR

## "CAREER COUNSELLING SESSION"

## (15th JULY, 2022)

PADMA SHRI PADMA SACHDEV GOVT. P.G COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

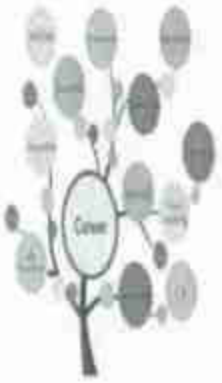
DEPARTMENT OF COMMERCE

IN COLLABORATION WITH

SCHOOL OF HOSPITALITY AND TOURISM MANAGEMENT, UNIVERSITY OF JAMMU

IS ORGANIZING

# CAREER COUNSELLING SESSION




WITH THE STUDENTS
OF
6TH SEMESTER OF
B.COM,
B.A,
B.SC.



**ON FRIDAY, 15 JULY, 2022 AT 11:30 AM**

Patron
Prof.Minu Mahajan
Principal

Convenor
Prof.Mamta Gupta
H.O.D

Organising Secretary
Prof. Rashmi Kumari





SHTM ORGANIZED

# CAREER COUNSELLING SESSION

AT GOVT. COLLEGE FOR WOMEN
GANDHI NAGAR, JAMMU
ON 15-07-2022



# Deptt of Commerce, PSPS GCW, Gandhi Nagar, Jammu organizes "Career Counselling Session"

*Refugee Message Bureau*

**Jammu, July 15:**

Department of Commerce of Padma Shri Padma Sachdev Govt. P. G. College for Women, Gandhi Nagar, Jammu in collaboration with School of Hospitality and Tourism Management, University of Jammu organized a Career Counseling session with the students of 6th semesters of B. Com, B. A, and B. Sc. The Programme was held under the patronage of worthy Principal Prof. Minu Mahajan. She congratulated the members of the department for organising such an informative lecture.Dr. Poonam Sharma and Dr. Nikita Dogra were the resource person of the informative lecture. They gave an overview of tourism and hospitality industry and shared the various career prospects for the students in different sectors of Industry through a Power Point Presentation. They motivated the students to learn the essential skills to serve the industry by pursuing the two-year Post Graduation Professional degree in MBA (HT). The resource person also elaborated that the main focus of this course is on building the entrepreneurial skills of the students. Further, information regarding the admission procedure in MBA (HT) was also shared. The students raised many queries regarding the course structure, fees and placements. The queries of the students were successfully resolved by all the faculty members. It was indeed a very informative and interactive session for the students. A total of 168 students attended the informative lecture. The whole event was organized by the committee, which includes Prof. Mamta Gupta (Convenor), Prof. Rashmi Kumari (Organising Secretary), other members were Prof. Mamta Kundal & Dr. Deepti Abrol.

## OUTCOMES OF CAREER COUNSELLING

The session helped students gain a better understanding of the various career opportunities available in the field of hospitality and tourism management. It exposed them to different job roles, industries, and potential career paths within the sector. The session gave students the opportunity to ask questions and seek clarification about specific career options, industry trends, and professional development. They addressed their concerns and gain clarity on any doubts they may have about pursuing a career in hospitality and tourism management. Hearing success stories, learning about industry achievements, and seeing the possibilities within the field ignite their passion and drive to pursue their career goals. The session provided students with valuable insights, guidance, and resources to make informed career choices, develop relevant skills, and prepare for successful careers in the industry.



# P.S.P.S. GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF COMMERCE

## REPORT ON

## ORGANISED "DEBATE COMPETITION"

## ON THE THEME

## "ENVIRONMENT SUSTAINABILITY AND ECONOMIC DEVELOPMENT"

## on

## (23rd Nov 2022)

# Press Release

JAMMU, THURSDAY
24, NOVEMBER 2022

5

## Dept of Commerce PSPS GPGC for Women organizes Debate Competition on "Environment Sustainability and Economic Development"

*Refugee Message Bureau*

**Srinagar, November 23:**
Department of Commerce, P. S. P. S. Government P. G. College for Women organised Debate competition on the theme Environment Sustainability and Economic Development. The Debate was formally opened by Principal Prof. Minu Manajan who laid emphasis on the fact that students shall actively participate in co-curricular activities for their overall growth. A total of 11 students participated in the Debate competition. Students said that without taking care of ecological system economic growth is not possible. We have to use resources in such a way that it fulfills the current need without compromising the future needs. Prof Mamta Gupta, HoD Commerce and Prof. Rashmi graced the occasion. The debate was co-ordinated by Prof. Mamta Kundal.



# P.S.P.S. GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU
## DEPARTMENT OF COMMERCE

## REPORT ON

## "CAREER GUIDANCE SESSION"
## (2ND MARCH, 2023)

PRESS RELEASE

# DoC PSPS GCW Gandhi Nagar, Jammu, Chitkara University jointly organise "Career Guidance" session



REFUGEE MESSAGE BUREAU
JAMMU MAR 2

Department of Commerce of P.S.P.S Govt. College for Women Gandhi Nagar, Jammu in collaboration with Chitkara University organised a Career Guidance session with the students of 5th semester.

The Programme was held under the parronage of worthy Principal Prof. Minu Mahajan. She appreciated the efforts of members of the department for organising such an informative session.

Mandeep Singh, the resource person of the session gave an overview of various Post graduate programmes after B. Com and shared the various career prospects with the students in different sectors of industry through a PowerPoint Presentation. The resource person also talk on various skills require for success like reading, problem solving, adaptability, communication, coordination among the students. Further, information regarding the admission procedure and placement also given to the students. A group activity performed by the students to exhibit their skills. The students raised many queries regarding the course structure, fees and placements. The queries of the students were successfully resolved by all the faculty members.

It was indeed a very informative and interactive session for the students. A total of 120 students attended the informative session. The whole session was organized by the committee, which include Prof. Mamta Gupta (Convener), Prof. Mamta Kundal (Coordinator) other members were Prof. Rashmi and Dr. Deepti Abrol.

## Outcome

The session enhanced students' understanding of the importance of career planning and exploration. They become more aware of the various career options available to them and the skills required in their chosen fields. Students gained clarity about their career goals and aspirations. Students abled to identified their interests, values, and strengths, aligning them with potential career paths that suit their individual preferences. By providing students with information and insights into different industries and job roles, the session enabled them to make more informed decisions about their career paths. Students have a better understanding of the pros and cons of various career options. The session highlighted the importance of acquiring and developing relevant skills for their desired career paths. Students motivated to invest in skill development and seek out opportunities to acquired new skills or enhance existing ones. The session will help students build confidence in their career choices and job search skills. They will feel more prepared and capable of pursuing their desired career paths, leading to increased self-assurance during interviews and networking interactions. By providing students with valuable information and guidance, the session will empower them to take ownership of their career paths.

The impact of the session may vary among individuals, but provided students with the necessary knowledge, tools, and guidance will undoubtedly contribute to their overall career readiness and success.

# P.S.P.S. GOVT. COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

## DEPARTMENT OF COMMERCE

## REPORT ON

## "Brain Storming Session on Living with Dignity- Perspective from student's view"

## On

## (21st Sept 2022)

**Padma Shri Padma Sachdev**
**Govt. PG College for Women Gandhi Nagar Jammu**
**(A Constituent College of Cluster University of Jammu)**

## To commemorate Gandhi Jayanti
## Department of Commerce is Organising
## Brain Storming
## Session with Students of Sem IV on the
**Topic:**

## LIVING WITH DIGNITY -Perspective From Student's View



Prof. Minu Manajan
Principal
Patron

DATE : 21ST SEP ,2022

VENUE : RKB ROOM.NO : 9

TIME : 10:00AM

**Organising Committee:**

1: Prof.Mamta kundal
2: Prof.Rashmi kumari
3: Dr.Deepti Abrol

Convener:

Prof.Mamta Gupta
(H.O.D Commerce )

**PRESS RELEASE**

# DoC PSPS GCW Gandhi Nagar organizes session on "Living with Dignity: from Students Perspective"

*Refugee Message Bureau*

**Jammu, September 21:**

To Commemorate Gandhi Jayanti, Department of Commerce P. S. P. S. Government P. G. College for Women Gandhi Nagar Jammu organised Brain storming session with students.

Department of Commerce organised Brain storming session on the Topic "Living with Dignity: from Students Perspective" with the students of Semester IV. Prof. Mamta Gupta, HoD Commerce started the session with quote "Hold the belief that you are capable of living your best life". The students very enthusiastically interacted and listed many tips to live life with diginity like: treat others the way you want to be treated, build cultural awareness, and communicate respectfully, Practice Patience, be flexible, lend a hand, be a champion of dignity and respect. Principal of the college Prof. Minu Mahajan applauded the efforts of the department for organizing session on the relevant topic. Prof. Mamta Kundal, Prof. Rashmi and Prof. Deepti were the members of the organizing committee.

## OUTCOMES

The session brought together a diverse group of students who shared their unique ideas, experiences, and perspectives on the topic. During the session, students actively engaged in discussions and generated numerous innovative ideas on how to promote and enhance the concept of living with dignity. The brainstorming process allowed us to explore different dimensions of dignity, such as personal autonomy, equal opportunities, and respect for individual rights. Through collaborative thinking and open dialogue, we identified various practical solutions that could be implemented to ensure dignity for all. These ideas ranged from advocating for inclusive educational policies to creating awareness campaigns to combat discrimination and promote empathy. The session also fostered a sense of empathy and understanding among the participants. We realized the importance of acknowledging and respecting the diverse backgrounds and circumstances that people may face when it comes to living with dignity. This realization helped us develop a broader perspective and encouraged us to consider the needs of marginalized communities.

Furthermore, the brainstorming session provided an opportunity for students to enhance their critical thinking and problem-solving skills. It allowed us to think outside the box, challenge existing norms, and propose innovative approaches to address the barriers that hinder living with dignity.Overall, the outcome of the Brainstorming Session on Living with Dignity was highly successful. It not only enriched our understanding of the topic but also inspired us to take concrete actions to promote dignity in our daily lives and within our communities. The session served as a catalyst for change and empowered us as students to contribute meaningfully towards building a more inclusive and dignified society.



# P.S.P.S. GOVT. COLLEGE FOR WOMEN
# GANDHI NAGAR, JAMMU
## DEPARTMENT OF COMMERCE

## REPORT FOR

# "CAREER COUNSELING SESSION ON AVENUE FOR DEVELOPING INTERNATIONAL CAREER"

## (15TH MARCH, 2023)

# DoC PSPS GCW Gandhi Nagar organizes "Career Counselling Session on Avenue for Developing International Career"




**REFUGEE MESSAGE BUREAU**
JAMMU, MAR 15

Department of Commerce, Padma Shri Padma Sachdev Govt. College for women Gandhi Nagar, Jammu in collaboration with International Centre For Cross Cultural Research and Human Resource Management (ICccR & HRM) University of Jammu organised a career counseling session on the Avenues for Developing International Career with the students of 5th semester of B. Com. The Programme was held under the patronage of worthy Principal Prof. Minu Mahajan. Dr Neha Gupta and Dr Swati Sharma was the resource person of the informative lecture. Firstly they interacted individually with the students regarding their interest areas and career avenues. After in depth analysis and discuss with the students they gave an overview of importance of MBA in International Business and shared the various career prospects for the students in different sectors of industry through a PowerPoint Presentation. As Globalisation is on the rise and buzz word these days they guided the students to learn the essential skills to serve the industry by pursuing the two-year full time Post Graduation professional degree in MBA (International Business).

Prof Mamta Kundal expressed gratitude to the resource persons and urged the students to take full advantage of the program and consider this area as an opportunity. Prof Rashmi and Dr Deepti Abrol were the organising members of the programme.

## OUTCOME

The session helped students gained a better understanding of the various opportunities available for developing an international career. They learned about different industries, job roles, and the skills and qualifications required to work internationally. They identify specific steps and actions needed to pursue an international career, such as acquiring relevant education, gaining cross-cultural experience, or targeting specific industries or companies. The session addressed common challenges and concerns associated with international careers, such as visa requirements, language barriers, cultural adjustment, and work-life balance. Students received guidance on how to navigate these challenges and gained a realistic understanding of what to expect. The students learn about scholarships, exchange programs, international job boards, and other avenues to explore to enhance their chances of success. The career counselling session provided students with valuable information, resources, and support to pursue their professional goals on a global scale.

Tele: 0194-2311613
e-mail id: [illegible]

1 J&K Naval Unit NCC
NCC House,Gogji Bagh
Srinagar-190008

No. 002/Trg/ATC/NCC/

11 May 2022

The Principal

ALLOTMENT OF VACANCIES CATC-S1 (PRE SNIC SRINAGAR) : 05-14 JUN 2022

1. It is intimated that CATC- S1 dated 05 – 14 June 2022 is being held at Jakli Regimental Centre, Rangreth Srinagar. Following vacancies have been allotted to your institution for the said camp:-

| Ser No | Institution | Cadets SD/SW | ANO | Total | Remarks |
|---|---|---|---|---|---|
| 1. | ISLAMIA COLLEGE, SRINAGAR | 05 | - | 05 | |
| 2. | AMAR SINGH COLLEGE, SRINAGAR | 05 | - | 05 | |
| 3. | S P COLLEGE, SRINAGAR | 05 | - | 05 | |
| 4. | MAM COLLEGE, JAMMU | 05 | - | 05 | |
| 5. | SPMR COLLEGE, JAMMU | 05 | 01 | 06 | |
| 6. | GCW GANDINAGAR | 05 | - | 05 | |
| 7. | GDC KATHUA | 05 | - | 05 | |
| 8. | GOVT DEGREE COLLEGE, SAMBA | 05 | - | 05 | |
| 9. | GOVT DEGREE COLLEGE, DODA | 05 | - | 05 | |
| 10. | GOVT DEGREE COLLEGE, BANIHAL | 05 | - | 05 | |
| Grand Total | | 50 | 01 | 51 | |

2. While selecting the cadets following criteria should be borne in mind:-

(a) Cadet must be enrolled in the institution.

(b) 2nd or 3rd Year Cadets of **Senior Division**, i.e., either enrolled in 2020-2021

(c) All cadets should be physically and mentally tough and self-reliant. They should be medically fit and free from diseases.

3. It is requested that the ANO of your institution may please be directed to select eligible cadets for the said camp and forward the nominal roll to this office at an earliest.

(Kapil Sharma)
Cdr
Commanding Officer

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

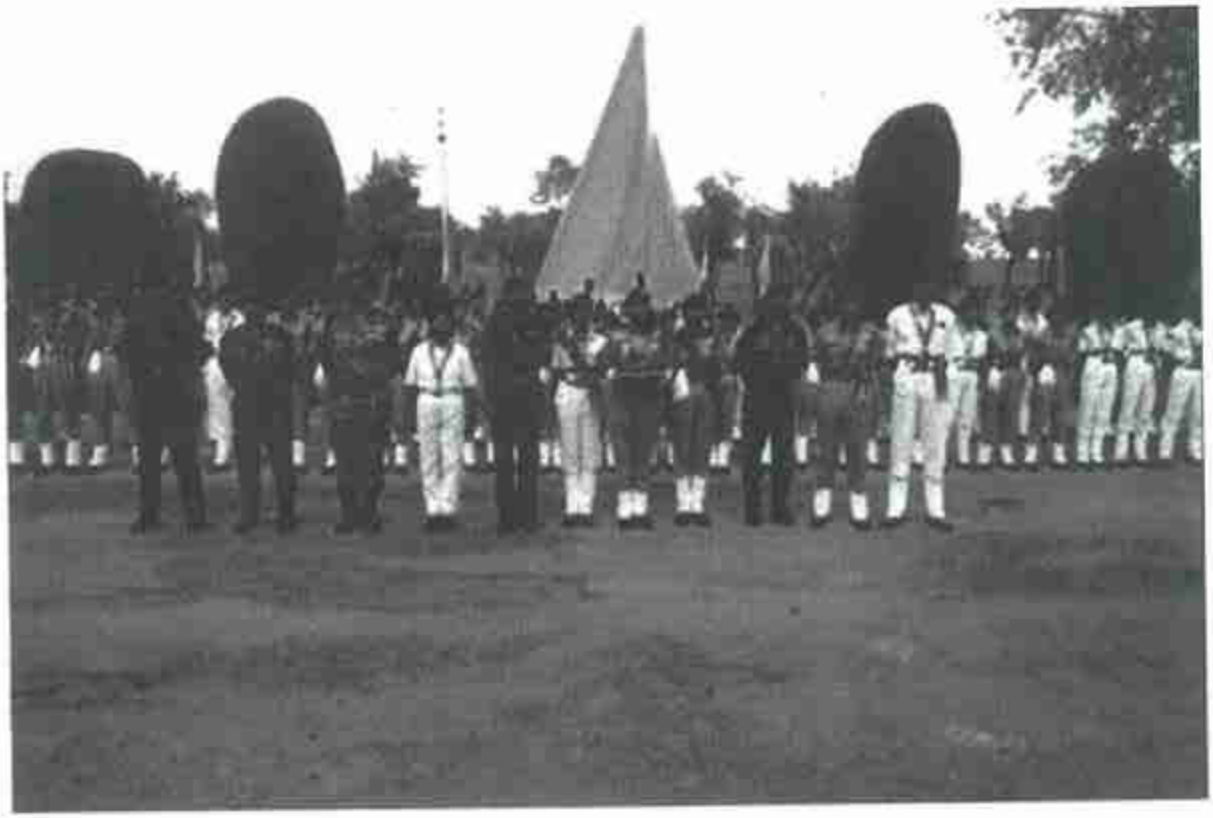
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: CATC Camp**

**Place : JAKLI , Srinagar**

**Date: 5-14 JUNE 2022**



# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Kiran choudhary | JK&L20SWN270103 | Both received medal of appreciation for guard of honor |
| 2 | Tanvi Badyal | JK&L20SWN270116 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

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e-mail id: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House,Gogji Bagh
Srinagar-190006

No: 002/Trg/ATC/NCC/

24 Jan 2023

The Principal

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_____

**ALLOTMENT OF VAC CATC/ DE KITTING CAMP FROM 31 JAN TO 07 FEB 2023**

1. It is intimated that **CATC Nagrota** commencing from 31 Jan to 07 Feb 2023is being held at **NCC Training Academy, Nagrota, Jammu**. Following vacancies have been allotted to your institution for the said camp:-

| Ser | Name of Institution | Vacancies allotted | | | | ANO | Total | Remarks |
|---|---|---|---|---|---|---|---|---|
| | | SD | SW | JD | JW | | | |
| 1. | Islamia College, Srinagar | 07 | - | - | - | | 07 | |
| 2. | Govt Degree College, Doda | 10 | 10 | - | - | 01 | 21 | |
| 3. | SP College, Srinagar | 03 | - | | | | 03 | |
| 4. | Amar Singh College, Srinagar | 03 | - | - | - | | 03 | |
| 5. | GCW Gandinagar, Jammu | | 03 | | | 01 | 04 | |
| 6. | GDC Samba | 02 | 03 | - | - | - | 05 | |
| 7. | G D C Kathua | 02 | 03 | - | - | 01 | 06 | |
| 8. | GDC Banihal | 02 | 02 | | | | 04 | |
| 9. | Sainik School Manisbal | - | - | 10 | | | 10 | |
| 10. | GHSS Wagar Budgam | | | 07 | | | 07 | |
| 11. | St Josephs Baramulla | | | 01 | | 01 | 02 | |
| 12. | AGPS Pahalgam | | | 13 | | - | 15 | |
| 13. | G H S S, Jammu Cantt | | | 08 | - | | 08 | |
| 14. | G H S S Smailpur | | | 02 | 01 | | 03 | |
| 15. | G H S S Mansar | | | 04 | 05 | | 09 | |
| 16. | G H S S, Suransar | | | 08 | 07 | | 15 | |
| | Total | 29 | 21 | 53 | 13 | 04 | 129 | |

3. While selecting the cadets following criteria should be borne in mind:-
   (a) Cadet must be enrolled in the institution.
   (b) This camp this is only for 2nd and 3rd year Cadets only.
   (c) All cadets should be physically and mentally tough and self- reliant. They should be medically fit and free from diseases.

4. It is requested that the ANO of your institution may please be directed to select eligible cadets for the said camp, surrender of Camp Vacancies is not accepted.

(Kapil Sharma)
Capt (IN)
Commanding Officer

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll (De Kitting Camp)

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Kiran | JK&L20SWN270103 |
| 2 | Parul | JK&L20SWN270114 |
| 3 | Anshu | JK&L20SWN270114 |
| 4 | Pallavi | JK&L21SWN270125 |
| 5 | Saru Dubey | K&L21SWN270147 |
| 6 | Aditi, | K&L21SWN270143 |
| 7 | Nilakshi, | JK&L21SWN270156 |
| 8 | Manpreet, | JK&L21SWN270166 |
| 9 | Anamika | JK&L21SWN270169 |
| 10 | Chahat, | JK&L21SWN270137 |
| 11 | Bhumika | JK&L21SWN270162 |
| 12 | Leepali | JK&L21SWN270146 |
| 13 | Nancy | JK&L21SWN270150 |

ANO
1JK Naval Unit
NCC

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Anshu Katal | JK&L20SWN270114 |
| 2 | Pallavi Sharma | JK&L21SWN270125 |

Lt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

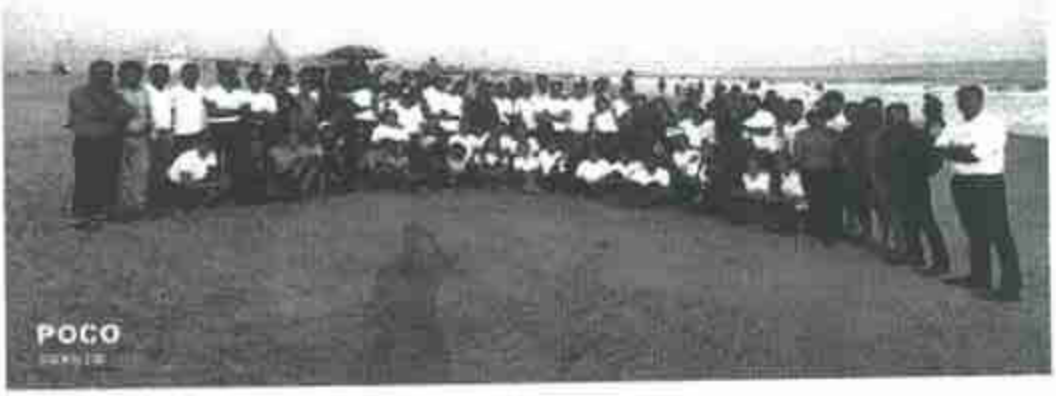


# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: ALL INDIA YACHTING SAILING REGATTA**
**Place: Chilka, Odisha**
**Date: 9-16 November 2022**







ANO NCC

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: SNIC**

**Place : Srinagar**

**Date: 15-26 JUNE 2022**





ANO NCC Unit

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll

| Slno | Name | Regimental no. | Acheivements |
|---|---|---|---|
| 1 | Jasmeen Kour | JK20SWN270110 | All India bronze medal for NIAP |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

Tele: 0194-2311613
e-mail Id: enrolnavalunit@gmail.com

1 J&K Naval Unit NCC
NCC House,Gogji Bagh
Srinagar-190008

No: 002/Trg/ATC/NCC/

02- Sep 2022

The Principal

_____

_____

**ALLOTMENT OF VACANCIES FOR PRE NSC-I & II**
**W.E.F 11-18 SEP 2022 & 19-26 SEP 2022**

1. Pre NSC-I & II is being held at **Mansbal Lake, Ganderbal** w.e.f **11-18 Sep 2022 & 19-26 Sep 2022**. Following vacancies have been allotted to your institution for the said camp.

| Ser | Name of Institution | Vancancies alloted | | | Total | Rmks |
|---|---|---|---|---|---|---|
| | | ANO/CT | SW | SD | | |
| 1 | Amar Singh College, Srinagar | | - | 08 | 08 | |
| 2 | Islamia College, Srinagar | 01 | - | 12 | 13 | |
| 3 | SP College, Srinagar | | - | 08 | 08 | |
| 4 | Govt Degree College, Doda | | - | 05 | 05 | |
| 5 | MAM College, Jammu | | 05 | 06 | 11 | |
| 6 | SPMR College, Jammu | | 07 | 09 | 16 | |
| 7 | GCW, Gandhi Nagar Jammu | | 10 | - | 10 | |
| 8 | Govt Degree College, Samba | | 10 | 03 | 13 | |
| 9 | Govt Degree College, Kathua | 01 | 03 | 09 | 13 | |
| 10 | GDC, Banihal | | 02 | 03 | 05 | |
| Total | | | 37 | 63 | 102 | |

2. Nominal roll of shortlisted cadets for Pre NSC I & II w.e.f 11 -18 Sep & 19 - 26 Sep 2022 is forwarded as an enclosure to this letter.

3. You are requested to spare the nominated cadets of your institution for said period.

4. It is also requested that the ANO of your institution may please be directed to send only shortlisted cadets for the said camp.

(Kapil Sharma)
Captain IN
Commanding Offr

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: PRE NAU SAINIK CAMP**

**Place :Manasbal, Srinagar**

**Date: 11-18th September 2022**





ANO
1 JK Naval Unit, NCC

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. | |
|---|---|---|---|
| 1 | Kiran | JK&L20SWN270103 | ALL 9 CADETS SELECTED FOR PHASE II |
| 2 | Jasjeet | JK&L20SWN270109 | |
| 3 | Anshu | JK&L20SWN270114 | |
| 4 | Tanvi | JK&L20SWN270116 | |
| 5 | Pallavi | JK&L21SWN270125 | |
| 6 | Sheetal | JK18SWN270084 | |
| 7 | Ulfat | JK&L21SWN270140 | |
| 8 | Komal | JK18SWN270084 | |
| 9 | Parul | JK&L20SWN270114 | |

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: AINSC Camp**

**Place: Vishakapatnam, Andhra Pradesh**

**Dates: 31 September- 12 october 2022**





ANO
1 JK Naval Unit NCC
Srinagar

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Kiran | JK&L20SWN270103 |
| 2 | Parul | JK&L20SWN270114 |
| 3 | Jasjeet | JK20SWN270109 |
| 4 | Ulfat | JK&L21SWN270140 |

## Naval NCC cadets of PSps GCW Gandhi Nagar college attend NAU Sainik Camp



Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

Tele: 0194-2311613
E-mail Id: 1JkNaval Unitnccsrinagar@gmail.com

1 J&K Naval Unit NCC
Gogji Bagh, Srinagar

No: 008/Trg/Mountaineering/NCC/61

11 Apr 2022

The Principal

_____

_____

**DETAILMENT OF NCC CADETS FOR ALL INDIA NCC TREKKING EXPEDITION 'HIMICHAL (G) TREK-I (PAPROLA) – 05-14 JUN 2022**

1. It is intimated that Detailment of NCC Cadets for all India NCC Trek Expedition from 05 June to 14 Jun 2022 is being held at **Himichal (G) Trek-I (Paprola)**. Following vacancies have been allotted to your institution for the said camp:-

| S. No | Institution | CADETS | | ANO | Total | Remark |
|---|---|---|---|---|---|---|
| | | SW | JW | | | |
| 1 | MAM COLLEGE, JAMMU | 01 | - | | 01 | |
| 2 | SPMR COLLEGE, JAMMU | 01 | - | | 01 | |
| 3 | GCW GANDHINAGAR | 01 | - | | 01 | |
| 4 | GDC, SAMBA | 01 | - | | 01 | |
| 5. | GDC, KATHUA | 02 | - | | 02 | |
| 6. | GHSS BADYAL QAZYAN | - | 01 | | 01 | |
| 7. | GHSS MUTHI, JAMMU | - | 01 | | 11 | |
| 8. | GHSS BHOUR CAMP, JAMMU | - | 01 | 01 | 02 | |
| 9. | JODAMAL PUBLIC SCHOOL, JAMMU | - | 01 | | 01 | |
| 10 | MODEL ACADEMY, JAMMU | - | 01 | | 01 | |
| 11 | GHSS JAMMU CANTT | - | 01 | | 01 | |
| Grand Total | | 06 | 06 | 01 | 13 | |

2. While selecting the cadets following criteria should be borne in mind:-

(a) Cadet must be enrolled in the institution.
(b) 2nd or 3rd Year Cadets of **Senior Division**, i.e., either enrolled in **2020 or 2021**
(c) 2nd Year Cadets of **Junior Division**, i.e., either enrolled in **2021**
(d) All cadets should be physically and mentally tough and self-reliant. They should be medically fit and free from diseases.

3. It is requested that the ANO of your institution may please be directed to select eligible cadets for the said Trek and forward the nominal roll to this office before 20 APR 2022.

(Kapil Sharma)
Capt (IN)
Commanding Officer

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: All India NCC Trekking Expedition Himachal (G) TREK-I (PAPROLA)**

**Place :PAPROLA, HIMACHAL PRADESH**

**Date: 5-14 JUNE 2022**





# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

## Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Anshu Katal | JK&L20SWN270114 |

Sd/- Shelina G
ANO
GCW Gandhi Nagar
Jammu

## NOMINAL ROLL AIMER TREK-I (GIRLS) FROM 05-12 NOV 2022

Directorate : Jammu Kashmir and Ladakh

Unit : 1 J&K Naval unit NCC, Srinagar

Group Headquarter: NCC Group Headquarter, Srinagar

| S No | Regt No | Rank | Name | D/O | Institution | DOB | Phone No | Adar No |
|---|---|---|---|---|---|---|---|---|
| Senior Wing Cadets | | | | | | | | |
| 01. | JK20SWN 268109 | Cdt | Ritika Tandon | Arun Tandon | SPMR College, Jammu | 02.01.2002 | 8082419988 | 272308638737 |
| 02. | JK20SWN 270105 | Cdt | Khushi Pandey | Satish Pandey | GCW Gandhi Nagar, Jammu | 09.03.2002 | 8024782107 | 28876576542 |
| 03. | JK20SWN 272120 | Cdt | Rishini | Raj Pal | GDC Kathua | 28.02.2002 | 7051853061 | 959197736518 |
| 04. | JK20SWN 266121 | Cdt | Sumakshi Gupta | Lt Sanjeev Gupta | MAM College, Jammu | 15.05.2002 | 7006162804 | 596694431528 |
| 05. | JK20SWN 274118 | Cdt | Krishna Sharma | Joginder Paul | GDC Samba | 12.11.2002 | 6005838435 | 399162135707 |
| 06. | JK20SWN270109 | Cdt | Jasjeet Kour | Inderjit Singh | GCW Gandhi Nagar, Jammu | 27.11.2001 | 7298163205 | 958163224037 |
| Junior Wing Cadets | | | | | | | | |
| 07. | JK21JWN322237 | CDT | Vrishti Sharma | Madan Lal | Jodhamal Public School, Jammu | 21.10.2009 | 9906182020 | |
| 08. | JK21JWN 322230 | Cdt. | Shreyanshi Gupta | Sumit Gupta | Jodhamal Public School, Jammu | 03.03.2008 | 7006708425 | 455298860653 |
| 09. | JK21JWN316167 | Cdt | Mishi Sharma | Kamal Kumar | GHSS Muthi | 02.03.2007 | 8082284310 | 347731691374 |
| 10. | JK21JWN 316163 | Cdt | Roshni Anuragi | Prabhu Dayal | GHSS Muthi | 04.11.2007 | 6005204174 | 274917580730 |
| 11. | JK21JWN 292285 | Cdt | Syeda Misbah | Shakeel Shah | Model Academy Jammu | 26.04.2006 | 9596643683 | - |
| 12. | JK21JWN 292232 | Cdt | Kalsh Jamwal | Sham Singh | -do- | 04.02.2008 | 9070626700 | 89351476968 |

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

## 1JK Naval Unit NCC, Srinagar

Nominal roll

| Slno | Name | Regimental no. |
|---|---|---|
| 1 | Jasjeet Kour | JK&L20SWN270109 |
| 2 | Khushi Pandey | JK&L21SWN270105 |



Sit. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVT. COLLEGE FOR WOMEN GANDHINAGAR JAMMU

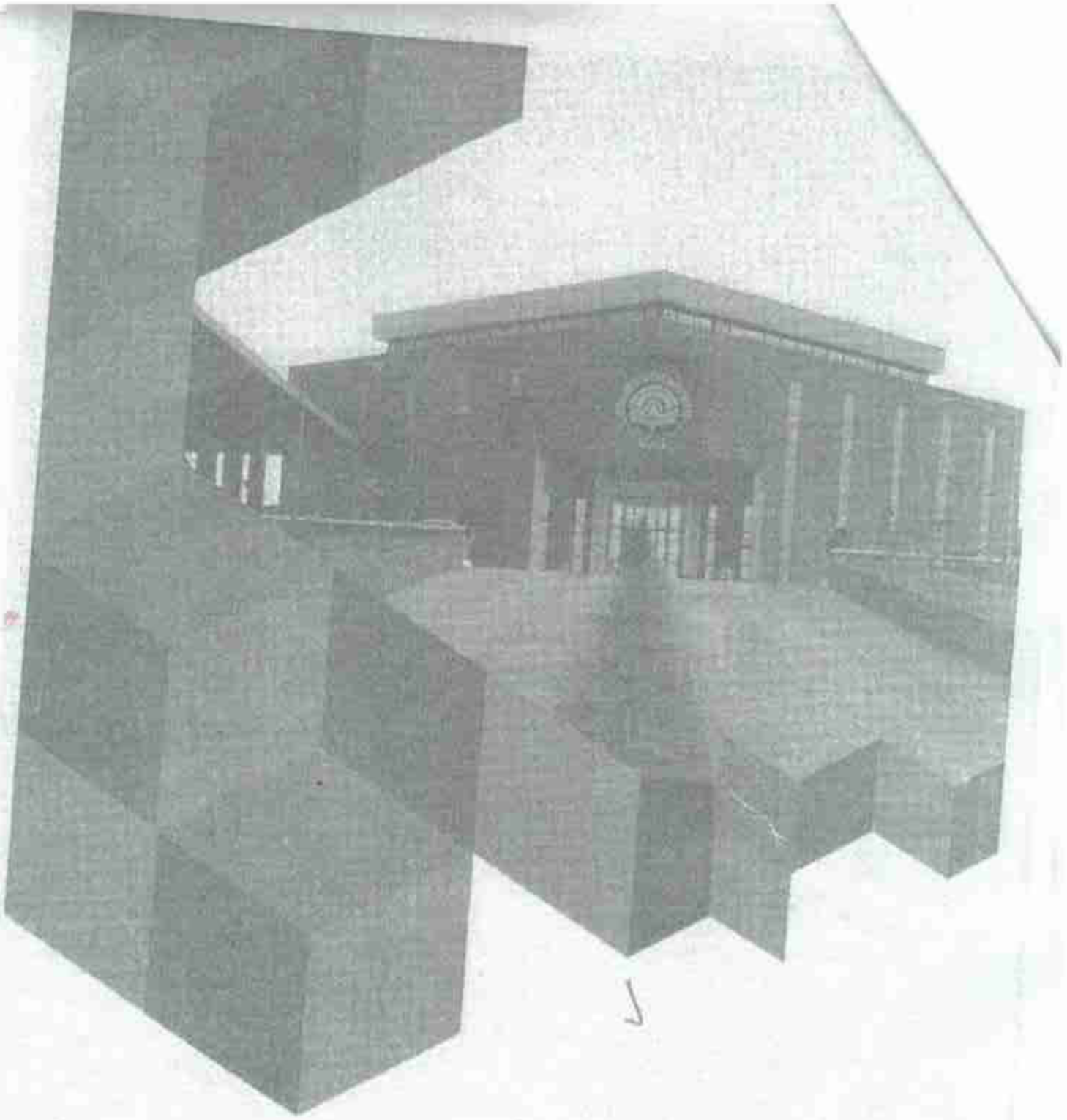
## 1JK Naval Unit NCC, Srinagar

## CAMP DETAILS

**Camp: AJMER TREKKING EXPEDITION**
**Place: AJMER, RAJASTHAN**
**Date: 5-12th November 2022**







# INDIAN INSTITUTE OF MANAGEMENT ROHTAK

## INTERNSHIP PROGRAMME FOR YOUTH OF J &K

(June 10 – July 10, 2022)

*Empowering Women of Kashmir*

***Objectives of the programme:***

The participants of this internship will get an opportunity to develop their business acumen and learn skills that will help them develop their entrepreneur journey. The key objectives of the programme include:

- Develop and improve business understanding
- Develop and strengthen the entrepreneurial opportunity.
- Create understanding of the business environment.
- Develop scientific temperament that will help in the decision making.
- Cultivate next generation of entrepreneurs who are capable of creating successful start-ups.

***Benefits of the programme:***

- The programme will give an opportunity to attend classroom sessions and interact from eminent faculty of IIMs.
- The participants of the programme will get an opportunity to interact with guest speakers from various business sectors.
- The participants will get an opportunity to visit business sites and get hands on knowledge on functioning of various businesses.
- Each participant will undertake a research project. Selected projects will be supported for further incubation and funding.
- Participants shall be awarded a certificate on successful completion of the internship.

***Programme Module:***

| | |
|---|---|
| 1. | Introduction to Entrepreneurship and Business Management |
| 2. | Opportunity Assessment |
| 3. | Identifying markets, needs, and planning |
| 4. | Pitching the Idea |
| 5. | Testing and Prototyping |
| 6. | Business registration and understanding Indian business laws |

***Contact:***

*Chief Corporate Relationship Officer*

*Email id: cr.officer@iimrohtak.ac.in*

*Mobile: 7082001019*

*Indian Institute of Management Rohtak, Management City, NH 10, Sunaria, Rohtak-124010*

Government of Jammu and Kashmir
Directorate of Colleges
Higher Education Department
[S.P College Campus]

Sub: Internship of Female candidate at IIM Rohtak.

Sir,

Indian Institute of Management Rohtak has started a unique initiative to upgrade the skills and education of women from J&K and North East through a four to six week internship program. The Primary purpose of this internship is to offer inputs to participants in the domain of management and entrepreneurship. IIM Rohtak invites applications for an internship opportunity for Female Students of Jammu & Kashmir. The Internship brochure is enclosed for kind reference.

- Please find below the internship details and eligibility criteria:

1. The internship duration is 10th june to 10th july 2022.
2. The applications are invited from all female students perusing BBA/B Com (3rd year) and MBA/MCom(1st and 2nd Year).
3. Number of participants for internship are upto 100.
4. The institute will provide AC Accommodation on a sharing basis. The charges of Rs.3000/- will be charged for utility and food for the entire duration. The food includes 3 meals and 1 snack with tea per day.
5. Pick up and drop to all the participants from Delhi NCR/Rohtak city may be provided on payment basis on the request of the participants.

6. All the participants must participate in all the activities and submit reports in time as prescribed by the faculty/mentors as part of the successful completion of the internship programme.
7. Any unapproved absence from any of the sessions will result in expulsion from the internship programme.
8. Violation of the institute's discipline and decorum will result in expulsion from the internship programme.

**Campus Address:**
Indian Institute of Management Rohtak, Management City, NH10, Sunaria, Rohtak (124010) Haryana.

Kindly submit nominations for the internship latest by 7th June 2022 via email on cr.office@iimrohtak.ac.in . Please note that nominations will be accepted only via institute/university/department. No direct nominations from students will be accepted.

# भारतीय प्रबंध संस्थान रोहतक
# Indian Institute of Management Rohtak

Date: 11 July 2022

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that **Ms. Simranjeet Kour** from **P.S.P.S. Govt. PG College for Women's, Gandhi Nagar, Jammu** has done one month internship at Indian Institute of Management Rohtak from **13th June 2022 to 11th July 2022.**

Yours Sincerely

**For IIM Rohtak**

**Authorised Signatory**

# REPORT

OF

# ACTIVITIES

CONDUCTED UNDER

# UNNAT BHARAT ABHIYAAN

BY

## PADMA SHRI PADMA SACHDEV GOVT. COLLEGE FOR WOMEN GANDHINAGAR, JAMMU

## PSPS GCW Gandhinagar celebrates B.R. Ambedkar Jayanti in the Adopted Village:

The forty -two students along with the faculty of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar, Jammu celebrated B.R. Ambedkar Jayanti today on 13th April, 2023 in the Adopted Village. The collaborative initiative of organizing a field visit to village to interact with students of Govt.High School and Panchayat members was taken by the Dept. of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyaan team of the College.

To commemorate the birth Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.

Students and teachers of the College also interacted with the school children regarding the contribution of Baba Saheb in the upliftment of underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

Prof. Minu Mahajan, the Principal of the College, a guiding spirit behind every activity appreciated the teamwork and zest of students and faculty.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of adopted village and interacted with Sarpanch and other members of Panchayat about working system at the grassroot level.

The people who were instrumental in making the field visit a success were Dr. Pooja Charak, Prof. Suman Bala, Prof. Sunita, Dr. Paramjeet Singh, Dr. Harmeet Singh & Dr. Vandana along with the staff of High School and Sarpanch of adopted village.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ELECTORAL
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DEPARTMENT OF POLITICAL SCIENCE
ELECTORAL
LITERACY
CLUB

# PSPS GCW celebrates BR Ambedkar Jayanti in adopted village

JAMMU BULLETIN NEWS
JAMMU, APR 13:

The forty-two students along with the faculty of Padma Shri Padma Sachdev Govt College for Women Gandhinagar, Jammu celebrated B.R. Ambedkar Jayanti today on 13th April, 2023 in the Adopted Village Chandu Chak, R.S.Pura. The collaborative initiative of organizing a field visit to village to interact with students of Govt High School and Panchayat members was taken by the Deptt of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyaan team of the College. To Commemorate the birth Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights. Students and teachers of the College also interacted with the school children regarding the contribution of Baba Saheb in the upliftment of underprivileged section of the society by framing the Constitution of India to enjoy equal rights. Prof. Mona Mahajan, the Principal of the College, a guiding spirit behind every activity appreciated the teamwork and zest of students and faculty. To make the visit more fruitful, the students paid visit to Panchayat Ghar of adopted village and interacted with Sarpanch and other members of Panchayat about working system at the grassroot level followed by a visit to Abdullian BSF Post, the last border of J&K. The people who were instrumental in making the field visit a success were Dr. Pooja Charak, Prof. Suman Bala, Prof. Sunita, Dr. Paramjeet Singh, Dr. Harmeet Singh & Dr. Vandana along with the staff of High School and Sarpanch of adopted village.



# PSPS GCW Gandhinagar celebrates B.R. Ambedkar Jayanti in the Adopted Village

**Jammu, Apr. 13 :** The forty two students along with the faculty of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar, Jammu celebrated B.R. Ambedkar Jayanti today on 13th April, 2023 in the Adopted Village Chandu Chak, R.S.Pura. The collaborative initiative of organizing a field visit to village to interact with students of Govt High School and Panchayat members was taken by the Deptt. of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyan team of the College.

To Commemorate the birth Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.



Students and teachers of the College also interacted with the school children regarding the contribution of Baba Saheb in the upliftment of underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

Prof. Mona Mahajan, the Principal of the College, a guiding spirit behind every activity appreciated the teamwork and zest of students and faculty.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of adopted village and interacted with Sarpanch and other members of Panchayat about working system at the grassroot level followed by a visit to Abdullian BSF Post, the last border of J&K.

The people who were instrumental in making the field visit a success were Dr. Pooja Charak, Prof. Suman Bala, Prof. Sunita, Dr. Paramjeet Singh, Dr. Harmeet Singh & Dr. Vandana along with the staff of High School and Sarpanch of adopted village.

# PSPS GCW Gandhinagar celebrates B.R. Ambedkar Jayanti in the Adopted Village

**Jammu, Apr. 11 :** The forty two students along with the faculty of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar Jammu celebrated B.R. Ambedkar Jayanti today on 17th April 2023 in the Adopted Village Chandachak, R.S.Pura. The collaborative initiative of organising a field visit to village to interact with students of Govt.High School and Panchayat members was taken by the Deptt. of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyaan team of the College.

In Commemoration the birth Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.



Students and teachers of the College also interacted with the school children regarding the constitution of Baba Saheb at the upliftment of underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

Prof. Mina Mahajan, the Principal of the College, a guiding spirit School every activity appreciated the teamwork and cost of students and faculty.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of adopted village and interacted with Sarpanch and other members of Panchayat about working system at the grass root level followed by a visit to Abdulbas RSF. Post the last border of SKR.

The people who were instrumental in making the field visit a success were Dr. Prata Charak, Prof. Sunita Bala, Prof. Sunita, Dr. Paramjeet Singh, Dr. Harmeet Singh & Dr. Vandana along with the staff of High School and Sarpanch of adopted village.

# GCW Gandhi Nagar celebrates Ambedkar Jayanti at Adopted Village

GJ REPORT

JAMMU, APR 13: A group of forty two students along with the faculty of Padma Shri Padma Sachdev Government College for Women Gandhinagar, Jammu on Thursday celebrated B.R. Ambedkar Jayanti in the Adopted Village Chandichak, R.S.Pura. The collaborative initiative of organizing a field visit to the village to interact with students of Government High School and Panchayat members was taken by the Department of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyan team of the College.



Students of GCW Gandhi Nagar posing for a group photograph on Thursday

To commemorate the 125th Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.

Students and teachers of the College also interacted with the school children and informed them about the contribution of Baba Saheb in the uplift of the underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of the adopted village and interacted with Sarpanch and other members of Panchayat about the working system at the grassroots level followed by a visit to Abdullian BSF Post, the last border of J&K.

Meanwhile, The Department of Environmental Sciences in collaboration with G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar, screened a documentary on "Water crisis in India" under the patronage of worthy Principal, Prof. Minu Mahajan.

The documentary highlighted all these issues faced across different parts of the country. A brief interactive session for addressing students' queries related to the water crisis was also undertaken after the screening by the faculty of Environmental Sciences.

# Women College Gandhinagar celebrates Ambedkar Jayanti

Earth News Services

**Jammu, Apr 13 :** A group of forty two students along with the faculty of Padma Shri Padma Sachdev Government College for Women Gandhinagar, Jammu on Thursday celebrated B.R. Ambedkar Jayanti in the Adopted Village Chandichak, R.S.Pura.

The collaborative initiative of organising a field visit to the village to interact with students of Government High School and Panchayat members was taken by the Department of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyan team of the College.

To commemorate the birth Anniversary of Baba Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.

Students and teachers of the College also interacted with the school children and informed them about the contribution of Baba Saheb in the uplift of the underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of the adopted village and interacted with Sarpanch and other members of Panchayat about the working system at the grassroots level followed by a visit to Abdullian BSF Post, the last border of J&K.

Meanwhile, The Department of Environmental Sciences in collaboration with G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar, screened a documentary on "Water crisis in India" under the patronage of worthy Principal, Prof. Minu Mahajan.

The documentary highlighted all these issues faced across different parts of the country. A brief interactive session for addressing students' queries related to the water crisis was also undertaken after the screening by the faculty of Environmental Sciences.

# GCW Gandhi Nagar celebrates Ambedkar Jayanti at Adopted Village

GJ REPORT

JAMMU, APR 15: A group of forty-two students along with the faculty of Padma Shri Padma Sachdev Government College for Women Gandhinagar, Jammu on Thursday celebrated B.R. Ambedkar Jayanti in the Adopted Village Chaukchak, R.S.Pura. The collaborative initiative of organizing a field visit to the village to interact with students of Government High School and Panchayat members was taken by the Department of Political Science, Electoral Literacy Club and Unnat Bharat Abhiyan team of the College.

To commemorate the birth Anniversary of Babu Saheb Ambedkar, a Nukkad Natak was performed by the College students to spread awareness among the masses and school students about their social and political rights.

Students and teachers of the College also interacted with the school children and informed them about the contribution of Babu Saheb in the uplift of the underprivileged section of the society by framing the Constitution of India to enjoy equal rights.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of the adopted village and interacted with Sarpanch and other members of Panchayat about the working system at the grassroots level, followed by a visit to Abdullian BSF Post, the last border of J&K.

Meanwhile, The Department of Environmental Sciences in collaboration with G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar, screened a documentary on "Water crisis in India" under the patronage of worthy Principal, Prof. Mina Malayan.

The documentary highlighted all three issues faced across different parts of the country. A brief interactive session for addressing students' queries related to the water crisis was also undertaken after the screening by the faculty of Environmental Sciences.



Students of GCW Gandhi Nagar posing for a group photograph on Thursday.

# Outcome of Activity

*PSPS GCW Gandhinagar celebrates B.R. Ambedkar Jayanti in the Adopted Village*

The forty -two students along with the faculty of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar, Jammu celebrated B.R. Ambedkar Jayanti today on 13th April, 2023 in the Adopted Village Chanduchak , R.S.Pura. The collaborative initiative of organising a field visit to village to interact with students of Govt.High School and Panchayat members was taken by the Deptt. of Political Science , Electoral Literacy Club and Unnat Bharat Abhiyaan team of the College.

To make the visit more fruitful, the students paid visit to Panchayat Ghar of adopted village and interacted with Sarpanch and other members of Panchayat about working system at the grassroot level followed by a visit to Abdullian BSF Post, the last border of J&K.

Outcome of the field visit:

1) Students of the college helped spread awareness among school students and people about their socio-political rights.
2) The students highlighted the role of Baba saheb Ambedkar as a revolutionary, who worked for the upliftment of the depressed classes of the society and aimed to establish equality among the people of the country.
3) Speeches as well as Nukkad Natak was performed by college students to sensitize the school students and village members ,on the eve of Ambedkar Jayanti.

4) The efforts of the college students and department was well received and appreciated by the school authorities and Panchayat members.

5) The college students visit ended on a successful note as they remained efficient in spreading the awareness among school children as well as village community about the role of Baba Saheb Ambedkar for the upliftment of our country as a whole, on the eve of Ambedkar Jayanti.

PSPS Govt. College for Women
Gandhi Nagar Jammu

A constituent College of the Cluster University of Jammu

This is to certify that Jayleen Kaur of BA/Bsc./Bcom. Semester 2nd from PSPS GCW Gandhi Nagar Jammu has participated in a Nukkad Natak/Elocution on the theme "**Celebration of Ambedkar Jayanti**" organized by the Department of Political Science and Electoral Literacy Club in collaboration with Team Unnat Bharat Abhiyaan on 13th of April 2023.

PROF. MINA MANHAS
PRINCIPAL

PROF. SUMAN BALA
COORDINATOR, UBA

DR. POOJA CHARAK
CONVENER, ELECTORAL LITERACY CLUB

**Padma Shri Padma Sachdev**

**Govt. College for Women Gandhi Nagar Jammu**

**Activity Report**

## Awareness and Cleanliness Camp (18th – 22nd July, 2022)

NSS units of PSPS GCW Gandhi Nagar conducted five days Awareness and Cleanliness Camp- 2022 by organizing cleanliness drives in college campus from 18.07.2022 to 22.07.2022 under the able guidance of Worthy Principal Prof. Minu Mahajan and supervision of Prof. Mala Bhasin and Dr. Monika Hans. A total of 60 volunteers participated in this camp. The motive of this five days -Awareness cum Cleanliness Camp was to make students aware about the benefits of cleanliness and discipline in their life. The volunteers thoroughly cleaned the college campus and auditorium and also make other students aware about the importance of cleanliness in the campus and surroundings. They also participated in the beautification of the gardens and Lawns by painting the stones around the trees. The five days Camp was concluded on 22.07.2022. Prof. Minu Mahajan, Principal of the College, applauded the volunteers for their participation and motivated them to be the part of such activities. She also appreciated the efforts of NSS PO's for organising the camp.

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.







Programme Officer
N S S
Govt. College for Women
Gandhi Nagar. Jammu.





Programme Officer
N S
Govt. College for Women
Gandhi Nagar, Jammu.





**Cleanliness Drive- NSS volunteers and NSS PO of Unit-1**

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## Padma Shri Padma Sachdev

## Govt. College for Women Gandhi Nagar Jammu

## Activity Outcome

1. The Awareness and Cleanliness Camp- 2022 culminated successfully on 22.07. 2022

2. The volunteers were made aware about the benefits of cleanliness in our daily life.

Programme Officer
N S S
Govt. College for Women
Gandhi Nagar Jammu.

## Padma Shri Padma Sachdev

## Govt. College for Women Gandhi Nagar Jammu

# Flyer /Notice

**Padma Shri Padma Sachdev**
**Govt. PG College for Women Gandhi Nagar Jammu**

**Action Plan for Gandhi Jayanti Celebrations -2022**

| S.NO. | Date | Activity | Venue |
|---|---|---|---|
| 01 | 21.09.2022 | Cleanliness Drive | College Campus |
| 02 | 22.09.202 | Slogan Writing 'Swachhta Hi Sewa' | Psychology Lab. |
| 03 | 23.09.2022 | Quiz Competition 'Life of Mahatma Gandhi Ji' | Online |
| 04 | 26.09.2022 | Poster Making Competition ' Swachhta Hi Sewa' | Botany Lab.- B |
| 05 | 27.09.202 | Awareness Rally 'Swachh Aur Sunder Bharat' | College Premises to Vikram Chowk |
| 06 | 28.09.2022 | Essay Writing Competition Relevance of Non-Violence in Today's Scenario | Botany Lab- B |
| 07 | 29.09.2022 | Plantation Drive | College Campus |
| 08 | 30.09.2022 | Symposium- 'Quotes of Mahatma Gandhi & their relevance in Daily Life | BLR-2 |
| 09 | 02.10.2022 | A Floral Tribute To Father of Nation- Mahatma Gandhi | Smart Class Room |

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

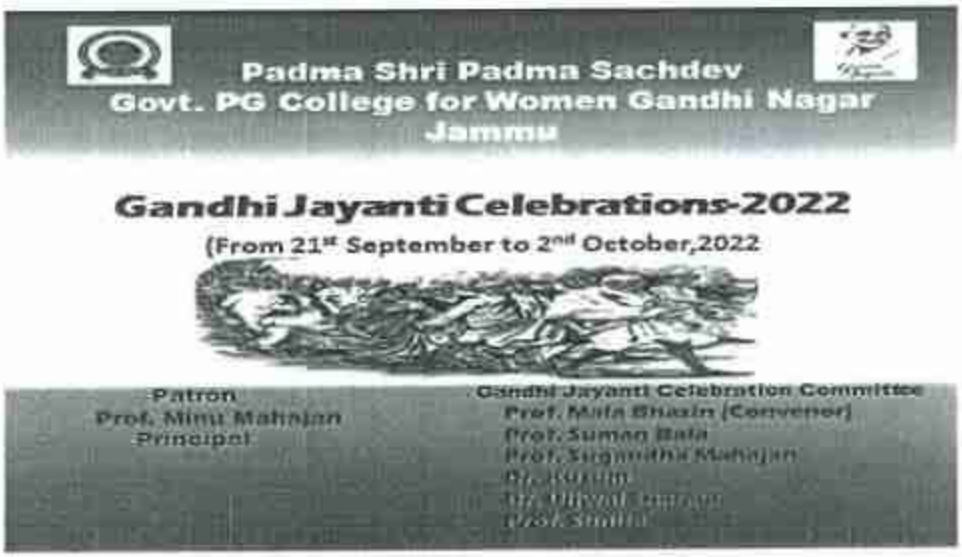
**Padma Shri Padma Sachdev**

**Govt. College for Women Gandhi Nagar Jammu**

**Activity Report**

## Gandhi Jayanti Celebrations-2022

To commemorate 153rd birth anniversary of Father of Nation- Mahatma Gandhi Ji, following events were organised by the college:




## Event-1 Cleanliness Drive( 21.09.2022)

A series of events were organized by Padma Shri Padma Sachdev Govt PG College for Women Gandhinagar Jammu to Commemorate the 153rd Birth Anniversary of the Father of Nation whose thoughts and vision lighted the path of youth. The celebrations begin with the Cleanliness Drive in the College campus on 21st of Sept. 2022 wherein 52 students enthusiastically participated and propagated the message of keeping our surroundings clean and beautiful.



Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu











# PSPS GCW Gandhi Nagar initiates Gandhi Jayanti celebrations




*Students along with faculty members posing for a photograph*

**STATE TIMES NEWS**

JAMMU: A series of events were organized by Padma Shri Padmia Sachdev Govt. PG College for Women Gandhi Nagar Jammu to commemorate the 153rd Birth Anniversary of the Father of Nation whose thoughts and vision lighted the path of youth.

The celebrations begin with the Cleanliness Drive in the College campus on 21st of Sept. 2022. As many as 62 students participated and propagated the message of keeping our surroundings clean and beautiful.

The second event in the series was Slogan writing Competition on the topic 'Swachhata is Seva'. A total of 82 students wrote insight-provoking slogans on the given topic to spread awareness regarding the vision of Swachh Bharat. The 1st, 2nd and 3rd positions were clinched by Miss Rani, Navneetbana Kour and Mehak Sen, a member of staff.

The event was judged by Prof. Kamlesh Mattoo, Dean Sciences and Dr Harjeet Kour Sethi, Associate Professor, Dept. of Botany. Prof. Minu Mahajan, the Principal of the College applauded the students for their enthusiastic participation and appreciated the efforts of the organizing committee. Prof. Mala Bhagat, Convener, Prof. Suman Bala, Prof. Supreeta Mahajan, Dr. Vipul Sharma, Dr. Kusum and Dr. Sunita Kumari, Members, for well executed events.



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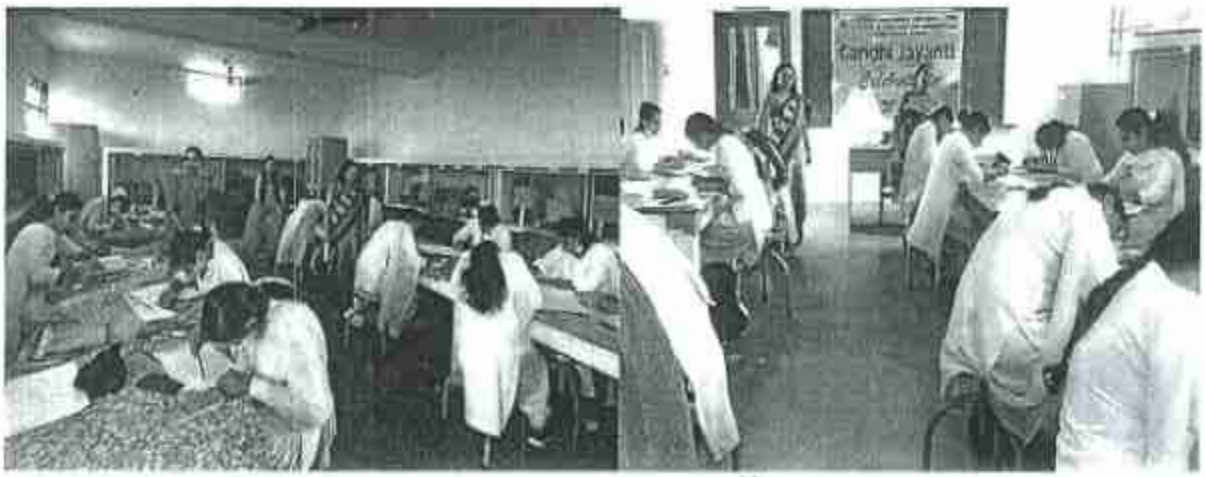
## Event-2 Slogan Writing (22.09.2022)

The second event in the series was Slogan writing Competition on the topic 'Swachhta hi Sewa'. A total of 32 students wrote thought-provoking slogans on the given topic to spread awareness regarding vision of Gandhiji Ji. The 1st, 2nd and 3rd positions were clinched by Siya Saini, Navnidham Kour and Mehak Saini of semester 2nd. The event was adjudged by Prof. Kamlesh Slathia, Dean Sciences and Dr. Harjeet Kour Sodhi, Associate Professor , Dept. of Botany. Prof. Minu Mahajan , the Principal of the College applauded the students for their enthusiastic participation and appreciated the efforts of the organizing committee



Programme Officer
NSS
Govt. College for Women
Gandhi Nagar Jammu





# PSPS GCW Gandhinagar initiated the Gandhi Jayanti Celebrations

Daily hunt

**Jammu, Sept 22 :** A series of events were organized by Padma Shri Padma Sachdev Govt PG College for Women Gandhinagar Jammu to Commemorate the 153rd Birth Anniversary of the Father of Nation whose thoughts and vision lighted the path of youth. The celebrations begin with the Cleanliness Drive in the College campus on 21st of Sept 2022 wherein 52 students enthusiastically participated and propagated the message of keeping our surroundings clean and beautiful. The second event in the series was Slogan writing Competition on the topic Swachhta ‘n Seva’. A total of



32 students wrote thought-provoking slogans on the given topic to spread awareness regarding vision of Gandhiji Ji. The 1st, 2nd and 3rd positions were clinched by Siya Saini, Navneedham Kour and Mehak Saini of semester 2nd. The event was adjudged by Prof. Kamlesh Slathia, Dean Sciences and Dr. Harjeet Kour Sodhi Associate Professor, Dept of Botany. Prof. Mina Mahajan the Principal of the College applauded the students for their enthusiastic participation and appreciated the efforts of the organizing committee - Prof. Mala Bhasin, Convenor , Prof. Suman Bala, Prof. Sugandha Mahajan, Dr Tejpal Sharma, Dr Kusum and Dr Sunita Kumari (Members) for well coordinated events.

Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.

## Event-3 Quiz Competition (23.09.2022):

To commemorate the relevance life and freedom struggle of Mahatma Gandhi Ji, a quiz on the topic- Life of Mahatama Gandhi Ji was organized wherein 57 students participated. Ishani Jandiyal, Mahini Sharmaand Muskan clinched 1st, 2nd and 3rd Positions respectively. The event was coordinated by Dr.. Kusum and Prof. Sunita.



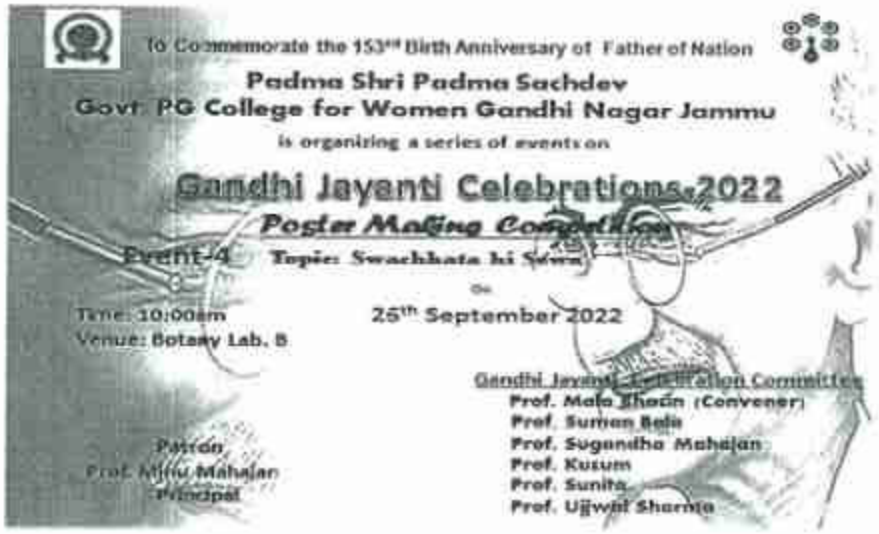





Govt. Coll... Women
Gandhi Nagar ...ammu.

## Event-4 Poster Making Competition(26.09.2022)

As a part of series of events, a poster making comprtition was organized in collaboration with NSS Unit-1 wherein a total of 13 volunteers participated . The topic of the event was- Swachhata hi Sewa. The Posters were judged by Dr Harjeet Kour Sodhi and Dr. Anju Koul of Department of Botany. The 1st position was bagged by Urvashi Devi whereas Syama Chowhan and Deepshika clinched 2nd and 3rd Positions.








Programme Officer
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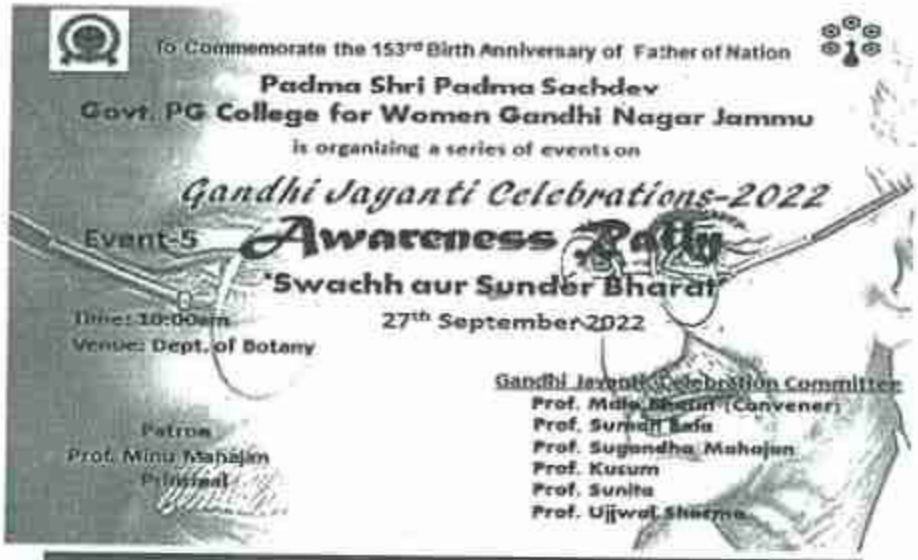
Govt. College for Women
Gandhi Nagar, Jammu.

## Event-5 Awareness Rally (27. 09.2022)

Department of Botany in collaboration with NSS Unit-1, @ JK Btn NCC and Gandhi Jayanti Celebration committee organized Awareness Rally- 'Swachh Aur Sunder Bharat' on 27th September,2022 from the college premises to Bikram Chowk under the supervision of Prof. Mala Bhasin,NSS Po Unit-1 and HoD Botany. A total of 82 students participated with great fervor and gaiety and sung songs on Cleanliness with posters in their hands. The Event was coordinated by Dr.Kusum, Dr. Ujjwal Sharma, Prof. Sunita and faculty of Dept. of Botany- Dr.Harjeet Kour Sodhi, Dr. Anju Koul, and Dr. Renu Sharma.







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Gandhi Nagar, Jammu.









Programme Officer
NSS
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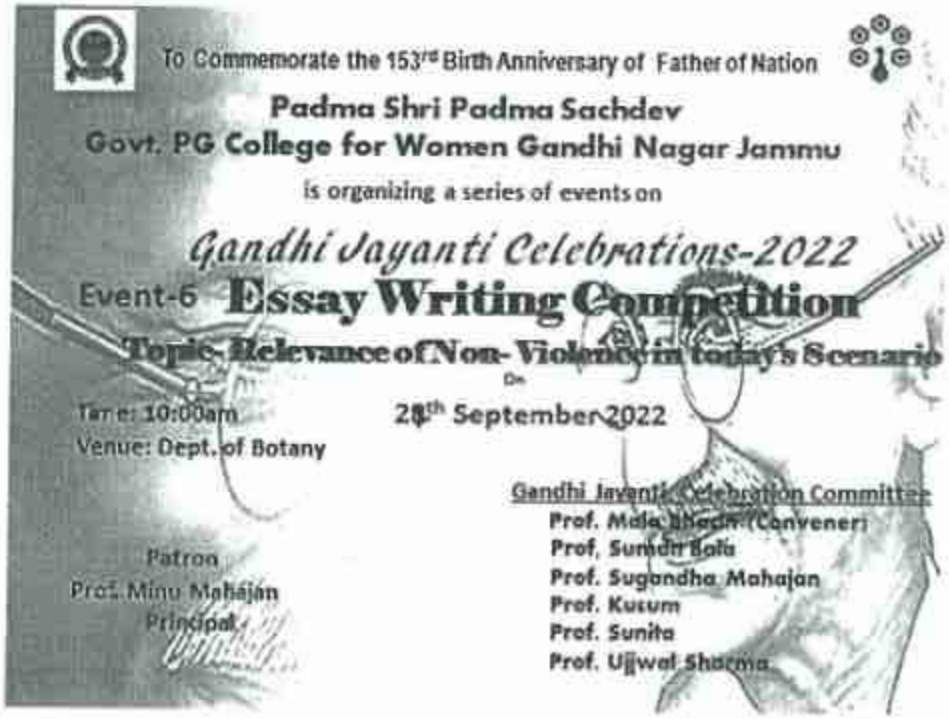
## Event-6 Essay Writing Competition (28.09.2022)

On the topic- Relevance of Non-Violance in Today's Scenario, an essay writing event was organized in BLR-2 of Department of Botany wherein 13 students participated and showcased their talent of creartve writing.



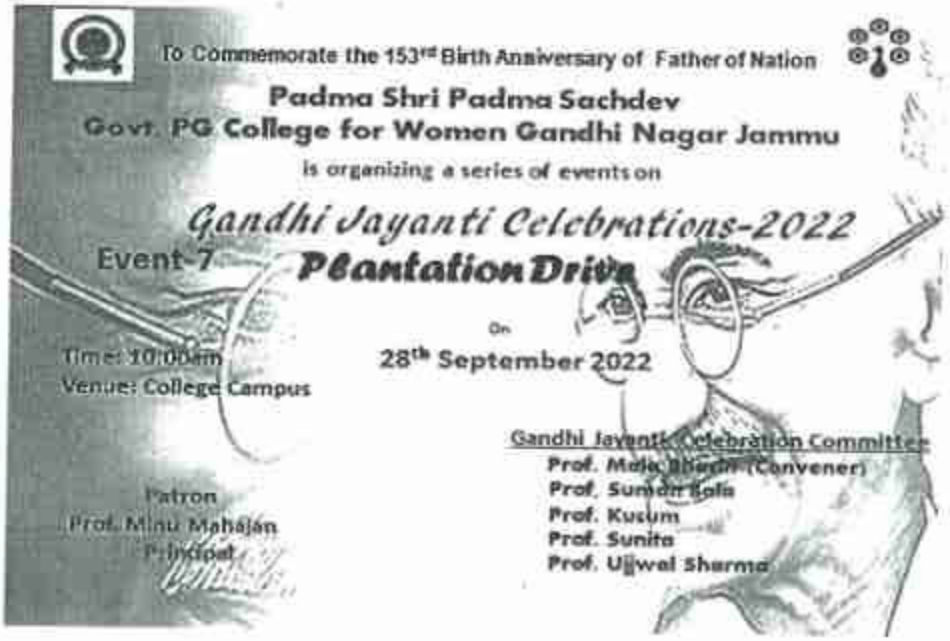



Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu

## Event-7 Plantation Drive (28.09.2022)

In the row of celebrations of 153rd Jayanti of Mahatma Gandhi, the Plantation drive was conducted by Gandhi Jayanti Celebration Committee and NSS Unit-1 on 29 Sept.,2022 in College Campus to signify the relevance of Gandhian dream of 'Swachh aur Sunder Bharat'. A total of 27 students including NSS Volunteers planted the saplings of Medicinal & Ornamental Plants in the College campus and made their contribution towards enhancing the wellbeing ambience of the College.






Programme Officer

Govt. College for Women
Gandhi Nagar Jammu




# PSPS GCW Gandhi Nagar conducts plantation drive




JAMMU BULLETIN NEWS
JAMMU, SEP 29:

In the row of celebrations of 153rd Jayanti of Mahatma Gandhi, the Plantation drive was conducted by Gandhi Jayanti Celebration Committee and NSS Unit-I on 29 Sept., 2022 in Padma Shri Padma Sachdev Govt. PG College for Women Gandhinagar Jammu to signify the relevance of Gandhian dream of 'Swachh aur Sunder Bharat'.

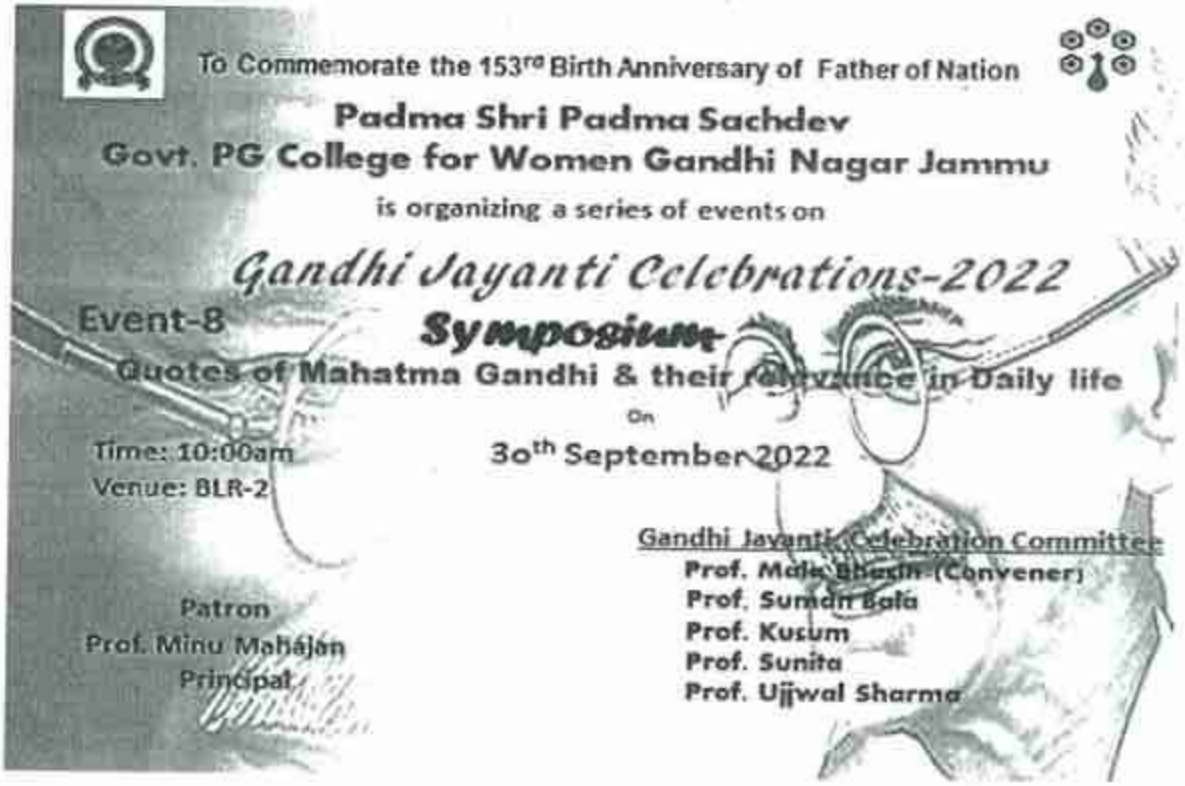
A total of 27 students including NSS Volunteers planted the saplings of Medicinal & Ornamental Plants in the College campus and made their contribution towards enhancing the wellbeing ambience of the College.Dr. Sujata Slathia , the Officiating Principal of the College appreciated the efforts of students/ volunteers and Organising Committee - Prof. Mala Bhasin, Convenor & NSSPO (Unit-I) ; Prof. Suman Bala, Dr. Kusum, Dr.Ujjwal Sharma and Prof. Sunita.

Programme Officer
N.S.S
Govt. College for Women
Gandhi Nagar, Jammu

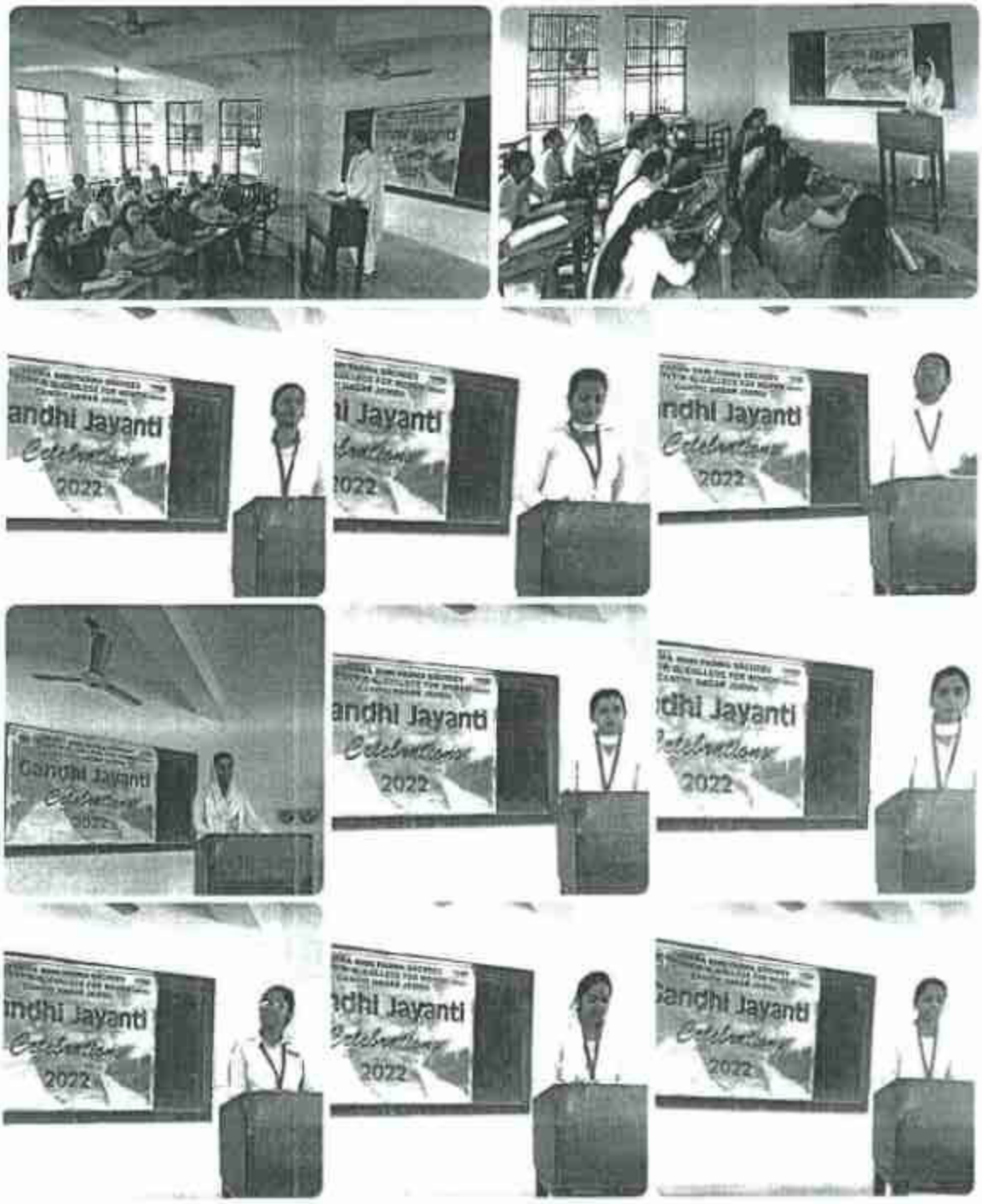
## Event-8 Symposium(30.09.2022)

NSS unit-1 in collaboration with Gandhi Jayanti Celebration Committee organised a Symposium on the topic- 'Quotes of Mahatma Gandhi ji and their relevance in daily life' on 30th of September, 2022.

A total of 15 students participated and shared their views on the Gandhian philosophy. Prof.Mala Bhasin NSSPO Unit-1and Convenor, Gandhi Jayanti Celebration Committee, in her welcome address threw light on the importance of Gandhian thoughts and their relevance in the life of students in order to build a strong character. The event was coordinated by Prof. Suman Bala, Dr. Kusum, Dr. Ujjwal Sharma and Prof.Sunita.




Programme Officer
Govt. College for W
Gandhi Nagar Jammu




Programme Officer

Govt. College for W...
Gandhi Nagar, Jammu.

## Padma Shri Padma Sachdev

## Govt. College for Women Gandhi Nagar Jammu

## Activity Outcome

1. The celebrations of Gandhi Jayanti were culminated successfully on 02.10. 2022

2. The volunteers were made aware about the the importance of Gandhian thoughts and their relevance in the life of students in order to build a strong chracter.

Programme Officer

Govt. College for W[illegible]
Gandhi Nagar, Jammu

**Padma Shri Padma Sachdev**
**Govt. College for Women Gandhi Nagar Jammu**

# Activity Report

## Prakram Diwas (23.01.2023)

To celebrate **Prakaram Diwas**, NSS Unit-1 of Padma Shri Padma Sachdev Govt P.G.College for Women Gandhi Nagar Jammu commemorate Netaji Subash Chandra Bose on his 126th Birth anniversary by organizing Poster Making Competition under the guidance of worthy Principal Prof. Minu Mahajan and supervisicn of Prof. Mala Bhasin NSS Programme Officer Unit-1 on 23.01.2023.

A total of 20 volunteers participated in the event wherein they made beautiful posters on the given theme - Life Sketch of Netaji Subhash Chandra Bose and gave wings to their imagination and creativity. This endeavour of students was judged by Prof. Sugandha Mahajan and Dr. Renu Sharma of Department of Botany. Volunteers - Mehak Saini, Sania and Shagun clinched the 1st, 2nd and 3rd Position respectively.

Prof. Minu Mahajan, the worthy Principal of the College appreciated the hard work and creativity of participants. She also emphasized over the extraordinary and invaluable contributions made by Netaji Subhash Chandra Bose to the Indian Freedom Struggle. Paying tributes to Neta ji, Prof. Mala Bhasin NSS Programme Officer Unit-1 said that he is still an epitome for courage, action and sacrifice and will continue to remain a timeless inspiration to all. She also appreciated the enthusiastic and laborious efforts of volunteers to make this event a success. The event was coordinated by senior NSS volunteers- Shriya Kalla and Jasmeen Kour.

Programme Officer
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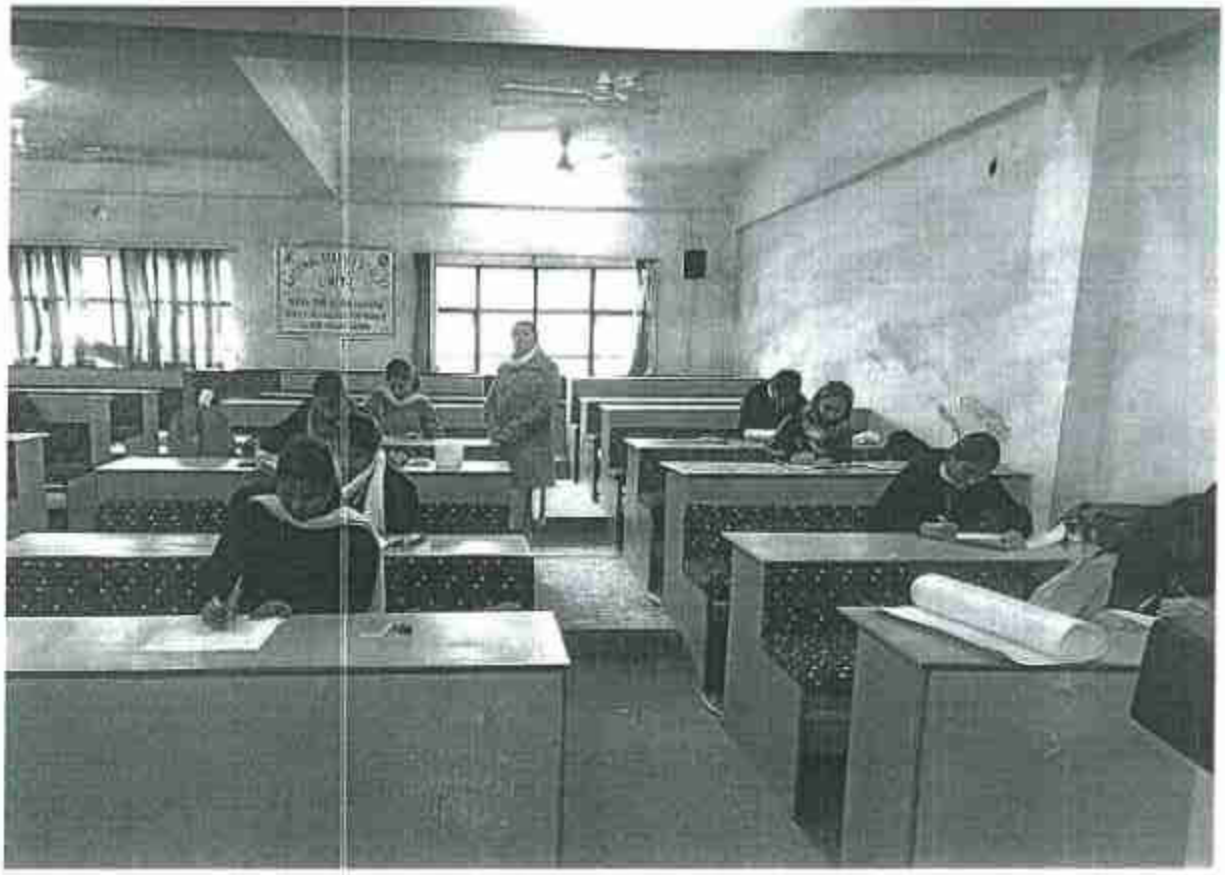
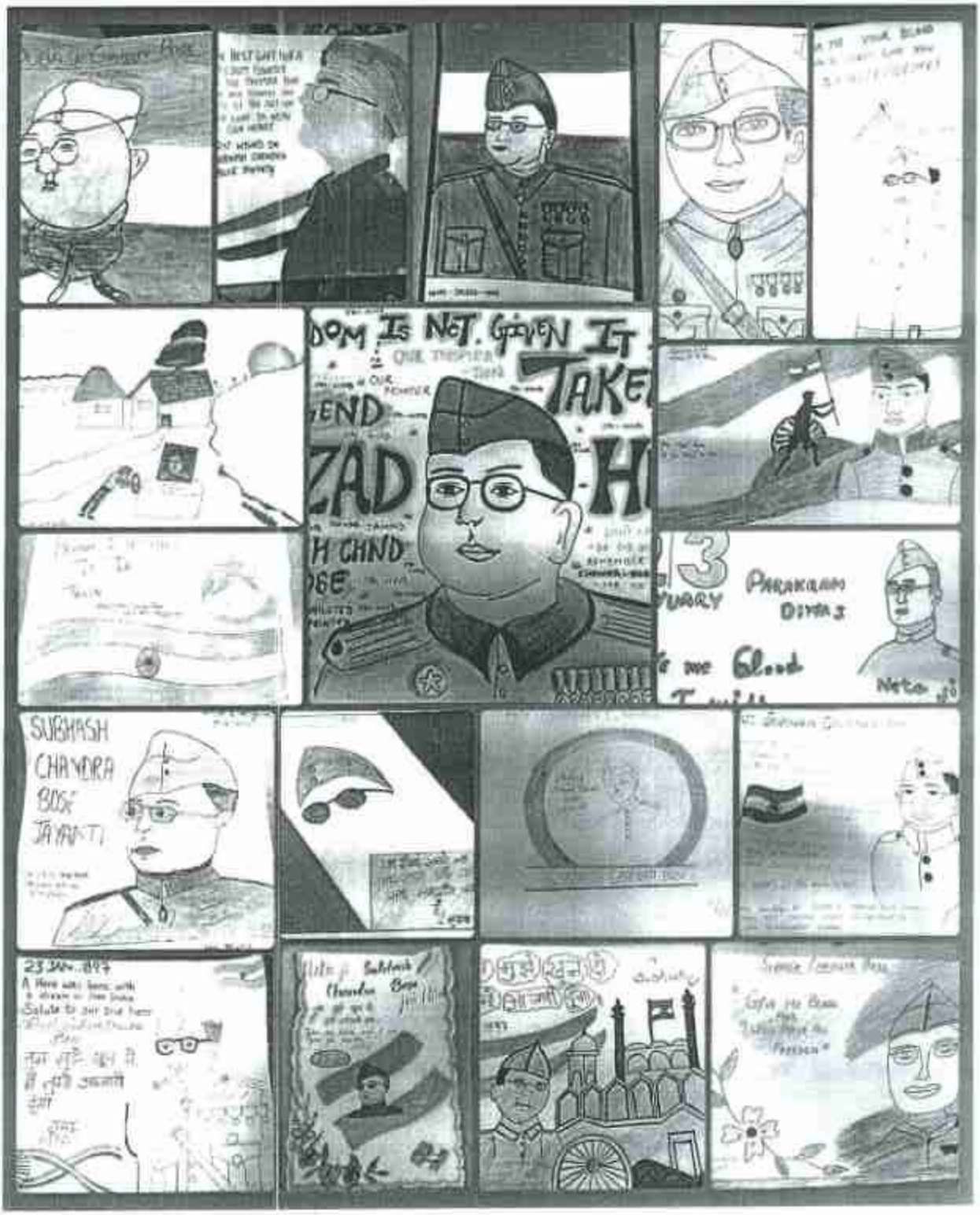




Programme Officers




Programme Officer

Govt. College for
Gandhi Nagar.




*Programme Officer*
N.S.S.
Govt. College for Women
Gandhi Nagar, Jammu

**Padma Shri Padma Sachdev**
**Govt. College for Women Gandhi Nagar Jammu**

## Activity Outcome

1. The activity culminated successfully on 23.012.023

2. The students/ volunteers were made aware about the extraordinary and invaluable contributions made by Netaji Subhash Chandra Bose to the Indian Freedom Struggle.

Programme Officer
Govt. College for Women
Gandhi Nagar Jammu

**Report Compiled by: 1. Prof. Mala Bhasin (NSSPO Unit-1)**

**Padma Shri Padma Sachdev**
**Govt. College for Women Gandhi Nagar Jammu**

# Activity Report

## Awareness of Communities regarding use of Sustainable Resources (3rd March, 2023)

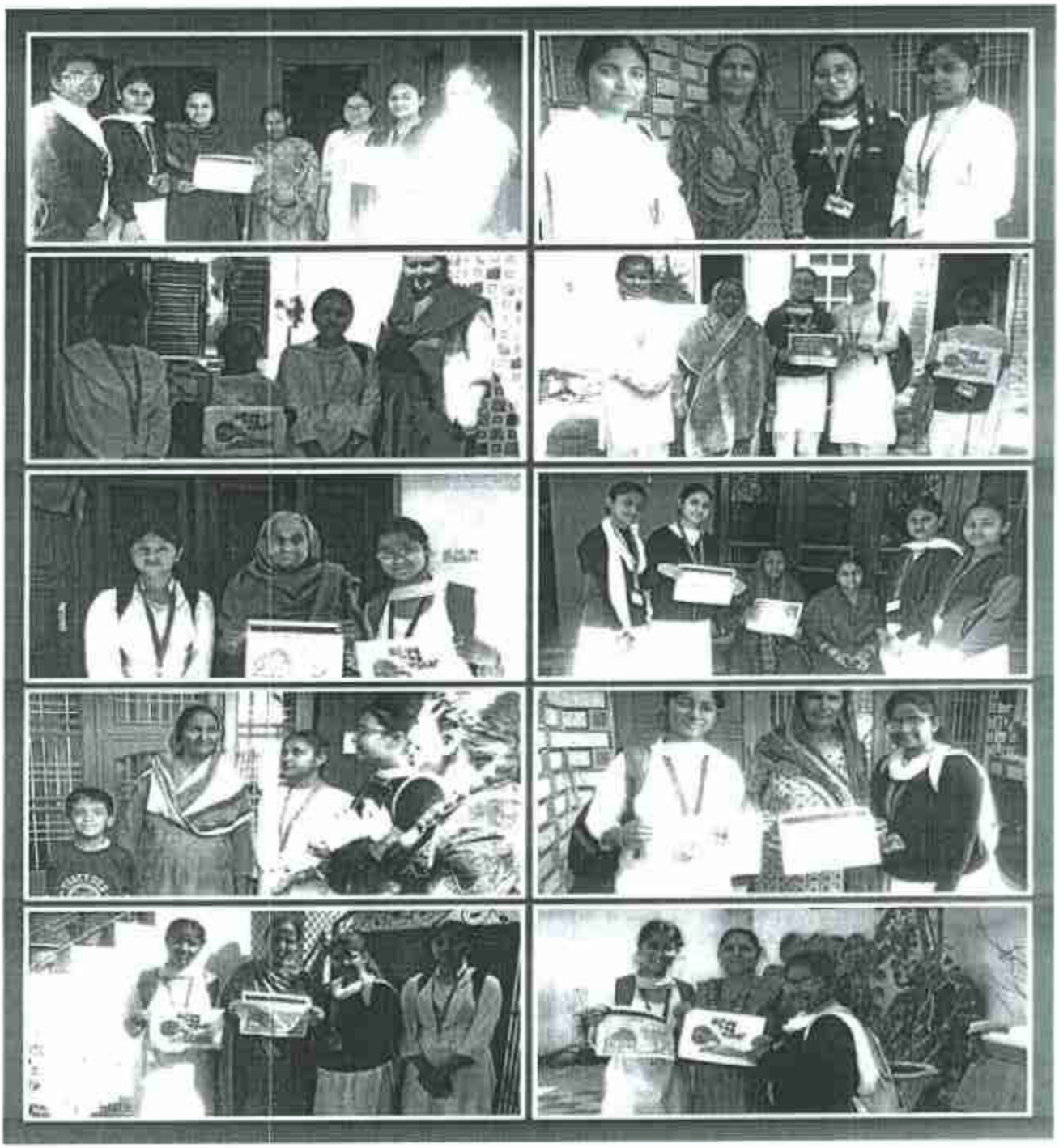
The NSS Unit-1&2 of Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar Jammu organised an Awareness workshop at adopted villages- Chak Jarala and Kanhal on 03.03.2023 under the banner of G20 Club of the College. The worthy Principal Prof. Minu Mahajan, Convenor G20 club, Prof. S S Parihar and other faculty members flagged off the bus for the visit to villages. A total of 39 volunteers participated in this awareness activity under the supervision of NSS Programme Officers Unit-1&2- Prof. Mala Bhasin and Dr. Monika Hans. The volunteers actively participated in door to door campaigns and interacted with the villagers particularly with women folk about the wisely use of various sustainable resources. An awareness rally was also conducted wherein volunteers shouted slogans- jal hai toh kal hai, reduce, Reuse and Recycle, Keep our Earth clean and Green, Don't be Cruel, preserve your fuel, Conserve energy- preserve future, to make the people aware about the sustainable use of resources.

Prof. Minu Mahajan, Principal of the College, applauded the volunteers for their participation and motivated them to be the part of such

activities. She also appreciated the efforts of NSS PO's for organising this awareness workshop in the adopted villages.



## Awareness Rally at Chak Jaralan Village



## Door to Door Awareness Campaign at Village Kanhal

## Padma Shri Padma Sachdev
## Govt. College for Women Gandhi Nagar Jammu

## Activity- Press Release

# GCW Gandhi Nagar organises awareness workshop on use of Sustainable Resources




*Students of GCW Gandhi Nagar during awareness workshop*

**■ STATE TIMES NEWS**

JAMMU: The NSS units of Padma Shri Padma Sachdev Government College for Women Gandhi Nagar on Friday organised an Awareness workshop at adopted villages- Jarial chak and Kanal under the banner of G20 Club of the College. The College Principal, Prof Mini Mahajan, Convener G20 Club, Prof S S Parihar and other faculty members flagged off the students' Bus for the visit to villages. A total of 39 volunteers participated in the awareness activity under the supervision of NSS Programme Officers unit-1&2- Prof. Mala Bhasin and Dr. Monika Hans. The volunteers actively participated in door to door campaigns and interacted with the villagers particularly with women folk about the wisely use of various Sustainable Resources. A Sustainable resource is anything- physical or human which can be harnessed to create wealth or improve the standard of living of people. It is a matter of pride and honour for India to host the G20 Summit under the theme of India's G20 Presidency- Vasudhaiva Kutumbakam means One Earth, One Family and One Future.

Prof. Mini Mahajan, Principal of the College, applauded the volunteers for their participation and motivated them to be a part of such activities. She also appreciated the efforts of NSS PO's for organising this awareness workshop in the adopted villages.

Programme Officer

Govt. College for Women
Gandhi Nagar Jammu

## Padma Shri Padma Sachdev
## Govt. College for Women Gandhi Nagar Jammu

# Activity Outcome

1. The activity culminated successfully on 03.03.2023

2. The students/ volunteers were made villagers aware about the wisely and sustainable use of resources

Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

**NSS UNIT-2 organized Plantation and Beautification Drive under the Banner of '' MY COLLEGE MY PRIDE'' in collaboration with Department of Food Science and Technology on 4th November 2022**













# Report

NSS Unit-2 and Department of Food Science and Technology of PSPS Govt. College for Women, Gandhi Nagar, Jammu organized one day event under the banner of MY COLLEGE MY PRIDE " plantation and Beautification Drive" on 4th November 2022 under the patronage of worthy principal Prof. Minu Mahajan. A total of 30 NSS Volunteers and students of Food Science Department actively participated in this event. All the students' volunteers decorated the flower pots and planted flowering, ornamental and fruits plants in the garden area of the department of Food Science and Technology. Worthy Principal enlightened student's volunteers with her words of wisdom and narrated the importance of learning in such a prestigious institute which will help them in enhancing their capabilities, building and shaping their personalities and also imbibing leadership skills. She emphasized on maintaining cleanliness and greenery in the college campus and also explained students, how they play an important role in bringing pride and laurels to the college. Prof. Minu Mahajan congratulated Dr. Anuradha Gandotra and staff and NSS programme officer (UNIT-2) Dr. Monika Hans for organizing the event and also motivated the students to participate in such events in near future.

## Outcome

A meeting in NSS Room was held on 09-11-2022 to review the decision taken in earlier meeting held on 02-11-2022. Plantation and Beautification drive was organized in the college campus under the banner of "MY COLLEGE MY PRIDE" on 04-11-2022. A total of 30 NSS Volunteers and students from the department of Food Science participated in the event.

**NSSPO**

**Unit-2**

- It was also decided that date of event will be on 19-10-2022, 11:30 am.

**Faculty Present**

- Dr. Anuradha Gandotra
- Dr. Shalini Sharma
- Dr. Monika Hans NSSPO UNIT-2

**NSSPO**

**UNIT-2**

PADMA SHRI PADMA SACHDEV,
GOVERNMENT PG COLLEGE FOR WOMEN,
GANDHI NAGAR JAMMU
( A Constituent college of Cluster University of Jammu )

NSS UNIT -2

&

DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY

IN COLLABORATION WITH

CLIMATE FRONT JAMMU

is organizing

# EXTINCTION CONVERSATIONS

on

## 19 OCTOBER, 2022

TIME - 11:30 AM ONWARDS

VENUE - SMART CLASS ROOM

**Patron**

Prof. Minu Mahajan
(Principal)

**Organizing Committee**

Dr Anuradha Gandotra ( Hod Food Science )
Dr Shalini Sharma
Dr. Monika Hans ( NSS PO UNIT 2)
Dr Harleen Kour
Dr Jasmeet Kour

# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

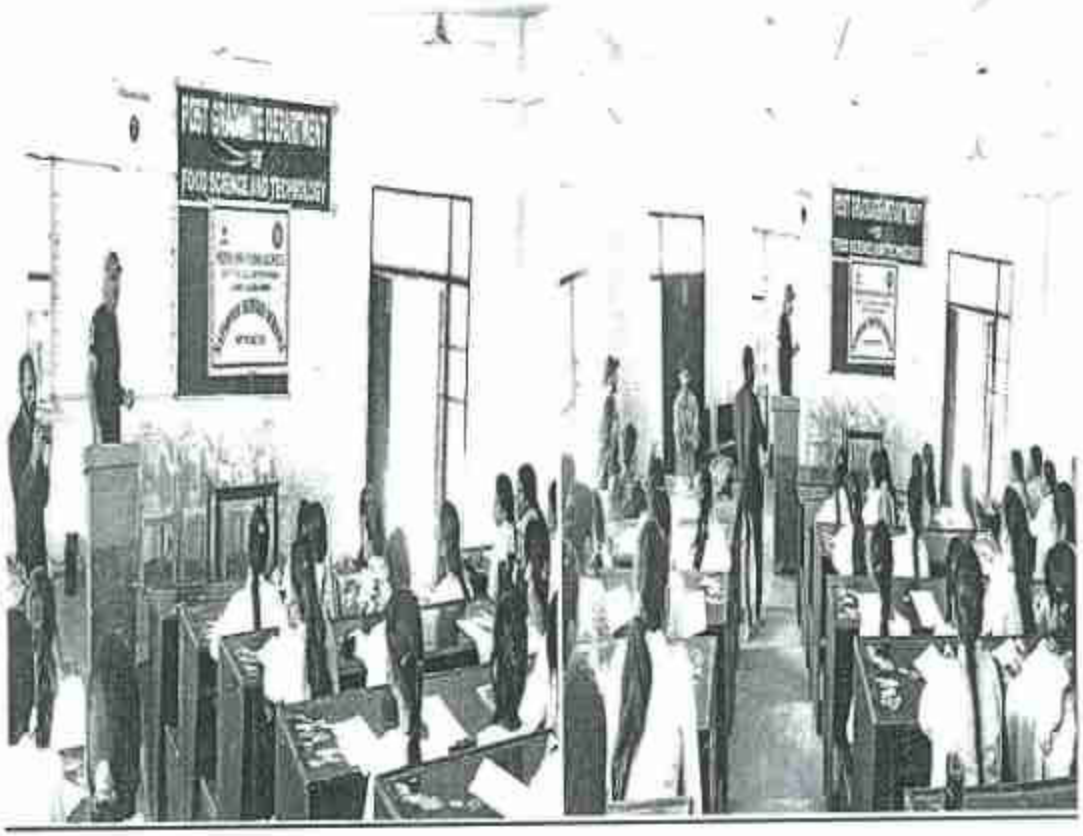
(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

**NSS UNIT-2 organized One day event in collaboration with Department of Food Science and Climate Front Jammu on the topic " Extinction Conversation" on 19th October 2022.**



# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)



NSS UNIT-2 organized One day event in collaboration with Department of Food Science and Climate Front Jammu on the topic " Extinction Conversation" on 19th October 2022.

# REPORT

NSS UNIT-2 Padma Shri Padma Sachdev Government College Ganchi Nagar, Jammu organized one day Awareness Lecture on Extinction Converstaion on 19th October 2022 in collaboration with Climate Front Jammu, under the patronage of worthy Principal Prof. Minu Mahajan. Dr. Anuradha Gandotra, HOD Food Science formally welcomed worthy Principa. Prof. Minu Mahajan and Er. Navjeev Digra along with the team members and august gathering. Mr. Navjeev Digra, director Climate Front foundation Jammu shed light on one of the burning issues of the present time'' EXTINCTION CONVERSTAION'' and also made us aware about the climate change which is resulting into many natural disasters. A total of 65 NSS Volunteers and students attended this event. Prof. Minu Mahajan Principal PSPS Govt. College for women, Gandhi Nagar Jammu congratulated Dr. Anuradha Gandotra and staff and NSS Progarmme officer Unit-2 Dr. Monika Hans for organizing the event and also motivated the students in near future. The organizing committee comprised of Dr. Anuradha Gandotra (HOD Food Science), Dr. Shalini Sharma, Dr. Monika Hans, Dr. Harleen Kour. Vote of thanks was presented by Dr. Monika Hans NSS Programme Officer Unit- 2

## Outcome

NSS Unit-2 and Department of Food Science and Technology of Padma Shri Padma Sachdev Govt. PG College for Women Gandhinagar Jammu organized one day "Awareness Programme on EXTINCTION CONVERSATIONS" on 19th October 2022. Mr. Navjeev Digra Director Climate Front Foundation Jammu shed light on one of the burning issues of present time "EXTINCTION CONVERSATIONS. A total of 65 NSS Volunteers and students attended this event.

Mamta

**NSSPO**

**UNIT-2**

# NSS UNIT-2 Organize one day Plantation and Beautification Drive on 22nd February 2023





## GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

**NSS UNIT-2 Organize one day Plantation and Beautification Drive on 22nd February 2023**



# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)



# REPORT

**NSS Unit-2 and Department of Food Science and Technology of PSPS GCW Gandhi Nagar organized event on plantation Beautification and waste utilisation**

NSS Unit-2 and Department of Food Science and Technology of Padma Shri Padma Sachdev Govt. College for Women, Gandhinagar, Jammu organized one day event " Plantation, Beautification and Waste Utilisation Drive" on 22nd Feburary 2023 undet the patorgane of worthy principal Prof. Minu Mahajan. A total of 45 NSS Volunteers and students of Food Science Department actively particpatec in this event. All the student volunteers collected and utilosed waste plastic bottles and other items for decorating the lawn of the department, planted flowering ornamental and fruit plats n the lawn of the department of Food Science and Technology. Worthy Princiapl Prof. Minu Mahajan encouraged student volunteers for converting waste to treasure and its utiisation for beautification of the college premises. She emphasised on maintaining cleanliness and greenery in the college campus and also explained students how they play and important role in bringing pride and laurels to the college. Principal Prof. Minu Mahajan congratulated Dr. Anuradha Gandotra, HOD Food Science and Technology, Dr. Shalini Sharma and NSS programme Officer (Unit-2) Dr. Monika Hans and Dr. Harleen Kour for organising the event and also motivated the students to participate in such events in near future

## Outcome

On 22nd February 2023, NSS UNIT-2 organized one day plantation, beautification and waste utilization drive in collaboration with Department of Food Science and Technology. A total of 45 NSS Volunteers and 35 students from PG Department of Food Science participated in this event.

NSSPO

UNIT-2

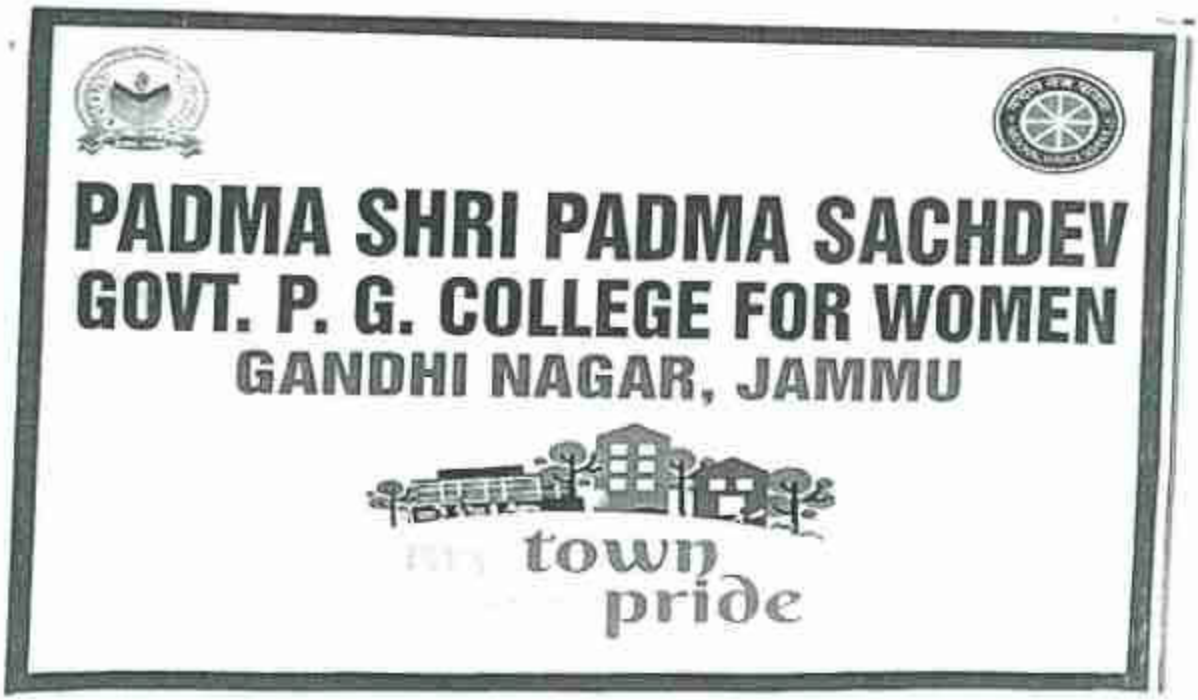
NSS Volunteers participated in E-waste Awareness Drive



## Outcome

NSS Volunteers of PSPS Govt. College for Women, Gandhi Nagar Jammu today on 5th August 2022 attended E-watse Awareness drive, UT wide launch by J&K Pollution Control Board. The aim of this drive was to prepare the young army of the cadets and NSS Unit-2 Volunteers who will reach to masses through door step awareness and talk about the hazards of E-waste. The volunteers along with NSS PO Dr. Monika Hans (Unit-2) were also felicitated by the officials for their laborious task of one month door step awareness from 30-5-2022 to 30-06-2022 about the E- waste management and disposal. The programme concluded with the exhibition of best out of waste wherein the students showcased their creative skills by resuing various electronic items as art pieces. Prof. Minu Mahajan, the Principal of the college appreciated all the participants and motivated them to be the part of such activities in near future.

# REPORT


PADMA SHRI PADMA SACHDEV
GOVT. P. G. COLLEGE FOR WOMEN
GANDHI NAGAR, JAMMU
town
pride

The Following Events were Organized by College under the banner of "My Town My Pride."

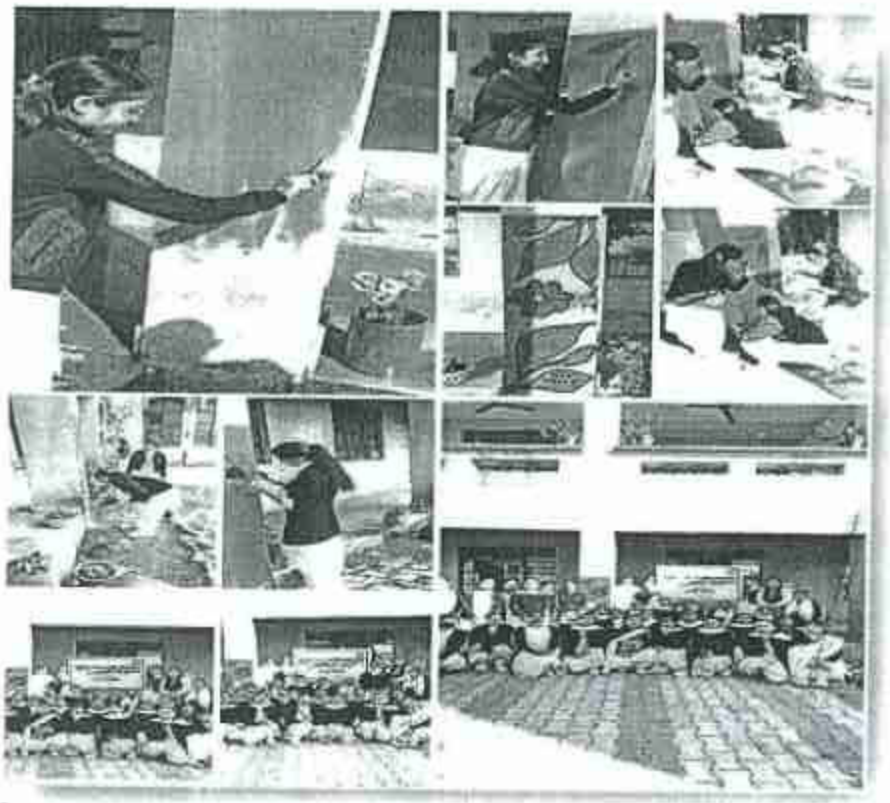
| S.No: | Date | | |
|---|---|---|---|
| 1. | 05.12.2022 | Wall PaintingProgramme | Food Science Department |
| 2. | 06.12.2022 | Celebration of Anti-Corruption Day under the banner MY TOWN, MY PRIDE | College Auditorium |
| 3. | 07.12.2022 | Plantation Drive | College Campus |
| 4. | 08.12.2022 | Cleanliness Drive and Campus Embellishmentwith Limestone by NSS Volunteers | College Campus and Music Department |

## Event-1

### Wall Painting by NSS Volunteers (05.12.2022)

Padma Shri Padma Sachdev Govt PG College for Women Gandhinagar Jammu under the banner of "MY TOWN MY PRIDE"organized different activities under the patronage of Prof. Minu Mahajan, Principal of the college.

The event begins with the Wall Painting Program in the College Food Science Department of the College on 5th of Nov. 2022 wherein 15 students enthusiastically participated in the program. Prof. Sunita, Programme Coordinator (My College My Pride) collaborated on the whole Programme. Professor Minu Mahajar.. Principal of the college, appreciated the painting skills and encouraged students for their participation.



## Event-2

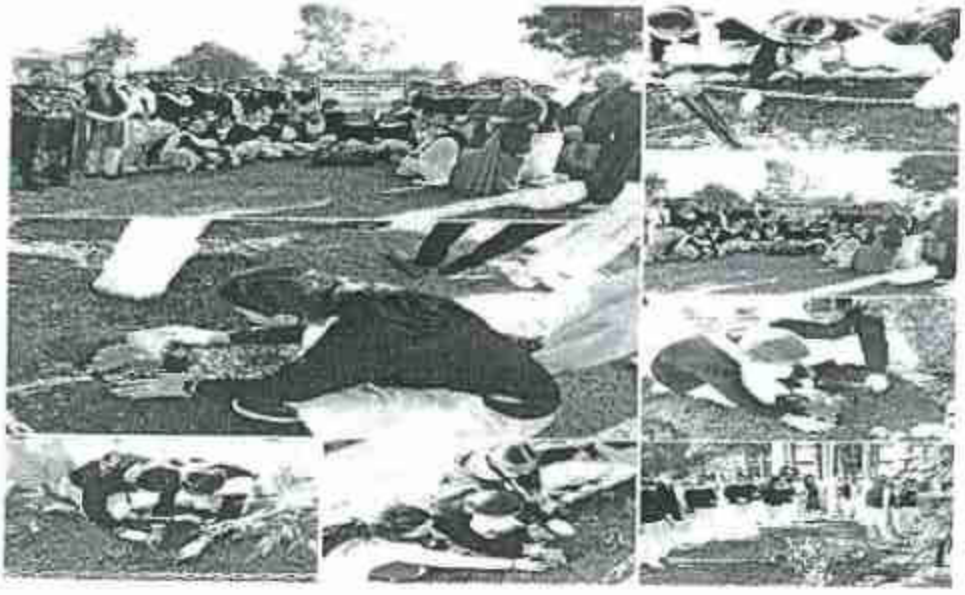
**Celebration of Anti-Corruption Day under the banner MY TOWN, MY PRIDE (06.12.2022)**

Under the banner, MY TOWN MY PRIDE PSPS Govt P.G. College for Women organized a program on the occasion of Anti-Corruption Day. The chief guest of the event was ShRajinder Sharma, Mayor of Jammu. The program began with lamp lighting followed by SaraswatiVandana. After the formal welcome of the chief guest by Prof. Minu Mahajan, Principal, PSPS Govt P. G. College for Women, Gandhinagar, the Mayor in his speech highlighted the various problems faced by the public and the steps being taken by him as Mayor Jammu to combat the same. He emphasized the importance of ease of doing business by bringing in transparency in service delivery for common citizens. This will go a long way in preventing corrupt practices in the service sector. He also impressed upon the students their role in making a corruption-free Jammu in particular and a corruption-free India in general. The Mayor also appealed to the students to participate in large numbers in the march being organized on the 9th of December, 2022 on the occasion of International Anti-Corruption Day. The Mayor's speech was followed by a skit highlighting the ill effects of corruption. The program concluded with a formal vote of thanks by Prof Vijender Sharma, HOD Sanskrit, and the singing of the National Anthem.The event was coordinated by Prof Paramjeet Singh in association with Staff Secretary Prof Mala Bhasin, Prof Anupama Sharma, Prof NeelamThappa, Dr Chetna Mahajan, Prof SumanBala, Dr Ashok Kumar, Prof Abhinav Sharma, Prof Varun Sharma, Prof Suraj Mohin., and Dr Kusum. The event was attended by faculty members and students in large numbers.

**Event-3**

**Plantation Drive (07.12.2022):**

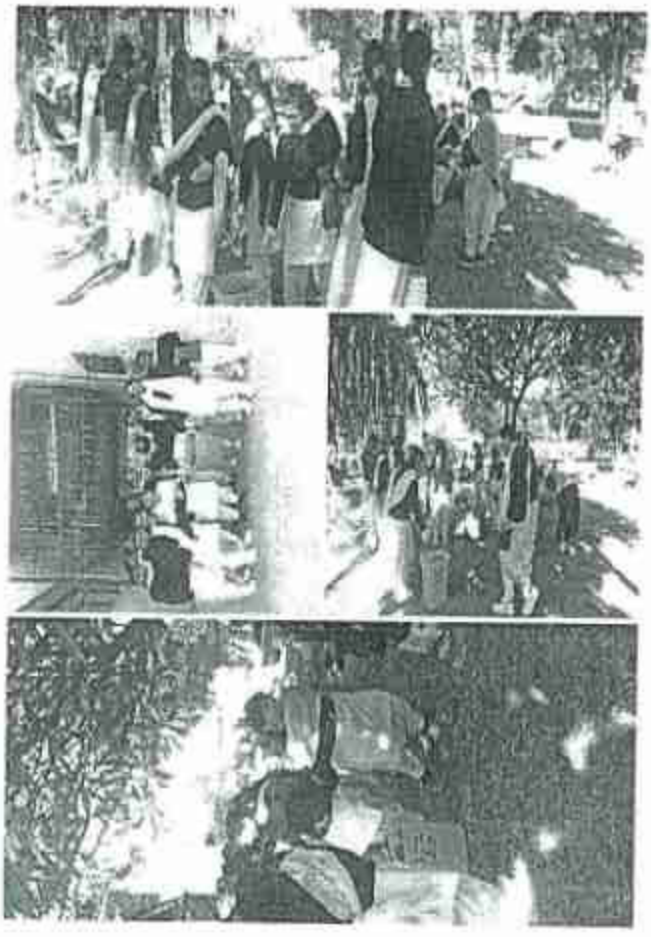
In the series of events under the banner of "My Town My Pride", the Plantation drive was conducted by NSS Unit-2 on 07 Dec.2022 in Padma Shri Padma Sachdev Govt. PG College for Women Gandhinagar Jammu to signify the relevance of 'Swachh aur Sunder Bharat' and such initiatives would bring relief and balance in the environment. Moreover, it creates a sense of responsibility pertaining to the environment among students. A total of 37 students including NSS Volunteers planted saplings of Ornamental Plants on the College campus and made their contribution towards enhancing the beauty, and well-being of the College. Prof. Minu Mahajan, Principal of the College appreciated the efforts of students/ NSS volunteers and the Organizing Committee.



**Event-5 and 6**

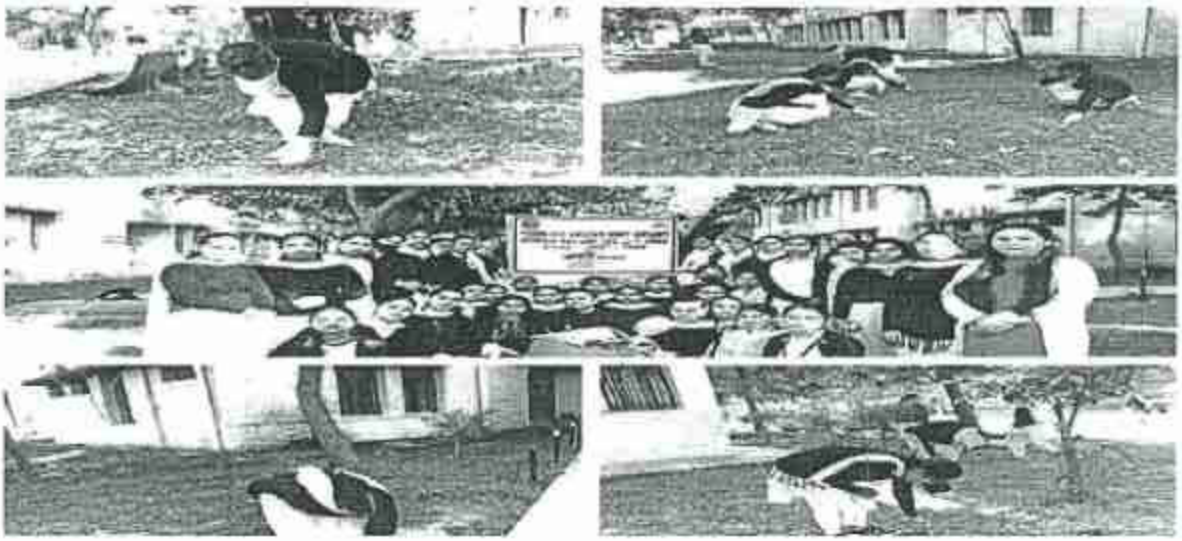
**Cleanliness Drive (07.12.2022) and Campus Embellishment with Lime Stone Powder(08.12.2022)**

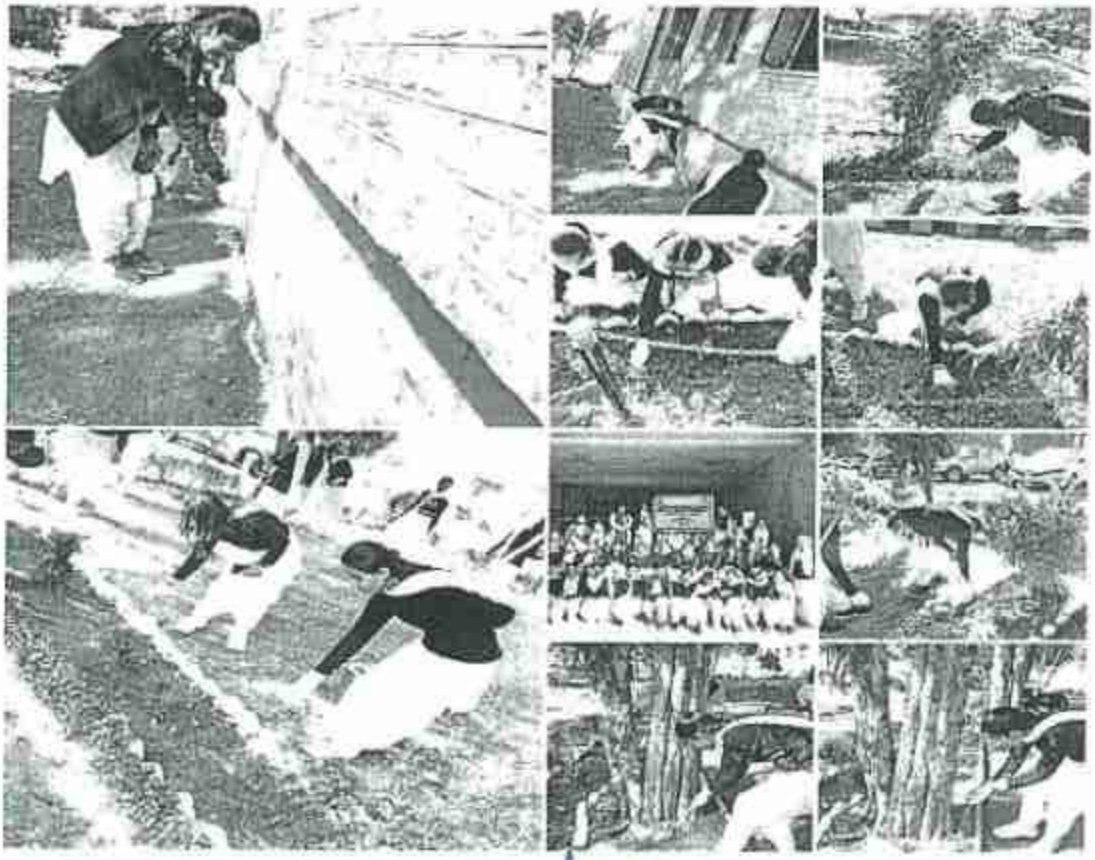
Under the banner of My Town My Pride, the 5th and 6thevent was organized by PSPS Govt. PG College for Women, Gandhi Nagar Jammu on Cleanliness Drive and Campus Embellishment with Limestone Powder.The events begin in the College campus and behind the Music department of the college respectively on the 07th and 8th of Dec. 2022whereir 37 students enthusiastically participated and propagated the message of keeping our surroundings clean and beautiful.The NSS Volunteers interacted with the students in the college campus and appealed to them to keep the campus clean because of its ambiance importance. Prof. Minu Mahajan, Principal of the College appreciated the students for their participation and addressed them to be responsible and responsive in enhancing college ornamentation.



# GOVT. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)





**G20 activities conducted at PSPS GovT.College For Women Gandhi Nagar under the banner of s G20 India's G20 Presidency 2023.**

| S.No | Name of Activity | Date |
|---|---|---|
| 1 | Expert Talk "Standard of life and Diseases" | 15-02-2023 |
| 2 | Seminar on equal opportunities for Men and Women | 20-02-2023 |
| 3 | Energy conservation drive in the campus | 27-02-2023 |
| 4 | Poster Making on clean water and sanitation | 27-02-2023 |
| 5 | Adoptation and Awareness of Communities regarding sustainable use of resources | 03-03-2023 |
| 6 | World Women's day celebration(Gender sensitization at work places) | 13-03-2023 |
| 7 | Symposium on why sustainable Development | 14-03-2023 |
| 8 | World Water Day | 23-03-2023 |
| 9 | Plantation drive | 31-03-2023 |
| 10 | Launch of 5G telecom service India-Benefits and Impact | 12-04-2023 |
| 11 | Awareness program on polythene Ban | 27-04-2023 |
| 12 | Cleanliness drive | 15-05-2023 |
| 13 | Plantation drive( in collaboration with Forest Dept.) | 24-04-2023 |
| 14 | Green Bouquet and Green Badges competition | 09-07-2023 |

Convenor

G20 Club

# G20 CLUB

## IN COLLABORATION WITH DEPARTMENT OF URDU IS ORGANIZING EXPERT TALK ON "STANDARD OF LIFE AND DISEASES"

**On 15/02/2023 at 10.00 A.M**

## : College Auditourim



**Chief Patron**
Prof. Minu Mahajan
Principal

**Organising Committee**
Prof. S.S.Parihar (Convernor)
Prof. Anupama Sharma
Prof. Neelam Thapa
Prof. Ajaz Ahmad
Prof. Javaid Iqbal
Prof. Ashma Gupta
Prof. Neha Antal
Prof. Suraj Mahani
Prof. Paramjeet Singh
Prof. Harmeet Singh
Prof. Kulbir
Prof. Sunita Devi
Mr. Ravinder Kumar Acad.Arr. Lecture



**Resource Person**
Dr Rakesh Bali
Professor
Community Medicine GMC, Jammu

## STANDARD OF LIFE AND DISEASES"

# Press Release

The G-20 Club of PSPS Govt. College for women Gandhinagar, Jammu in collaboration with the Department of Urdu under the abled guidance of the Prof. Minu Mahajan, Principal of the college organized an expert talk on the theme 'Standard of life and diseases". The Resource Person of the event was Prof. Rakesh Bahl, (Professor, Community Medicine, GMC, Jammu). The event started with the lightening of traditional lamp followed by Ganesh vandana. The formal welcome address was given by Prof. Anupma Sharma. Prof. Sughanda Mahajan gave the keynote address that followed, outlining the G-20 group's makeup, responsibilities, and significance in geopolitics for sustainable development. Resource person Prof. Rakesh Bahl in his speech, highlighted how people's changing lifestyles have given rise to a number of lifestyle diseases. The use of various electronic appliances has led to a number of issues, including Right thumb syndrome, in which users are forced to use their right thumb exclusively to control all routine actions. He explained how eating unhealthy foods is making young generations sick. He continued by saying that various issues, such as high blood pressure and diabetes, which were formerly referred to as Richman's disease, are now present in almost every social class. To stop the rise in lifestyle diseases among people, Professor Bahl proposed corrective measures. The queries of the students and the faculty members were also addressed by the resource person. Professor Minu Mahajan, the worthy Principal of the college in her address congratulated the entire team and applauded the initiatives taken by the G- 20 Club for sensitising the young masses. More than 300 students and the faculty members from various departments were present on the occasion. The Convener Prof. S.S.Parihar Convener and other members of the Club remained quite instrumental for making this event successful. The event ended with Vote of Thanks by Dr Javaid Iqbal.

Convener




روزنامہ لازوال

email:- lazawaljammu@gmail.com

Volume No. 38, Issue No:- 46 | Pages 12 | ₹5 | Thursday 16, Feb, 2023

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کالج برائے خواتین گاندھی نگر نے شعبہ اردو کی شراکت سے کیا ایک خصوصی طبی لیکچر کا انعقاد

ہم لوگوں کے بدلتے ہوئے طرز زندگی نے ہماری صحت اور ہمارے مستقبل کو خطرے میں ڈال رکھا ہے: ڈاکٹر پروفیسر رائیش پہل

# Extension Lecture on 'Standard of life and diseases' organised at GCW Gandhi Nagar

JL NEWS SERVICE



**JAMMU, Feb 15:** The G-20 Club of PSPS Government College for Women Gandhinagar, in collaboration with the Department of Urdu, organized an expert talk on the theme 'Standard of life and diseases" here today under the guidance of the College Principal Prof. Minu Mahajan.

The Resource Person of the event was Prof. Rakesh Bahl, (Professor, Community Medicine, GMC, Jammu). The event started with the lighting of traditional lamps followed by Ganesh vandana.

The formal welcome address was delivered by Prof. Anupama Sharma. Prof. Sughanda Mahajan presented the keynote address that followed, outlining the G-20 group's makeup, responsibilities, and significance in geopolitics for sustainable development.

Prof. Rakesh Bahl, Resource Person, in his talk highlighted the changing lifestyle of the people which has resulted in a number of lifestyle diseases. "Modern technological gadgets have resulted in a number of problems one such as Right thumb syndrome where the people are becoming slaves of their right thumb to control all the routine activities while using various electronic appliances," he said. He elaborated that young generations are getting sick by consuming unhealthy foods.

Professor Bahl suggested remedial measures to control the increased lifestyle diseases among the individuals. For that, he encouraged the importance of physical activities, balanced diet, less sugar intake and coping strategies to relieve stress and to enjoy a healthy life.

The queries of the students and the faculty members were also addressed by the resource person.

Professor Minu Mahajan, in her address, congratulated the entire team and applauded the initiatives taken by the G-20 Club for sensitising the young masses. Over 300 students and the faculty members from different departments were present on the occasion.

The Convener Prof S.S Parihar and other members of the Club remained quite instrumental for making this event successful. The technical support for the event was provided by the Department of Computer Science.

The event ended with the formal vote of thanks by Prof. Javed Iqbal.



# Extension Lecture on 'Standard of life and diseases' organised at GCW Gandhi Nagar

**GJ REPORT**

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**Dignitaries and participants during an extension lecture at GCW Gandhi Nagar Jammu.**

# G20 CLUB

## IN COLLABORATION WITH DEPARTMENT OF EDUCATION IS ORGANIZING

## Seminar: ON EQUALITY OF OPPORTUNITIES FOR MEN AND WOMEN

On 20/02/2023 at 11.00 A.M

Venue: Smart Class Room



Chief Patron
Prof. Minu Mahajar
Principal

### Organising Committee

Prof. S.S Parihar (Convener)
Prof. Anupama Sharma
Prof. Neelam Thapa
Prof. Ajaz Ahmad
Prof. Javaid Iqbal
Prof. Ashma Gupta
Prof. Neha Antal
Prof. Suraj Mohani
Prof. Paramjeet Singh
Prof .Harmeet Singh
Prof. Kusum
Prof. Sunita Devi
Mr. Ravinder Kumar Acad.Arr. Lecture



Dr Rupinder Kaur
Head of the Department
Education

Theme:

**Equality of opportunities for Men and Women**

(574)

# Seminar on "Equal opportunities for men, women" organised at PSPS GCW Gandhinagar

■JL NEWS SERVICE



**JAMMU, Feb 20:** The G-20 Club of PSPS Govt. College for Women Gandhinagar, Jammu, in collaboration with the Department of Education, under the charismatic leadership of Prof. Minu Mahajan, Principal of the college, organized a seminar on "Equal opportunities for men and women" in a series of activities going under the banner of G20 awareness.

The event started with a formal inaugural address by Dr. Rupinder Kour, Head of the Department of Education. In her address, she pointed out the need and importance of gender equality in different spheres of life.

The Principal, in her speech, acquainted the college girls about their rights and duties about their gender and of others. "A nation can progress and attain higher growth only when both men and women are entitled to equal opportunities."

She said, Prof. Neetu Raina, in her keynote address, explained the concept of Gender equality in depth. The proceedings of the event were carried out by Prof. Anupama Sharma.

Mehakdeep Kour, Charu Attri, Kamini Sharma, Sheeraza, Aliya Qayum, Mehak and Nidhi Thakur (President of The College) delivered their extensive talk on legal, social, psychological and educational background favouring Gender Equality.

More than 100 students and other faculty members were present on the occasion.

For the smooth functioning of the event, Convener Prof. S.S. Parihar and members of G-20 put their handsome efforts.

The event ended with a formal vote of thanks by Prof. Ajaz Ahmad Lone

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# Seminar on 'Equal opportunities for men, women' organized



■ TNN BUREAU

**JAMMU:** The G-20 Club of Padma Shri Padma Sachdev Government PG College For Women in collaboration with the Department of Education organized a seminar on "Equal opportunities for men and women" in a series of activities going under the banner of G20 awareness.

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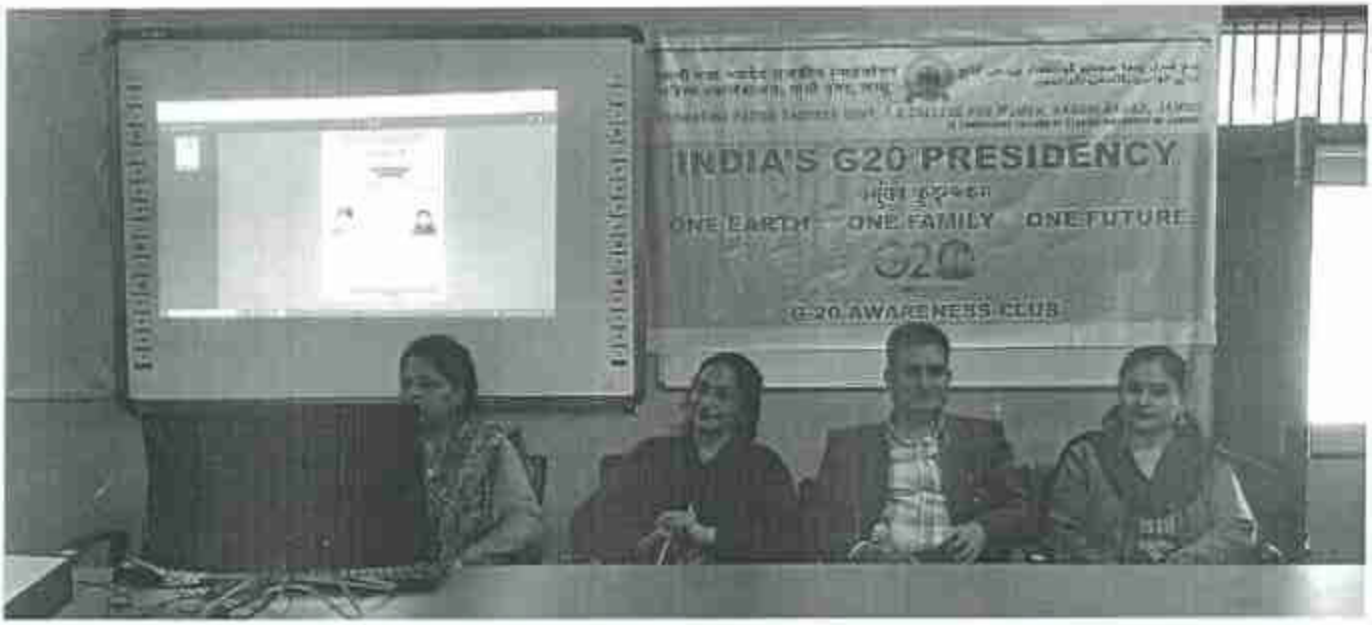
## ...st beauty pageant | Army holds debate






No. of Students = 30

# PADMA SHRI PADMA SACHDEV
# Govt. College For Women, Gandhi Nagar
(A constituent college of Cluster University Jammu)



Patron
Prof. Minu Mahajan

वसुधैव कुटुम्बकम्
ONE EARTH • ONE FAMILY • ONE FUTURE

## *Department of Physics & Department of Environmental Sciences in collaboration with G 20 Club Organizes Energy Conservation Drive in the Campus On 24th February, 2023*

## *Activities to be undertaken*

1. *Slogan Writing Competition*
2. *Awareness rally for Energy Conservation*

## *Time and Venue*

*11:30 am at Department of Physics*

**Convener**
Dr. B. D. Sehgal
Co-convener
Prof.Nisha Bhagat

**Organizing Committee**
G 20 Club
Department of Physics
Department of Environmental Sciences

# PSPS GCW, Gardhi Nagar organises activities under G 20 awareness

The G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar in collaboration with Department of Physics, Department of Environmental Sciences and Department of Zoology organised energy conservation drive in the campus which included a slogan writing competition, poster making competition and an awareness rally on 27th February 2023. The program was held under the patronage of worthy Principal, Prof. Minu Mahajan.

A group of 20 students participated in slogan writing competition on the theme of energy conservation. Dr. B. D. Sehgal, HoD, Physics formally welcomed the participants and Jury members for the event. Slogans were adjudged by Prof. Mala Bhasin, HOD, Department of Botany and Prof. Shally Chada, Associate Professor, Department of Chemistry. First three positions were bagged by Nancy Devi, Enu Sharma and Parul Sharma of Semester-I respectively.

Another event of Poster making competition on the theme clean water and sanitation was organised by Department of zoology in which 20 students participated. The judges for the event were Prof. Kamlesh Sathia, Dean Sciences, Prof. Mala Bhasin, HoD, Department of Botany and Prof. Anju Koul, Department of Botany. First three positions were bagged by Sakshi Devi, Hitaishi and Anvi of Semester-III respectively. Prof. Vasudha Chaudhari, HoD Zoology congratulated the students and applauded their efforts.

These two activities were followed by an awareness rally within the college campus in which students and faculty members participated enthusiastically raising the slogans about conserving the dwindling energy resources. The events were successfully conducted under the guidance of Prof. S. S. Parihar, convener, G 20 club. The members of G 20 club, faculty members of the Department of Physics, Department of Zoology and Department of Environmental Sciences ensured the smooth conduct of the event.

Convener




# Women College Gandhi Nagar organises activities under G 20 awareness

EARTH NEWS SERVICE

**Jammu, Feb 27 :** The G 20 club of Padma Shri Padma Sachdev Government College for Women, Gandhi Nagar, in collaboration with Department of Physics, Department of Environmental Sciences and Department of Zoology, on Monday organised energy conservation awareness drive on the college campus which included a slogan writing competition, poster making competition and an awareness rally. The program was held under the patronage of the College Principal, Prof. Minu Mahajan.

A group of 20 students participated in slogan writing competition on the theme of energy conservation. Dr. B. D. Sehgal, HoD, Physics formally welcomed the participants and Jury members for the event. Slogans were judged by Prof. Mala Bhasin, HOD, Department of Botany and Prof. Shally Chadda, Associate Professor, Department of Chemistry. The First three positions were bagged by Nancy Devi, Enu Sharma and Parul Sharma of Semester I respectively.



Another event of Poster making competition on the theme clean water and sanitation was organised by Department of Zoology in which 20 students participated. The judges for the event were Prof. Kamlesh Slatnia, Dean Sciences, Prof. Mala Bhasin, HoD, Department of Botany and Prof. Anni Koul, Department of Botany. First three positions were bagged by Sakshi Devi, Hitaishi and Anvi of Semester III respectively. Prof. Vasudha Chaudhari, HoD Zoology congratulated the students and applauded their efforts. The twin activities were followed by an awareness rally within the College campus in which students and faculty members participated enthusiastically amid chanting of the slogans about the conservation of the dwindling energy resources. The events were successfully conducted under the guidance of Prof. S. S. Parihar, convener, G 20 club. The members of G 20 club, faculty members of the Department of Physics, Department of Zoology and Department of Environmental Sciences ensured the smooth conduct of the event.





Faculty along with medal winners during the event

■ STATE TIMES NEWS

UDHAMPUR: Happy Mold School in collaboration with Dogra Athletic Club Udhampur, Vinod Sharma facilitated the students who have brought laurels to school and District by winning medals in 17th Master National Athletics Championship held at Abu in Rajasthan.

A felicitation facilitation function was organised by Happy Mold Foundation alongwith Jaman India Foundation, Master Sports Athletics Association, Dogra Athletics Club Udhampur and Roll Ball Association Udhampur.

On this occasion Padma Shree Prof. Shri Dutt Nawadi was the chief guest, who gave valuable tips to students about benefits of sports.

Dr. Ghanu Gulam and Vinod Sharma President Amar India Foundation (AIF) conquered the programme.

The chief guest Lt. Gurnam Ashok Kumar who had won show medals in the JAK UT level championship one gold, [illegible]

[illegible]

# Women College Gandhi Nagar organises activities under G-20 awareness

■ STATE TIMES NEWS

JAMMU: The G-20 club of Padma Shri Padma Sachdev Government College for Women, Gandhi Nagar, in collaboration with Department of Physics, Department of Environmental Sciences and Department of Zoology, on Monday organised energy conservation awareness here on the college campus which included a slogan writing competition, poster making competition and an awareness rally. The programme was held under the patronage of the College Principal, Prof. Mona Mahajan.

A group of 20 students participated in slogan writing competition on the theme of energy conservation. Dr. R. D. Sehgal, HoD, Physics formally welcomed the participants and Jury members for the event. Slogans were judged by Prof. Hale Bhasin, HoD, Department of Botany and Prof. Shally Chada, Associate Professor, Department of Chemistry.

The First three positions were bagged by Nancy Devi, Ekta Sharma and Parul Sharma of Semester-I respectively.

Another event of Poster making competition on the theme clean water and sanitation was organised by Department of Zoology in which 20 students participated. The judges for the event were Prof. Kendrik Sathu, Dean Sciences, Prof. Hale Bhasin, HoD, Department of Botany and Prof. Anju Kaul, Department of Botany. First three positions were bagged by Sakshi Devi, Himashi and Asra of Semester-III respectively. Prof. Vandita Chaudhary, HoD Zoology congratulated the students and applauded their efforts.

The twin activities were followed by an awareness rally within the College campus in which students and faculty members participated enthusiastically until starting of the slogans about the conservation of the dwindling energy resources. The events were successfully conducted under the guidance of Prof. S. S. Pathan, convener G-20 club. The members of G-20 club, faculty members of the Department of Physics, Department of Zoology and Department of Environmental Sciences ensured the smooth conduct of the event.



Students along with faculty displaying posters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(Display/Classified)

[illegible]

# Women College Gandhi Nagar organises activities under G 20 awareness



HIMALAYAN MAIL NEWS
JAMMU, FEB 27

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(587)

# P.S.P.S GOVT. P.G COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU

**(A constituent college of Cluster University of Jammu)**



CONVENOR



Dr.Vasudha Chaudhari
H.O.D Department of Zoology

## G20 CLUB OF THE COLLEGE

## IN COLLABORATION WITH

## Department of Zoology

**is organising a**

## POSTER MAKING COMPETI TION

## ON 27TH FEBRUARY, 2023

F- PATRON



Dr. Minu Mahajan
Principal

***THEME: CLEAN WATER AND SANITATION***

*TIME: 11:00 AM*
*VENUE: DEPARTMENT OF ZOOLOGY*

ORGANIZING COMMITTEE

**G20 CLUB**
**AND**
**DEPARTMENT OF ZOOLOGY**

(3+)

PSPS GCW, Gandhi Nagar organises activities under G 20 awareness

The G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar in collaboration with Department of Physics, Department of Environmental Sciences and Department of Zoology organised energy conservation drive in the campus which included a slogan writing competition, poster making competition and an awareness rally on 27th February 2023. The program was held under the patronage of worthy Principal, Prof. Minu Mahajan.

A group of 20 students participated in slogan writing competition on the theme of energy conservation. Dr. B. D. Sehgal, HoD, Physics formally welcomed the participants and Jury members for the event. Slogans were adjudged by Prof. Mala Bhasin, HOD, Department of Botany and Prof. Shally Chada, Associate Professor, Department of Chemistry. First three positions were bagged by Nancy Devi, Enu Sharma and Parul Sharma of Semester-I respectively.

Another event of Poster making competition on the theme clean water and sanitation was organised by Department of zoology in which 20 students participated. The judges for the event were Prof. Kamlesh Slathia, Dean Sciences, Prof. Mala Bhasin, HoD, Department of Botany and Prof Anju Koul, Department of Botany. First three positions were bagged by Sakshi Devi, Hitakshi and Anvi of Semester-III respectively. Prof. Vasudha Chaudhari, HoD Zoology congratulated the students and applauded their efforts.

These two activities were followed by an awareness rally within the college campus in which students and faculty members participated enthusiastically raising the slogans about conserving the dwindling energy resources. The events were successfully conducted under the guidance of Prof S. S Parihar, convener, G 20 club. The members of G 20 club, faculty members of the Department of Physics, Department of Zoology and Department of Environmental Sciences ensured the smooth conduct of the event.

Convener

# PSPSG College organizes activities under G-20 awareness

**NL CORRESPONDENT**

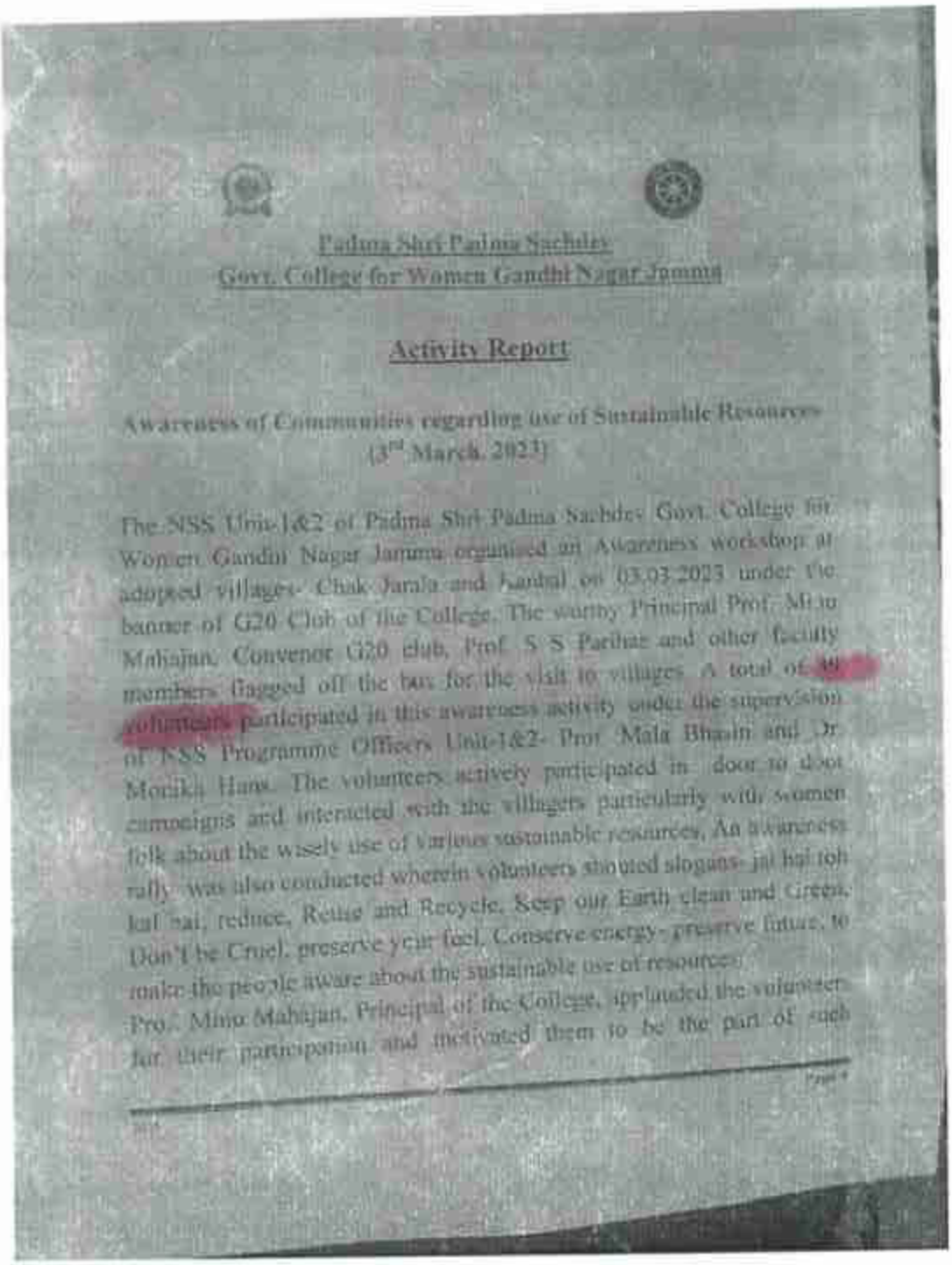
JAMMU TAWI, FEB 27 The G 20 club of Padma Shri Padma Sachdev Government College for Women, Gandhi Nagar, in collaboration with Department of Physics, Department of Environmental Sciences and Department of Zoology, on Monday organized energy conservation awareness drive on the college campus which included a slogan writing competition, poster making competition and an awareness rally. The program was held under the patronage of the College Principal, Prof. Minu Mahajan.

A group of 20 students participated in slogan writing competition on the theme of energy conservation. Dr. B. D. Sehgal, HoD, Physics formally welcomed the participants and Jury members for the event. Slogans were judged by Prof. Mala Bhasin, HOD, Department of Botany and Prof. ShallyChada, Associate Professor, Department of Chemistry.

The First three positions were bagged by Nancy Devi, Enu Sharma and Parul Sharma of Semester-I respectively.

Another event of Poster making competition on the theme clean water and sanitation was organised by Department of Zoology in which 20 students participated. The judges for the event were Prof. Kamlesh Slathia, Dean Sciences, Prof. Mala Bhasin, HoD, Department of Botany and Prof. Anju Koul, Department of Botany. First three positions were bagged by Sakshi Devi, Hitaishi and Anvi of Semester-III respectively. Prof. Vasudha Chaudhari, HoD Zoology congratulated the students and applauded their efforts.

The twin activities were followed by an awareness rally within the College campus in which students and faculty members participated enthusiastically amid chanting of the slogans about the conservation of the dwindling energy resources. The events were successfully conducted under the guidance of Prof. S. S. Parihar, convener, G 20 club. The members of G 20 club, faculty members of the Department of



Padma Shri Padma Sachdev
Govt. College for Women Gandhi Nagar Jammu

## Activity Report

**Awareness of Communities regarding use of Sustainable Resources**
**(3rd March, 2023)**

The NSS Unit-1&2 of Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar Jammu organized an Awareness workshop at adopted villages- Chak Jamla and Kanhal on 03.03.2023 under the banner of G20 Club of the College. The worthy Principal Prof. Minu Mahajan, Convenor G20 club, Prof. S S Parihar and other faculty members flagged off the bus for the visit to villages. A total of 30 volunteers participated in this awareness activity under the supervision of NSS Programme Officers Unit-1&2- Prof. Mala Bhasin and Dr. Monika Hans. The volunteers actively participated in door to door campaigns and interacted with the villagers particularly with women folk about the wisely use of various sustainable resources. An awareness rally was also conducted wherein volunteers shouted slogans- jal hai toh kal hai, reduce, Reuse and Recycle, Keep our Earth clean and Green, Don't be Cruel, preserve your fuel, Conserve energy- preserve future, to make the people aware about the sustainable use of resources.

Prof. Minu Mahajan, Principal of the College, applauded the volunteers for their participation and motivated them to be the part of such

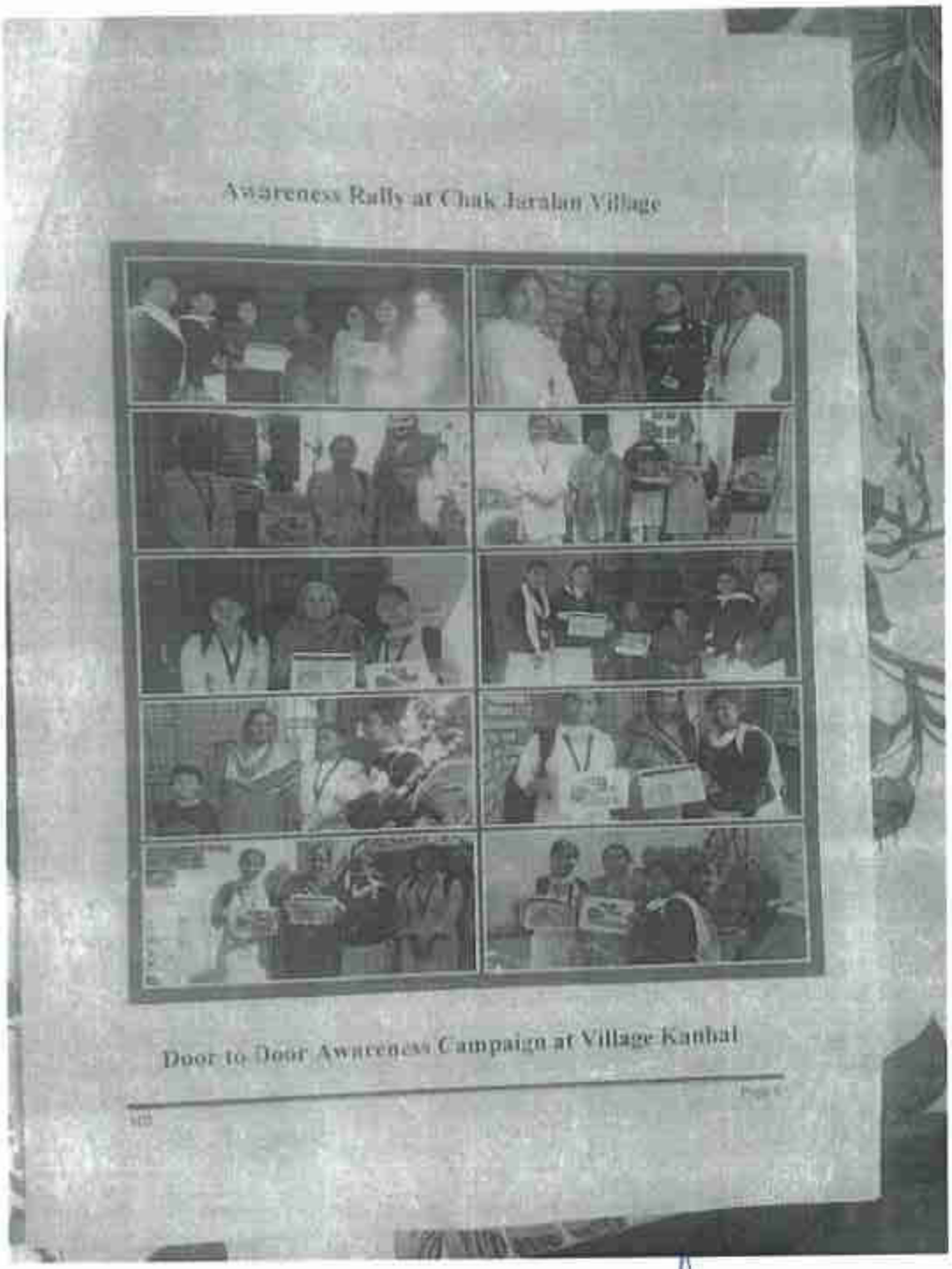
Padma Shri Padma Sachdev,
Govt. College for Women, Gandhi Nagar Jammu

Activity- Press Release

## GCW Gandhi Nagar organises awareness workshop on use of Sustainable Resources



STATE TIMES NEWS


Awareness Rally at Chak Jaralan Village
Door to Door Awareness Campaign at Village Kanbal

# Rally on World Water Day organised by GCW Gandhi Nagar

23.03.2023

■ STATE TIMES NEWS

JAMMU: The NSS units of Padma Shri Padma Sachdev Government College for Women, Gandhi Nagar organised an awareness rally at their adopted villages, Jarslan Chak and Kanhal, of tehsil Bishnah on Thursday under the banner of the college's G20 Club.

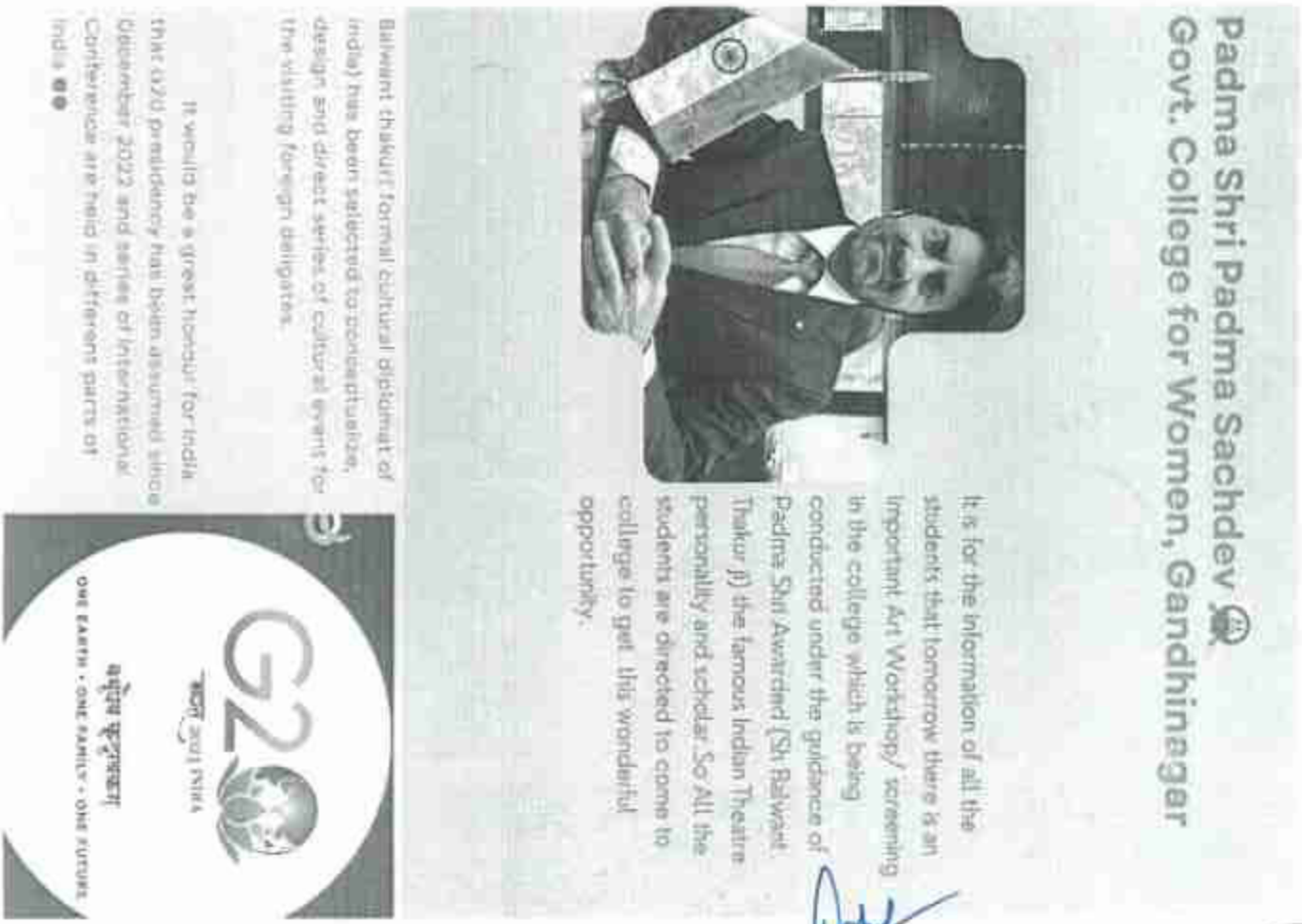
The rally was flagged off by Principal, Prof Minu Mahajan, Convenor G20 Club, Prof SS Parihar and other faculty members. 51 volunteers participated in this awareness activity under the supervision of NSS Programme Officers, Prof Mala Bhasin and Dr Monika Hans.

The volunteers actively participated in door-to-door campaigns and interacted with villagers about the wise use of various water resources. Sarpanch Jitendra Singh also participated in the rally and discussed the water resources of Chak Jarslan and Kanhal with the volunteers.

Prof Minu Mahajan applauded the volunteers for their participation and encouraged them to continue being part of such activities. She emphasised the necessity of taking strict action against the global water crisis and inspired volunteers to take appropriate steps to control issues like water pollution, water scarcity and sanitation of water resources. She appreciated the efforts of NSS POs for organising this awareness Rally in the adopted villages.



*NSS volunteers and faculty members during an awareness rally.*




(47)

# Report of the Activities of

## Department of English

## (Session 2022-2023)




**P.S.P.S Govt. PG College for Women**
**Gandhinagar, Jammu**
**Jammu and Kashmir**

**Invited lecture**

on the topic

***"Gender Sensitisation at Workplace: Issues and Challenges"***

by

**Dr. Vandana Sharma**



**Professor & Head**
Department of English
Central University of Jammu

on

13th March, 2023

## Organizing Committees

Patron:

**Prof. Minu Mahajan**

Worthy Principal, PSPS GCW Gandhinagar Jammu

Convener:

**Dr. Jyoti Dutt**

| | |
|---|---|
| Vote of thanks: | Dr. Shakun Mahajan |
| Hosting of the event: | Dr. Chetna Mahajan |
| Press Release: | Dr. Nidhi Choudhary and Dr. Shaveta Mangotra |
| Tea and Refreshment: | Prof. Neelam Thappa and Prof. Suman Bala |
| Stage and technical Arrangements | Dr. Kiran Kalra and Dr. Fayaz |
| Dias and Hall arrangement | Ms. Nisha and Mr. Paras |

# Report

Department of English at PSPS Govt PG College for Women Gandhinagar, under the overall guidance of Principal Prof. Minu Mahajan, organised an extension lecture on the topic **'Gender Sensitisation at Workplace: Issues and Challenges'** in collaboration with the G20 Awareness Club of the College. The event was convened by Head of the Department, Dr Jyoti Dutt, who also welcomed the guest speaker, Dr. Vandana Sharma, Head, Department of English, Central University of Jammu. Dr. Sharma, an expert on feminine issues in the society vociferously advocates for their rights and concerns. In her lecture, she provided an in-depth analysis of the issues and challenges faced by women at the workplace and advised the students to be prepared to face the challenges of tomorrow.

Students participated enthusiastically in the event as it was a great learning opportunity for them. Professor Minu Mahajan, Principal of the College, applauded the efforts of the Department in organising the event and encouraged students to participate in such activities which are relevant to current times and allow for thinking beyond stereotypical parameters. The event was conducted by Dr. Chetna Mahajan and the formal vote of thanks was presented by Dr. Shakun Mahajan. Other organising committee members included Prof Bindu Sharma, Prof Neelam Thapa, Dr Kiran Kalra, Dr Nidhi Choudhary, Prof Suman Bala, Dr Sheweta Magotra and Dr Fayaz Ahmed.

# Media Coverage

Newspoint
Wednesday | March 15, 2023

## ...s will emerge number ...y in assembly polls: Vikar



## Extension Lecture on Gender Sensitisation conducted at GCW, Gandhi Nagar



## ...ollege Dudu ...ganises symposium



## Dir Social Welfare Kashmir reviews the functioning of Senior Citizens Home Budgam

## Vinay Mum Trust to hold 5th Sarv Dharma Sammelan at Haripur

## PTTI Vijaypur Conducts Workshop cum lecture on stress Management

## ...ge as single ...oming ...r Sharma

## Shiv Sena asks Hindus to apply for arms license, appeal admin for priority for early renewal



## First Genetics study of Al Sindhwala Prepared at Banaras Hindu University

## ...DC Jindrah ...r making competition



## Funds Given under Finance Commission, not any Charity but lawful right of the PRIs: AJKPC



## Glimpses of the activity











Activity Outcome

- Increased awareness: The lecture would aim to raise awareness among the attendees about the importance of gender sensitization in the workplace. It would highlight the issues and challenges faced by individuals due to gender bias and discrimination.

- Knowledge enhancement: The lecture would provide participants with a deeper understanding of the concept of gender sensitization and its significance in creating an inclusive work environment. It would cover topics such as unconscious bias, stereotypes, harassment, and diversity.

- Empathy and perspective-building: The lecture would encourage participants to develop empathy towards individuals of different genders and understand their unique perspectives and experiences. It would promote a more inclusive and respectful workplace culture.

- Identification of challenges: The lecture would help participants recognize the specific challenges and obstacles that exist in their own workplaces regarding gender sensitization. It may include discussions on systemic issues, unequal power dynamics, and cultural factors that contribute to gender disparities.

- Strategies and solutions: The lecture would provide participants with practical strategies and solutions to address gender-related issues in the workplace. It may include suggestions for policy changes, awareness campaigns, training programs, and fostering a supportive work environment.

- Engagement and discussion: The lecture would facilitate interactive sessions where participants can share their thoughts, ask questions, and engage in meaningful discussions. This would encourage them to reflect on their own behaviors and contribute to creating a more gender-sensitive workplace.

Padma Shri Padma Sachdev
Govt. College for Women Gandhi Nagar Jammu

## Department of Botany

### ACTIVITY REPORT

International Day for Biological Diversity-2023(22.05.2023)

Department of Botany Padma Shri Padma Sachdev Govt. College for Women Gandhi Nagar Jammu organised an activity on the theme- Nursery Raising, Rescue, Adopt and Propagate' in collaboration with G2y Club of the College on 22.05.2023 to celebrate International Day for Biological Diversity-2023 The aim of this activity was to adopt wild growing saplings, taking care of them in hands climate and transplant them in better environmental conditions. A total of 50 students participated in the activity with great zeal and enthusiasm. The worthy Principal of the College, Prof. Mina Mahajan was the Chief Guest who inaugurated the activity. Prof. Mala Bhasin, Convenor and Head of Department of Botany warmly welcomed the esteemed dignitaries and threw light on this year's theme- From Agreement to Action, Build Back Biodiversity.
Interacting with students, worthy Principal Prof. Mina Mahajan appreciated the participation of students and motivated them to be the part of Biodiversity Conservation Programmes. The event was coordinated successfully by the members of organizing Committee- Dr. Harjeet Kour Sachdev, Dr. Anju Kaul, Prof. Sonia Hamid, Dr. Renu Sharma, Prof. Meenakshi Sharma, Prof. Sonia Singh and Dr. Mojen Qadir Malik along with Mr. Bilal Ahmad, Mr. Vikas and Mr. Chaitu





59

today at 3:55 pm

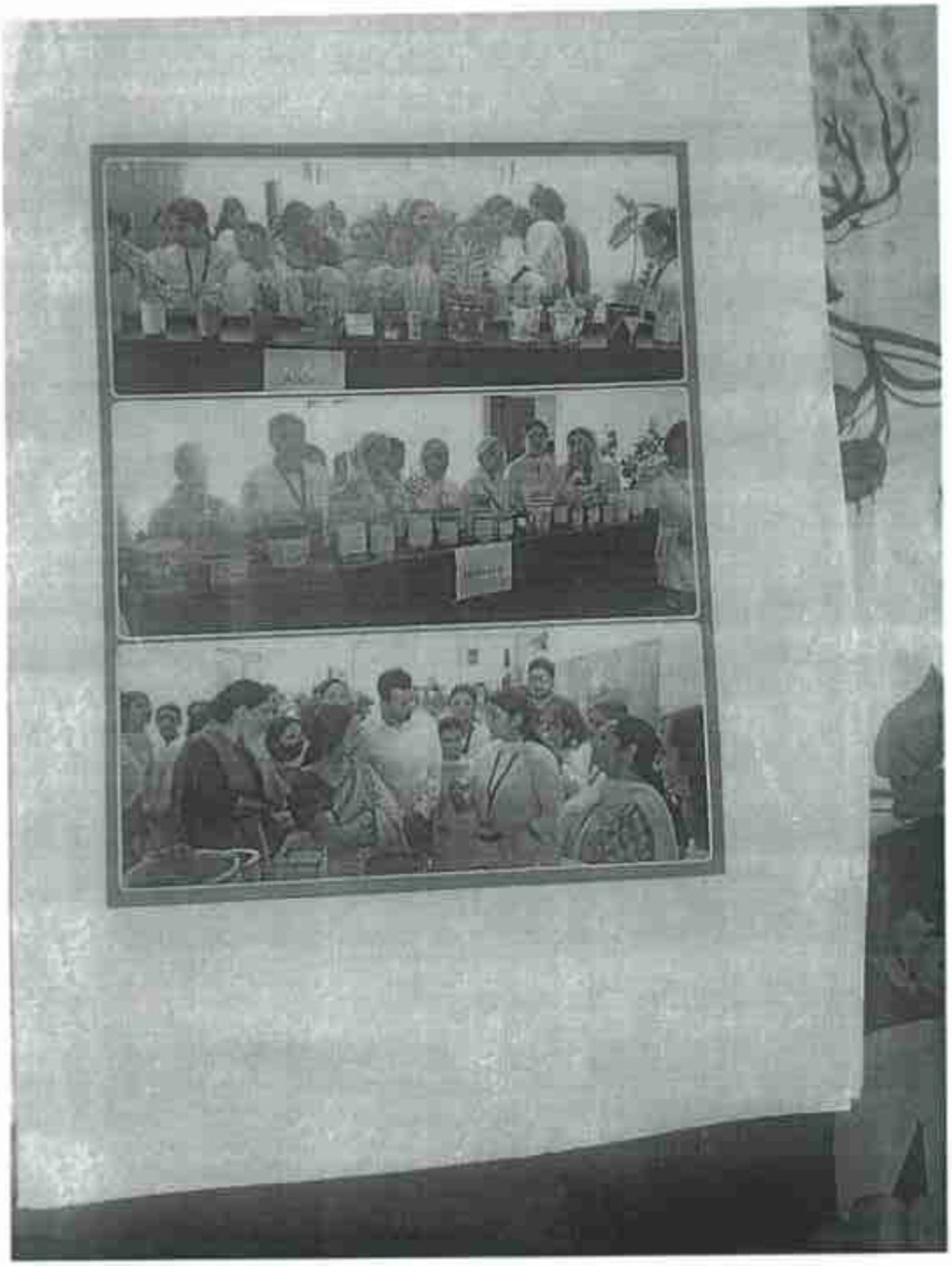
Singh. The activity was also attended by Prof. Surender Pachar, Customer Officials and members: Prof. Parsanjeet Singh and Prof. Sugandha Mahajan.







55







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# Botany Deptt of PSPS GCW Gandhi Nagar celebrates International Day for Biological Diversity




*PSPS GCW Gandhi Nagar students and faculty members during a programme.*

■ **STATE TIMES NEWS**

JAMMU: To celebrate International Day for Biological Diversity-2023, Department of Botany Padma Shri Padma Sachdev (PSPS) Govt. College for Women (GCW) Gandhi Nagar Jammu organised an activity-Nursery Raising on the theme- Rescue, Adopt and Propagate, in collaboration with G20 Club of the College. The aim of this activity was to adopt wild growing saplings, taking care of them in harsh climate and transplant them in better environmental conditions. A total of 59 students participated in the activity. The Principal, Prof. Minu Mahajan was the Chief Guest who inaugurated the activity. Prof. Mala Bhasin, Convenor and Head of Department of Botany welcomed the dignitaries and threw light on this year's theme- From Agreement to Action Build Back Biodiversity. Interacting with students, Prof. Minu Mahajan appreciated the participation of students and motivated them to be the part of Biodiversity conservation programmes. The event was coordinated successfully by the members of organising Committee Dr. Anju Koul, Dr. Harjeet Kour, Prof. Sania Hamid, Dr. Renu Sharma, Prof. Meenakshi Sharma, Prof. Swarn Singh and Dr. Moien Qadir Malik along with Bilal Ahmed, Vikas and Chain Singh. The activity was also attended by Prof. Surinder Purihar, Convenor G20 club and members- Prof. Paramjeet Singh and Prof. Sugandha Mahajan.

PSPS GCW, Gandhi Nagar organises symposium under G 20 awareness

The G 20 club of P.S.P.S. Government College for Women, Gandhi Nagar in collaboration with Department of Geography, Department of Economics and Department of Environmental Sciences organised a symposium on Why Sustainable Development? under the patronage of worthy Principal, Prof. Minu Mahajan.

Prof. Kamlesh Salathia, HoD, Geography formally welcomed the speakers and the audience for the event. A total of 15 speakers participated in the event and shared their opinion and insights on the topic. The aim of symposium was to make the students aware of the sustainable development at local, national and global scale. As many as fifteen students deliberated upon this topic. Sustainable development as envisaged by the United Nations is fundamental requirement for sustainable global ecosystem which can only be achieved by the judicious and justified use of available natural resources. So, that we can pass on a healthy and resourceful environment to future generations and sustain life on Planet Earth. Participants also discussed the importance of 17 Sustainable Development Goals to attain sustainability.

The event was successfully conducted under the guidance of Prof. S. S. Parihar, convener, G 20 club. Prof. Rajni Kumari, (HoD, Economics), Prof. Geetika Goswami, Prof. Sandeep Kour, Dr. Ravinder Kumar and Prof. Shamim ensured the smooth conduct of the event. Dr. B. D. Sehgal, (HoD, Physics) & Prof. Mala Bhasin (HoD, Botany), Staff Secretary also graced the occasion with their valuable presence. The formal vote of thanks was presented by HoD, Environmental Sciences.

Convener


INDIA'S G20 PRESIDENCY
ONE EARTH • ONE FAMILY • ONE FUTURE
G-20 AWARENESS CLUB

Padma Shri Padma Sachdev
Govt. College for Women,
Gandhi Nagar, Jammu

*(A constituent College of Cluster University of Jammu)*

# Institutional Innovation Club

**of the College**
**In collaboration with**

# G20 CLUB

**is Organizing**
**Pinwheel Discussion**
**on the topic**

## *Launch of 5G Telecom Service India- Benefits and Impact*



***Patron***
***Prof. Minu Mahajan***
***(Principal)***

***12th April, 2023***
**At 10:00 am**
***Venue : RKB-8***

***Convener G20 CLUB:***
***Dr. S.S Parihar***

***Members of the IIC:***
1. ***Prof. Anupama Sharma***
2. **Prof. Poonam**
3. ***Dr. Nidhi Suri***
4. ***Prof. Suman Bala***
5. ***Prof. Rohit Gupta***
6. ***Prof. Mamta Kundal***
7. ***Dr. Ashok Kumar***
8. ***Prof. Sunita Devi***
9. ***Prof. Abhinav Sharma***
10. ***Prof. Sugandha Mahajan***
11. ***Dr. Deepti Abrol***

64

10:09 4G 80%

## ia Hockey Centre s exhibition match



## Borderline Club Pallanwala Jammu win Volleyba



## fillets Fest' concludes at GCOE, Jammu



## Gagcre Club win



## ps calm despite Dhoni ls win thriller by 3 runs



**G-20 Club of PSPS GCW Gandhi Nagar organises discussion on 'Launch of 5G Telecom services'**



## Shaheed Sarfr Tournament cc



### SCOREBOARD









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INDIA'S G20 PRESIDENCY
वसुधैव कुटुम्बकम्
ONE EARTH · ONE FAMILY · ONE FUTURE
G-20 AWARENESS CLUB
G20
INSTITUTIONAL
INNOVATION
CLUB

# ACTIVITY REPORT OF ENTREPRENEURSHIP DEVELOPMENT PROGRAMME

**20/12/2022- 30/12/2022**

INSTITUTIONAL INNOVATION CLUB GCW
GANDHINAGAR

Gmail dir.he jk <dir.he.jk@gmail.com>

# Conduction of Entrepreneurship Development Program at SMVDU Kakryal, Katra

Dean FOM <dean.fom@smvdu.ac.in> Wed, Dec 7, 2022 at 5:06 PM
To: dir.he.jk@gmail.com

Prof. (Dr.) Yashmeen Ashai,
Director Colleges,
Higher Education Department
Jammu.

With reference to telephonic discussion with you on Monday , please find enclosed the **head-wise budget of the program**, furthermore as enquired in this project we have remaining funds available with us of **Rs.6,70000/-**(Approximately).
Regards
[Quoted text hidden]
–
Warm Regards
Dr. Supran Kumar Sharma,
I/c Dean, Faculty of Management,
Shri Mata Vaishno Devi University, Kakryal, Katra, J&K-182320

3 attachments

- **Letter to Director Colleges 02122022.pdf** 461K
- **SCHEDULE EDP FINAL 01dec 2022.pdf** 43K
- **BUDGET dec.pdf** 30K

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Government of Jammu and Kashmir
Directorate of Colleges,
Higher Education Department
(12-C Extension Gandhinagar Jammu)

Convenor IQC to do the needful
12.12.2022

Principal Secretary to Government,
Higher Education Department,
Civil Secretariat, Jammu/Srinagar.

No: DC-HE/2022/1795 Dated: 09 -12 -2022

Sub: Conduction of Entrepreneurship Development Program at SMVD University, Kakryal, Katra.

Sir,

This is to inform your goodself that SMVDU in collaboration with HED has in the past conducted Entrepreneurship Development Programs in the online as well as offline mode. This office has received a revised DPR for the HED, J&K Sponsored project (HEDSS2020100363) entitled 'Entrepreneurship Programs for students of Jammu Division Colleges''

Entrepreneurship Development Program (EDP)' in the offline mode at SMVDU campus proposed to be conducted from 20th – 30th December, 2022. This program of 30 hours has to be delivered in this skill enhancement program for a batch of 90 students. This program will be conducted in continuation to a batch of fresh students. The detailed schedule of EDP is attached for your ready reference.

Pertinent to mention that Department of HED has already sanctioned and released money to the said University. It is out of the remaining funds that a headwise budget of program amounting to Rs. 2,70000 has been projected. The remaining funds to the tune of Rs. 6,70000 are still pending with them which will be utilised for another batch of students for a different training program.

Thanking You

Sincerely Yours

Director colleges
Higher Education Department

Copy to the:
1. Director Finance, Higher education Department.
2. Nodal Principal, Govt. College for Women, Parade, Jammu.
3. Master file/ Office record.

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## Schedule of Higher Education Department J&K, UT Sponsored Entrepreneurship Development Program at SMVDU, Katra

(20th to 30th December, 2022))

| Days | Session I (9.30 AM -11.30 AM) | Break | Session II (11.45 AM 1.45 PM) |
|---|---|---|---|
| Day 1 | Registration Inauguration followed by Why Entrepreneurship: Entrepreneurship- Concept | (11.30 AM - 11.45 AM) | Entrepreneurship-A Practical Way |
| Day 2 | Measurement of Entrepreneurial Competencies/Traits | | Entrepreneurship- Myths & Practicalities |
| Day 3 | MSMEs & Start-Ups in India- Challenges & Opportunities | | Artificial Intelligence, Big Data Analysis & Business Opportunities |
| Day 4 | Financial Aspects of MSME Unit- Project Cost, Source; Profitability; Projections, BEP, Fixed/working capital | | Traditional Marketing vs MSMEs Marketing |
| Day 5 | From Idea to Start-up - Business Plan Formulation | | Business Model Canvas |
| Day 6 | Business Ideas & Opportunities in the field of Sciences | | Communication Skills for Entrepreneurs - Interacting with people for better results |
| Day 7 | Frugal Innovations & Social Entrepreneurship | | Session-III (2.15 PM to 3.45PM Interface with successful entrepreneur. |

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- Students gain solid concepts and theories of Entrepreneurship. After the completion of this Training Programme which includes learning about the entrepreneurial mindset. Opportunity, recognition, business planning & financial management.
- Students by attending this programme can develop their creative power and ability & Generate innovative business ideas.
- It helps to develop Problem solving skills.
- Students find opportunity to connect with developing Enterpreneur building a strong network which helps to provide valuable resources & support for their start ups & Collaboration opportunities.
- Identify potential challenges and opportunities.
- Students can get Practical hand on experience through this programme.

## List of students Participated in EDP at SMVDU

| Name | Class | Father's name |
|---|---|---|
| Amisha Mothra | B.sc Nor. Medical Sem 4th | Naresh kumar |
| Gurneet kour | B.sc Non Medical Sem 4th | Jagjeet singh |
| Tanveer kour | B.sc Non Medical Sem 4th | Gurkirat singh |

Bench

# GOVERNMENT COLLEGE FOR WOMEN, GANDHINAGAR, JAMMU

## 1 JK GIRLS BN NCC Srinagar

## NCC CAMPS FOR THE SESSION 2022-2023

| S.NO | NAME OF THE CAMP AND PLACE | DATE | VACANCIES |
|---|---|---|---|
| 1 | SNIC JAKLI RC RANGRETH SRINAGAR | 15/06/2022 TO 26/06/2022 | 10 |
| 2 | CATC JAKLI RC RANGRETH SRINAGAR | 25/06/2022 TO 01/08/2022 | 15 |
| 3 | CATC CAMP AT Nagrota | 03/08/2022 TO 10/08/2022 | 21 |
| 4 | TSC Phase 1 | 12/08/2022 To 19/08/2022 | 12 |
| | Phase 2 | 20/08/2022 TO 27/08/2022 | 3 |
| | Phase 3 | 28/08/2022 To 04/09/2022 | 3 |
| | Phase 4 | 06/09/2022 To 12/09/2022 | 2 |
| | TSC Delhi | 13/09/2022 To 25/09/2022 | 2 |
| 5 | PARA BASIC camp at Agra | 01/09/2022 TO 23/09/2022 | 1 |

| | | | | |
|---|---|---|---|---|
| 7 | EBSB Delhi | 03/10/2022<br>11/10/2022 | To | 6 |
| 8 | EBSB Nagrota | 11/10/2022<br>20/10/2022 | To | 13 |
| 10 | RDC Phase 1 | 29/11/2022<br>06/12/2022 | To | 10 |
| | Phase 2 | 07/12/2022<br>14/12/2022 | To | 14 |
| | Phase 3 | 15/12/2022<br>22/12/2022 | To | 05 |
| | Phase 4 | 23/12/2022<br>31/12/2022 | To | 14 |
| | RDC Delhi | 01/01/2023<br>31/01/2023 | To | 04 |
| 11 | SSB CAPSULE Nagrota | 10/01/2023<br>17/01/2023 | To | 02 |
| | | | | |
| | | | | |
| | | | | |

ANO: LT.DR Revika Arora

NCC/05310028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# SNIC

# JAK LI RC RANGRETH

# SRINAGAR

# 15-06-2022

# TO

# 26-06-2022

## 1 J&K GIRLS BN NCC Srinagar

**Govt. College for Women**

**Gandhi Nagar,Jammu**

**NOTICE**

Dated:- 3rd of May,2022

This is to hereby inform you all that there is SNIC camp going to be held at JAKLI RC RANGRETH SRINAGAR. The cadets interested to participate may submit their names by 13-05-2022.

Please make sure that the cadets once detailed are not changed at a later stage.

No. Of vacancies allotted:- 10

From :-15-05-2022 To 26-06-2022

ANO : LT.DR. REVIKA ARORA

# CATC

# JAKLI RC RANGRETH

# SRINAGAR

# 25-07-2022
# TO
# 01-08-2022

## 1 J&K GIRLS BN NCC Srinagar

**Govt. College for Women**

**Gandhi Nagar,Jammu**

**NOTICE**

Dated :- 23rd of June,2022

This is to hereby inform you all that there is CATC camp going to be held at JAKLI RC RANGRETH SRINAGAR. The cadets interested to participate may submit their names by 28-06-2022.

Please make sure that the cadets once detailed are not changed at a later stage.

No. Of vacancies allotted :- 10 + 5 reserved

From :- 25-07-2022 To 01-08-2022

ANO LT DR REVIKA ARORA

# P.S.P.S GTCW GANDHI NAGAR JAMMU

## NOMINAL ROLL FOR CATC JAKLI SRINAGAR

25-07-2022 To 01-08-2022

| S.No | NAME | RANK | REGIMENTAL No | PARENTAGE | CONTACT |
|---|---|---|---|---|---|
| 1. | Komal Meenia | CADET | JK20SNA/187035 | Krishna Meenia | 7006455411 |
| 2. | Shweta Bhagat | CADET | JK20SNA/187039 | Subash Chander | 9541333956 |
| 3. | Uttksha Slathia | CADET | JK20.SNA/187032 | DILBAR Bahadur Sinbh | 6006649720 |
| 4. | Pratiksha Slathia | CADET | JK20SNA/187033 | DILBAR Bahadur Sinbh | 6006582403 |
| 5. | Anam Shehzadi | CADET | JK20SNA/187062 | Rashik Ahmed | 6006496658 |
| 6. | Mallit Kour | CADET | JK20SNA/187046 | Jashpal Sinbh | 9419246435 |
| 7. | Vaishali chadotra | CADET | JK20SNA/187036 | Ram DITTA | 6006147326 |
| 8. | OJASVI | CADET | JKBL21SNA/187114 | Raj Kumar | 8491098252 |

Lt. Dr. Ruvika Arora
Associate NCC Officer
GCW, Gandhi Nagar
Jammu & Kashmir

9. Sanjna Mehta CADET JKBL21SWA/187101 Balvir Singh 7006370946
10. Riya Sharma CADET JKBL21SWA/187092 7051039481

## RESERVED CADET

| | | | | | |
|---|---|---|---|---|---|
| 1. | Tanu Sharma | CADET | JKBL21SWA/187093 | | 6005154075 |
| 2. | Riya Choudhary | CADET | JKBL21SWA/187094 | | 9596693840 |
| 3. | Vishali Kaith | CADET | JKBL21SWA/187097 | Deepak Kumar | 8493037864 |
| 4. | Riya Kaith | CADET | JKBL21SWA/187104 | Sukeet Kumar | 8899544299 |
| 5. | Ruvi Sharma | CADET | JKBL21SWA/187088 | Rachpal Chand | 6006207435 |
| | | | | | |

NCC/05310023
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 JAK Girls Bn Srinagar

# NUMBER OF CADETS: 15





# CATC

# NAGROTA

# 03-08-2022

# TO

# 10-08-2022



## 1 J&K GIRLS BN NCC Srinagar

**Govt. College for Women**

**Gandhi Nagar,Jammu**

**NOTICE**

Dated:- 3rd of July,2022

This is to hereby inform you all that there is CATC camp going to be held at JAKLI RC RANGRETH SRINAGAR. The cadets interested to participate may submit their names by 08-07-2022.

Please make sure that the cadets once detailed are not changed at a later stage.

No. Of vacancies allotted - 20

From :-03-07-2022 To 10-08-2022

ANO : LT.DR. REVIKA ARORA

# NUMBER OF CADETS

# PARTICIPATED: 21



# THAL

# SAINIK

# CAMP

PHASE 1 : 12-08-2022 TO 19-08-2022

PHASE2 : 20-08-2022 TO 27-08-2022

PHASE 3 : 28-08-2022 TO 04-09-2022

PHASE 4 : 06-09-2022 TO 13-09-2022

Tele: 0194-2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No. 0036/G/NCC/TSC/657

16 Jul 2022

The Principal

PSPS Govt PG College
GCW Gandhi Nagar, Jammu

GCW, Udhampur

Jodhamal Public School, Jammu

**ALLOTMENT OF VACANCIES FOR THAL SAINIK CAMP (TSC)-2022**

1. Following SW/JW vacancies are hereby allotted to the under mentioned institutions for Thal Sainik Camp (TSC)-2022: -

| Srl No | Name of Institution | No of vacancies | | Remarks |
|---|---|---|---|---|
| | | SW | JW | |
| (a) | PSPS Govt PG College, Gandhi Nagar, Jammu | 10 | - | |
| (b) | GCW Udhampur | 08 | - | |
| (c) | Jodhamal Public School, Jammu | - | 10 | |
| (d) | In addition following SW Cadets will compulsory attend: -<br>(i) JK&L20SWA/187032 Cadet Utiksha Slathia of PSPS Govt PG College, Jammu<br>(ii) JK&L21SWA/187114 Cadet Ojasvi of PSPS Govt PG College, Jammu | | | |

2. The various activities/competitions during camp are as follows: -

(a) Obstract Course
(b) MR
(c) H&H
(d) JD & FS
(e) Tent Pitching
(f) Line Area
(g) Best Cadet

3. **QR for Selection**. Screeing & selcection of suitable cadets to be done by Principal & ANOs on basis of academic and physical endurance. Following QR must be kept in mind while selction the cadets: -

(i) Academic oriented cadets with good uptake. Cadets with Science subject (65% and above) or with commerce/Arts (65% and above) will be identified for (MR/H&H/JD, FS & BC).

(ii) Performance & aptitude for shooting.

(iii) Final team will be selected during CATC camp at JAK LI RC Rangreth by Camp Comdt including reserve cadets.

(iv) **The Training of Selected Cadets**. Further training of selected will be conducted during CATC (N) S2 from 01 Aug to 10 Aug 22 at Nagrota.

4. **Medical on Arrival in the Camp**. All cadets will on arrival submit "medically fit" certificate signed by govt medical offr. In addition medical check will also be carried out on arrival at the camp.

5. The detailed cadets will report to Camp Comdt CATC camp at JAK LI RC Rangreth, Srinagar on 25 Jul 2022.

6. Institutions are requested to forward nominal roll of 2nd / 3rd NCC Cadets to this Bn by or before **20 Jul 2022** positively.

(Abhijit Nayyar)
Col
CO

# P.S.P.S GCW GANDHI NAGAR JAMMU

## NOMINAL ROLL FOR TSC PHASE-1

| S.No | NAME | RANK | REGIMENTAL NO. | PARENTAGE | CONTACT |
|---|---|---|---|---|---|
| 1. | KOMAL MEENIA | CADET | JK20SWA/187035 | KRISHNA MEENIA | 7006455411 |
| 2. | SHWETA BHAGAT | CADET | JK20SWA/187039 | SUBASH CHANDER | 9541339553 |
| 3. | VAISHALI CHOUDHARY | CADET | JK20SWA/187036 | RAM DITTA | 6006147326 |
| 4. | ANAM SHEHZADI | CADET | JK20SWA/187062 | KASHIR AHMED | 6006496658 |
| 5. | PARTIKSHA SLATHIA | CADET | JK20SWA/187033 | DILAR BAHADUR SINGH | 6006582403 |
| 6. | MALKIT KOUR | CADET | JK20SWA/187046 | JASWAL SINGH | 9419246435 |
| 7. | BHUMIKA SHARMA | CADET | JK20SWA/187059 | ASHWANI KUMAR | 7006449181 |
| 8. | PURVI SHARMA | CADET | JK&L21SWA/187088 | RACHPAL CHAND | 6006207435 |
| 9. | UTKARSH KAITH | CADET | JK&L21SWA/187077 | DEEPAK KUMAR | 9419038264 |
| 10. | RIYA KAITH | CADET | JK&L21SWA/187104 | SURJEET KUMAR | 8899544299 |
| 11. | SANJANA MANHAS | CADET | JK&L21SWA/187101 | BALVIR SINGH | 7006290946 |
| 12. | UTKARSHA SLATHIA | CADET | JK20SWA/187032 | DILAR BAHADUR SINGH | 6006649720 |

NCC/053-0028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# P.S.P.S GCW GANDHI NAGAR JAMMU
# NOMINAL ROLL FOR TSC PHASE-II

| S.No | NAME | RANK | REGIMENTAL No. | PARENTAGE | CONTACT. |
|---|---|---|---|---|---|
| 1. | Utiksha Slathia | CADET | JK20SWA/187032 | DILAR BAHADUR SINGH | 6006649720 |
| 2. | Bhumika Sharma | CADET | JK20SWA/187059 | ASHWANI KUMAR | 7006449181 |
| 3. | PURVI Sharma | CADET | JK&121SWA/187088 | RACHPAL CHAND | 6006207435 |
| | | | | | |

NCC/[illegible]
Lt. Dr. Revika Kotra
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# P.S.P.S GICW GANDHI NAGAR JAMMU.

## NOMINAL ROLL FOR TSC PHASE-III

| S.No | NAME | RANK | REGIMENTAL No. | PARENTAGE | CONTACT. |
|---|---|---|---|---|---|
| 1. | Utiksha Slathia | CADET | JK20SWA/187032 | OTAR BAHADUR SINGH | 6006649720 |
| 2. | Bhumika Sharma | CADET | JK20SWA/187059 | ASHWANI KUMAR | 7006449121 |
| 3. | Purvi Sharma | CADET | JK&L21SWA/187088 | RACHPAL CHAND | 6006207435 |
| | | | | | |

NCC/05310825
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# P.S.P.S GICW GANDHI NAGAR JAMMU

## NOMINAL ROLL FOR TSC PHASE - IV

| S.No | NAME | RANK | REGIMENTAL No. | PARENTAGE | CONTACT. |
|---|---|---|---|---|---|
| 1. | Utkrsha Slathia | CADET | JK20SWA/187082 | DILAR Bahadur Singh | 6006649720 |
| 2. | Bhumika Sharma | CADET | JK20SWA/187059 | ASHWANI KUMAR | 7006449181 |

NO/703310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# NUMBER OF CADETS

PHASE 1 : 12
PHASE2 : 03
PHASE 3 : 03
PHASE 4 : 02
TSC DELHI: 02









# PARA

# BASIC

# CAMP

01-09-2022
TO
23-09-2022

## 1 J&K GIRLS BN NCC Srinagar

**Govt. College for Women**

**Gandhi Nagar,Jammu**

**NOTICE**

Dated - 5th of August,2022

This is to hereby inform you all that there is a PARA BASIC camp going to be held at AGRA .

The cadets interested to participate may submit their names by 08-082022

Please make sure that the cadets once detailed are not changed at a later stage.

No. Of vacancies allotted - 01

From : 01-09-2022 To 23-09-2022

ANO : LT DR. REVIKA ARORA

# P.S.P.S GCW GANDHI NAGAR JAMMU

## NOMINAL ROLL FOR PARA BASIC CAMP AGRA

01-09-2022 to 23-09-2022

| S.No | NAME | RANK | REGIMENTAL No. | PARENTAGE | CONTACT. |
|---|---|---|---|---|---|
| 1. | AKRITI DOGRA | CADET | JK20SWA/187054 | ASHOK KUMAR | 600679284 |

NCC/[illegible]
Lt. Dr. [illegible] Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# NUMBER OF CADETS: 01













# EBSB

# DELHI

03-10-2022

TO

12-10-2022

ele: 0194-2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

le. 0041/G/NCC/EBSB/

11 Aug 2022

The Principal

_____

_____

**ALLOTMENT OF VACANCIES FOR EK BHARAT SHRESHTH BHARAT (EBSB) DELHI W.E.F. 03 OCT TO 12 OCT 2022**

1. Following vacancies are hereby allotted to the Institutions as per Appx 'A' attached to this letter please.

2. Institutions are requested to forward named of 2nd / 3rd year NCC cadets detailed for the EBSB by **13 Aug 2022** positively. Camp documents of the cadets must reach to this office by **10 Sep 2022**. Each Institution must earmark 100% reserve to ensure complete utilization of allotted vacancies.

3. Institution are requested to forwarde nominal roll in respect detailed reserved cadets as per format liven below: -

FORMAT

| Sri No | Regtl No | Name | Rank | Parantage | Instts | DoB | Aadhar No | Contact No | Address |
|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | |

Chaudhary
(Jyoti)
Maj
Adm Offr
For CO

# NUMBER OF CADETS: 06



Dr. [illegible] Arora
Associate NCC Officer
GCW, Gandhi Nagar
J&K Girls Br Srinagar

# EBSB

# NAGROTA,

# JAMMU

11-10-2022

TO

20-10-2022

Tele: 0194-2311089

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No. 0041/G/NCC/EBSB/

13 Aug 2022

The Principal

PSPS Govt PG College
Gandhi Nagar, Jammu

GCW Udhampur

Jodhamal Public School
Channi Bypass, Jammu

**ALLOTMENT OF VACANCIES FOR EK BHARAT SHRESHTH BHARAT (EBSB) JAMMU W.E.F. 11 OCT TO 20 OCT 2022**

1. It is intimated that NCC Gp HQ, Jammu is conducting EBSB Camp, Jammu to be held at NCC Camping Ground Nagrota, Jammu w.e.f. **11 Oct to 20 Oct 22**. Following vacancies are hereby allotted to the under mentioned institutions: -

| Sri No | Name of Institution | Vacancies allotted | Vacancies reserve | Remarks |
|---|---|---|---|---|
| (a) | PSPS Govt PG College, Jammu | 13 SW | 06 SW | |
| (b) | GCW, Udhampur | 12 SW | 05 SW | |
| (c) | Jodhamal Public School, Jammu | 06 JW | 04 JW | |

2. Institutions are requested to forward names of 2nd / 3rd year NCC cadets detailed for the EBSB, Jammu by **25 Aug 2022** positively. Camp documents of the cadets must reach to this office by **10 Sep 2022.** Each institution must earmark 100% reserve to ensure complete utilization of allotted vacancies.

3. Institutions are requested to forwarde nominal roll in respect detailed / reserved cadets as per format given below: -

**FORMAT**

| Sri No | Regtl No | Name | Rank | Parantage | Instts | DoB | Aadhar No | Contact No | Address |
|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | |

(Jyoti)
Maj
Adm Offr
For CO



NOMINAL ROLE FOR EBSB JAMMU

PS PS. GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR, JAMMU

Attn – Dr. Ravika Arora

From 11 Oct – 20 Oct

| S.No | Registration No | Name | Rank | Parentage | Institution | D.O.B | Aadhar No | Contact No | Address |
|---|---|---|---|---|---|---|---|---|---|
| 1. | JK&L/[illegible]/ 187096 | Sonia Bhatia | JUO | Roop Singh | PSPS Govt PG College for Women Gandhi Nagar, Jammu | 22/6/2002 | 405855983134 | 9596893982 | Durgapalpur, Jammu |
| 2. | JK&L/[illegible]/ 187082 | Rachna Devi | Cadet | Gyanda Chand | PS PS Govt PG College for Women Gandhi Nagar, Jammu | 19/01/2002 | [illegible] | [illegible] | Kotha Dalak Marwar Sahib |
| 3. | JK&L/[illegible]/ 187057 | Reem Devi | Cadet | Kishan Ram | PS PS Govt PG College for Women Gandhi Nagar, Jammu | 16/5/1998 | 964 [illegible] | [illegible] | Mohalla Mankot Jandiala Nagar Jammu |
| 4. | JK&L/[illegible]/ 187049 | Isha Sharma | Cadet | A. Dubey | PS PS Govt PG College for Women Gandhi Nagar, Jammu | 24/2/2002 | [illegible] | 9086835434 | Nai Basti, Jammu |
| 5. | JK&L/[illegible]/ 187064 | Reena Kumari | Cadet | Ashok Sharma | PSPS Govt PG College for Women Gandhi Nagar, Jammu | 15/1/2002 | [illegible] | [illegible] | Trikuta Nagar Jammu |
| 6. | JK&L/[illegible]/ 187072 | Meenu Pigalia | Cadet | Rattan Chand | PSPS Govt PG College for Women Gandhi Nagar, Jammu | 28/11/2002 | [illegible] | [illegible] | Krishna Mandir Bahu Fort, Jammu |
| 7. | JK&L/[illegible]/ 187041 | Jigyasa | Cadet | Roop Kumar | PS PS Govt PG College for Women Gandhi Nagar, Jammu | 4/8/2002 | [illegible] | [illegible] | Near Krishna Rajput Colony |

NCC/0557/0026
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

| S.No | Regimental No. | Name | Rank | Parentage | Institution | D.O.B | Aadhar No. | Contact No. | Address |
|---|---|---|---|---|---|---|---|---|---|
| 8. | JK&L20SWA/ 187048 | Sansha Kumari | Cadet | Yash Paul | P.S.P.S. Govt. PG College for Women Gandhi Nagar, Jammu | 12/12/2001 | 8312 0759 3498 | 6006398630 | Ranjani |
| 9. | JK&L20SWA/ 187118 | Mansi Sharma | Cadet | Om Dutt Sharma | P.S.P.S. Govt. PG College for Women Gandhi Nagar, Jammu | 25/12/2004 | 9405 9296 2443 | 8082289208 | Gulwaday Chak Jammu, teh Marh |
| 10. | JK&L21SWA/ 187081 | Nidhya Manhas | Cadet | Jagir Singh | P.S.P.S. Govt. PG College for Women Gandhi Nagar, Jammu | 13/8/2004 | 3736 1578 7408 | 9682529221 | Parwah |
| 11. | JK&L21SWA/ 187125 | Mansi Bhadia | Cadet | Darshan Kumar | P.S.P.S. Govt. PG College for Women Gandhi Nagar Jammu | 7/8/2003 | 9560 2808 4409 | 9797741425 | Rajpura Mangalwari, Jammu |
| 12. | JK&L21SWA/ 187133 | Siya Devi | Cadet | Som Nath | P.S.P.S. Govt. PG College for Women Gandhi Nagar, Jammu | 10/2/2004 | 3111 6935 7902 | 9103252424 | Tirwa |
| 13. | JK&L21SWA/ 187098 | Shriya Sharma | Cadet | Ram Prakash Sharma | P.S.P.S. Govt. PG College for Women Gandhi Nagar, Jammu | 28/12/2003 | 4374 0902 2443 | 6005772890 | Bhoun Camp Chatha |

NCC/05310028
Lt. Dr. Rewika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# RESERVE CADETS

| S.No. | Regimental No. | Name | Rank | Parentage | Institution | D.O.B. | Aadhar No. | Contact No. | Address |
|---|---|---|---|---|---|---|---|---|---|
| 1. | JKGL20SWA/ 187080 | Gagandeep Kaur | Cadet | Rajpal Singh | P.S.P.S Govt. Pg College for Women Gandhi Nagar Jammu | 22/10/2 | [illegible] | [illegible] | Digiana Ashram, Jammu |
| 2. | JKGL20SWA/ 187052 | Riya Devi | Cadet | Raghbir Singh | P.S.P.S Govt. Pg College for Women Gandhi Nagar, Jammu | 20/11/2003 | [illegible] | [illegible] | Mahwal Camp |
| 3. | JKGL20SWA/ 187069 | Rabiya Pawan | Cadet | Ankur Singh | P.S.P.S Govt. Pg College for Women Gandhi Nagar, Jammu | 21/10/2001 | [illegible] | [illegible] | Tarpwal, Akhnoor |
| 4. | JKGL21SWA/ 187102 | Seema Kumari | Cadet | Lallan Parwani | P.S.P.S Govt. Pg College for Women Gandhi Nagar Jammu | 20/4/2003 | [illegible] | [illegible] | Kunjwani Bajrani |
| 5. | JKGL21SWA/ 187111 | Pawana Bhagat | Cadet | Darbari Lal | P.S.P.S Govt. Pg College for Women Gandhi Nagar Jammu | 11/9/2003 | [illegible] | [illegible] | Chatha Mill, Jammu |
| 6. | JKGL21SWA/ 187140 | Ravinder Devi | Cadet | Barth Raj Sadgatha | P.S.P.S Govt. Pg College for Women Gandhi Nagar, Jammu | 4/10/2002 | [illegible] | [illegible] | Sahajjun, Pawan |

NCC/[illegible]
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# NUMBER OF CADETS: 13



NCC/0[illegible]
Lt. Dr. [illegible] Arora
Associate NCC Officer
GCW, Gulshan Nagar
1 J&K Girls Bn Srinagar

# SSB CAPSULE

# NAGROTA

10-01-2023

TO

17-01-2023

Tele: 0194-2311069

1 J&K Girls Bn NCC
Gogji Bagh
Srinagar

No. 001/G/NC/SSB/1769

04 Nov 2022

The Principal

PSPS Govt PG College
Jammu

GCW, Udhampur

GCW MA Road, Srinagar

GCW, Nawa Kadal, Srinagar

**ALLOTMENT OF VACANCIES FOR SSB COACHING CAPSULE SUPER-30**

1. Allotment of vacancies for SSB Coaching Capsule Super-30 are hereby allotted to the following Institutions:-

| Srl No | Name of Institution | Allotment of vacancies | Reserve of vacancies |
|---|---|---|---|
| (a) | PSPS Govt PG Collge Gandhi Nagar, Jammu | 01 SW | 01 SW |
| (b) | GCW Udhampur | 01 SW | 01 SW |
| (c) | GCW MA Road, Sgr | 01 SW | - |
| (d) | GCW Nawa Kadal, Sgr | 01 SW | - |

2. Nominal roll of the selected cadets should reach this Bn by **09 Nov 2022** positively for onward submission to higher HQs.

(Abhijit Nayyar)
Col
CO

# P.S.P.S GICW GIANDHI NAGAR JAMMU.

## NOMINAL ROLL FOR SSB CAPSULE NAGROTA

10-01-2022 TO 17-01-2022

| S.No | NAME | RANK | REGIMENTAL No. | PARENTAGE | CONTACT |
|---|---|---|---|---|---|
| 1. | Shallu Jasrotia | CADET | JK20SNA/187078 | LAL SINGH | 6005857122 |
| 2. | Bhumika Sharma | CADET | JK20SNA/187059 | ASHWANI KUMAR | 7006449181 |

HQC 05310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

# NUMBER OF CADETS: 02





# OFFICE OF THE PRINCIPAL
# PADMA SHRI PADMA SACHDEV
# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
*(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)*

No/WCG/777
Dt- 7/6/2023

To
Dr. Meena Sidhu
HOD, Blood Bank
GMC, Jammu

**Subject:-** To organize Blood Donation Camp in the college .

Madam,

A Red Cross Unit decided to organize a Blood Donation Camp on World Donor Day in the college premises. In this context, we shall be highly obliged if you kindly arrange Mobile Blood Collection Van on 13th of June, 2023, at 11:00 am. Also we need your active support for the above said purpose.

Looking forward for your cooperation.

Thanking you

Principal
PSPS Govt. College for Women
Gandhi Nagar
Jammu

Red Ribbon club

# OFFICE OF THE PRINCIPAL
# PADMA SHRI PADMA SACHDEV
# GOVT. P.G. COLLEGE FOR WOMEN GANDHI NAGAR JAMMU
(CONSITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)

NoPWC9/774
dt- 7/6/2023

To

Indian Red Cross Society
Jammu Region

**Subject:-** To organize Blood Donation Camp in the college.

Madam/Sir,

A Red Cross Unit decided to organize a Blood Donation Camp on World Donor Day in the college premises. In this context, we shall be highly obliged if you kindly arrange Mobile Blood Collection Van on 14th of June, 2023, at 11:30 A.M. Also we need your active support for the above said purpose.

Looking forward for your cooperation.

Thanking you

Principal
PSPS Govt. College for Women
Gandhi Nagar
Jammu

Jamm
(Red cross cell)

# PS PS GCW GANDHI NAGAR SUCCESSFULLY ORGANISES LIFE-SAVING BLOOD DONATION CAMP

In a noble effort to contribute to society and save lives, Red Cross Unit of PS PS GCW Gandhi Nagar successfully organised a blood donation camp on 12-06-2023 in the campus.The event witnessed an overwhelming response from students,Teaching and Non-Teaching faculty members, who actively participated and made a significant impact in the lives of those in need.

The event was organised in collaboration with the Department of Transfusion Medicine,Government Medical College and Hospital Bakshi Nagar Jammu,a reputable institution committed to ensuring a steady supply of blood for patients in critical conditions.

Prof Minu Mahajan, Principal of the College appreciated the active participation and enthusiasm shown by the students and faculty in this blood donation camp. She lauded the selfless acts of kindness which undoubtedly will make a significant impact in saving lives and improving the well-being of patients in need of blood transfusions.

During the camp, a dedicated team of seven medical professionals and trained volunteers led by Dr.Rubina (Blood Transfusion Officer) provided a safe and hygienic environment for blood donation. Stringent health and safety protocols were strictly adhered to, ensuring the well-being of all participants. Donors underwent a thorough screening process to ensure their eligibility and suitability for blood donation, and proper post-donation care was provided to guarantee their comfort and recovery.

The response to the blood donation camp was overwhelming, with thirteen students and three faculty members stepping forward to make the difference.The success of the blood donation camp was also due to the dedicated effort of Red Cross Unit of the College.Dr Shalini Sharma,Convenor of the Red Cross Unit,Dr Suraj Mohani Jamwal,Prof Eisha Gohil and Prof.Paramjeet Singh actively participated in the event. Dr Shalini Sharma,Dr Renu Anand and Prof Anupama Sharma donated blood during the Camp.

The blood collected during the camp will be supplied to Government Medical College and affiliated hospitals and medical centres, contributing to their life saving efforts. By organising this blood donation camp, PS PS GCW Gandhi Nagar Jammu once again demonstrates its commitment to social responsibility and fostering a culture of empathy and altruism among its students.

# OUTCOME

The Red Cross Unit meeting was held on 14th June May, 2023 in the Food Science Dept. to review the decision taken in earlier meeting held on 1st June, 2023. To celebrate "World Blood Donor Day" the "Awareness Camp on Blood Donation" at Gram Panchayat, Serhora, Bishnah was conducted successfully on 8th June, 2023. Twenty Nine Students along with the teaching and non teaching Staff from the Red Cross Unit conducted lectures, nukkad Natak and interactive sessions to emphasise the importance and the dire need for regular blood donations for saving lives of needy persons.

The Red Cross Unit also successfully organized a Blood Donation camp on 12th June, 2023 in the campus. A mobile van was arranged by the Department of Transfusion Medicine, Government Medical College, Jammu. Under the dedicated team of medical professionals , a total 13 students and three faculty members donated blood for this noble cause .

# PRESS RELEASE

## THE RED CROSS UNIT OF PSPS GCW GANDHI NAGAR ORGANISES WORLD RED CROSS DAY.

The Red Cross unit of PSPS GCW Gandhi Nagar, Jammu in collaboration with college IQAC organised a poster making competition on the topic - **"Organ donation"** to celebrate World Red Cross Day on 8th of May 2023 in college Smart Class Room. Dr Shalini Sharma, Convenor of the Red Cross Unit gave a formal welcome address. She apprised the students about this year's World Red Cross day theme " Everything we do comes #from heart". She emphasised on the celebration of this day with the spirit of humanitarianism and to recognise the individuals who make difference in their communities. Prof.Minu Mahajan, Principal of the college applauded the efforts taken by Red Cross Unit in sensitising the students on such issues of social relevance.

Prof Anuradha Gandotra ( HOD Food Science), Prof. Mala Bhasin ( HOD, Botany) and Dr Yash Paul Sharma (Convenor, IQAC) were the esteemed jury members of the event. About 10 (Ten) students participated in the competition. Ms.Nancy Devi (B.A Sem-2nd), Ms.Abia Gupta (B. A Sem- 2nd), and Ms. Preeti Kalsi (B.Sc Sem-2nd) were adjudged 1st, 2nd and 3rd winner respectively. The winners were awarded with certificates. Prof.Eisha Gohil, Prof. Nesha, Dr. Ashok Kumar and Dr Suraj Mohani Jamwa (Organising committee members) were also present during the event. The programme ended with a formal vote of thanks by Prof Paramjeet Singh.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

(Red cross unit)

# OUTCOME

A Red Cross Unit meeting was held on 9th of May, 2023 in the Food Science Dept. to review the decision taken in earlier meeting held on 28th of May, 2023. The poster making competition on the theme " Organ Donation" was organized in collaboration with College IQAC on 8th of May, 2023 in the Smart Class Room. The event was conducted successfully and adjudged by Dr Anuradha Gandotra, Prof Mala Bhasin, Dr Yash Paul Sharma . Ten students from B.Sc./B.A.-II participated in the competition and the winners were awarded with the Certificates.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

(Red cross unit)

## MINUTES OF THE MEETING

**Date: 01/08/2022**
**Time: 10:30 AM**
**Venue: Principal Chamber**

**Agenda:** Discussion on the upcoming event, International Youth Day, is scheduled to be held at GGM Science College in collaboration with the Jammu & Kashmir AIDS Control Societyon 12th of August 2022, organized under the Red Ribbon Club of our college. The program will include a series of events with the theme **"International Solidarity: Creating a World for all Ages"**

**Agenda Items:**

1. International Youth Day will be celebrated on 12th of August 2022.
2. The event will include a series of events from 05th of August to 12th of August, 2022.
3. The series of events will include Poster-making, Debate, Rangoli, and Reel making competitions.
4. The decision was made to task all committee members with organizing the series of events.

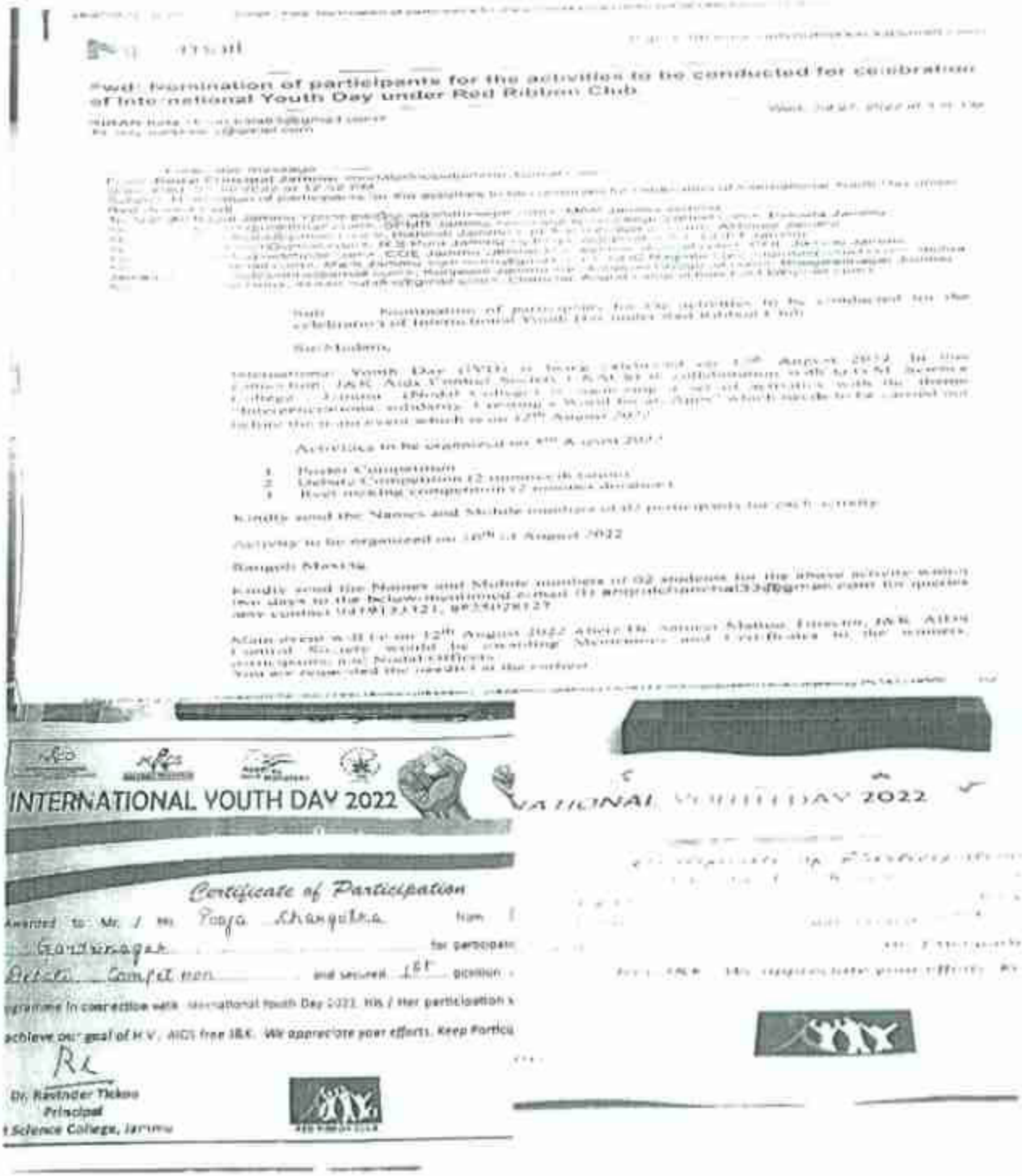
**The following members were present in the meeting:**

1. Dr. Revika Arora (Convenor, Red Ribbon Club)
2. Dr Neelima G
3. Prof. Abhinav Sharma
4. Prof. Manmeet Kour
5. Prof. Kusum

The meeting ended with vote of thanks and submitted to the chair for approval.

Convenor

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu



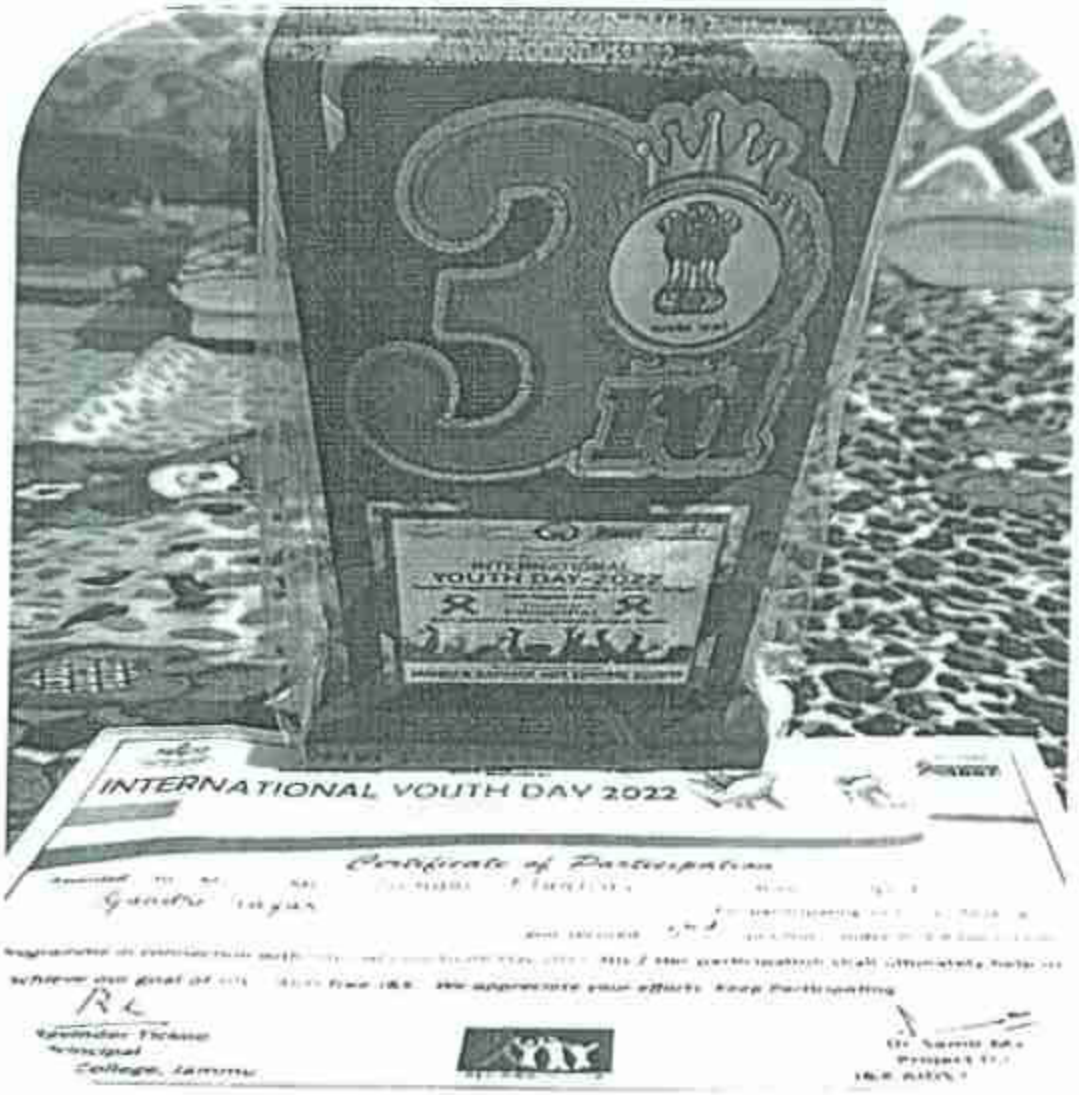

***Reel Making competition***

Reel making competition held on 5th August under the title ***'Intergenerational solidarity-Creating a world for all ahes.*** Wherein **Ms Riya Andotra**bagged 2nd prize.

**Poster making competition**

Poster making competition was held on 5th August under the theme '***Intergenerational solidarity- Creating a world for all ages'.*** Wherein **Ms Sonam Manhas** bagged 3rd prize.






**Felicitations at GGM science college on international youth day**

On 12th August award ceremony was organized by the nodal college GGM science college in collaboration with **NACO, JKACS** and under the banner of **Azadi ka Amrit Mahotsav.** Chief guest was the Principal of GGM science college Dr. Ravinder Tickoo. The nodal officer of our college Dr. Revika Arora was invited and honoured there.

Principal PSPS GCW Gandhinagar Jammu Prof. Minu Mahajan, boosted the students for

# Govt PG College for women bags numerous prizes at Int'l Youth Day celebration

GJ REPORT

**JAMMU, AUG 5:** Padama Shri Padama Sachdev, Government PG College for Women Gandhi Nagar has bagged numerous prizes in a set of activities hosted by the College.

The competition was organized by G. G. M. Science College in collaboration with J&K ACS control society. The activities included debate competition, reel making and poster competition. The topic of the competition was "Intergenerational Solidarity: Creating World For All Ages". Two students in each category participated in the event. In Debate competition, Pooja Chargotra of sem VI bagged First prize and Tasspreet Kour of SEM II were rewarded with 2nd prize. In reel making competition Piya Angotra of sem VI got 2nd prize. Gurlam Mahajan of sem VI bagged 3rd prize in a poster making competition.

Dr. Revika Arora, Nodal officer, Red Ribbon Club appreciated efforts of the students and encouraged them to participate in such activities ahead. Prof. Sujata Salathia, Head, Department of Economics motivated the young students to serve for society and promote Intergenerational Solidarity.

Prof. Minu Mahajan, Principal of the college, advised the students to promote solidarity across generations, which is a key for sustainable development. Prof. Abhinav, Prof. Manmeet Kour & Prof. Kusum also admired the zeal and enthusiasm of the students.



Winners of various activities posing for a photograph with staff at Govt PG College for women Ghandi nagar.

solidarity across generation, which is a key for sustainable development. Dr. Revika Arora, Nodal officer, Red Ribbon Club appreciated efforts of the students and encouraged them to participate in such activities ahead. Prof. Sujata Salathia, Head, Department of Economics motivated the young students to serve for society and promote Intergenerational Solidarity. Prof. Abhinav, Prof. Manmeet Kour & Prof Kusum also admired the zeal and enthusiasm of the students.

## REPORT OUTCOMES

## INTERNATIONAL YOUTH DAY CELEBRATIONS AT P.S GOVT. PG COLLEGE FOR WOMEN GANDHI NAGAR JAMMU

International Youth Day, celebrated annually on August 12th, was commemorated with great enthusiasm at P.S Govt. PG College for Women in Gandhi Nagar, Jammu. The college participated in various activities organized by G.G.M Science College in collaboration with the J&K AIDS Control Society. The event aimed to promote intergenerational solidarity and create a world for all ages, bringing together students from different institutions to showcase their talent and creativity.The competitions comprised a debate competition, reel-making contest, and poster-making competition, all centered around the theme of "International Solidarity: Creating a World for All Ages." Two students from P.S Govt. PG College for Women participated in each category, demonstrating their dedication and skills.The debate competition took place on August 5th at G.G.M Science College. Under the theme of "Intergenerational Solidarity: Creating a World for All Ages," Ms. Pooja Chargotra secured the 1st prize, showcasing her eloquence and persuasive arguments. Ms. Haspreet Kour also performed commendably and bagged the 2nd prize, reflecting the college's strong presence in the event.The reel-making competition, held concurrently with the debate on August 5th, revolved around the same theme. Ms. Riya Andotra, representing P.S Govt. PG College for Women, displayed exceptional creativity and storytelling skills to secure the 2nd prize.On the same day, the poster-making competition was also organized, encouraging students to visually express the theme "Intergenerational Solidarity: Creating a World for All Ages." Ms. Sonam Manhas from P.S Govt. PG College for Women exhibited her artistic talents and secured the 3rd prize.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Red Ribbon Convenor
Red Ribbon club.

# P.S.P.S. Govt. P. G. College for Women Gandhi Nagar Jammu

(A Constituent college of Cluster University of Jammu)

## Red Ribbon Club is organising Poster making Competition and Rally

**Date : 17 March ,2023**

**Venue : Department of Home Science Room no : 1**

**Time : 11:30 am**



Prof. Minu Mahajan
Principal
Patron

**Committee Members :**

1 .Prof. Shalini Sharma
2 .Dr.Revika Arora
3 .Dr.Neelima Gupta
4 .Prof .Abhinav Sharma
5 .Prof .Harmeet Singh
6 . Prof .Sunita Kumari

## Outcomes

The Campaigns and Contests successfully raised awareness among the students about HIV. A total of 66 students participated in the event out of which 32 students participated in the poster making competition and made beautiful message oriented posters on the AIDS awareness. Dr. Irvinder Kour, Head, Dept. of Home Science, Dr. Anuradha Gandotra, Head, Dept. of Food Science and Technology and Prof. Neelam Bhagat, Dept. of Home Science were the jury members.

Ms. Muskan Bali of Semester V$^{th}$ bagged first position while Ms. Ashpreet Kour of Semester III$^{rd}$ secured second position and third position was bagged by Ms. Anushka Sharma of Semester III$^{rd}$. All the participants were given certificates.

Students also took out a rally to make people aware about AIDS. The rally passed through the by lanes of Green Belt Area and culminated back in the college premises in which students raised slogans and participated enthusiastically. The committee members present were Dr. Shalini Sharma, Dr. Revika Arora, Dr. Neelima Gupta, Prof. Abhinav Sharma, Prof. Harmeet and Prof. Sunita members of Red Ribbon Club.

Principal
P.S.P.S.
Govt. College for Women
Gandhi Nagar, Jammu

Coordinator
Red Ribbon Clubs

# ACTIVITY REPORT

## National Youth Exchange Programme

A total of 20 NSS Volunteers of Unit-1 participated in National Youth Exchange Programme organised by NSS Unit-1 and Live for others:Being helpful foundation at GCW Gandhinagar Jammu from May 5th to 7th , 2023. The three day youth exchange program aimed at raising awareness about drug addiction and the need to speak against it. The event included a symposium, poster making competition and a rally. In Symposium Shreya Kalla, NSS Volunteer of GCW Gandhinagar bagged first prize. On the second day, Volunteers also participated in a rally against Drug Abuse and on final day Cultural programme was presented and winners were felicitated.




Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.







Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu

# ACTIVITY OUTCOME

1. The NSS Volunteers of Unit 1 actively participated in National Youth Exchange Programme organised by Live for others:Being helpful foundation.

2. The students/ volunteers participated in different activities like Symposium, Poster making and Awareness rally and won different prizes

3.Volunteers also got an opportunity to meet Senior Volunteers / National and Internatinal Awardee.

**Report submitted by:**

**Prof. Sugandha Mahajan**
**NSS Programme officer(Unit-1)**

Govt. College for Women
Gandhi Nagar Jammu

# ACTIVITY REPORT

## Mega Cleanliness Drive under Mission Life (24/05/2023).

A Mega Cleanliness Drive was conducted in the College Premises by the Volunteers of NSS UNIT- 1 on the theme **Beat the Plastic Pollution** prior to **World Environment Day** in collaboration with Department of Ecology Environment And Remote Sensing Jammu. The NSS Volunteers were provided with the Sanitation kits and later these volunteers picked all the plastic from the campus. A total of 50 NSS Volunteers participated and were made aware about the harmful effects of Plastic on the Environment. They were directed to keep the College Campus Green and plastic free all the time. Prof Minu Mahajan Principal of the College and Prof Mala Bhasin, NSS Coordinator CLUJ also interacted with the students. Later refreshment was distributed among the Volunteers.

Programme Officer
N S S
Govt. College for Women
Gandhi Nagar Jammu






Programme Officer

Govt. College for Women
Gandhi Nagar, Jammu.





Programme Officer
NSS
Govt. College for Women
Gandhi Nagar, Jammu.

# ACTIVITY OUTCOME

1. The Cleanliness drive was conducted successfully on 24.05.23
2. The students/ volunteers were made aware about harmful effects of Plastic and their role in maintaining cleanliness in the College premises
3. The volunteers actively participated in the Cleanliness drive and took pledge in their hearts to keep the Campus CLEAN AND GREEN.

**Report submitted by:**

**Prof. Sugandha Mahajan**
**NSS Programme officer**
Programme Officer
Govt. College for Women
Gandhi Nagar, Jammu.



Morning PT at Nagrota Camping Ground



Games Period in the Camp



Cadets at Himachal Trekking Camp, 2022



Visit to Monastery during Himachal Trekking Camp, 2022



Cadets Posing during PBS
SNIC Srinagar, 2022



SUO Kanika in Ladakhi Attire



Cadets at SNIC Srinagar, 2022



Cadets during Delhi Darshan at TSG -2022



Cdt. Ramni, Sonia & Mehak at TSG camp 2022



Barracks at DGNCC Camping Grounds



Cadets at MH Attachment Camp Satwari



Cadets attending classes at MH Attachment Camp, Satwari



Cadets at EBSB Kakinada Camp



Cultural Troop at EBSB Kakinada




Cadets at Rohini Camping Ground, Delhi



Cultural Troop at EBSB Delhi



Cultural at Nagrota (EBSB Jammu)



Cadets in EBSB Jammu Camp



SUO Kanika Chib at OTA, Chennai



OTA, Chennai

**GOVERNMENT COLLEGE FOR WOMEN**
**GANDHINAGAR,JAMMU**

# ACTIVITY REPORT
## Road Safety Awareness Webinar
## Date: 18th June 2022

The NCC units of Padma Shri Padma Sachdev Govt. College for Women, Gandhi Nagar organized a road safety awareness webinar on the theme 'Sadak Suraksha- Jeevan Raksha' on 18th June 2022, under the banner of Azadi ka Amrit Mahotsav. The webinar aimed to educate and raise awareness about road safety among the student community.

NCC cadets from all the wings of the college, including the 1 J&K Girls Bn, 1 J&K Naval unit, and 2 J&K Girls Bn, actively participated in the webinar. The event was conducted online, providing an accessible platform for the participants. A total of 90 cadets attended this informative and engaging session.

The resource person for the webinar was Mr. Bikram Kumar, DYSP, Traffic City South Jammu. Mr. Kumar shared his extensive knowledge and insights on various aspects of road safety, including traffic rules, responsible driving, pedestrian safety, and the importance of wearing seatbelts and helmets. His expertise and guidance greatly contributed to the effectiveness of the webinar.

NCC/05310028
Lt. Dr. Ravika Arora
Asst. Sr. NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

The webinar provided an opportunity for the NCC cadets to enhance their understanding of road safety and its significance in our daily lives. The interactive session allowed them to ask questions, seek clarifications, and engage in meaningful discussions.

The NCC units of Padma Shri Padma Sachdev Govt. PG College for Women, Gandhi Nagar would like to express their gratitude to Mr. Bikram Kumar for his valuable contribution to the webinar. His presence and expertise greatly enriched the learning experience for the participants.



NEWS

Jammu, Monday, June 20, 2022

**NCC units of Padma Shri Padma Sachdev Govt.PG College for Women, Gandhi Nagar conducts Road Safety awareness webinar.**

Vows to contest Assembly elections in J&K




Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

ANO
J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Dr. Neelima G
ANO
GCW Gandhi Nagar
Jammu

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# GANDHINAGAR,JAMMU

## ACTIVITY OUTCOME

The road safety awareness webinar successfully achieved its objective of

- Educating and raising awareness among the NCC cadets about the importance of road safety.
- The knowledge gained from this webinar will undoubtedly contribute to building a safer road environment for everyone.

ANO
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Gandhi Nagar, Jammu

ANO
GCW Gandhi Nagar
Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN GANDHINAGAR,JAMMU

## ACTIVITY REPORT
## Beautification cum Cleanliness Drive
## Date: 23-25 June 2022

**Objective:** The Beautification cum Cleanliness Drive organized by the NCC units of PSPS GCW Gandhinagar aimed to enhance the aesthetics of the college campus and promote cleanliness among the college community.

NCC cadets actively participated in planting flowers, trimming shrubs, cleaning common areas, painting trees and pots and proper waste disposal in the college campus.They utilized gardening tools and followed proper techniques to ensure the successful beautification of various areas within the campus.

The active participation of around 50 NCC cadets resulted in the enhanced beauty and cleanliness of the college campus. The drive not only created a positive impact on the physical environment but also fostered a sense of responsibility and ownership among the participants.


Cleanliness cum Beautification drive initiated at GCW








Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

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1 J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Smt. Padma G
ANO
GCW Gandhi Nagar
Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY OUTCOME

## Beautification cum Cleanliness Drive

The Beautification cum Cleanliness Drive organized by the NCC units of PSPS GCW Gandhinagar, with the active participation of NCC cadets, yielded significant results The drive aimed to enhance the aesthetics of the college campus and promote cleanliness among the college community. Here are the outcomes of the activity:

- The overall appearance of the campus improved, creating a more vibrant and pleasant environment for students, faculty, and visitors.
- The activity created awareness among NCC cadets and the college community about the importance of maintaining cleanliness and taking responsibility for the upkeep of the campus.
- Participants gained a deeper understanding of the impact of a clean environment on personal well-being and the overall image of the college.
- The drive encouraged teamwork and collaboration among NCC cadets
- Through their active involvement in the drive, NCC cadets developed a sense of ownership and pride in their college campus.

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Gandhi Nagar, Jammu

Slt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY REPORT
## Puneet sagar Abhiyan
## Date:30th may to 5th June 2022

Under the nationwide initiative, "Puneet Sagar Campaign," the NCC cadets of 1 J&K Naval Unit and 1 J&K Girls Bn Srinagar of PSPS, Govt. PG College for Women Gandhi Nagar Jammu actively participated in a series of events. The campaign took place from 30th May 2022 to 5th June 2022, aiming to promote environmental conservation and community engagement. The sequence of events included cleaning the Tawi river, poster making, an oath ceremony, and a plantation drive at participants' residences and nearby surroundings.

**Cleaning Tawi River:** On 31stMay 2022, the NCC cadets gathered at the Tawi river to carry out a cleanliness drive. Equipped with necessary cleaning tools and equipment, the cadets actively engaged in removing waste and debris from the river and its surroundings. Their efforts contributed to improving the cleanliness and ecological health of the Tawi river.

**Poster Making:** The cadets showcased their artistic talents by participating in a poster-making activity on 2nd June 2022. They expressed their commitment to environmental conservation and spreading awareness through creative and visually appealing posters. The posters highlighted key messages and themes related to the importance of preserving our natural resources and protecting the environment.

**Oath Ceremony:(3rd June 2022)** To demonstrate their dedication and pledge towards environmental conservation, an oath ceremony was organized. The cadets gathered at a designated venue, and a representative from the NCC unit led the oath-taking ceremony. They took a solemn pledge to actively contribute to preserving the environment, promoting sustainable practices, and raising awareness about the significance of a clean and green ecosystem.

**Plantation Drive: (4th June 2022)** As part of the campaign, the cadets actively participated in a plantation drive. Each cadet was encouraged to plant trees at their own residence and the nearby surroundings. The drive aimed to enhance the green cover, improve air quality, and create a sustainable environment. Cadets

NCC/[illegible]10028
Lt. Dr. Revika Arora
Associate NCC Officer
GCW, Gandhi Nagar
1 J&K Girls Bn Srinagar

own residence and the nearby surroundings. The drive aimed to enhance the green cover, improve air quality, and create a sustainable environment. Cadets enthusiastically planted saplings, taking ownership of nurturing them and ensuring their growth.

The "Puneet Sagar Campaign" witnessed the wholehearted participation of NCC cadets from 1 J&K Naval Unit and 1 J&K Girls Bn Srinagar of **PSPS, Govt. PG College for Women Gandhi Nagar Jammu. Their active involvement** in the events showcased their commitment to environmental conservation and their dedication to making a positive impact on their surroundings.







Daily Jammu Rising NEW

NCC cadets of PSPS, Govt. P.G Collegefor Women, Gandhi Nagar, Jammu participated in Clean Tawi Campaign

PUNEET SAGAR ABHIYAN



Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

ANO
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Gandhi Nagar, Jammu

Sit. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVERNMENT COLLEGE FOR WOMEN
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## ACTIVITY OUTCOME

- The Puneet Sagar Campaign successfully raised awareness about the importance of preserving our natural rescurces, fostering sustainable practices, and actively contributing to a cleaner and greener ecosystem.
- By displaying posters, the cadets spread awareness among the college community and the wider public, encouraging others to adopt sustainable practices and protect the environment.
- The oath ceremony aimed to instill a sense of responsibility and accountability among the cadets towards protecting the environment.
- The collective efforts of the NCC cadets contributed towards building a more environmentally conscious and responsible community

ANO
1 J&K Girls Bn NCC
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Gandhi Nagar, Jammu

Lt Neelima G
ANO
GCW Gandhi Nagar
Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY REPORT
## Har Ghar Tiranga Campaign
## Date:3rd Aug to 18th Aug. 2022

The Har Ghar Tiranga Campaign was successfully organized by the NCC unit of PSPS GCW Gandhinagar and by cadets attending CATC camp at Nagrota. The campaign aimed to promote patriotism and celebrate our national flag, fostering a sense of unity and pride among the cadets. The activities conducted during the campaign were as follows:

**Har Ghar Tiranga Rally at Nagrota:**

Date: 6th August 2022
Participants: NCC cadets and volunteers
Description: A vibrant rally was organized at Nagrota, with NCC cadets proudly carrying the national flag. The rally aimed to spread the message of unity and patriotism among the residents.





NCC/05519028
Lt. Dr. Ritika Arora
Associate NCC Officer
GCW, Gandhi Nagar
I J&K Girls Bn Srinagar

**Flag Pinning under Har Ghar Tiranga:**

Dates: 4th and 15th Aug.2022
Participants: NCC cadets and volunteers
Description: NCC cadets visited various residential areas and encouraged individuals and families to host the national flag at their homes. The aim was to adorn every home with the pride of our nation.

**Selfie with Tiranga:**

Dates:5th Aug. 2022
Participants: NCC cadets and college community
Description: A selfie contest was organized, allowing participants to capture memorable moments with the national flag. Participants were encouraged to share their selfies on social media platforms with the hashtag #HarGharTiranga.



NCC/05610026
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
J&K Girls Bn Srinagar

**Poster Making Competition at Nagrota:**

Date: 7th Aug.2022
Participants: NCC cadets and college students
Description: A poster making competition was held at Nagrota, where participants showcased their artistic skills and creativity. The posters depicted the significance of the national flag and the spirit of patriotism.



**Slogan Writing Competition at Nagrota:**

Date: 8th Aug.2022
Participants: NCC cadets and college students
Description: The slogan writing competition provided a platform for participants to express their love for the country through powerful and inspiring slogans. The competition highlighted the importance of patriotism.

**National Anthem Singing Competition**, Essay Writing, Patriotic Song, Painting, Rangoli, Poem Recitation, and Pledge:
Dates:9th Aug, 12th Aug, 13h Aug,14th Aug,16th Aug, 17th Aug and 18th Aug 2022 respectively.
Participants: NCC cadets

NCC/[illegible]310028
Lt. Dr. Ravika Arora
Associate NCC Officer
GCW, Gandhi Nagar
[illegible] Srinagar

Description: Various competitions, including the singing of the National Anthem, essay writing, performing patriotic songs, creating paintings and rangolis, reciting patriotic poems, and taking the pledge to uphold the values of our nation, were conducted. These activities showcased the diverse talents and patriotic fervor of the participants










The Har Ghar Tiranga Campaign received an overwhelming response from the college community, with active participation and enthusiastic involvement in all the activities. The campaign successfully instilled a sense of patriotism and unity among the participants, fostering a deep love for our country and its values.


National Anthem Singing Competition 2022 receives overwhelming response from citizens of J&K

## NCC Cadets of GCW Gandhi Nagar participate in Har Ghar Tiranga Programme

GJ REPORT

JAMMU, AUG 13: NCC cadets of 1 J&K Girls Battalion PSPS Government PG College for Women , Gandhi Nagar today participated enthusiastically on the second day of Har Ghar Tiranga programme to commemorate 75 years of Independence under the aegies of Azadi ka Amrit Mahotsav.

On the second day today, the cadets sang beautiful songs . The theme of songs was 'Patriotism'. The week long series activities started from 12th August, 2022 and will calminate on 18th August, 2022. The songs reflected the patriotic feeling of the cadets. The cadets beautifully expressed their love and respect for the nation through their songs. A total of 15 cadets participated in the 2nd day activity Lt. Dr. Revika Arora ANO of the college encouraged the cadets to come forward to serve the country as youth is the builder of nation.

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Ganchi Nagar, Jammu

J&K Girls Bn NCC
Govt. College for Women
Gandhi Nagar, Jammu

Smt. Neelima G
ANO
GCW Gandhi Nagar
Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## ACTIVITY OUTCOME
### Har Ghar Tiranga Campaign
### Date:3rd Aug to 18th Aug. 2022

The Har Ghar Tiranga Campaign organized by the NCC unit of the college yielded positive outcomes:

1. Increased awareness and promotion of patriotism among participants.
2. Active participation of NCC cadets, college students, and volunteers in all campaign activities.
3. Successful hosting of the Har Ghar Tiranga rally, flag pinning drive, and selfie contest.
4. Showcasing of artistic talents through poster making, slogan writing, and other creative competitions.
5. Fostering a deep sense of unity, pride, and love for the country among the college cadets.

1 J&K Girls Bn NCC
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Jammu

Principal
Padma Shri Padma Sachdev
Govt. P.G. College for Women
Gandhi Nagar, Jammu

# GOVERNMENT COLLEGE FOR WOMEN
# GANDHINAGAR,JAMMU

## Activity Outcome

- The Puneet Sagar Campaign successfully raised awareness about the importance of preserving our natural resources, fostering sustainable practices, and actively contributing to a cleaner and greener ecosystem.
- By displaying posters, the cadets spread awareness among the college community and the wider public, encouraging others to adopt sustainable practices and protect the environment.
- The oath ceremony aimed to instill a sense of responsibility and accountability among the cadets towards protecting the environment.
- The collective efforts of the NCC cadets contributed towards building a more environmentally conscious and responsible community.

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